

THURSDAY, AUG. 13, 2015

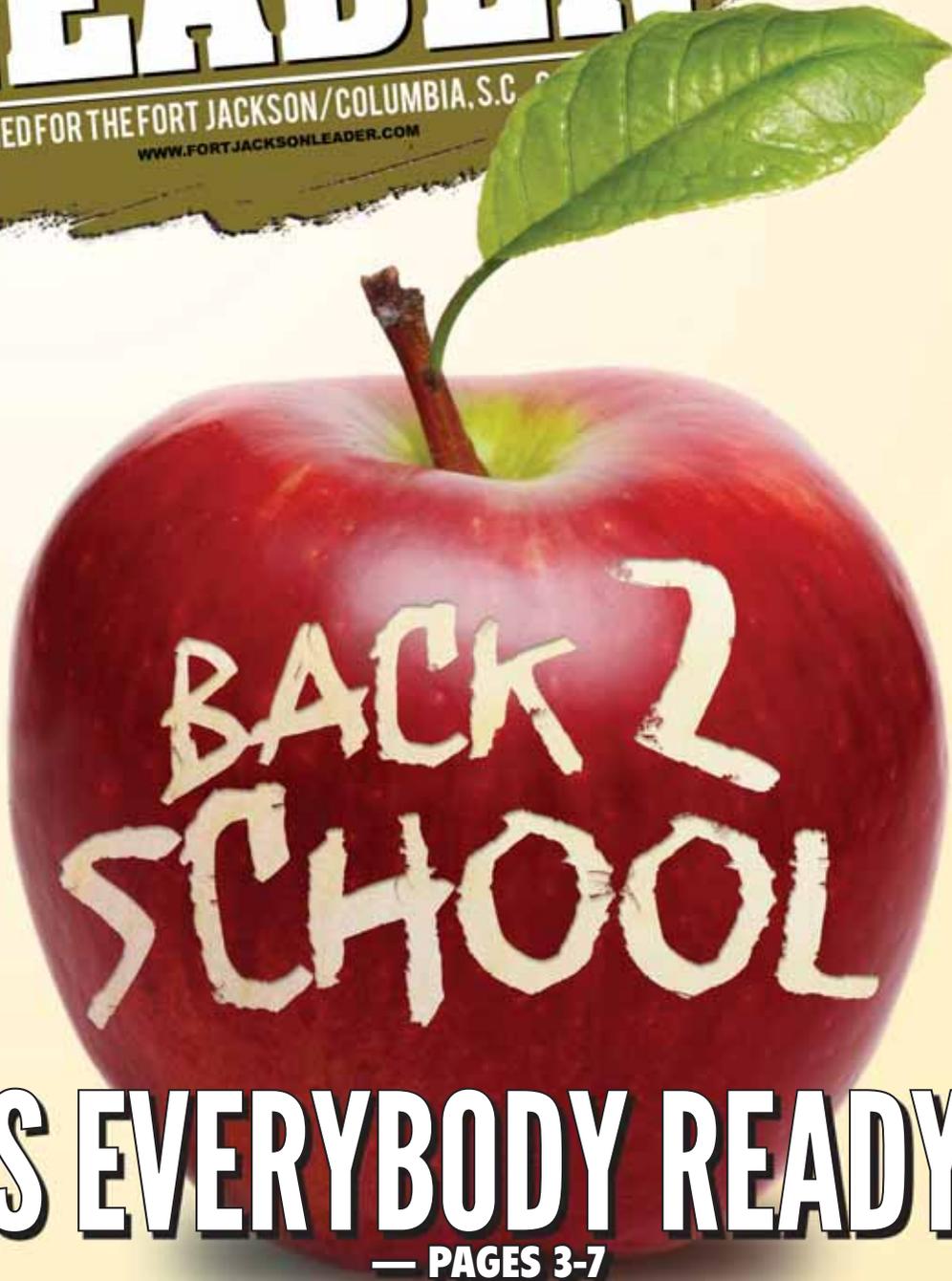
THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. 29541
WWW.FORTJACKSONLEADER.COM

**'I BECAME
A SOLDIER'**

**THEIR LIVES,
OUR MISSION**

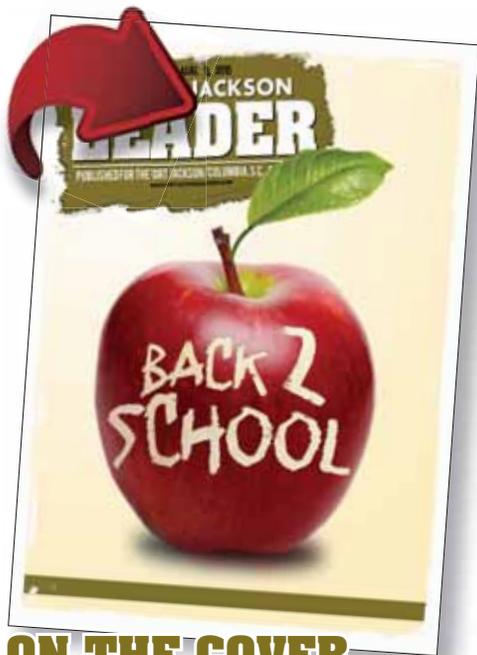
— PAGE 9



IS EVERYBODY READY?

— PAGES 3-7

★ COMMUNITY SNAPSHOTS, PAGE 8 ★ MOVIES, PAGE 15 ★ FITNESS, PAGE 18 ★ WORSHIP, PAGE 22 ★ DSOC, PAGE 25 ★



ON THE COVER

Illustration by WALLACE MCBRIDE

The new school year begins next week for Fort Jackson students. **SEE PAGES 3-7.**



Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Co. of the firms, products or services advertised.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is published by Camden Media Co., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson.

The civilian printer is responsible for commercial advertising.

For display advertising rates and information call 803-432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29020. For classified advertising information only: call 800-698-3514 or e-mail sbrnham@chronicle-independent.com or fax 803-432-7609.

For questions or concerns about subscriptions, call 803-432-6157. To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call 803-751-7045 or e-mail fjleader@gmail.com.

Commanding General Maj. Gen. Roger L. Cloutier Jr.
 Garrison Commander Col. James W. Ellerson Jr.
 Public Affairs Officer Michael B. Pond
 Garrison Public Affairs Officer Patrick Jones
 Command Information Officer Christopher Fletcher
 Editor/Staff Writer Christine Schweickert
 Staff Writer Wallace McBride
 Staff Writer Jennifer Stride
 Staff Writer Robert Timmons

Website: www.fortjacksonleader.com

Facebook: www.facebook.com/FortJacksonLeader

Twitter: www.twitter.com/fortjacksonpao

Community Calendar

SEND ALL SUBMISSIONS TO
 FJLeader@gmail.com

Deadline for events to be included in Happenings is one week before publication. Include the time, date and place the event will take place, as well as any other information you might deem necessary.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to publish an article for the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible. With any photo you submit, include IDs — including rank, unit and first and last names.

Questions? Call 751-7045.

TODAY

Baby Basics

10 a.m. to noon, Classroom 10, 5614 Hood St. For expectant parents. Open to active-duty, retired Soldiers; Families; DOD civilians. For information, call 751-6325.

FRIDAY

Spouse Reset

The deadline to apply for USO North Carolina's Spouse Reset: A Resiliency Program for Military Spouses is today. The program will be Aug. 29 and 30 at Cape Fear Botanical Garden, near Fort Bragg, N.C. The workshop is intended to help Spouses deal with the pressures of the military life, such as deployments, traumatic stress, couples communication and child-rearing. The workshop, materials, child care and hotel stay all come at no cost. For information, call Kelli Davis at 919-840-3000 or email kdavis@uso-nc.org.

Bowling outing

4:30-6 p.m., Century Lanes, 4464 Gregg St. Open to participants in Exceptional Family Member Program.

Back-to-school color run/field day

6-8 p.m., Youth Sports Complex.

SATURDAY

5K Run for the Fallen

7:30-10:30 a.m., Darby Field. Free event honoring fallen Soldiers, their Families.

SUNDAY

Feds Feed Families

Chapels on post will collect for the Department of Defense food drive.

Champagne brunch

11-11:30 a.m., Officers' Club. \$14.95 for members; \$19.95 for non-members, guests; \$6.95 for children 4 to 11. For information, call 803-782-8761. For reservations, call 751-4906.

WEDNESDAY

Personal financial-management readiness for first-term Soldiers

8:30 a.m. to 4:40 p.m., Room B-206, Education Center. Mandatory for Soldiers for whom Fort Jackson is the first permanent posting.

Bright Honeybee play group

10-11:30 a.m., Classroom 8, 5614 Hood St. Designed to help parents learn developmentally appropriate play. Open to active-duty, retired Soldiers; Family. For information, call 751-6325/9035/6724/2731.

AUG. 20

Financial planning for initial PCS move and relocation readiness

9-10:30 a.m., Room B-206, Education Center. Mandatory for junior enlisted Soldiers preparing to change stations. For the first time. Class must be taken no later than 90 days before out-processing. Spouses encouraged to attend.

Breastfeeding

2-5 p.m., Classroom 10, 5614 Hood St. Open to active-duty, retired Soldiers, Family who have newborns to 6-week-olds. Child care provided. For information or to register, call 751-6325/9035/6724.

AUG. 21

Family movie night

5 p.m., post theater. Coloring competition, face painting, games and more before movie showing.

