

FRIDAY, AUG. 3, 2012

# THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. COMMUNITY  
[WWW.JACKSON.ARMY.MIL](http://WWW.JACKSON.ARMY.MIL)

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## ON THE COVER

Photo by WALLACE McBRIDE/Fort Jackson Leader

An SCE&G employee works Wednesday morning to restore power to Fort Jackson following a postwide power outage. SEE PAGE 3.



### Fort Jackson, South Carolina 29207

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For display advertising rates and information call (803) 432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29202. For classified advertising information only: call (800) 698-3514 or e-mail [skaress@ci-camden.com](mailto:skaress@ci-camden.com) or fax (803) 432-7609.

For questions or concerns about subscriptions, call (803) 432-6157. To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail [fjleader@gmail.com](mailto:fjleader@gmail.com).

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Website: [www.jackson.army.mil](http://www.jackson.army.mil)

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## COMMANDER'S CALL

# How to turn civilian volunteers into Soldiers

## Teaching Army Values remains an integral part of Basic Combat Training at Fort Jackson

A main part of our mission here on Fort Jackson is to turn civilian volunteers into Soldiers, and a big component in doing so is teaching the Army Values. Most of you reading this probably don't have to think hard to remember what they are — loyalty, duty, respect, selfless service, honor, integrity and personal courage.

Our mission would fail if our drill sergeants and platoon sergeants only rattled down these seven words as if they were nothing more than textbook knowledge that you memorize for a test and then discard from your mind.

You can't teach the Army Values unless you live the Army Values. You can't learn the Army Values unless you experience the Army Values. Examples of that can be found in Basic Combat Training every day.

Let's take a look at the Team Development Course, for example. At the course, new Soldiers are trained to work as a team to overcome obstacles that are impossible to manage for an individual.

To be successful at the task, the Soldiers need to be selfless, respect their team members and fulfill their duty. There's no way around it. Even if the Army Values are not specifically mentioned during a training event, they are present at all times.

At the same time, our drill sergeants leading the training exhibit those same values in order to get their job done. They are prime example of Army Values personified. They lead with integrity, respect

and personal courage.

Their sense of duty and loyalty is unquestionable. They represent our Army with honor and don't shy away from many personal sacrifices to get the job done.

Drill sergeants often say that one of

the most moving moments during basic training is the rite of passage at the end of Victory Forge. That is the moment when for many of our newest Soldiers it sinks in that they are now part of

something bigger than themselves.

It is when they — perhaps for the first time — experience the honor associated with representing the Army and our nation. It is the moment when they know they have withstood the rigors of BCT and are ready to move on to the next phase of their journey in the Army.

The Army Values are the basics, the very foundation on which all of what we do is built. They give us clear guidance on what right looks like.

Furthermore, they form a bond between all of us wearing the uniform, from the most senior officer to the newest recruit — we all share these same values.

Veterans will tell you that the Army Values stay with them for their entire lives, not just while they were in the Army. Sometimes, these life-defining values are already instilled into our new Soldiers before they arrive here.

But even if they aren't, they are solidly lived, taught and learned at the place where victory starts.

Victory 6!

By **BRIG. GEN. BRYAN T. ROBERTS**

Fort Jackson  
Commanding General



Follow Brig. Gen. Bryan T. Roberts at [www.facebook.com/FortJacksonCommandingGeneral](http://www.facebook.com/FortJacksonCommandingGeneral)

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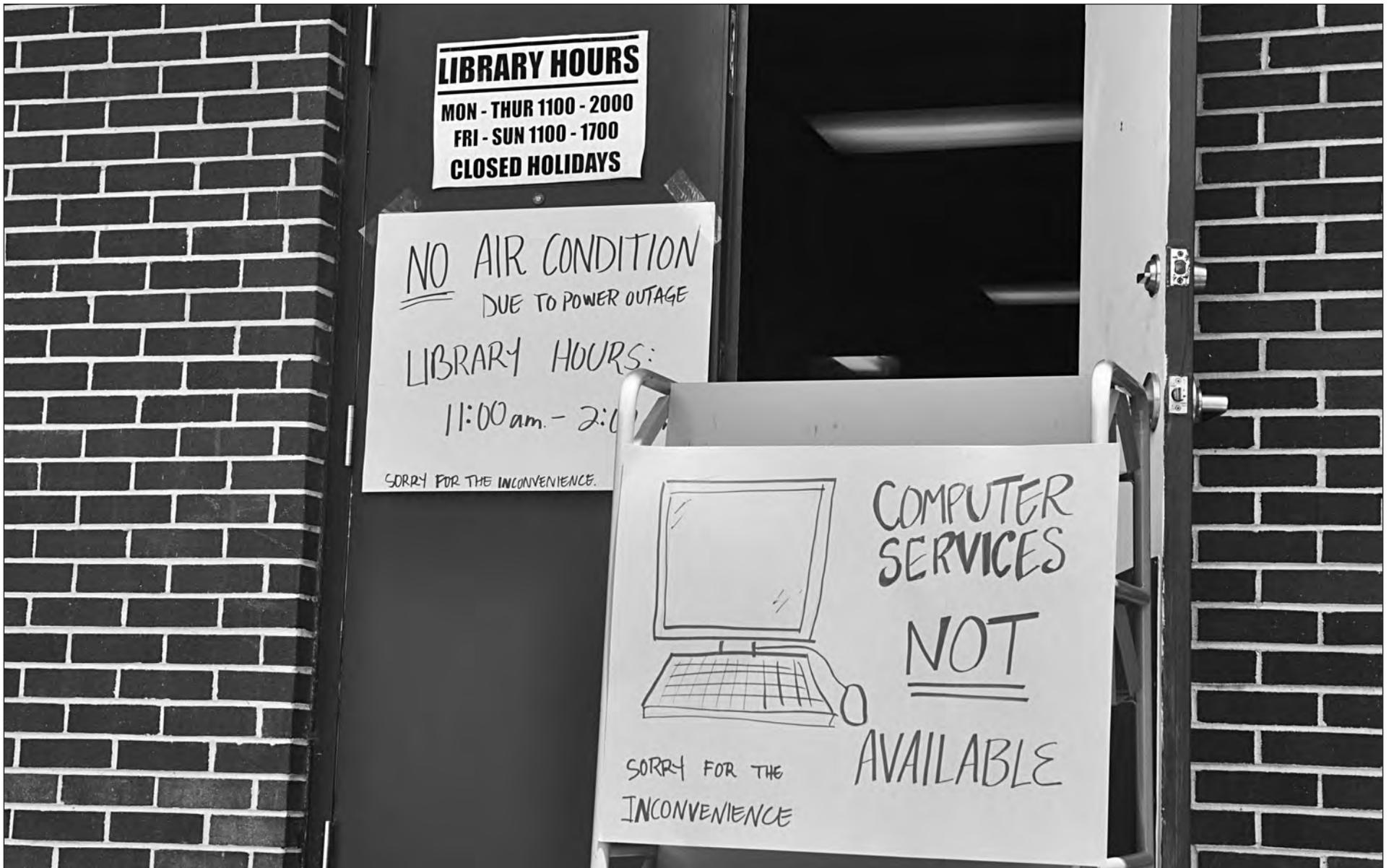


