

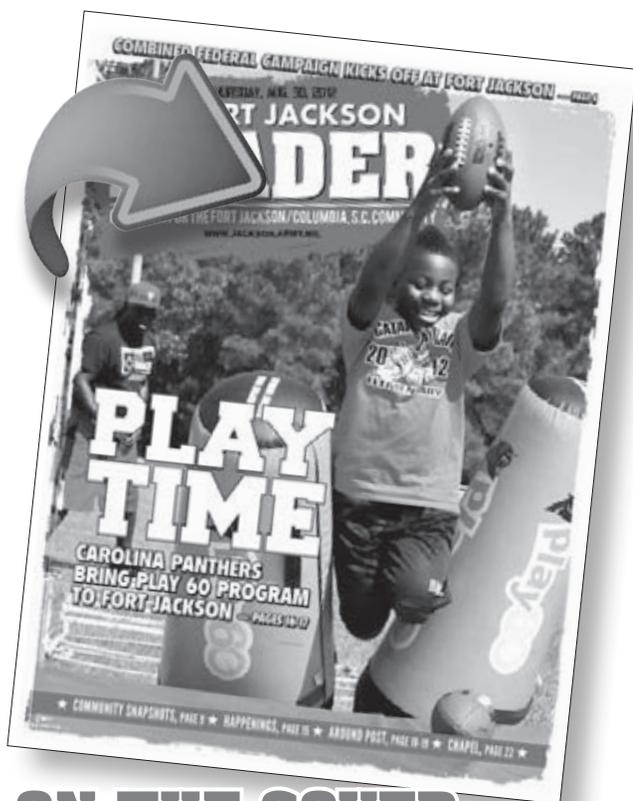
THURSDAY, AUG. 30, 2012

THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. COMMUNITY
WWW.JACKSON.ARMY.MIL

PLAY TIME

**CAROLINA PANTHERS
BRING PLAY 60 PROGRAM
TO FORT JACKSON — PAGES 16-17**



ON THE COVER

Photo by WALLACE McBRIDE

The Carolina Panthers brought its Play 60 program to Fort Jackson last week, teaching children the importance of exercise, as well as some fundamental football skills. **SEE PAGES 16-17.**



Fort Jackson, South Carolina 29207

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COMMANDER'S CALL

'Give a little. Help a lot.'

Combined Federal Campaign to begin Saturday, allows federal employees, military to contribute

The 2012 Combined Federal Campaign effort in the Midlands area gets under way next week, and Team Jackson is once again prepared to do its part to help make this year's regional effort another tremendous success.

Although we had our annual CFC kickoff Monday, the campaign season officially runs from Sept. 1 to Dec. 14. As you know, the CFC provides a great opportunity for you to have a personal say in how you would like to make the world a better place.

For those of you who have been in the Army for a while, you are well aware of all the great work that the CFC accomplishes. It is one of the largest charitable campaigns in the world. Since 1961, federal workers from here and across the nation have donated more than \$6 billion. The CFC's mission is to promote and support philanthropy through a cost-efficient and effective employee-focused program.

Through the CFC, individuals can make an impact in any of hundreds of charitable organizations, including 78 regional charities from which to choose. The CFC also lists some of our efforts on post, such as Army Community Services, Child, Youth and School Services and the installation volunteers program. How you choose to help is entirely up to you.

The 2011 CFC effort for the Midlands earned a national CFC performance award. Our area registered the second largest increase in the country in its campaign category (\$1 million or more) with a 10 percent increase over the previous year. In 2011, the Midlands — one of five CFC campaign areas in South Carolina — raised approximately \$1.3 million.

I firmly believe it is the responsibility of each and every one of us to give back in any way we can. The national recognition says a whole lot about the quality of the Soldiers, Civilians and Family members who make up Team Jackson — but I also know it's just one of the many ways members of Team Jackson give back.

The 2012 campaign theme is "Give a Little. Help a Lot," and this year's Midlands goal is \$1.5 million. That's a great message, because it gets right to the point. It does not matter how much a person gives. Every contribution helps. Every little bit counts and will make a difference.

Thanks to all of you who give back every day — whether you donate through the CFC, contribute to local organizations or volunteer in our communities and schools. You make Team Jackson, our Army and our nation great.

Army Strong and Victory Starts Here! Victory 6

By BRIG. GEN. BRYAN T. ROBERTS

Fort Jackson
Commanding General



Photo by WALLACE McBRIDE

Henry Chastain, left, and Steve Reynolds, center, of the Camp Discovery recreation therapy camp, were among the representatives of not-for-profit organizations present for Monday's kickoff of the Combined Federal Campaign at the Fort Jackson Officers' Club.



Follow Brig. Gen. Bryan T. Roberts at www.facebook.com/FortJacksonCommandingGeneral



Photos by WALLACE McBRIDE

Hundreds of people turned out Tuesday afternoon at the Solomon Center for the annual Fort Jackson Jubilee, designed to introduce new arrivals at the post to the goods and services available on and off post.

Event showcases local services, opportunities

By WALLACE McBRIDE
Fort Jackson Leader

The Fort Jackson Jubilee took place Tuesday afternoon at the Solomon Center, welcoming new arrivals to Fort Jackson with educational displays about goods and services available in the community.

The annual event was designed to provide Soldiers, family members, civilians and retirees the opportunity to learn about the opportunities available to them, both on- and off-post.

“We’re looking to bring people out, introduce them to the community and get them to know other people,” said Elizabeth Maher, Army Community Services outreach coordinator. “We have Family Readiness Groups from the major brigades, and their whole reason for being here is to reach out to people and bring them into the unit Family Readiness Groups.”

Dozens of commercial vendors were

present to put their products and services on display. Vendors included restaurants, health, beauty and wellness providers, schools and colleges, financial institutions, and tourism venues.

