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THE FORT JACKSON

LEADER

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NEWS



ON THE COVER

Photo by JENNIFER STRIDE

Staff Sgt. Christopher George, 3rd Battalion, 34th Infantry Regiment, is one of seven Soldiers who successfully completed the Expert Infantryman Badge test last week. **SEE PAGE 3.**



Photos by SUSANNE KAPPLER

Sexual assault prevention in focus across post

Above, Staff Sgt. Andrea Myers, a victim advocate assigned to Moncrief Army Community Hospital, hands out magnets to drivers entering Gate 2 Friday. The magnets, pictured left, feature the phone number and website of the Safe Helpline, which is available to victims of sexual assault. Below, Maj. Gen. Bradley Becker, Fort Jackson's commanding general, signs a proclamation declaring April Sexual Assault Awareness and Prevention Month.

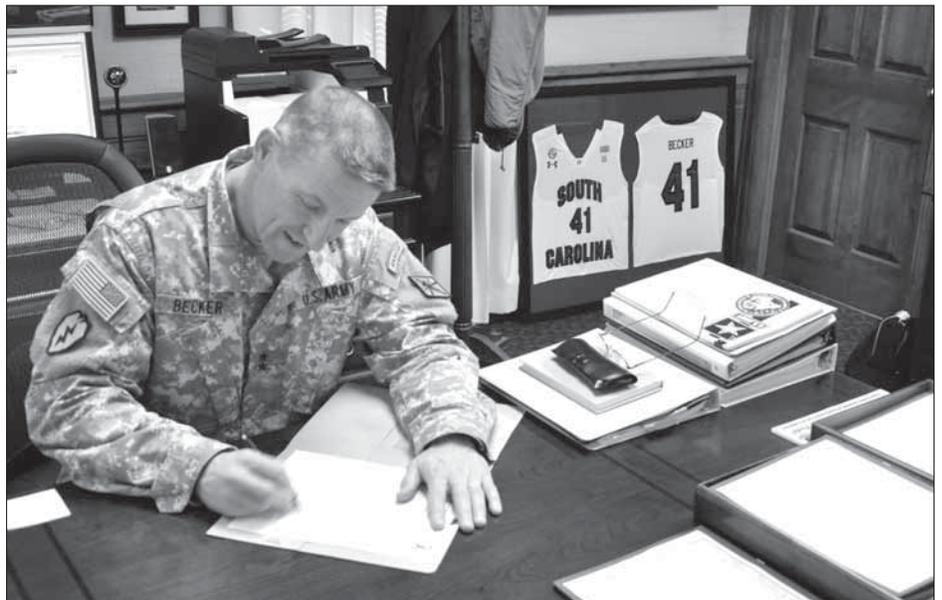


Photo by DAVID SHANES, command photographer



Fort Jackson, South Carolina 29207

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Photo by WALLACE McBRIDE

Staff Sgt. Brian Lambert, 3rd Battalion, 34th Infantry Regiment, takes off his gear after completing the 12-mile foot march Friday. Lambert was one of seven Fort Jackson Soldiers who earned the Expert Infantryman Badge. The badge marks the highest level of expertise for infantrymen.

Infantrymen display skills

By WALLACE McBRIDE
Fort Jackson Leader

At the beginning of Expert Infantryman Badge qualifications last week, 79 Soldiers had qualified to put their skills to the test. Of those, just seven Soldiers were left standing when the event came to an end five days later.

The 3-inch-wide metal badge depicts a 1795 model Springfield Arsenal musket on a light blue background, and for the Army's infantrymen it symbolizes that a Soldier is among the best of the best. This year's five-day series of challenges ended Friday morning with a 12-mile foot march in full "battle rattle," followed by a presentation ceremony for those who completed the final challenge.

The Expert Infantryman Badge exists to showcase the commitments of profes-

sional infantrymen, said Post Command Sgt. Maj. William Hain.

"This is not to diminish other jobs in the Army, but this ceremony is not just about the Infantry — it's about a group of infantrymen who are at the top of their profession," Hain said. "After three decades of watching the Army in action, I'm completely convinced that it takes a special breed to excel in this chosen profession."

The Expert Infantryman Badge was established in 1944 as an award to honor the infantrymen. The first round of tests took place at Fort Bragg, North Carolina, with 100 Soldiers from the 100th Infantry Division participating. The original tasks required Soldiers to qualify with a variety of weapons, complete a 25-mile foot march with field equipment in fewer than eight



Photo by JENNIFER STRIDE

A Soldier identifies the coordinates of buildings during Expert Infantryman Badge testing April 1. Infantrymen underwent a series of rigorous tests throughout the course of a week to qualify for the badge.

Post teens learn leadership skills

By JENNIFER STRIDE
Fort Jackson Leader

More than 100 teens between the ages of 10 and 19 attended the second annual leadership development summit at the Solomon Center Friday. Vendors, local professionals and a motivational speaker were on hand to provide the teens with resources and education geared toward leadership.

In September, Shaneen Corujo with the Army Community Service Family Advocacy Program conducted a needs assessment in conjunction with Child, Youth and School Services to find out what teens wanted and needed to learn about. The resulting focus groups conducted surveys and came up with a comprehensive program for the summit that catered to the specific needs identified by the teens. Corujo led the summit.

"The summit is designed to highlight leadership in the teen community," Corujo said. "Our goal is to help the teens be able to step out and take that leadership to the next level in their own communities."

Barbara Martin, ACS Employment Readiness Program manager, provided information to teens on various careers and how to write resumes, discussed avenues used to search for jobs, and told them about current job opportunities available through the teen employment program. Brandon Jackson, Destiny Kinsler, Taylor and Ravyn Cunningham from the Fort Jackson Keystone Club piggy-backed off Martin's class and held mock job interviews.

"We want to help teens prepare to enter the workforce," Corujo said. "The vendors give them a lot of resources and options."

Tim Bowers, a motivational speaker for teens, spoke to the whole group during lunch in an effort to inspire and encourage them to be more proactive in life.

"We want to be able to see kids from the military, rural communities, kids from everywhere be more active and take on those leadership roles," Corujo said.

Shirley Anne Flowers Martin, with the Chaplain Family Life Center, talked about goal setting with the teens. She had the teens prepare vision boards, identifying where they saw themselves in five years and how they planned to achieve those goals.

"I try to be a liaison between our generation and theirs," Corujo said. "How do you get that energy and that wisdom combined if we don't communicate?"

Natasha Pauling, an attorney with the Richland County



Photo by JENNIFER STRIDE

A participant checks out items on display during Fort Jackson's Teen Summit Friday at the Solomon Center. More than 100 teenagers learned about leadership skills throughout the day.

Labor Department, spoke with teens about their rights and how to safely exercise those rights.

Joe Ryan from the South Carolina Attorney General's Office, talked in depth with teens about Internet safety and social media. Social workers with the Family Advocacy Program held sessions focused on teen dating and violence.

"We want to spend more on the prevention side and less on the intervention side," Corujo said.

Melody Dees from the United Way Diamonds Teen Pregnancy Prevention Program spoke with teens about parenthood, babies and teen pregnancy and Sandra Barnes from the Army Substance Abuse Program discussed the significant ramifications of substance abuse and available resources for getting help.

Rodney Burgess and Sidney Crawford from South Carolina Youth Challenges provided information to teens on health and fitness; and Cheryl Leysath, Felecia Johnson, and Brandy Palmer from the Exceptional Family Members

Program advised the teens on what resources are available to support teens with special needs.

Kevin Lawrence and Terrence Crawford, from the Richland County Sheriff's Department, and Frederick Johnson, with Fort Jackson's Directorate of Emergency Services, held open dialogue with the teens in an effort to help bolster relationships between teens and law enforcement. They also informed the teens about volunteer opportunities in the law enforcement community.

Corujo said the reason the summit was focused on military teens is that their voice seems to be missing in the civilian population.

"They have unique aspects about being military kids," Corujo said. "We wanted to help them hone in on those skills and teach people who they are and help them get to the level where they will go out in the community and do great things."

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FORT JACKSON GATE HOURS

- Gate 1:** 5 a.m. to 1 p.m., Monday through Friday
3:30 to 6 p.m., Monday through Friday, outbound only
Closed on weekends and federal holidays
- Gate 2:** Open around the clock
- Gate 4:** 5 a.m. to 8 p.m., Monday through Friday
Closed on weekends and federal holidays
- Gate 5:** 5 a.m. to 1 p.m., Monday through Friday
3:30 to 6 p.m., Monday through Friday, outbound only
5 a.m. to 8 p.m., Saturday and Sunday





Upcoming Family & MWR Events

- » **NCO Club Morning Breakfasts**
Every Thursday (6:30 - 9:30 a.m.)
For info, call 782-2218.
- » **Palmetto Falls Season Passes on Sale**
Now at Victory Travel or online at webtrac. For info, call 751-5812.
- » **Evening Story Time**
Apr 9 (6:30 - 7 p.m.)
At Thomas Lee Hall Library.
Free event. For info, call 751-5589.
- » **Friday Story Time**
Apr 10 (11 - 11:30 a.m.)
At Thomas Lee Hall Library.
Free event. For info, call 751-5589.
- » **Charlestowne Landing and Historic Charleston Day Trip**
Apr 11 (8 a.m. - 7 p.m.) Depart from Marion Street Station. \$29 per person.
For info, call 751-3484.
- » **Celebrate National Library Week**
Apr 12-18 (during business hours)
At the Thomas Lee Hall Library
Participate in a Library-themed guessing game, learn about the Online Resources you can access from home, or join us on Friday for Storytime with the Columbia Museum of Art. Free events all week long.
For info, call 751-5589.
- » **Sunday Champagne Brunch**
Apr 19 (11 a.m. - 1:30 p.m.)
At the Officers' Club. \$14.95 for members. \$19.95 for non-members.
For reservations, call 782-8761.
- » **Fitness Meets Nature: Heart and Soul 3 mile and 5 mile Run/Walk**
Apr 25 (beginning at 7:30 a.m.)
Meet at the Solomon Center
For info, call 751-3700.
- » **Colonial Living History Park and Aiken Day Trip**
Apr 26 (8 a.m. - 5 p.m.)
Depart from Marion Street Station.
\$19 per person for transportation.
For info, call 751-5589.
- » **Spring Army Sports Program Meeting**
Apr 27 (2 - 4 p.m.)
At the Joe E. Mann Building
Free event. For info, call 751-3096.
- » **4th Annual Scavenger Hunt Bike Ride**
May 23 (Beginning at 8 a.m.)
At Marion Street Station.
Free event. For info, call 751-3700.



