

THURSDAY, APRIL 26, 2012

THE FORT JACKSON LEADER

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POST GOES GREEN

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SEMMES LAKE FOR EARTH DAY

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COMMANDER'S CALL

Sharing priorities, vision and leadership

Post has the right resources, talent and potential

Victory teammates, families and friends -- I want to thank everyone for the warm reception I have received from all of you since I took command. It's a tremendous honor to be your 45th commanding general.

The change of command ceremony was absolutely first class. I appreciate every unit's participation and all those who attended from both on and off post.

In a very short amount of time, I have learned first hand why so many people told me I'd love Fort Jackson and the military-friendly Columbia community. No doubt, this is the most hospitable, service-oriented post and most military-friendly community I've ever seen.

Since I took command April 10, I've had the opportunity to welcome area World War II veterans home from their visit to the WWII Memorial in Washington, bid farewell to deploying Navy Sailors from Task Force Marshall, meet with community leaders, recognize selfless volunteers, receive the South Carolina State Smart Recycling Award, officiate the post retirement ceremony, participate in South Carolina Assembly Honors their Fallen for the Year, host community guests at the Night Infiltration Course, view several phases of Basic Combat Training, and attend Family Day and graduation ceremonies. Oh, and I also took my son fishing (don't ask how big the fish was or who caught the most — you had to be there). It's been a whirlwind tour already and I'm only two weeks into it. There's so much going on and so much to do. You just have to love this place! Visit my Facebook page to see photographs of these activities.

As I've been meeting with commanders and post and community leaders, and making my way around to all the various facets of the training center, garrison and our Partners in Excellence, I've shared my priorities, vision and leadership and command philosophy.

I want to ensure everyone associated with this great place knows where we're going and why. At the centerpiece of my priorities are people — the Soldiers, Army civilians, families, veterans and community members who make up Team Jackson. The strength of Fort Jackson is the people who make this installation and this community great and enable us to accomplish our mission.

My focus on people revolves around four priorities:

- Quality of Life — where we work, live, learn, play.
- Training/readiness — support the war; civilian, officer and enlisted training.
- Leader development — continuing to improve our leadership skills.
- Responsible stewardship — taking care of our precious resources and taxpayers' money.

I solicit everyone's help to ensure these priorities are at the forefront of everything we do. We cannot pay "lip service" to them — we have to do them. Your commitment will enable the Fort Jackson vision to be:

The preeminent training center in TRADOC.

The best duty station, post, community and unit in which its members have ever served.

An environment in which everyone can take initiative, learn, grow, make honest mistakes, have fun and accomplish the mission.

An Army Community of Excellence Winner (2014).

It's a great feeling to be surrounded by so many people who care. It's clear to me we have the right resources, talent and unlimited potential to achieve our vision. I look forward to getting out and meeting the rest of our great team here. Thanks for what you do every day for our Soldiers, families, the Army and the nation. In next week's *Leader*, I will share more of my leadership/command philosophy.

Victory Starts Here!

By BRIG. GEN. BRYAN T. ROBERTS

Fort Jackson Commanding General

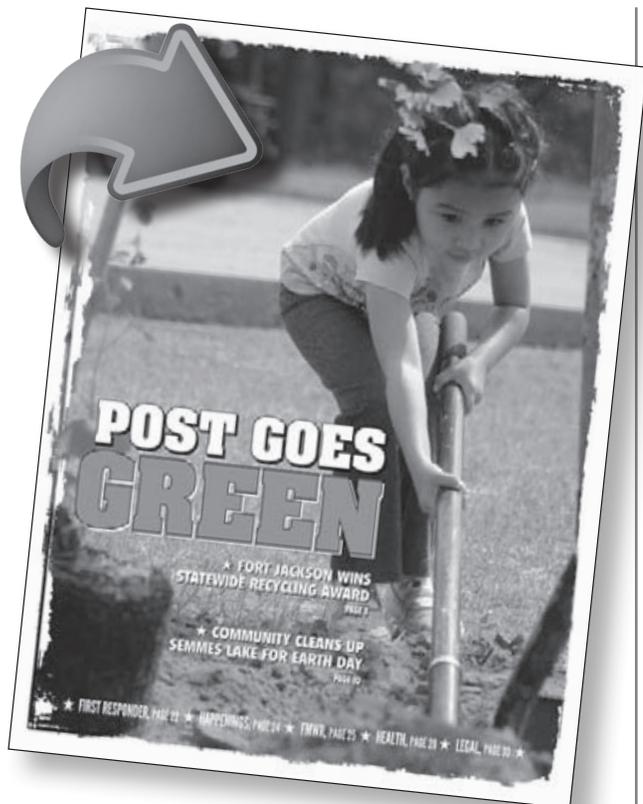


Photo by JAMES ARROWWOOD, command photographer

Since taking command of Fort Jackson April 10, Brig. Gen. Bryan T. Roberts, right, has had the opportunity to welcome area World War II veterans home from their visit to the WWII Memorial in Washington, bid farewell to deploying Navy Sailors from Task Force Marshall and meet with his first class of graduating Soldiers, pictured above.



Follow Brig. Gen. Bryan T. Roberts at www.facebook.com/FortJacksonCommandingGeneral



ON THE COVER

Photo by SUSANNE KAPPLER

Aviana Patron, 4, plants a ginkgo tree during Fort Jackson's Earth Day event at Semmes Lake last weekend. See Page 10.



Fort Jackson, South Carolina 29207

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Post receives top honor for recycling

By **ANDREW McINTYRE**
Fort Jackson Leader

Fort Jackson was one of four recipients recognized April 19, for its participation in the South Carolina Smart Business Recycling program sponsored by the South Carolina Department of Health and Environmental Control.

The installation earned approximately \$2 million in 2011 from its recycling program. This program is a partnership between the DHEC and its various centers to provide non-regulatory assistance to businesses and organizations looking to start or expand waste reduction and recycling programs in South Carolina.

Brig. Gen. Bryan Roberts, Fort Jackson commanding general, accepted the award on behalf of the installation and the post's Environmental Division.

"I stand proud to accept this award as the 45th commander of Fort Jackson on behalf of the previous Fort Jackson commanders, the Recycling Program personnel and the community," Roberts said. "It's great to have people who care and are committed to what we are doing to make our base a green base."

In the previous fiscal year, Fort Jackson saved approximately \$180,000 in avoided disposal costs. The installation also recycled or reused about 95 percent of the construction and demolition debris generated from two major projects on post.

"This makes us feel really good to receive this award. It makes everyone aware of what Fort Jackson is doing," said Ernest Dicks, Quality Recycling Program manager.

Last year, Fort Jackson recycled 6,277 tons of materials and 10,287 tons



Photo by JAMES ARROWOOD, command photographer

Catherine Templeton, director of the South Carolina Department of Health and Environmental Control, presents Brig. Gen. Bryan Roberts, Fort Jackson's commanding general, with the Smart Business Recycling Program Award April 19 at the Post Conference Room. The award recognizes Fort Jackson's efforts in environmental stewardship.

of landfill waste under the recycling initiative in place.

"I see about 85 percent of Fort Jackson and the community recycling regularly," Dicks said.

During the award ceremony, Catherine Templeton, DHEC director, said the agency works hard to promote responsible environmental stewardship and greatly values recycling efforts made by citizens.

"Each year, we see more outstanding examples of those who strive to 'reduce, reuse and recycle,'" Templeton said. "One of these examples is Fort Jackson, and we are delighted to present this historic institution of military excellence a 2012 DHEC Smart Business Recycling Award."

Stephanie Gillian, Solid Waste Program manager at Fort Jackson, explained that the goal is to achieve zero

waste in and around the Fort Jackson community. Revenue received from recycling efforts on post are redistributed back in to organizations and units on post in an effort to help maintain recycling programs.

Gillian said that it is required for all post organizations to recycle and that she encourages everyone to participate in the effort to keep the post green.

Andrew.R.McIntyre.civ@mail.mil

Moncrief Medical Home to celebrate anniversary with open house

By **NICHOLE RILEY**
Moncrief Army Community Hospital

Moncrief Medical Home, Moncrief Army Community Hospital's community based primary care clinic, is hosting its one year anniversary open house celebration from 3 to 5 p.m., Friday. Anyone interested in learning more about the clinic and the services it provides is welcome to attend. There will be refreshments and tours of the clinic.

In addition to primary care, Moncrief Medical Home provides the following services:

❑ **Immunization Services:** Immunization services are preventive services determined by the patient's

care team based on age, gender or risk factors.

❑ **Pharmacy Services:** Pharmacy services include medication dispensing for new prescriptions and refills (enrolled beneficiaries only), patient education, individual and group consultations, medication reconciliation and prescription monitoring.

❑ **Laboratory Services:** This is a moderate complexity lab. Laboratory services include phlebotomy, specimen processing and results reporting.

❑ **Radiology Services:** Because patients must be sent off-site for radiology services, the clinic ensures that delivery of radiology services is seamless. This means that patient instructions are clear, that the receiving radiology center is informed of the patient's requirements, that the patient knows what to do after

the study is complete, and that results are immediately available to the ordering clinician.

❑ **Behavioral Health Services:** Scope of care includes assessment, diagnosis and brief counseling for common primary care diagnoses (anxiety, depression, adjustment disorders, stress reactions, etc.) and behavioral modification related to chronic disease and prevention.

The 10,000-square-foot clinic is located at 1021 Pinnacle Pointe Drive and is open to all beneficiaries in the Columbia and surrounding areas. Community Based Primary Care Clinics improve access to primary care by reducing reliance on the emergency room for routine health care needs.

For more information, call 562-2136.



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facebook

'Volunteers choose to make a difference'

Fort Jackson honors volunteers, inducts five into post Hall of Fame

By WALLACE MCBRIDE
Fort Jackson Leader

The Army could not function without the time and labor contributed each year by volunteers, Fort Jackson's commanding general said last week.

"Volunteers choose to make a difference, and they do," Brig. Gen. Bryan Roberts said April 20 at a volunteer recognition reception at the Solomon Center. "Throughout history, Army volunteers have accomplished amazing and powerful things. I don't know how we do anything without volunteers, and it's a good thing we never have to figure it out."

Fort Jackson's volunteers of the year were recognized during the reception across a variety of categories, with five men and women also inducted into the post's Volunteer Hall of Fame.

"Hundreds of people give their time, talent and energy every day to help strengthen the Army community," Roberts said. "(They) volunteer in Army family programs, chapels, schools, Family Readiness Groups, youth sports and in surrounding Columbia community organizations."

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FORT JACKSON'S VOLUNTEERS OF THE YEAR:

☐ **Retiree Category:** Herman Washington volunteers 40 hours each month as president of the men's choir at Daniel Circle Chapel. He also plays bass for DCC Music Ministry and participates in five choirs at the chapel.

Why he was nominated: "His volunteer services provide comfort and enhance the gospel music on Fort Jackson. He is at the chapel four days a week practicing with each choir. As president of the men's choir, he coordinates engagements as the choir travels to different churches in the community. His unselfish spirit is a tremendous asset at Daniel Circle Chapel."