“We have all of our battalions set up for new families and current families to come and see what we have available and to let them know about our Family Readiness Group meetings and everything we have going on in the brigade,” said Christine Julius, family readiness adviser for the 193rd Infantry Brigade. “

The jubilee was scheduled to take advantage of a time of the year that sees a great number of Soldiers and families arriving at Fort Jackson, said Rachel McLamb, family readiness adviser for the 193rd Brigade.

“Summer is a big turnover for the Army, so we’ve had a lot of new people come into Fort Jackson,” she said. “The jubilee is a perfect opportunity for them to find out what’s available in the community, and the



Visitors walk the aisles of the Fort Jackson Jubilee, reviewing the displays created by commercial vendors and Fort Jackson services.

community of Columbia.”

Among the businesses this year was a company that rents furniture for home and business use.

“We offer residential and office furniture for people who have a temporary need,” said Ron Steinbrink, district general man-

ager for the company. “What we’re looking at here on Fort Jackson is when they bring people in for a training (operation) and will be here for six months. This is our first (jubilee). I provided 700 bags for anyone who walks in.”

Milton.W.McBride3.ctr@mail.mil

Combined Federal Campaign begins

By WALLACE McBRIDE
Fort Jackson Leader

This year's Combined Federal Campaign launched Monday with a reception at the Officers' Club. Even though the country's economic recession has had a negative impact on charitable donations in recent years, this year's campaign goals remain lofty — to raise \$1.5 million for local, national and international charities between Sept. 1 and Dec. 14.

"Our theme this year is 'Give a Little, Help a Lot,'" said Brig. Gen. Bryan Roberts, Fort Jackson commanding general and a co-chairman of this year's CFC campaign. "As the largest military training center in the United States ... we have an unspoken responsibility to make a difference in somebody's life. We are all leaders in that category. Our service men and women are molded by Army values. This kind of campaign is an extension of those values."

The Combined Federal Campaign allows military personnel and federal employees to donate to local, national and international charities of their choice. The Fort Jackson CFC drive is part of the Midlands effort.

Part of Fort Jackson's plan is to contact and inform its entire roster of Soldiers and civilian employees, Roberts said.

"We will make sure, here at Fort Jackson, that we will contact 100 percent of our Soldiers, 100 percent of our Department of the Army civilians, and give everybody an opportunity to give a little, help a lot," he said.

"It's humbling to see the level of commitment from the military community, and the civilian community, toward CFC," said Arnold Miller, a CFC civilian co-chairman and Social Security Administration District Manager. "We make a big difference here in the Midlands. Most of us are not from here originally, but our giving can be local, it can be national and it can be international."



Photo by WALLACE McBRIDE

Craig Currey, chief operating officer of Transitions, a center for homeless people, addresses attendees of the kickoff reception for this year's Combined Federal Campaign Monday at the Officers' Club.

Since 1961, federal workers have donated more than \$6 billion to the CFC. There are approximately 80 local charities that can receive donations through the campaign, and approximately 2,000 national and international organizations available for donors.

"Charities are hurting," said Craig Currey, chief operating officer of Transitions, a Columbia-based organization tasked with moving people from homelessness to per-

manent housing. "Giving is down. There is a desperate need in Columbia and the Midlands right now."

A retired colonel and former deputy commanding officer of Fort Jackson, Currey contributed to the CFC campaign for 30 years during his years in the Army.

"We need to promote a culture of giving," he said. "We need to help people. It should

become a matter of habit. In the federal world, it's good. You have a job, you have

health care, you have a retirement plan. But there are other people out there who aren't so fortunate."

In 2011, the Midlands CFC placed second nationally in the \$1 million or more category for having a 9.6 percent increase over the previous year.

"Last year the CFC collected more than \$1.3 million and more than \$122,000 of that stayed right here and went to the United Way of the Midlands and went to its member agencies," Miller said. "Our local CFC beat the third-place winner by two-tenths of a percent. The first-place winner beat us by less than 2 percent. Every dollar counts."

For more information, visit www.midlandsareacfc.org.

Milton.W.McBride3.ctr@mail.mil



Housing Happenings

COMMUNITY UPDATES

- Housing Services tip of the week: The Housing Services Office can help with resolving disputes between residents and landlords. For more information, call 751-5788/7566.
- Residents are required to pay their Minol utility bills each month. The chain of command will be notified when a bill becomes 30 days delinquent.
- Residents who fill out a comment card after interacting with Balfour Beatty Communities staff are eligible to win \$100.
- Residents are asked to place their trash bins curbside the night before service is scheduled. Store away the trash can once it has been emptied to avoid getting a citation.
- Helmets are required for all community members riding bicycles, scooters or skateboards.
- The Mayoral Council is looking for volunteers to serve as mayors of the Fort Jackson housing community. Child care is provided while performing mayoral duties. Interested residents should contact Vickie Grier at 751-7567.
- LifeWorks events are reserved for on-post housing residents unless otherwise indicated. For questions, comments or suggestions, email ayoungblood@bbcgrp.com.
- Refer someone to move on post to receive \$200.
- Contact your resident specialist if you're PCSing to an installation where Balfour Beatty is the privatized housing partner. Residents who relocate to a Balfour Beatty Communities property can earn cash rewards. For more information, call 738-8275.
- Recreational vehicles must be stored in the RV lot on Essayons Way. These vehicles are not permitted in the housing area. For more information, call 738-9339.
- The Yard of the Month contest will continue throughout the summer. Send nominations to ayoungblood@bbcgrp.com or call 738-8275. Visit the Self Help Center on Ivy Road and browse the lawn and garden tools that can help you cultivate a beautiful yard and flower garden. The center is open Monday through Friday from 8 a.m. to 4 p.m.