FITNESS DOG WALKING

Apr 18 • Old AllSouth Federal Credit Union • 9:30 a.m.

Walk a mile with your pet and be healthy together! Brought to you by Family and MWR Fitness & Fort Jackson Veterinarian Treatment Facility. For more info, call 751-3700.



APRIL ONLY

FAMILY GOLF SPECIAL

At The Fort Jackson Golf Club
3652 Semmes Road • 787-4344

April is Month of the Military Child! Saturdays & Sundays in April, Families can golf at a discount. Families* get a round of golf & cart rental from 4 p.m. until close.

\$10 for adults and \$5 for kids.

*Family is considered at least one parent or legal guardian and dependent children, 18 and younger.



AT THE YOUTH SPORTS COMPLEX

Is your dog, talented or funny? Enter your dog! First, Second, & Third Place Prizes will be awarded in all categories. Don't have a dog? Enter your favorite stuffed dog instead!

Pre-registration packets may be obtained at any CYSS location or at the CYSS Central Enrollment Office in the Joe E. Mann Building, 3392 Magruder Avenue. Must bring proof of up-to-date shot records. For further information, contact Beverly Metcalfe at 751-3053.



PRESENTED BY CYS SERVICES

Celebrate National Library Week

APRIL 12 - 18

At the Thomas Lee Hall Library
4679 Lee Road • 751-5589



Explore unlimited possibilities at your Library! Participate in a Library-themed guessing game, learn about the online resources you can access from home, or join us on Friday, Apr 17 at 11 a.m. for stories and crafts.



PLANNING A WEDDING

OR OTHER SPECIAL EVENT?

"COLUMBIA'S BEST KEPT SECRET,"

the Fort Jackson Officers' Club, has one of the best venues in Columbia for outdoor weddings and an elegant setting for receptions.

Call our caterer, Carol Neal, and find out how much you can save on your special occasion. 782-8761 or 751-4906



National Child Abuse Prevention Month

Symposium addresses child abuse

By WALLACE McBRIDE
Fort Jackson Leader

Social workers and law enforcement representatives from all over South Carolina gathered at Fort Jackson last week for a discussion about child abuse.

“When I talk to Soldiers on Fort Jackson, they know about hitting a child, they know about sexual abuse,” said Greg Lewis, Family Advocacy Program specialist. “But there are some things they don’t know about, like neglect and emotional abuse.”

The Family Advocacy Program seminar was designed to highlight less explicit forms of child abuse, he said. Leading the discussion was Sharon Cooper, a consultant and board member for the National Center for Missing and Exploited Children.

“We now have new research that helps us understand that, when children have been victims, it profoundly affects their health long term,” Cooper said. “This is new research that many people don’t know about, and it helps us to recognize how important prevention is going to be.”

The definition of abuse has evolved over the years to include forms of maltreatment that are not necessarily physical, she said.

“It’s almost as if we have really diminished incidents of typical child maltreatment,” Cooper said. “Now we see different kinds of things coming forward, such as Internet crimes against children.”

“I signed up because I knew it was about child abuse awareness and wanted to support it,” said Karen Owens Blanding, who works for Fort Jackson’s Early Intervention Program. “What I got, though,



Photo by WALLACE McBRIDE

Sharon Cooper, a consultant and board member for the National Center for Missing and Exploited Children, addresses attendees of Fort Jackson’s training session about child abuse April 2 at the NCO Club.

was a wealth of information. Such as what social media has done to our families — knowing that people spend so much time on social media that they forget to feed their children is more than my mind could digest.”

Cooper said medical professionals now have a clearer definition of psychological

maltreatment, which was once referred to as “emotional abuse.”

“In 2012, the American Academy of Pediatrics submitted a policy statement so that health care providers — and individuals who take care of children in families — can recognize what constitutes psychological maltreatment,” Cooper said.

This definition also includes online humiliation by guardians, which sometimes takes people by surprise, she said.

“Parents or caregivers are videotaping humiliating experiences of their children and putting them on YouTube,” Cooper said. “Those things don’t go away.”

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Know your money limitations, eliminate debt

Are you tired of living paycheck to paycheck? When is enough finally enough? Wouldn't it be nice to not be broke a few days before payday? If so, it is time to face reality and get a grip on spending and focus on reducing debt.

One of the first steps is to take a hard look at ourselves. People are typically either savers or spenders. Being a spender is OK if you have self-control and budget appropriately for the items you are purchasing. But when the spending leads to maxed-out credit cards or is causing you to fall behind on bills you have lost self-control. This is when the stress and the path to financial disaster begins.

The next step is to recognize how we got ourselves into debt. Are we impulse shoppers, meaning we go to the mall and walk out with something that we do not need? If this is the case, we need to minimize our exposure to the mall or stores we generally shop. If we have to go to our favorite store, we leave the credit cards at home and take the minimum required cash to purchase the item(s) we need.

Or maybe it is because we do not have financial goals established, so any extra money is viewed as spending money instead of savings or investment money. Perhaps it's the dreaded "wants" versus "needs" battle.

FINANCIAL ADVICE

By SHAWN SMITH
Army Community Services
Financial Readiness

Our image is another reason why we get ourselves into financial distress. For example, purchasing the car we want versus the car we need. The car we need is \$22,500, but instead we buy the car we want with a \$34,000 price tag (plus additional insurance, gas, maintenance, etc.). The affordable \$404 monthly payment has just shot up to an unaffordable \$611 payment, but hey, I look good and that's all that matters, right?

There are times we get so consumed with how people view us, we allow ourselves to make bad monetary choices. "I'm a sergeant first class, so I should have ..." or "I'm a major, so I should have ..." but when that unexpected emergency arises, do you have the financial resources to mitigate it?

GET A GRIP ON YOUR DEBT

How much are your monthly debt payments? Write down all your debt payments (loans for auto, school

personal use) and credit card payments (do not include the mortgage payment) and add them together.

Next, figure out your monthly net income, or take-home pay. Now, let's figure out your debt-to-income ratio (debt divided by take home pay). For example, \$875 (debt) divided by \$2,750 (take-home pay) equals 0.318 or a 31.8 percent debt-to-income ratio.

If your ratio exceeds 20 percent you are over-indebted and need to develop an immediate plan to reduce spending. If your ratio exceeds 25 percent, you are more than likely dealing with serious debt problems and should seek immediate help.

Once you have a clear picture of your debt, it is time to develop a plan. An Army Community Service financial counselor can complete a financial assessment to determine areas of improvement, discuss financial goals, download your credit report and credit score and assist with interpretation of these.

If you would like to learn how to work your way out of the debt cycle, plan to attend the "Lunch and Learn" out of debt seminar on from 11:30 a.m. to 12:45 p.m., Monday at the Education Center, Room B206. Learn valuable information to help yourself, Family members and subordinates to get out of debt.

To RSVP or to schedule an appointment with a financial counselor, call 751-5256.

News and Notes

DAYS OF REMEMBRANCE

Fort Jackson will remember the victims of the Holocaust with a commemoration ceremony from 11 a.m. to 1 p.m. Tuesday at the NCO Club. Exhibit displays will be open from 11 a.m. The ceremony will begin at noon. The guest speakers are Barry Ables, executive director of the Columbia Jewish Foundation and the Katie and Irwin Kahn Jewish Community Center; and Marlene Roth, co-chair of the Columbia Holocaust Education Commission. The event is free and open to the public.

BIG DAY OUT, FAMILY FUN FAIR

The Directorate of Family and Morale, Welfare and Recreation will host its annual Big Day Out and Month of the Military

Child Family Fun Fair from 9 a.m. to 2 p.m., April 18 at Semmes Lake Recreation Area. Activities include free rides and games. Concessions will be available.

In recognition of Earth Day April 22, the Directorate of Public Works will collect personal electronic waste during the event for recycling.

For more information, call 751-4869/5384.

ALCOHOL AWARENESS TRAINING

Alcohol awareness training is scheduled for 9 a.m. and 1:30 p.m., Monday and 9 a.m., May 12 at the Solomon Center. The event will include presentations from Mothers against Drunk Driving and the South Carolina Highway Patrol.

Information subject to change.

To submit an announcement, email fjleader@gmail.com.

DOD BEHAVIORAL HEALTH SURVEY TO INCLUDE FORT JACKSON

Fort Jackson Soldiers, Family members and health care providers are invited to participate in a research study funded by DOD aimed at improving behavioral health services for Soldiers. Invitations to complete the confidential survey, titled "Opening Doors: Strengthening Behavioral Health Support for Soldiers," will be emailed soon to a random sample of Soldiers, family members and health care providers. Individual responses will not be reported to the Army. For more information, call 751-0766 or email angela.d.smith231.mil@mail.mil.