AUG. 24

Starbucks grand opening

5:30 a.m., 5650 Lee Road.

Alternative Health Fair

10 a.m. to noon, Solomon Center. For information, call Pam Long at 751-3700.

AUG. 24

Webinar on breastfeeding

1:30 p.m. Agencies concerned with making sure women can nurse at the workplace will present a tour of the "Supporting Nursing Moms at Work: Employer Solutions" website of the Department of Health and Human Services (www.womenshealth.gov/breastfeeding/employer-solutions), as well as overviews of successful programs. For information, contact worklife@opm.gov.

SEPT. 1

Community career fair

9 a.m. to noon, NCO Club. Meet more than 50 local employers. Open to military personnel, veterans, Family members, surviving spouses, DOD civilian employees. For information, call Barbara Martin, 751-5256.

SEPT. 3

Change of responsibility

CW5 Coral J. Jones will relinquish responsibility of the Adjutant General's Corps to CW5 David G. Betancourt at 2:30 p.m. at the U.S. Army Soldier Support Institute Auditorium, Building 10000. Those who wish to attend should RSVP by Aug. 25 to CW3 Charmaine L. Hilliard at charmaine.l.Hilliard.mil@mail.mil or 751-8642.

Fort Jackson Gate Operation Hours

GATE 1:

5 a.m. to 1 p.m. Monday through Friday
 3:30 - 6 p.m. Monday through Friday (out-bound only)
 Closed on weekends and federal holidays.

GATE 2:

Open around the clock.

GATE 4:

5 a.m. - 8 p.m. Monday through Friday
 Closed on weekends and federal holidays.

GATE 5:

5 a.m. to 1 p.m. Monday through Friday
 3:30 - 6 p.m. Monday through Friday (out-bound only)
 5 a.m. to 8 p.m. Saturday and Sunday.



Leader file photo

Parents take children to Pierce Terrace Elementary at the start of school in 2014. For students at Fort Jackson's two elementary schools, the start of school will come Monday. Middle and high school students will return to classes on Wednesday.

Wake up! School's almost here

By **ROBERT TIMMONS**
Fort Jackson Leader

Whether it's kindergarten or the senior year in high school, the first day of school brings new challenges. It's the day students meet the teachers and fellow students who will change their lives.

For students at Fort Jackson's two elementary schools, the start of school will come Monday. Middle and high school students will return to classes two days later.

At a ceremony Wednesday honoring the first day of school, Command Sgt. Maj. Rod Celestaine, the garrison's senior enlisted adviser, said each educator would leave an "indelible mark" on a student's life.

These indelible marks will include 21st century skills.

Fort Jackson schools will use multiple strategies to help "address the multiple needs of our students," said Samantha Ingram, superintendent of the South Carolina/Fort Stewart/Department of Defense Dependent Schools-Cuba School District after the ceremony.

"The students will be using their 21st century skills," she said. They will collaborate with others and use "technology across the curriculum." They will use project-based learning to attempt to solve real-world problems.

In 2014, students collaborated with others at bases in Cuba, using video teleconferencing.

Parents also can help their children, Ingram said. They can start by reading with their students and "talking to their teachers to find out what they are working on" so parents can reinforce what their children are learning.

With the beginning of school, parents also must be aware their children need vaccinations.

Department of Defense Education Activity school pol-

icy states that all students must be up to date with their immunizations.

The federal Centers for Disease Control and Prevention in Atlanta estimates that 67 percent of those who contracted measles during the 2014-2015 outbreak at Disneyland were not immunized.

To find out what immunizations your child may need, visit <http://bit.ly/1L61Ysu>.

Information on required immunizations for Richland School District 2 are listed at <http://bit.ly/1MkqKDL>.

Frank McClanahan of the U.S. Army Combat Readiness Center writes in his article "Schooling Kids with Safety" that a successful school year begins with safety.

Most students on Fort Jackson schools walk, ride bikes or are dropped off by parents, but middle and high school students ride buses to Dent Middle School and Richland Northeast High School.

McClanahan recommends that children never walk alone and stay within defined routes to and from school.

Bicyclists should follow the same rules as walkers and should wear proper protective gear, including helmets and reflective gear.

Children waiting for a bus should watch out for other vehicles and should wait until their bus comes to a complete stop before entering, he advises.

Upon exiting the vehicle, they should walk "at least 10 steps away from the front of the bus so the driver can see you."

In his article, McClanahan cautions that back-to-school safety isn't just a parental concern: "All motorists must be mindful that school is back in session and practice safe driving habits."

Middle school and high school students can find their

Photo by **ROBERT TIMMONS**

Balloons decorate the halls of C.C. Pinckney Elementary, welcoming students and teachers when the new school year begins next week.

bus schedules by visiting <http://bit.ly/1Pl8vxY>.

For more information about on-post schooling, call Pierce Terrace Elementary School at 803-782-1772 or C.C. Pinckney Elementary at 803-787-6815.

With school comes stress and temptation

BY SANDRA BARNES
Prevention Coordinator,
Army Substance Abuse Program

It's time again to trade the carefree freedom of summer for the routine of the school year.

Many students can find returning to school stressful, no matter their age. They worry about making friends, getting good teachers and finding their way around new buildings.

When back-to-school stress gets to be too much to handle, it can lead to the use and abuse of alcohol and other drugs. If your children are young, you may think that danger lurks in the years ahead – but now is the time to prepare.

As parents and guardians, we must teach our children to reject alcohol and other

For information about substance abuse, call the Army Substance Abuse Program (ASAP) at 751-5007.



drugs because it jeopardizes their health, and interferes with academic and social development.

It's important to establish and maintain good communication with your children.

A close relationship while they are young will make it easier for your children to come to you with problems later.

A child who has a close relationship with you will be less likely to develop mental health problems and to experiment with al-

cohol, tobacco or illegal drugs.

Sooner or later, your children may hang out with friends they thought would never use drugs, or be at a sleepover and suddenly be offered a joint.

It's important to prepare them for this moment of truth because a decision at that moment could have life-long effects.

We know that those who begin to use alcohol or tobacco when they are young are more likely to use them later in life.

Thinking ahead about this decision to use or not to use will give your children the edge in an unexpected situation.

Your children will face a number of tough decisions. Since most children find making friends and fitting important, peer pressure will exert a big impact on decisions – especially those about drug and tobacco use.

Children may be afraid that if they say no to something harmful, they won't be accepted.

Help your children learn what qualities to look for in friends, and advise them about what to say if offered harmful substances. If you teach children how to say no in dangerous situations, they will feel more confidence in their decisions.

Remind your children that the best way to refuse drugs and tobacco is to spend time with people who don't use these substances. Help them establish positive friendships, and monitor your children's activities.

Teach them about the dangers of tobacco, alcohol and other drugs.

As summer vacation draws to a close and the school routine begins, take the opportunity to reconnect with your children and have some important conversations.

RECURRING MEETINGS

FAMILY

Fort Jackson Homeschoolers, second and fourth Tuesdays. For time and location, call 803-419-0760, or email johnlazzi@yahoo.com.

HEALTH & FITNESS

MEDPROS training, 1-4 p.m. third Friday, Room 9-83, Moncrief Army Community Hospital. For information, email Erica.Aikens@amedd.army.mil.

MILITARY

Adjutant General's Corps Regimental Association, Carolina Chapter, 11:30 a.m. to 1 p.m. second Friday, NCO Club. For information, call 751-8347.

American Legion Post 182, 6 p.m. first Tuesday, Officers' Club. For information, call 803-351-2333.

American Legion Louis D. Simmons Post 215, 5 p.m. fourth Sunday, 2432 Chappelle St. For information, call 803-765-0175.

Columbia Composite Squadron, Civil Air Patrol, 6:30 p.m. Mondays, main conference room, Owens Field. For information, contact Tom.Alsup@gmail.com or www.scwg.cap.gov.

Disabled American Veterans, 92nd Buffalo Chapter 20, 11 a.m. third Saturday (except July and August), DAV Headquarters, 511 Violet St., West Columbia. For information, call 803-260-1067.

Fleet Reserve Association Branch and Unit 202, 12:30 p.m. third Tuesday, 2620 Lee Road. For information, call 803-647-0040 or email turner6516@gmail.com.

Ladies Auxiliary, Louis D. Simmons Post 215, 3 p.m. fourth Sunday, 2432 Chappelle St. For information, call 803-765-0175.

Ladies Auxiliary, Veterans of Foreign Wars Post 641, 2 p.m. second Sunday, 534 S. Beltline Blvd. For information, call 803-782-5943/0148.

Ladies Auxiliary, VFW Post 4262, 5 p.m. second Sunday, 5821 North Main St. For information, call 803-754-1614.

Military Chaplains Association, S.C. Chapter, noon second Tuesday, NCO Club. For information, call 751-7316 or email samuel.j.boone.civ@mail.mil.

Purple Heart No. 402, 7 p.m. fourth Tuesday, American Legion Post 6, 200 Pickens St. For information, call 803-351-2333.

Range-control briefing, 1 p.m. Fridays, Range 6. For information, call 751-7171.

Retired Enlisted Association, 5:30 p.m. third Friday, third floor, Moncrief Army Community Hospital. For information, call 803-740-2319 or email jrogers11@sc.rr.com.

