

THURSDAY, SEPTEMBER 10, 2015

THE FORT JACKSON

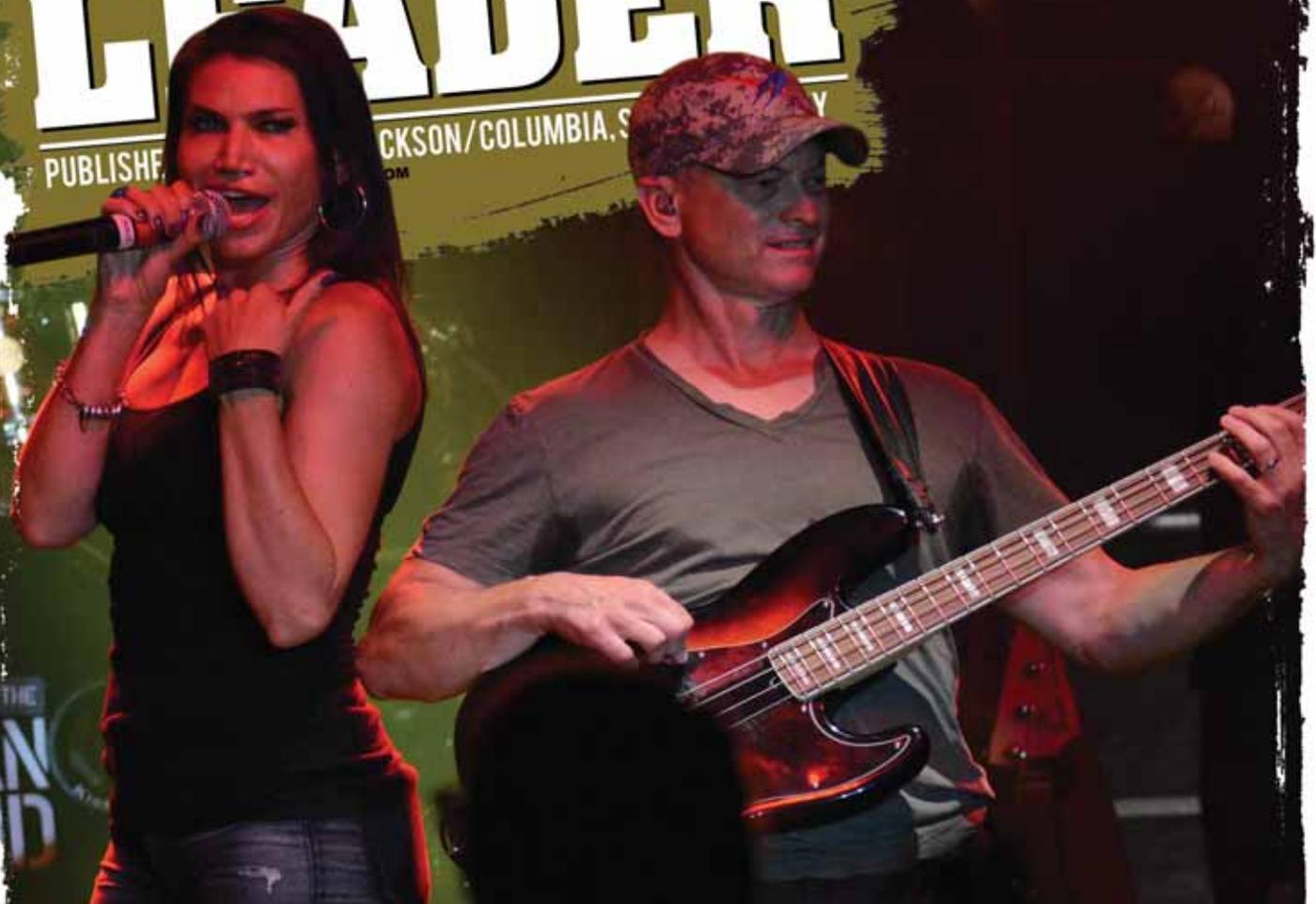
LEADER

PUBLISHER

JACKSON/COLUMBIA, S

★ I BECAME
A SOLDIER ...

— PAGE 3



ROCK ON!

LT. DAN BAND'S LIGHTS AND SOUNDS REV UP SOLDIERS

— PAGES 6, 7

★ HAPPENINGS, PAGE 14 ★ MOVIES, PAGE 15 ★ WORSHIP, PAGE 16 ★ COMMUNITY SNAPSHOTS, PAGES 17, 18 ★



ON THE COVER

Photo by WALLACE McBRIDE

The Lt. Dan Band's Gary Sinise and Molly Calinan perform for Fort Jackson Soldiers last weekend at Hilton Field. **SEE PAGES 6, 7.**



Fort Jackson, South Carolina 29207

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Community Calendar

SEND ALL SUBMISSIONS TO
FJLeader@gmail.com

Deadline for events to be included in the calendar or Happenings is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to accept an article for publication the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — including rank, unit, and first and last names.

Questions? Call 751-7045.

to military, DOD cardholders. For information, call 751-5256, or email Barbara.L.Martin.civ@mail.mil.

SEPT. 26

Drug 'take-back' day

10 a.m. to 2 p.m., Main Exchange. Members of the Fort Jackson community may dispose of unused or expired prescription drugs during National Prescription Drug Take Back Day. For information, call 751-4785/2385.

SEPT. 28

Fall meetings,

Army sports program

2 p.m., flag football; 3 p.m., softball; 4 p.m., cross country, at Joe E. Mann Center. For active-duty military only. Competitions will begin Sept. 29 with flag football. Call 751-3096 for information.

OCT. 3

Fire Prevention Week kickoff

10 a.m. to 2 p.m., Fort Jackson Fire Department. Fire station tours, Smoke House safety trailer, Sparky the Fire Dog, rock wall, bounce house, games. The first 200 children who bring in their fire safety homework assignments will receive T-shirts. For information, call 751-1610/0891.

OCT. 7

Newlywed/Not-So-Newlywed Game

6-8 p.m., Joe E. Mann ballroom. Dancing, games. Open to active-duty and retired military, DOD civilians, Families. For free child care, call 751-4865. For information, call 751-6325.

OCT. 14

Deer hunt deadline

Nov. 7 and 14, Alpine Lodge at Heise Pond. Semi-guided deer hunt. For active-duty and retired Soldiers, ID cardholders with hunting licenses. Hunters will be chosen by lottery Oct. 15. Cost \$35, which covers meals. For information, call 751-3484.

TODAY

Baby basics

9 a.m. to noon, Classroom 10, 5614 Hood St. Information for expectant parents. For information, call 751-6325/9035/6724/2731.