Friday, Aug. 31 — 6:30 p.m.
The Dark Knight Rises PG-13

Saturday, Sept. 1 — 4 p.m.
The Watch R

Sunday, Sept. 2 — 2 p.m.
The Dark Knight Rises PG-13

Wednesday, Sept. 5 — 1:30 p.m.
Madea's Witness Protection PG-13

Wednesday, Sept. 5 — 4 p.m.
The Dark Knight Rises PG-13

Friday, Sept. 7 — 6:30 p.m.
Diary of a Wimpy Kid: Dog Days PG

Adults: \$4.50
Children (12 and younger): \$2.25
For more listings, visit www.aafes.com or call 751-7488.

Three-event APFT to stay

By **STEPHANIE SLATER**
TRADOC

FORT EUSTIS, Va. — The Army will retain the current three-event Army Physical Fitness Test, pending a study to determine the best method to measure baseline Soldier physical readiness.

A TRADOC panel found that implementing changes to how the Army assesses physical fitness would be premature.

“We anticipate that the baseline Soldier physical readiness study, linked to Warrior Tasks and Battle Drills, may generate new information that affects how we develop and test physical fitness,” said TRADOC Command Sgt. Maj. Daniel Dailey.

WHAT WAS PROPOSED?

In 2011, TRADOC implemented a physical fitness training philosophy that emphasizes Soldiers are better prepared if they train how they would fight. This prompted the Army Physical Fitness School to reevaluate a Soldier's physical capabilities.

A five-event Army Physical Readiness Test, or APRT, was developed and proposed to replace the current three-event APFT. The proposed test eliminated situps and included a 60-yard shuttle run, one-minute rower exercise, standing long jump, one-minute pushup exercise and 1.5-mile run.

More than 10,000 Soldiers worldwide participated in pilot testing of the APRT. After reviewing the data, TRADOC commissioned an independent panel to validate the proposed five-event APRT.

WHY KEEP THE CURRENT APFT?

In separate reports, the panel of fitness experts from the Department of Physical Education at the U.S. Military Academy; the U.S. Army Medical Research and Development Command; and California State University-Fullerton recommended against moving forward with the proposed five-event APRT and that TRADOC further study the issue.

The panel of subject matter experts agreed that the five-event Army Physical Readiness Test has “face validity” only, meaning that although it appears to measure what it claims to measure, further study would be required to confirm. Additionally, experts agreed that TRADOC should consider other events that may better predict baseline Soldier physical readiness. Baseline Soldier physical readiness is the ability to meet the physical demands of combat and duty position, and accomplish the mission while conducting unified land operations.

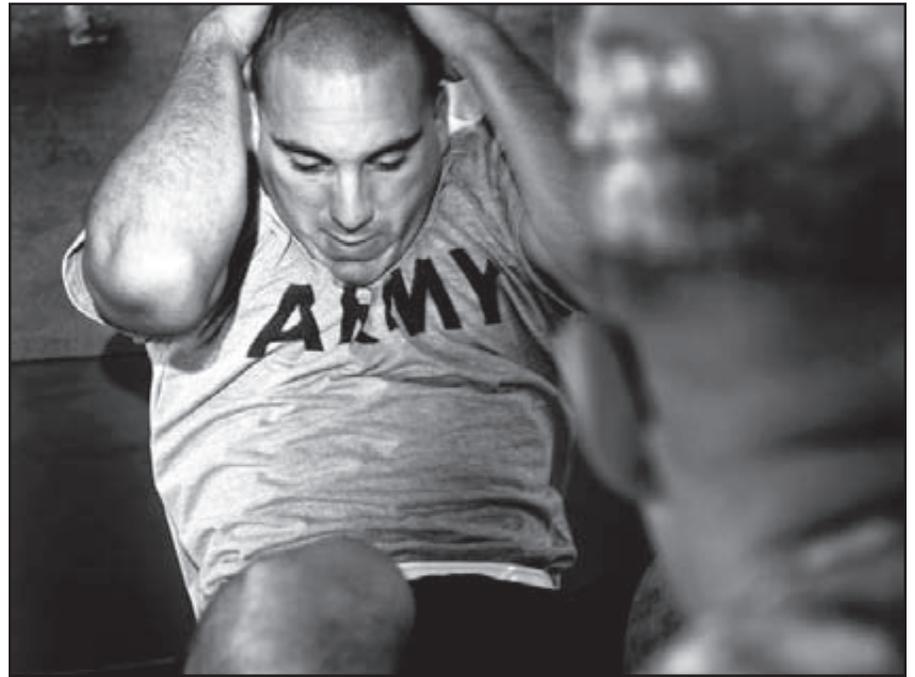


Photo by SPC. MARCUS FITCHTL, Army

The Army will retain the current three-event Army Physical Fitness Test, which includes situps, pending a study to determine the best method to measure baseline Soldier physical readiness.

TRADOC has determined that baseline Soldier physical readiness would be most effectively measured if linked to Warrior Tasks and Battle Drills — tasks and drills determined over the last decade of war to be critical while conducting unified land operations.

Given the independent study, and the logic of linking fitness to WTBD, TRADOC will initiate a comprehensive study of Soldier fitness requirements to determine the best method to measure baseline Soldier physical readiness. The objective of the study is to select and recommend test events that have a functional connection to WTBD, and accurately measure baseline fitness against valid performance standards. The study is expected to begin in October and will include fitness experts from across the Army.

Decisions to change long-standing and proven systems of physical fitness are not made lightly, or prematurely, Dailey said.

“Emerging factors and changing combat environments demand a thorough understanding before changes are implemented, and thus the decision to retain the current test,” Dailey said. “Whatever the new test looks like, it must accurately evaluate fitness levels for all Soldiers to decisively win in combat.”

WHAT'S NEXT?