Photo by ANDREW McINTYRE/Fort Jackson Leader

Signs outside the post library warn visitors that the building is without air conditioning and Internet services Wednesday following a massive power outage at Fort Jackson. An unspecified problem at an electrical substation knocked out power around post early Tuesday evening.

# Fort Jackson hit with outage

## Organizations, businesses struggle without electricity

By WALLACE McBRIDE  
and ANDREW McINTYRE  
Fort Jackson Leader

Fort Jackson struggled Wednesday to maintain military and civilian operations in the wake of a massive power outage.

The outage stemmed from undetermined problems at an electrical substation on Lee Road, putting the post in the dark around 5 p.m. Tuesday. Most of Fort Jackson remained without power until later the following day, though a select number of properties were unaffected by the outage.

"We lost power Tuesday night and had to close early," said Burger King Manager Frank Slay. Power had been restored to the restaurant on Strom Thurmond Boulevard by the following morning.

"I'm not sure why we have power while some don't," he said Wednesday afternoon. "We've had power since we opened this



Photo by WALLACE McBRIDE/Fort Jackson Leader

**SCE&G employees work to restore power at an electrical substation near Lee Road on Fort Jackson early Wednesday morning.**

morning."

The commissary, which stocks an assortment of frozen and refrigerated food, was

among the buildings to go without power only briefly.

"There was no loss of profit," said Com-

missary Manager Yvonne Monroe. "Power went out around 5 p.m., but was back up at 6. No items had to be thrown out."

Popeye's was not as fortunate. The power outage kept the restaurant closed for most of Family Day, which routinely brings in thousands of visitors to Fort Jackson.

"If we don't reopen we're going to lose about \$10,000 in sales," Popeye's Manager Roxann Chamberlain said Wednesday. "We're going to have (our employees) go help out at the food court, to help them get their customers out."

Power was restored by 4:30 p.m. Wednesday, but as of Thursday afternoon there was no explanation for the cause of the outage. An electrical substation on Fort Jackson was damaged, possibly by a bolt of lightning, which triggered a chain of events that left the post without power, said SCE&G spokesman Eric Boomhower.

## OUTAGE

Continued from Page 3

The substation is a single structure, but is divided into two parts, operated separately by Fort Jackson and SCE&G, he said.

“Something happened. It might have been a lighting strike, but a breaker on the Fort Jackson side of the fence had a fault, and the breaker on that circuit didn’t open like it was supposed to,” Boomhower said. “There was also a piece of equipment on (the SCE&G) side that did not work properly. We needed to do repairs to both sides of the substation before we could restore power to the fort.”

Fort Jackson Garrison Commander Col. Michael Graese praised the Directorate of Public Works, Directorate of Logistics, Directorate of Emergency Services, and Network Enterprise Center for their efforts to get power restored.

“In addition, our partnership with SCE&G was of vital importance to restoring power to the entire post, not only in a timely manner, but also a safe manner without increasing potential damage to our assets,” Graese said. “This unfortunate situation gives us the opportunity to assess our SOPs and make any needed changes that will improve our efforts for the future. We are fortunate this situation took place sooner, as opposed during a natural disaster.

“Lastly, I am truly grateful for the patience of our families and Soldiers,” he said.

While the power outage disrupted daily activities, it created more serious problems at Moncrief Army Community Hospital. An electrical generator provided a small amount of power to crucial services, but the hospital was without access to telephones and computer networks. Because patients with scheduled appointments on Wednesday could not be contacted by the hospital, Soldiers were posted in front of the building to meet visitors and reschedule appointments for non-emergency issues.

“We’re implementing our contingency plan for our acute, urgent medical needs,” Pamela English, chief of



Photo by ANDREW McINTYRE/Fort Jackson Leader

**A power outage that began Tuesday evening extended into most of the following business day. Above, a sign outside the Fort Jackson Furniture Store advises customers about what to expect inside.**

Managed Care for Moncrief Army Community Hospital, said Wednesday morning. “We have services in our urgent care center, but they are limited. We’re predominantly taking care of our active duty population in urgent care services.”

The outage affected services in 33 medical clinics, she said.

“The generators cover things that are medically essential,” she said. “Our generators power refrigerator units that have immunizations and medications that must remain refrigerated. They cover our in-patient units so that

our patients on the wards can have safe, quality health-care. But generators can’t produce enough electricity to power a 12-story building. It gives us minimal lighting, but it’s not ideal.”

Security officials overcame the loss of electronic communications by putting boots on the ground throughout the day, said Physical Security officer Fred Vasquez.

“We tend to operate on the outside, so the (loss of) lights didn’t affect us that much,” Vasquez said. “Some of the administrative things didn’t get done, like e-mail, but everything else went pretty smooth. You just have to adapt and overcome, and just continue to move forward.”

The post’s announcement speakers were also down because of the outage.