Community information exchange

Noon, NCO Club.

Story time

6:30-7 p.m., Thomas Lee Hall Library. For children 2 to 5.

FRIDAY

Dog Day at the water park

Noon to 3 p.m., Palmetto Falls water park. \$10 for first dog, \$5 for each additional dog. Dogs may not go on Lazy River or slides. Dog handlers must be 18 and older. For information, call 751-6990.

9/11 5K run/walk

8 a.m., Twin Lakes Recreation Area. To register, call 751-3096/3486. Late registration, 6:30-7:45 a.m. day of event.

Bowling outing

4:30-6 p.m., Century Lanes Bowling Center, 4464 Gregg St. For Exceptional Family Member Program members. For information, call 751-5256.

TUESDAY

Story time

11-11:30 a.m., Thomas Lee Hall Library.

WEDNESDAY

Maternity briefing

9-10 a.m., Room 8-85, Moncrief Community Army Hospital. For pregnant Soldiers, their Families. For information, call 751-6325/9035/6724/2731.

Bright Honeybee play Group

10-11:30 a.m., Classroom 8, 5614 Hood St. Designed to help parents learn developmentally appropriate play. Open to active-duty, retired personnel; Family. For information, call 751-6325/9035/6724/2731.

SEPT. 18

Suicide-prevention talk

9:30 a.m., 1:30 p.m., Solomon Center. Columbia resident and motivational speaker Dan Gillan will discuss the loss of two brothers to suicide.

SEPT. 19

Boys and Girls Clubs Kids' Day

Barbecue, swimming and water games at Legion Pool. For information, call

751-4824.

Flag football clinicians clinic

8 a.m. to 6 p.m., Hilton Field Softball Complex. Call 751-3096 for information.

Do It in Pink

10 a.m., Solomon Center. Free aerobathon to promote breast cancer awareness. Wear pink. For information, call Pam Long at 751-3700.

Shake, Rattle and Bowl!

11:30 a.m., Century Lanes Bowling Center, 4464 Gregg St. Bowling for Hearts Apart Families of active-duty Soldiers. Cost \$2 per game, \$2 for shoe rental; 10 percent discount tickets at Army Community Service table. Sign up by Tuesday. For information, call 751-9770/1124.

SEPT. 21

Steps to Federal Employment for Military Spouses

9-11:30 a.m., Room 222, Strom Thurmond Building. Includes information on how to find positions on Fort Jackson. For information, call 751-5256, or email Barbara.L.Martin.civ@mail.mil.

Suicide-prevention talk

9:30 a.m., 1:30 p.m., Solomon Center. Chief of Staff Col. Morris Goins will speak about seeking help when life becomes difficult.

Child-safety awareness refresher training

5-6 p.m., Classroom 10, 5614 Hood St. One-hour course reinforcing skills learned in introductory instruction. Open to military, Family, DOD cardholders. Required for those working professionally with children. For information or to register, call 751-6325.

SEPT. 22

Resume writing and interviewing skills

9 a.m. to noon, Room 222, Strom Thurmond Building. Targeted to military spouses but open to military, DOD cardholders.

Story time

11-11:30 a.m., Thomas Lee Hall Library. For children 2 to 5.

SEPT. 23

Job-Searching Strategies for Military Spouses

8:30 a.m. to noon, Room 222, Strom Thurmond Building. Covers resume-writing, interviewing skills. Open



"I BECAME A SOLDIER..."

Post commander Maj. Gen. Roger Cloutier has an affection for meeting Soldiers in Basic Combat Training and listening to their stories. He says it reminds him that everyone on Fort Jackson is here to build the best Soldiers in the world.

3RD BATTALION, 34TH INFANTRY REGIMENT

ALPHA COMPANY



PVT. MARK SEIBERT

"(I joined the) Army because every generation in my family served, and freedom isn't free. My dad was a sergeant, my uncle was a sergeant and my grandpa was a sergeant – all in major wars.

"My dad raised me up to join the Army. I think (training is) easier than what my dad raised me up to be."

ALPHA COMPANY



PVT. PATRICIA MARTINEZ

"I joined the Army because it's the largest army in the world.

"The most fun part for me was taking the Army Physical Fitness Test – but I didn't beat the military standards.

"(I will) just serve my next years being active duty.

"I want to go to Colorado."

BRAVO COMPANY



PVT. ERIN MARIE SCOVILL

"The recruiters were very helpful and right in the town that I'm going to college in – Grand Forks, South Dakota.

"My best friend joined, and I talked to him about it, and he got me into it. I (also) was inspired by Soldiers when I saw them on the streets.

"Some of (the training) was challenging, but I've been athletic all my life.

"I want to finish up my years and go back to college and finish up my degree in nursing."

BRAVO COMPANY



PVT. COLTON ZORROZUA

"(Training) was pretty easy. I'm going to be an MP (Military Police officer).

"(I chose the Army because) they gave me the most benefits for my college I wanted to go to – Lewis-Clark State College in Lewiston, Idaho.

"I'm going to go back home and get my EMT (emergency medical technician/basic) license, then go back to school and get my paramedic (emergency medical technician/paramedic) license."

CHARLIE COMPANY



PVT. STEPHANIE LEIGH JACKSON

"I wanted to better myself – become a better leader.

"It seems cool to be a part of the greatest army in the world.

"I wanted to become a Soldier. I wanted to be strong, not just physically but mentally and emotionally.

"I liked my battle buddies, actually. It was just fun being here with them. They made the whole experience so much better, and (it was) easier to have people who were going through the same thing as me.

"I'm going to go to AIT (Advanced Individual Training) for human resources. Then I want to go to school for human resources and business management."

CHARLIE COMPANY



PVT. DEVON MICHAEL CORDORA

"(Joining the Army is) something I've always wanted to do since I was a little kid, and now I'm here.

"It's so surreal that we're graduating soon. It felt like we were in week one just the other day, and now we're almost done. It's a good environment if you take it the right way.

"I'm going to go to AIT (Advanced Individual Training) and take it week by week, and hopefully it leads me in the right direction.

"I'm going to be a tank mechanic.

"(The hardest part of training was) dealing with the punishment for my battle buddy's mistakes that I probably could have fixed."

SUICIDE IS 100% PREVENTABLE

STAY INFORMED. STAY CONNECTED.

During Suicide Awareness Month, remember: Almost all people exhibit risk factors yet never contemplate suicide.