TRADOC is preparing to reestablish the master fitness trainer program. Targeting noncommissioned officers, this program, discontinued in 2001, will eventually provide commanders at all

levels certified fitness advisers. A pilot master fitness training course, or MFTC, began Monday, to ensure that the appropriate steps are taken to restore this previously successful physical fitness asset to all units.

“Bringing back MFTC will standardize unit physical training and increase unit readiness across the Army,” Dailey said, referring to the doctrine in TC 3-22.20 Army Physical Readiness Training (Aug. 2010).

TC 3-22.20 focuses unit training on developing Soldier physical readiness required to perform WTBD. WTBD are the fundamental combat skills that all Soldiers, regardless of rank, age, gender or military occupational specialty, must perform in order to fight and win on the battlefield. To strengthen the emphasis on implementing physical readiness training doctrine Armywide, TRADOC will also transition TC 3-22.20 Physical Readiness Training to Field Manual 7-22 Physical Readiness Training in the fall.

“It's time to break the culture of ‘training to the test’ and focus instead on preparing all Soldiers for the physical challenges of the current and future operating environment. Executing physical training in accordance with the doctrine will also reduce injuries and improve Soldier performance on the APFT,” Dailey said.

“TRADOC recognizes that leaders will continue to assess unit physical training needs based on the mission and the (operational environment) and adjust training as necessary, but the place to start is the TC.”



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Photos by THERESA O'HAGAN, Family and Morale, Welfare and Recreation

BOSS talent on display

Eleven acts showcased their talents during the Better Opportunities for Single Soldiers talent show Friday at the Solomon Center. Above, Capt. Alicia Osborne, an alumna of the U.S. Army Soldier Show, performs Jennifer Hudson's, 'Love You, I Do.' Left, 1st Lt. Thomas Johnson elicits a standing ovation with his acapella rendition of, 'Stars.' Below, the C&C Soul Line Dancers are regulars at the BOSS talent show. The BOSS talent show is part of the U.S. Army Festival of the Arts.





Helping a hero

Courtesy photos

Twenty-seven volunteers from around the Midlands pitch in to help repair the roof of Sgt. 1st Class Chris Aubrey's house in Lugoff. The Carolina Midlands Post of the Society of American Military Engineers organized the home repair for Aubrey, a wounded warrior stationed at Fort Jackson.

Third Army/US Army Central



*Photo by SGT. 1ST CLASS TONY J. SPAIN,
Third Army/ARCENT*

Welcome ceremony

First Lt. Joseph Pena, left, presents the first round from the salute battery to Brig. Gen. Charles Taylor, Third Army/ARCENT chief of staff, during a welcome ceremony in Taylor's honor Aug. 22 at Shaw Air Force Base. Pena is a member of the 171st Infantry Brigade's Field Artillery Salute Battery, which supported the ceremony. Before joining Third Army/ARCENT, Taylor served as the assistant division commander (maneuver) for the 2nd Infantry Division in Korea. Lt. Gen. Vincent Brooks, commanding general of Third Army/ARCENT looks on.

News and Notes

SECURITY OFFICE CLOSED SEPT. 5

The Installation Security Office will be closed Sept. 5 to move to its new location at 4204 Sumter St. The office will reopen for normal hours Sept. 6.

GATE 1 EXTENDS HOURS

Gate 1 is now open from 5 a.m. to midnight, daily. The new hours will remain in effect until Gate 2 reopens. Gate 2 renovations are scheduled to be completed Sept. 20.

ACTIVE SHOOTER SURVIVAL PLANS

In the aftermath of the mass shootings in Colorado and Wisconsin, renewed attention is being given to active shooter survival plans. The garrison antiterrorism officer can assist organizations with conducting training, provide standard operating procedure templates and provide an assessment tailored to individual facilities. The ATO can also help in planning and conducting active shooter drills. For more information or to coordinate training, call 751-2132/6268.

CHANGES OF COMMAND AND RESPONSIBILITY

☐ **Sept. 8 — 310th Human Resources Sustainment Center:** Col. Janet Townley will assume responsibility from Col. John Aarsen; 10 a.m.; 81st Regional Support Command auditorium.

To announce a battalion level or above Change of Command/Responsibility, call 751-7045 or email fjleader@gmail.com.

LEGAL NOTICE

Anyone with debts owed to or by the estate of Capt. Adrienne Denise Mitchell must contact Capt. Rommel Camange, the summary court martial officer for the Soldier. Mitchell passed away Aug. 20 in Columbia. To contact Camange, call 751-4044 or email rommel.camange@us.army.mil.

SUBMISSION GUIDELINES

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations.

Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be faxed to 432-7609 or emailed to sbrancham@ci-camden.com.

Changes to CSF focus on families

WASHINGTON — Thirty-two Army spouses are now qualified to serve as master resilience trainers after completing a pilot program identical to the one Soldiers take to become MRTs under what was formerly called Comprehensive Soldier Fitness, or CSF.

Reflecting changes to the newly renamed Comprehensive Soldier and Family Fitness program, or CSF2, the spouses attended a 10-day, 80-hour course at Fort Campbell, Ky., to learn how to train other spouses in psychological health and resiliency principles.

Col. Kenneth Riddle, new CSF2 director, said teaching the other half of the family effective listening techniques, constructive response and optimism skills along with critical thinking skills is OK, but sharing those communication tools are what builds strong families, and that's a primary objective he's focused on as the program evolves.

"The spouses are the ones who came up with the idea," said Riddle, who participated in a 90-day strategic review of CSF before becoming its leader. "They said, 'Train us as MRTs and we'll turn around and train other spouses because we see them at Family Readiness Group meetings; we have yellow-ribbon events, picnics, coffee groups; we see each other every day and can teach the same skills just as Soldiers do.'"

The colonel said not only was the curriculum for the 32 spouses identical to the one Soldiers receive, this pilot class was mixed and included 29 Soldiers, something he noted could become the future of the training.