☐ **Youth Category:** Cody Gorski has participated in the VolunTeen Program since March 2011 and has contributed more than 90 hours during the year.

Why he was nominated: "(Gorski has done) things such as teaching hygiene (hand washing) to children at the CDC through Red Cross Scrubby the Bear program. He took the lead for the skit, being the narrator. He partici-



Courtesy photo

Fort Jackson commander Brig. Gen. Bryan Roberts inducted five men and women into the post's Volunteer Hall of Fame last week. From left are William 'Bill' Bartlett, Eric Horner, Roberts, Joyce Kunesh, Ruben Vargas and Claire Paige Zeigler.

pated in the Red Cross booth at Armed Forces Day on Hilton Field, providing games and prizes to children attending the event. He volunteered during the summer in Same Day Surgery at MACH and was trusted enough to be the only teen able to observe surgery. He has given exemplary service to Fort Jackson while also maintaining his high school and extracurricular activities."

☐ **Active Duty Military Category:** Staff Sgt. Nicole Steinbring volunteers with Shriners Hospital for Children, as well as with local Breast Cancer Awareness competitive runs. During the holiday season, she helped cook and deliver meals to local emergency service sites.

Why she was nominated: "Nicole Steinbring is assigned to Echo Company, 2nd Battalion, 39th Infantry Regiment where she epitomizes the very spirit of volunteerism and represents the very best of our Army values through her selfless service ... Her steadfast commitment to our core values, depth of character and uncompromising dedication to others serve as a shining example for all members of our profession, both in and out of uniform."

☐ **Family Member/Civilian Category:** Sandy Ryan volunteers 100 hours a month as the 171st Infantry Brigade senior adviser, and ACS Army Family Team Building volunteer program manager.

Why she was nominated: "If there was ever someone deserving of Fort Jackson's Volunteer of the Year award, it is Sandy Ryan. For the past year, San-

dy has volunteered as senior adviser for the 171st Brigade and has become the 'face' of the Brigade's family readiness program. She acts as principle adviser to the commander and Family Readiness Group leaders on matters related to military families. Her primary duty is to support the commander's readiness goals for about 500 families assigned to the unit, confident that if the families are taken care of, their Soldiers are better able to focus on the Army mission."

VOLUNTEER HALL OF FAME

☐ **William "Bill" Bartlett** has volunteered as an emergency communications caseworker for four years, providing messages for Soldiers and family members to keep them properly informed in times of an emergency. He serves as the Red Cross liaison at the S.C. State Emergency Management Operations Center.

Why he was nominated: "He has been a wealth of information, knows the resources to locate service members when families back home cannot ... and ensures command and outservice members receive emergency messages regarding the death or illness of a loved one."

☐ **Eric Horner** volunteers as a musician on Fort Jackson and has participated in more than 200 concerts this year.

Why he was nominated: "His leadership and vocal skills ensured increased morale at hundreds of Family Days, graduations, worship services, prayer breakfasts, concerts, unit and community events. He possesses a unique bal-

ance of patriotism and spiritual balance that has allowed him to enrich hundreds of events and connect with individuals and groups before, during and after performances."

☐ **Joyce Kunesh** volunteers as a tagging clerk and merchandiser at the Thrift Shop.

Why she was nominated: "As a volunteer, Joyce arrives ready for work and diligently sets out to accomplish her tasks for the day. She meets customers, consigners and everyone else that comes into the Thrift Shop with a smile and makes sure everyone feels welcome."

☐ **Ruben Vargas** volunteers 35 hours a week as the Hispanic Protestant Worship minister for Fort Jackson.

Why he was nominated: "His leadership, organizational and worship skills ensure that thousands of Hispanic Soldiers receive spiritual fitness and cultural connection. At the end of training cycle programs, he ensures that hundreds of visiting families are welcomed and understand the significance of the Army as an extended family."

☐ **Claire Paige Zeigler** volunteers 15 hours each month as an outpatient pharmacy volunteer at MACH.

Why she was nominated: "Zeigler has been a volunteer with Moncrief Army Community Hospital through the American Red Cross, providing this service since 2003. She is a steadfast, dedicated volunteer. She is pleasant and willing to do whatever is needed to help patients."

Housing Happenings

COMMUNITY UPDATES

❑ Balfour Beatty Communities Foundation awards scholarships to high school seniors and undergraduate students interested in attending accredited educational and technical institutions. Candidates must be an adolescent dependent of an active-duty Service Member and reside in a Balfour Beatty Community at the time of application. Candidates must also complete an application and meet other eligibility requirements. For more information, visit www.BBCommunitiesFoundation.org. Submissions must be received no later than May 15, 1012.

❑ The sprinkler systems within housing are set on timers and monitored by the landscaping company. Do not alter the times on your sprinklers. If you have questions or concerns, such as broken sprinkler heads, contact the work order desk at 787-6416.

❑ The Residential Communities Office and the Housing Services Office is moving to a new location this week. The new office will be at 4514 Stuart Ave., at the intersection of Strom Thurmond Boulevard and Marion Avenue. Staff availability will be slightly limited during the transition, but both offices will still assist customers. Landline phones and computer systems will be temporarily unavailable during portions of the move. If you need assistance and cannot reach one of the office numbers, call Emma Watson at 338-4809 or Vickie Grier at 413-8199.

❑ Trampolines are prohibited in the housing area. For more information, view the Balfour Beatty Communities resident guide at www.ftjacksonfamilyhousing.com or contact the management office at 738-8275.

❑ Yard of the Month judging is scheduled for April 27. Yard of the Month winners will be recognized in *The Fort Jackson Leader*, Balfour Beatty Communities website and newsletter. The grand prize winner will also receive a \$50 gift card contest of BBC. Visit the Self Help Center on Ivy Road and browse the lawn and garden tools that can help you cultivate a beautiful yard and flower garden. The center is open Monday through Friday from 8 a.m. to 4 p.m.

❑ LifeWorks events are reserved for on-post housing residents unless otherwise indicated. For questions, comments or suggestions, email ayoungblood@bbcgrp.com.

❑ Refer someone to move on post to receive \$200.

❑ Residents are asked to refrain from parking on grassy areas to avoid damage to the grass and sprinkler heads. Violators will be responsible for repair fees.

SUBMISSION GUIDELINES

❑ Send all submissions to FJLeader@gmail.com or to usarmy.jackson.93-sig-bde.mbx.fj-leader@mail.mil.

❑ Announcement and photo submissions are due one week before publication.

❑ For information about classified advertising, contact Camden Media Co. at 432-6157.

Classified ads may also be sent by fax to 432-7609 or by email to skaress@ci-camden.com.

❑ For information about display advertising, contact Kathy at 786-5681.

❑ The *Leader* welcomes letters to the editor. All letters should include the name and hometown of the writer. Letters should also include a phone number for verification purposes.

The *Leader* reserves the right to edit letters for

Appointment Scheduler

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Strom Thurmond building - Ft. Jackson at Ft. Jackson-ID CARDS

Building 5400
3400 Strom Thurmond Blvd.
Room 109 ID Card Section
Ft. Jackson, SC 29207

Commercial: (803) 731-7731
Fax: (803) 731-8224

Hours of Operation:
0800-1600 M-F

WELCOME TO THE FT JACKSON ID CARD SECTION
Thank you for choosing FT Jackson ID Card section for your DEERS/ID Card needs. If in the event you have any questions or concerns please feel free to contact the office at (803) 731-7731 for family members requests. Please call (803)-751-7573 for CAC.

HOURS OF OPERATION
M-F 08:00-16:00 Commercial: 803-731-7731 Fax: (803) 731-8224 DSN: 734-7731.

APPOINTMENT INSTRUCTIONS
Due to the high volume of customers that is serviced, please arrive on time for your scheduled appointment. Customers arriving more than 5 minutes late for a scheduled appointment will have to reschedule.

IDENTIFICATION INSTRUCTIONS
All customers age 21 and older must have (2) forms of ID. One must be a valid state or federal government-issued picture ID. A list of approved documents are found on website: <http://www.jackson.army.mil/Directory/4489502.htm>.

WALK-IN CUSTOMERS
Walk-in customers are welcome; however, the wait times can vary depending on scheduled appointments and the number of walk-in customers. To avoid a long wait, scheduled appointments are highly encouraged.

Available Appointment Days

| April 2012 | | | | | | |
|------------|-----|-----|-----|-----|-----|-----|
| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |

Starting Tuesday, the ID card office will transition to become an appointment-based service. Walk-in hours will be 8 to 9:30 a.m. and 1:30 to 3 p.m., Monday through Friday. The office will operate on appointment basis only from 9:45 a.m. to 1:15 p.m. and from 3:15 to 4:15 p.m., Monday through Friday.

ID card office switches to appointment system

Office beginning to phase out 'walk-in' interviews

By **STAFF SGT. TOSHIKO FRALEY**
Special to the Leader

The Fort Jackson ID card office is changing its process to issue Common Access Cards and dependent and retiree military identification cards.

Starting Tuesday, the ID card office will transition to become an appointment-based service. Walk-in hours will be 8 to 9:30 a.m. and 1:30 to 3 p.m., Monday through Friday. The office will operate on appointment basis only from 9:45 a.m. to 1:15 p.m. and from 3:15 to 4:15 p.m., Monday through Friday.

"This process will greatly improve our customer service," said Mary Behney, project manager with the Directorate of Human Resources. "All customers can go onto the (office's) website and schedule an appointment. Therefore, they will be able to come in and get their ID card issued to them with minimal wait."

Behney said customers who use walk-in hours may experience wait times ranging from a few minutes to a

few hours.

Effective June 1, the ID card office will operate on an appointment-only basis from 9:45 a.m. to 4:15 p.m., Monday through Friday. Walk-in hours will be limited to 8 to 9:30 a.m., Monday through Friday.

There are several things customers should keep in mind when making appointments, said Janice Spain, personnel service/processing work center supervisor.

"If you have a three-member family and all three need an ID card, (the family members) will need three separate appointments. Don't put them all on one appointment," Spain said. "Also, being on time and canceling appointments instead of no-showing will help our process — that way we can put someone else in that slot."

For customers needing to update information or enroll in DEERS; reset personal identification numbers; or complete DD Form 1172-2, an appointment is not necessary. These services will be provided on a walk-in basis during normal business hours.

To schedule an appointment to get an ID card, visit <https://rapids-appointments.dmdc.osd.mil>.

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Post commemorates holocaust victims

By WALLACE McBRIDE
Fort Jackson Leader

Time doesn't heal all wounds, especially those resulting from the slaughter of millions that took place during the Holocaust almost seven decades ago.

But the holocaust isn't merely a lesson in pain and suffering. It was also a time of great heroism, and Fort Jackson decided to honor the stories of its survivors and saviors in its Days of Remembrance ceremonies last week.

