

THURSDAY, JULY 16, 2015

THE FORT JACKSON LEADER

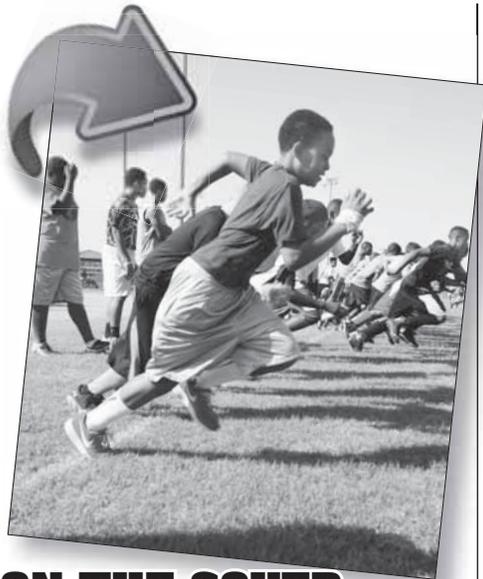
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WORKING TO WIN

**PANTHERS DEFENSIVE TACKLE
DRILLS KIDS ON FOOTBALL**

— PAGE 10



ON THE COVER

Photo by ROBERT TIMMONS

Campers run drills during Colin Cole's Winning Is Hard Work football camp Saturday. The free camp allowed children to learn more about football from National Football League players and active-duty drill sergeants. Cole is a starting defensive lineman with the Carolina Panthers.



Fort Jackson, South Carolina 29207

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Community Calendar

SEND ALL SUBMISSIONS TO
FJLeader@gmail.com

Deadline for events to be included in Happenings is one week before publication. Include the time, date and place the event will take place, as well as any other information you might deem necessary.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to publish an article for the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible. With any photo you submit, include IDs — including rank, unit and first and last names.

Questions? Call 751-7045.

TODAY

Anger management

11 a.m. to noon, Classroom 10, 5614 Hood St. Open to active-duty, retired Soldiers; DOD civilians; Family. To register, call 751-6325.

Breastfeeding

2-5 p.m., Classroom 10, 5614 Hood St. Open to active-duty, retired Soldiers and Family who have newborns to 6-week-olds. Child care provided. For information or to register, call 751-6325/9035/6724.

Evening story time

6:30 p.m., Thomas Lee Hall Library. For children ages 2 to 5.

FRIDAY

Eid ul-Fitr

8-10 a.m., Main Post Chapel. Islamic celebration of breaking fast during month of Ramadan.

Read to the Rhythm

Noon to 1 p.m., Thomas Lee Hall Library. Performers from 2015 U.S. Army Soldier Show will be at the library. For information, call 751-5589.

SATURDAY

10-Miler qualifiers

5:30 a.m., Kershaw Street at the gate of Patton Stadium. Qualification trials to represent Fort Jackson at the Army 10-Miler in Washington, D.C., in October. Open to active-duty Soldiers posted on Fort Jackson. Each participant may run one qualifier. To register, call 751-4215 by today, or sign up from 4:30-5:20 a.m. Saturday.

Free school sports physicals

8 a.m. to 3 p.m., Integrated Medicine Home, first floor Moncrief Army Community Hospital. No appointment necessary, but check-in must be no later than 1 p.m.

Parents must provide their children's inoculation records.

Eid ul-Fitr

8-10 a.m., Main Post Chapel. Islamic celebration of breaking fast during month of Ramadan.

SUNDAY

Champagne brunch

11-11:30 a.m., Officers' Club. \$14.95 for members; \$19.95 for non-members, guests; \$6.95 for children 4 to 11. For information, call 803-782-8761. For reservations, call 751-4906.

U.S. Army Soldier Show

7 p.m., Solomon Center. Broadway-style variety show. Free and open to the public.

MONDAY

Child-safety awareness annual refresher training

5-6 p.m., Classroom 10, 5614 Hood St. Open to active-duty, retired Service personnel, DOD civilians, Family. To register, call 751-6325.

TUESDAY

Helping Hand awards

9 a.m., Joe E. Mann ballroom. Sixty-one volunteers will be recognized for work on post, in community.

Story time

11 a.m., Thomas Lee Hall Library. For children 2 to 5.

JULY 23

Maternity briefing

9-10 a.m., Room 8-85, Moncrief Army Community Hospital. For pregnant Soldiers and their Families. For information, call 751-6325/9035/6724/2731.

Positive Parenting

10 a.m. to noon, Classroom 10, 5614 Hood St. Open to active-duty, retired

Soldiers; Family; DOD civilians. To register, call 751-6325.