Reel Time Theaters

We're saving a seat for you.

Ft. Jackson Movie Schedule

PH (803)751-7488
Adult \$5.50/Child (6-11): \$3.00
3D: Adult \$7.50/Child (6-11): \$5.00
3319 Jackson BLVD

Ticket sales open 30 minutes prior to each movie

Movie times and schedule are subject to change without notice

Thursday April 9
The Duff (PG-13) 3 p.m.

Friday April 10
The Kingsman: Secret Service (R) 7 p.m.

Saturday April 11
Free Military Appreciation Showing (PG-13) 2 p.m.

Sunday April 12
Run All Night (R) 2 p.m.
Unfinished Business (R) 4 p.m.

Wednesday April 15
The Kingsman: Secret Service (R) 2 p.m.
Run All Night (R) 4:30 p.m.

Thursday April 16
Unfinished Business (R) 3 p.m.

Friday April 17
Cinderella (PG) 7 p.m.

Saturday April 18
The Duff (PG-13) 2 p.m.
Run All Night (R) 4:30 p.m.

Sunday April 19
Unfinished Business (R) 2 p.m.
Cinderella (PG) 4 p.m.

Wednesday April 22
Unfinished Business (R) 2 p.m.
Run All Night (R) 4 p.m.

Thursday April 23
The Duff (PG-13) 3 p.m.

Friday April 24
The Second Best Exotic Marigold Hotel (PG) 7 p.m.



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EIB

Continued from Page 3

hours, and complete infiltration, close combat, and combat-in-cities courses.

Of those 100 Soldiers, Hain said only 10 earned the badge. The test has evolved over the years to meet whatever demands were being placed on the Infantry, all with the goal of identifying the best Soldiers the Army had to offer.

For Staff Sgt. Christopher George of the 3rd Battalion, 34th Infantry Regiment, last week was his third attempt at earning the Expert Infantryman Badge. When he finished Friday morning's march, his father — a retired non-commissioned officer — was waiting for him at the finish line.

"We were in the services at the same time, during the last two years of my career," said John George, who retired as a sergeant first class in 2006. "It was nice to be able to pin a prestigious award like this on him. He's tried for three years, and I'm very proud of him."

The criteria for qualifying for the Expert Infantryman Badge have changed since 1944, but have always stressed physical fitness, weapons proficiency, and common Soldier skills such as land navigation and foot marching.

"It's an incredibly difficult test to prepare for," said Staff Sgt. Jacob Trovato, 2nd Battalion, 39th Infantry Regiment, who was among last week's Soldiers to earn the badge. "We don't usually get to ruck march like this."

As a drill sergeant, he said there's little time in his schedule to prepare for EIB challenges.

"I'm always with the troops," he said. "I don't even have time for myself, really. I go home, go to bed, wake up and see the troops again. We get to walk with them, but it's at a slower pace. It's hard to train for a 12-mile march like this."

Milton.W.McBride3.ctr@mail.mil



Photo by JENNIFER STRIDE

A Soldier assesses a 'casualty' with a chest wound during Expert Infantryman Badge qualification April 1. Almost 80 Fort Jackson infantrymen tried out for the badge.



Photo by VERAN HILL, Public Affairs Office

Above, a Soldier tries to locate a target during Expert Infantryman Badge testing April 1. Left, Maj. Gen. Bradley Becker, left, Fort Jackson's commanding general, pins the Expert Infantryman Badge on Staff Sgt. Jacob Trovato, 2nd Battalion, 39th Infantry Regiment, Friday at Darby Field.

Photo by WALLACE McBRIDE

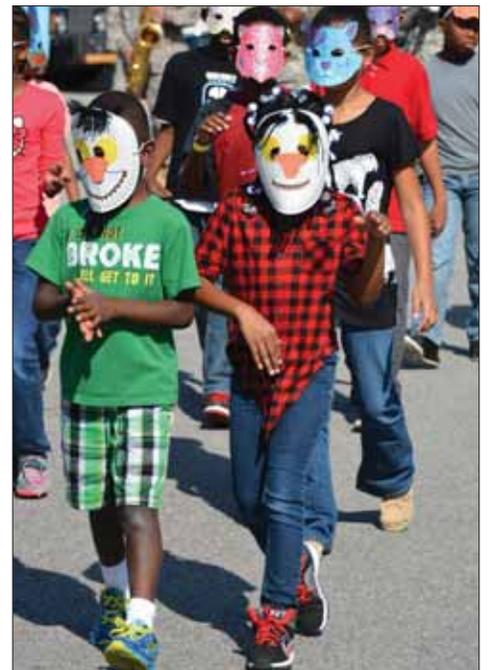


Photos by JENNIFER STRIDE

Above, children and child care providers participate in the Month of the Military Child parade April 1 at the Imboden Street Child Development Center. Left, Children of all ages march against child abuse April 2.

Children take center stage

Right, children wear masks during the Month of the Military Child parade April 1 at the Imboden Street Child Development Center. Below, children and adults led by Col. Michael Graese, garrison commander, march to raise awareness of child abuse April 2. The march started at Pierce Terrace Elementary School and ended at the Youth Center.





Courtesy photo

VSC to elect new board members

The Victory Spouses Club is scheduled to elect some new board members during its April meeting, which is scheduled from 11 a.m. to 1 p.m., April 21 at the Officers' Club. The board for 2015-2016 will be introduced at the May luncheon. Pictured is the current board, which includes, from left, Brad Weber, Jennifer Johnston, Amiee Butler, Vivian Duckett, Linda Joyce, Chastity Radcliffe, Barb Hain, Heather Stout, Lee Anna Suggs, Lauri Duke, Lara Chamberlain, Michelle Turley, Leanne Kocian, Mary Cook, Ginny Holland, Stacie Beecher, Lori Sonsalla and Rene Perez.

Center exhibits next-generation training

By C. TODD LOPEZ
Army News Service

WASHINGTON — Army training will likely always involve Soldiers going to the field and firing their weapons. But in the near future, it will also involve a lot more training in “synthetic” environments to make time in the field more productive and meaningful.

“The next capability will be a leader-focused, Soldier-centric capability that immerses Soldiers, wherever they are at the point of training, in a synthetic environment, that allows us to tailor that environment to the demands of the leader,” said Col. David Cannon of the Combined Arms Center, or CAC, on Fort Leavenworth, Kansas.

Experts at the CAC and TRADOC, Cannon said, believe the next evolution in Army training will be introduced between 2023 and 2031, and will involve synthetic training environments connected together by a global network that allows Soldiers all over the world to train together, wherever they are, using training regimens that were designed by experts for not just specific mission types, but for missions in specific parts of the world.

“A Soldier in Korea can be trained with a Soldier at Fort Hood,” Cannon said. “A Soldier preparing to deploy in support of a global operation can train his task in that immersive environment and the culture, at home station. And not just one time, like at one of our combat training centers, but numerous times.”

Cannon attended the Association of the United States Army, or AUSA, Institute of Land Warfare Global Force Symposium, March 31 through April 2, in Huntsville, Alabama. There, he manned a display that highlighted the evolution of “training the basics” from World War II, to Bosnia to Iraq and Afghanistan.

In World War II, Cannon said, it was clear who the enemy was — they wore a uniform — and there was little interaction on the part of Soldiers with the civilian population. In Afghanistan and Iraq, he said, it became more unclear who the enemy was, and there was much more interaction with the civilian population, demonstrating an increase in both “ambiguity” and “chaos” in the operating environment.

Cannon said future operating environments will be different than they are today, but ambiguity and chaos on the battlefield will continue to increase. Soldiers must be trained for such environments, even when it is unclear what exactly those environments will look like.

“The trick is to fight the unknown, to determine the unknown before we know it,” Cannon said.

He said the expectation is to develop training tools that are adaptable to whatever capability a commander needs to train on, and to make it possible for a commander to train his Soldiers wherever they are.

“It’ll be cloud-based, network-delivered, device-oriented capability that is borne on the mission command information network,” he said. “It’ll be wherever the Soldier is located.”

Training courses will be developed centrally, by academics and military experts, and will be constantly updated and upgraded to match the needs of the commanders that request them and to meet the demands of any environment or situation that needs to be trained, Cannon said.

Soldiers will interface with that information and those scenarios through gear that is not-yet developed, but which helps simulate various types of military equipment that a Soldier would need to train for an operation, skill or technique.

“Our Soldiers can relate to this: It’s not necessarily a rifle, but a device that replicates a rifle,” Cannon said. “Not a tank, but a device that replicates being inside a tank. Do



Photo by C. TODD LOPEZ, Army News Service

Command Sgt. Maj. James Sims, with Army Materiel Command, tries out a scenario in Virtual Battle Space using a set of 3D goggles, during the 2015 Association of the United States Army Institute of Land Warfare symposium in Huntsville, Ala., March 31.

you need a tank to train a tank? Our answer is no.

“Our answer is you have to have the haptic and tactile and immersive environment wherever you need. You will have an immersive environment, some kind of device, and maybe a projector that maps the room that provides you with what the inside of the tank looks like. And more important, what the environment looks like.”

Units, Cannon said, will have the necessary gear as part of their training equipment, and the information that provides the scenarios and training courses will be available anywhere via the global network.

“So we are building a synthetic training environment which allows us to improve the immersion of our Soldiers — training our units, our larger formations, and our senior echelon leaders in the environment they will encounter in a complex environment.”

The Army already uses simulated training, Cannon said. One example was on display at AUSA. Cannon had a copy of the 3D video trainer “Virtual Battle Space,” or VBS, on a computer there running a scenario that would be familiar to those who conducted operations in Iraq.