Riddle said his staff will spend the next 30 to 90 days studying how the pilot program worked out on what he termed a fairly isolated population.

"That's why it was a pilot, so we could collect data, look at how many spouses they touch, how many skills they're teaching; the frequency, the efficacy and then if it's proven effective, we'll deploy the program Army-wide," he said.

If the review proves the program effective, Riddle said he

would recommend to the chief of staff of the Army that spouses be allocated seats for master resilience training at Fort Jackson, the University of Pennsylvania and Fort McCoy, Wis., where a new school was stood up to support primarily the Army Reserve and National Guard. He would like to see spouses incorporated into the Mobile Training Teams.

Currently, CSF2 trains 120 MRTs monthly at the Leadership Development Division, which was formerly called Victory University, at Fort Jackson. In addition to the 10-day level-one base MRT instruction, the schoolhouse plans to open instruction in level II facilitator training. Training for levels II, III (assistant primary instructor for breakout groups) and IV (primary instructor for the entire MRT course within a command) are taught at Penn.

"We're sending mobile training teams with levels II, III and IV out to every installation and holding courses with class sizes ranging from 60 to 140 monthly," Riddle said, adding that MRT seats at Penn have been reduced from 180 every month to every other month. He said the program would eventually become self-sustaining and independent of Penn.

When the original CSF program launched in 2009, MRT training was limited to staff-sergeant squad leaders and sergeants first class who were platoon sergeants because it was felt they had the maturity level and skills to teach resiliency skills to their Soldiers.

Senior enlisted leadership recognized the Army was missing the boat by not opening the training to its sergeants who have proven capable team and squad leaders, so that too is in the works as well as a refresher MRT course for those Soldiers who haven't been training the MRT skills or have transferred to other units in new capacities.

Riddle said since 2009, more than 11,000 Soldiers have become level-one master resilience trainers, but he estimates that number has dropped by about half. So the Army will not only bring sergeants aboard as MRTs, it will increase the requirement of one MRT per battalion to one per company.



Photo by DAVID SHANES, command photographer

Retiring from service

Ten new retirees are honored in a ceremony Tuesday at the Post Theater. Honored for their service were Col. Steven Shea, Lt. Col. James Bean, Lt. Col. Kimberly Mercy, Sgt. Mj. Cornell Grate, 1st Sgt. John Piersol, Sgt. 1st Class Christopher Eschenfelder, Sgt. 1st Class Stephen Parello, Sgt. 1st Class Kimberly Turner, Sgt. 1st Class Patricia Dockery and Sgt. 1st Class Scott Ross.



Photo by WALLACE McBRIDE

Rock band visits post

Above, fans line up for a chance to meet members of the Southern Rock band Lynyrd Skynyrd during an autograph session Aug. 22 at the Exchange. The band was on post to promote its new album, 'Last of a Dyin' Breed.' Right, Johnny Van Zant, lead singer for Lynyrd Skynyrd, signs a fan's shirt.



Photo by SGT. 1ST CLASS JOEL QUEBEC, 81st Regional Support Command



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.
Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."



Calendar

Saturday

BOSS Chick-fil-A kickoff game trip

1 p.m. to 3 a.m.

For more information, call 751-0891.

Friday, Sept. 7 and Saturday, Sept. 8

Case lot and seafood sale

Fort Jackson Commissary

Tuesday, Sept. 11

9/11 remembrance

9:30 a.m., Post Headquarters

Tuesday, Sept. 11

VolunTEEN orientation meeting

6:30 to 7:30 p.m., 9810 Lee Road, Room 116

For more information, call 751-4329.

Tuesday, Sept. 18

Time Warner job fair

10 a.m. to 2 p.m., Strom Thurmond Building, Room 222

To register, call 751-4862.

Wednesday, Sept. 12

ROWC luncheon

11:30 a.m., Officers' Club

RSVP required by Sept. 6. For more information and to RSVP, call 788-1094 or 783-1220.

Saturday, Sept. 22

Do it in Pink aerobathon

10 a.m. to 1 p.m., Solomon Center

Aerobathon in support of breast cancer awareness.

Tuesday, Sept. 25

Time Warner job fair

10 a.m. to 2 p.m., Strom Thurmond Building, Room 222

To register, call 751-4862.

Friday, Sept. 28

SELF Symposium

9 a.m. to 2 p.m., Solomon Center

To register online, visit www.fortjacksonmwr.com/self.

Sunday, Sept. 30

Gold Star Mother's Day observance

7 p.m., Semmes Lake

For more information, call 751-4867.

Friday, Oct. 26

Domestic Abuse Awareness Month event

11:30 a.m. to 1 p.m., Officers' Club

The guest speaker will be Mildred Muhammad. Tickets cost \$9.50. For more information and to register, call 751-6325.

Announcements

GATE 1 EXPRESS EXTENDS HOURS

The Gate 1 Express store has extended its hours to 6 a.m. to 8 p.m., Monday through Friday. The store is open from 10 a.m. to 6 p.m., Saturdays and Sundays.

SPEED LIMIT CHANGES

In order to allow for Soldiers crossing the street during physical training hours, the speed limit on a portion of Marion Avenue will change from 35 mph to 20 mph between Semmes Road and Early Street from 5:50 to 7 a.m.

CLOTHING STORE

The Military Clothing Store is now closed Mondays.

THRIFT SHOP NEWS

❑ The 2012 Fort Jackson cookbooks are now available at the Thrift Shop.

❑ An open house is scheduled from 11 a.m. to 1 p.m., Tuesday. Samples of recipes from the new cookbook will be available.

❑ The Thrift Shop will hold a weekly football drawing throughout the football season.

❑ The Thrift Shop is accepting Halloween items through Oct. 14.

ASAP HOURS

The Army Substance Abuse Program clinical hours are Mondays, Tuesdays, Thursdays and Fridays from 8 a.m. to 4 p.m.