“We used internal battalion speakers, but it didn’t reach as far as we would have liked. But it worked,” said Lt. Col. Eric Shoureck, 2nd Battalion 60th Infantry Regiment Commander. “Also, we couldn’t do any of the on-post meals that we have for families at the Officers’ Club. Due to that I gave everybody (Soldiers) an off-post pass with their families. The good thing is all Soldiers made it back safely last night before 9 p.m.”

The Post Exchange and Food Court were not among the facilities affected by the power outage.

“The Gate 2 Shopette, as a result of the power outage, lost a computer that controlled the pumps, and so we had to get that fully operational before opening at 9:30 in the morning,” said Exchange General Manager Don Sydlik. “As a result of the power outage, families were given an off-post pass, and this had an effect on business.”

“It definitely affected us,” said Staff Sgt. Major Blaine Huston, Deputy Commandant of the Drill Sergeant School. “We were definitely one of the lucky ones with air conditioning, but our Internet and phones were down.”

It had been predicted the post would be without power for several days, but electricity was restored within 24 hours of the outage.

“We were happy to be able to work cooperatively with the fort to get power restored as quickly as possible,” Boomhower said. “There were estimated that it would take a few days, but it was completed in less than 24 hours.”



Photo by WALLACE McBRIDE/Fort Jackson Leader

**SCE&G employees make repairs to a damaged substation on Fort Jackson Wednesday morning.**

## News and Notes

### DES ORGANIZATION DAY

The Directorate of Emergency Services will close at 11:30 a.m. today for the directorate's organization day. Routine non-emergency services will not be available. Call 911 for emergencies or 751-3115/3116 for non-emergencies. Normal business hours will resume Monday.

### SCHOOL PHYSICALS AVAILABLE

To book an appointment for a school or sports physical with your primary care manager, call 751-CARE (2273).

### AAFES SURVEY COMING UP

The Army & Air Force Exchange Service will conduct its annual customer satisfaction index survey Aug. 4-25. Customers can participate at the Fort Jackson Exchange.

### TOASTMASTERS MEETINGS SET

The new Fort Jackson Sound Off Toastmasters Club will meet 11:40 a.m. to 12:45 p.m., Wednesdays at the Main Post Chapel. For more information, email [Diana.M.Hardy.mil@mail.mil](mailto:Diana.M.Hardy.mil@mail.mil).



**Sunday, Aug. 5 — 2 p.m.**

Ted R

Adults: \$4.50; children (12 and younger): \$2.25

For more listings, visit [www.aafes.com](http://www.aafes.com) or call 751-7488.

### UPCOMING CHANGES OF COMMAND/RESPONSIBILITY

**Aug. 21 — 369th Adjutant General Battalion:** Lt. Col. David Jones will assume command from Lt. Col. Edward Allen; 8:30 a.m.; Darby Field.

**Aug. 30 — Recruiting and Retention School:** Command Sgt. Maj. Tory Hendrieth will assume responsibility from Command Sgt. Maj. Donna Punihaole; time and location to be determined.

To announce a battalion level or above Change of Command/Responsibility, call 751-7045 or email [fleader@gmail.com](mailto:fleader@gmail.com).

Watch Fort Jackson video news stories and Victory Updates at <http://www.vimeo.com/user3022628>

# Fort Jackson to host annual 5K Run/Walk for the Fallen

Run/Walk for the Fallen, honoring fallen Soldiers, will be held 8 a.m. Aug. 18, at Hilton Field's softball complex.

Last year was Fort Jackson's first time hosting the event, which was attended by 1,300 people to raise awareness for wounded veterans, build support for the Families of those killed in combat, and to aid the healing process for those Americans whose lives have been affected by the war.

"The families of the fallen are definitely impacted," said Survivor Outreach Services Coordinator Leslie Smith, "It shows the Army still cares, and that (Families) can turn to the Army whenever they need help, and that there are services provided to assist them in their time of need."

Last year, 7,000 runners in 32 states and two countries ran a combined 39,352 miles in remembrance of service members killed in Iraq and Afghanistan as part of



the Run/Walk for the Fallen program.

The Soldier Support Institute is providing 291 service members to represent each South Carolina Fallen Soldier. Each runner will have the name of a South Carolina Fallen Soldier who died while on

active duty since Sept. 11, 2001. Runner bibs will also be available for participants who desire to run for Fallen Comrades not from the State of South Carolina.

Army Community Services and Survivor Outreach Services will provide bibs for participants through online registration. This event is free and open to the public.

Participants who would like to run, but have missed the deadline for registrations are still welcome to participate, Leslie said.

All Fort Jackson units and activities, as well as community members are encouraged to participate and show honor to our South Carolina Fallen Soldiers

For more information about the second annual "Run/Walk for the Fallen", contact Leslie Smith, SOS Coordinator, at (803) 751-4867/1103 or email her at [Leslie.S.Smith@us.army.mil](mailto:Leslie.S.Smith@us.army.mil).

## Housing Happenings

### COMMUNITY UPDATES

❑ The Housing Services Offices provides assistance with finding rental homes and reviewing lease agreements. For more information, call 751-5788/7566 or visit the office at 4514 Stuart Ave.

❑ Residents are urged to be mindful when using charcoal and gas grills. Grills are not allowed to be used indoors and must be no closer than 10 feet to a building or enclosed shelter. Propane tanks must not be stored indoors.

❑ The Home Ventilation Institute recommends that you use kitchen ventilation fans while cooking and bathroom ventilation fans for 30 minutes after each shower. Fans help minimize excess humidity in the home, reduce condensation and promote good indoor air quality.

❑ The Mayoral Council is looking for volunteers to serve as mayors of the Fort Jackson housing community. Child care is provided while performing mayoral duties. Interested residents should contact Vickie Grier at 751-7567.

❑ LifeWorks events are reserved for on-post housing residents unless otherwise indicated. For questions, comments or suggestions, email [ayoungblood@bbcgrp.com](mailto:ayoungblood@bbcgrp.com).