"Every genocide also has its rescuers," said Carol Apt, sociology professor at South Carolina State University, who was the guest speaker for a Days of Remembrance event Sunday at The Joe E. Mann Center. "Some survive because they were rescued, and we observe the Days of Remembrance in order to remember and honor those who risked their lives to stand up against injustice. Some did so out of opposition to Nazi ideology, others did so out of pure human compassion."

Not all of the rescues that took place during the Holocaust were of people. Rabbi Jonathan Case, guest speaker for the Days of Remembrance ceremony at the Soldier Support Institute, described a discovery he made within a Torah scroll during his days at a synagogue in Massachusetts. Case said the Nazis took great pains to preserve Jewish artifacts for a museum that would darkly commemorate the mass murders that took place, and this campaign is one of the reasons that many Jewish artifacts survived the war. He was able to get one of these scrolls from a Czechoslovakian collection to display for his congregation, and to use in ritual services.

"I discovered marks on it, bloodstains," Case said. "I began to wonder what had



Photo by SUSANNE KAPPLER

Carol Apt, a sociology professor at South Carolina State University and descendent of holocaust survivors, addresses the crowd at the installation's Days of Remembrance event Sunday at the Joe E. Mann Center. The ceremony, which also featured educational displays, was preceded by a Jewish service at Memorial Chapel.

happened to the individual that had been holding this Torah scroll to his chest, trying to protect it from the infidels who wanted to destroy him, and every last vestige of everything that belonged to the Jewish community."

He said it was "a rescue, not of a human being, but of an artifact."

Apt said the French village of Le Chambon-sur-Lignon hid 5,000 Jews and smuggled many of them across the border into Switzerland.

"When one former resident of that village was (later) being lauded as a hero, he simply said 'We did what had to be done,'" she said. "Anyone can be a rescuer. You don't have to be rich, you don't have to be

powerful, you don't have to be well connected. All you have to do is care."

The words, "holocaust," and "genocide," were created to describe what happened under Nazi rule.

"There was no word to match the horrors of what occurred just a little but more than half a century ago," Case said. "The word did not exist in the English vocabulary. There was not a word to encapsulate death camps, vivisections on human beings, people treated like cattle and branded, operated on while they were still alive and cognizant and able to see the effects of various experiments on their bodies would yield."

"The term, 'genocide' did not exist before 1944," said Apt, whose father was a refugee from Nazi Germany. "It was coined by a Polish Jewish lawyer, Raphael Lemkin, who was trying to describe the Nazi policies of murder in one word."

Another goal of Days of Remembrance is to try and make sense of the people who perpetrated the Holocaust, a goal that is sometimes misunderstood. Ultimately, it might even be an impossible task, Apt said.

"Let me say that to 'understand' is not to 'excuse,'" she said. "We're trying to understand why it is that seemingly ordinary, otherwise rational and sane Germans would choose to participate in such horrific atrocities against their fellow human beings."

Both speakers shared stories of survivors during the events, discussing at length not just the physical dangers, but the emotional and philosophical risks, as well. Case spoke about a man who struggled with the decision to save his own son from certain death, a decision that would have condemned another to take his place. Even today, 67 years later, the man's dilemma has no clear solution, he said.

"The obsession must remain an obsession for us all, because when we cease to tell the stories, the dead have lost their reason for having died," Case said.

"As you heard the stories ... you can understand why we would want to remember this," said Col. John Cooper, deputy commanding officer of SSI. "Not necessarily because we want to celebrate it, but we want to remember those acts that tyrants have done in the past, and things we don't want to forget in our history."

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Photo by WALLACE McBRIDE

Col. John Cooper, deputy commanding officer of the Soldier Support Institute, thanks Jonathan Case for being the guest speaker at the SSI's Days of Remembrance ceremony April 19.



Photo by SUSANNE KAPPLER

Identification cards of holocaust victims are on display during Sunday's event at the Joe E. Mann Center

Earth Day volunteers keep Semmes Lake clean

By **SUSANNE KAPPLER**
Fort Jackson Leader

Fort Jackson community members came together Saturday to do their part in keeping the post beautiful. In celebration of Earth Day, volunteers gathered near Semmes Lake to clean up the shoreline and plant trees at Semmes Park.

The event was organized by the Directorate of Public Works Environmental Division and Family and Morale, Welfare and Recreation's Outdoor Recreation program.

"It makes sense for us to team up for this type of event," said Mark Smyers, Outdoor Recreation director. "Keeping the environment clean, keeping it useful for other people to come out to enjoy — for the next person to come out — it matters to us; it matters to Outdoor Rec."

Organizers provided grabbers and gloves to the volunteers to pick up trash and recyclables, and canoes were available to those who preferred to venture onto the lake to fish for trash in the water.

Among the volunteers was a group of students from the Naval Chaplaincy School and Center.

"We thought we'd participate in the life of Fort Jackson a little bit," said Navy Capt. William Fauntleroy, the school's commanding officer. "At the chaplain school that's part of our mission — taking care of creation. It's important for us to be out here and do that kind of thing."

Leah Allen, a family member, took the opportunity to give her two sons, 1 and 3, an early start on environmental responsibility.

"I thought it would be good for the kids to see (how to) keep the earth clean," Allen said.

She said she has participated in Earth Day activities since she was a teenager and that taking care of the planet is important to her.

"It's our home. We have to keep it nice so that it'll be here when my kids have kids," she said.

The event's guest speaker was Stephanie Kolok, forest education coordinator with the South Carolina Forestry Commission.

"Earth Day is important, because all we have to depend on is this planet we call home. So we have to keep it pretty and take care of it," Kolok said.

Susanne.Kappler1@us.army.mil



Photos by *SUSANNE KAPPLER*

Seaman Mason Traylor, a student with the Naval Chaplaincy School and Center, participates in Saturday's Earth Day activities at Semmes Lake.



Above, students with the Naval Chaplaincy School and Center use canoes to clean trash from Semmes Lake. The lake was opened to boating just last week. Left, Leah Allen and her son Liam, 3, hunt for trash and recyclables in Semmes Park. Children who participated in the Earth Day event got to experience a special reading of Dr. Seuss' book, "The Lomax." The day's activities were capped off with a free picnic for the volunteers.

Report threats as soon as possible

By **STAFF SGT. TOSHIKO FRALEY**
Special to the Leader

Reporting suspicious activity in a timely matter saves lives, and it is everybody's responsibility.

During the first six months of 2011, Army community members submitted more than 100 reports of suspicious activity, representing 84 percent of the total reporting within the Department of Defense.

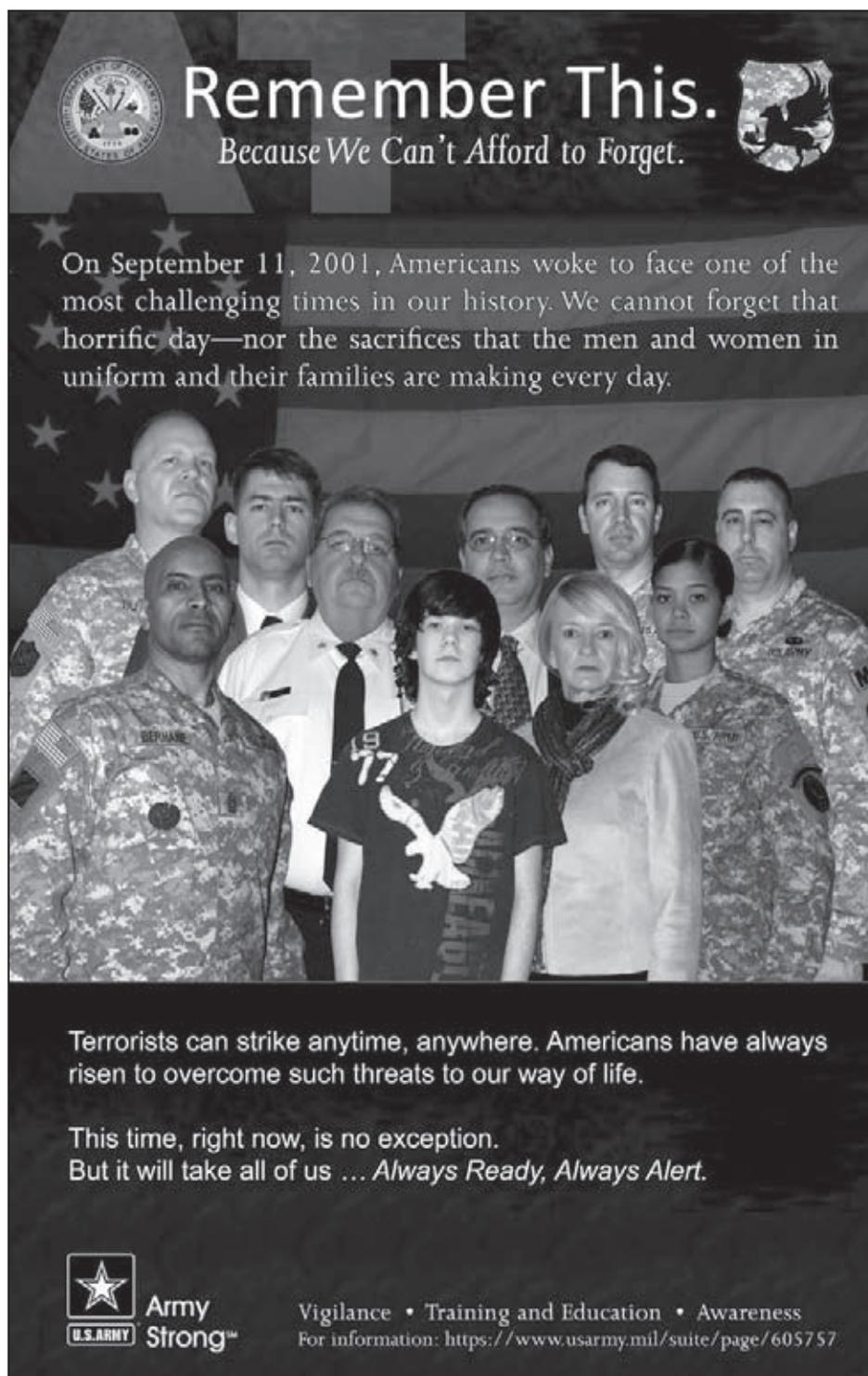
Mark Mallach, installation antiterrorism officer, said his first responsibility is to keep the community's situational awareness level up.

"We love to see things on the Internet, but when we observe things going on in the community the majority of the people hesitate to react," Mallach said. "If they do react, it could be a few hours or days too late before law enforcement is notified. If you see something, say something."

The iWatch Antiterrorism Awareness program, in which many military communities participate, is one way to get that point across, Mallach said. "See something, say something" is the campaign's motto. The purpose of the program is to focus on and encourage Armywide community awareness and outreach efforts to address important topics related to protecting military communities.