AFAP CONFERENCE

Quality of life issues are being collected for review at the annual Fort Jackson AFAP Conference. Issue forms are located in the main ACS Office, the Family Readiness Center (Building 4512) and by request from veronica.jacksonpatrick@us.army.mil.

For more information on AFAP and the kinds of issues addressed through this fo-

rum, visit www.fortjacksonmwr.acs_afap.

CAC REPLACEMENTS

Some Common Access Cards that are set to expire after Sept. 30 will have to be replaced because they contain older encryption keys that will no longer provide network access. Most CACs contain the newer, compatible encryption keys. Personnel who are affected will receive an email from DMDC.CAC.Replacement.Notification@osd.pentagon.mil. To replace the CAC, visit <https://rapids-appointments.dmdc.osd.mil> and schedule an appointment.

CIF IN-AND-OUT PROCESSING

Personnel required to in-and-out process at Central Issue Facility must schedule an appointment. Soldiers clearing CIF are required to have their post clearing papers. To schedule an appointment, call 751-6524, 751-2870 or 751-2739.

CIVILIAN CAREER WEBSITE

A website has been launched that consolidates information about civilian training and career development. Visit the site at www.civiliantraining.army.mil. The Army Civilian Training and Leader Development Division also established a Facebook page at www.facebook.com/armyciviliantraining.

AA OPEN MEETINGS

Alcoholics Anonymous open meetings are scheduled from 9 to 10 a.m., Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events. Send your announcements to fjleader@gmail.com. Community announcements may be edited to comply with Leader style and Public Affairs regulations. Announcements are due one week before the publication date. For more information, call 751-7045. The Leader welcomes letters to the editor. All letters should include the name and hometown of the writer. Letters should also include a phone number for verification purposes.

For information about classified advertising, call 432-6157. Classified ads may also be sent by fax to 432-7609 or by email to sbrancham@ci-camden.com.

FLU SHOTS

Moncrief Army Community Hospital will begin offering free influenza vaccines to military ID card holders Oct. 15. Flu shots will be offered at the following locations:

❑ **Solomon Center:** Oct. 15, 22 and 29; 8 a.m. to 3:30 p.m.; Nov. 5, 19 and 26, 8 a.m. to 3:30 p.m.

❑ **Commissary:** Nov. 13, 15, 20, 27 and 29, 10 a.m. to 2 p.m.

❑ **Exchange:** Nov. 16 and 30, 10 a.m. to 3:30 p.m.



Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

SPIRIT OF AMERICA TOUR

The Army's Spirit of America tour will perform at the Colonial Life Arena Sept. 21 and 22. Tickets are free and available at www.soa.mdw.army.mil.

FREE HISTORICAL TOUR

A free historical tour titled, "Leadership in the Siege of Ninety Six" is scheduled for 10 a.m., Sept. 15, at the Ninety Six National Historic Site. For more information, visit www.nps.gov/nisi/.



Photos by WALLACE McBRIDE

Jeff Delaney, a Carolina Panthers community relations representative, greets children at the start of last Friday's Carolina Panthers Play 60 event at Fort Jackson's youth sports complex. The event encouraged children to spend time outdoors exercising, while putting them through drills that taught them the fundamentals of football.

Fantasy FOOTBALL

Carolina Panthers Play 60 event comes to Fort Jackson

By WALLACE McBRIDE
Fort Jackson Leader

Fort Jackson children spent a little time away from the television set last Friday, thanks to the Carolina Panthers.

The Charlotte-based team brought the Panthers Play 60 program to the post last week, which teaches children the fundamental skills of football.

"It's really about promoting physical activity, getting kids more active," said Darius Lane, Fort Jackson youth sports director. "At the same time, they learn skills and drills about football."

By Friday, 115 children had registered to participate in the event, he said.

"We go all around North and South Carolina promoting kids' fitness and health, and try to get kids outside for 60 minutes of exercise every day," said Jeff Delaney, Carolina Panthers community relations representative. The team has conducted more than 30 of these activities around the Carolinas this season.

"There's a little bit of everything here," he said. "Passing, throwing, kicking, running ... it's fundamental football skills, but it's about getting them outside and getting them active."



More than 100 children registered to take part in last Friday's Carolina Panthers Play 60, which put them through a series of football-related exercises created by the Carolina Panthers football organization.