❑ Refer someone to move on post to receive \$200.

❑ Swimming pools in the housing area may be up to six feet in diameter and one foot in depth. Use of wading pools requires adult supervision and is permitted in backyards only. When pools are not in use, they must be emptied and properly stored.

❑ The Yard of the Month contest will continue throughout the summer. Yard of the Month winners will be recognized in *The Fort Jackson Leader*, Balfour Beatty Communities website and newsletter. The grand prize winner will also receive a \$50 gift card contest of BBC. Visit the Self Help Center on Ivy Road and browse the lawn and garden tools that can help you cultivate a beautiful yard and flower garden. The center is open Monday through Friday from 8 a.m. to 4 p.m.

### LEGAL NOTICES

❑ Anyone with debts owed to or by the estate of 1st Lt. Ryan D. Rawl must contact Capt. Noemi Tassios, the summary court martial officer for the Soldier. Rawl passed away June 20 in Afghanistan. To contact Tassios, call (843) 245-9872 or email [Noemi.G.Tassios@us.army.mil](mailto:Noemi.G.Tassios@us.army.mil).

❑ Anyone with debts owed to or by the estate of Spc. John D. Meador must contact 2nd Lt. Robert H. Miller, the summary court martial officer for the Soldier. Meador passed away June 20 in Afghanistan. To contact Miller, call (864) 992-5233 or email [Robert.H.Miller@us.army.mil](mailto:Robert.H.Miller@us.army.mil).

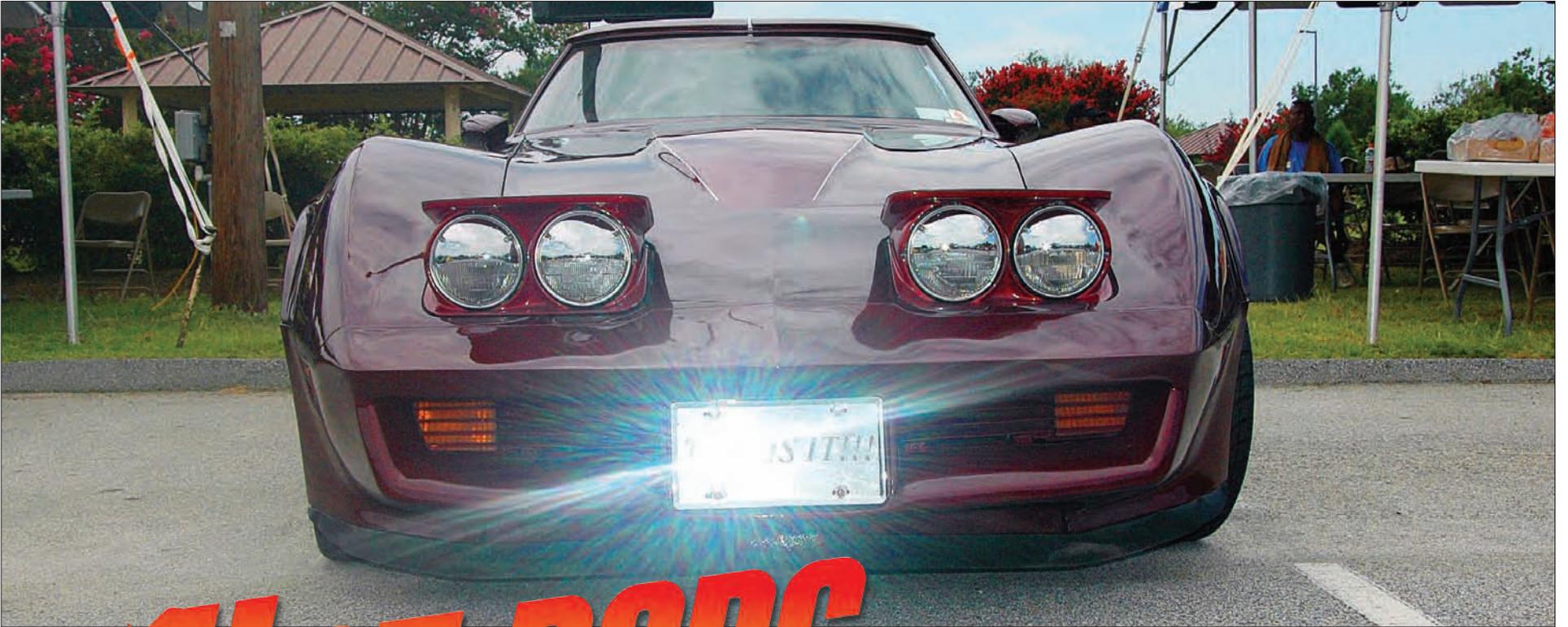
❑ Anyone with debts owed to or by the estate of Sgt. 1st Class Matthew B. Thomas must contact 2nd Lt. Ronja Frenzel, the summary court martial officer for the Soldier. Thomas passed away June 20 in Afghanistan. To contact Frenzel, call (843) 408-9644 or email [Ronja.Frenzel@us.army.mil](mailto:Ronja.Frenzel@us.army.mil).



Photo by PATRICK JONES/Public Affairs Office

## Assumption of Responsibility

Garrison Commander Col. Michael Graese, left, hands off the NCO sword of responsibility to Command Sgt. Major Ernest R. Lee during an assumption of responsibility ceremony July 26.



# HOT RODS

Photos by FREYA O'HAGAN

## Car show draws a crowd

The Autocraft Shop, with the Community Recreation Division of Family and Morale, Welfare and Recreation, hosted an auto show July 28, in the Solomon Center parking area. More than 100 spectators took the time to stop by and check out the various trucks, cars and motorcycles in the show. The event gave Soldiers and civilians the opportunity to show off their custom and original automobiles within six categories. The auto show featured 35 cars and trucks, and 10 motorcycles.



Ray Montoya's 1965 Mustang FB Fast Back included interesting details like these skull door locks.



Ray Montoya, Training Support and Schools Directorate polishes his 1965 Mustang FB Fastback. Montoya won first place in the Antique Division.