But Cannon had a set of 3D goggles attached to the game that allowed conference attendees to immerse themselves in the scenario in 360 degrees — something that is not done in the Army. Putting on the 3D goggles and a pair of noise-cancelling headphones, a “player” stood in as gunner on a Stryker combat vehicle and went along on the mission.

Unlike playing the game on a laptop or desktop computer — which is how Soldiers use the game now — with the 3D headset, the player was immersed in the game. A sensor in front of the player rotated field of vision in the headset as he rotated his head — as though he were actually in the game.

Cannon said the 3D goggles are not yet part of the Army’s VBS program, but he said the experience offers a glimpse of what the Army is hoping for with its synthetic training environment.

The VBS simulator is not the only training capability the Army uses now, Cannon said.

“In the games for training portfolio, we have 92 training support packages that allow a squad leader to actually train his Soldiers on a variety of tasks from home station and in a classroom,” he said. “They don’t have to go out to the range or field — they can do it in the dayroom using a military gaming computer.”

Cannon said there are applications to assemble, disassemble, or clear a weapons system, for instance. And doing it on a simulator is an inexpensive way to get in practice before doing it for real.

“They will get the repetitions they need,” he said. “And we make it fun for them. We make it so they compete against their buddies. So by the time they get to the range, they enter at a higher skill level than we would have if we had put them on a bus and took them to the range and started firing.”

There is great cost in taking Soldiers to the range or to the field to practice tasks for the first time that could have been honed in garrison, Cannon said.

“We do see cost savings here. By being in an immersive, synthetic environment, I’ll get more repetitions. So when I go to the live environment, I’m better. I’m more trained. I’m more capable of doing what the mission calls for. A completely synthetic environment reduces the amount of overhead. The contractors and the people you need to run these large, complex 20th-century technologies — we won’t need them anymore.”

The complexity of the current operating environment, and the expectation of an even more complex future operating environment, means Soldiers need repetition in training, and a lot of it. Time spent training in the field is better spent learning to adapt to changing situations and scenarios than to learning basics which could be taught back home.

“The last 12 years of conflict really showed us what we really need are those rich repetitions,” Cannon said. “And how you achieve that richness in repetitions — you can’t wait to a live environment anymore. We have to provide a synthetic environment that immerses that Soldier and that leader into the complexities that he or she will face.”

Strong B.A.N.D.S. returns to posts

By Jessica Ryan
IMCOM

SAN ANTONIO — The fifth annual Strong B.A.N.D.S. campaign will return to 65 participating Army garrisons worldwide in May.

Strong B.A.N.D.S. — which stands for Strong Balance, Activity, Nutrition, Determination and Strength — promotes garrison fitness and wellness programs available to Soldiers, Families, retirees and civilians. This year's theme is "Total Army Strong," which highlights how all members of the Army community are essential in building a resilient fighting force.

The campaign is held during National Physical Fitness and Sports Month. Participating garrisons will plan a minimum of five fitness and health-related events throughout the month. In previous years, events ranged from traditional sports and fitness programming and health fairs to Story Walks and bowling tournaments.

"We are always looking for ideas to enhance the programming involving physical fitness on our installation," said Neil Smith, sports director at Fort Gordon, Georgia. "We strive for our Soldiers and their Families to participate in fun, worthwhile activities that will progress into making key, important lifestyle changes."

A new addition in 2015 is Run to Honor, an event developed in partnership with the Survivor Outreach Services program. The event, which was first held at the 2014 Army Ten-Miler, gives people an opportunity to walk or run in dedication of fallen military members. The Exchange will provide free race bibs for participants to write the honoree's name on. Thirty-four garrisons will conduct various Run to Honor events including fun runs, 5Ks and 10Ks.

Strong B.A.N.D.S. also supports other Army initiatives such as the Ready and Resilient campaign and Army Medicine's Performance Triad.

"I encourage anyone who is participating in Strong B.A.N.D.S. to check out the Performance Triad because it complements what Strong B.A.N.D.S. is all about - a



U.S. Army photo

Strong B.A.N.D.S. supporters show their solidarity at a Joint Base Lewis-McChord, Wash., event. Supporters receive a black and gold band to wear on their wrist to display their achievement and raise awareness of the importance of health and fitness.

state of mind," said Lt. Col. Jason Silvermail, System for Health and Performance Triad Activity Lead for the Headquarters, Department of the Army, Office of the Surgeon General. "Adding the tenets of the Performance Triad can optimize sleep, activity and nutrition behaviors and choices."

Partnering with the Human Performance Resource Center and the Army Public Health Command, the campaign will have both print and online educational materi-

als and videos available to participants at no cost. Online materials will be accessible at the Strong B.A.N.D.S. official website.

In addition, participants will receive a gold and black wristband to symbolize their commitment to a healthier lifestyle.

Launched in 2011, Strong B.A.N.D.S. encourages all members of the military community to start and maintain a healthy lifestyle.

TSP: How \$100 can turn into \$100,000

By BETH PERRY
Federal Retirement
Thrift Investment Board

April is Financial Literacy Month, the perfect time to reevaluate your spending habits. Can saving \$100 today mean having \$100,000 in the future? It can if you use time to your advantage.

The Thrift Savings Plan, or TSP is a low-cost retirement plan for military and federal civilian employees. Thousands of military members younger than 35 already have \$100,000 or more in their TSP accounts. Start now, and even a little can mean a lot.

Time is your biggest ally when it comes to the growth of your savings. Let's say

your basic pay is \$2,000 per month, and you save 5 percent of your pay in your TSP account. That's about \$100 each month. If you leave the military after 10 years, you could have more than \$17,300. Even if you never add more money, that \$17,300 could grow to almost \$100,000 in 25 years.

If you contribute 10 percent of your pay the same way, you could have almost \$200,000.

Even if you cannot afford \$100 monthly, every dollar makes a difference. Plus, you can contribute incentive, special and bonus pay. To start or increase your contributions, sign into myPay and choose the "Traditional TSP and Roth TSP" option.

The Roth option means you pay taxes on the money you save before it goes into your TSP account. So you pay no income taxes

when you take it out, and your earnings can also be tax-free if certain conditions are met. Any combat zone pay you receive is always tax-free. If you contribute to the Roth option (and meet certain conditions), that money can grow tax-free as well.

Your TSP account is yours to keep whether you are with the uniformed services for two years or 20. Plus, if you take a federal job after the military, you can keep contributing to the TSP. Even if you do not take a federal job, you can manage your investments at low cost while your savings grow.

Remember, use myPay to change your TSP contributions — not the TSP website. If you would like to change the funds you invest in, log into "My Account" at <https://www.tsp.gov> and choose "Contribution Al-

locations" or "Interfund Transfers" on the left. To reset your password, call 877-968-3778 and choose option 3.

Ready to save? Here's how:

- Sign into myPay. Click "Traditional TSP and Roth TSP."
- Decide whether to make Roth or traditional contributions.
- Choose how much you would like to save (10 percent, for example).
- Click "Save" at the bottom of the screen.

Editor's note: Figures are based on the L 2050 Fund's projected long-term returns. Returns are not guaranteed and may be substantially less. Roth earnings are paid tax-free if you have reached age 59 1/2 or have a permanent disability and five years have passed since the year of your first Roth contribution.

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Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.

NCO selected as liaison of the month

By **CHRISTINA L. MYERS**
Columbia Recruiting Battalion

Sgt. 1st Class Tyrell Osborne, an Army guidance counselor for the Columbia Recruiting Battalion, was recently named the Fort Jackson Military Entrance Processing Station, or MEPS, Army Liaison of the Month.

"He is a rare breed of Soldier," said Master Sgt. Sean Carrigan, who is Osborne's direct supervisor.

Carrigan explained that he challenges everyone who works with him to be perfect.

"Sgt. 1st Class Osborne understood immediately that achieving perfection was not what I was really asking. The real challenge is to want to be perfect and he wants to be perfect," Carrigan said.

Osborne's military journey started with the Alabama National Guard. Given his family's military history, he knew he was destined to serve.

"I had always known I was going to do something with the military because I'm third generation," Osborne said. "My grandpa was in the Navy, my dad was in the Army during Vietnam, and I have all kinds of aunts and uncles who have served."

Osborne learned of the honor via email from the MEPS commander. He did not know he was in the running before being selected, but was humbled to know others recognized how serious he takes his job. "It's fulfilling to actually get recognition," Osborne said. "I remember what it's like to be a recruiter on the ground trying to find qualified young men and women for the Army. I try to provide a quality product to



Photo by L.A. SULLY, Columbia Recruiting Battalion

Sgt. 1st Class Tyrell Osborne, left, a guidance counselor with the Columbia Recruiting Battalion, was named the Military Entrance Processing Station Army Liaison of the Month.

the field in a timely manner."

Sgt. 1st Class Charles Warner, who works with Osborne daily, said he knows this is true.

"As an operations NCO, I turn to Osborne as someone I can go to when I need help from MEPS," he said. "He's a true team player and dedicated unlike anyone I've ever seen."

Osborne, who has served in the Army

for 18 years, is not shy about expressing his love for his job and said he is absolutely driven to help people.

"Every day I get to come into work and help people realize their dreams," Osborne said. "I also get to give back to the Army for giving me the quality of life it has enabled me to have."

Osborne's passion for the Army is evident by the words inscribed on his email

signature, the NCO Creed:

"I know my Soldiers and will always place their need above my own. I will communicate consistently with my Soldiers and never leave them uninformed."

When Osborne is not on the job, he enjoys spending time with his wife and four children, studying for his bachelor's degree in psychology and occasionally playing one of his favorite video games, Call of Duty.