CMYK

CMYK

27" WEB-100

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



**Sgt. 1st Class
Mario Espinoza**
Company A
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Pfc. Patric Nieto

SOLDIER OF THE CYCLE

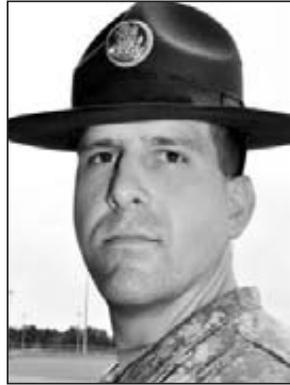
Pfc. Wesley Fox

HIGH APFT SCORE

Pvt. Blake Wright

HIGH BRM

Pvt. Zaceus Ronning



**Sgt. 1st Class
Nathan Trim**
Company B
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Pfc. Richard Deming

SOLDIER OF THE CYCLE

Pvt. Austin Douglas

HIGH APFT SCORE

Pfc. Adriana Prince

HIGH BRM

Pfc. Kenny Martinez



**Sgt. 1st Class
Joseph Harrison**
Company C
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Pvt. Kaleb Shields

SOLDIER OF THE CYCLE

Pvt. Curtis Johnson

HIGH APFT SCORE

Pvt. Kaleb Shields

HIGH BRM

Pvt. Kaleb Pynnonen



**Sgt. 1st Class
Latoya Ruiz**
Company D
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Pfc. Paul Hamby

SOLDIER OF THE CYCLE

Pfc. Grant Buben

HIGH APFT SCORE

Pvt. Arturo Delacruz

HIGH BRM

Pvt. Stephen Workman



**Staff Sgt.
Norman Bogdan**
Company E
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Spc. Lis Lubberts

SOLDIER OF THE CYCLE

Pvt. Noah Braget

HIGH APFT SCORE

Pvt. Jose Longoria

HIGH BRM

Pvt. Shean Cook



**Sgt. 1st Class
Larry Dehart**
Company F
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Spc. Aman Habtezhgi

SOLDIER OF THE CYCLE

Pfc. Micah Sumbry

HIGH APFT SCORE

Pvt. Johan Nevlida

HIGH BRM

Pvt. Matthew Brown

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT

Sharrion Sweet

TRAINING SUPPORT

Donald Busbice

SERVICE SUPPORT

John Keegan

SERVICE SUPPORT

Luis Evans

Training honors



GRIFFITH

**Staff Sgt.
Bradford Griffith**
Drill sergeant of the cycle
Company A
Task Force Marshall



GORDON

**Staff Sgt.
Erick Gordon**
Drill sergeant of the cycle
Company B
Task Force Marshall



STEIB

**Staff Sgt.
Brennon Steib**
Drill sergeant of the cycle
Company C
Task Force Marshall

September Promotions

Name	Rank	Name	Rank
ELMORE, Barrick K.	MAJ	KENNEDY, Latashia A.	SFC
FORD, Keith L.	MAJ	LABRECK, Jason S.	SFC
HANNA, Matthew B.	MAJ	LOPEZ, Brian S.	SFC
BOBBETT, Sherry T.	CPT	MOORE, Anita T.	SFC
BROWN, Steven R.	CPT	PINKAVA, Harold E.	SFC
FEMANO, Vincent F.	CPT	WHITE, Alvin T.	SFC
GAMEZALBERT, Adelita	CPT	BOSTIC, Otis J.	SSG
JOYNER, Anthony L.	CPT	BABCOCK, Stephanie M.	SSG
MILANO, Nicholas C.	CPT	BUCKRUCKER, Kevin A.	SSG
PABODY, Andrea D.	CPT	BUTLER, Latroy D.	SSG
STEVENS, Joshua E.	CPT	FAISON, Marcus D.	SSG
THIERRY, Keith A.	CPT	GRAY, Maurice A.	SSG
MORGAN, Denise C.	1LT	LOPEZ, Velez M.	SSG
BROWN-JOHNSON, Cotrena Y.	MSG	O'CONNOR, Scott C.	SSG
FAIRCLOTH, Lori E.	MSG	ORAM, Kyron A.	SSG
PETERSEN, Christa L.	MSG	SIMPSON, Jamie L.	SSG
SELLARS, Sean D.	MSG	COLEMAN, Christopher	SGT
SMITH, Aaron D.	MSG	HARDY, Trivia K.	SGT
BIGHAM, Patrick L.	SFC	GREER, Kenneth M.	SGT
BONE, Joshua W.	SFC	PATTON, Laurenti L.	SGT
COLE, Ronald J.	SFC	TOMPKINS, Michael C.	SGT
DARGO, Maria L.	SFC	WILLIAMS, Shameka N.	SGT
GALLOWAY, Daniel G.	SFC		

Want more Fort Jackson news?
Watch Fort Jackson video news stories and Victory Updates
at <http://www.vimeo.com/user3022628>.



SUBMISSION GUIDELINES

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

ACS Calendar of Events — September

TUESDAY, SEPT. 4

☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; to register, call 751-6325

WEDNESDAY, SEPT. 5

☐ **Resume writing/interviewing skills workshop** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

THURSDAY, SEPT. 6

☐ **Finding a job** — 9 to 10:30 a.m.; Education Center, Room B-110; to register, call 751-4862

FRIDAY, SEPT. 7

☐ **Steps to federal employment** — 9 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

TUESDAY, SEPT. 11

☐ **ACS instructor training course** — 8:30 a.m. to 3:30 p.m.; Family Readiness Center; prerequisite: completion of AFTB courses; registration required by Sept. 6; to register, call 751-6315

☐ **Linkedin workshop** — 9 to 11:30 a.m.; Education Center, Room B-107; to register, call 751-4862

☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; to register, call 751-6325

WEDNESDAY, SEPT. 12

☐ **Job searching strategies** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

☐ **ACS instructor training course** — 8:30 a.m. to 3:30 p.m.; Family Readiness Center; prerequisite:

completion of AFTB courses; registration required by Sept. 6; to register, call 751-6315

THURSDAY, SEPT. 13

☐ **Instructor-led computer training — introduction to MS Excel 2007** — 9 a.m. to noon; Education Center, Room B-110; to register, call 751-4862

☐ **Stress management class** — 11 a.m. to noon; Family Advocacy Classroom 10; for more information, call 751-6325

TUESDAY, SEPT. 18

☐ **AFTB Army 101 course** — 8:30 a.m. to 3:30 p.m.; Family Readiness Center; registration required by Sept. 14; to register, call 751-6315

☐ **Time Warner job fair** — 10 a.m. to 2 p.m.; Strom Thurmond Building, Room 222; to register, call 751-4862

☐ **Child safety awareness workshop** — noon to 2 p.m.; Main Post Chapel

☐ **EFMP bowling** — 3:30 to 5:30 p.m.; Century Lanes; must be enrolled in EFMP; call 751-5256 to register

WEDNESDAY, SEPT. 19

☐ **AFTB Army 101 course** — 8:30 a.m. to 3:30 p.m.; Family Readiness Center; registration required by Sept. 14; to register, call 751-6315

☐ **Test-taking strategies** — 9 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

THURSDAY, SEPT. 20

☐ **Finding a job** — 9 to 10:30 a.m.; Education Center, Room B-110; to register, call 751-4862