Examples of suspicious activity are:

- People drawing or measuring important buildings.
- Strangers asking questions about security or building security procedures.
- Briefcases, suitcases, backpacks, or packages left behind.
- Cars or trucks left in no parking zones in front of important buildings.
- Intruders in secure areas where they are not supposed to be.
- A person wearing clothes that are too big and too hot for the weather.
- Chemical smells or fumes that worry you.
- People asking questions about sensitive information, such as building blueprints, security plans or VIP travel schedules without a right or need to know.
- Purchasing supplies or equipment that



Remember This.
Because We Can't Afford to Forget.

On September 11, 2001, Americans woke to face one of the most challenging times in our history. We cannot forget that horrific day—nor the sacrifices that the men and women in uniform and their families are making every day.

Terrorists can strike anytime, anywhere. Americans have always risen to overcome such threats to our way of life.

This time, right now, is no exception.
But it will take all of us ... *Always Ready, Always Alert.*

 **Army Strong™**

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For information: <https://www.usarmy.mil/suite/page/605757>

can be used to make bombs or weapons or purchasing uniforms without having the proper credentials.

"The thing with seeing a suspicious activity — most of the time it's harmless. But when you see someone jumping over a fence and then walking into the installa-

tion and you wait to tell somebody — by then, it's old news," Mallach said.

Mallach said he encourages community members who see something suspicious to call military police immediately and provide a detailed, accurate description of what they saw.

News and Notes

MACH EMPLOYEE HONORED



MITCHELL

Teresa Mitchell, a case management assistant with the Department of Nursing at Moncrief Army Community Hospital, has been selected as one of the Southern Regional Medical Command's civilian em-

ployees of the year. She will move on to compete at the Medical Command level.

ARMY BALL PLANNED

The 237th Army Birthday Ball is scheduled for 6 p.m., June 16 at the Columbia Metropolitan Convention Center. For more information, call 751-3929.

RETIREE APPRECIATION DAYS SET

Fort Jackson's Retiree Appreciation Days are scheduled for May 17-19. This year's events will include a retreat ceremony and salute to retirees; a golf tournament; the Retiree Health and Benefits Expo; and a no-tap bowling tournament.

PROFESSORS SOUGHT

Active duty and active Guard and Reserve lieutenant colonels and majors have the chance to compete this summer for positions as professors of military science with the U.S. Army Cadet Command. To be eligible, officers must have a master's degree or higher by May 31. For more information, visit www.cadetcommand.army.mil or email pmsboard@usacc.army.mil.

MACH CONDUCTS PATIENT SURVEY

Patients who went to Moncrief Army Community Hospital for an outpatient visit will be mailed a 25-question Army Provider Level Satisfactory Survey. The survey can be answered via email, telephone or by mail. The survey serves as a tool for MACH to improve service to its patients. In addition, as part of the Performance Based Adjustment Model, MACH may receive fund increases or decreases based on the survey scores.

McHugh: Important time for TRADOC mission

By **ANTHONY C. O'BRYANT**
TRADOC

FORT EUSTIS, Va. — Secretary of the Army John McHugh traveled to U.S. Army Training and Doctrine Command headquarters to receive briefings from TRADOC leaders on the Army Profession, doctrine, leader development, and training and education, Friday.

Gen. Robert W. Cone, TRADOC commanding general, began the briefing by discussing TRADOC's 'big three' missions — supporting the current fight, structural transitions and human transitions — as the command works to transition the force to the Army of 2020.

McHugh cited the importance of TRADOC's mission.

"We are coming out of 10 years of warfare. We have a new national military strategy, and we need to take lessons learned, and measure our way ahead, and put that into doctrine and training programs in a way that positions us to take

the best of the recent past, and build toward a better future. And, all of that starts right here (at TRADOC)," McHugh said. "Throughout the history of the Army, our development of our training programs and our educational initiatives has always been important, but this is amongst the most important times in recent memory."

Cone and Lt. Gen. David Perkins, the Combined Arms Center's commanding general, briefed McHugh on the latest initiatives underway to implement changes identified with the Army Profession Campaign.

TRADOC released the Army Profession report earlier this month, which, according to Perkins, was the most comprehensive study of the profession ever conducted, gathering feedback from more than 40,000 surveys from Army personnel across all cohorts. He compared the effort to a similar study in 1987 that only involved feedback from 400 officers.

The TRADOC-governed campaign was led by the U.S. Army Combined Arms

Center and designed to determine ways to identify and strengthen weaknesses in the profession, and to leverage its strengths.

"(The Army Profession) is as old as the Army itself, and is built on certain core principles that have always set this Army apart from other militaries from across the planet and throughout history," McHugh said.

He said he sees the Army at an inflection point, where it needs take its last 10 years of combat experience and use that to define the Army as a profession with the "guidance and the input from those great warriors who have been out there doing the hard fight."

McHugh said he believes the Army needs to reestablish and reaffirm the foundational principles that have always been important to the Army and embed them with new lessons.

"We find ourselves today with a force that is very rich in combat experience, and has demonstrated over ten years that they certainly have the skills with soldier-

ing and prevailing on the battlefield well in hand," McHugh said. "But, as I think Gen. Cone and his team here are helping us to do each and every day, we want to make sure that they have that full professional development and education. The schoolhouse is an important part of that, and this team (TRADOC) is working very hard, along with the Army leadership, to try and provide the means and the way forward to make that happen."

McHugh ended his visit with a message to TRADOC expressing his appreciation for their role in the Army.

"I just want to say to the team here that this a critically important time for this mission. All of us in the Pentagon who depend upon them are very grateful for the effort they bring each and every day. And I think I can say for Soldiers — whether they know it or not — (they) benefit from the hard work that happens (at TRADOC), and we are all in great debt to them," McHugh said. "Keep up the good work."



Photo by JAMES ARROWOOD, command photographer

Retiring from service

Ten retiring Soldiers are honored in a ceremony Tuesday at the Post Theater. Pictured from left are Col. John Nerges, Sgt. Maj. Robert Maggard, Sgt. Maj. Brian Washington, Sgt. Maj. Lydia Greene, Master Sgt. Roberto Huie, Sgt. 1st Class Wade Smith, Sgt. 1st Class Janeen Simmons, Sgt. 1st Class Alphonso Nelson, Sgt. 1st Class David Crawford and Sgt. 1st Class Wade Joseph.

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For display ads, call Kathy at 786-5681.

Army extends smart card program

By MARGARET McBRIDE

Army G-6 office

WASHINGTON — The Army recently extended its smart card pilot for Army spouses and retirees through September after what officials called a very positive response to the pilot program, which began in October 2011.

The Army is evaluating smartcard identity authentication as an alternative to username/password login to websites, such as Army OneSource, Army Family Readiness Group, milConnect, TRICARE Online and Army Knowledge Online, known as AKO.

Army spouses and retirees living near Fort Belvoir, Va.; Fort Bragg, N.C.; and Fort Jackson, are being asked

to register for a smartcard, or renew their card by visiting the Smartcard Pilot page on AKO at <https://ako.us.army.mil/suite/page/650680>.

The Army Spouse and Retiree Smartcard Pilot is part of a larger initiative to secure sensitive data on Army private Web servers, G-6 officials said. The smartcard's public-key-infrastructure, or PKI-based authentication provides a more secure and convenient way to access Army and DoD online resources that contain personally identifiable information, they said, adding that the Army is also considering other solutions for family and retiree logon.

From October 2011 to March, more than 700 smartcards were issued to Army spouses and active-duty, Reserve and National Guard retirees across five pilot instal-

lations. Surveys showed that 93 percent of respondents preferred using the smartcard over username/password and 64 percent used the smartcard at least once a day or several times per day to access Army and DoD websites.

The Army wants input from new smartcard users as well as from spouses and retirees who were accepted into the pilot's first phase. Pilot participants will have the same level of access to information as before, the only difference will be how they make the initial connection.

The Army chief information officer/G-6 is executing the pilot with support from the Defense Manpower Data Center, AKO, Office of the Assistant Chief of Staff for Installation Management/Installation Management Command, Army G-1 and the TRICARE Management Activity.

UPCOMING CHANGES OF COMMAND/RESPONSIBILITY

- ❑ **Friday — Adjutant General School:** Command Sgt. Maj. Christopher Culbertson will assume responsibility from Command Sgt. Maj. Darlene Hagood; 10 a.m.; SSI auditorium.
- ❑ **May 4 — Financial Management School:** Command Sgt. Maj. Geoffrey Green will assume responsibility from Command Sgt. Maj. Scott Brady; 10 a.m.; SSI auditorium.
- ❑ **May 11 — 171st Infantry Brigade:** Command Sgt. Maj. William Huffin will relinquish responsibility; 2 p.m.; 171st headquarters.
- ❑ **May 18 — 193rd Infantry Brigade:** Command Sgt. Maj. Lloyd Julius will assume responsibility from Command Sgt. Maj. Jeffrey Dunkelberger; 9 a.m.; 193rd headquarters.
- ❑ **June 1 — 2nd Battalion, 39th Infantry Regiment:** Lt. Col. Jason Glick will assume command from Lt. Col. Gregg Blumhardt; 9 a.m.; Officers' Club.
- ❑ **June 5 — 3rd Battalion, 60th Infantry Regiment:** Lt. Col. Thomas McCardell will assume command from Lt. Col. John Allen; 9 a.m.; Officers' Club.
- ❑ **June 8 — Adjutant General School:** Col. Todd Garlick will take over as commandant for Col. Robert Manning; time to be determined; SSI auditorium.
- ❑ **June 12 — Moncrief Army Community Hospital:** Col. Mark Higdon will assume command from Col. Ramona Fiorey; 8 a.m.; MACH.
- ❑ **June 13 — Moncrief Army Community Hospital:** Command Sgt. Maj. Vincent

Bond will assume responsibility from Command Sgt. Maj. Kevin Williams; 8 a.m.; MACH.

- ❑ **June 15 — 120th Adjutant General Battalion (Reception):** Lt. Col. Vincent Valley will assume command from Lt. Col. Michael McTigue; 9 a.m.; Officers' Club.
- ❑ **June 19 — 1st Battalion, 34th Infantry Regiment:** Lt. Col. Eric Flesch will assume command from Lt. Col. Quincy Norman; 9 a.m.; Officers' Club.
- ❑ **June 22 — 193rd Infantry Brigade:** Col. Joseph McLamb will assume command from Col. Drew Meyerowich; 9 a.m.; Officers' Club.
- ❑ **July 12 — Training Support Battalion:** Lt. Col. Neil Mahabir will assume command from Lt. Col. Sula Irish; 8:30 a.m.; Officers' Club.
- ❑ **July 20 — 171st Infantry Brigade:** Col. Mark Bieger will assume command from Col. George Donovan; 9 a.m.; Officers' Club.
- ❑ **Aug. 21 — 369th Adjutant General Battalion:** Lt. Col. David Jones will assume command from Lt. Col. Edward Allen; 8:30 a.m.; Darby Field.
- ❑ **Aug. 30 — Recruiting and Retention School:** Command Sgt. Maj. Tory Hendrieth will assume responsibility from Command Sgt. Maj. Donna Punihaole; time and location to be determined.