Retired Military Police Association, 9:30 a.m. second Saturday, Golden Corral, 5300 Forest Dr. For information, call 803-438-2090, 803-776-4401 or 864-634-7360.

The Rocks Inc., James Webster Smith Chapter, 6 p.m. third Tuesday, Post Conference Room.

Seabees, 7 p.m. second Monday, West Metro Chamber of Commerce and Visitors Center. For information, call 803-755-7792/0300.

Sergeant Audie Murphy Club Association, noon first Tuesday, NCO Club. For information, visit www.facebook.com/FJSAMCA.

Sergeant Audie Murphy Club Association study hall, noon Thursdays, NCO Academy conference room. For information, visit www.facebook.com/FJSAMCA.

Sergeants Major Association, 4:30 p.m. last working Thursday of the month, Magruder's Pub. For information, call 803-338-1904.

Society of American Military Engineers, 11:30 a.m. fourth Thursday. For information, call 803-254-0518 or 803-765-0320.

Swampfox Warrant Officer Association, 11:30 a.m. to 12:45 p.m. first Thursday, Officers' Club. For information, visit fortjacksonwoa@yahoo.com.

Veterans of Foreign Wars, Gandy-Griffin Post 4262, 7 p.m. third Tuesday, 5821 N. Main St. For information, call 803-754-1614 or 803-447-2320.

Veterans of Foreign Wars, Post 641, 7:30 p.m. second Monday, 534 S. Beltline Blvd. For information, call 803-782-5943/0148.

Vietnam Veterans of America, Chapter 303, 7 p.m. third Tuesday, American Legion Post 6, 200 Pickens St. For information, call 803-312-4895.

PROFESSIONAL

National Active and Retired Federal Employees, Chapter 87, 11:30 a.m. second Friday, Seawell's, 1125 Rosewood Dr. For information, email kathrynhenstley@hotmail.com or gilltintin@803@aol.com.

National Federation of Federal Employees, 11:30 a.m., second Tuesday, first floor, 4200 Sumter Road. For information, call 751-2622.

Professional Mentorship Network (for women), 11:30 a.m. to 1 p.m. fourth Tuesday, NCO Club. For information, call 751-8187.

SOCIAL

American Legion Riders Motorcycle Group, 7 p.m. third Thursday, American Legion Post 6, 200 Pickens St. For information, call 803-360-3830.

Better Opportunities for Single Soldiers, 11:45 a.m. to 12:45 a.m. first and third Wednesdays, Single Soldier Complex, Building 2447. For information, call 751-1148.

Combat Vets Motorcycle Association, noon third Sunday. For information, call 774-451-7504, email armyaguiar@yahoo.com or visit www.combatvet.org.

Victory Riders Motorcycle Club, 5 p.m. first and third Thursdays, Magruder's Pub. For information, email sec@fvictoryriders.com.

SPORTS

Fort Jackson Bass Club, 7 p.m. first Monday, Joe E. Mann Center. For information, visit www.jacksonanglers.com.

SUPPORT

Alcoholics Anonymous, noon every Friday, 9810 Lee Road (Army Substance Abuse Program). For information, call 751-6597.

Gold Star Wives, Palmetto Chapter, 3 p.m. second Sunday, third-floor conference room, Moncrief Army Community Hospital. For information, call 803-695-5345.

Helping Everyone Reach Optimum Strength (for combat veterans and their families), 5-6 p.m. Tuesdays, seventh floor, Moncrief Army Community Hospital. Open to combat veterans, family members.

Weight-Loss Surgery Support Group, noon, second and fourth Mondays, Weight Management Center, 180 Laurel St.; 6:30 p.m. second Monday, ground level, meeting room 2. Palmetto Health Baptist Breast Health Center, 1501 Sumter St.

Summer program boosts reading levels

BY CHRISTINE SCHWEICKERT
Fort Jackson Leader

More than 30 children attending Fort Jackson's three child-development centers this summer will return to school as better readers, thanks to a grant-financed program designed to boost vocabulary and comprehension.

The children attend high-poverty schools in Richland 1 and 2 during the school year. Program coordinators also allowed 10 students from Fort Jackson's two elementary schools to use the materials as they created art and learned to cook.

"All three sites had to expand areas" to encourage reading, said Bertha White, a training specialist with Child, Youth and School Services who works with children at Imboden School Age Center. For example, training specialist Christina Brown said that Imboden Child Development Center added poetry and writing centers.

South Carolina's Afterschool Alliance financed the program, aimed at children in kindergarten through fifth grade who attend high-poverty schools.

The computer-based I-Ready curriculum allowed children to read at their child-care centers – Imboden Child Development Center, and Imboden and Hood Street school-age centers – and will let them use the materials at home throughout the coming school year.

The summer program included 20 hours of reading instruction for each student. Instruction included games that tested knowledge of certain skills – phonics, vocabulary, understanding – so children "played" while they learned. They also had time just to read an array of high-quality children's books.

"Yes, you're playing, but you're still using the literacy," White said.



Photo by CHRISTINE SCHWEICKERT

Romeo White, 8 and a rising third-grader at Horrell Hill Elementary School, avidly reads 'Hey, Little Ant' by Imboden Child Development Center. Romeo was one of 30 children enrolled in the I-Ready program at Fort Jackson centers.

The centers intend to continue using the program during the school year, to boost homework skills.

The S.C. Afterschool Alliance is a partnership among

government agencies, private foundations, the arts community, school districts and colleges, and child-development centers aimed at promoting learning.



Photo courtesy of UNIVERSITY OF SOUTH CAROLINA CREATIVE SERVICES

Nearly 2,000 Soldiers on Fort Jackson attend college classes – a high number, considering that most Soldiers are in Basic Training. Four colleges offer on-post classes. Depending on their size, other posts may welcome five times as many colleges.

College\$ love \$oldiers, so take care

BY CHRISTINE SCHWEICKERT
Fort Jackson Leader

Kids aren't the only ones heading back to school. A couple thousand Fort Jackson Soldiers will start or resume college classes this fall.

But while schoolchildren have it easy – they go to the schools closest to home – Soldiers have a much broader selection, and they pay for their classes with federal dollars.

So, to potential colleges, a Soldier isn't just a Soldier. He's a steady income.

And that can lead to trouble.

"A lot of colleges, they want access to Soldiers because you're going to get a lot of money out of them," said Robert Youmans, director of human resources. Youmans is looking for a new education services officer to work with colleges that wish to come on post – the latest ESO retired in May.

"The colleges know the procedures," Youmans said, but sometimes commanders trying to help their Soldiers "bring folks out and they are not vetted." Soldiers see the college representatives and assume everything has gone through the proper vetting procedures when it hasn't.

In April 2012, President Barack Obama signed an executive order aimed at protecting Soldiers from so-called diploma mills – colleges that hand out worthless degrees – and other schools that take more and more money for more and more classes that never result in degrees.

"I've heard the stories," Obama said in a speech at Fort Stewart, Georgia. "They harass you into making a quick decision with all those calls and emails. And if they can't get you online, they show up on post."

Commanders, Soldiers and others with questions about college or the Voluntary Education Partnership requirement that allows college recruitment on post may call the Army Education Center at 751-5341.



Obama promised to "bring an end to the aggressive – and sometimes dishonest – recruiting" by increasing oversight, strengthening the rules about who can come onto post to talk to Service members, and making it easier to file complaints.

Just last week, the Department of Defense confirmed that it was investigating recruitment practices by the University of Phoenix, the country's largest recipient of GI Bill money. It also canceled its contract allowing the university to offer classes to Soldiers posted to Europe.

Only four colleges and universities offer classes on Fort Jackson – Claflin University, Midlands Technical College, Webster University and the University of South Carolina, which has offered classes on post for 40 years.

Colleges who want to recruit Soldiers must sign a Voluntary Education Partnership agreement that pledges they will provide "meaningful information" on the cost and quality of the school, "abusive and deceptive recruiting practices" and provide "high-quality academic and student support services."

The number of colleges that serve a post depends on Soldiers' demands. Since Fort Jackson is a TRADOC

post – most Soldiers on post aren't permanent party – the demand for college classes is lower. Figures show that Fort Jackson had 1,800 Soldiers taking courses in the second quarter of 2015.

Other colleges offer online courses that Soldiers can take anywhere. Finding the right program at the right college for the right cost can be difficult and time consuming. That's where the post's education counselors come in.

"If you log on (to a college website) and the first thing you see is a person in a headset saying, 'Hi there. I'm Karen, and I'm ready to talk to you,'" you probably are looking at the wrong school, said Carmen Alexander, a counselor at the post's Army Education Center.

When you're researching, you want to see whether a college has the proper accreditation, a program that meets your requirements and tuition costs that won't suck your Army education funds dry, Alexander said.

That's where she and her colleagues come in. They've been doing this kind of research for a while and can answer Soldier-specific questions that even GoArmyEd.com may not be able to answer.

"We can't promote any one school – or not promote any one school – but we can definitely help them research" which college to choose, she said.

Soldiers who try to research on their own often don't know what to look for – accreditation, cost and a point of contact of whom to ask questions and find themselves stuck in an endless morass of information.

Even if a Soldier has had counseling and later become stuck, "they're always welcome back."

"We won't make the decision for you," Alexander said, "but we'll help you make the best decision."

