

THURSDAY, AUG. 29, 2013

# THE FORT JACKSON LEADER

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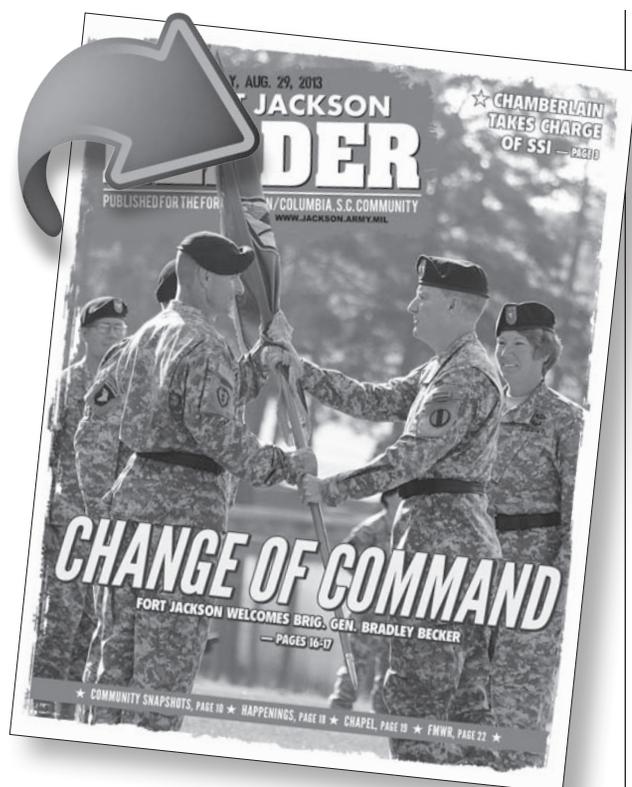
★ CHAMBERLAIN  
TAKES CHARGE  
OF SSI — PAGE 3



# CHANGE OF COMMAND

FORT JACKSON WELCOMES BRIG. GEN. BRADLEY BECKER  
— PAGES 16-17

★ COMMUNITY SNAPSHOTS, PAGE 10 ★ HAPPENINGS, PAGE 18 ★ CHAPEL, PAGE 19 ★ FMWR, PAGE 22 ★



## ON THE COVER

Photo by SUSANNE KAPPLER

**Brig. Gen. Bradley Becker, left, accepts the colors of the Army Training Center and Fort Jackson from Maj. Gen. Bradley May, TRADOC's deputy commanding general for Initial Military Training, Tuesday. SEE PAGES 16-17.**

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#### Fort Jackson, South Carolina 29207

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## NEWS

# Restful sleep third prong of Performance Triad

By DAVID VERGUN  
Army News Service

FALLS CHURCH, Va. — Going without sleep can make Soldiers feel more than just a little grumpy and groggy at work, said a sleep medicine consultant on the Army's Performance Triad program.

"Sleep deprivation, especially over a long period of time, can have medical consequences that include depression and (can) even exacerbate the symptoms of post-traumatic stress disorder," said Col. William Frey.

The Performance Triad, part of the Army's Ready and Resilient Program, consists of three things essential to Soldiers' good health, emotional well-being and performance. Those three things are activity, nutrition and sleep.

Lack of sleep or poor quality sleep can have a host of negative consequences, Frey said. Those range from weight gain and decreased cognitive performance to poor interactions with family and co-workers, and an increased likelihood for accidents.

In the case of weight gain, there is some evidence those who don't get enough sleep tend to stay up late at night watching TV eating junk food, he said.

Ironically, health care providers are themselves more often than not prone to sleep deprivation.

The New England Journal of Medicine published a study on the work schedule of medical interns who worked long hours, he said. The study indicated that their lack of sleep resulted in some serious medical errors.

### QUALITY AS IMPORTANT AS QUANTITY

A general rule of thumb is that adults require about seven or eight hours of sleep a day, children 10 or more depending on their age, he said.

Although a lot of people say they can get by on six hours or less, their performance and health is most likely being affected even if they do not realize it, he said. There is maybe just 1 or 2 percent of the population who does not seem to be as much affected by six hours or less of sleep over an extended period of time.

But it isn't just getting seven or eight hours of sleep; it is the quality of that sleep that is just as important.

Restless sleep can be caused by consuming a nightcap or two before bedtime, requiring trips to the bathroom in the middle of the night, he said.

Caffeine is also a culprit in restless sleep. Frey recommends not consuming coffee, chocolate or tea within six or seven hours of sleeping.

And, eating a big meal right before bedtime is not a good idea either, he said. Rather it is best to space meals out, having a snack or light meal every four to five waking hours — the same advice given by Army nutrition experts.

Besides fitful sleep, there are other kinds of sleep disorders.

Obstructive sleep apnea can be especially troubling for someone who notices their bed companion has stopped breathing, he said. It is relatively common, affecting roughly 25 percent of men and 10 percent of women older than 30.

Although it has a genetic component, sleep apnea is more prevalent in people who are obese — again showing the inter-relationships of the Performance Triad, Frey said, in this case nutrition and sleep.

Other types of sleep disorders include narcolepsy, insomnia, sleep walking, snoring and nightmares.

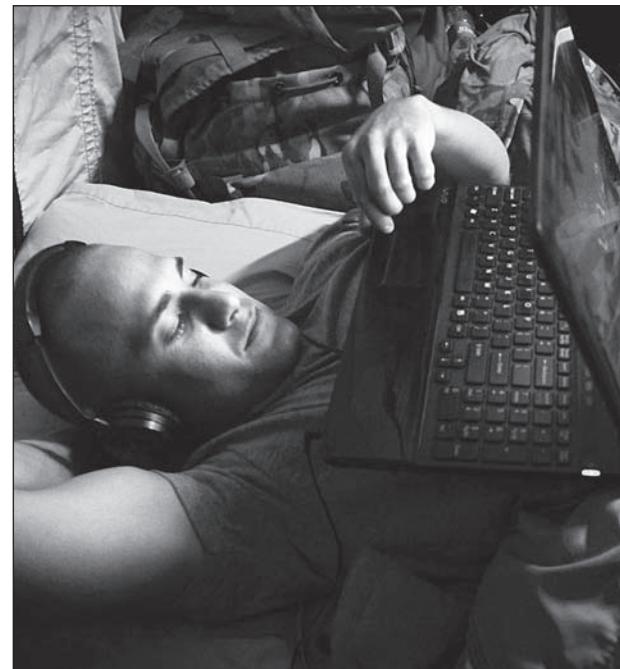


Photo by AIR FORCE TECH. SGT. DENORIS MICKLE

**When possible, seven or eight hours of sleep will do a lot for Soldiers' health and performance. Here, Spc. Steven McGovern, of the 16th Military Police Brigade, catches some winks at Forward Operating Base Whitehouse in Afghanistan.**

These and other sleep disorders not only affect Soldiers' health, but also their level of readiness.

Frey suggests Soldiers visit their installation medical treatment facility or sleep disorder center if they suspect having a sleep disorder.

However, Frey said most sleep problems can be remedied through behavioral changes, not by taking a sleeping pill or other medication, unless prescribed by a doctor.

There are three simple things anyone can do to get a good night's sleep that do not entail spending an exorbitant amount of money for a luxury bed, he said.

Controlling light, noise and temperature can work wonders, he said, noting that when Soldiers are on travel orders or deployed, that is not always possible.

Another tip is to turn the bedroom clock around so you don't focus on what time it is, he said. Clock watchers tend to have more anxiety and get less sleep because they are waking up periodically to see how much time they have left before they have to get up.

Also, the bedroom should be reserved as a place for sleep or intimacy, he said. It should not be a place to watch TV, play computer games, argue or read.

Although these are general guidelines, it is understood that Soldiers cannot always follow them to a T, as mission sometimes dictates going without sleep or having interrupted sleep, such as manning a security post at night. It's just part of Army life, he said. It is however important for leaders to include time for quality sleep in their operation plans and consider "resupply" of sleep just as important as ammunition, food and water.