To announce a battalion level or above Change of Command/Responsibility, call 751-7045 or email fjleader@gmail.com.

ACAP prepares Soldier for post-Army success

Soldiers deliver for the Army and for the nation — I've seen it throughout my career, never more so than during my time in Iraq. So when you decide it's time to move on to the next stage of your life, it's only right that we should have a plan, prepare together, and then execute with energy to ensure success.

That's why we have the Army Career and Alumni Program. Whether your next stage includes a job, school, continued service with the Guard or Reserves, or all three, ACAP will help you and your family prepare for a successful transition.

Today there is unprecedented support for transitioning Soldiers and veterans at federal, state and local levels. Hiring our Heroes, a U.S. Chamber of Commerce initiative, is a great example. The job fairs bring together a whole range of organizations — including private industry, the Department of Labor, the Veterans Administration, the Small Business Administration and state workforce commissions — all focused on connecting transitioning Soldiers and vets with employment opportunities.

The same idea is behind Hero 2 Hired (https://h2h.jobs/sign_in). This Army website helps transitioning Soldiers and vets connect with 50,000 employers who have vowed to employ them.

ACAP is there to help you learn about and make the most of these and other opportunities.

Commentary

By **LT. GEN. MICHAEL FERRITER**
IMCOM commander



The key is to get to ACAP early — at least 12 months out for separating Soldiers or two years out for retiring Soldiers. Talk with an ACAP counselor about your goals — continuing military service, getting a job, going back to school or starting a business — and lay out a plan to get there.

For transitioning Soldiers looking to enter the civilian job market, it's good news to hear about employers lining up to participate in job fairs on our installations — 92 employers at a Fort Polk job fair in January, 75 at Fort Jackson March 6, and 122 at Fort Campbell March 21-22, to name recent examples.

It's even better news — it's great news — to hear the success stories that come out of these events. For example, employers made at least 300 job offers during Fort Campbell's job fairs in September, and the ACAP

office is still hearing from Soldiers who received a job offer then. ACAP offices regularly support these events on our installations and success stories come out of every one.

Of course, this great news is predictable. You have an incredible skill set — leadership, adaptability, ingenuity and dedication, before we even get to the technical skills. Employers recognize that you bring something extra to the table. We know that when they meet you, they will want you.

Thank you to the great teams — the folks at ACAP and our Department of Labor and Veterans Administration partners — who are helping transitioning Soldiers reach their goals. What you do — polishing resumes and interview skills, researching opportunities, and building connections — is invaluable to helping Soldiers translate their Army experiences into success after the Army.

Thank you, also, to all the leaders doing right by our transitioning Soldiers. We're looking for concrete outcomes for all transitioning Soldiers — a solid resume and measurable progress toward their goal, whether a job offer, a business plan, or an acceptance letter from a school. With your involvement and support, we all win. Thank you for setting Soldiers up for success. That's a real example of taking care of Soldiers.

Thank you for your service.
Support and Defend!



Photo by ANDREW McINTYRE

Denim Day

Community members gather at Semmes Lake Wednesday to march in support of victims of sexual assault. Participants were encouraged to wear denim all day as a sign of solidarity. The march was part of Fort Jackson's events that marked Sexual Assault Awareness Month.



Dabrio honored

Master Sgt. Deon E. Dabrio, above right, was inducted into the Order of Military Medical Merit during a ceremony at the Third Army/ARCENT headquarters at Shaw Air Force Base, S.C. April 18. Dabrio, a U.S. Virgin Islands native, currently serves as the medical operations noncommissioned officer for Third Army/ARCENT. He played a role in the synchronization and integration of Health Service Support to more than 250,000 service members in 18 of the countries throughout the Third Army/ARCENT area of operations, including Iraq and Afghanistan. Right, Dabrio shows Kyrgyzstan medical personnel how to apply an emergency bandage during a theater security cooperation event in Kyrgyzstan.

Photo by STAFF SGT. MYLINDA DUROUSSEAU, Third Army/ARCENT



Army photo



Safety first

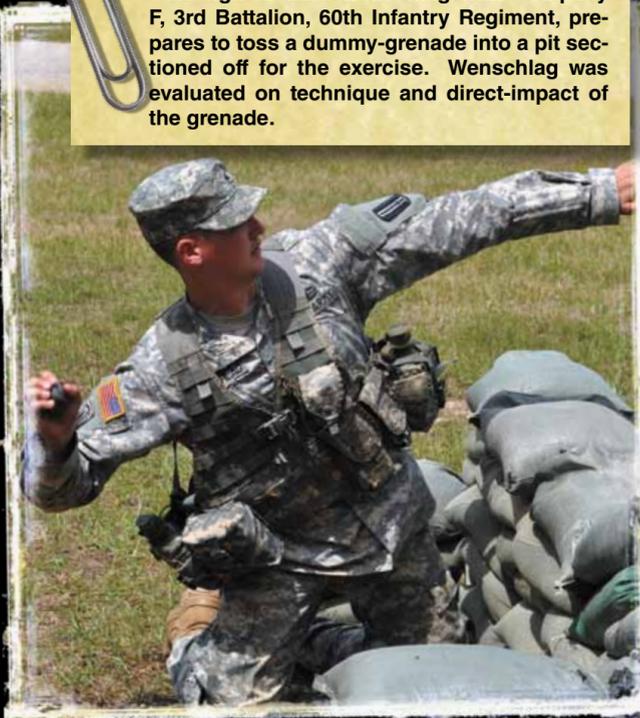
Courtesy photo

Soldiers and civilians gathered at the Solomon Center last week for the garrison's safety symposium. The event offered participants a chance to learn how to use fire extinguishers and learn about safety from various on- and off-post organizations.

FORT JACKSON SEARCHING FOR THE DRILL SERGEANT OF THE YEAR

Photos by ANDREW MCINTYRE

Staff Sgt. Richard Wenschlag with Company F, 3rd Battalion, 60th Infantry Regiment, prepares to toss a dummy-grenade into a pit sectioned off for the exercise. Wenschlag was evaluated on technique and direct-impact of the grenade.



Sgt. 1st Class Charles Vaughn with Company C, 2nd Battalion, 13th Infantry Regiment demonstrates a correct pull-up for Soldiers during the Drill Sergeant of the Year Competition at Darby Field Monday. The Physical Readiness Test is one of many stations set up for competitors at this year's competition, which wraps up today



Staff Sgt. Jeffrey Heilman with Company B, 3rd Battalion, 34th Infantry Regiment, 165th explains a offensive combative technique for the evaluator as he is graded on technique, and knowledge of combative tactics Monday.



Wenschlag explains procedures for operating a simulated Anti-Tank Rocket Launcher. Competitors were evaluated on their knowledge of various weapons at Drill Sergeant of the Year Competition.



Staff Sgt. David Schible with Company D, 1st Battalion, 13th Infantry Regiment instructs Soldiers in Physical Readiness Training.



Schible competes in a weapons drill that tests Soldiers' ability to correctly assemble weapons and function properly Tuesday.



Staff Sgt. Alvin White with 3rd Battalion, 13th Infantry Regiment watches Soldiers demonstrate the Buddy Team Live Fire Exercise. White was evaluated on his ability to command and explain the Buddy Team Live Fire Exercise.



CMYK

CMYK

27" WEB-100

FIRST RESPONDER

Lt. Col. Raymond Simons
Director, Emergency Services

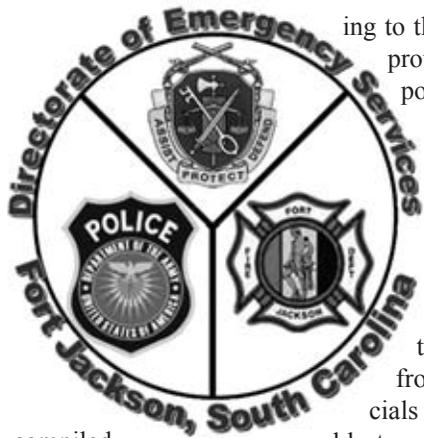
Maj. Bradford Fisher
Provost Marshal

Sgt. Maj. Bruce Sirois
Provost Sergeant Major

Bill Forrester
Fire Chief

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attest-



ing to the guilt or innocence of any person and are provided for informational and reflective purposes only.

CASES OF THE WEEK

□ The Fort Jackson Fire Department, the Columbia-Richland Fire Department and the Directorate of Public Works Forestry Branch responded to a wildfire in the training area. The fire was started by sparks from a smoke grenade used for training, officials said. Reports indicate that responders were able to contain the fire before it spread to adjacent areas.

□ A Soldier who was absent without leave surren-

dered to the Directorate of Emergency Services, Military Police said. The Soldier was processed and turned over to his parent unit at Fort Bragg, N.C., officials reported.

□ A Soldier came upon a would-be-intruder who was trying to break into the Soldier's home, police said. According to reports, the Soldier yelled at the suspect, who ran away. As of press time, the suspect has not been arrested and the investigation continues, MPs said.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

AROUND POST

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Lathaniel Forristall
Company A
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pfc. Alfred Tafuna

SOLDIER OF THE CYCLE
Spc. Cory Cavazos

HIGH APFT SCORE
Pfc. Heather Doppke

HIGH BRM
Pfc. Alfred Tafuna



Staff Sgt. Candance Barksdale
Company B
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Sara Street

SOLDIER OF THE CYCLE
Pfc. Dylan Peterson

HIGH APFT SCORE
Pfc. James Angell

HIGH BRM
Pvt. Andrew Johnson



Staff Sgt. Jackie Zerby
Company C
3rd Battalion,
13th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Alexander Murn

SOLDIER OF THE CYCLE
Pvt. Trevor McMurrian

HIGH APFT SCORE
Pfc. Ashley Villalobes

HIGH BRM
Spc. Chase Carlton

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT
Sgt. Christina Barnes
Sgt. 1st Class Jihad Franklin

SERVICE SUPPORT
Eric Horner

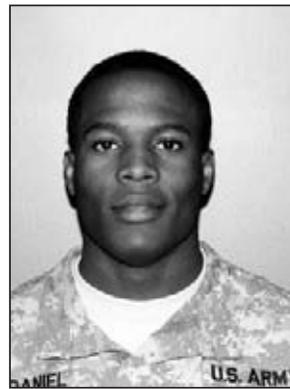
TRAINING SUPPORT

Lyle Daniels

DFAC SUPPORT
Jo Johnson-Price

FAMILY SUPPORT
Jenny Cirillo

Training honors



McDANIEL

ADJUTANT GENERAL SCHOOL

2nd Lt. Alfred McDaniel
Distinguished honor graduate
Basic Officer Leader Course

2nd Lt. Niccole Masey
Distinguished honor graduate
Basic Officer Leader Course

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user3022628](http://www.vimeo.com/user3022628)**

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Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157.