COMMUNITY SNAPSHOTS



Hoop dreams

Fort Jackson's summer basketball team for 13- to 15-year-olds came in second place in the city basketball league this summer. Youth and fitness Director Darius Lane coached the team. Team members were Darius Wratee, Carlton Linguard, Rashad Williams, Jamal Williams, Kenyon Ford, Jamal Kennedy LaMarion Wilson, Carl Mason, Nathan O'Daniel and Davion Jackson.

Courtesy photo



Lucky 13

Capt. John Borman celebrates a hole in one he shot on Fort Jackson's Wildcat course during an intramural round Aug. 4. Borman, an instructor at the Financial Management School. Borman thought he'd made a good swing, but since he couldn't see hole 13's green from the tee, 'I figured the ball might be close but didn't think I aced it.' After seeing that he had, he tried to stay calm – there were more holes to play – but couldn't help yelling out 'Hole in one, baby!'

Courtesy photo



SAMC member of the year

Staff Sgt. Keisha Lee of the 2nd Battalion, 13th Infantry Regiment has been selected member of the year by the Fort Jackson chapter of the Sgt. Audie Murphy Club.

File photo



"I BECAME A SOLDIER..."

Post commander Maj. Gen. Roger Cloutier has an affection for meeting Soldiers in Basic Combat Training and listening to their stories. He says it reminds him that everyone on Fort Jackson is here to build the best Soldiers in the world.

2nd Battalion, 13th Infantry Regiment

ALPHA COMPANY



PVT. NATALIE DUTTON, 20

"Before I joined (the U.S. Army Reserve in California), I was just working and going to community college," Dutton says.

"I really joined almost out of boredom. I looked around me and just decided, there's so much more out there."

Joining the Reserves has "made me think about going active" and made her realize that "what I do impacts my family more than I realized."

Dutton has a little sister.

"Getting her letters just simply motivates me," she says. "Even if I may struggle to make a PT test" or the like, Dutton knows her sister is proud.

"And my dad ... I'm not just his little girl. There's more to me than that. That's the main reason that keeps me going."

BRAVO COMPANY



PVT. JESSE LAHNA, 17

Lahna has followed in the footsteps of his brother Johnny into the Ohio National Guard in order "to make something of myself."

He has yet to finish high school. That will come at the end of the next school year. When he does, "I'm going to school to be a welder" – something he would not have had the money to do without financing from the Guard.

"My brother was the one who told me about the college benefits and introduced me to a recruiter on my birthday (on Aug. 12)," Lahna says.

Lahna will complete Basic Combat Training at Fort Jackson this summer. Next year, he will complete Advanced Individual Training.

Will he remain in the Guard after completing his training?

"I'm debating on it," he says.

CHARLIE COMPANY



SPC. MARGARET KALGREN, 31

Kalgren has prior service and is married to an Army "ground guy" at Fort Rucker, Alabama.

"I got accepted to flight school," she says – something that wins her points in the informal competition she has going with her husband.

"I first went through (training) at 17," she says. "It's been fun to see how the Army changed its training ... making everybody a Soldier, not just support (for) the people who fight but making them able to fight (as well)."

"I have two sons at home (ages 6 and 7) who think it's supercool to have both parents in the Army."

DELTA COMPANY



SPC. ALLEN GARDNER, 29

"I don't like bullies," Gardner says. That includes "the world's bullies."

"My whole Family's military. I've always wanted to be a pilot."

Gardner intends to become a warrant officer and aviator – a common combination – and to fly Blackhawks.

"My dad was in Special Forces. The thought of him (or someone like him) being on the ground" is Gardner's motivation.

"(Family members) told me how they appreciate air support. I want to be that guy they feel safer because of."

ECHO COMPANY



PFC. BRADLEY HOLLOWAY, 18

"Ever since I was little, I was the kind who wanted to be nothing but a Soldier," Holloway says.

Because one maternal uncle was an Army Ranger and another, a Blackhawk crew chief killed in Afghanistan in 2003, Holloway chose the Army National Guard as a starting point.

"The end game is to make the cut for Special Forces," he says.

"Basic has taught me a lot about leadership than I already expected," says Holloway, a former Boy Scout and Eagle Scout. "It's really been an eye-opening experience."

Because Holloway lives "under the mountains" in Wyoming, the South Carolina heat also has been eye opening.

"It's taught me a lot about adapting and overcoming," he says – "kind of rising to the challenge."

FOXTROT COMPANY



SPC. CHRISTOPHER SHAUL, 23

"I'm a fourth-grade math teacher in Florence, South Carolina," said Shaul, who is training for the S.C. National Guard.

"I like the idea of being a role model."

Shaul teaches in a school where most students live in poverty and in family dysfunction.

"They don't have much to look up to, to look forward to," he said.

The students excitedly keep track of when he goes for weekend training.

"They know I leave early (on Friday) and come back looking a little tired" on Monday, he said.

Shaul eventually would like to become a principal – and a Guard retiree after 20 years.

Sound of ‘Taps’ accompanies this team’s duty

By CAPT. CHARLES E. CHELLMAN
Commander,
Fort Jackson Honor Platoon

Thirty-eight Soldiers on Fort Jackson often go unnoticed as they perform a daily mission – one that offers a new emotional challenge each time it’s performed.

We all understand that Fort Jackson’s primary mission is to train the best Soldiers in our Army, but what about paying respect and rendering honors to the Soldiers of days past?

The men and women of Fort Jackson’s Honor Platoon render final honors to the Army’s fallen every day, ensuring that final memory of our fallen veterans is one of respect, gratitude and loyalty.

Soldiers from Headquarters and Alpha Company, Fort Jackson Special Troops Battalion, make up most of the platoon, but Soldiers from other brigades and training units across Fort Jackson also fill temporary assignments.

The real, unnoticed work often does on behind the scenes, on the third floor of Building 3225 on Magruder Avenue. You can find the Soldiers there constantly training on how to conduct the most professional honors mission or meticulously setting up their Army Service Uniforms.

The small section of the Honor Platoon’s hall-

way displays pictures and thank-you letters from Families. These serve as a constant reminder to each platoon member on why he or she serves each day.

Outside Building 3225, the Honor Platoon covers the entire state, with the exception of the two southernmost counties.

Since the Honor Platoon was established in 2013, it has performed 2,352 funeral honors missions. Two-Soldier teams conducted 1,672 missions. The remaining 680 funerals were conducted with full military honors by seven-Soldier teams.

Each week, the Honor Platoon renders honors to our veterans as many as 27 times, averaging nearly 14,000 miles driven each month.

Four teams make up the Honor Platoon. Each has its own strengths, weaknesses and personalities, but one thing remains the same for all teams – dedication to mission success and the final image given to our nation’s Families.

All are quiet professionals who seek no praise or pat on the back for a job well done.

These Soldiers carry themselves with such pride and humility that their presence often is forgotten after the fact, but each Soldier – regardless of rank – who serves with the Honor Platoon usually leaves with a better understanding of how the Army takes care of its most valuable asset: Family.



CHELLMAN



Courtesy photo

Staff Sgt. Bryan Bass and other members of the Honor Platoon pay respects at the funeral of Pfc. John Russell Bowers in March at Greenville Memorial Gardens. The Honor Platoon may attend 20 funerals a week statewide as part of their duty.

Run for the Fallen this weekend

By **ROBERT TIMMONS**
Fort Jackson Leader

Not all runs are created equal.

While Soldiers on Army posts conduct runs every day as part of their Physical Readiness Training regimens, some events bring together runners to show support for a higher goal.

Fort Jackson's 5th annual 5K Run/Walk for the Fallen – at 8 a.m. Aug. 15 on Darby Field – is one such event.

The run, organized by Fort Jackson's Survivor Outreach Services, evolved from a nationwide effort to honor Service members who died in Iraq, said Leslie Smith, Fort Jackson SOS coordinator. A previous commanding gen-

eral designated the run to "honor South Carolina Service members lost since Sept. 11."

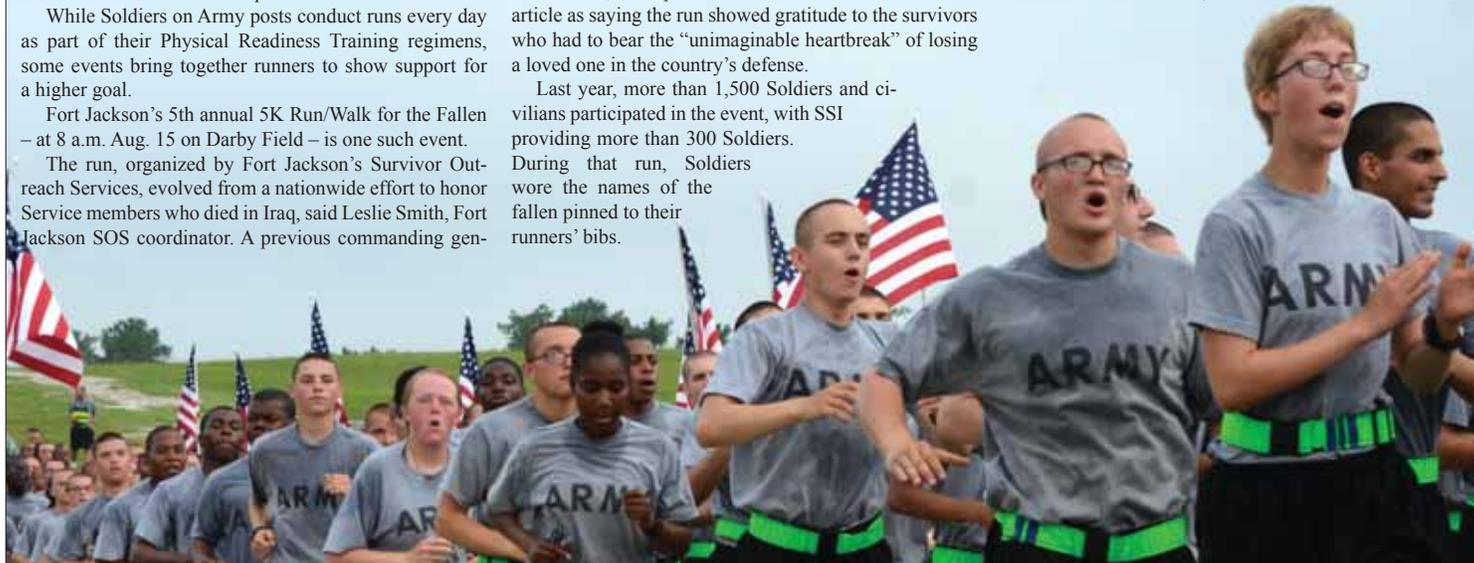
Brig. Gen. Paul Chamberlain, Soldier Support Institute commander, was quoted in a 2014 Fort Jackson Leader article as saying the run showed gratitude to the survivors who had to bear the "unimaginable heartbreak" of losing a loved one in the country's defense.