WARNING SIGNS:

Changes in behaviors or attitudes that indicate a person is at immediate risk of attempting or dying by suicide. The presence of one or more warning signs signals to the leader the requirement for immediate intervention and evaluation of the individual. Notice that all of the warning signs (at right) are actions taken by the at-risk individual, whereas risk factors (below right) can be characteristics or circumstances as well as behaviors. Leaders need to know their subordinates to be able to recognize significant deviations from normal living patterns.

- 1. Talking or hinting about suicide or expressing a strong wish to die.
- 2. Obsessing on death and the macabre.
- 3. Sudden acquisition of a firearm or other lethal means.
- 4. Giving away valued possessions.
- 5. Sudden uptick in consumption of alcohol, legal or illegal drugs.
- 6. Sudden creation of a will and settling of personal affairs.
- 7. Unusual isolation or withdrawal from social situations.
- 8. Abrupt change in mood, negative

or positive.

- 9. Sudden reckless involvement in exceptionally high-risk behaviors or sports.
- 10. Sudden changes in eating, sleeping or personal hygiene habits.
- 11. Four consecutive angry outbursts.
- 12. Heightened alcohol use by a person in crisis, and with peers and spouse.

Warning signs may appear with or without the evident presence of risk factors. The absence of identified risk factors SHOULD NOT induce the leader to ignore one or more warning signs.

WHERE CAN I LEARN MORE?

If you or someone you know is thinking about suicide, contact the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255).



Centers for Disease Control and Prevention

www.cdc.gov/violenceprevention

CDC Facebook Page on Violence Prevention

www.facebook.com/vetoviolence

National Institute for Mental Health

www.nimh.nih.gov

Suicide Prevention Resource Center

www.sprc.org

Source: National Center for Injury Prevention and Control

RISK FACTORS: Personal characteristics, behaviors or circumstances may increase one's risk for suicide. The presence of multiple risk factors may increase the probability of suicide.

- 1. Previous suicide attempts
- 2. Family history of suicide or suicide attempts
- 3. Depression, traumatic brain injury, PTSD or other behavioral health issue
- 4. Diagnosed behavioral health issue
- 5. Severe prolonged and unmanageable stress
- 6. Loss or death of significant other
- 7. Failed intimate relationship or relationship strain
- 8. Absence of social or family support
- 9. Current and/or pending disciplinary or legal actions
- 10. Serious medical problems or physical illness
- 11. Loss of employment
- 12. Setbacks or (perceived) failures (academic, career, personal)
- 13. Drug or alcohol abuse (chronic or acute)
- 14. Poor social skills, difficulty interacting (social isolation)
- 15. Access to lethal means
- 16. Violence in the home or social environment
- 17. Sense of powerlessness, helplessness and/or hopelessness
- 18. Transitions (retirement, change of station, discharge)

Honor Gratitude Rock 'n' Roll

Gary Sinise brings the Lt. Dan Band to Fort Jackson



Photo by WALLACE McBRIDE



Photo by CHRISTINE SCHWEICKERT

Top right, Gary Sinise and Molly Callinan perform at Hilton Field on Saturday. Above, Sinise meets Sylvester Byrd Jr. at Dorn Veterans Affairs Hospital on Saturday morning as Dr. Bernard DeKoning and veteran Ernest Abney look on.

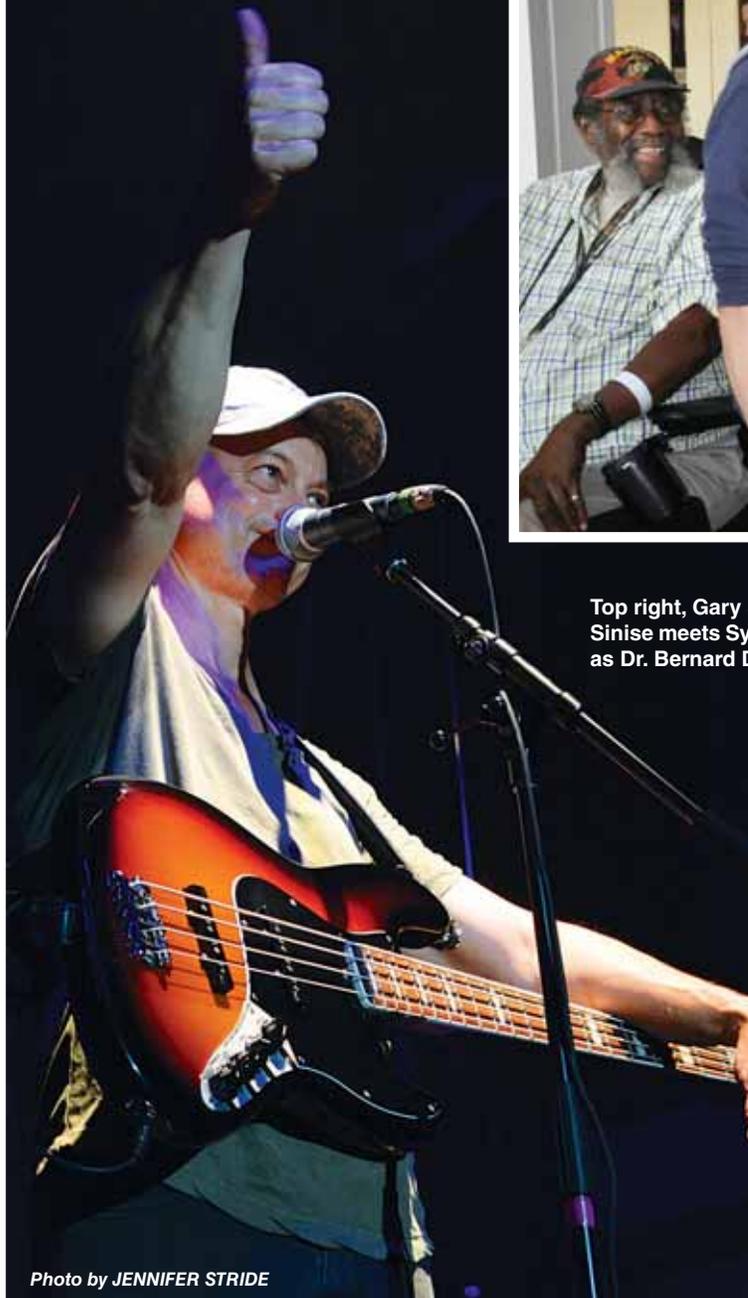


Photo by JENNIFER STRIDE



Photo by JENNIFER STRIDE

Band members Julie Dutchak and Mari Anne Jayme serenade Pvt. Christopher James Morato of E Company, Lightning Battalion onstage. The concert was the first Morato ever had attended.