But whenever possible, he said, getting a good quality sleep will not only benefit Soldiers and those around them; it will also improve their military readiness.

**Editor's Note:** This is the final installment in a three-part series about the Army's "Performance Triad," which includes activity, nutrition and sleep.

# SSI welcomes new commander

By WALLACE McBRIDE  
Fort Jackson Leader

The Soldier Support Institute welcomed its new commander last week.

Col. Todd Garlick relinquished command to Col. (Promotable) Paul Chamberlain during a ceremony Aug. 22 at the SSI auditorium. Chamberlain and wife, Lara, come to Fort Jackson from Washington, where he previously served as the acting director, Operations and Support, Office of the Assistant Secretary of the Army (Financial Management and Comptroller).

“Lara and I are extremely happy and delighted to be here and hope to continue to add to the success and sustain the traditions and professions of CASCOM, Fort Jackson and the Soldier Support Institute,” Chamberlain told the audience during last week’s ceremony. “To my family and friends — thank you for sharing this day with us. As the saying goes, it takes a village to raise a child. Thank you for helping to get me to this point.”

Chamberlain was commissioned into the Army in May 1988 upon graduation from Clemson University.

Major Gen. Larry Wyche, commanding general, Combined Arms Support Command, said the SSI will benefit from Chamberlain’s extensive leadership experience.

“The Soldiers, civilians and families of the Soldier Support Institute are in good hands. Paul understands the importance of support to the warfighter, and he’s a proven leader who brings in an exceptional combination of talent and experience to the position,” Wyche said. “He knows the value of training and understands leader development, and will continue to move the Soldier Support Institute forward in the 21st century.”

Garlick has served as interim SSI commander since April, taking over after the departure of former SSI Commanding General Brig. Gen. David MacEwen. Garlick is returning to his position as commandant of the Adjutant General School.

“Approximately five months ago, we called upon Col. Todd Garlick to bring his considerable talents and skills as the commandant of the Adjutant General School, up to the commandant of the Soldier Support Institute,” Wyche said. “Without hesitation, he did. And today, Todd, I want to thank you for leading this magnificent organization, taking on this mission with no loss in momentum during the transition.”

“I know when we first discussed how long I’d assume



Photo by WALLACE McBRIDE

**Col. (Promotable) Paul Chamberlain, right, accepts the colors of the Soldier Support Institute from Maj. Gen. Larry Wyche, commanding general of the Combined Arms Support Command, during a ceremony Aug. 22 at the SSI auditorium. Chamberlain took over for Col. Todd Garlick.**

command, we were originally talking in days and weeks before we thought a successor would come,” Garlick said. “Today, five and a half months later, I’m grateful for that experience. I believe it will make me a better commandant. You have allowed me to represent SSI and to have a voice with our senior leadership, and to stay informed of the strategic vector of TRADOC and our Army. And, as I assume a subordinate role as the commandant of the AG school, know that I go better prepared ... as we tackle the realities of fiscal uncertainty and the Army in transition.”

Chamberlain’s awards and decorations include the Legion of Merit, the Bronze Star Medal, Defense Meritorious Service Award, the Meritorious Service Medal, the Joint Commendation Service Medal, the Army Commendation Medal, the Joint Service Achievement Medal, the Army Achievement Medal, the Iraqi Campaign Medal, and the Humanitarian Service Medal. He has also earned

the Special Forces Tab, Ranger Tab, the Expert Infantry Badge, the Parachutist Badge, the Air Assault Badge, the Joint Staff Identification Badge and the Army Staff Identification Badge.

The Soldier Support Institute was established in 1973 at Fort Benjamin Harrison, Ind., one of three combat and training development integrating centers assigned to TRADOC.

The SSI relocated to Fort Jackson in 1994, and today comprises the Adjutant General, Finance, Recruiting and Retention Schools, the NCO Academy, and the Army Element of the School of Music. The mission of the SSI is to train and educate human resource management, financial management, recruiting and retention, postal operations and music in support of Soldiers, civilians and leaders.

*Milton.W.McBride3.ctr@mail.mil*

## Fort Jackson Gate Hours

<b>Gate 1</b>	5 a.m. to 1 p.m. .... 3:30 to 6 p.m. .... Closed .....	inbound and outbound traffic, Monday through Friday outbound traffic, Monday through Friday weekends
<b>Gate 2</b>	Around the clock, seven days a week Commercial traffic on weekends only.	
<b>Gate 4</b>	5 a.m. to 8 p.m. .... Closed .....	Monday through Friday weekends Commercial traffic must use Gate 4 on weekdays.
<b>Gate 5</b>	5 a.m. to 1 p.m. .... 3:30 to 6 p.m. .... 5 a.m. to 8 p.m. ....	inbound and outbound traffic, Monday through Friday outbound traffic, Monday through Friday inbound and outbound traffic, weekends





Photos by WALLACE McBRIDE

Nonprofit organizations participating in the Combined Federal Campaign exhibited their services during the CFC opening event Monday at the Officers' Club. The CFC is the only charity campaign for the federal workforce. It runs through mid-December.

# Event marks start of CFC season

By WALLACE McBRIDE  
Fort Jackson Leader

Fort Jackson's Combined Federal Campaign began this week with an opening event Monday at the Officers' Club that brought together CFC partner organizations and installation leaders.

Nearly four million federal employees and military personnel are able to contribute to the charities of their choice during the drive, which runs from Sept. 1 to Dec. 15. Pledges made by federal civilian, postal and military donors during the campaign season support nonprofit organizations around the world.

Federal employees can contribute with cash or check, or can arrange for donations to be automatically deducted from their paychecks.

"The CFC is all about people, whether they're serving our country, volunteering or contributing through a workplace campaign, or receiving services from a nonprofit CFC organization," said Dean Cousins, Transportation Security Administration and Midlands Area CFC co-chairman. "Last year, the CFC collected more than \$1.1 million, and more than \$138,000 stayed right here and went to the United Way of the Midlands."

This year, Fort Jackson command is stressing the importance of educating new Soldiers on the importance of CFC efforts.

"It's really important for the leadership to get out and talk to their Soldiers," said Brig. Gen. Bradley Becker, Fort Jackson commanding general. "For the

first 17 years that I contributed to the CFC, I did it out of civic responsibility. In the last couple of years, it's become more personal, as I've had numerous Soldiers of mine who would not be able to get through their treatment had it not been for the Fisher House."

The Fisher House Foundation provides homes for families at no cost while a loved one is receiving treatment. These homes are located at major military and VA medical centers, close to the medical center or hospital they serve.

"I'm only naming one organization, because it's touched my life, and so many of my Soldiers lives," Becker said. "(These donations) come back to us and it comes back to the local community that we live and serve it. This is truly important, and I'd ask you to carry that message to all of your Soldiers and all your civilians."

Established by a Presidential Executive Order signed by President John F. Kennedy in 1961, the CFC is the largest workplace charity campaign in the United States and the only campaign authorized to solicit and collect contributions from federal employees in the workplace on behalf of charitable organizations.

Nationally, more than 200 CFC organizations raise nearly \$300 million from the federal community each year. The funds are used to support more than 25,000 local, national and international charities.

"As we look ahead, I know that the Midlands area is going to continue to make a difference in our community," Cousins said.

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Tammy Huddle, community outreach and special events coordinator for Harvest Hope Food Bank, addresses the crowd during the CFC opening event Monday at the Officers' Club.

# Suicide Prevention Month events set

By **WALLACE McBRIDE**  
Fort Jackson Leader

War wounds aren't always physical.

September is Suicide Prevention Month, reserved by the Army each year to discuss the impact of mental health issues on Soldiers. Fort Jackson has several events planned for September to highlight many of these problems, but Laly Rodriguez, the post's acting Suicide Prevention Program manager, said it's a subject that needs attention throughout the year.