This 1998 Z-17 Chevy owned by Joseph Rainard Smith was the overall winner in the Custom Division.



This 3100 Chevy truck owned by Alex Smith took first place in the Custom Division.



Thaddeus White was the overall winner in the Classic Division thanks to modifications made to his 1967 Chevy Chevelle.



Photos by ANDREW McINTYRE/Fort Jackson Leader

## Rally for safety

Fort Jackson Safety Center hosted a bike rally for new and experienced riders on post Tuesday at the Solomon Center. The rally was an opportunity to provide Soldier and Civilian riders with motorcycle safety training and information. Fort Jackson Commanding General Brig. Gen. Bryan Roberts and Post Command Sgt. Major Kevin Benson spoke to riders about the importance of wearing personal protective equipment while riding on and off post, and to be accountable for each other while riding. Roberts encouraged Soldiers to lead by example in the community by wearing proper equipment.



# Saluting this Basic Combat Training cycle's honorees

## DRILL SERGEANTS OF THE CYCLE



**Staff Sgt.**  
**Darrell Myers**  
Company A  
2nd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**  
Spc. Aaron Conti

**SOLDIER OF THE CYCLE**  
Pfc. Amanda Landwehr

**HIGH APFT SCORE**  
Pfc. Casi Purcel

**HIGH BRM**  
Pfc. Bryan Corbin

**Staff Sgt.**  
**Robert Brock**  
Company B  
2nd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**  
Spc. Daniel Punaro

**SOLDIER OF THE CYCLE**  
Pfc. Cameron Trinkle

**HIGH APFT SCORE**  
Pfc. Shonn Monday

**HIGH APFT SCORE**  
Pfc. Christopher Shifflett

**HIGH BRM**  
Pfc. Blake Place

**HIGH BRM**  
Pfc. Brian Lee

**Staff Sgt.**  
**Clarence Masiwemai**  
Company C  
2nd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**  
Pfc. Zachary Brewington

**SOLDIER OF THE CYCLE**  
Pfc. Hunter Vaught

**HIGH APFT SCORE**  
Pfc. Erica Willeford

**HIGH BRM**  
Pfv. Hunter Vaught

**Staff Sgt.**  
**Jared Gabriel**  
Company D  
2nd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**  
Pfc. Vincent Ciamachelo

**SOLDIER OF THE CYCLE**  
Pfc. Robert Kim

**HIGH APFT SCORE**  
Pvt. Kyle Rehberg

**HIGH BRM**  
Pvt. Landon Grimmet

**Staff Sgt.**  
**David Loaknauth**  
Company E  
2nd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**  
Pfc. Bryan Menancio

**SOLDIER OF THE CYCLE**  
Pfc. Robert Kim

**HIGH APFT SCORE**  
Pvt. Cody Faulstich

**HIGH BRM**  
Pvt. Landon Grimmet

**Sgt. 1st Class**  
**Shareasa D. Buckley**  
Company F  
2nd Battalion,  
60th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**  
Pvt. Wyatt Smeltzer

**SOLDIER OF THE CYCLE**  
Pfc. Danielle Bahlmann

**HIGH APFT SCORE**  
Pfc. Lakeitha Barrett

**HIGH BRM**  
Pvt. Nickalos Keenjacobson

## SUPPORT AWARDS OF THE CYCLE

**STAFF SUPPORT**  
Sgt. 1st Class William Kendall

**TRAINING SUPPORT**  
Comand Sgt. Maj. (RET) Lyle Daniels  
SSG Jose Urena

**DFAC SUPPORT**  
Tonya Parnell

# Plyometrics can increase your strength

By PAMELA LONG

FMWR Fitness Programmer

Everything today is done in a hurry. You hear words like “promised,” “get instant results” and “guarantee to work.” It’s tough living up to these unrealistic promises, and most items don’t produce the results they claimed to deliver.

Many fitness industries experiment with products and programs that will give us what we have been screaming for: to look great without making an effort. Normally, that promise is too good to be true, but a style of exercise has surfaced in the fitness industry delivers. It requires effort, but it can be done.

One constant goal for me is to learn what works, and spread that knowledge to others. My mission is always to spread the gift of health. If you want to get into the best shape of your life, you need to try Plyometrics.

Also known as “Jump Training,” Plyometrics is a training style designed to increase muscle power and explosiveness. That means it is not about building larger muscles, but making your muscles more aerobically active. Because of this, muscles become lean and more explosive with speed. That creates the “ripped” appearance on the body that we see on people who show their “after” photos for Insanity and P90X.

Plyometrics is an old idea, one that has resurfaced as a force to be reckoned with within the general workout population. Plyometric training has long been a staple for athletes to work on their explosive strength. Today, many people are excited about this style of exercise because it gets their bodies into the best shape with little to no equipment. I have always been a fan of using less equipment, and using more of your own body as a resistance weight. Plyometrics conditions the body with dynamic resistance exercises that rapidly stretch a muscle and then rapidly shorten it. For example, when we jump, we make the muscles in our thighs longer. When we land and “stick” the move, we abruptly shorten (contract) the muscle due to the pause or hold. With each continuation of jumping up and landing, we not only build strength, but power and active muscle tissue.

Plyometrics is a great way to add variety to a stale workout regimen. Because it is new for your body, you will work harder, meaning you can yield greater results than from your traditional routine. Some things you can expect from adding Plyometrics to your regular workout include:



Courtesy photos

**Britney Sanders demonstrates the Plyometrics technique. Also called ‘jump training,’ an exercise technique designed to increase power by making muscles more aerobically active.**

- Increased joint stability (your bones become stronger)
- More power in your lower body (all that jumping and landing pays off)
- Strength goes up (we love that)
- Burns more calories during your workout (remember, you are working harder, faster and with more muscle power)

The power is the explosive conditioning that is produced from Plyometric training. Your muscles become faster in reacting to the style of exercise you are doing. This means what you achieve from Plyometric training will benefit other workouts, as well. Sprinters are fast, but they earned their speed from doing exercises that require their muscles to react with force. Their muscles not only become stronger, but quicker to react. They do this with exercises that require them to leap off the ground, and land a distance away.