Last year, more than 1,500 Soldiers and civilians participated in the event, with SSI providing more than 300 Soldiers.

During that run, Soldiers wore the names of the fallen pinned to their runners' bibs.

The institute is scheduled to lead the run again this year. The event is free, but runners can buy commemorative T-shirts for \$10 each.

For more information, call 751-3484.



More than 1,500 runners participated in Fort Jackson's annual Run for the Fallen last year at Hilton Field. Runners were invited to wear bibs bearing the names of fallen Service members. *Leader file photo*

Pilot loops and rolls way to the top

By SENIOR AIRMAN DIANA M. COSSABOOM
20th Fighter Wing, Shaw Air Force Base

SHAW AIR FORCE BASE – An F-16CM Fighting Falcon shoots through the air at 400 knots as Air Force Capt. Craig “Rocket” Baker pushes the aircraft to its limits, experiencing eight to nine times the force of gravity.

After almost three years of inactivity, the Air Force has recertified the Viper Demo Team and chosen Baker as its sole pilot.

“Craig always wanted to be a fighter pilot,” said Lindsey Baker, Baker’s wife of 10 years. “That, coupled with his desire to serve our country, drives what he does. He puts his all into everything that he is passionate about.”

Baker himself says that from a young age he had an itch to fly.

“It’s what I always wanted to do ... from when I was a kid all the way through my Air Force career,” he said.

The first in his family to join the military, Baker underwent three years of vigorous training to become an Air Force pilot, including training to obtain his wings, land and combat-survival training, the Introduction to Fighter Fundamentals course and the F-16 Basic Course.

“It was cool but nerve-wracking,” he said. “Here I was, studying my whole life to be a pilot, and I’ve never flown before. What if I don’t like it?”

During training, pilots can list which aircraft they would like to fly. Baker chose the F-16 because it is a single-seat, single-engine, multirole aircraft that engages in air-to-air and air-to-ground missions.

Now, he is assigned to the 79th Fighter Squadron. He



U.S AIR FORCE PHOTO

Air Force Capt. Craig ‘Rocket’ Baker, F-16 Viper Demo Team pilot, signals to an F-22 Raptor before takeoff at Davis-Monthan Air Force Base, Arizona, earlier this year.

has been assigned to Shaw AFB for two years and deployed twice before being selected for the demo team.

“It’s intense,” he said of flying aerobatics. “It’s similar to 12 minutes of doing wind sprints with a parachute behind your back. I am pulling eight or nine Gs throughout the entire show. It is ... exhausting.”

Baker has represented the Air Force in air shows around the globe.

“Being on the team is very prestigious,” said Air Force Master Sgt. Aaron Smith, the Viper Demo Team’s non-commissioned officer in charge. “You definitely have to be good at your job and know what you’re doing.”

BRIEFS

Congregations to collect for federal food drive

Chapels on post will collect food and other household goods this Sunday for the Defense Department's Feds Feed Families campaign. Donations will aid the local Harvest Hope Food Bank.

Nonperishable food is at the top of the donation list – canned meats, fruits and vegetables – but contributions of grains, snacks and hygiene items also are welcome.

For a complete list of goods, see Happenings on page 27.

Learn something, prevent something

This month marks the sixth yearly observance of Antiterrorism Awareness Month, which is intended to instill Armywide awareness and vigilance.

Soldiers and civilians associated with the Army should:

- recognize and report suspicious activity,
- participate in antiterrorism training,
- work to counter inside threats and
- become familiar with the risks associated with social media.

Army brass – Sgt. Maj. of the Army Daniel Dailey, Chief of Staff Raymond Odierno and Army Secretary John McHugh – urge leaders to strengthen security throughout their communities to make the nation Army Strong!

DOD looks for those with second policies

All Defense Department health-care beneficiaries who carry commercial health insurance must provide their policy information to their TRICARE providers. The issue is important because, by law, commercial health-care insurance companies pay first and TRICARE pays second on medical bills.

When commercial health-care insurers pay first, the DOD and insured patients save money because beneficiaries will have little to no copayments, said Mark Ellis, a senior health-program analyst with the Defense Health Agency.

Active-duty personnel who buy other health insurance total about 5 percent of DOD's health-care beneficiaries.

DOD is looking for beneficiaries who do not provide their commercial health-insurance information to TRICARE providers, Ellis said. That way, DOD can retrieve money owed by providers who performed services.

Such a process can cause frustration for the provider and beneficiary, he said – “it puts (beneficiaries) at risk for having to pay the whole bill.”

Information from the Department of Defense News was used in this report.



Photo by WALLACE McBRIDE

'It's about keeping people safe'

Mark Mallach, Fort Jackson's installation antiterrorism officer, right, leads a team through the post's Military Entrance Processing Station last week, testing the organization's response to an active shooter. Mallach walked through the halls, firing blank rounds to see whether employees and Soldiers responded correctly during a time of crisis. 'We've got active-shooter incidents happening all the time, and folks need to be ready for this,' Mallach said. 'It's about keeping people safe and putting a plan in their head, no matter how small that plan is.'

Reel Time Theaters

Fort Jackson Movie Schedule 3319 Jackson Blvd. PHONE: 803-751-7488

Friday
"Magic Mike XXL" (R), 7 p.m.

Saturday
"Ted 2" (R), 2 p.m.
"The Gallows" (R), 4:30 p.m.

Sunday
"The Gallows" (R), 2 p.m.
"Terminator: Genisys" (PG-13), 4 p.m.

Wednesday
"Ted 2" (R), 2 p.m.
"Terminator: Genisys" (PG-13), 4:30 p.m.

Aug. 21
Family Night
"Minions" (PG), 7 p.m.

Aug. 22
"Train Wreck" (R), 2 p.m.
"Ant Man" (PG-13), 4:30 p.m.

Aug. 23
"Train Wreck" (R), 2 p.m.
"Minions" (PG), 4:30 p.m.

Aug. 26
"Ant Man" (PG-13), 2 p.m.
"Train Wreck" (R), 4:30 p.m.

TICKETS
Adult: \$5.50
Child (6-11): \$3

3-D TICKETS
Adult: \$7.50
Child (6 to 11): \$5

- Ticket sales open 30 minutes before each movie.
- Movie times and schedule subject to change without notice.



Fort Jackson Leader

Join us on Facebook.
Visit www.facebook.com/fortjacksonleader and click "like."

Like · Comment · Share

IN FOCUS



During a steady drizzle, Staff Sgt. Cyrus Vaughn does his best – but fails – to evade Leo as he plays the bad guy in a K-9 demonstration by the 208th Military Working Dog Detachment. Leo's handler, Spc. William Hill, follows hard on Leo's heels.



Firefighter Don Townley explains to Alonnie Chaplin, Bryah Fluker and Serenity Danzey how fire crew members have different jobs – nozzleguy or hose guy, for example – when they arrive at a fire. The girls examined the outside of the truck after clambering into and out of its cab.



Nikisha Burns of the Paul Mitchell School gives 10-year-old Layne Welch a lavender manicure. Young girls flocked to the booth to have their nails done.



Hwiseong and Hyeonseong Kang find the absence of Play Doh no deterrent to their interest in the Early Autism Project display. The children's father, Changyoung, attends the Chaplain's School on post.



Spc. Ethan McAllister, a medical maintenance repair technician at Moncrief Army Community Hospital, embraces his Captain America alter ego at the MACH Family Readiness Group booth. Batgirl Emily Holder's father – Sgt. 1st Class Robert Holder – works in the radiology department at MACH.

Photos by CHRISTINE SCHWEICKERT

What's BLUE and bouncy and all sorts of FUN?

BY CHRISTINE SCHWEICKERT
FORT JACKSON LEADER

Blue cupcakes were not enough, apparently – but a blue body suit? That was another matter entirely.