Suicide rates among active and non-active military personnel surged to a record high in 2012. Rodriguez said mental health issues are often neglected because of the misperception that depression and related illnesses can have negative effects on careers. Part of the goal of Suicide Prevention Month, she said, is to ease the stigma that is attached to depression, post-traumatic stress disorder and similar issues.

"Whenever we have a headache, we go to the doctor. The problem is, when we're feeling sad, we don't go and don't talk about it," Rodriguez said.

September represents a month for the Army to regroup its efforts to cope with mental health issues, a campaign that actually lasts all year.

"Commanders can play a very important role in this, creating a climate of trust and letting (the Soldiers) know that looking for help is a sign of strength, instead of a weakness," Rodriguez said.

Suicide awareness events planned for September are:

■ ACE cards will be distributed Tuesday at gates 1, 2 and 4 from 7 to 9 a.m. ACE stands for "Ask, Care and Escort," and the cards are part of a program to encourage Soldiers to directly and honestly question any battle buddy who exhibits suicidal behavior.

■ Educational booths will be set up at various locations on Fort Jackson on Sept. 6. Suicide Prevention Program representatives will be at the Exchange and Moncrief Army Community Hospital from 11:30 a.m. to 12:30 p.m.

■ Retired Maj. Gen. Mark Graham and his wife, Carol, will speak with Soldiers and Fort Jackson employees 9 a.m., Sept. 10 at the Solomon Center. The Grahams have become advocates for mental health and suicide prevention following the loss of two sons. The youngest, who was a scholarship ROTC cadet and pre-med student, committed suicide in 2003. His brother, an Army lieutenant, was killed by an Improvised Explosive Device in Iraq the following year.

■ At 1 p.m., Sept. 24 at the Solomon Center, Helen Pridgen, area director of the South Carolina Chapter of the American Foundation for Suicide Prevention, will speak with Soldiers and installation employees. Pridgen lost her 24-year-old son to suicide in 2001, shortly after a doctor diagnosed him with depression.

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available around the clock and can be contacted by calling 1-800-273-TALK (8255) or by visiting [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).

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## FREQUENTLY ASKED QUESTIONS ABOUT SUICIDE

**I have a friend who has been talking about suicide. He has told me not to say anything. What should I do?**

Take all discussions about suicide seriously. Most people tell someone before they kill themselves. Use the "Ask, Care, Escort" (ACE) approach. Ask your friend directly if he is talking about suicide. If yes, ask him if he has a plan for suicide. Show concern by asking open-ended questions such as, "What has happened that you are considering suicide?" Care: Listen and be direct and honest. Don't give advice or be judgmental or lecture the person on what a stupid idea it is. Offer to escort him to see a behavioral health provider, chaplain or a primary provider. Never leave your friend alone. It is better to have a friend who may be upset with you than a friend who is dead.

**Where can I get more information about information on suicide prevention? Helping agencies include:**

- ☐ MilitaryOneSource, [www.militaryonesource.com](http://www.militaryonesource.com), 1-800-342-9647
- ☐ National Suicide Prevention Lifeline, [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org), 1-800-273-TALK
- ☐ Additional help may be found at your local installation chaplains, Behavioral Health Centers, and family, friends and supervisors.
- ☐ Additional resources can be found on the links page of the Army Suicide Prevention website.

Source: Army G-1



Photo by DAVID SHANES, command photographer

## Retiring from service

Five members of the Fort Jackson community are honored for their service during Retirement Review Monday at the Post Theater. Participating in the event were 1st Sgt. Roy Kennedy, Master Sgt. Robert Timmons, Staff Sgt. Jose Urena, Staff Sgt. Christopher Wright, and Staff Sgt. Claude Naylor.



# Lightning CHALLENGE

*Photos by PATRICK JONES, Public Affairs Office*

Officers with the 165th Infantry Brigade participate in the unit's Lightning Challenge Friday. The multi-event team competition took participants on an orienteering course across Fort Jackson. Competitors had to prove their proficiency in multiple disciplines, such as cross country biking, canoeing, tire flipping, land navigation, weapons proficiency and tomahawk throwing. The brigade's battalions competed against each other for bragging rights.





*Courtesy photos*

**Fort Jackson's Victory Spouses Club hosts a membership drive Tuesday at the Balfour Beatty Community Center. The club is open to spouses of all active duty, retired and deceased service members of all ranks and all branches of service as well as spouses of DoD Civilian employees in the Fort Jackson area.**

## Victory Spouses Club hosts membership drive

*From the Victory Spouses Club*

The new Victory Spouses Club of Fort Jackson hosted its membership drive Tuesday at the Balfour Beatty Community Center.

The club's inaugural year President, April Penney, said she was delighted to see the turnout of spouses joining the club.

"The new VSC is an organization bringing all members of the Fort Jackson community together in a social setting to get to know each other better, support each other and hopefully learn from each other, as well as participate in community service projects."

The club's membership is open to spouses of all active duty, retired and deceased service members of all ranks and all branches of service as well as spouses of DoD civilian employees in the Fort Jackson area. Spouses of foreign service members assigned to Fort Jackson are invited to join, and associate membership is extended to service members and DoD Civilians.

"The only common denominator to our membership is being a member of the Fort Jackson community and a desire to come together for regularly scheduled activities, have fun and hopefully do some good works along the way," Penney said.

Ginger Jones, the wife of an active-duty service member, summed up many of the spouses' sentiments about the organization.

"I'm excited about Fort Jackson finally having a spouses' club," Jones said.

Annual membership costs \$20, and special membership



**A community member signs a membership form for the Victory Spouses Club Tuesday.**

rates are extended to spouses of service members who are assigned to Fort Jackson in a student capacity for six months or less.

The club's next event is scheduled for 11 a.m., Wednesday at the NCO Club. For more information, email [victoryspousesclub@gmail.com](mailto:victoryspousesclub@gmail.com).



Courtesy photo

### Gator fun

Members of Company A (Gator Nation), 120th Adjutant General Battalion (Reception) participate in a 5K run/walk team building event at Riverfront Park. Soldiers participated with their families and pets. This provided a chance for the families to socialize and welcome the newest members to the Gator family while at the same time staying fit.



### Women's Equality Day

Photo by STAFF SGT. TAIKIELA CHANCEY, Third Army/ARCENT

Third Army/ARCENT Soldiers gathered in celebration of Women's Equality Day, Friday at Shaw Air Force Base. Lt. Col. Thomas Verrell, Third Army/ARCENT Headquarters, Headquarters Battalion commander greets the guest speaker, Councilwoman Joyce Dickerson of the Richland County Council.

# Soldier receives Medal of Honor

By J.D. LEIPOLD  
Army News Service

WASHINGTON — Staff Sgt. Ty Michael Carter became the second Soldier to receive the nation's highest military award for extraordinary gallantry and selfless actions during the Battle of Kamdesh at Combat Outpost Keating, Afghanistan, on Oct. 3, 2009.

After telling the story of the ambush, which raged for 13 hours between 53 Soldiers and some 300 Taliban, and citing Carter's complete disregard for his own safety, President Barack Obama draped the Medal of Honor around the 33-year-old Cavalry scout's neck in the White House East Room, Monday.

Near the Pakistan border, the Keating battle was the first since the Vietnam War in which two living service members received the Medal of Honor for their individual actions in the same battle. Staff Sgt. Clinton Romesha was presented the Medal of Honor on Feb. 11.

Carter braved merciless enemy fire from rocket-propelled grenades, anti-aircraft machine guns, mortars and small-arms by running the 100-meter length of the outpost twice to retrieve ammunition for his fellow Soldiers. At the same time he provided suppressive fire to keep the enemy from over-running the post. Then, with complete disregard for his own safety, and in spite of wounds, he discarded his M-4 and ran to a critically wounded Soldier, rendered life-extending first aid. He carried the Soldier to medics as Romesha and his team provided cover.

The battle would end the lives of eight Soldiers. An additional 25 others suffered wounds.