ACS Calendar of Events — May

TUESDAY, MAY 1

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Work from home: scams and schemes** — 9 to 10:30 a.m.; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Relocation planning (stateside workshop)** — 10 to 10:45 a.m.; Strom Thurmond Building, Room 245
- ☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; for more information, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; Main Post Library

WEDNESDAY, MAY 2

- ☐ **Post newcomer orientation/tour** — 9 to 11 a.m.; Post Conference Room; for more information, call 751-1962
- ☐ **Phase II Levy overseas move brief** — 2:30 to 3:30 p.m.; Strom Thurmond Building, Room 245

THURSDAY, MAY 3

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Job searching through social networking** — 9 to 11:30 a.m.; location to be announced; to register, call 751-4862
- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222

FRIDAY, MAY 4

- ☐ **Hearts Apart, Foreign Born Spouses spring fling fashion show/pre-Mother's Day celebration** — 6 to 8 p.m.; Joe E. Mann Center ballroom; RSVP required by April 30. To register, call 751-9770/1124.

MONDAY, MAY 7

- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222

TUESDAY, MAY 8

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Steps to federal employment** — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222, to register, call 751-4862
- ☐ **FRG leadership and treasurer** — 9 a.m. to noon; Family Readiness Center; To register, call 751-7220
- ☐ **Relocation planning (stateside workshop)** — 10 to 10:45 a.m.; Strom Thurmond Building, Room 245
- ☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; for more information, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; Main Post Library

WEDNESDAY, MAY 9

- ☐ **Job searching strategies** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

- ☐ **Phase II Levy overseas move brief** — 2:30 to 3:30 p.m.; Strom Thurmond Building, Room 245

THURSDAY, MAY 10

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Excel computer workshop** — 9 a.m. to noon; location to be announced; to register, call 751-4862
- ☐ **Stress management class** — 11 a.m. to noon; Family Advocacy Classroom 10; for more information, call 751-6325
- ☐ **AFAP steering committee meeting** — 12:30 p.m.; Post Conference Room
- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222

FRIDAY, MAY 11

- ☐ **Military Spouse Appreciation Day: Spouses Embracing Life Fully** — 11 a.m. to 6 p.m.; Joe E. Mann Center ballroom.

SATURDAY, MAY 12

- ☐ **EFMP strawberry picking** — 10 a.m.; Cottle Strawberry Farm, 2533 Trotter Road; to RSVP, call 751-5256

MONDAY, MAY 14

- ☐ **English as a second language class** — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222

TUESDAY, MAY 15

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Resume writing/interviewing** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **FRG key caller, sponsor a spouse training/FRG welcome** — 9 a.m. to noon; Family Readiness Center; to register, call 751-7220
- ☐ **Relocation planning (stateside workshop)** — 10 to 10:45 a.m.; Strom Thurmond Building, Room 245
- ☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; for more information, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; Main Post Library

WEDNESDAY, MAY 16

- ☐ **Phase II Levy overseas move brief** — 2:30 to 3:30 p.m.; Strom Thurmond Building; Room 245

THURSDAY, MAY 17

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Anger management class** — 11 a.m. to noon; Family Advocacy Classroom 10; to register, call 751-6325
- ☐ **Explore careers in the information technology field** — noon to 1 p.m.; Education Center, Room B-110; to register, call 751-4862
- ☐ **English as a second language workshop** — 12:30

- to 3 p.m.; Strom Thurmond Building, Room 222
- ☐ **Total Army sponsorship training** — 1:30 to 2:30 p.m.; Strom Thurmond Building, Room 213

MONDAY, MAY 21

- ☐ **English as a second language class** — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222

TUESDAY, MAY 22

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Adult career online assessment** — 9 to 11:30 a.m.; location to be announced; to register, call 751-4862
- ☐ **Relocation planning (stateside workshop)** — 10 to 10:45 a.m.; Strom Thurmond Building, Room 245
- ☐ **EFMP bowling** — 4 p.m.; Century Lanes bowling center; must be enrolled in EFMP; to register, call 751-5256
- ☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; for more information, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; Main Post Library

WEDNESDAY, MAY 23

- ☐ **Job searching strategies** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Child safety awareness workshop** — noon to 2 p.m.; Main Post Chapel
- ☐ **Phase II Levy overseas move brief** — 2:30 to 3:30 p.m.; Strom Thurmond Building; Room 245

THURSDAY, MAY 24

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222

TUESDAY, MAY 29

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **FRG key caller, sponsor a spouse training/FRG welcome** — 5:30 to 6:30 p.m.; Family Readiness Center; to register, call 751-7220
- ☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; for more information, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; Main Post Library

THURSDAY, MAY 31

- ☐ **In-processing/re-entry brief** — 7:30 to 8:30 a.m.; Strom Thurmond Building, Room 222
 - ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222
- All ACS classes require registration and are subject to change. To register, call 751-5256/4862/6325. Free child care may be available for events. For more information on child care, call 751-1124.*

Calendar

Today

Hired! parent orientation

6 to 7:30 p.m., Youth Services Center
For more information, visit www.fortjacksonmwr.com/cyys/hired.

Saturday

National Prescription Take Back Day

10 a.m. to 2 p.m., Main Exchange

Monday

Reserve Officers Association golf tournament

9 a.m., Fort Jackson Golf Club
For more information, visit www.roa.org/SC-ch06.

Tuesday

AG Corps Regimental Association Carolina Chapter breakfast

7 a.m., Officers' Club
The guest speaker will be Col. Robert Manning, commandant of the Adjutant General School. For tickets, call 751-3012/8315/8520.

Tuesday and Wednesday

Military clothing reclamation sale

8 a.m. to 3 p.m., 2570 Warehouse Row
The sale is open to service members and military retirees.

Friday and Saturday, May 18-19

Case lot sale

8 a.m. to 6 p.m., Commissary

Saturday, May 19

SKIESUnlimited performing arts recital

2 p.m., Soldier Support Institute auditorium
For more information, call 751-6777.

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Monday, May 7, 3 p.m.

Sidewalk chalk party

Children are invited to decorate the sidewalk in front of the Community Center. Juice boxes and sidewalk chalk will be provided.

New service

Plastic bag recycling

Plastic bag recycling is now a permanent service offered by Balfour Beatty Communities. Residents can drop off plastic bags during regular hours at the Community Center.

Throughout April

Healthy recipes contest

Submit your healthy recipes at the Community Center throughout April or email them to ayoungblood@bbcgrp.com for a chance to win a prize. If enough recipes are submitted, Balfour Beatty Communities might create a cookbook.

Throughout the summer

Free popsicle Fridays

Beginning in May, children can stop by the Community Center every Friday this summer for a free popsicle while supplies last.

Announcements

FURNITURE DONATION EVENT

DLA Disposition Services has scheduled a furniture donation event, from 8 a.m. to 1 p.m., May 12 at 1902 Ewell Road. The event is open to DoD ID card holders. Items include beds, tables and night stands. For more information, call 751-1875/7698.

MACH NUTRITION CLINIC

The following classes are scheduled for May:

- Diabetes class, 8 a.m. to noon, May 3
 - Diabetes round table, 10 to 11 a.m., Tuesday
 - Cholesterol and high blood pressure class, 2 to 3 p.m., May 10 and 10:30 to 11:30 a.m., May 24
 - Army Move! 2-4 p.m., May 7 and 21
 - Victory nutrition wellness, 1 to 2 p.m., May 16
 - Bariatric initial appointment class (by referral only), 10 a.m. to noon, May 15
- All classes take place at Moncrief Army Community Hospital, Room 8-85. For more information and to register, call 751-2115/2363/2273.

OPM SURVEY UNDER WAY

The Office of Personnel Management has begun its 2012 Federal Employee Viewpoint Survey. The survey runs through June 18.

FATHERS RECOGNIZED

This year's fatherhood recognition ceremony is scheduled for June 12. Nominations for outstanding fathers are due by May 11. For more information, email Charles.G.Lewis4.civ@mail.mil.

FCC PROVIDERS NEEDED

The next Family Child Care orientation is scheduled from 8 a.m. to 4 p.m., May 14-18, at the Joe E. Mann Center. Military spouses living on post and registered off-post child care providers may apply to provide child care to military families in

their homes. Applications will be accepted through May 8. For more information, call 751-6234.

VOLUNTEENS SOUGHT

The Fort Jackson Red Cross will accept application for its VolunTEEN summer program beginning Tuesday. Applicants must be 14 or older. VolunTEENS work at Moncrief Army Community Hospital alongside medical professionals. Applications can be submitted through May 21. For more information, call 751-4329.

NEW SKIES CLASSES

SKIESUnlimited will offer creative movement and pre-ballet classes beginning Saturday. Creative movement is for children 2 to 4 years old and is scheduled from 10 to 10:30 a.m., Saturdays.

Pre-ballet is for children 4 and 5 years old and is scheduled from 10:45 to 11:30 a.m. A parent and child tumble tots class will take place from 10 to 10:30 a.m., Fridays. For more information, call 751-6777.

EXTENDED CHILD CARE

Imboden Street Child Development Center now offers enhanced extended hours care to provide overnight and week-end child care. The service is available to Soldiers who have verification from their chain of command that mission requirements necessitate the child care. For more information, call 751-1672 or email [Rose.Edmond@us.army.mil](mailto:Edmond@us.army.mil).

THRIFT SHOP NEWS

Applications for the Summer Youth Program are available through May 17. The program will run June 5 through July 26. It is open to students, 17-21 years old.

The Thrift Shop has a number of gowns available as part of its Golden Carriage Program. The program provides formal wear for female sergeants and below and wives of sergeants and below. The Thrift Shop is open from 9 a.m. to 3 p.m., Tuesdays and Thursdays, and from 9 a.m. to 5 p.m., Wednesdays. Organizations may submit welfare applications throughout the year. Anyone can shop at the Thrift Shop, but only military ID card holders can consign items.

AA OPEN MEETINGS

Alcoholics Anonymous open meetings are scheduled from 9 to 10 a.m., Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

LUNCH WORKOUT

The 187th Ordnance Battalion Functional Training Center offers lunchtime workouts at noon, Tuesdays and Fridays, at 2250 Sumter Ave. For more informa-

tion, call 751-9740 or email [Sophie.Hilaire@us.army.mil](mailto: Sophie.Hilaire@us.army.mil).

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.

Send your announcements to fjleader@gmail.com. Community announcements

School notes

RICHLAND ONE PRE-K DEADLINE

The deadline for parents to register their children for Richland One's pre-kindergarten program has changed. Parents now have until June 1 to enroll their 4-year olds. For more information, call 231-6882/6709.

RICHLAND ONE TRANSFER SEASON

Richland One is accepting transfer requests until Tuesday. Application forms are online at www.richlandone.org. For more information, call 231-6944.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

AIR SHOW

An air show is scheduled for 11:30 a.m., Saturday and Sunday at Robins Air Force Base, Ga. Gates open 10 a.m. The Show will be headlined by the Navy Blue Angels. For more information, visit www.robins.af.mil/airshow.

SPIRIT OF AMERICA TOUR

The Army's Spirit of America tour will perform at the Colonial Life Arena Sept. 21 and 22.