Budgeting, Banking and Checkbook Maintenance

11:30 a.m. to 1 p.m., Classroom B-206, Education Building. How to set up, balance a bank account.

Musical Movie Thursday

3:30 p.m., Thomas Lee Hall Library. For children to age 12.

JULY 24

50th birthday drop-in

1:30-3 p.m., Room 222, Strom Thurmond Building. Celebration of the 50th anniversary of the founding of Army Community Service.

Bowling outing

4:30-6 p.m., Century Lanes Bowling Center, 4464 Gregg St. Must be enrolled in Exceptional Family Member Program. RSVP: 751-5256.

JULY 25

Auto Craft Car and Bike Show

10 a.m. to 2 p.m., near Palmetto Falls Water Park. Free to all ID cardholders. To register a vehicle, call 751-5755/0891.

Grand finale party

2 p.m., Thomas Lee Hall Library. Summer reading program party.

Fort Jackson Gate Operation Hours

GATE 1:

5 a.m. to 1 p.m. Monday through Friday
 3:30 - 6 p.m. Monday through Friday (out-bound only)
 Closed on weekends and federal holidays.

GATE 2:

Open around the clock.

GATE 4:

5 a.m. - 8 p.m. Monday through Friday
 Closed on weekends and federal holidays.

GATE 5:

5 a.m. to 1 p.m. Monday through Friday
 3:30 - 6 p.m. Monday through Friday (out-bound only)
 5 a.m. to 8 p.m. Saturday and Sunday.

'There are no winners'

Fort Jackson faces relatively light force reduction

BY CHRISTINE SCHWEICKERT
Fort Jackson Leader

Fort Jackson Soldiers and civilians can issue a measured sigh of relief on hearing the Army's decision to cut only 180 Soldiers and an as-yet-undetermined number of civilian workers on post.

The force-structure decisions announced at the end of last week call for the reduction of the regular Army from 490,000 to 450,000 Soldiers, as well as a reduction of 17,000 civilian employees by the end of fiscal 2018.

"The impact on the Fort Jackson/Columbia community will be negligible," post commander Maj. Gen. Roger Cloutier said Friday after receiving an official count of the number of cuts at Fort Jackson.

"The Army looked at the critical mission that happens here at Fort Jackson, Cloutier said, and found that it "can't happen anywhere else."

Fort Jackson handles more Basic Combat Training Soldiers than any other post – roughly 54 percent each year. It employs 3,500 Soldiers and 3,500 civilians.

Though the cuts were small, Cloutier said it was not time to gloat: "The 180 positions represent Soldiers and Families. ... There are no winners on this thing."

Plus, he said, others have been hit harder.

"There are installations and communities around the United States ... I would ask that we remember them," he said. "We've got to think about them as we go through his process."

Columbia businessman Bill Dukes said the news was good but that any rejoicing should be tempered with concern for the Families of the 180 Soldiers who would be cut. Dukes, South Carolina's civilian aide to the Secretary of the Army, also reminded the public that this round of cuts would not be the last.

"The community did come out in strength" to support Fort Jackson during a community listening session last March – a session Cloutier conducted as director of force management, Office of the Deputy Chief of Staff, G-3/5/7. Then, an audience of 1,500 – including elected officials, business people and educators – stressed the positive impact of the post on the local economy.

Cloutier assured them then that "your voices matter."

On Friday, after saying with a grin that he had been out of the loop on force-reduction decisions "for the past 45 days," Cloutier lauded the post's "incredible partnership with the Midlands" and declared that "the takeaway for the folks in the Columbia area (is), your voices were heard."

Still, Dukes warned, "We're going to face another round (of cuts).

We need to continue to be diligent in the support of our Soldiers."

Fort Jackson recently lost 72 military and 41 civilian employee authorizations to the Wheel Maintenance Training Department at the Ordnance School at Fort Lee, Virginia. It was unclear whether those transfers count toward the 180 being pared from Fort Jackson's rolls.

"There are some other reductions that we've thought through," Cloutier said Friday. Cuts will be "across all of Fort Jackson," he said. "Every entity on Fort Jackson" will be scrutinized for possible reductions.

"Regardless of all this churn," Cloutier assured those on post, "we're still going to continue the mission."

As part of reductions elsewhere, the number of regular Army brigade combat teams – the basic deployable units of maneuver in the Army – will continue to decline from a wartime high of 45 to 30 by the end of fiscal year 2017.

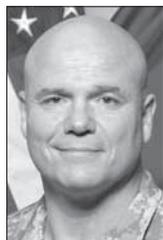
The Army will convert the 3rd Infantry Division's 3rd Brigade Combat Team at Fort Benning, Georgia, and the 25th Infantry Division's 4th Airborne Brigade Combat Team at Joint Base Elmendorf-Richardson, Alaska, into smaller units -- maneuver battalion task forces – by the end of fiscal 2017.