Before the citation was read, Obama recalled Carter's words to him earlier in the day, then asked the Soldiers from his unit — the 61st Cavalry Regiment — to stand and be recognized along with the families of the eight fallen Soldiers.

"Ty says, 'This award is not mine alone,'" the president said. "The battle that day, he will say, was 'one team in one fight,' and everyone 'did what we could do to keep each other alive.' And some of these men are with us again. And I have to repeat this because they're among the most highly decorated units of this entire war: 37 Army Commendation Medals, 27 Purple Hearts, 18 Bronze Stars for their valor, nine Silver Stars for their gallantry."

Obama took a few minutes to address not only Carter's courage on the battlefield, but the courage to seek help



Photo by STAFF SGT. BERNARDO FULLER, Army News Service

**President Barack Obama places the Medal of Honor around the neck of Staff Sgt. Ty Michael Carter during a ceremony Monday at the White House. Carter received the award for his actions during the Battle of Kamdesh at Combat Outpost Keating, Afghanistan, on Oct. 3, 2009.**

for what he finally accepted and recognized in himself as post-traumatic stress.

"As Ty knows, part of the healing is facing the sources of the pain," Obama said. "So now he wants to help other troops in their own recovery. And, it is absolutely critical for us to work with brave young men like Ty to put an end to any stigma that keeps more folks from seeking help.

"So let me say it as clearly as I can to any of our troops or veterans who are watching and struggling: Look at this man. Look at this Soldier. Look at this warrior. He's as tough as they come. And, if he can find the courage and the strength, to not only seek help, but also to speak out about it, to take care of himself and to stay strong, then so can you. So can you."

## News and Notes

### 9/11 COMMEMORATION

A ceremony to commemorate the 9/11 terror attacks is scheduled for 11 a.m., Sept. 11 at Post Headquarters.

### RED CROSS RELOCATES

The American Red Cross office has relocated to 4512 Stuart Ave. The Red Cross is now co-located with the Family Readiness Center.

### SCHOOL BOARD ELECTIONS

Nominations and candidate interest forms to serve on the Fort Jackson school board will be accepted through Friday. There are eight open seats on the board. Parents of students

of Fort Jackson schools and on-post residents are eligible to serve on the board. Forms may be picked up at one of the on-post schools. Elections are scheduled from Sept. 5 through 10. For more information, call 782-1772 or 787-6815.

### SCREAMFREE MARRIAGE SEMINAR

Hal Runkel, the creator of the ScreamFree marriage program will host a seminar from 5:30 to 7:30 p.m., Sept. 17 at the Solomon Center. To register, call 751-6325.

### CONSUMER CONFIDENCE REPORT

Copies of the Palmetto State Utility Services, Inc., Consumer Confidence Report are available at the following lo-

cations: The Commissary, the Directorate of Public Works, Main PX, Mini-Mall, Palmetto State Utility Services, Post Office, Express – Gate 1, Express – Gate 2, the Strom Thurmond Building and the Welcome Center.

### LEGAL NOTICE

Anyone with debts owed to or by the estate of Sgt. 1st Class Melvin R. Kinard should contact Capt. Virginia B. Bailey, the summary court officer for the Soldier. Kinard passed away Aug. 2 in Columbia. To contact Bailey, call 751-3153 or email [virginia.b.bailey3.mil@mail.mil](mailto:virginia.b.bailey3.mil@mail.mil).



Watch Fort Jackson video news stories and Victory Updates at <http://www.vimeo.com/user3022628>

# Trying to keep up with the Joneses?

“Keeping up with the Joneses” is a phrase many people use. Who are the Joneses? Why do we want to be like them? We talk about them like they live next door. The Joneses have lots of money and things. We believe they are millionaires. We want to have what they have.

In the book, “The Millionaire Next Door: The Surprising Secrets of America’s Wealthy” by Thomas Stanley and William Danko, the authors looked at the typical millionaires in the United States. The authors state, “Typical millionaires became millionaires by budgeting and controlling expenses, and they maintain their affluent status the same way.” Millionaires allocate their time, energy and money efficiently in order to build wealth.

They save at least 20 percent from each paycheck. They eat most meals at home. They drive older cars that they often purchased used. Eighty percent of millionaires purchase vehicles instead of leasing.

They don’t spend much on their “new” cars, most spend less than \$20,000. They don’t eat out for meals or buy big houses or expensive cars. They invest their wealth in their business or in investments to save for the future and keep their taxable income low. Most prodigious accumulators of wealth, or PAWs, are fastidious investors. They invest on average 20 percent of their income each year.

“You will never become financially independent without purchasing investments that appreciate without income realization,” the book states. These investments are often in mutual funds or stocks. But they rarely sell these investments.

On the other hand, the authors found another type of

## FINANCIAL ADVICE

By *CHRISTINE JULIUS*  
*Army Community Services*  
*Financial Readiness*

Joneses in our culture. They are the people who are usually living beyond their means. They are on the perpetual earn-and-consume treadmill. They spend more than they earn. Often, both adults need to have jobs or careers and they are one emergency away from losing everything. By buying things with credit or the newest car or biggest house, the Joneses are a couple who cannot afford not to work. They often don’t know where their money goes. They keep buying the next best thing before they have paid off the last one. They view life as a series of trade-ups from one level of luxury to the next. They assume that they have to eat out often, live in a certain neighborhood, and drive a certain car so that people perceive them as wealthy.

Stanley and Danko learned during their research that there are three main groups of people. These groups they called: PAW (Prodigious Accumulator of Wealth), AAW (Average Accumulator of Wealth) and UAW (Under Accumulator of Wealth). Each group had many characteristics in common. The one surprising characteristic they did not have in common was their income.

“Wealth is more often the result of a lifestyle of hard work, perseverance, planning, and, most of all, self-disci-

pline,” according to the authors. Income varied within each group. Regardless of their level of income, the greatest predictor of wealth accumulation was a clear definition of their financial goals.

What the authors did notice was, “It is easier to accumulate wealth if you don’t live in a high-status neighborhood.” People living in a high-status neighborhood were more likely to be UAWs. PAWs were found in more middle class neighborhoods. Millionaires tended to live in the same house for more than 20 years, most are first generation affluent. “If you’re not yet wealthy but want to be someday, never purchase a home that requires a mortgage that is more than twice your household’s total annual realized income,” the book suggests. PAWs live way below their means, are meticulous planners and budgeters. Yet they believe in education and spend heavily on the education of their children. They call themselves “tightwads.”

The authors found that most millionaires did not become millionaires overnight. It took many years of hard work, focus and determination. Many of these millionaires want to pass on their wealth to their children but worry that their children do not have the discipline to use their inheritance wisely.

Which do you want to be? It is your decision whether to keep up with the Joneses or keep up with the PAWs. Remember, to become a millionaire you must start by making a plan and sticking to it.

Army Community Services Financial Readiness Program offers free and confidential financial counseling. To make an appointment, call 751-5256.

## This week in history

On Sept. 4, 1917, the first military draftees arrived at Camp Jackson to train for World War I. The United States declared war on Germany on April 6, 1917, but after six weeks, only 73,000 men had volunteered for service — a far cry from the one million men needed. Desperate for Soldiers, Congress passed the Selective Service Act of 1917 on May 18, requiring all males aged 21 to 30 to register for military service. On June 5, 1917, all eligible males reported to their local draft boards for registration, and three months later the first men to be conscripted reported to Camp Jackson for training. In the 18 months that the draft was active, 24 million men had registered under the Selective Service Act, but only 2.8 million men were conscripted into the military.

Photo courtesy of the  
 BASIC COMBAT  
 TRAINING MUSEUM





Photo by WALLACE McBRIDE

Brig. Gen. Bradley Becker addresses the gathering at the Officers' Club at the close of Tuesday's Change of Command ceremony.

# 'We share the same values'

## Brig. Gen. Bradley Becker assumes command of Fort Jackson

By **SUSANNE KAPPLER**  
*Fort Jackson Leader*

The Army Training Center and Fort Jackson welcomed its 46th commanding general with a ceremony Tuesday at Victory Field. Brig. Gen. Bradley Becker took command, replacing Brig. Gen. Peggy Combs, who will return to her previous role as commandant of the U.S. Army Chemical, Biological, Radiological and Nuclear School at Fort Leonard Wood, Mo.