The 3rd Battalion, 60th Infantry Regiment won this year's \$150 prize for best attendance at Friday's Jackson Jubilee/Directorate of Emergency Services Night Out. But Moncrief Army Community Hospital's Family Readiness Group stymied a repeat two-fer by the 193rd Infantry Brigade by heretically stealing away the Brigade PRG Creative Display trophy.

At the MACH booth, an array of superheroes handed out tiny kits containing alcohol wipes and bandages, leaving the 3-60th's cupcakes in the proverbial dust.

The cupcakes – with swirls of blue icing and packaged in individual plastic containers – were perhaps the most strikingly presented food items, but the event also offered sandwiches, candy, popcorn and bananas from the 65 organizations attending. (The Blue Cross/Blue Shield of South Carolina display offered toothpaste to keep

crevices at bay.)

Outside the Solomon Center, dogs were the hit of the afternoon – K-9s from the Richland County Sheriff's Office and the 208th Military Working Dog Detachment on Fort Jackson.

Again and again, the dogs of the 208th bounded after a flailing bad guy, to the delight of a crowd standing behind barricades.

"You'll see what happens if you take off running (when a K-9 officer stops you)," promised emcee Staff Sgt. Trenton Miller. "It will not be good."

"Dogs do not have opposable thumbs, so they use their mouth to hold on to a person."

Although attendees comprised a veritable Who's Who of Fort Jackson commanders, the event stirred the most enjoyment in the children attending.

From face-painting to the bouncy house, children led their parents from display to display to see what the afternoon had to offer inside and out.

Nine hundred people attended the event, according to Marilyn Bailey, volunteer coordinator for Army Community Service.



Two-year-old twins Madison and Elizabeth Berta check to make sure their parents are still standing outside the bouncy house in the Solomon Center.



Command Sgt. Maj. Chad Utz makes sure Lt. Col. Derek Mayfield signs in correctly so their unit – the 3rd Battalion, 60th Infantry Regiment – will win the attendance competition.

Pick a fitness routine and stick with it

Don't let a few days off sabotage your health

By **LISA YOUNG**

Health Educator, U.S. Army
Public Health Command

The searing heat of summer has to end sometime – good news for those whose fitness routines embrace the great outdoors.

But out in the sunshine isn't the only place to maintain your health. Leisure-time events, occupational tasks, household chores, play, games, sports and planned exercise all contribute to personal fitness.

“Your work hours and family commitments may challenge you, but it is all about making a decision to take control of your own life, and sticking with it,” says Col. David Bitterman, who – until June – was chief of staff of the Army's Southern Regional Medical Command.

“It's about rounding up your family on the weekends and visiting Enchanted Rock State Park, or walking the Mission Reach Trail, or playing soccer with your kids instead of watching them play.”

For a unit, a command, a Soldier or a Family, the Performance Triad encourages us all to achieve 15,000 steps a day, use

proper resistance training techniques and prevent injuries.

Doing something convenient – and that you enjoy – makes staying active easier. Walking, jogging, cycling, swimming, muscle strengthening and endurance resistance training are some of the ways to be physically active.

Staying physically active can:

- Increase energy.
- Tone muscles, easing back pain.
- Reduce stress, helping you relax and sleep better.
- Manage body weight by burning calories and controlling appetite.
- Reduce risk of heart attack and type 2 diabetes.
- Manage high blood pressure and diabetes.
- Slow osteoporosis bone loss.

Be sure to consult a health-care provider to make sure health problems don't limit your exercise.

The following points are important to keep you safe and ensure that your activity is effective:

- If you walk or run, choose safe plac-

es with several potential routes for variety.

- Stay aware of your surroundings.
- Schedule a consistent time.
- Find a partner or group to exercise with you.
- Wear athletic shoes that fit well and will absorb shock.
- Wear clothes that will keep you dry and comfortable.
- Wear a hat.
- Begin with a warmup of five to seven minutes. A focused and tailored warmup can increase performance and decrease the risk of injury. Gradually increase your activity to a moderate pace for the main routine. Cool down by ending with slower activity for five minutes.
- Stretch the main muscle groups – back, chest, hips and legs – afterward. Hold each stretch for 20 seconds.
- Exercise most days of the week, but plan for at least three to five. To prevent injury, do not increase your intensity and your distance or time in the same week. If you exercise less frequently, progress more slowly.
- Drink water before, during and after

you participate in an activity.

- Wear bright colors or reflective tape after dark so motorists can see you.

A successful program that lasts throughout the year takes commitment.

As motivation, buy an activity tracker to count how many steps you take, the distance you go and how long you exercise. This might spur you go an extra lap around the neighborhood to get to 15,000 steps.

Activity trackers detect body motion, count footsteps, and display calories burned, distance walked and time elapsed.

Joining a fitness group can be fun and a way to make friends.

Things will interrupt your plans to stay active.

Don't let a few days off sabotage your dedication to maintaining good health.

Keep from becoming discouraged by setting realistic goals.

Include simple lifestyle changes that will increase your daily activity, such as taking the stairs, parking at the end of the parking lot or walking the dog twice a day.

Even though staying active can be difficult, keep your goals in mind.

**FORT JACKSON
MILITARY COMMUNITY CAREER FAIR
NCO CLUB (BLDG 5700)
Sept. 1, 2015
9 a.m. to noon**

**Open to all military personnel, military spouses, veterans,
surviving spouses and DOD civilian employees.**

**View participating employers at
fortjacksonmwr.com/acs_emp/**



FORT JACKSON EMPLOYMENT READINESS PROGRAM, 803-751-5256



Stay healthy: Get your shots

By ABIMBOLA ADEOL
Program Evaluator, U.S. Army
Public Health Command

Vaccines are, arguably, one of the greatest public-health interventions of the 20th century. Even so, debate about whether to vaccinate continues.

Vaccination is the injection of a dead or weakened organism such as a virus, bacterium or parasite that causes a particular disease or set of diseases. It produces immunity against the organism so the organism cannot cause illness, or it decreases the seriousness of an illness.

Immunization is the process by which a person becomes immune to or protected from disease.

This can occur when a person comes in contact with the organism causing a dis-

ease or when a person receives antibodies – proteins in the body that attack disease-causing organisms naturally, as through breast milk, or through human intervention such as a vaccine.

It is important to note that vaccines are not available for all diseases.

No one can predict when and where the next disease outbreak will occur, so make sure that you and your Family are protected.

The U.S. Centers for Disease Control and Prevention and its Advisory Committee on Immunization Practices have recommendations for vaccines for all ages:

Children, from birth to 6 years old:

www.cdc.gov/vaccines/parents/downloads/parent-ver-sch-0-6yrs.pdf

Preteens and teens, ages 7 to 18:

www.cdc.gov/vaccines/who/

www.cdc.gov/vaccines/schedules/downloads/adult/adult-combined-schedule.pdf

Adults

Remember to ask your health provider any questions you have about your immunization status. Ask, too, about recommended vaccines and booster shots.

It's also important to work with your health care provider because not everyone may be eligible to receive all the recommended vaccines depending on current health status or medical history.

If you plan to travel, check travel alerts and vaccine requirements.

Remember the famous saying – “An ounce of prevention is worth a pound of cure.” Make sure you take the necessary steps to ensure your Family is protected.

SUBMISSION GUIDELINES

Send all submissions to
FJLeader@gmail.com.

Deadline for events to be included in Happenings, the page 2 calendar and the worship schedule is one week before publication. Include the time, date and place the event will take place, as well as any other information you might deem necessary.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day to submit an article we will publish the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — including rank, unit and first and last names. Questions? Call 751-7045.



Fort Jackson Leader Visit www.facebook.com/fortjacksonleader and click “like.”

WORSHIP SCHEDULE



TRICARE beneficiaries can seek health-care advice and make same-day appointments for urgent health problems 24 hours a day with the Nurse Advice Line. The advice line, available free to beneficiaries, helps callers make informed decisions about their own care or decide when to see a provider after answering a series of questions about their specific concerns.

To reach the Nurse Advice Line, call 1-800-TRICARE (1-800-874-2273) toll free and choose option 1. The line is accessible all day, every day to those in the United States.

For more information — and to see the kinds of questions you will be asked when you call — visit www.TRICARE.mil.

ANGLICAN/LITURGICAL

Sunday
8:30 a.m., worship, Bayonet Chapel
(Communion observed every Sunday.)