Brigade combat teams consist of about 4,000 Soldiers. The battalion task forces will have about 1,050 Soldiers.

Budget constraints are forcing the reduction, said Lt. Gen. Joseph Anderson, deputy chief of staff for Army operations and plans.

"These were very difficult decisions to make, as all of our installations and their communities offer tremendous value to our Army and the nation," he said. "In the end, we had to make decisions based on a number of strategic factors, to include readiness impacts, mission command and cost."

Department of Defense Media contributed to this report.



Cloutier



Leader file photo

New Soldiers spar with pugil sticks as part of a traditional Basic Combat Training exercise on Fort Jackson. The installation trains 54 percent of all Soldiers and nearly 60 percent of the women entering the Army each year. Force-structure changes announced last week are expected to have a negligible effect on Fort Jackson's mission, according to post commander Maj. Gen. Roger Cloutier.

Army docs use robotic surgery to aid officer's son

By ELAINE SANCHEZ
Public Affairs, Brooke
Army Medical Center

JOINT BASE SAN ANTONIO-FORT SAM HOUSTON, Texas - A 2-year-old boy has a chance at a better life, thanks to a robot and a few skilled surgeons.

Doctors at Joint Base San Antonio-Fort Sam Houston have performed surgery on Jose Collado Jr. — son of Maj. Jose Collado and his wife, Alma — to remove a large cystic mass from behind the child's bladder. The procedure marks Brooke Army Medical Center's first robot-assisted pediatric surgery.

"The surgery was very successful," said Lt. Col. Thomas Novak, the hospital's chief of pediatric urology. "We were incredibly pleased at the outcome and at the impact we made on Jose's future quality of life."

The Collados first took their infant son to Brooke Army Medical Center two years ago.

Jose had been diagnosed shortly after birth with Polymicrogyria, a rare malformation of the brain that can cause problems with eyesight, seizures, and developmental and motor delays. Jose also had a cystic mass behind his bladder.

As a number of specialists addressed



Army News Service photo

Maj. (Dr.) George Kallingal showcases a robotic surgical system while Lt. Col. (Dr.) Thomas Novak, Brooke Army Medical Center's chief of pediatric urology, looks on at San Antonio Military Medical Center.

Jose's eyesight, seizures and development — Jose since has gone blind — Novak focused on his cystic mass, which was likely to cause bladder and bowel problems later. He was hesitant to perform surgery while Jose was an infant, particularly in the absence of symptoms. The doctor advised the parents to hold off on surgery until their baby had grown.

From the beginning, Novak thought a robotic approach would be ideal.

Robotic technology has been a surgery staple at BAMC for several years but was reserved for adults. Novak had long since noted the success of robot-aided pediatric surgery in other parts of the country and thought it could have a place at BAMC.

"It's definitely not mainstream," he said.

"But there are a handful of people who have practices focused on pediatric robotic urology."

In Jose's case, Novak saw the potential to move toward the deep-seated mass with better visibility. "The mass was in an area where open surgical incision would be difficult," he explained, "and risky with vital structures in the way."

Novak followed Jose closely for two years. With a potential move looming, the Collados asked Novak to perform the surgery before they left. Confident that Jose was ready, the doctor enlisted the help of Maj. George Kallingal, a urologic oncologist and expert in robot-assisted surgery, and Air Force Maj. Michelle Marino, a pediatric anesthesiologist.

He also won support of his command.

The team performed the surgery, June 30, removing the cyst without complications.

"We are ridiculously happy with the doctors here," said Jose's father.

Novak said he couldn't be more pleased with the outcome.

"Everything came together: the right patient, right Family, right problem, right team," he said. "We hope to do more surgeries of this type in the future, but in the meantime, it's just very rewarding to have made a difference in Jose's life."

**FORT JACKSON
MILITARY COMMUNITY CAREER FAIR
NCO CLUB (BLDG 5700)
Sept. 1, 2015
9 a.m. — noon**

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surviving spouses and DOD civilian employees**

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http://fortjacksonmwr.com/acs_emp/**



FORT JACKSON EMPLOYMENT READINESS PROGRAM, 803-751-5256

Post schools to welcome new principals in August

From Staff Reports

When the school year begins in August, Fort Jackson will have new principals.

Audrey Griffin has been named principal of C.C. Pinckney Elementary School and Andrea McClain, principal of Pierce Terrace Elementary School.