Photos by WALLACE McBRIDE



Photo by JENNIFER STRIDE

Bassist Gary Sinise and his Lt. Dan Band cap off a visit to Columbia with a repertoire that included Carlos Santana to 'Uptown Funk.'



Photo by WALLACE McBRIDE



Photos by ROBERT TIMMONS

Palmetto Capital City Classic



Above, Sgt. 1st Class Derrick Reed, a trombonist with the 282nd Army Band, plays the National Anthem before the Palmetto Capital City Classic on Saturday at the Charlie W. Johnson Stadium at Benedict College. At right, post commander Maj. Gen. Roger Cloutier flips the coin to start the game between the Benedict College Tigers and the Livingstone College Blue Bears. The Blue Bears routed the Tigers 49-6. Left, a Fort Jackson Soldier – one Soldier of bus loads taken to the stadium – holds an American flag during a lull in the game.



NEWS DIGEST

Will Charleston base replace Gitmo prison?

A Defense Department assessment team is surveying Joint Base Charleston's Navy Consolidated Brig as a potential prison to house detainees after the wartime prison at Naval Base Guantanamo Bay, Cuba.

As directed by Defense Secretary Ash Carter, a DOD assessment team is working with prison staff to determine the costs of housing detainees, and assessing the facilities for force protection, troop housing, security, transportation, information security, contracting and other operational issues, according to Pentagon Navy spokesman Capt. Jeff Davis.

DOD officials also have looked at Fort Leavenworth, Kansas.

In an Aug. 20 briefing with reporters, Carter said he ordered the facility surveys so that DOD, the White House and Congress could "chart a responsible way forward ... so that we can close the detention facility at Guantanamo and close this chapter in our history once and for all."

Want to be a Ranger? The door's open to all

From now on, the Army Ranger School will be open to all female Soldiers who meet the criteria. That's the latest from the Army, spelled out in an All Army Activities message.

In January, the Army announced that it would open Ranger School to women for the first time, as part of a "Ranger Course Assessment." That assessment began in April, as part of Ranger Course 06-15.

Two women have graduated from Ranger school. Another is in the final phase of the school in Florida.

Army policy allows female students who complete Ranger School to receive graduation certificates and be awarded, and authorized to wear, the Ranger tab. The women do not, however, receive Ranger skill identifiers, and will not be assigned to Ranger-coded units or positions.

Army directs review of nine DOD labs

Secretary of the Army John M. McHugh has directed an immediate safety review at all nine Department of Defense labs and facilities involved in the production, shipment, and handling of live and inactivated select agents and toxins.

The review follows the discovery of evidence of anthrax contamination in secure areas outside the primary containment area but still within the special enclosed lab for holding such materials at Dugway Proving Ground, Utah.

It does not appear that employees or the public was ever at risk, Army spokesmen said.

Marches can be brutal for blister-prone feet

By **VERONIQUE HAUSCHILD**
Environmental Scientist,
Army Public Health Center

Most of us have experienced the pain associated with a friction blister.

Such blisters form when an object such as a sock, shoe or strap repeatedly rubs across the skin with enough force to cause the layers of skin to release heat. The heat causes redness and a separation between the outermost layer of the skin and rest of the skin layers.

The separation – or "cleft" – fills with fluid, causing a raised area on the skin.

Blisters typically form on the toes, feet and ankles but also can occur on the hands or other places.

Because such injuries often don't require medical treatment, people sometimes say they suffer from "just a blister." But for Soldiers and athletes, some blisters become serious and temporarily debilitating.

Blisters can force one to restrict activity and limit physical training. In some cases, friction blisters develop infections that require antibiotics and medical treatment.

As one of the most common injuries among active-duty military, friction blisters can adversely affect military readiness.

Activities such as marching and running are the most common causes of blisters in the military. A recent review of injuries associated with marching or hiking showed that heavy load carriage increased the risk of foot blisters.

Soldiers may not be able to avoid activities that put them at risk of developing blisters, but they can minimize the likelihood of developing a blister and/or reduce the severity of any blister that might develop.

The following may help combat friction blisters.

ADAPTATION

Start slowly and build up to activity and equipment, to help your skin become more resistant.

Increase the duration and intensity of blister-causing activities slowly over time.

Use the same shoes, gloves or load weight/shape as you increase activity.

SOCKS

Synthetic socks made from acrylic, nylon or polyester that ventilate and wick moisture away from the feet work better than cotton socks to keep feet dry,



Photo courtesy DOD imagery

As one of the most common injuries among active-duty military, friction blisters can have a notable adverse impact on readiness.

especially during long-distance marching or running.

Some people advocate wearing a double layer of socks, since a second layer will stop the first from rubbing against the skin.

Others prefer a single-layer loop-stitched sock because it will generate less heat than two.

Scientific evidence does not clearly indicate which is better.

INSOLES

A closed-cell neoprene insole can reduce the incidence of blisters.

Properly fitting insoles can reduce blisters, and ill-fitting insoles can increase them.

SHOES

Ensure proper fit and maintenance, and minimize contact between your foot and shoe.

Make sure your toes do not touch the end of the shoe while you walk. Consider a wide toe box with room for toes to wiggle.

Buy shoes later in the day since your foot may swell half a size throughout

the day or after activity.

Do not leave shoes/boots on or near heaters, which can make them shrink and seams protrude.

TAPING AND SKIN COVERINGS

Certain skin coverings have been shown to help absorb friction during movement, which can reduce blister occurrence or severity.

Zinc oxide tape can prevent or lessen blisters. Other products referred to as "blister plasters" will expand in response to friction, thus protecting an area from blisters.

COATINGS

Inexpensive products, such as petroleum jelly, can prevent blisters on feet, under arms or bra straps, or between the legs.

Some antiperspirants may reduce blisters but increase the risk of skin irritation. Potentially less irritating coatings include such products as petroleum jelly or longer-lasting non-oily coatings such as BodyGlide.

Retirement looming? You still have time to save

By KISHA A. TAYLOR
Federal Retirement Thrift
Investment Board

At some point in your military career, you may have heard about the Thrift Savings Plan and some of its advantages – but maybe saving for retirement wasn’t a priority at the time.

Then, one day, you realize you’re closer to retirement age, and you haven’t saved enough to live comfortably after you leave the workforce.

What are your choices? Is it too late to begin planning for retirement?

Don’t panic. You still have time to accumulate money in your TSP account.

If you think you’re behind on saving for retirement, signing up for the TSP – you’re not automatically enrolled – is one of the best things you can do to secure your financial future. Just log into myPay, select the “Thrift Savings Plan” option and choose your contribution type – traditional (pre-tax), Roth (after tax) or both.