Changes coming Sept. 1 to use-or-lose policy

By **GARY SHEFTICK**
Army News Service

WASHINGTON — The temporary authority allowing Soldiers to carry over 75 days of leave from one fiscal year into the next will expire Sept. 30.

Most Soldiers will only be allowed to carry 60 days of leave into the next fiscal year.

Soldiers will lose it, if they don't use it by Oct. 1, Army personnel officials said of leave in excess of 60 days, unless special leave accrual, or SLA applies.

SLA allows Soldiers who have served in a mission where they were eligible for hostile fire pay or imminent danger pay for a continuous period of at least 120 days to accrue leave. Under SLA, Soldiers can accumulate a maxi-

mum of 120 days of leave (60 days of ordinary leave, plus 60 days of SLA).

Soldiers who meet the SLA provisions can still carry forward up to 120 days leave if their leave and earnings statement, also known as LES, has 60 days of leave coded as SLA and the LES remarks block shows "Combat Zone Leave Carryover Balance" with its expiration date.

"Each Soldier has an individual responsibility to monitor and manage his or her leave," officials said in an all Army activities, or ALARACT, message, dated March 1.

The 75-day carry-over authority began with the 2008 National Defense Authorization Act, authorizing a two-year temporary authority. Since then, Congress has extended the authority twice, adding four consecutive years. The 2016 National Defense Authorization Act is not expected to extend the authority, officials said.

The Defense Finance and Accounting Service, or DFAS, is in the process of emailing a notice to all Soldiers projected to have more than 60 days accrued leave on Sept. 30, officials said. DFAS will continue to include monthly notices on Soldiers' LES that state: "Important: Manage your leave. On Oct. 1, 2015, you will lose all accrued leave over 60 days, unless SLA applies."

Currently, DFAS software has not been updated to use 60 days in the use/lose computation; therefore all LESs will understate the use/lose balance by 15 days. DFAS is making the necessary system changes to correct that error, officials said, and they estimate the fix will be completed by June.

The recent ALARACT echoes DOD guidance that commanders should continue to monitor the leave of their Service members, and encourage them to use any accrued leave days that exceed the 60-day carry-over limit.



Fort Jackson Leader

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Army to revise tattoo policy

By C. TODD LOPEZ
Army News Service

HUNTSVILLE, Ala. — The Army will update its policy on tattoos during the coming weeks, making it more accommodating to current social norms, the Army's chief of staff said.

During a press conference during the Association of the United States Army Global Force Symposium and Exposition here, Army Chief of Staff Gen. Ray Odierno said the service regularly reviews and makes updates to Army Regulation 670-1.

"As part of the regular process that we go through in reviewing regulations, covering the wear and appearance of the Army uniform, and the appearance of our Soldiers, we will be releasing in the coming weeks, an update to that policy, and the most notable change is going to be the change in the tattoo policy in the Army," Odierno said.

Soldiers will no longer be limited to a particular size or number of tattoos permitted on the arms or legs, Odierno said, provided those tattoos are not extremist, indecent, sexist or racist.

The policy will, however, continue to prohibit tattoos above the T-shirt neckline, on the head, face, wrists and hands. There will be an exception allowing one ring tattoo on each hand.

Odierno said that changes to the policy came after listening to feedback from Soldiers, and after discussion with senior enlisted leaders.

"We have listened to the Soldiers," Odierno said. "I've talked to our sergeants major and our non-commissioned officers and some of our officers and frankly, society is changing its view of tattoos, and I think we need to change along with it."

During an interview last week, Sgt. Maj. of the Army Daniel Dailey discussed the upcoming change to the Army tattoo policy. He said that the message from the Soldiers he talks to is clear: Soldiers have tattoos, tattoos are acceptable now, and the tattoo policy might affect a decision to re-enlist.

"You can't go anywhere without hearing about the Army's tattoo policy," Dailey said. "It came up when I was at the U.S. Army Sergeants Major Academy too. So it's not just Soldiers, but leaders as well."

The sergeant major said American culture has changed, and that tattoos are more accepted now than they have ever been before. The Army is a reflection of American society,



Photo by DAVID VERGUN, Army News Service

A Soldier displays his grandfathered tattoos under the current Army Regulation 670-1. The number and size of tattoos on the arms and legs will be less restrictive under an updated policy.

and American society, he said, accepts tattoos.

"I think this is a realization that we are in a different generation," he said. "Tattoos are more prevalent in young Americans than I think they have ever been throughout American history."

When it was implemented, the current Army tattoo policy did not force out Soldiers who had tattoos below the elbow or knee or above the neck line. However, the policy did require Soldiers to have those tattoos documented. It also limited additional tattoos in those places.

"These Soldiers understand that, they know they are grandfathered in," Dailey said. "But they have fears. We have documented every one of those tattoos, and they expect that could one day be used against them with regards to promotions or things like that."

Dailey said he has asked Soldiers about how the current tattoo policy might affect their decision to separate from military service. He said "overwhelmingly," Soldiers have

said the policy would play a role in their deciding to stay in or to leave.

Dailey said he did not want the tattoo policy to be the deciding factor for why a good Soldier might decide to leave the Army. He said he felt that the policy might in some way be at odds with the requirement to maintain an all-volunteer force.

"So then we struggle with — do the standards of discipline we've established override the needs of what we need to maintain the all-volunteer force, and the quality all-volunteer force, even more so as we draw down?" he asked. "When we move this standard too far to the right, can we actually maintain the all-volunteer force in the future?"

Dailey's discussions with Soldiers and his concerns regarding the effects of the existing tattoo policy on the Army's ability to maintain the all-volunteer force, were included in his own recommendations regarding the tattoo policy that he made to the Army chief of staff and the Army secretary.

Environmental News

CALENDAR OF EVENTS

■ **Hazardous Substance Management class:** 8:30 a.m., today, 2563 Essayons Way. For more information, call 751-4231 or email heathers.thomas8.civ@mail.mil.
 ■ **Environmental, energy and recycling meeting:** 2:30 p.m., April 16, Post Conference Room.
 ■ **Earth Day celebration:** 9 a.m. to 2 p.m., April 18, Semmes Lake. The event will include free activities, games and educational booths. Electronic waste, batteries and tires will be collected for recycling.
 ■ **Environmental Compliance Officers Course:** May 19-20, 3240 Sumter Street. For more information, call 751-5011 or

email pearline.jackson.civ@mail.mil.

DO YOU KNOW ...

According to the Environmental Protection Agency, American households generate about 1.6 million tons of hazardous waste from unused hazardous household products each year. Hazardous waste is any waste that has the potential to catch fire, react, explode under certain conditions, is corrosive or toxic. Common household hazardous waste items include drain cleaners, oven cleaners, oil based paint, paint thinners, adhesives, pesticides, dry-cell batteries and fluorescent light bulbs. For information about hazardous waste dispos-

al, call 751-4231.

POST-WIDE SPRING CLEANUP

Fort Jackson's post-wide spring cleanup is scheduled from Monday through May 21. Units and organizations are encouraged to use this time to clean up their areas of responsibility. Remember to take disposable items to the appropriate facilities.
 ■ **Mulch Site:** Golden Arrow Road, Monday through Friday, 7:30 to 11:30 a.m. and 12:45 to 3 p.m. The site accepts yard waste.
 ■ **Reuse Center:** 2558 Essayons Way, Monday through Friday, 10 a.m. to 2 p.m. The center accepts reusable office supplies, paints, paint-related materials, sealers, de-

greasers, cleaning materials, solvents, pesticides, reusable hazardous materials and empty containers with lids.

■ **Recycling Center:** 5671 Lee Road, Monday through Friday, 7 a.m. to 3 p.m., Saturday, 8:30 a.m. to 3:30 p.m. The center accepts plastics, glass, cardboard, metals, cans, cooking grease, pallets and paper.

■ **DLA-DSJ:** 1902 Ewell Road, by appointment only, 751-7698. The site is responsible for the disposal of all government items.

■ **Environmental Division:** 2563 Essayons Way, Monday through Friday, 10 a.m. to noon. The site accepts batteries and light bulbs.

Army launches 'not in my squad' initiative

By J.D. LEIPOLD
Army News Service

WASHINGTON — The Army's senior non-commissioned officer announced a new initiative to rid the ranks of sexual assault and harassment by giving responsibility for zero tolerance to first-line squad leaders.

"Not in my squad" is not a bumper sticker; it's an anthem, a call to duty," said Sgt. Maj. of the Army Daniel Dailey during a Pentagon courtyard observance, March 31, kicking off Sexual Assault Awareness and Prevention Month.

"Not in my squad" is a promise that each leader must make in order to care for those in his or her charge ..." Dailey said. "Not in my squad" is about junior leaders taking ownership of solutions."

The Army is working a plan to have division-level and corps sergeants major identify their best squad leaders and select a diverse group of 32 squad leaders from across the force who exemplify the Army profession, Dailey said. These squad leaders will discuss and develop recommendations on how junior NCOs can further build and sustain a climate of dignity, respect, trust and inclusion, he said.

Citing statistics outlined in the 2014 Department of Defense report to the president on sexual assault prevention and response, Dailey said the reporting of sexual assault in the Army had increased by 12 percent, a statistic he viewed as a vote of confidence.

"We are headed in the right direction to change the culture of reporting and ultimately preventing sexual assault and harassment," he said. "We must remain committed to making further advances along our five lines of effort — prevention, investigation, accountability, advocacy and assessment and we must continue to work on fostering a climate where individuals are not afraid of retaliation or the stigma of reporting a crime."