Griffin comes from Illesheim Elementary School, Germany, where she had been principal since 2008. McClain comes to Pierce Terrace from Antilles Middle School, on Fort Buchanan, Puerto Rico, where she was principal. She also has been principal at Van Vooris Elementary School at Fort Knox, Kentucky.

Audrey Griffin

Griffin joined Department of Defense Education Activity in 1985, and taught third grade at Little Rissington, England. She taught fourth grade at Hessisch Oldendorf, Germany, for a year before the base closed. She transferred to Spangdahlem, Germany, where she was on the third-grade team and taught science for six years. Griffin began her administrative career as assistant principal of SHAPE Elementary School, Belgium, in 1998. In 2001, she was promoted to principal for AFNORTH International School in Brunssum, Netherlands.

“(Griffin’s) wealth of knowledge as a reading specialist and commitment to our military-connected children will be instrumental in advancing the goals of DODEA,” said Samantha Ingram, South Carolina/Fort Stewart School District

superintendent.

A native of St. Louis, Missouri, Griffin earned a bachelor’s degree and a master’s degree as a reading specialist, both from the University of Central Arkansas. She also earned a master’s degree in administration from the University of Oklahoma.

She and her husband, Walter Griffin III, who is retired from the Air Force, have a son, Bertram Ray Griffin; daughter-in-law, Carmon; and granddaughter, Madison Elaine.

Andrea McClain

In her home state of California, McClain taught middle school English/social studies, high school German and lower primary grades in diverse neighborhoods. She also served as an assistant principal and principal. She was an adjunct faculty member at National University for nine years and taught teacher credentialing/master’s degree courses at their San Diego campuses.

McClain earned a bachelor’s degree in Russian literature from the University of California, San Diego. She was valedictorian of her master’s degree cohort, graduating with honors from Chapman University. In 2014, she graduated from Vanderbilt University with a Doctorate in Educational Leadership. She was awarded the Arville V. Wheeler Award for academic excellence.

“McClain’s previous experience in lower primary grades in diverse neighborhoods in Southern California will be an asset for Pierce Terrace Elementary School,” Ingram said.

Reg lets Soldiers restore lost medals

BY ROBERT TIMMONS Fort Jackson Leader

When the rapid-action revision of Army Regulation 600-8-22 takes effect July 25, Soldiers whose awards have been lost in processing can go through their current units to have them awarded.

The regulation, which covers the Army awards program, includes 25 other changes.

The regulation clears up some discrepancies, making it easier for Soldiers to get medals they think they earned, said Sgt. Maj. Katrina M. Herzfeld, senior enlisted leader at Fort Jackson’s personnel office.

“A few years ago, if a Soldier’s wartime award got lost or didn’t get processed, the Soldier would have to get in contact with their wartime command,” Herzfeld said. “They would sometimes have to track down their brigade commander only to find they are not in the Army anymore.”

Now the regulation allows for the Soldier’s current command to request the award.

If a Soldier feels he never received an award he was due, he must talk to his chain of command she said.

He would need to write up the DA Form 638, award recommendation, and send it up with all supporting paperwork.

But Herzfeld cautioned that Soldiers must know that the award request must be submitted within two years after determining the recommendation paperwork was lost.

Paragraph 1-15 states that the secretary of the Army or his designee can award a decoration within two years after it has been determined the recommendation was lost or the recommendation was not acted on because a statement was lost or inadvertently not acted on. The initial recommendation must have been made within the two-year time limit.

“There is no time limit for the awarding of badges,” she said.

A Soldier who feels he was wrongly kept from receiving a badge can apply for a retroactive award. However, AR 600-8-22 states that “such awards will not be made except where evidence of injustice is presented.”

The awards may be approved by the commander of the U.S. Army Human Resources Command, Awards and Decorations Branch (AHRC-PDP-A), 1600 Spearhead Division Avenue, Fort Knox, KY 40122-5408.

Active-duty and Reserve Soldiers wishing to apply for retroactive awarding of the Combat Infantryman Badge, Combat Medical Badge or the Combat Action Badge must submit their requests through command channels to the first general officer for endorsement before sending them to the Army Human Resources Command.

Retirees and veterans should address their applications to National Personnel Records Center (NPRC), 1 Archives Drive, St. Louis, MO 63138-1002.

All National Guard requests, once endorsed, must be submitted to the Director, (ARNG-HRH-A), 111 S. George Mason Drive, Arlington, VA 22204-1373 before being submitted to HRC.

Among other changes, the regulation clarifies guidance for duplication of awards, flagged Soldiers and Purple Heart entitlements, and criteria for awarding of the Humanitarian Service Medal.

The updates to the regulation came from the multitude of Military Personnel messages during the past nine years, Herzfeld said, allowing the Army to publish the regulation rapidly without going through the standard process. That process can take years.