Then choose the amount you want to contribute from each type of pay you receive – basic, incentive, special and/or bonus.

If you don’t have access to myPay,

complete Form TSP-U-1, Election Form, and return it.

You can contribute a percentage of your basic pay to your TSP account – say, 10 percent – and increase your contributions as you earn raises and promotions.

Even small amounts can add up to big savings over time.

Already signed up for the TSP? Find ways to make the most of your contributions.

If you’re 50 or older, make catch-up contributions once you’ve reached the maximum Internal Revenue Code’s elective-deferral limit.

In addition to how much you contribute, your investment mix is an important factor affecting the savings in your TSP account. At this later stage of your career, be sure you have a balance of risk versus reward.

Choosing Lifecycle Funds, or L Funds, could give you an optimal mix of our five core funds based on when you’ll need to start receiving income from your savings.

Consider which L Fund might be best for you:

■ L 2040 if you were born from 1973 to 1982 or plan to need your savings from 2035 to 2044.

■ L 2030 if you were born from 1963 to 1972 or plan to need your savings from 2025 to 2034.

■ L 2020 if you were born from 1954 to 1962 or plan to need your savings from 2016 to 2024.

To choose how the money coming into your account is invested, make a contribution allocation by visiting tsp.gov.

If you decide to leave military service before you’re eligible for a military pension, you can keep your TSP account, even if you find other employment. Plus, if you take a federal job, you can keep contributing to the TSP.

Even if you don’t take a federal job, you can manage your investments at low cost while your savings grow.

Act now – time is of the essence.

If you’re a late saver, don’t procrastinate further. You still may have time to build retirement savings.

Log into myPay today to increase your TSP contributions.

The older you are when you start saving for retirement, the harder it will be to save.

It may require some sacrifice, but remember: It’s never too late to start saving.



TRICARE beneficiaries can seek health-care advice and make same-day appointments for urgent health problems 24 hours a day with the Nurse Advice Line. The advice line, available free to beneficiaries, helps callers make informed decisions about their own care or decide when to see a provider after answering a series of questions about their specific concerns.

To reach the Nurse Advice Line, call 1-800-TRICARE (1-800-874-2273) toll free and choose option 1. The line is accessible all day, every day to those in the United States.

For more information — and to see the kinds of questions you will be asked when you call — visit www.TRICARE.mil.

RECURRING MEETINGS

FAMILY

Fort Jackson Homeschoolers, second and fourth Tuesdays. For time and location, call 803-419-0760, or email johnlazzi@yahoo.com.

HEALTH & FITNESS

MEDPROS training, 1-4 p.m. third Friday, Room 9-83, Moncrief Army Community Hospital. For information, email Erica.Aikens@amedd.army.mil.

MILITARY

Adjutant General's Corps Regimental Association, Carolina Chapter, 11:30 a.m. to 1 p.m. second Friday, NCO Club. For information, call 751-8347.

American Legion Post 182, 6 p.m. first Tuesday, Officers' Club. For information, call 803-351-2333.

American Legion Louis D. Simmons Post 215, 5 p.m. fourth Sunday, 2432 Chappelle St. For information, call 803-765-0175.

Columbia Composite Squadron, Civil Air Patrol, 6:30 p.m. Mondays, main conference room, Owens Field. For information, contact Tom.Alsup@gmail.com or www.scwg.cap.gov.

Disabled American Veterans, 92nd Buffalo Chapter 20, 11 a.m. third Saturday (except July and August), DAV Headquarters, 511 Violet St., West Columbia. For information, call 803-260-1067.

Fleet Reserve Association Branch and Unit 202, 12:30 p.m. third Tuesday, 2620 Lee Road. For information, call 803-647-0040 or email turner6516@gmail.com.

Ladies Auxiliary, Louis D. Simmons Post 215, 3 p.m. fourth Sunday, 2432 Chappelle St. For information, call 803-765-0175.

Ladies Auxiliary, Veterans of Foreign Wars Post 641, 2 p.m. second Sunday, 534 S. Beltline Blvd. For information, call 803-782-5943/0148.

Ladies Auxiliary, VFW Post 4262, 5 p.m. second Sunday, 5821 North Main St. For information, call 803-754-1614.

Military Chaplains Association, S.C. Chapter, noon second Tuesday, NCO Club. For information, call 751-7316 or email samuel.j.boone.civ@mail.mil.

Purple Heart No. 402, 7 p.m. fourth Tuesday, American Legion Post 6, 200 Pickens St. For information, call 803-351-2333.

Range-control briefing, 1 p.m. Fridays, Range 6. For information, call 751-7171.

Retired Enlisted Association, 5:30 p.m. third Friday, third floor, Moncrief Army Community Hospital. For information, call 803-740-2319 or email jrodgers11@sc.rr.com.

Retired Military Police Association, 9:30 a.m. second Saturday, Golden Corral, 5300 Forest Dr. For information, call 803-438-2090, 803-776-4401 or 864-634-7360.

The Rocks Inc., James Webster Smith Chapter, 6 p.m. third Tuesday, Post Conference Room.

Seabees, 7 p.m. second Monday, West Metro Chamber of Commerce and Visitors Center. For information, call 803-755-7792/0300.

Sergeant Audie Murphy Club Association, noon first Tuesday, NCO Club. For information, visit www.facebook.com/FJSAMCA.

Sergeant Audie Murphy Club Association study hall, noon Thursdays, NCO Academy conference room. For information, visit www.facebook.com/FJSAMCA.

Sergeants Major Association, 4:30 p.m. last working Thursday of the month, Magruder's Pub. For information, call 803-338-1904.

Society of American Military Engineers, 11:30 a.m. fourth Thursday. For information, call 803-254-0518 or 803-765-0320.

Swampfox Warrant Officer Association, 11:30 a.m. to 12:45 p.m. first Thursday, Officers' Club. For information, visit fortjacksonwoa@yahoo.com.

Veterans of Foreign Wars, Gandy-Griffin Post 4262, 7 p.m. third Tuesday, 5821 N. Main St. For information, call 803-754-1614 or 803-447-2320.

Veterans of Foreign Wars, Post 641, 7:30 p.m. second Monday, 534 S. Beltline Blvd. For information, call 803-782-5943/0148.

Vietnam Veterans of America, Chapter 303, 7 p.m. third Tuesday, American Legion Post 6, 200 Pickens St. For information, call 803-312-4895.

PROFESSIONAL

National Active and Retired Federal Employees, Chapter 87, 11:30 a.m. second Friday, Seawell's, 1125 Rosewood Dr. For information, email kathrynhensley@hotmail.com or gillentinelc803@aol.com.