CATHOLIC

Sunday
■ 7:30 a.m., Sacrament of Reconciliation, Solomon Center
■ 8 a.m., Mass, Solomon Center
■ 10:30 a.m., Reconciliation (after Mass or by appointment), Main Post Chapel
■ 11 a.m., Mass, Main Post Chapel

Monday through Thursday, first Friday
11:30 a.m., Mass, Main Post Chapel

Wednesday
7 p.m., recitation of the Rosary, Main Post Chapel

CHURCH OF CHRIST

Sunday
11:30 a.m., worship, Anderson Street Chapel

ISLAMIC

Sunday
8-10 a.m., Islamic studies, Main Post Chapel

Friday
12:45-1:30 p.m., Jumah services, Main Post Chapel

JEWISH

Sunday
■ 9:30-10:30 a.m., worship, Memorial

Chapel
■ 10:30-11:30 a.m., book study, Post Conference Room

LATTER-DAY SAINTS

Sunday
9:30-11 a.m., worship, Anderson Street Chapel

Wednesday
■ 3-5 p.m., LDS family social, Anderson Street Chapel
■ 7-8 p.m., LDS scripture study, Anderson Street Chapel

PROTESTANT

Sunday
■ 9 a.m., service, McCrady Chapel (SCARNG), McCrady Training Center
■ 9:30 a.m., Hispanic service, Magruder Chapel
■ 9:30 a.m., service, Main Post Chapel
■ 9:30 a.m., Chapel Next Bible study, Bayonet Chapel
■ 10:30 a.m., gospel worship service, Daniel Circle Chapel
■ 10:45 a.m., Sunday School, Main Post Chapel
■ 11 a.m., service, Memorial Chapel
■ 11 a.m., Chapel Next, Bayonet Chapel
■ 5-6:30 p.m., youth group, Chaplain Family Life Center

Monday
7 p.m., men's Bible study (PMOC),

Chaplain Family Life Center

Wednesday
7 p.m., gospel Bible study, Daniel Circle Chapel

Thursday
11:45 a.m. to 12:30 p.m., Fresh Encounter Bible study, Chaplain Family Life Center

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel, 2335 Anderson St., 751-7032
Bayonet Chapel, 9476 Kemper St., 751-6322/4542
Chaplain Family Life Center, 5460 Marion Ave. (parking lot side), 751-4961
Daniel Circle Chapel, 3359 Daniel Circle (corner of Jackson Boulevard), 751-1297/4478
Education Center, 4581 Scales Ave.
Installation Chaplain's Office, 4475 Gregg St., 751-3121/6318
McCrady Chapel (SCARNG), 3820 McCrady Road (at McCrady Training Center)
Magruder Chapel, 4360 Magruder Ave., 751-3883
Main Post Chapel, 4580 Scales Ave., 751-6469/6681
Memorial Chapel, 4470 Jackson Blvd., 751-7324
U.S. Army Chaplain Center and School, 10100 Lee Road
Warrior Chapel (120th Adjutant General Battalion), 1895 Washington St., 751-5086/7427

Saluting this BCT cycle's honorees

DRILL SERGEANTS OF THE CYCLE. Photos by OITHIP PICKERT, Public Affairs Office



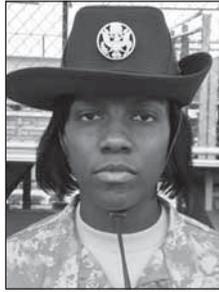
**Sgt. 1st Class
Ramil Preiksaitis**
A Company
2nd Battalion,
13th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pfc. Christopher T. Chambers

**STUDENT LEADER
OF THE CYCLE**
Pvt. Ryker Williams

HIGH BRM
Pvt. Jonathan Maynard

HIGH APFT
Pvt. Kayleeray Allbright



**Sgt.
Damara Walker**
B Company
2nd Battalion,
13th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pfc. Devin W. Haubner

**STUDENT LEADER
OF THE CYCLE**
Pvt. William M. Kellog

HIGH BRM
Pvt. Nicholas Hand

HIGH APFT
Pvt. Matthew A. Stewart



**Staff Sgt.
Jared Duncan**
C Company
2nd Battalion,
13th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Spc. Margaret V. Kalgren

**STUDENT LEADER
OF THE CYCLE**
Pvt. Esperanza Serrano

HIGH BRM
Pvt. Michael C. Costin

HIGH APFT
Pvt. Rosalyn M. Louk



**Staff Sgt.
George Hill**
D Company
2nd Battalion,
13th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Albert Hepburn

**STUDENT LEADER
OF THE CYCLE**
Spc. Allen Gardner

HIGH BRM
Pvt. Angus Gasset

HIGH APFT
Pvt. Brenda Ajavon



**Staff Sgt.
Angelica D. Brown**
E Company
2nd Battalion,
13th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Bradley Holloway

**STUDENT LEADER
OF THE CYCLE**
Pfc. Cody Joe Wieser

HIGH BRM
Pfc. Aaron Dabson

HIGH APFT
Pvt. Patrick Wayne Anderson



**Staff Sgt.
Donald Lester**
F Company
2nd Battalion,
13th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pfc. Evan Jones

**STUDENT LEADER
OF THE CYCLE**
Spc. Christopher Shaul

HIGH BRM
Spc. Clinton W. Jones

HIGH APFT
Pvt. Rachel A. Peterson

Soldiers like 'Ike,' prefer black socks for PT

By C. TODD LOPEZ
Army News Service

Preliminary results show that most Soldiers want to wear the Ike jacket for dress and black socks for physical training, but they'll have to wait a while to know whether their proposed changes will happen. The Army has extended a survey on proposed uniform changes until Aug. 31.

Last month, 120,000 active-duty, Army National Guard and Army Reserve Soldiers received the opportunity to opine online about uniform options.

Ten percent of those offered the opportunity to participate logged in to voice their opinions, but Sgt. Maj. of the Army Daniel A. Dailey wants a more "robust response" from Soldiers before making recommendations.

"It's a healthy survey sample, but I'd like to be sure it's what most Soldiers want before we move forward," Dailey said. He directed the two-week extension.

Approximately 120,000 Soldiers initially received the chance to voice their opinions on the uniform survey. A second email went out Monday to the same Soldiers, offering additional time to participate. The Army can prevent the same individual from voting more than once.

The first survey asked Soldiers their opin-

ion on the wearing of black socks, rather than white socks, with the Army Physical Fitness uniform. Of 12,050 Soldiers who answered the question, 66.7 percent- 8,032 Soldiers - voiced support for black socks.

Concerning the "Eisenhower jacket," 62.8 percent agreed that the jacket should be an option - but not a requirement - for Soldiers.

Dailey also has received positive feedback on the Eisenhower jacket from others.

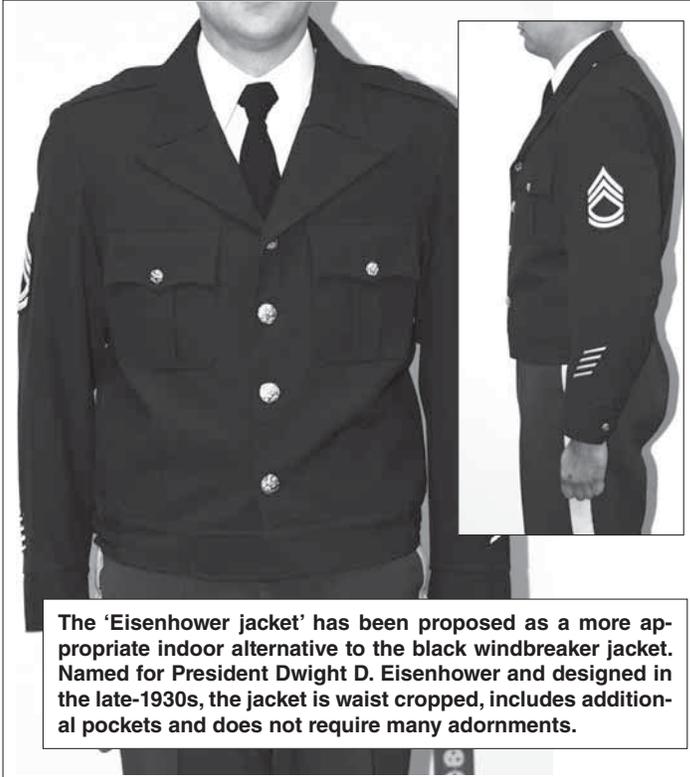
"The veteran community is really excited about the nostalgia aspect of the 'Ike' jacket," Dailey said.

The Army has two campaign hats for drill sergeants. Hats for male drill sergeants feature a flat brim all the way around the hat. Female drill sergeants wear a hat whose brim is folded up on the wearer's left side. The Army asked whether all hats should be the same. More than 60 percent of respondents said "yes."

Another question asked whether the service cap should be the same for all Soldiers. In particular, the Army wanted to know whether the "bus driver hat" should be authorized for both men and women. Approximately 67 percent of Soldiers said "yes."

Dailey plans to endorse the final data.

"If it's what Soldiers want, I'm all for moving the ball down the field on their behalf as long as it doesn't result in a new bill," he said.



The 'Eisenhower jacket' has been proposed as a more appropriate indoor alternative to the black windbreaker jacket. Named for President Dwight D. Eisenhower and designed in the late-1930s, the jacket is waist cropped, includes additional pockets and does not require many adornments.

Mortician finds second life in National Guard

By MAJ. JAMIE DELK
S.C. National Guard

When Brian Calhoun took a breather from the S.C. National Guard, he didn't intend for it to last 16 years.

Calhoun joined the Guard for first time as a senior in high school, training on the weekends. Eventually, he went to mortuary school to continue his education.

When his unit deactivated, he took it as a sign that he should plunge headlong into his new career as a mortician.

"I had just completed mortuary college and was beginning my professional career as a funeral director," said now-Sgt. Calhoun, a photojournalist with the 108th Public Affairs Detachment. "My new job would require me to work weekends, (and) I didn't want weekend drill or annual training to interfere."

"I never intended to be away from the Guard for that amount of time, and I always missed it."

In 2010, Calhoun decided to re-enlist and turned to the Internet to find the perfect job.

"When I found public affairs and photojournalism, I was surprised," he said. "I didn't know the Army had



Courtesy photo

Sgt. Brian Calhoun attends a S.C. Army National Guard Warrior Leadership Course at McCrady Training Center in Eastover in April.

this (job). I started making phone calls, and the rest is history."