NEWS BRIEFS

Free sports exams offered

Moncrief Army Community Hospital will offer free school sports physicals, from 8 a.m. to 3 p.m. Saturday and Aug. 1. No appointment is necessary, but check-in at Integrated Medicine Home – on the hospital’s ground floor – will be no later than 1 p.m. each day. Parents must provide their children’s inoculation records.

AG Corps CSM named

Command Sgt. Maj. Nyeedra Edwards will become Regimental CSM of the Adjutant General Corps and AG School CSM on Aug. 26. In making the announcement, AG School commandant Col. Jack Usrey called Edwards “the absolute right Soldier for the job” because of her “amazing background and reputation.”

Transgender policy studied

A Defense Department working group comprising military and civilians will study the implications of welcoming transgender people to serve openly in the military, Defense Secretary Ash Carter announced early this week.

“Transgender men and women in uniform have been there with us” throughout the past 14 years of conflict, Carter said, “even as they often had to serve in silence alongside their fellow comrades in arms.”

Defense Department regulations on transgender Service members are outdated and distract commanders from DOD’s core missions, he said.

Carter named Brad Carson, acting undersecretary of defense for personnel and readiness, chairman of the working group. Carter also said Carson would handle all decision on administrative discharges for those diagnosed with gender dysphoria or who identified themselves as transgender.

Military suicides reported

Fifty-seven active-duty Service members committed suicide during the first three months of 2015, according to the Department of Defense Quarterly Suicide Report. Figures for Reservists and National Guardsmen were 15 and 27, respectively.

Suicides declined overall from the first quarter of 2014, especially in the Marine Corps, Navy and Air Force, but the number in the Army increased.

The QSR is available at www.suicideoutreach.org/Docs/suicide-data/DoD-Quarterly-Suicide-Report-CY2015-Q1.pdf. Additional information is available on the Defense Suicide Prevention Office website at www.suicideoutreach.org.

Service members and their families who need support may visit the Military Crisis Line website at veteranscrisisline.net/ActiveDuty.aspx, the Crisis Line’s Online Chat at www.veteranscrisisline.net/ChatTermsOfService.aspx. They also may send a text to 838255 or call 1-800-273-8255 and press “1.”

Information from DOD News, Defense Media Activity, was used in these reports.



Photos by CHRISTINE SCHWEICKERT

Director Dan Ahern and garrison commander Col. James Ellerson Jr. sign the FMWR Employee and Customer Covenant, which guarantees a commitment to developing excellent employees and top-quality customer service.

FMWR employees delight in commitment

BY CHRISTINE SCHWEICKERT
Fort Jackson Leader

In a gathering that was part pep rally, part altar call, FMWR employees came together Tuesday to reaffirm their commitment to top-notch customer service, from the water park, to Family Advocacy, to the shores of Weston Lake.

The highlight of the afternoon event was the signing of the Employee and Customer Covenant of Family, Morale, Welfare and Recreation by FMWR director Dan Ahern and garrison commander Col. James Ellerson Jr. FMWR and the garrison recommit themselves to the covenant — which stresses taking care of both employees and customers — each time either of those positions is filled anew.

“There are a lot of great things going on here (at Fort Jackson),” Ellerson told the crowd. “All we can do is continue to improve and make it better.”

For his part, Ahern emphasized delight, as in delighting customers with each contact.

He took impromptu testimonials about contacts in which FMWR workers had delighted customers, stressed his own delight at such encounters and repeated the word “delight” often throughout the 90-minute



Ahern cannot contain his enthusiasm after the signing, which took place at a tropics-themed celebration.

gathering.

The event took place at the NCO Club, in the room normally used for newcomer orientation — several partitions had been removed, making the room three times bigger and giving it an elevated stage on which the compact would be signed.

Everywhere were signs that FMWR would “make a splash” with customers —

8-foot-tall pineapples made out of balloons, sand buckets filled with fresh fruits and tropically colored sheet cakes to be cut with a ceremonial saber.

FMWR employees from across post attended in their various “uniforms” — dark green, gray, white and light blue T-shirts and shorts for some, traditional office wear for others — a visual indication of the breadth of

scope of the directorate.

The event wasn’t mandatory, but Ahern had encouraged employees to attend — and scores did. All seemed happy that they had, loading their plates with colorful foods, applauding winners of in-house awards and reciting together the Army Civilian Corps Creed.

The event was a welcomed morale booster, said Lisa Dula, event emcee and customer service program coordinator on post. FMWR has suffered losses to retirement and death during the past few months. Ahern, she said, was working to bring people together and give them a common purpose.