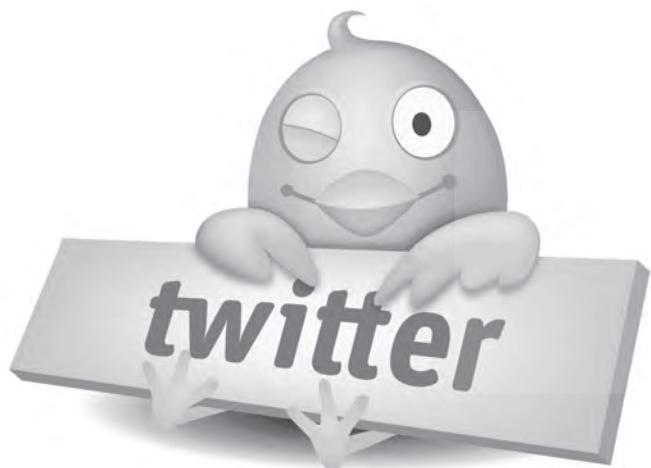
Your end results are the ability to perform quicker, with more control and in less time. This power displays your perfected technique and shows up on your physique. It is the repetitive movement that increases your stretch, which makes you faster and stronger. Think of something you stretch and pull back in quickly like a paddle ball.

So, if you are ready to give Plyometrics training a try, here are some guidelines that you should consider:

- This type of training is aggressive so if you are limited in your bone and joint health, you may want to modify your movements.
- You do not have to jump as high as the next person to get results. It is the doing of jump and land that creates results (not how high).
- You should also look for a class that offers Plyometric training; this way instead of investing in the popular DVD you have a live instructor who can modify the moves to fit your age, and bone/joint ability.
- Do not practice on too hard of a surface. The impact could result in injuries to your joints.

Some are intimidated by Plyometrics and think they exhausting, or even scary. I can understand the perception, especially with all the yelling and screaming and sweating you see in the videos. If you select three Plyometric exercises and incorporate them in your current routine, you can utilize them as an interval session. Do the exercise and recover for about 30 to 60 seconds then go to the next. This way, you build stamina, add variety and burn calories more efficiently. If you take this approach to adding Plyometric training to your workout, you will eventually have created a total workout.

Something different should be embraced, not avoided. Exercise growth cannot happen if we arrive consistently to the gym, but live on the treadmill.



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 for breaking news and updates



Photos by VERAN HILL/Public Affairs Office



## Tour of Duty

Vietnam veterans of Alpha Company 2-60 spent a day at Fort Jackson last week, touring some of the post's more popular sites. Above, veterans tour Bastogne Range, named in honor of a clash of German and American forces in Bastogne, France, during World War II's 'Battle of the Bulge.' Left, the group observes graduation ceremonies for new Soldiers at Hilton Field.

## LEADER DEADLINES

Article submissions are due two weeks before publication.

For example, an article for the Aug. 9 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the Aug. 9 Leader must be submitted by Aug. 2.

Send your submissions to [FJLeader@gmail.com](mailto:FJLeader@gmail.com). For more information, call 751-7045.



## Calendar

### Thursday

#### Reclamation Sale

All military ranks and military retirees are invited to take part in a military clothing reclamation sale scheduled for 8 a.m. to 3 p.m., Aug. 2 at Bldg. 2750 on Warehouse Row. The Army Service Uniform will be available during this sale.

### Wednesday, Aug. 8

#### Fort Jackson ROWC Sign-up Coffee

10 a.m., Fort Jackson Officers Club  
Reservations are not required.

## Housing events

*All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.*

### Throughout the summer

#### Free popsicle Fridays

Children can stop by the Community Center every Friday this summer for a free popsicle while supplies last.

## Announcements

### FALL SPORTS SIGN-UP

Registration for fall sports takes place June 18 - Aug. 24. The following events are scheduled:

- Tackle Football: Ages 7-12 \$65
- Flag Football: Ages 4-5 \$20, Ages 6-9 \$40
- Cheerleading: Ages 3-5 \$20, Ages 6-13 \$40
- Soccer: Ages 3-5 \$20, Ages 6-13 \$40
- Cross Country: Ages 7-14 \$40

For more information about Fall Sports call 751-5040/7451.

Children must be registered with CYS Services before signing up for sports. Central Services is open 7:30 a.m. to 4:30 p.m., Monday, Wednesday, and Friday, and 7:30 a.m. to 6 p.m., Tuesday and Thursday. Registration fees are waived as CYS Services delivers on the Army Family Covenant.

Parents must bring a current physical and a copy of the child's birth certificate for sports sign up.

### 5K RUN/WALK FOR THE FALLEN

Fort Jackson will host a 5K Run/Walk for Fallen Soldiers 8 a.m., Aug. 18 at the Hilton Field Softball Complex. Registration packets will be available for pickup 9 a.m. to 3 p.m., Aug. 17, at Room 222 of the Strom Thurmond Building, and 6:30 to 7:30 a.m., Aug. 18 at the Hilton Softball Field Complex.

### NATIONAL NIGHT OUT

National Night Out, a nationwide law enforcement initiative to promote partnership between police and communities, takes place 5 to 9 p.m., Aug. 9, at Hilton Field. There will be activities for children

at the event. Operation Home Front will offer free school supplies for dependants of E6 and below. Police will offer demonstrations of felony traffic stops and a K-9 Team exercise, and various law enforcement vehicles will be on display.

### NEW STUDENT REGISTRATION

Registration for grades three through six at C.C. Pinckney Elementary School is scheduled for 8 a.m. to noon, Tuesday through Thursday, through Aug. 8. The following documents are required: copy of birth certificate; current orders and ID card for military sponsor and spouse; proof of immunizations; housing lease agreement or letter from housing verifying that the family is on the waiting list.

### THRIFT SHOP NEWS

The 2012 Fort Jackson cookbooks are now available at the Thrift Shop.