Becker and his wife, Sherri, come to Fort Jackson from Suffolk, Va., where Becker served as assistant deputy director for joint training with the Joint Staff.

"Sherri and I are absolutely thrilled to join the Fort Jackson team. We look forward to serving the Columbia, S.C. area," Becker said. "This is the first time we've been to Columbia, but I would tell you in the 27 years I've been in the Army I've always heard that Columbia is the most supportive military-friendly community in all of the United States. And in the four days that we've been here, I'll tell you, I believe that to be true."

Becker said that while in command of the largest Initial Military Training installation in the Army he will emphasize taking groups of civilians who come from different backgrounds and bringing them together as one team, adhering to the Army Values.

"One thing I can be sure of when I see (people) wearing this uniform that says, 'U.S. Army' on their chest is that we share the same values," Becker said. "It's a little different from training how to shoot a weapon or do some other Soldier task, but it's very important to who we are as Soldiers. And it's important for how we represent ourselves to the American people, who put a lot of trust and confidence in us."

Becker said he was excited about the mission at Fort Jackson.

"I can't think of any greater responsibility other than leading Soldiers in combat than transforming volunteers into Soldiers and developing our future leaders," he said.

Another aspect Becker emphasized is continuing the strong partner-

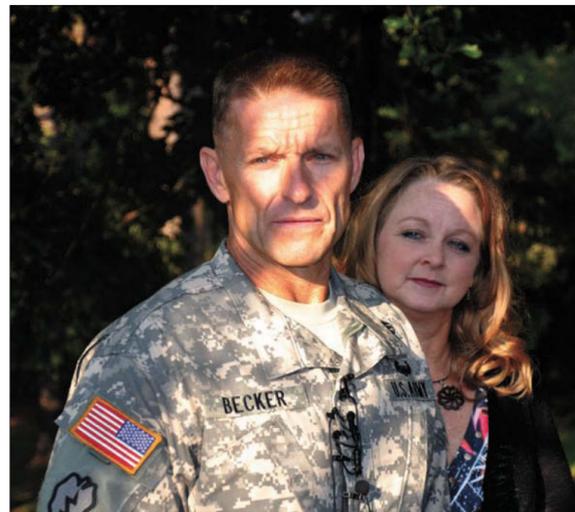


Photo by WALLACE McBRIDE

**Brig. Gen. Bradley Becker and his wife, Sherri, come to Fort Jackson from Suffolk, Va., where Becker served as assistant deputy director for joint training with the Joint Staff.**

ship with the local community.

"I want to reach out and do as much as I can with the local community," he said. "I want to bring the local community on this installation, so it can see what we do, and just continue to build on what is already a great relationship."

Maj. Gen. Bradley May, TRADOC's deputy commanding general for Initial Military Training, said Becker was the right man for the job.

"I've known Brad for over 12 years, having served together at HRC

many years ago and more recently in Iraq. Suffice to say, Fort Jackson could not be in better hands," May said.

He called Becker an "exceptional leader, trainer and standards bearer" and emphasized the importance of Fort Jackson to the Army.

"Over the next decade, the Army will go through a period of transition as we rebalance the force that will result in the Army of 2020," May said. "And whether at war or in the challenging period following war, Fort Jackson and this community will continue to play a vital role in providing trained and ready Soldiers to our Army — Soldiers who bear the responsibility to defend this great nation and its ideals."

May also praised the service of Combs, who was Fort Jackson's interim commander for about three months.

"What you've accomplished, truly does defy description. With three days notice, you joined the ranks and haven't missed a beat. You graduated over 11,000 Basic Combat Training Soldiers during the summer surge period, despite the impacts of furlough and sequestration. Your renewed effort on the Army's priority of SHARP as well as the Ready and Resilient Campaign continues to pay dividends for this installation," May said. "While your stay was short, your impact on our Army will be felt for years to come."

Combs said in her farewell remarks that although her time on Fort Jackson was short, it will leave a lasting impact on her.

"You all have left a permanent impact on my heart. I thank you for your professionalism, for the inspiration that you've given me to go back to Fort Leonard Wood — where I am also in charge of Basic Combat Training. So, I am your partner in Basic Combat Training, and you've inspired me to step up the game at Fort Leonard Wood a little bit."

In addition to his service with the Joint Staff, some of Becker's other notable assignments include deputy commanding general (support) for the 25th Infantry Division in Iraq and Hawaii; chief of the Commander's Initiatives Group in Iraq; special assistant to the commander, United Nations Command/Combined Forces Command/United States Forces Korea/Eighth United States Army, Korea; and commander of the 3rd Battlefield Coordination Detachment, Eighth United States Army, Korea.

*Susanne.Kappler1.ctr@mail.mil*



Photo by SUSANNE KAPPLER

**Fort Jackson's outgoing commanding general, Brig. Gen. Peggy Combs, will resume her previous role as commandant of the U.S. Army Chemical, Biological, Radiological and Nuclear School at Fort Leonard Wood, Mo.**



Photo by WALLACE McBRIDE

An artillery cannon salute punctuates Tuesday's Change of Command ceremony at the Fort Jackson Officers' Club.

CMYK

27" WEB-100

CMYK

## Calendar

### Today

**Special Operations recruiting brief**  
Noon to 2 p.m., Education Center, Room 308  
For more information, visit [www.sorbre-cruiting.com](http://www.sorbre-cruiting.com).

### Friday, Sept. 6

**First Friday golf tournament**  
1 p.m., Fort Jackson Golf Course

### Tuesday, Sept. 10

**Suicide Prevention Month presentation**  
9 a.m., Solomon Center  
The guest speakers will be retired Maj. Gen. Mark Graham and his wife, Carol.

### Wednesday, Sept. 11

**9/11 wreath laying ceremony**  
9:30 a.m., Post Headquarters

### Wednesday, Sept. 11

**Retired Officers' Wives Club luncheon**  
11:30 a.m., Officers' Club  
RSVP is required by 3 p.m., Sept. 6. For more information, call 788-1094 or 738-1220.

### Wednesday, Sept. 11

**American Society of Military Comptrollers, Palmetto Chapter meeting**  
11:30 a.m. to 1 p.m., NCO Club

### Tuesday, Sept. 17

**Screamfree marriage seminar**  
5:30 to 7:30 p.m., Solomon Center  
Featuring Hal Runkel, licensed marriage and family therapist. For more information, call 751-6325.

### Monday, Sept. 24

**Suicide Prevention Month presentation**  
1 p.m., Solomon Center  
The guest speaker will be Helen Pridgen, director of the South Carolina Chapter of the American Foundation for Suicide Prevention.

### Tuesday, Oct. 8

**LTG Timothy J. Maude Leadership Lecture**  
3 p.m., Solomon Center  
The guest speaker will be Air Force Lt. Gen. Darrell Jones, deputy chief of staff for Manpower, Personnel and Services, Headquarters U.S. Air Force.

Follow the Leader on Twitter  
at [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao).

## Announcements

### AAFES CUSTOMER SURVEY

The Army & Air Force Exchange Service's Customer Satisfaction Index survey is under way through Sept. 21. Customers can participate at the Exchange.

### TUITION ASSISTANCE

Soldiers planning to use tuition assistance for fiscal year 2013 fall classes starting through Sept. 30 need to have classes requested in GoArmyEd before 11:59 p.m., Sept. 23. No exceptions will be made. Soldiers may request tuition assistance for courses starting Oct. 1. Requests are subject to availability of funds. For more information, call 751-5341.

### CALL FOR ARTISTS

The Environmental Office is looking for submission by crafters and artists for its upcycling contest Nov. 15 during America Recycles Day. Entries have to be created from recycled or reused items. For more information, call 751-5971.