Victims’ advocate Shenitha Shiver walked away from the gathering with two in-house awards. A 7½-year employee of the Family Advocacy Program, now part of FMWR, Shiver said she welcomed the get-together because it exposed her to people she didn’t often see.

“It expands your whole relationship” with FMWR, she said. It shows “you have a bigger family — more of an extended family.

“It’s good for us to come out and show our commitment to excellent customer service. I’m glad to see we’ve got a lot of people who believe in it.”



Photo by SGT. 1ST CLASS THOMAS WHEELER

All-Army Taekwondo Team head coach Staff Sgt. Jonathan Fennell, a drill sergeant with Task Force Marshall, gives advice to 2015 All-Army Taekwondo team member 1st Lt. Joshua Fletcher, U.S. Army Garrison, Hawaii, before last week's match at the USA Taekwondo National Championships in Texas.

Fit to fight, fit to train

Drill sergeant does double duty as Taekwondo coach

BY ROBERT TIMMONS
Fort Jackson Leader

Watching a group of Navy personnel train for deployment overseas wouldn't seem the ideal place to witness the head coach of the All-Military Taekwondo team in action, but it is.

For the coach, Staff Sgt. Jonathan Fennell – also a drill sergeant with Task Force Marshall – preparing others to fight is an everyday occurrence.

“One of things we can do is to get them as close to the real thing as possible,” Fennell said of merging Taekwondo and training others for deployment. “If the team only trains on shield and paddles (and not man to man), they will never be ready for an actual fight.

“The same thing goes here: If they don't drop down and put that tourniquet on fast enough, or they don't put that gas mask on fast enough, they won't be ready for that one time they will actually have to do it.”

Fennell found Taekwondo when he met Korean exchange students in high school. They took him to watch them train, and he was hooked. He dropped all other sports to concentrate solely on Taekwondo, a Korean martial art that emphasizes aggressive kicking and punching. It is arguably one of the oldest martial arts.

After graduating from high school in 1997, Fennell joined the Army and kept competing.

In 2001, he competed with the Army team for the first time.

Fennell would go on to become a nine-time Army champion, four-time Armed Forces champion and a bronze-medalist welterweight in the world military games.

For Fennell, Taekwondo is more specialized than mixed martial arts



Photo by ROBERT TIMMONS

Staff Sgt. Jonathan Fennell, a drill sergeant with Task Force Marshall, instructs a group of Navy personnel about proper Forward Operating Base protection efforts during training Monday at Camp McCrady Training Center.

or modern combatives.

“Taekwondo is a full-contact sport,” he said. “A lot of times, people focus on MMA and the combatives programs but don't realize that if you focus on one skill set, it becomes extremely strong.

Taekwondo, he said, is highly skilled – “like boxers who are extremely good at punching and wrestlers who are well versed on the ground.”

“

I put athletes into realistic scenarios and have them fight each other every single day, so that when they get on the mat they start to get comfortable – it's just another fight.

— Staff Sgt.
Jonathan Fennell

”

See **COACH:** Page 14



Photos by ROBERT TIMMONS

Sir Purr provides inspiration to youths warming up and running drills during the Colin Cole Winning Is Hard Work football camp Saturday. Command Sgt. Maj. Lamont Christian, commandant of the Army Drill Sergeant Academy, said the camp was all about the kids – you could run the camp with different instructors, but you couldn't run it without the children.

BRAWN, BRAINS AND A MESSAGE

BY ROBERT TIMMONS
Fort Jackson Leader

Nearly 150 youth ran, dropped and rolled during a free football camp on Fort Jackson, courtesy of the Army Drill Sergeant Academy and Carolina Panthers defensive lineman Colin Cole.

Cole joined a handful of past and present professional athletes, several drill sergeants in training and local high school coaches at the camp – called Winning Is Hard Work – to drill in the message that it takes more than physical conditioning to play football. It also takes brains.

“The Army is near and dear to my heart,” said Cole, a 6-foot-2, 325-pound native of Toronto, Ontario, who has close family members in the military or preparing to join the Army.

“This allows the kids to come out here with other kids and get into a team setting ... and see all aspects of a football setting,” he said Saturday. “It (shows) them the opportunities that are out there.”

Besides, he said, it's a good thing to “get them off the couch and have them run around here for a couple hours.”

Of course, it doesn't hurt that Cole is a celebrity.

“This event allows children ... to



Staff Sgt. Daniel Barsi and Staff Sgt. Clifford Alston, drill sergeant candidates with the Army Drill Sergeant Academy, run youths through conditioning drills during the Winning Is Hard Work football camp.

meet NFL players, to listen to their life experiences and talk about things bigger than football,” said Darius Lane, director of Fort Jackson's Family Morale Welfare and Recreation's Youth Sports and Fitness program. That opportunity, Lane said, was “the chance of a lifetime.”