☐ **Anger management class** — 11 a.m. to noon; Fam-

ily Advocacy Classroom 10; to register, call 751-6325

FRIDAY, SEPT. 21

☐ **Steps to federal employment** — 9 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

TUESDAY, SEPT. 25

☐ **Time Warner job fair** — 10 a.m. to 2 p.m.; Strom Thurmond Building, Room 222; to register, call 751-4862

☐ **Parenting class: Systematic training for effective parenting** — 5 to 6:30 p.m.; Youth Services Center; to register, call 751-6325

WEDNESDAY, SEPT. 12

☐ **Job searching strategies** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

THURSDAY, SEPT. 27

☐ **Instructor-led computer training — intermediate MS Excel 2007** — 9 a.m. to noon; Education Center, Room B-110; to register, call 751-4862

FRIDAY, SEPT. 28

☐ **SELF Symposium** — 9 a.m. to 2 p.m.; Solomon Center

SUNDAY, SEPT. 30

☐ **Gold Star Mother's Day observance** — 7 p.m.; Semmes Lake

All ACS classes require registration and are subject to change. To register, call 751-5256/4862/6325.

Free child care may be available for events. For more information on child care, call 751-1124.

Humble yourself to overcome pride

By **CHAPLAIN (MAJ.) ERIK J. GRAMLING**
369th Adjutant General Battalion

The Olympics offer a wonderful time. I enjoy watching the events, if only to be utterly amazed at the physical feats I cannot do. Imagine yourself getting in the pool or on the track, or even better, on the balance beam and trying to compete with these super humans. It's fun and humbling, isn't it?

Yet this year, while watching the Olympics I was reminded that there are actually some things I am very good at doing, sometimes even better than the superstars I was watching. I noticed there tended to be an inability to be gracious in winning the silver medal, especially if you were the darling of the crowd and media to win gold. I remember vividly watching two U.S. athletes who were billed as unbeatable in their sport losing the gold and being forced to settle for silver. One is a well-known swimmer; the other is now a well-known gymnast whose facial expression and posture on the medal stand will be forever remembered and parodied in the digital age.

At first, I was quick to throw a stone, noticing their obvious lack of grace, satisfaction and humility. Some tried to defend them, appealing to how hard they worked, but really there is no excuse — their behavior was embarrassing and sad. "They are not super humans after all," I thought in my smugness.

It was only over the next few days the Lord worked on my heart. I felt like he reminded me of all the gold medals I myself had won in the event of pride. I remembered that, really, I am no different. I too struggle with pride. I too am often not impressed with second best. In my life, however, it's not dealing with Olympic silver medals — it's dealing with things like a dinner that is brought out cold or late, or some other trivial event that makes me feel I deserve better.

The cure for pride is to humble ourselves before the Lord. There are so many verses about pride that picking



Photo by GARY SHEFTICK, Army News Service

The Olympic rings rise above the Olympic Stadium during the opening ceremony of the 2012 Olympics.

a few to quote is difficult, but let me share a few starting with the often quoted Proverbs 16:18, "Pride goes before destruction, and haughtiness before a fall." Isaiah warns us in 2:11, "Human pride will be brought down, and human arrogance will be humbled. Only the Lord will be exalted on that day of judgment."

Finally, John tells us in 1 John 1:2-15-17 to not love the world and in doing so declares, "For the world offers only a craving for physical pleasure, a craving for everything we

see, and pride in our achievements and possessions. These are not from the Father, but are from this world."

Yes, the world and our flesh offers us only pride in ourselves. This is not God's way. We must guard our hearts and humble ourselves in the sight of the Lord, and he will lift us up (James 4:10). Who would have thought that while watching the Olympics to be entertained I would be taught an important lesson as well? Thank you, Lord, for impressing me with this.



PROTESTANT

- Sunday
8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
9:30 a.m. Hispanic, Post Theater
9:30 a.m. Main Post Chapel
10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

- Monday
7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
9:30 a.m. to noon Women's Bible study (PWOC), Main Post Chapel
- Wednesday
6 p.m. Gospel prayer service, Daniel Circle Chapel

- 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Saturday
8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

Protestant Youth of the Chapel

- Saturday
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

CATHOLIC

- Monday through Thursday
11:30 a.m. Mass, Main Post Chapel
- Sunday
8 a.m. IET Mass, Solomon Center
9:30 a.m. CCD (September through May), Education Center
9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
11 a.m. Mass (Main Post Chapel)
12:30 p.m. Catholic youth ministry, Main Post Chapel

- Wednesday
7 p.m. Rosary, Main Post Chapel
7:30 p.m. RCIA/Adult inquiry (September

through May), Main Post Chapel

ANGLICAN/LITURGICAL

- Sunday
8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
9:30 to 10:30 a.m. Worship service, Memorial Chapel
10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday
11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
9:30 to 11 a.m. Anderson Street Chapel
- Wednesday

7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Family Life Chapel**
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318

Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.

1-34th wins championship

Players for the 1st Battalion, 34th Infantry Regiment basketball team hoist their trophies after defeating the 187th Ordnance Battalion, 61-49, to win the intramural summer basketball championship. The 1-34th team won the first game, 80-54, but lost second game, 67-64, which forced a deciding third game. Nite Flyte won the recreational team championship by defeating Legion of Doom, 70-64.

*Photo by CINDI KEENE,
Sports Office*



Sports shorts

DUATHLON, FOOTBALL SIGN UP

□ A swim-run duathlon for active-duty service members is scheduled for Sept. 22. The event includes a 200-meter swim and a 3.5-mile run. Letters of intent are

due Sept. 13.

□ Flag football league play for active-duty teams begins in October. Letters of intent are due Sept. 19. For more information, call 751-3096.

For more Fort Jackson photos,
visit www.flickr.com/fortjacksonpao