### SPORTS BRIEFS

■ Letters of intent for flag football are due today. For active duty service members only.

■ Letters of intent for sand volleyball are due today. The league is open to recreational and active-duty teams. For military ID card holders only.

■ Labor Day 5K, 8 a.m., Saturday. Register by calling the Sports Office. Registration is also available on the day of the race from 6:30 to 7:30 a.m.

■ The end-of-season softball tournament begins Tuesday.

■ Brigade games for active duty teams in flag football, softball and cross country will be held this fall. Captains' meetings are scheduled for Sept. 19.

■ Reverse sprint triathlon, Sept. 28. For active duty service members only. Names are due to the Sports Office by Sept. 19.

For more information, call the Sports Office at 751-3096.

### GIRL SCOUT MEETINGS

The Fort Jackson Girl Scouts meet regularly at 5957 Parker St. Girls of all school ages are welcome. For more information, call 708-9255 or email [ft-jacksongs@outlook.com](mailto:ft-jacksongs@outlook.com).

### RETIREMENT CEREMONY

The next Third Army/ARCENT retirement ceremony is scheduled for 2 p.m., Sept. 13 at Patton Hall.

### BOY SCOUT MEETINGS

The Fort Jackson Boy Scouts and Cub Scouts meet each week at various times. For information about the troop or pack, call 409-9568.

### TARP BRIEFINGS

Annual Threat Awareness and Reporting Program briefings are offered monthly at the Post Theater. The next briefings are scheduled for 10 a.m. and 2 p.m., Sept. 17. For more information, call 751-7852/3366/3802.

### THRIFT SHOP NEWS

■ The Thrift Shop is looking for new board members. Please contact the store for more information.

■ In the last year, the Thrift Shop has donated more than \$22,000 to community organizations.

■ The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

### AA MEETINGS

Alcoholics Anonymous meetings take place at 9 a.m., Mondays, Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

Visit the community calendar at [www.jackson.army.mil](http://www.jackson.army.mil) for a full listing of calendar events.

Send your announcements to [fjleader@gmail.com](mailto:fjleader@gmail.com). Announcements are due one week before the publication date. For more information, call 751-7045.

Community announcements may be edited to comply with Leader style and Public Affairs regulations.



# Report



## Suspicious Activity

**Indicators:**

- People drawing or measuring important buildings.
- Strangers asking questions about security or building security procedures.
- Briefcase, suitcase, backpack, or package left behind.
- Cars or trucks left in No Parking zones in front of important buildings.
- Intruders in secure areas where they are not supposed to be.
- A person wearing clothes that are too big and too hot for the weather.
- Chemical smells or fumes that worry you.
- People asking questions about sensitive information such as building blueprints, security plans, or VIP travel schedules without a right or need to know.
- Purchasing supplies or equipment that can be used to make bombs or weapons or purchasing uniforms without having the proper credentials

**Also Report Situations Where:**

- Individuals have isolated themselves or are emotionally withdrawn from friends/community
- Individuals are absent from the workplace for seemingly no reason
- Individuals with apparent grievances

**Primary Reporting Methods**

- Law enforcement official or agency
- Security force or guard members

**Alternative Reporting Methods**

- DA Civilians/Soldiers: your chain of command
- Spouses: your military member/FRG Leader
- Children: your parents or teachers
- Contractors: contract agency or COTR

**What to Report**

- When did suspicious activity occur
- Where did activity occur
- How many people involved
- How many vehicles involved
- What type of activity
- Describe what you saw
- Provide pictures if you took any

Report to: **Fort Jackson Military Police**  
 Phone No.: **803-751-3113/3114/3115**  
 Website: <https://www.inscom.army.mil/isalute/iSalute.aspx>

Organized team or lone wolf, foreign or home-grown, targeting many places or just one, using available technology or weapons made with their own hands—the fluid, obscure nature of the terrorist threat demands that we know what to look for and where to look. Familiarize yourself with indicators of suspicious activity and be ready to report such activity to proper authorities.

Always Ready, Always Alert  
Because someone is depending on you 

## Leader deadlines

Article submissions are due two weeks before publication. For example, an article for the Sept. 12 Leader must be submitted by today. Announcement submissions are due one week before publication.

For example, an announcement for the Sept. 12 Leader must be submitted by Sept. 5.

Send your submissions to [FJLeader@gmail.com](mailto:FJLeader@gmail.com). For more information, call 751-7045.



# Parents shape, nurture children's faith

By **CHAPLAIN (CAPT.) COLT RANGLES**  
3rd Battalion, 34th Infantry Regiment

As an adolescent I was gifted a bow and arrow set. It was not new or particularly special, but it was mine.

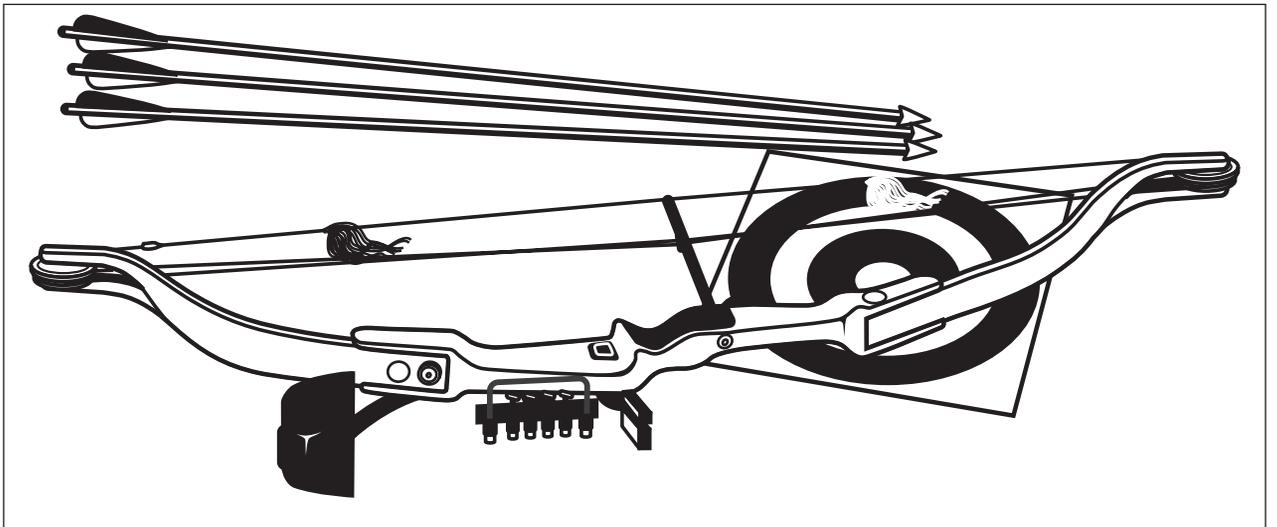
Some of the arrows that came with the bow were tattered and unusable. The featherlike fletchings had been rubbed the wrong way and torn.

The hardware store in town sold replacement parts and glue for such a restoration project. With knife in hand, I scraped off the old feathers and roughly aligned the new plastic ones, gluing them down. What I failed to learn at the hardware store became clear when I first released the arrows in flight — if you could call it that. (Wobble would be a more accurate description.) It turns out there is a tool called a fletching jig that precisely aligns the feathers. Who knew?

As those whose jobs are to shape future generations, we too need to apply the proper standard. How much more so with our own children. The standard we use and display will most directly influence the path they follow.

In Deuteronomy 30:11-20, Moses delivers one of his final addresses to the people before he relinquishes oversight of the nation to Joshua and dies. Blessings will come for obedience as surely as curses for disobedience, and the choice is theirs. He has labored at their side, through victory and rebellion, and like a loving parent, he pleads with them to choose the path that leads to life.

By the end of each Basic Combat Training cycle, the chaplain feels this same yearning for those who have attended services to continue the momentum they have gained in their faith. With the increased freedoms of Ad-



vanced Individual Training come many temptations and snares that could damage their devotion.