During the camp, children in various age groups rotated through stations highlighting different drills – agility, blocking, passing and catching.

Cole also encouraged campers to place getting a good education above trying for

a career in the National Football League.

Kids should complete high school and college first, he said. Earning a four-year degree should be paramount because only a few make the professional ranks.

“I had always wanted to get into the NFL,” Cole said. “But as I was growing up, it was all about getting into college. Very few make it from high school to college to play football, (and) from there it's even slimmer pickings to get into the professional level.”

Current and former NFL players who

attended the camp with Cole were defensive tackle Kelcy Quarles of Hodges, South Carolina, and the Indianapolis Colts; wide receiver Airese Currie, a Columbia native who played for Clemson University, as well as the Chicago Bears and Seattle Seahawks; offensive lineman Ronald Patrick, a former player at the University of South Carolina and current free agent; wide receiver Marcus Lucas of the Panthers; and former Seattle Seahawk Michael Boulware of Columbia.

Lucas, an undrafted free agent on the Carolina Panthers' practice squad, found the chance to help the youths fulfill their football dreams inspiring.

“It's great to impact these kids' lives,” he said. “It gives them inspiration that one day, if they keep pushing, they could get to the level some of these guys are at.”

The day wasn't about football stars, said Command Sgt. Maj. Lamont Christian, commandant of the Drill Sergeant Academy – it was about the campers.

“You can take away the NFL players, and others will fill in,” Christian said.

“You can take away the Soldiers helping, and others will step up to help.

“But you take away the kids, there will be no one to fill in.

“It's about the kids.”

HRC works to keep Soldiers in boots after active duty

By **DAVID RUDERMAN**

U.S. Army Human Resources Command

FORT KNOX, Ky. – The Army Human Resources Command is paving the way for Soldiers to move from active duty to the Army Reserve and National Guard, in order to retain skilled personnel while saving the Army money.

“We are focused on the continuum of service,” said Maj. Christopher Hill, branch chief of the HRC Reserve Component Transition. “We preserve the human capital.

“If you look at what it costs to actually train a Soldier to go through basic training, it is roughly \$75,000. The cost savings is a preservation of the Army’s investment.”

In fiscal 2014, the RCT branch transferred more than 11,000 enlisted Soldiers and officers from active duty to the Reserves and Guard – roughly \$900 million in savings, Hill said.

Working from HRC headquarters at Fort Knox, Hill and his team frequently visit installations throughout the country, coordinating efforts with the Army’s Soldier for Life Transition Assistance Program and active-duty career counselors, detailing transition options to Soldiers and explaining the workings and value of the program.

“One of the things we’ve been doing is visiting each installation’s Soldier for Life office, focusing on the 12-month mark,” Hill said. “We are trying to ... streamline the process, where we actually inject ourselves to do a continuum-of-service brief and highlight available opportunities.”

The immediate aim is to set up a one-on-one counseling session for each Soldier with a Reserve component career counselor, on the Soldier’s installation.

“It is the Army’s chance to say, ‘Hey, guys, we have this career for you. We have something out there for everyone, whether it be a specific job, location or incentive that can help you as you transition into the Guard or Reserve,’” Hill said. “Either way, we road-map it based on the Soldier’s needs, wants and desires.”

That usually means a transition based on military occupational specialty desired geographic area, academic aspirations and potential bonus availability.

“The decision to join the Reserve components is based on the Soldier’s individual desires,” said Sgt. Maj. Scott Spigelmyer, RCT branch sergeant major and lead National Guard representative. “We sit down and we do a search to show them what’s available. In some cases, the MOS drives their decisions, and for others, it’s the incentives.”

Coach

Continued from Page 9

In Taekwondo competitions, fighters can compete in multiple rounds. They must be in peak physical condition because they win points by an “abrupt displacement of the body – so you have to hit someone with enough force to move their entire body,” Fennell said.

Being kicked by some of the better fighters is like being “hit by a baseball bat,” he said.

That’s where proper training comes in. “I put athletes into realistic scenarios and have them fight each other every single day, so that when they get on the mat they start to get comfortable – it’s just another fight,” Fennell said about the similarities between training troops to fight and training for a martial-arts match.

“Same thing goes here. If we have them put the mask on every day, if we have them carrying the weapon the right way, they already know how to do it ... they are in a rhythm.”

Task Force Marshall colleague Staff Sgt. James Holston characterized Fennell as a good friend and excellent Soldier.

“He is a good guy all around,” Holston

said. “He is resilient and can handle all different situations. He is not hot or cold – he is even keel.