### ASAP HOURS

The Army Substance Abuse Program has clinical hours Mondays, Tuesday, Thursdays and Fridays from 8 a.m. to 4 p.m.

### AFAP CONFERENCE

Quality of life issues are being collected for review at the annual Fort Jackson AFAP Conference. Issue forms are located in the main ACS Office, the Family Readiness Center (Building 4512) and by request from [veronica.jacksonpatrick@us.army.mil](mailto:veronica.jacksonpatrick@us.army.mil). For more information on AFAP and the kinds of issues addressed through this forum, visit [www.fortjacksonmwr.acs\\_afap](http://www.fortjacksonmwr.acs_afap).

### SCHOLARSHIP INCENTIVE

The Virginia Military Institute Foundation, through the 100th Infantry Division/Henry B. Williams Jr. is offering two scholarship awards to qualifying Soldiers. If you are an Active Duty Army Career NCO (E5 or E6) and are stationed on Fort Jackson, you can get an application 7:30 a.m. to 4:30 p.m., Monday-Friday, at the Army Continuing Education System, Building 4600, Room A100.

Take your college transcript, list recent of awards and activities, and an essay stating your reason for financial aid. The essay must be typed, double-spaced and not exceed 200 words. Previous winners are not eligible.

### PWOC FALL KICK OFF

Protestant Women of the Chapel will meet 9 to 11:30 a.m., Sunday, Aug. 29, at the Main Post Chapel. Registration information for fall Bible studies will be available.

### IMMIGRATION 101 WORKSHOP

Army Community Services Relocation Office and U.S. Citizenship & Immigration Services have partnered to provide an Immigration 101 workshop. The workshop will provide information on how to apply for permanent residency and citizenship, and how to petition for a family

member to come to the U.S. The workshop takes place 10 a.m. to noon, today, in Room 222 of the Strom Thurmond Building. A second workshop is scheduled for Dec. 13.

### CIF IN-AND-OUT PROCESSING

Personnel required to in-and-out process at Central Issue Facility must schedule an appointment. Soldiers clearing CIF are required to have their post clearing papers. To schedule an appointment, call 751-6524, 751-2870 or 751-2739.

### CONSUMER CONFIDENCE REPORT

Copies of the Palmetto State Utility Services, Inc., Consumer Confidence Reports are available at the Commissary, the Directorate of Public Works, Main PX, Mini-Mall, Palmetto State Utility Services, Post Office, Shopette – Gate 1, Shopette – Gate 2, the Strom Thurmond Building and the Welcome Center.

### SUMMER FEEDING PROGRAM

The Seamless Summer Feeding Program allows children 18 and younger to have free meals during the summer months. Breakfast will be served from 8:30 to 9 a.m., lunch will be served from 11 a.m. to 1 p.m. at C.C. Pinckney Elementary School. For additional locations in the Richland One school district, visit [www.richlandone.org](http://www.richlandone.org).

### CIVILIAN CAREER WEBSITE

A new website has been launched that consolidates information about civilian training and career development. Visit the site at [www.civiliantraining.army.mil](http://www.civiliantraining.army.mil). The Army Civilian Training and Leader Development Division also established a Facebook page at [www.facebook.com/armyciviliantraining](http://www.facebook.com/armyciviliantraining).

### FCC TRAINING OFFERED

Family Child Care Orientation Training is scheduled for 8 a.m. to 4 p.m., Aug. 20-24, at the Joe E. Mann Center. The FCC program offers an employment opportunity and portable career for military spouses who enjoy working with children.

Military spouses living on Fort Jackson and Department of Social Services registered off-post child care providers can apply to become certified to provide child care to military families in their homes. Applications will be accepted through Aug. 16. For more information, call 751-6234.

### CAC REPLACEMENTS

Some Common Access Cards that are set to expire after Sept. 30 will have to be replaced because they contain older encryption keys that will no longer provide network access. Most CACs contain the newer, compatible encryption keys. Personnel who are affected, will receive an email from [DMDC.CAC.Replacement.Notification@osd.pentagon.mil](mailto:DMDC.CAC.Replacement.Notification@osd.pentagon.mil). To replace the CAC, visit <https://rapids-appointments.dmdc.osd.mil> and schedule an appointment.

### HIRED! PARENT ORIENTATION AND INTEREST MEETING

The next HIRED! Parent orientation and interest meeting is scheduled for 6-8 p.m., today, at the Youth Teen Center on Fort Jackson. The fall term dates are Aug. 26 through Nov. 18.

For more information, contact Simona Tautkus at 751-1136.

### HIRED! TERM

The next HIRED! teen apprenticeship program term is scheduled for Aug. 26 through Nov. 17. Applications are due Aug. 17. A successful interview must be completed before the start of the term. The program is open to students 13-18 years old.

### AA OPEN MEETINGS

Alcoholics Anonymous open meetings are scheduled from 9 to 10 a.m., Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

*Visit the community calendar at [www.jackson.army.mil](http://www.jackson.army.mil) for a full listing of calendar events. Send your announcements to [fjleader@gmail.com](mailto:fjleader@gmail.com).*

## Off-post events

*The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.*

### VA SEMINAR

Vietnam Veterans of America Chapter 303 is sponsoring a seminar titled, "Winning VA Claims." The seminar will assist eligible military veterans in navigating the Veterans Administration claims process. The seminar takes place 6 p.m., Aug. 8 at American Legion Post 6, 200 Pickens St. The event is free, but seating is limited to the first 50 registrants. Email [plough71@bellsouth.net](mailto:plough71@bellsouth.net) or call 312-4895 to register.

### SPIRIT OF AMERICA TOUR

The Army's Spirit of America tour will perform at the Colonial Life Arena Sept. 21 and 22. Tickets are free and available at [www.soa.mdw.army.mil](http://www.soa.mdw.army.mil).

### BIG BROTHERS BIG SISTERS

Big Brothers Big Sisters of Greater Columbia is seeking volunteers to serve as big brothers and big sisters for its site-based military mentoring program at C.C. Pinckney Elementary School.