National Federation of Federal Employees, 11:30 a.m., second Tuesday, first floor, 4200 Sumter Road. For information, call 751-2622.

Professional Mentorship Network (for women), 11:30 a.m. to 1 p.m. fourth Tuesday, NCO Club. For information, call 751-8187.

SOCIAL

American Legion Riders Motorcycle Group, 7 p.m. third Thursday, American Legion Post 6, 200 Pickens St. For information, call 803-360-3830.

Better Opportunities for Single Soldiers, 11:45 a.m. to 12:45 a.m. first and third Wednesdays, Single Soldier Complex, Building 2447. For information, call 751-1148.

Combat Vets Motorcycle Association, noon third Sunday. For information, call 774-451-7504, email armyaguiar@yahoo.com or visit www.combatvet.org.

Victory Riders Motorcycle Club, 5 p.m. first and third Thursdays, Magruder's Pub. For information, email sec@ffvictoryriders.com.

SPORTS

Fort Jackson Bass Club, 7 p.m. first Monday, Joe E. Mann Center. For information, visit www.jacksonanglers.com.

SUPPORT

Alcoholics Anonymous, noon every Friday, 9810 Lee Road (Army Substance Abuse Program). For information, call 751-6597.

Gold Star Wives, Palmetto Chapter, 3 p.m. second Sunday, third-floor conference room, Moncrief Army Community Hospital. For information, call 803-695-5345.

Helping Everyone Reach Optimum Strength (for combat veterans and their families), 5-6 p.m. Tuesdays, seventh floor, Moncrief Army Community Hospital. Open to combat veterans, family members.

Weight-Loss Surgery Support Group, noon, second and fourth Mondays, Weight Management Center, 180 Laurel St.; 6:30 p.m. second Monday, ground level, meeting room 2, Palmetto Health Baptist Breast Health Center, 1501 Sumter St.

PATRIOTS DAY COMMEMORATION

Fort Jackson will mark the falling of the Twin Towers and the attack on the Pentagon (shown displaying a memorial flag) on Sept. 11, 2001, during a ceremony at 10:30 a.m. Friday at post headquarters.

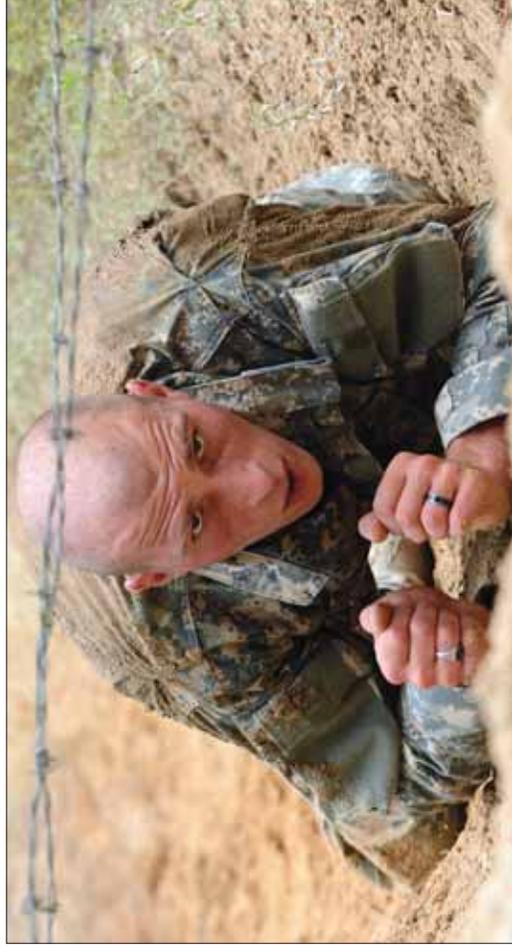




THIS WE'LL DEFEND

Some of the Army's best soldiers are competing for the honor of being named Sergeants of the Year.

Photos by WALLACE McBRIDE



Soldiers gathered at Fort Jackson this week to participate in the 2015 Drill Sergeant of the Year/AIT Platoon Sergeant of the Year competition. The TRADOC event brought Soldiers from various installations to Fort Jackson for a four-day event that will end today. Clockwise from left: Staff Sgt. Claudia Collazo of Fort Sill; Staff Sgt. Russell Vidler, of the 98th Division, 108th Training Command; Staff Sgt. Eric Hullen of Fort Jackson; Staff Sgt. Jonathan Murray of Fort Gordon; Staff Sgt. Mark Mercer of the 95th Division, 108th Training Command; and Sgt. 1st Class Samuel Enriquez of Fort Sam Houston put their skills to the test in physical and academic tasks.



Photo by ROBERT TIMMONS



HAPPENINGS

ANNOUNCEMENTS

DRUG 'TAKE-BACK' DAY

Members of the Fort Jackson community may dispose of unused or expired prescription drugs during National Prescription Drug Take Back Day from 10 a.m. to 2 p.m. Sept. 26. Drop off drugs at the Main Exchange. For information, call 751-4785 or 751-2385.

HR OFFICES TO CLOSE OCT. 15

The Directorate of Human Resources – to include the ID card offices in Rooms 109, 114 and 200 at 5450 Strom Thurmond Blvd. and the Official Mail and Distribution Center at 4400 Green St. – will close for Organizational Day at 11:30 a.m. Oct. 15. Those with ID card emergencies should contact or visit the alternate ID card location at Shaw Air Force Base, Sumter, or call 803-895-1596.

HOW TO START A BUSINESS

Those interested in starting their own businesses may attend Simple Steps for Starting Your Business, a five-part series that will provide the tools, information and advice on business startup, action steps and mentoring. Participants must attend all five sessions: 9 a.m. to noon Oct. 2, 9, 16, 23 and 30, in Room 222 of the Strom Thurmond Building. Registration deadline Sept. 28. For information, call 751-5256/5452, or email Barbara.L.Martin10.civ@mail.mil.

EMPLOYMENT READINESS

Army Community Service offers classes in the Microsoft Office Suite for military spouses looking for employment. Classes through the LearnKeys self-paced online program include instruction in Microsoft Word, Excel, PowerPoint, Outlook and Access. Available for military, surviving spouses. Call 751-5256 for information.

FREE LEGAL EDUCATION

Officers interested in receiving a free legal education may apply for the Army's Funded Legal Education Program through Nov. 1. Commissioned officers between the ranks of second lieutenant and captain who will have two to six years of active federal service as of Sept. 1, 2016, are encouraged to apply. FLEP eligibility criteria are published in Army MILPER Message 15-013 and in AR 27-1, Chapter 14. Applicants should contact Maj. Danisha McClary in the Office of the Staff Judge Advocate at 751-7657/5349.