We might resist the idea that the hope of reward or the fear of punishment would be a factor in how we serve God, but we shouldn't. We were created for joy not pain. Recognizing that we are motivated by reward and punishment does not reduce the sincerity of our devotion. From childhood the strategy has worked.

How many of us would desire to provide greater opportunities to our children than were available to us at their age? Far more important is their understanding of what it means to love God and others. What does the way we treat our spouse teach our children? Do we think the way our children see us handle anger has any bearing on the way they will handle it later in life? Am I comfortable with the fact that their prime example of faith is what they will see

in me? If not, what changes might I make to answer in the affirmative?

Moses told the people clearly what would happen either way. He told them how it would affect them and their children.

Parents shape the faith of their children. We have the responsibility to shape and encourage faith. We will fashion our children as arrows, pull back the bow string and launch them into adulthood. Let us give them every reason to choose wisely.

For singles, if we hide our faith or fail to make it primary in our dating relationships we will set the precedent for the place of faith in our marriages.

Use the right tool for the job and trust the word of God and the spirit of God to diminish our shortcomings as parents.

## Worship & Praise

### PROTESTANT

- Sunday  
8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)  
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center  
9:30 a.m. Hispanic, Post Theater  
9:30 a.m. Main Post Chapel  
10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)  
10:45 a.m. Sunday school, Main Post Chapel  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next, Bayonet Chapel

### Protestant Bible Study

- Tuesday  
9 to 11:30 a.m. Women's Bible study (PWOC); summer meetings on July 9 and 23 and Aug. 6 at Patriot Park next to Palmetto Falls Water Park
- Wednesday  
6 p.m. Gospel prayer service, Daniel Circle Chapel

- 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Thursday  
11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

### Protestant Youth of the Chapel

- Saturday  
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)
- Sunday  
5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

### CATHOLIC

- Monday through Thursday  
11:30 a.m. Mass, Main Post Chapel
- Sunday  
8 a.m. IET Mass, Solomon Center  
9:30 a.m. CCD (September through May), Education Center  
9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel  
9:30 a.m. Religious ed class for children (September through May), Main Post Chapel  
10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel  
11 a.m. Mass (Main Post Chapel)  
12:30 p.m. Catholic youth ministry, Main Post Chapel
- Wednesday  
7 p.m. Rosary, Main Post Chapel

- 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

### ANGLICAN/LITURGICAL

- Sunday  
8 a.m. Anderson Street Chapel

### ISLAMIC

- Sunday  
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday  
12:45 to 1:30 p.m. Jumah services, Main Post Chapel

### JEWISH

- Sunday  
9:30 to 10:30 a.m. Worship service, Memorial Chapel  
10:30 to 11:30 a.m. Jewish book study, Post Conference Room

### CHURCH OF CHRIST

- Sunday  
11:30 a.m. Anderson Street Chapel

### LATTER DAY SAINTS

- Sunday  
9:30 to 11 a.m. Anderson Street Chapel
- Wednesday  
3 to 5 p.m. LDS family social, Anderson Street

- Chapel
- Wednesday  
7 to 8 p.m. LDS scripture study, Anderson Street Chapel

### ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**  
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**  
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**  
4581 Scales Ave.
- Chaplain Family Life Center**  
5460 Marion Ave (to the side of the POV lot), 751-4961
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- Main Post Chapel**  
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**  
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**  
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**  
4475 Gregg St., 751-3121/6318

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Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."

# Century Lanes has leagues to spare

By **THERESA O'HAGAN**

*Family and Morale, Welfare and Recreation*

Teams are forming now for the fall leagues at Century Lanes Bowling Center, and everyone is encouraged to participate. Any bowler can participate in a league regardless of skill level.

"League bowling is enjoyable on many levels," said Mark Pondelicek, bowling manager, Business Operations Division, Family and Morale, Welfare and Recreation. "It's good exercise; typically you bowl six to eight games a week. You can socialize with friends, enjoy friendly competition or just bowl for the pure enjoyment."

League bowling is an inexpensive night out with friends. It also is an opportunity for a bowler to make new friends, improve bowling scores and basically guarantees lanes to the bowler at the time and day convenient to his or her schedule.

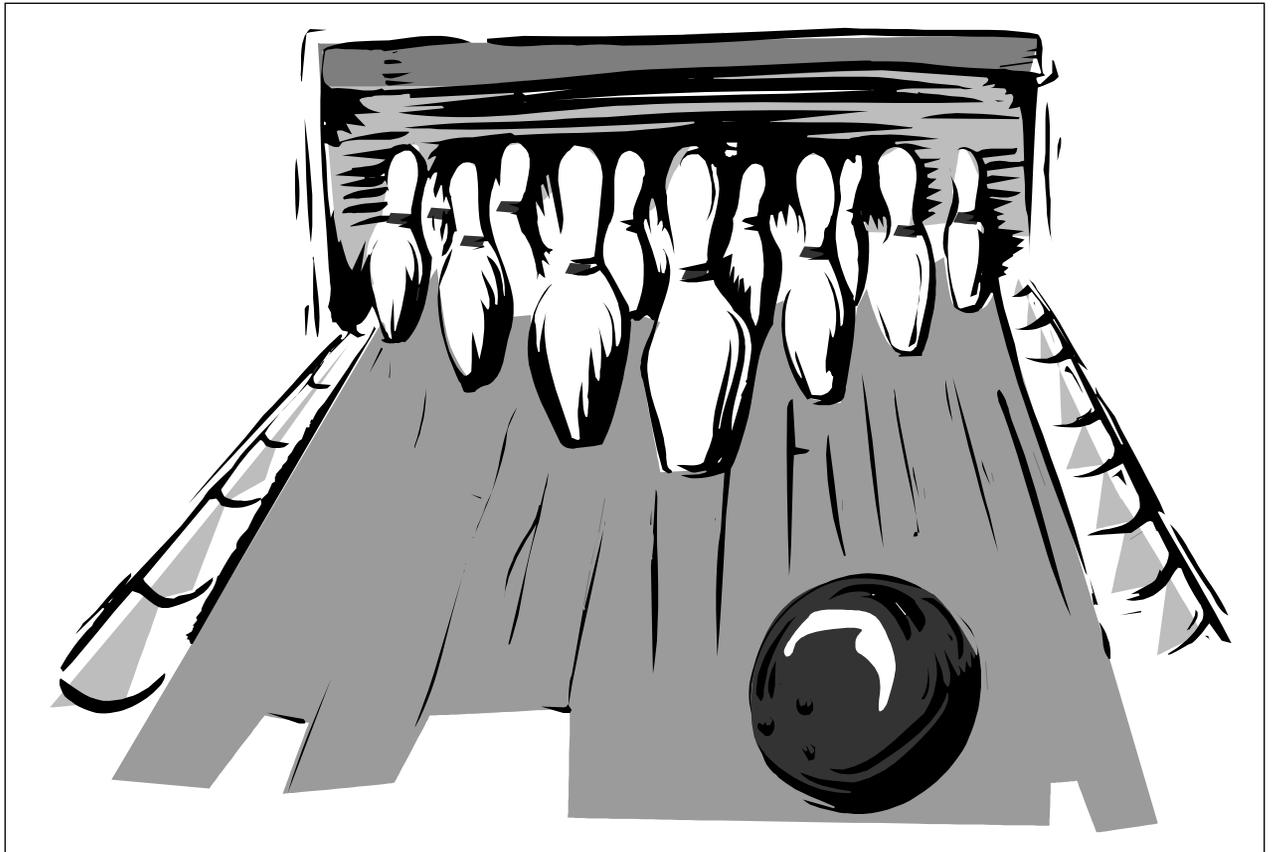
Leagues are organized into teams. Teams can be made up of all men, all women or be mixed. Century Lanes has leagues that bowl during the morning, afternoon and evenings in the fall. There is even a youth league that bowls on Saturdays. There is a league for nearly every schedule and skill level.