Children are matched with volunteers in the program, and receive weekly visits from their mentors for games and studying.

Volunteers must be at least 18 years old, reside in Richland or Lexington counties and plan to stay in the Greater Columbia area for the next 15 months, and be willing and able to meet with a matched child for one hour per week. Background checks are required.

# God's promises are not unconditional

By **CHAPLAIN (MAJ.) RANDY PERRY**  
2-39 IN BN Chaplain

*"Now faith is the substance of things hoped for, the evidence of things not seen." Hebrews 11:1*

Hebrews 11:1 is, without a doubt, the best all around definition of faith in the Bible. It is the substance and evidence of the things we hope, wish and pray will happen, ahead of time, when we have a need or desire. When we exercise faith in a spiritual sense, we are showing God that we trust in Him for direction and guidance along our earthly pathway.

There is a big difference in a need, as opposed to a want in our lives. In fact, the Bible is very clear that God will honor and grant a need in our lives to come to pass if we exercise faith in our request with a sense of honesty and urgency. Prayer is our powerful and a supernatural line of communication with God. Our loving God knows the content of every person's heart. He is omniscient (all-knowing), omnipotent (all powerful) and omnipresent (all everywhere). He is the great, "I Am." No situation in our lives catches Him by surprise. He is completely aware of every detail in our lives and knows what our future holds for us. He longs that no soul

in His creation would perish. His desire is for a deep and abiding relationship with us and that we would fulfill our purpose and destiny by glorifying Him in all that we do.

As we worship God in spirit and in truth, we are instructed to come boldly in expectancy to His throne of grace so we can submit our requests, and we are assured that the deepest desires of our hearts will be granted if we truly seek the kingdom of God first in our lives. He has everything under control. He has made the ultimate provision for everyone to receive salvation and grace in the blood sacrifice of His only begotten son, Jesus Christ. His holy and vicarious sacrifice on the cross of Calvary fulfilled God, the Father's, sovereign requirement for the cost of sin for mankind.

Our faith is based on the holy Word of God. The promises



are available to us if we are obedient and have trust and faith in the Lord. In other words, His promises are ours but they are not unconditional. There is a requirement that we must exercise our faith in obedience to the Lord. His blood sacrifice was in provision and served as a perfect remission for sin in our lives.

Praise be to God, that 1 John 5:14-15 says, "And this is the

confidence that we have in Him, that, if we ask anything according to His will, He hears us: And if we know that He hears us, whatever we ask, we know that we have the petitions that we desired of Him."

Exercise your heartfelt faith in the living Lord who sits in total authority at the right hand of His heavenly Father. Let the Holy Spirit lead, guide and direct you in the joy and wonder of this precious life God has blessed you to experience at such a time as this. God honors your steadfast faith.



**PROTESTANT**

- Sunday  
8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
- 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
- 9:30 a.m. Hispanic, Post Theater
- 9:30 a.m. Main Post Chapel
- 10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
- 10:45 a.m. Sunday school, Main Post Chapel
- 11 a.m. Memorial Chapel
- 11 a.m. Chapel Next, Bayonet Chapel

**Protestant Bible Study**

- Monday  
7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday  
9:30 a.m. to noon Women's Bible study (PWOC), Main Post Chapel
- Wednesday  
6 p.m. Gospel prayer service, Daniel Circle Chapel

- 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Saturday  
8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

**Protestant Youth of the Chapel**

- Saturday  
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

**CATHOLIC**

- Monday through Thursday  
11:30 a.m. Mass, Main Post Chapel
- Sunday  
8 a.m. IET Mass, Solomon Center
- 9:30 a.m. CCD (September through May), Education Center
- 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
- 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
- 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
- 11 a.m. Mass (Main Post Chapel)
- 12:30 p.m. Catholic youth ministry, Main Post Chapel
- Wednesday  
7 p.m. Rosary, Main Post Chapel
- 7:30 p.m. RCIA/Adult inquiry (September

through May), Main Post Chapel

**ANGLICAN/LITURGICAL**

- Sunday  
8 a.m. Anderson Street Chapel

**ISLAMIC**

- Sunday  
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday  
12:45 to 1:30 p.m. Jumah services, Main Post Chapel

**JEWISH**

- Sunday  
9:30 to 10:30 a.m. Worship service, Memorial Chapel
- 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

**CHURCH OF CHRIST**

- Sunday  
11:30 a.m. Anderson Street Chapel

**LATTER DAY SAINTS**

- Sunday  
9:30 to 11 a.m. Anderson Street Chapel
- Wednesday

7 to 8 p.m. LDS scripture study, Anderson Street Chapel

**ADDRESSES, PHONE NUMBERS**

- Anderson Street Chapel**  
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**  
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**  
4581 Scales Ave.
- Family Life Chapel**  
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- Main Post Chapel**  
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**  
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**  
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**  
4475 Gregg St., 751-3121/6318

## National Night Out set for Aug. 9

*From the Directorate of Emergency Services*

Fort Jackson's National Night Out is scheduled from 5 to 9 p.m., Aug. 9 at Hilton Field. Law enforcement and on-post organizations are coming together to bring Soldiers, families and civilians a night of information and entertainment.

"This nationwide event is held each year to foster positive relationships between law enforcement and the communities they serve, as well as to heighten crime awareness," said Maj. Brad Fisher, provost marshal with the Directorate of Emergency Services.

DES will join with Columbia Police, Richland and Lexington County Sheriff

departments and the South Carolina Highway Patrol to teach attendees about crime prevention and safety, while showcasing emergency service capabilities.

The event will begin with a law enforcement parade through the housing area that will end on Hilton Field. There will be static displays consisting of law enforcement aviation, crime scene simulation for kids to go through and K-9 demonstrations along with a felony traffic stop demonstration.

The surrounding communities are providing donations of school supplies from Fort Jackson's newest chapter of Operation Homefront. To register for school supplies visit [www.operationhomefront.net/sc](http://www.operationhomefront.net/sc).

**Always Ready, Always Alert**

*Because someone is depending on you*



Army Strong™

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