DRILL SERGEANT REUNION

A reunion for drill sergeants and support staff assigned at Fort Jackson during the 1970s and 1980s is planned for June. For more information, call (785) 375-1433. or email [rubyrobinson60@yahoo.com](mailto:rubbyrobinson60@yahoo.com).

OPERATION PURPLE CAMPS

Operation Purple Camps offer a free week of summer camp for children whose parents were/are deployed at any time between September 2011 and December 2012. For more information, visit www.militaryfamily.org.

MARINES WANTED

The Marine Corps League, Detachment 829 is looking for Marines to join. For more information, email hhulett156@bell-south.net.



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.
Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."



Amnesty aimed at legitimizing unauthorized child care providers

By INZA DOWNING
Family Child Care

The Army Family Covenant expands services and options for duty-related mission requirements. One highly desired option for many Army families is the Family Child Care program.

Beginning Monday through May 11, FCC/Child, Youth and School Services, with the support of the garrison commander, will sponsor the FCC amnesty program. The purpose of the program is to address the issue of unauthorized, or underground, child care.

People who are providing care for children other than their own for more than 10 child care hours a week in government quarters will be allowed to register with the FCC program without penalty from the command during this time.

CYSS does not view the unauthorized caregiver as providing bad care; however, care provided on the installation that is not

approved by the garrison commander increases liability to the installation.

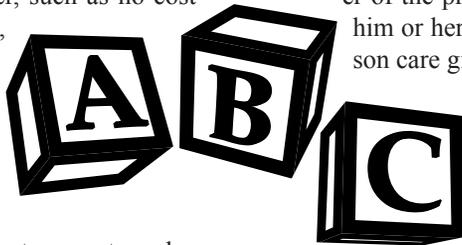
Any caregiver who contacts the FCC/CYSS office during the amnesty period will be allowed to continue caring for the current children while completing the certification process.

There are many benefits to becoming a certified FCC provider, such as no-cost liability insurance, use of equipment and the resource library, reimbursement for food expenditures, marketable credentials and career advancement, limited start-up costs and ongoing professional training. All this is free and allows caregivers to become a "home away from home," providing quality care for Fort Jackson's children.

In addition, people providing unauthorized care who start the certification process during the amnesty period will

receive free care for their children and those they care for while participating in required training classes.

People who are aware of someone providing unauthorized child care are encouraged to pass on information about the amnesty program or to contact the FCC office. FCC staff will inform the caregiver of the program and encourage him or her to join the Fort Jackson care giving team.



Community members using unauthorized or underground care are encouraged to make the change to authorized care. During the amnesty period, these families qualify for 20 hours of free child care while they locate authorized care that meets their needs. For more information, call 751-6234/3767. The FCC Office is located at 3392 Magruder Ave.

FMWR calendar

THURSDAY

- ☐ Visit **Century Lanes** for food, fun and bowling.
- ☐ **Victory Bingo**, 2 to 11 p.m.
- ☐ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ☐ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.

FRIDAY

- ☐ Look what I can do, **Thomas Lee Hall Library**. Call 751-5589 for more information.
- ☐ Visit **Thomas Lee Hall Library** for Mommy and Me, a lapsit program, starts at 11 a.m.
- ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.
- ☐ **Victory Bingo**, starts at 2 p.m.
- ☐ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.
- ☐ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

SATURDAY

- ☐ **Victory Bingo**, starts at 1 p.m.
- ☐ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.

SUNDAY

- ☐ Enjoy a traditional Sunday brunch buffet at the **Officers' Club**, 11 a.m. to 1:30 p.m.
- ☐ **Victory Bingo**, starts at 10 a.m.
- ☐ Every Sunday is Family Day at the **Youth Center**, 2-6 p.m.

WEDNESDAY

- ☐ Victory Readers Club, 6 to 8 p.m., **Post Library**.
 - ☐ **4-H Club** meets 4 to 5 p.m.; for grades 1-5. Call 751-1136 for information.
- For a full calendar of events, visit www.fortjacksonwr.com.

ONGOING OFFERS

- ☐ The **Officers' Club** specializes in wedding receptions, anniversaries, promotions and other special occasions. For more information, call 782-8761.
- ☐ The **Officers' Club** is open for lunch Tuesday through Friday, 11 a.m. to 1:30 p.m.
- ☐ Child, Youth and School Services provides child care and youth programming on Saturdays at no cost for active-duty parents who must work to meet mission requirements. Others requiring care may sign up, but will pay the usual hourly rate. All users must be signed up with Child, Youth and School Services. Registration is free at the Central Enrollment Office in the Joe E. Mann Center. For more information, call 751-4865.



Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the May 10 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the May 10 Leader must be submitted by May 3.

Send all submissions to FJLeader@gmail.com or call 751-7045.



Watch Fort Jackson video news stories and Victory Updates
at <http://www.vimeo.com/user3022628>

Healthy weight starts with nutrition

By **CHANEL S. WEAVER**

U.S. Army Public Health Command

It is widely known and reported that the prevalence of obesity in the American population has been increasing over the past few years.

But the Army is different, right? Soldiers are entrusted with fighting America's wars, so they are in the best physical condition, right?

Wrong.

The 2008 DoD Survey of Health-Related Behaviors reports that 13 percent of the Army is currently obese according to body mass index classifications. That number is up from only 2 percent in 1995. Although, the rate of obesity in the Army is lower than the general population, the upward trend in obesity rates closely mirrors the general population.

Additionally, a 2011 Army public health assessment indicates that excess body fat in the Army is associated with injury and decreased performance, which can lead to problems maintaining unit readiness.

One in six Soldiers (16.4 percent) reports difficulty in meeting the Army weight and body fat standards.

Even those Soldiers who are actually fit enough to deploy can face challenges in maintaining a healthy weight while serving in the deployed environment.

A study by the U.S. Army Research Institute of Environmental Medicine and the U.S. Army Public Health Command notes that during a deployment, diverse mission requirements may prevent Soldiers from developing consistent exercise practices or participating in sports activities.

"Literature suggests that fitness decreases and fat mass increases during deployments," said Dr. Theresa Jackson, a public health scientist at the U.S. Army Public Health Command.

Obesity can lead to serious health problems if left unchecked.

"In addition to heart disease, obesity can lead to breathing problems, arthritis, cancer, diabetes and ultimately, premature death," Jackson said.

One platform available to help Soldiers lose weight is the USAPHC-initiated Army Wellness Center, a program that is being stood up at 38 locations across the Army in the next five years. These centers serve as community resources, providing Soldiers with lifestyle tools to improve their health and well-being.

Among their standard services, these centers offer a variety of options to help Soldiers maintain healthy weight, including metabolic testing, basic weight management and nutrition education.

During a health assessment at an AWC, metabolic testing is conducted to determine an individual's base metabolic rate. This rate indicates how many calories the individual burns at rest. If the person desires weight loss or nutrition

ON THE WEB

- ❑ U.S. Army Public Health Command, <http://phc.amedd.army.mil/topics/healthyliving/n/Pages/default.aspx>
- ❑ U.S. Department of Health and Human Services, <http://www.surgeongeneral.gov/topics/obesity>
- ❑ Human Performance Resource Center, <http://hprc-online.org/>
- ❑ U.S. Department of Agriculture, www.ChooseMyPlate.gov
- ❑ Hooah4Health, www.hooah4health.com

counseling, the AWC will provide basic guidance or a referral to a registered dietitian for individualized nutrition counseling.

"This package includes basic weight management tips, body composition review and encouragement of ... behavior changes," said Todd Hoover, program manager for the Army Wellness Centers Operations Program at the USAPHC.

The Army also recently unveiled the Soldier Fueling Initiative, spearheaded by Initial Military Training Center of Excellence and the Joint Culinary Center of Excellence and supported by the USAPHC. Mandated in February 2011, this initiative targets Army personnel who are attending Basic Combat Training and Advanced Individual Training at 10 sites in the continental United States.

The program uses color-coded labeling at these training sites to indicate the health benefit of foods and beverages. Items labeled red have low nutritional value, items that are labeled amber provide moderate nutritional content, and foods labeled with a green tag are the best options for consuming foods high in nutritional content.

"The goal is to create an environment where healthy behaviors can take place," Jackson said.

Lt. Col. Sonya Cable, program manager for the SFI, said the program gives Soldiers the fuel they need to perform their duties as Soldiers.

"Initial Military Training's Soldier Fueling Initiative, a community effort, sets a training table for our new Soldier

athletes while educating them on the proper fuel to achieve their specific performance goals," Cable said.

The SFI is receiving positive feedback, according to Jackson, who helps evaluate and assess the effectiveness of such health promotion and public health programs for the Army.

"Even the dining facility workers who prepare the foods said by learning to prepare food in a healthier fashion, they are taking home these practices to their own families," Jackson said. "It's not one individual program component, but a combination of factors that make this initiative effective."

Maintaining a healthy weight and eating balanced diet is no easy task, but a proper mixture of fuels is important for health and performance. Research shows that a balanced diet includes complex carbohydrates, lean protein and a moderate consumption of fat.

"This can be easily done by consuming a variety of foods from all five food groups (dairy, fruit, vegetable, protein and grains) as close to the natural form as possible," said Lt. Col. Sandra Keelin, a registered dietitian at the USAPHC.

Keelin also said timing of meals and hydration is just as important as what you eat. Eating small, frequent meals is preferred to skipping meals or consuming large meals.

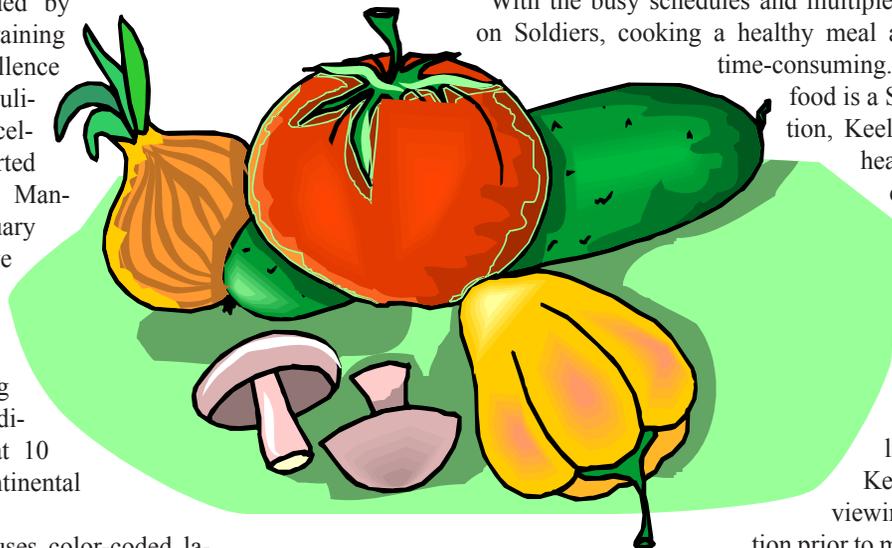
With the busy schedules and multiple demands placed on Soldiers, cooking a healthy meal at home is often time-consuming. But even if fast food is a Soldier's only option, Keelin said there are healthy choices that can be made.