ENGLISH AS A SECOND LANGUAGE

Those needing basic language instruction may take part in classes offered by Army Community Services. Open to ID cardholders, DOD employees. For information, call 751-1124, or email miranda.o.broadus.civ@mail.mil.

FOR FAMILIES

Spouses of differing cultures and countries who wish to receive support or make friends should call 751-1124/9770 for information on the foreign-born spouse support group offered by Army Community Services.



The Department of Defense and Fort Jackson Commissary are collecting donations for the Feds Feed Families drive to support federal employees in need. The campaign will run until October.

Donors may contribute any kind of nonperishable food but are asked to contribute the following staples, if possible:

- canned fruits (in light syrup or natural juice)
- canned vegetables (low sodium, no salt added)
- multigrained cereals (Cheerios, corn flakes, Grape Nuts, Wheaties)
- grains (brown and white rice, oatmeal, bulgur wheat, quinoa, couscous, macaroni and cheese)
- canned proteins (tuna, salmon, chicken, peanut butter or beans)
- soups (beef stew, chili, chicken noodle, turkey and rice)
- 100 percent juice (all sizes, including juice boxes)
- condiments (tomato-based sauces, light soy sauce, ketchup, mustard, salad dressing, oils)
- snacks (individually packed snacks, crackers, trail mix, dried fruit, granola or cereal bars, pretzels, sandwich crackers)
- baking goods (flour, sugar, baking powder, baking soda, spices, boxed mixes)
- hygiene items (diapers, deodorant, feminine products, toilet paper, facial tissue, soap, toothpaste, shampoo)

■ The Hearts Apart program provides activities for military Family members separated from their Soldiers. For information, call 751-9770/1124.

■ Parents may receive information on discipline for children 2 to 12 through the 1-2-3 Magic Program developed by Thomas W. Phelan. For information, call 751-9035/6724/2731.

■ The Exceptional Family Member Program works with civilian and other military agencies to provide activities, Family support and respite care. For information, call at 751-5256.

■ Army Family Team Building offers classes in the basics of Army life, as well as personal and professional development. For information, call 751-5256 or visit www.MyArmyOneSource.com, click on "online training" and select the level you want.

■ Survivor Outreach Services gives support to survivors of deceased Soldiers. For information, call 751-4867.

SPORTS EVENTS

Those interested in playing sports this month should note the following dates and deadlines.

Today – Flag football letters of intent due in sports office. Call 751-3096 for information.

Saturday – 9/11 Remembrance 5K Run, 8 a.m., Twin Lakes Recreation Area. Register at webtrac.mwr.army.mil/webtrac103/wbwsc/Jacksonrectrac.wsc/wpsplash.html?wbp=1.

Sept. 19 – Flag football clinicians clinic, 8 a.m. to 6 p.m., Hilton Field Softball Complex. Call 751-3096 for information.

Sept. 28 – Army sports program, fall meetings: flag football, 2 p.m.; softball, 3 p.m.; cross country, 4 p.m., at Joe E. Mann Center. For active-duty military only. Competitions will begin Sept. 29 with flag football. Call 751-3096 for information.

Oct. 31 – Halloween Howl 5K Run, 8 a.m., Semmes Lake. Visit webtrac.mwr.army.mil/webtrac103/wbwsc/Jacksonrectrac.wsc/wpsplash.html?wbp=1.

EXCHANGE NEWS

■ Students in grades six through 12 who have a 2.5 or higher grade-point average may submit an essay of 500 words or fewer explaining their involvement in community service and why their communities are important to them. Four winners worldwide each will be awarded a \$5,000 scholarship from the Army & Air Force Exchange Service and Unilever. Essays must be in English and must be

mailed by Oct. 1 Exchange Rewards of Caring Scholarship Contest, P.O. Box 7837, Melville, NY 11775-7837. Winners will be chosen by Nov. 10.

■ The Army & Air Force Exchange Service will waive the \$3 service fee for items placed on layaway and paid for by Dec. 24. Purchases of \$25 or more are eligible for layaway. Customers must deposit 15 percent of the purchase price to hold items on layaway.

■ The Exchange Credit Program's MILITARY STAR card soon will offer an updated rewards program and enhanced security. After Oct. 1, cardholders will earn two points for every \$1 spent in Exchange stores. For every 2,000 points earned, they will receive \$20 Exchange rewards cards. The updated cards also will carry enhanced security features – a security code on the back, and expiration and "member since" dates on the front.

COMMISSARY NEWS

■ September is National Preparedness Month – time to make an emergency plan suitable for any crisis, natural or manmade. To help with that, the commissary offers special prices on items intended for weather preparedness. Low prices will extend through Oct. 31.

■ Case-lot sales will continue through September on bulk buys of cereals, breakfast bars, chips, beverages and paper goods. Late September and early October will bring lower costs on such Oktoberfest items as German chocolates, cookies, sauerkraut, mustard, red cabbage and coffee.

THRIFT SHOP NEWS

The Fort Jackson Thrift Shop is accepting winter clothing. Those who have Halloween items they no longer need may bring them in Sept. 22 to Oct. 15. The Thrift Shop is at 4713 Lee Road in the Mini Mall. Call 803-787-2153 for information, or visit 9 a.m. to 5 p.m. Tuesdays and Wednesdays, or 9 a.m. to 3 p.m. Thursdays. Consignment hours are 9:30 a.m. to 12:30 p.m. Tuesdays through Thursdays, and bookkeeping hours, 9 a.m. to 1 p.m. Tuesdays and Thursdays.

EVENTS OFF POST

OFFICER CANDIDATE REUNION

Alumni are invited to celebrate the 75th anniversary of the Army Officer Candidate School during a reunion April 24-28, 2016, at the Double Tree Hotel, 5321 Sidney Simmons Blvd., Columbus, Georgia. The event will include demonstrations and briefings, tours, a memorial/monument walk, a Hall of Fame induction ceremony and an award dinner. Cost is \$111 per night. To request a reservation, call 706-327-6868. Members and those who wish to become members may attend. For further information, call Nancy Ionoff at 813-917-4309 or visit www.ocsalumni.com.