Army Chief of Staff Gen. Ray Odierno followed Dailey, telling the audience of Soldiers and civilians about a video he had seen during the Sexual Harassment/Assault Response and Prevention, or SHARP, summit of senior leaders he had hosted in February. The video was shot shortly after the Soldier and NCO of the Year had just



Photo by J.D. LEIPOLD, Army News Service

Sgt. Maj. of the Army Daniel Dailey introduces the 'not in my squad' initiative during the launch of Sexual Assault Awareness and Prevention Month at the Pentagon, March 31.

finished an obstacle course.

"They were tired and were given a pop question — how do you think the Army should deal with sexual assault and sexual harassment. Their answers got to the core of everything we believe in. They talked about the core of a squad, the importance of each other, relying on each other and the importance of eradicating this from our Army ... and that told me our Soldiers understand what's right," Odierno said. "This is really about the core of who we are and making sure everybody underneath us understands we will not tolerate these acts."

"Not in my squad, not in our Army: we are trusted professionals, so I know all of us will join together and con-

tinue to tirelessly and tenaciously focus on the well-being, safety and dignity of our Soldiers and equally dedicated civilian corps," Army Secretary John McHugh said.

"Sexual assault and sexual harassment shatters good order — it shatters discipline, but more than anything else it shatters the lives of our Soldiers and our larger Army family, and for all those reasons and so many more, we've got to do everything we can, day after day, hour after hour to stamp out sexual assault and reprisal," McHugh said. "We have to instill trust and confidence in our Soldiers and our civilians so they know they can come forward to leaders and when they do, they won't be victimized again."

Six more women qualify for Ranger School

Soldiers cool down after a two-mile run with their assigned weapons, before participating in an obstacle course, as part of the Ranger Training Assessment Course, or RTAC, on Fort Benning, Ga., Feb. 7. Six more women have qualified to attend the first Army Ranger course to include women, bringing to 12 the number of female Soldiers eligible for the elite school. The six women successfully finished the RTAC March 19, along with 25 of the 85 men who began that two-week course. The six women were among 34 female Soldiers who began that RTAC, March 6, on Fort Benning, which hosts both the RTAC and the Ranger course.

U.S. Army photo by SGT. SARA WAKAI



'Multiple moving parts', Post tests response to mass casualty crisis

BY WALLACE McBRIDE
Fort Jackson Leader

Two "masked gunman" walked into a Fort Jackson building Tuesday morning and opened fire.

The two men carried automatic weapons and walked casually through the two-story office building of the post's 81st Regional Support Command, shooting indiscriminately at Soldiers and staff. Within minutes, the floors were littered with "casualties." Some of them were dead, others seriously injured.

Although the gunpowder in the air that day was real, everything else was simulated. The day's "casualties" were Soldiers and Department of Defense civilians wearing injury prosthetics and make-up. The shooters were also Fort Jackson employees in costume, firing blanks into the air. It was part of a mass casualties exercise designed to test Fort Jackson's response to terrorist activity.

The actors for the event were mostly young Soldiers, who were issued prosthetic injuries at Darby Field before being transported by bus to the exercise location. Some of them were playing characters intended to be disabled by their injuries who needed to be carried out of the building by emergency medical teams several hours later.

The drill was for the benefit of everybody at Fort Jackson, said Dave Perkins, an antiterrorism specialist with the 81st Regional Support Command. Even though the Soldiers would spend most of the day prone on the floors of the building, he reminded them that they were making significant contributions to post security.

"We're practicing to make sure we can prevent casualties, operate as safely and efficiently as possible and save

lives," he told them.

The event was also designed to challenge mutual response agreements with off-post agencies, such as the Richland County Sheriff's Office and regional medical services, said Mark Mallach, Fort Jackson installation antiterrorism officer.

Several teams entered the building to test their response skills. Post law enforcement officers were followed by the Richland County Sheriff's Office emergency response team later in the day. Once the smoke cleared from the weapons-based drills, the casualties were carried outside to a make-shift medical triage. There, emergency medical technicians tested their own response to the crisis.

Although the active shooter scenario had wrapped by luncheon, it continued to provide learning opportunities for post security, Mallach said.

"How are we going to recover," Mallach asked, "whether it's damage to the buildings or personnel? How are we tracking patients? There are going to be five different hospitals involved with this."

The incident site would also be treated as a crime scene and involve the Army's Criminal Investigation Command and FBI.

"It has multiple moving parts," Mallach said. Among those parts was an "intelligence build-up" that took place Monday at other locations on post. Suspicious packages were left at designated locations to test how people responded. It was a way of including everyone on post in deterring terror attacks, he said.

"We're trying to raise the level of community awareness and community participation," Mallach said. "If you see something, say something. Report suspicious individuals, activities and packages."

Milton.W.McBride3.crr@mail.mil



Members of the Richland County Sheriff's Department's emergency response team storm the 81st Regional Support Command building Tuesday during a mass casualty training exercise.

A 'masked gunman' played by a Department of Defense civilian looks for further 'victims.'

Tuesday's training exercise on Fort Jackson involved members of post and regional law enforcement, fire departments, and emergency medical response units from five area hospitals.

Photos by WALLACE McBRIDE

Calendar

Monday

Out of debt seminar

11:30 a.m. to 12:45 p.m., Education Center, Room B206
For more information, call 751-5256.

Tuesday

SSI Holocaust remembrance observance

10 to 11 a.m., Soldier Support Institute auditorium
The guest speaker is Lilly Filler.

Saturday, April 18

Fitness dog walking

9:30 a.m., Corner of Lee and Hill streets
For more information, call 751-3700.

Monday, April 20

Investment basics seminar

11:30 a.m. to 12:45 p.m., Education Center, Room B206
For more information, call 751-5256.

Tuesday, April 21

Victory Spouses' Club luncheon

11 a.m. to 1 p.m., Officers' Club
This month's theme is "Garden Party." For more information, email vsreservations@gmail.com.

Thursday, April 23

Prepare your finances to purchase a home

11:30 a.m. to 12:45 p.m., Education Center, Room B206
For more information, call 751-5256.

Monday, April 27

Identity theft seminar

11:30 a.m. to 12:45 p.m., Education Center, Room B206
For more information, call 751-5256.

Monday, May 4 and Tuesday, May 5

Military clothing reclamation sale

8 a.m. to 3 p.m., 2570 Warehouse Road
The sale is open to military and military retirees. Cash only. For more information, call 751-7213.

Saturday, May 23

Scavenger hunt bike ride

8 a.m., Marion Street Station
Bikes and helmets are provided. For more information, call 751-3700.

Thursday, May 28

Carolina Maude Foundation golf tournament

1:30 p.m., Fort Jackson Golf Club
For more information, visit www.agregimentalweek.com.

Announcements

CIF CLOSURE

The Central Issue Facility will be closed for its semi-annual inventory June 15-19. Personnel who are scheduled to depart during that time period are requested to call CIF at 751-6524/2870/2739 to schedule an out-processing appointment as soon as possible. CIF will handle emergencies during that time. Emergencies do not include direct exchange, in-processing, routine transactions and out-processing. CIF will resume normal operations June 22.

WORKSHOP FOR HR PROFESSIONALS

A "Combat to Corporate" military workshop for human resource professionals is scheduled from 11:30 a.m. to 1 p.m., May 28 at the NCO Club. Registration is required. For more information, visit <https://www.milsuite.mil/book/>

TAX CENTER OPEN

The Fort Jackson Income Tax Assistance Center is open from 9 a.m. to 5 p.m., weekdays until Wednesday.

Services are available to active-duty Service members, eligible family members and eligible retirees. Assistance is provided by appointment only.

Taxpayers must:

- Arrive 10 minutes before their scheduled appointment time.
- Bring their W-2 forms, which can be downloaded from <https://mypay.dfas.mil>.
- Bring all Form 1098s or 1099s.
- Bring a valid military ID card.
- Bring a power of attorney if filing for another person or filing "married filing jointly" without the spouse present.
- Bring their Social Security cards.
- Taxpayers who wish to receive an expedited refund via direct deposit must bring a canceled check.

Tax preparation will be limited to basic tax returns and customers who own no more than one home.

The tax center is located at 4330 Magruder Ave.

For more information and to schedule and appointment, call 751-JTAX (5829)

message/568941. To register, email kymila.k.cheese.mil@mail.mil or peggy.m.henderson.mil@mail.mil.

BOOK DRIVE SCHEDULED

The Fort Jackson Housing Mayoral Council is hosting a book drive to promote summer reading. New or gently used books may be dropped off at the Thomas Lee Hall Library, the Fort Jackson Housing Office or C.C. Pinckney Elementary School until May 22. Book give-aways are scheduled from 1 to 5 p.m., June 5 and from 10:30 a.m. to 3:30 p.m., June 6 at the Solomon Center.

SPORTS SHORTS

- Soccer matches are played at 10 a.m., 11 a.m. and noon at Hilton Field Softball Complex.
 - 5K, 8 a.m., April 18, details to be determined.
- For more information, call the Sports Office at 751-3096.

THRIFT SHOP NEWS

- Consignors are eligible for the Thrift Shop's layaway and credit program.
- The Golden Carriage Program provides free ball gowns for spouses of active-duty service members in the rank of sergeant and below.

SCHOLARSHIP OPPORTUNITIES

- Applications for the Army Emergency Relief Spouse Scholarship program and the Maj. Gen. James Ursano Scholarship Program will be accepted through May 1. For more information, visit www.aerhq.org.
- Applications for ThanksUSA scholarships will be accepted through May 15. The scholarships are available to children and spouses of Service members. For more information, visit www.thanksusa.org/scholarship-program.