"Most fast food restaurants have a nutrition analysis of their menu that can be found online or on-site," Keelin said. "Reviewing this information prior to making a selection can help guide healthier, low-calorie

choices. Choose low-fat options such as baked potatoes, baked fries, fruit or a side salad. One can also choose water, low-fat milk or small juices as a healthier option over soda," she said. As much of a bargain as it sounds, Keelin said Soldiers should avoid supersizing value meals as this generally results in overeating.

While eating a balanced diet is important for Soldiers, another key to maintaining an optimal weight is engaging in regular physical activity.

"Consuming lower-fat and lower-calorie diets coupled with increased physical activity is the most effective tool to curb obesity," Jackson said.



MetLife opens TRICARE Dental enrollment

By **CHARLOTTE CALDWELL**
TRICARE Management Activity

Metropolitan Life Insurance Company, Inc. is now accepting new enrollment applications for the TRICARE Dental Program. As the TDP contractor, MetLife will provide dental benefits to more than 2 million active-duty family members, Selected and Individual Ready Reservists and their families.

MetLife will begin providing dental coverage to beneficiaries Tuesday. Most current TDP enrollees won't have to do any paperwork or take any action during the transition.

Only TDP enrollees using automatic payments from their checking account or credit card to pay their monthly premiums need to contact MetLife to reauthorize their payment.

TDP enrollees will have access to MetLife's network of more than 164,000

dentist locations. The TDP will have a \$1,300 annual benefit maximum and a \$1,750 lifetime orthodontic maximum — both increases from the previous contract.

It also offers expanded coverage including an additional cleaning for pregnant women, and survivor benefits for eligible family members.

For more information or to enroll in the TDP go to www.TRICARE.mil/TDP or <https://mybenefits.metlife.com/tricare>.

facebook

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Soldiers 'Race and Place' in half marathon

By **CAPT. SELINA TOLONEN**
Adjutant General School

A team of 18 students with Adjutant General Captain's Career Course and their families and friends ran in the third annual Palmetto Half Marathon, April 14 in Northeast Columbia. More than 2,000 people participated in the half marathon, 5K run/walk and kids' fun run, which is nearly double the numbers of participants in 2010's inaugural race.

Starting at Plex Indoor Sports and ending at the Village at Sandhills fountain, the race took participants through parts of Northeast Columbia where the terrain included a mix of hills and flats deemed runner friendly for beginners and veterans alike.

"I have run quite a few half marathons, and I thought this one was especially challenging and motivating," said Frank Castro, who ran the 13.1-mile race in about 1 hour and 48 minutes. "Plus, participating as part of a winning team alongside our families, friends and the community was great."

Three members of the team placed in their respective age groups in the 5K run/walk, in which more than 400 participants competed.

In the 25-29 age group, Paul Kim and Andrea Kaman, both 27, placed second in the male and female categories with a time of 24:45 minutes and 26:16, respectively.

"I was actually surprised when my teammate told me that I had placed in my age group," Kim said. "To be honest, the run was challenging and I didn't expect the route to roll the way it did. One of the things I have realized is that every single day is a day to prepare for that big day you may never really know will come."

Kaman, on the other hand, had the goal to maintain a consistent, 8 1/2-minute mile pace.



Photo by **CAPT. BRIAN HOLLANDSWORTH**, Adjutant General School

Paul Kim, a student at the Adjutant General Captain's Career Course and native of Chicago, runs the 5-kilometer race in the third annual Palmetto Half Marathon held at the Village at Sandhills April 14. Kim placed second in the male 25-29 age group with a time of 24 minutes, 45 seconds.

"The atmosphere and camaraderie during this event provided the ideal environment for us to push ourselves and take part in a community event," Kaman said.

In the 30-34 age group, Andrew Ash, 34, finished sec-

ond in the male category in 20:31, maintaining roughly a 6 1/2-minute mile pace.

Overall, six of the team members completed the half marathon and 12 completed the 5K run/walk.



Courtesy photo

Volleyball Champions

MEDDAC Team 1 defeated TSB/SSI in a two-out-of-three match-up Monday to win the Indoor Volleyball Championship. Coming in third was 2/60th.

VOLLEYBALL STANDINGS

- 1 MEDDAC
- 2 TSB/SSI
- 3 2/60th
- 4 BOSS - Rec Team
- 5 1/61st
- 5 MEDDAC - Rec Team

Sports shorts

LETTERS OF INTENT DUE

Letters of intent for the following sports are now accepted by the Sports Office:

Lunch bowling; open to all ID card holders; due April 19. League play will start May 1 and continue for 10 weeks from 11:45 a.m. to 12:50 p.m. on Tuesdays.

Strongman competition; open to active duty military only; sign up by May 8. Weigh-ins are scheduled for May 16, the competition will take place May 17. The event includes a Hummer pull, stone carry and tire flip.

For more information, call 751-3096.

Deployment may affect child custody

By 1ST LT. NICK ALLEN
Legal Assistance Office

Everyone knows the story — a Soldier who has enjoyed several years of having sole physical custody of his or her child lets the ex-spouse have temporary custody while the Soldier deploys. When the Soldier comes back home, though, the ex-spouse has taken custody away from the Soldier, simply because the Soldier was away fighting for our nation.

The issue of deployment and child custody modification has seen great changes since the problem first started to appear in its current form around 2004. Nonetheless, it still persists and can hammer the morale and well-being of parents in uniform. The following guidelines provide some suggestions on what Soldiers can do if faced with that situation.

MODIFICATION IN GENERAL

Whether a child custody arrangement can change depends on the law of the state involved. Child custody, usually determined by court order, is modifiable. Even in the case that a parent receives permanent sole physical custody of a child, a court still has the ability to change custody to the other parent.

A change in custody typically requires filing a motion for modification of a child custody order. The person wishing to change custody must file the motion with the proper court and has the burden of proof to explain why custody should change.

Per the Uniform Child Custody Jurisdiction and Enforcement Act, the filing party can determine which court is proper by looking to see which court has “continuing, exclusive jurisdiction” in the case (almost always the court issuing the order). This means that the court declares itself to be the only court with the authority to modify the custody order it has just created. Nothing can force this court to give up jurisdiction. However, the court can refuse to exercise jurisdiction (and give jurisdiction to another state in the process) if it no longer has significant connections to the child and the child’s parent/guardian or if another state determines that the child and the parent/guardian no longer reside in the court’s state.

Why a state court might change custody depends on the state law involved. The person seeking to change the custody arrangement usually must show two things — that a substantial change in circumstances occurred that warrants changing custody and that a change in custody is in the best interest of the child or children involved. States vary wildly about what factors a court can consider when deliberating these matters.

This second concern about the reason why a change in custody can occur is crucial to deployed single parents. The crux of that concern is whether a court can look at a parent’s deployment as a change in circumstances to justify a change of custody. As with almost all other matters of family law, it depends on the state involved.

STATE POSITIONS ON DEPLOYMENT

The ways in which states vary in their treatment of custody modification while a service member is deployed is almost as numerous as the states themselves. States often define terms (such as “service member” and “deploy”) differently. Some states only provide protection from modification to Reserve component members. Time frames for protection from modification differ greatly as

well. For example, in Arizona, only deployments of up to six months receive protection from modification but in Oregon the protection lasts as long as 30 months.

Many states allow courts to consider deployment as a substantial change in circumstances as long as deployment is not the sole basis for modifying custody. Other states, such as Mississippi, prohibit considering deployment at all. And some states, such as Georgia, Louisiana, Connecticut and Nevada, have no laws to protect service members from custody modification due to their deployment.

South Carolina provides considerable protection for service members. The Military Parent Equal Protection Act, found in Title 63 of the Code of Laws of South Carolina, prohibits state courts from letting deployment (or certain other forms of military service) be the only reason child custody is modified. Deployment can still be a factor — just not the only one.

Also, any modification order made while the service member is deployed cannot be finalized until 90 days after the service member returns, giving the service

member time to respond to a motion for modification. If deployment is soon and a court has not issued a permanent custody order for the service member yet, the service member can request an expedited temporary hearing, which will arrange for temporary custody, among other things, and can be changed when the service member returns. South Carolina does not limit its protections to any deployment time frame.

These protections and others provided in MPEPA apply not only to active duty military of all branches but also Reserve components and National Guard parents on Title 32 status.

FAMILY CARE PLANS AND THE SCRA

Any parent, single or not, who has deployed or is about to deploy is probably familiar with the Army Family Care Plan. It requires a deploying parent to indicate what arrangements have been made for the care of dependents while the parent is away. AR 600-20 demands that single parents and dual-military parents have a family care plan prepared before deploying. Military parents married to civilians are also encouraged, though not required, to have a family care plan ready before going down range.

However, with one exception, family care plans are not enforceable in court. In other words, if a Soldier indicates in her family care plan that her mother should have temporary physical custody over her child while she is in Afghanistan but has nothing else to show, the non-deploying parent may still be able to obtain permanent

physical custody of the child (again, depending on the state). A family care plan only tells a Soldier’s command that arrangements are made. It is not a court order and has no force of law. The exception is that Arizona courts will enforce a family care plan if it is registered with the courts.

Most Soldiers are also familiar with the Servicemembers’ Civil Relief Act and the many rights it provides to service members in such affairs as lease termination, interest rate reduction, etc. However, the SCRA provides scant protection for service members in the way of custody modification. Efforts to invoke the SCRA to block a custody modification during deployment almost always fail. The most the SCRA can do is require the court to delay proceedings for 90 days from the date of filing. As no deployments are shorter than 90 days, the hearing will most likely continue while the service member is overseas.

WHAT YOU SHOULD DO

The first thing to do if you find yourself in a situation where custody of your child seems to be in peril because

you deployed is to contact a family law attorney in the state where modification could happen. The attorney can tell you what the law is for your state and what you can do to protect your rights.

To try to head off this problem before deploying, Soldiers should consider the following:

- Draft a family care plan, indicate your wishes on custody arrangements, make a copy for your records, and submit it to the proper authority. Even if AR 600-20 does not demand that you do it. It may not be

enforceable in court, but at the very least it indicates your wishes and expectations in writing.

- Try to get a consent form from the non-custodial parent concerning the custody arrangement you want while you’re away and what you want when you return. This may be hard to get, but it would go a long way in protecting your interests.

- Obtain a court order that allows the child to stay in the custody of a person you designate until you return. This is the best way to assure that your custody arrangement is preserved while you’re deployed.

The Fort Jackson Judge Advocate General office can provide further information regarding child custody modification in South Carolina. Although JAG attorneys can provide advice concerning these and other family law matters in South Carolina and Army regulations, they cannot represent Soldiers in a South Carolina Family Court. If you would like to talk about child custody, modification or other similar concerns, call the Legal Assistance Office at 751-4287 to schedule an appointment with an attorney.