What makes league bowling different from most other forms of athletic competition is that everyone competes on an equal footing because of the handicap system. A weaker bowler can compete with more experienced and talented bowlers and still have a chance at winning.

Keith Davis, a retired Soldier and current DoD civilian, has been a league bowler at Century Lanes since 1995. "We have bowlers with averages from 97-215 on a team," he said. "I would enjoy more people in the lanes. The more the better."

Pondelicek also encourages recreational bowlers not to be shy and get involved.

"Don't worry or feel intimidated," he said. "There are vacancies in the leagues and the leagues want to fill them. It's an all handicap league. Even if you have a low score,



you are going to fit in and have fun. "

Davis said he participates because he loves the competition, and he chooses Century Lanes because he thinks the bowling alley has the best lanes in the area.

The leagues are self-governed and determine if they will be playing for prize money, trophies or some other type of award. They also set their own fees, which includes the use of Century Lanes, balls and shoe rental if needed.

Century Lanes also gives each league bowler a punch card for free games of open bowling and a 10 percent

discount in the Pro Shop and for additional games during open bowling.

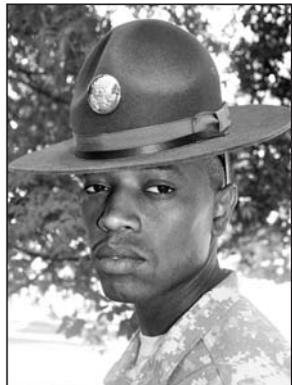
Anyone who is interested in participating in league bowling should visit Century Lanes and speak to Pondelicek, who will match bowlers to leagues that have openings on the day and time the bowler is available.

"I recommend every one bowl at Century Lanes," he said. "I encourage teams and individual bowlers looking for leagues to check out Century Lanes."

For more information on league bowling call Century Lanes at 803-751-6990.

# Saluting this Basic Combat Training cycle's honorees

## DRILL SERGEANTS OF THE CYCLE



**Staff Sgt.  
Antonio Bruce**  
Company A  
3rd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Spc. Cody Byrd

**SOLDIER OF THE CYCLE**

Pvt. Kelsey Schacherbauer



**Staff Sgt.  
Ricardo Maya**  
Company B  
3rd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Spc. Richard Mallory

**SOLDIER OF THE CYCLE**

Spc. Tasha Glover



**Staff Sgt.  
Antoine Flowers**  
Company C  
3rd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Pfc. Justin Dekok

**SOLDIER OF THE CYCLE**

Pfc. Moses Diaz



**Staff Sgt.  
Jessica Recinos**  
Company D  
3rd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Spc. Kyle Swetavage

**SOLDIER OF THE CYCLE**

Spc. Aaron Dickinson



**Sgt. 1st Class  
Jenny Currey**  
Company E  
3rd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Pvt. Vincent Boerio

**SOLDIER OF THE CYCLE**

Pfc. Chad Brown



**Staff Sgt.  
Ashley Leiva**  
Company F  
3rd Battalion,  
60th Infantry Regiment

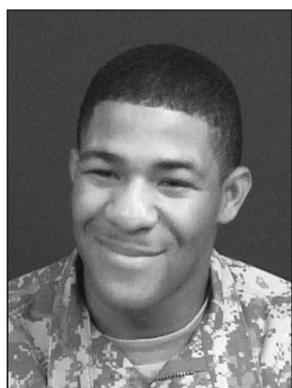
**SOLDIER LEADER  
OF THE CYCLE**

Spc. Justin Hong

**SOLDIER OF THE CYCLE**

Pvt. Christopher Hodges

## Weekly honors



**JACKSON**

**Spc. Marion Jackson**  
Soldier of the week  
Third Army/ARCENT



**GONZALEZ**

**2nd Lt. Alexis Gonzalez**  
Distinguished honor graduate  
Basic Officer Leader Course  
Adjutant General School



**RADEMAKER**

**2nd Lt. Erin Rademaker**  
Distinguished honor graduate  
Basic Officer Leader Course  
Adjutant General School



**ARKASVIPATH**

**1st Lt. (Thailand)  
Chudapa Arkasvipath**  
International honor graduate  
Basic Officer Leader Course  
Adjutant General School

## FEELING SOCIAL?

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Like us on Facebook.  
Log on to your account  
and search for  
"FORT JACKSON  
LEADER."

## ACS Calendar of Events — September

### TUESDAY, SEPT. 3

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, 750 Old Clemson Road; to register, call 736-8787 or 738-3339

### WEDNESDAY, SEPT. 4

- ☐ **Post newcomer orientation** — 9 to 11 a.m.; Post Conference Room
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, SEPT. 5

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 736-8787 or 738-3339

### MONDAY, SEPT. 9

- ☐ **Military spouse employment assistance** — 9 to 11 a.m. (walk-in anytime during these hours); Strom Thurmond Building; Room 222; post a resume before the event at <https://jobs.scworks.org/vosnet/Default.aspx>, for more information, call 751-4862
- ☐ **Child safety awareness** — 5 to 7 p.m.; Main Post Chapel; to register, call 751-6325.

### TUESDAY, SEPT. 10

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 736-8787 or 738-3339

### WEDNESDAY, SEPT. 11

- ☐ **Job searching strategies for military spouses** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, SEPT. 12

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Instructor-led computer training — introduction to MS Excel** — 9 a.m. to noon; for more information and to register, call 751-4862
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom

Thurmond Building; Room 222

- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 736-8787 or 738-3339

### MONDAY, SEPT. 16

- ☐ **Military spouse employment assistance** — 9 to 11 a.m. (walk-in anytime during these hours); Strom Thurmond Building; Room 222; post a resume before the event at <https://jobs.scworks.org/vosnet/Default.aspx>; for more information, call 751-4862

### TUESDAY, SEPT. 17

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Home-based business expo** — 9 a.m. to noon; Joe E. Mann Center; to register, call 751-4862
- ☐ **EFMP bowling** — 3:30 to 5 p.m.; Century Lanes; must be enrolled in EFMP; to register, call 751-5256
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, 750 Old Clemson Road; to register, call 736-8787 or 738-3339
- ☐ **Scream free marriage date night** — 5:30 to 7:30 p.m.; Solomon Center; to register, call 751-6325.

### WEDNESDAY, SEPT. 18

- ☐ **Steps to federal employment for military spouses** — 9 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, SEPT. 19

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Instructor-led computer training — intermediate MS Excel** — 9 a.m. to noon; for more information and to register, call 751-4862
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Stress management class** — 11 a.m. to noon; 5615 Hood St., Classroom 10; for more information, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 736-8787 or 738-3339

### MONDAY, SEPT. 23

- ☐ **Military spouse employment assistance** — 9 to 11 a.m. (walk-in anytime during these hours); Strom Thurmond Building; Room 222; post a resume before the event at <https://jobs.scworks.org/vosnet/Default.aspx>, for more information, call 751-4862
- ☐ **Child safety awareness** — 5 to 7 p.m.; 5615 Hood

St.; to register, call 751-6325.

### TUESDAY, SEPT. 24

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Simple steps for starting your small business** — 9 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 736-8787 or 738-3339

### WEDNESDAY, SEPT. 25

- ☐ **Job searching strategies for military spouses** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, SEPT. 26

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Explore careers in the information technology field** — 9 to 11 a.m.; Education Center, Room B-107; to register, call 751-4862.
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Anger management class** — 11 a.m. to noon; 5614 Hood St., Classroom 10; call 751-6325 to register; a class certificate is provided
- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222; to register, call 751-1124/5256
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 736-8787 or 738-3339

### MONDAY, SEPT. 30

- ☐ **Military spouse employment assistance** — 9 to 11 a.m. (walk-in anytime during these hours); Strom Thurmond Building; Room 222; post a resume before the event at <https://jobs.scworks.org/vosnet/Default.aspx>; for more information, call 751-4862

*All ACS classes require registration and are subject to change.*

*To register, call 751-5256/4862/6325.*

*Free child care may be available for events.*

*For more information on child care, call 751-1124.*



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