COMMISSARY NEWS

- Visit www.commissaries.com for the latest news, to see what is on sale, to create a shopping list and more. To access the latest sales flyer, click on "Sales and Events" in the "Shopping" tab. The "Savings Aisle" allows visitors to see every product on sale after selecting a specific store. Shoppers may also access advice and recipes under the "Healthy Living" tab.
- The Commissary rewards card allows shoppers to use digital coupons at any commissary. For more information, visit www.commissaries.com/rewards/index.cfm.

AAFES NEWS

■ AAFES is hiring 27 food workers for intermittent positions at the Arby's restaurant that is scheduled to open at the food court. Salary starts at \$8.61 per hour. For more information, visit www.applymyexchange.com.

■ Exchange shoppers have a chance to win one of six \$2,500 Exchange gift cards by participating in the Unilever sweepstakes through today. To enter, shoppers may fill out an entry from at the Exchange.

■ Authorized shoppers may participate in the Exchange's "Choose Your Cruise Giveaway" through April 30. For more information, visit www.shopmyexchange.com/BecauseOfYou.

■ The Exchange is rewarding military students who excel in the classroom with its "Make the Grade" program. Eligible students may receive free food coupons and discounts on select items. For more information, see the Exchange store manager.

Housing happenings

MAYORS NEEDED

The mayoral council is looking for volunteers to serve as mayors for the on-post housing communities. Being a part of the council allows residents to be a voice for the community. In addition to receiving credit for volunteer hours, mayors will get to meet new people and receive training. Child care is provided while performing mayoral duties. Positions are currently available in: Pierce Terrace 1, Pierce Terrace 2, Pierce Terrace 3, Pierce Terrace 4 and Howie Village. Interested residents should email Vickie Grier at usarmy.jackson.imcom-atlantic.mbx.fort-jackson-dpw-housing@mail.mil.

HOUSING SEMINARS

The Fort Jackson Housing Services Office is in the process of developing a schedule of housing seminars for 2015. The office is interested in your feedback concerning housing-related topics you would like to learn about. Classes will take place from 11:30 a.m. to 1 p.m. or from 6 to 8 pm. Topics may include, but are not limited to, home ownership, short sales, purchasing distressed properties, for sale by owner, home inspections, etc. Send your interests to usarmy.jackson.imcom-atlantic.mbx.fort-jackson-dpw-housing@mail.mil.

RENT CONCESSIONS

Pro-rated rent for legacy homes in Pierce Terrace 5 and Pierce Terrace 7 is available with an April move-in. For more information and other rent concession opportunities, call 738-8275.

REFER A FRIEND

Current on-post residents who refer a friend to live on post may be eligible to receive \$500 off next month's rent. For more information, call 738-8275.

ONE CALL NOW SYSTEM

Residents are encouraged to make sure the Balfour Beatty Communities management office has their most current phone number and email address on file for their One Call Now system. One Call Now is used to deliver emergency weather updates and report utility outages, scheduled maintenances and weekly event updates.

PET CARE

Pet owners are responsible for their pets and are required to remove their pets' solid waste in all areas daily. Non-compliance could result in loss of pet privileges or the loss of privilege to reside on post.

Information is subject to change. Visit the community calendar at <http://jackson.armylive.dodlive.mil/> for a full listing of calendar events.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE, Photos by OITHIP PICKERT, Public Affairs Office



**Staff Sgt.
Cleet Anderson**
Alpha Company
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Leilani McSwain

**SOLDIER
OF THE CYCLE**
Pfc. Kevin Doss

HIGH APFT
Pfc. David Haun

HIGH BRM
Spc. Myles Hardy



**Staff Sgt.
Harry Lichtenberger**
Bravo Company
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Bivian Morales

**SOLDIER
OF THE CYCLE**
Pvt. Daniel Hurst

HIGH APFT
Pvt. Jacob Bredl

HIGH BRM
Pvt. Ferman Cepeda



**Staff Sgt.
Jacklyn Sosa**
Charlie Company
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Spc. John Bruni

**SOLDIER
OF THE CYCLE**
Pfc. Eric Hughes

HIGH APFT
Spc. Jai Rhodes

HIGH BRM
Spc. Daniel Blackstone



**Staff Sgt.
Lisa Brown**
Delta Company
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Daniel Cooper

**SOLDIER
OF THE CYCLE**
Pvt. Brianna Reynolds

HIGH APFT
Pvt. Erin Griffith

HIGH BRM
Pvt. Riley Vandergalien



**Staff Sgt.
Jose Trujillo**
Echo Company
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pfc. Austin Shumbo

**SOLDIER
OF THE CYCLE**
Spc. John Journey

HIGH APFT
Pvt. Christopher Ulmer

HIGH BRM
Pfc. Steven Garza



**Staff Sgt.
Jonathan Morgan**
Charlie Company
Lightning
Battalion

**SOLDIER LEADER
OF THE CYCLE**
N/A

**SOLDIER
OF THE CYCLE**
Pvt. Austin Crist

HIGH APFT
Pfc. Adam Suazorodas

HIGH BRM
Pvt. Michael Denoux



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www.youtube.com/user/FortJacksonSC

STI prevention starts with you

By **MIRANDA ANDREWS**
and **NIKKI JORDAN**

U.S. Army Public Health Command

The U.S. Centers for Disease Control and Prevention estimates that more than 20 million new sexually transmitted infections, or STIs, occur annually in the U.S., contributing to roughly 110 million total infections and \$16 billion in medical costs each year.

Common STIs include human papillomavirus, or HPV, chlamydia, trichomoniasis, gonorrhea, herpes simplex virus, or HSV, syphilis, Hepatitis B and human immunodeficiency virus, or HIV. About half of new STIs occur in people 15-24 years old.

STIs are also common among the military active-duty population. More than a third of all Service members are younger than 25. Risk factors for infection and disease trends tend to mirror those observed nationally.

Depending on the STI, symptoms can include painful urination, itching, discharge, painful or swollen testicles, bleeding between menstrual cycles, painful intercourse,

abdominal or pelvic pain or rashes.

More often, an STI may not have noticeable symptoms. Chlamydia, for example, is known as the “silent infection,” and fails to show symptoms in about 80 percent of infected women and 50 percent of infected men. Likewise, syphilis is another STI that often goes unnoticed in early stages. It is on the rise in both civilian and military communities, especially among men who have sex with men.

Having an STI can make it easier to get another. Periodic STI testing is often the best way to identify infections.

Common high-risk behaviors include having unprotected sex, inconsistent condom use, multiple partners, one night stands, soliciting sex and being under the influence of alcohol or drugs.

Technology such as “hook-up” apps has also increased STI risks by linking anonymous partners for casual sex. Online profiles can be deceptive, setting you up for a dangerous situation which leaves lingering uncertainty about STIs. The anonymous encounters make it challenging to notify a partner of a positive STI test.

All STIs are preventable, many are curable and all can be treated to manage symptoms. Prevention starts by

communicating with intimate partners and taking charge of one’s sexual health. Effective ways to reduce your risk include:

- Using a condom correctly every time when engaging in oral, vaginal or anal sexual activity;
- Reducing the number of sexual partners and the number of high-risk partners, situations and sex acts;
- Being in a mutually monogamous relationship with an uninfected partner;
- Talking to a medical provider about getting tested (every three to six months);
- Getting the HPV and Hepatitis B vaccines.

If you are concerned about your STI risk, you can request testing through your primary care clinic. Military treatment facilities offer free, confidential testing, treatment and counseling for TRICARE beneficiaries. Local public health departments also offer low-cost testing and treatment.

For additional information regarding STIs or HPV and Hepatitis B vaccination, contact your primary care provider or preventive medicine department.

Remember, prevention starts with you.



Find us on
Facebook

Visit www.facebook.com/MoncriefACH to get the latest news regarding Moncrief Army Community Hospital, health tips, TRICARE updates and information from the Army Medical Command.

Prescription home delivery available

TRICARE beneficiaries can switch to home delivery for any medication taken regularly. There are several ways to switch:

- Call Express Scripts at 877-363-1303.
- Ask your provider to fax your prescription to Express Scripts at 800-895-1900.
- Ask your provider to e-Prescribe to “Express Script Mail Pharmacy.”
- Mail your prescription along with a completed mail order form to Express Scripts Inc., P.O. Box 52150, Phoenix, Az. 85072-9954.

The first shipment will usually arrive within two weeks.

Switching to home delivery can also save money — \$38 for every brand-name drug compared to using a network pharmacy. In addition, there is no copay for a 90-day supply of generic drugs. Express Scripts stocks all drugs on the TRICARE formulary.



Follow the Leader
www.twitter.com/fortjacksonpao



Recurring meetings

WEEKLY MEETINGS

- Alcoholics Anonymous open meeting**Mondays, Wednesdays and Fridays, 9 a.m., 9810 Lee Road, 751-6597.
- Columbia Composite Squadron (Civil Air Patrol)**.....Mondays, 6:30 p.m., Owens Field, main conference room, Tom.Alsup@gmail.com or www.scwg.cap.gov.
- Family story time**Fridays, 11-11:30 a.m., Post Library, 751-5589.
- Helping Everyone Reach Optimum Strength**.....Tuesdays, 5 to 6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members.
- Play group**.....Wednesdays, 10 to 11:30 a.m., Room 8, 5614 Hood St., for children 3 and younger, 751-9035/6325.
- Protestant Women of the Chapel**.....Mondays, 7 to 8:30 p.m., and Tuesdays, 9 to 11:30 a.m., Main Post Chapel, jackson@pwoc.org.
- Range control briefing**.....Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.
- Sergeant Audie Murphy Club Association study hall**.....Thursdays, noon, NCO Academy conference room, www.facebook.com/FJSAMCA.
- Toastmasters International**Wednesdays, 11:40 a.m. to 12:45 p.m., Main Post Chapel, 629-7696 or (910) 224-8307.
- Veterans of South Carolina**Tuesdays, 9 a.m., Flying J truck stop at 5901 Fairfield Road, VOsc@sc.rr.com.
- Walking away stress**.....Mondays and Fridays, 9 a.m., at the pecan orchard near the post office on Early Street, 751-6325.