Saluting this BCT cycle's honorees

DRILL SERGEANTS OF THE CYCLE. Photos by OITHIP PICKERT, Public Affairs Office



Staff Sgt. Adriana Fox
A Company
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE
Pvt. Matthew Seibert

HIGH BRM
Pvt. Aiden Puccia

HIGH APFT
Pvt. Patricia Martinez



Staff Sgt. Brian Lambert
B Company
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE
Pvt. Justin Hartman

HIGH BRM
Pvt. Cameron White

HIGH APFT
Pvt. Isiah Stevens



Staff Sgt. Chan'nel Torres
C Company
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE
Pfc. Kyler Watson

HIGH BRM
Pvt. Dylan Woodworth

HIGH APFT
Pvt. Cody Kyle



Fort Jackson Movie Schedule

3319 Jackson Blvd. PHONE: 803-751-7488

Friday

"Pixels" (PG-13), 7 p.m.

Saturday

"Vacation" (R), 2 p.m.

"Mission Impossible: Rogue Nation" (PG-13), 4 p.m.

Sunday

"Mission Impossible: Rogue Nation" (PG-13), 2 p.m.

"Pixels" (PG-13), 4:30 p.m.

Wednesday

"Pixels" (PG-13), 2 p.m.

"Vacation" (R), 4:30 p.m.

Sept. 18

"Ricki and the Flash" (PG-13), 7 p.m.

Sept. 19 (Kids' Day)

"Shaun the Sheep" (PG), 2 p.m.

"Fantastic Four" (PG-13), 4 p.m.

Sept. 20

"Fantastic Four" (PG-13), 2 p.m.

"The Man from UNCLE" (PG-13), 4 p.m.

Sept. 23

"Fantastic Four" (PG-13), 2 p.m.

"The Man from" UNCLE (PG-13), 4 p.m.

TICKETS

Adult: \$5.50

Child (6 to 11): \$3

3-D TICKETS

Adult: \$7.50

Child (6 to 11): \$5

● Ticket sales open 30 minutes before each movie.

● Movie times and schedule subject to change without notice.



Fort Jackson Leader

Join us on Facebook. Visit www.facebook.com/fortjacksonleader and click "like."

WORSHIP SCHEDULE

ANGLICAN/LITURGICAL

Sunday
8:30 a.m., worship, Bayonet Chapel
(Communion observed every Sunday.)

CATHOLIC

Sunday
■ 7:30 a.m., Sacrament of Reconciliation, Solomon Center
■ 8 a.m., Mass, Solomon Center
■ 10:30 a.m., Reconciliation (after Mass or by appointment), Main Post Chapel
■ 11 a.m., Mass, Main Post Chapel

Monday through Thursday, first Friday
11:30 a.m., Mass, Main Post Chapel

Wednesday
7 p.m., recitation of the Rosary, Main Post Chapel

CHURCH OF CHRIST

Sunday
11:30 a.m., worship, Anderson Street Chapel

ISLAMIC

Sunday
8-10 a.m., Islamic studies, Main Post Chapel

Friday
12:45-1:30 p.m., Jumah services, Main Post Chapel

JEWISH

Sunday
■ 9:30-10:30 a.m., worship, Memorial

Chapel
■ 10:30-11:30 a.m., book study, Post Conference Room

LATTER-DAY SAINTS

Sunday
9:30-11 a.m., worship, Anderson Street Chapel

Wednesday
■ 3-5 p.m., LDS family social, Anderson Street Chapel
■ 7-8 p.m., LDS scripture study, Anderson Street Chapel

PROTESTANT

Sunday
■ 9 a.m., service, McCrady Chapel (SCARNG), McCrady Training Center
■ 9:30 a.m., Hispanic service, Magruder Chapel
■ 9:30 a.m., service, Main Post Chapel
■ 9:30 a.m., Chapel Next Bible study, Bayonet Chapel
■ 10:30 a.m., gospel worship service, Daniel Circle Chapel
■ 10:45 a.m., Sunday School, Main Post Chapel
■ 11 a.m., service, Memorial Chapel
■ 11 a.m., Chapel Next, Bayonet Chapel
■ 5-6:30 p.m., youth group, Chaplain Family Life Center

Monday
7 p.m., men's Bible study (PMOC), Chaplain Family Life Center

Tuesday
9 a.m., Protestant Women of the Chapel Bible study, Main Post Chapel

Wednesday
7 p.m., gospel Bible study, Daniel Circle Chapel

Thursday
11:45 a.m. to 12:30 p.m., Fresh Encounter Bible study, Chaplain Family Life Center

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel, 2335 Anderson St., 751-7032
Bayonet Chapel, 9476 Kemper St., 751-6322/4542
Chaplain Family Life Center, 5460 Marion Ave. (parking lot side), 751-4961
Daniel Circle Chapel, 3359 Daniel Circle, 751-1297/4478
Education Center, 4581 Scales Ave.
Installation Chaplain's Office, 4475 Gregg St., 751-3121/6318
McCrady Chapel (SCARNG), 3820 McCrady Road (at McCrady Training Center)
Magruder Chapel, 4360 Magruder Ave., 751-3883
Main Post Chapel, 4580 Scales Ave., 751-6469/6681
Memorial Chapel, 4470 Jackson Blvd., 751-7324
U.S. Army Chaplain Center and School, 10100 Lee Road
Warrior Chapel (120th Adjutant General Battalion), 1895 Washington St., 751-5086/7427

Fort Jackson Gate Operation Hours

GATE 1

5 a.m. to 1 p.m. Monday through Friday
3:30 - 6 p.m. Monday through Friday (outbound only)
Closed on weekends and federal holidays.

GATE 2

Open around the clock.

GATE 4

5 a.m. to 8 p.m. Monday through Friday
Closed on weekends and federal holidays.

GATE 5

5 a.m. to 1 p.m. Monday through Friday
3:30 - 6 p.m. Monday through Friday (outbound only)
5 a.m. to 8 p.m. Saturday and Sunday



Civilian of the Year

The 165th Infantry Brigade has chosen Onita Brown as Civilian of the Year for maintaining a high level of motivation despite the rigors of working in a Basic Combat Training environment. On Sept. 2, brigade commander Col. Thomas Sheehan officially commended Brown, acknowledging her work with the brigade, as well as her volunteer work at local shelters for the homeless. *Courtesy photo*

COMMUNITY SNAPSHOTS



SSI welcomes new commander

Former Soldier Support Institute commander, Brig. Gen. Paul A. Chamberlain, Maj. Gen. Darrell K. Williams, commander of the U.S. Army Combined Arms Support Command, and incoming SSI commander Col. Richard J. Nieberding Jr. prepare to move forward during the SSI change of command ceremony Sept. 9, at the unit's auditorium. Williams said the SSI was "very fortunate" to have Nieberding, a combat-proven "long-ball hitter" as commander. Chamberlain is scheduled to move to Shaw Air Force Base, where he will lead the U.S. Army Central's G-8 office. *Photo by ROBERT TIMMONS*