In 2015, Calhoun graduated from the Warrior Leader Course at McCrady Training Center, the initial leadership course for non-commissioned officers.

"I knew my class would be full of young specialists or newly minted sergeants, so I could not compare myself to them physically," said Calhoun, 43.

"I went into the course and gave it 100 percent" - and found his age and experience to be an advantage and confidence booster.

As for now ...

"There is no doubt that being a Soldier benefits me every day," Calhoun said. "It gives me pride and confidence as a person, and it reminds me that I am a part of something that is much bigger than myself."

Army defines online misconduct

By Army News Service

Soldiers unsure of what bad behavior looks like online may read the All Army Activities message - or ALARACT - that recently went out forcewide.

Online misconduct, it says, is "the use of electronic communication to inflict harm. Examples include, but are not limited to: harassment, bullying, hazing, stalking, discrimination, retaliation or any other types of misconduct that undermine dignity and respect."

The ALARACT 122/2015 addresses Soldier use of social media and other online forms of communication.

It also emphasizes commanders' responsibility to "reinforce a climate where current and future members of the Army team, including Soldiers, Army civilians, contractors and Family members, understand that online misconduct is inconsistent with Army values."

The document includes an avenue through which "online-related incidents are prevented, reported and addressed at the lowest possible level."

In March, the Army's chief of staff directed the creation of a "tiger team" to address online misbehavior and find ways to prevent and respond to harm inflicted through the use of electronic communication.

Tiger team member Lt. Col. Kay Emerson, director of the Army's Equal Opportunity policy office, said a reporting system would give "senior Army leadership ... a sight picture of reported online-related incidents and actions taken by commanders in the field."

ANNOUNCEMENTS

SCHOOL NEWS

Parents who wish to enroll their children at Pierce Terrace or C.C. Pinckney elementary schools for the 2015-2016 school year should do so before the first day of school on Aug. 17.

PARENTS AND FAMILIES

■ Spouses of differing cultures and countries who wish to receive support or make friends should call 751-1124/9770 for information on the foreign-born spouse support group offered by Army Community Services.

■ The Hearts Apart program provides activities for military Family members separated from their Soldiers. For information, call Army Community Services at 751-9770/1124.

■ Parents may receive information on discipline for children 2 to 12 through the 1-2-3 Magic Program developed by Thomas W. Phelan. For information, call Army Community Services at 751-9035/6724/2731.

■ The Exceptional Family Member Program works with civilian and other military agencies to provide activities, Family support and respite care. For information, call Cheryl Jackson-Leysath at 751-5256.

■ Army Family Team Building offers classes in the basics of Army life, as well as personal and professional development. For information, call 751-5256 or visit www.MyArmyOneSource.com, click on "online training" and select the level you want.

■ To participate in the Army Volunteer Corps, call Marilyn Bailey at 751-5444.

■ Survivor Outreach Services gives support to survivors of deceased Soldiers. For information, call Leslie S. Smith at 751-4867.

ENGLISH AS A SECOND LANGUAGE

Those needing basic language instruction may take part in classes offered by Army Community Services. Classes are open to all ID cardholders and DOD employees. For information, call 751-1124, or email miranda.o.broadus.civ@mail.mil.

EMPLOYMENT READINESS

Army Community Service offers classes in the Microsoft Office Suite for military spouses looking for employment. Classes through the LearnKeys self-paced online program include instruction in Microsoft Word, Excel, PowerPoint, Outlook and Access. The program is available for current military spouses, as well as surviving spouses. Call 751-5256 for information.

SPORTS

FALL SPORTS

Registration for FMWR fall sports has



feds feed families

The Department of Defense and Fort Jackson Commissary are collecting donations for the Feds Feed Families drive to support federal employees in need. The campaign will run until October.

Donors may contribute any kind of nonperishable food but are asked to contribute the following staples, if possible:

- canned fruits (in light syrup or natural juice)
- canned vegetables (low sodium, no salt added)
- multigrained cereals (Cheerios, corn flakes, Grape Nuts, Wheaties)
- grains (brown and white rice, oatmeal, bulgur wheat, quinoa, couscous, macaroni and cheese)
- canned proteins (tuna, salmon, chicken, peanut butter or beans)
- soups (beef stew, chili, chicken noodle, turkey and rice)
- 100 percent juice (all sizes, including juice boxes)
- condiments (tomato-based sauces, light soy sauce, ketchup, mustard, salad dressing, oils)
- snacks (individually packed snacks, crackers, trail mix, dried fruit, granola or cereal bars, pretzels, sandwich crackers)
- baking goods (flour, sugar, baking powder, baking soda, spices, boxed mixes)
- hygiene items (diapers, deodorant, feminine products, toilet paper, facial tissue, soap, toothpaste, shampoo)

opened:

Full soccer – ages 2 to 5, \$20; ages 6 to 16, \$40. Registration through Aug. 21.

Full cheerleading – ages 3 to 5, \$20; ages 6 to 12, \$40. Registration through Aug. 21.

Flag football – ages 4 and 5, \$20; ages 6 to 8, \$40. Registration through Aug. 21.

Cross-country – ages 7 to 14, \$40. Registration through Aug. 28.

Call 751-7451 for more information.

AROUND POST

QUARTERLY SHRED DAY

The Fort Jackson Recycling Center will hold its quarterly Shred Day from 9 a.m. to 2 p.m. Aug. 26. All types of paper with sensitive information will be accepted. The center is at 5671 Lee Road, between Popeyes and the Auto Craft Shop. For additional information, call 751-4208.

EXCHANGE NEWS

■ The Army & Air Force Exchange Service is partnering with Unilever to offer military shoppers \$12,600 worth of electronics. Six Exchange winners each will take home a laptop, tablet, portable digital music player and \$25 gift card. Enter at www.shopmyexchange.com/sweepstakes. Those 18 and older may enter through Sept. 3 for a Sept. 9 drawing.

■ Three Army & Air Force Exchange Service shoppers will win a trip for four to the SeaWorld or Busch Gardens park of their choice, a prize package that includes round-trip airfare and accommodations worth \$4,450. The giveaway, sponsored by SeaWorld and Coca-Cola, is part of the Exchange's Because of You program, a yearlong effort to recognize and reward Service members for their sacrifice and dedication. Shoppers may enter the contest at www.shopmyexchange.com/BecauseofYou through Aug. 31. Three entries will be chosen at random to receive the prizes. Winners will be notified no later than Sept. 19.

■ The Army & Air Force Exchange Service has extended its layaway program until Aug. 31 to include computers for students. A \$3 service fee and a 15 percent deposit will hold items. Visit customer service for details.

COMMISSARY NEWS

■ Kraft is offering the Backpack of Savings promotion until Sept. 6, an in-store opportunity for patrons to win a backpack filled with \$65 of back-to-school essentials. In-store displays and coupons will be available.

■ Through Sept. 30, the Fort Jackson

Commissary will provide shoppers with deals on bulk items such as cereals, breakfast bars, chips, beverages and paper goods.

THRIFT SHOP NEWS

The Fort Jackson Thrift Shop will accept summer clothing through Aug. 27 and begin receiving winter clothing Sept. 8. Those who have Halloween items they no longer need may bring them in Sept. 22 to Oct. 15. The Thrift Shop is at 4713 Lee Road in the Mini Mall. Call 803-787-2153 for information, or visit 9 a.m. to 5 p.m. Tuesdays and Wednesdays, or 9 a.m. to 3 p.m. Thursdays. Consignment hours are 9:30 a.m. to 12:30 p.m. Tuesdays through Thursdays, and bookkeeping hours, 9 a.m. to 1 p.m. Tuesdays and Thursdays.

EVENTS

PALMETTO CAPITAL CITY CLASSIC

Soldiers interested in attending the Sept. 5 Palmetto Capital City Classic, which will pit the Benedict College Tigers against the S.C. State University Bulldogs on the football field, should request tickets from their units. A color guard and the 282nd Army Band will attend, and post commander Maj. Gen. Roger Cloutier will toss the coin to begin the game. Buses will take Soldiers to and from the game.

AG ASSOCIATION BREAKFAST

The Adjutant General's Corps Regimental Association, Carolina Chapter, fourth-quarter general membership breakfast will be 7-8:30 a.m. Sept. 10 at the NCO Club. Cost is \$10. Guest speaker will be Sgt. Maj. Kinzell Hendricks, adjutant general proponent sergeant major. For tickets, call Mrs. Johnson at 751-3014.

OFFICER CANDIDATE REUNION

All alumni are invited to celebrate the 75th anniversary of the Army Officer Candidate School during a reunion April 24-28, 2016, at the Double Tree Hotel, 5321 Sidney Simmons Blvd., Columbus, Georgia. The event will include demonstrations and briefings related to OCS, tours, a memorial/monument walk, an OCS Hall of Fame induction ceremony and an award dinner at the National Infantry Museum. Alumni also may wish to organize mini-reunions during the event. Cost is \$111 per night, which includes breakfast. To request a reservation, call the hotel at 706-327-6868. Current members and those who wish to become members of the alumni association may attend. For further information about the celebration or membership, call Nancy Ionoff at 813-917-4309 or visit www.ocsalumni.com.

HOUSING

RECYCLING AND TRASH

All trash must be placed in the provided containers or in plastic bags. Recycling items are to be placed in the blue bins provided. No trash of any kind may be put out before 7 p.m. the evening before scheduled pickup.