MONTHLY MEETINGS

- 92nd Buffalo Chapter 20 DAV**Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters, 511 Violet St., West Columbia, 260-1067.
- Adjutant General's Corps Regimental Association, Carolina Chapter**Second Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club, 751-3014.
- American Legion Post 182**.....First Tuesday of the month, 6 p.m., Officers' Club, 351-2333.
- American Legion Post 195**.....Fourth Thursday of the month, 7 p.m., 534 Wildwood Lane, Lugoff.
- American Legion Louis D. Simmons Post 215**Fourth Sunday of the month, 5 p.m., 2432 Chappelle St., 765-0175.
- American Legion Riders Motorcycle Group (ALR Chapter 195)**Second Tuesday of the month, 7:30 p.m., American Legion Post 195, 534 Wildwood Lane, Lugoff, 699-2598 or alrpost195@gmail.com.
- American Legion Riders Motorcycle Group**Third Thursday of the month, 7 p.m., American Legion Post 6, 200 Pickets St., 360-3830.
- Better Opportunities for Single Soldiers**.....First and third Wednesday of the month, 11:45 a.m. to 12:45 p.m., Single Soldier Complex, Building 2447, 751-1148.
- Better Opportunities for Single Soldiers Adopt-A-School program**Second Wednesday of the month during the school year, 11:30 a.m. to 1 p.m., meeting at the Single Soldier Complex, Building 2447, for transportation to Forrest Heights Elementary School, 751-1148.
- Community Information Exchange**.....Second Thursday of the month, noon to 1 p.m., NCO Club, 751-5444.
- Combat Vets Motorcycle Association**Third Sunday of the month at noon, (774) 451-7504, email armyaguair@yahoo.com or visit www.combatvet.org.
- Disabled American Veterans Chapter and Auxiliary, Woodrow Wilson Chapter #4**.....Second Monday of the month (September through June), 6 p.m., 511 Violet St., West Columbia, 467-8355 or gblake12@sc.rr.com.
- Fleet Reserve Association Branch and Unit 202**.....Third Tuesday of the month, 12:30 p.m., 2620 Lee Road, 647-0040 or turner6516@gmail.com.
- Fort Jackson Bass Club**.....First Monday of the month, 7 p.m., Joe E. Mann Center, www.jacksonanglers.com.
- Fort Jackson Homeschoolers**Second and fourth Tuesday of the month. For time and location, call 419-0760 or email johnlazzi@yahoo.com.
- Gold Star Wives, Palmetto Chapter**Second Sunday of the month, 3 p.m., Moncrief Army Community Hospital, third floor conference room, 695-5345.
- Ladies Auxiliary Louis D. Simmons Post 215**.....Fourth Sunday of the month, 3 p.m., 2432 Chappelle St., 765-0175.
- Ladies Auxiliary VFW Post 641**.....Second Sunday of the month, 2 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Ladies Auxiliary VFW Post 4262**.....Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.
- MEDPROS training**.....Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. Email Erica.Aikens@amedd.army.mil.
- Military Chaplains Association, South Carolina Chapter**.....Second Tuesday of the month, noon, NCO Club, 751-7316 or email samuel.j.boone.civ@mail.mil
- National Federation of Federal Employees**Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622.
- National Active and Retired Federal Employees Chapter 87**Second Friday of the month, 11:30 a.m., Seawell's, 1125 Rosewood Dr., kathrynhensley@hotmail.com or gilltine1c803@aol.com.
- Our Circle — Counseling support group for spouses**.....First Saturday of the month, 10 a.m. to noon, Chaplain Family Life Center, 751-4949.
- Professional Mentorship Network**.....Fourth Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club, 751-8187.
- Purple Heart #402**.....Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickets St., 351-2333.
- Retired Enlisted Association**Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, 740-2319 or email jrodgers11@sc.rr.com.
- Seabees**Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.
- Sergeant Audie Murphy Club Association**First Tuesday of the month, noon, NCO Club, www.facebook.com/FJSAMCA.
- Sergeants Major Association**.....Last working Thursday of the month, 4:30 p.m., Magruder's Pub, 338-1904
- Society of American Military Engineers**.....Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.
- SWAMPFOX Warrant Officer Association**First Thursday of the month, 11:30 a.m. to 12:45 p.m., Officers' Club, fortjacksonwoa@yahoo.com
- The Rocks Inc., James Webster Smith Chapter**.....Third Tuesday of the month, 6 p.m., Post Conference Room.
- Veterans of Foreign Wars Gandy-Griffin Post 4262**.....Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.
- Veterans of Foreign Wars Post 641**.....Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Veterans of South Carolina**First Tuesday of the month, 7 p.m., Reflection Club House at 2 Cassia Ct., VOsc@sc.rr.com.
- Victory Riders Motorcycle Club**.....First and third Thursday of the month, 5 p.m., Magruder's Pub. Email sec@fvictoryriders.com.
- Vietnam Veterans of America Chapter 303**Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickets St., 312-4895.
- Weight Loss Surgery Support Group**Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.; Second Monday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

To submit a recurring meeting, email the name of the group, when and where the meeting takes place and contact information to fjleader@gmail.com.



Fort Jackson Leader

4 min. · Fort Jackson, SC

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Worship Schedule

PROTESTANT

- Sunday
- 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
- 9:30 a.m. Hispanic service, Magruder Chapel
- 9:30 a.m. Main Post Chapel
- 10:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel
- 10:45 a.m. Sunday school, Main Post Chapel
- 11 a.m. Memorial Chapel
- 11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study/Prayer Service

- Sunday
- 9:30 a.m. Chapel Next Bible study, Bayonet Chapel
- Monday
- 7 p.m. Women's Bible study (PWOC), Main Post Chapel
- 7 p.m. Men's Bible study (PMOC), Chaplain Family Life Center
- Tuesday
- 9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel
- Wednesday
- 6 p.m. Gospel prayer service, Daniel Circle Chapel
- 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Thursday
- 11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

Protestant Youth of the Chapel

- Saturday
- 11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)
- Sunday
- 5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

- Monday through Thursday

11:30 a.m. Mass, Main Post Chapel

- Sunday
- 7:30 a.m. Confession, Solomon Center
- 8 a.m. IET Mass, Solomon Center
- 9:30 a.m. CCD (September through May), Education Center
- 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
- 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
- 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
- 11 a.m. Mass, Main Post Chapel
- 12:30 p.m. Catholic youth ministry, Main Post Chapel
- Wednesday
- 7 p.m. Rosary, Main Post Chapel
- 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL/EPISCOPAL

- Sunday
- 8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
- 8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
- 12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
- 9:30 to 10:30 a.m. Worship service, Memorial Chapel
- 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday
- 11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
- 9:30 to 11 a.m. Anderson Street Chapel
- Wednesday
- 3 to 5 p.m. LDS family social, Anderson Street Chapel
- Wednesday
- 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Chaplain Family Life Center**
5460 Marion Ave. (to the side of the POV lot), 751-4961
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Blvd., 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- U.S. Army Chaplain Center and School**
10100 Lee Road
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318



Natural Bodybuilders Wanted



★★★★★
Get in the best shape of YOUR life NATURALLY!
★★★★★

Compete in the Family and MWR Natural Body Building & Figure Competition on June 27 at the Solomon Center.

Contact Pam Long at 751-3700 to get started today.

You are worth the effort!



Limited Time Offer!



Free Drink!

Now through Tuesday, Apr 14
Buy a Fried Chicken Salad and get a free 16oz drink at the Strike Zone Snack Bar inside Century Lanes Bowling Center.

May not be combined with any other offer or promotion.

Strike Zone Snack Bar
4464 Gregg St. Fort Jackson, SC 29207
(803) 751-4656



PALMETTO FALLS WATERPARK TICKETS ARE ON SALE NOW!

Save Money all summer when you purchase your Season Pass today!



Season Family passes begin at just \$95!

For a full list of rates, call Victory Travel at 751-5812.



Use this QR Code to order online.



FORT JACKSON'S BIG DAY OUT

Saturday, Apr 18 at Semmes Lake
8 a.m. - 2 p.m.

FEATURING:

- Beginning at 8 a.m.
 - » 5K Fun Run/Walk
- Beginning at 9 a.m.
 - » Earth Day Booths
 - » Recycling Collection Point (Batteries, E-Waste & Tires)
 - » Performance Triad Booths & Activities
 - » Month of Military Child Family Fun Fair: Rides, Face Painting, Games
 - » Fire Department Display
 - » Snow Cones
 - » Concession Trailer
 - » Sexual Assault Awareness Booths and Activities
 - » EFMP Booth and Autism Awareness
- Beginning at 11 a.m.
 - » **Recycle Regatta**

Registration is still open for teams to compete for unit funds.

For more information, call 751-8707.
In case of rain, event will be held Apr 19.

There's something for everyone!



AIR FORCE RESERVE PRESENTS TOUR FOR THE TROOPS



MAY 16 • 7PM
FORT JACKSON
HILTON FIELD

BILLY CURRINGTON

FREE CONCERT
OPEN TO THE PUBLIC
NO TICKET REQUIRED

WITH SPECIAL GUEST SAM GROW

AIR FORCE RESERVE

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