“Having him in our unit (brings) a sense of pride. He sets a good standard.”

Without the backing of his unit, Fennell never would have been able to serve as head coach of the Taekwondo team.

“I’m very fortunate my command was willing to lose me for the 24 days that I was coaching and preparing the team for a spot in the national championships in Austin, Texas (earlier this month),” he said.

His battalion commander, Lt. Col. Timothy Forrest, said Fennell was a good drill sergeant and an excellent trainer.

“I can’t say enough good things about him,” Forrest said. “The whole unit is behind him.

“He volunteers to take leadership when it is needed. He brings a lot of credit upon himself. He is a great guy.”

As for Fennell . . . He characterizes his success as wanting his 7-year-old son, Gabriel, to see him “continuing to learn and grow.”

“I want to help him understand there are no limits to where you can go if you work hard for it.”

Fennell and his fiancé, Elizabeth, will welcome another son, Michael, to their family later this month.

Going outside? Put on your sunscreen

By **MOLLY FRANCIS**
Program Evaluator, U.S. Army
Public Health Command

If you've been to the beach or the lake this summer, you probably slathered on the sunscreen to protect your skin. But have you taken similar care every time you've been in the sun?

If not, you have exposed yourself to danger from the sun's ultraviolet rays, which can damage your skin in just 15 minutes.

The U.S. Centers for Disease Control and prevention defines ultraviolet radiation as the "part of sunlight that is an invisible form of radiation."

Harmful UV rays fall into two categories - ultraviolet A (UVA) and ultraviolet B (UVB). UVA is the more dangerous type, but the CDC cautions that UVB rays also can have negative health effects.

Too much exposure to UV rays can cause sunburn, when the radiation literally burns your skin and causes it to age prematurely.

Along with being painful, sunburn can have long-term consequences.

The World Health Organization warns that UV rays cause damage to skin cells that can result in skin cancer and other harmful effects to your eyes, skin and immune system. The National Cancer Institute cautions that skin cancer is the most common type of

cancer in the United States. Just one blistering sunburn increases your risk.

UV rays can reflect off a variety of surfaces — water, sand and pavement — and cause havoc year round and anywhere outside.

To protect yourself, follow these "SUNSHINE" tips:

"S" for "sunscreen": Always wear sunscreen. The CDC recommends sunscreen with a sun protection factor of at least 15, offering protection from both UVA and UVB rays. Wear sunscreen any time you go outside.

"U" for "Use sunscreen correctly": Apply sunscreen at least a half-hour before going into the sun. Make sure to reapply it at least every two hours. If you're swimming reapply it every time you dry off.

"N" for "no expired sunscreen": Always check the expiration date of your sunscreen. If you can't find a date, replace the sunscreen after three years or if it appears discolored.

"S" for "sunglasses": Look for sunglasses that offer 100 percent UVA and UVB protection. They can help protect your eyes from cataracts and yellowing of the lens.

"H" for "Have — and wear — protective clothing": Protective clothing includes a wide-brimmed hat that shields your face and neck from the sun, long sleeves and

HOW TO SELECT A
SUNSCREEN



The American Academy of Dermatology recommends consumers choose a sunscreen which states on the label:

SPF 30 OR HIGHER

BROAD SPECTRUM

Means a sunscreen protects the skin from ultraviolet A (UVA) and ultraviolet B (UVB) rays, both of which can cause cancer.

WATER RESISTANT

For up to 40 or 80 minutes. Sunscreen can no longer claim to be waterproof or sweatproof.

Source: American Academy of Dermatology

pants. The American Cancer Society advises that clothes that are dry, darker and tighter knit are better at protecting your skin from UV rays. Wear sunscreen, too, for ultimate protection.

"I" for "inside": Avoid being outside from 10 a.m. to 4 p.m. These are the peak hours for UV rays. If you'll be outside during this time of day, take precautions, such as staying in the shade.

"N" for "no tanning beds": Tanning beds produce UV rays, too. Getting a base tan before going to the beach does not protect

your skin from the sun at the beach.

"E" for "Examine your skin": Look for moles that are growing larger, black or uneven in color, and for discolored skin patches. These could be signs of melanoma, a particularly dangerous type of skin cancer, and should be discussed with your doctor.

Sun safety is important in the summer, but remember that UV rays can find you year round. If you follow these "SUNSHINE" tips, you can be sure to enjoy your summer responsibly and protect your skin — the largest organ in your body.



Courtesy photo

Getting into the swim of things

Members of the Fort Jackson swim team recently completed their last regular-season meet. The team has competed in Columbia Swim League meets and will take part in the league championship next weekend.



Teen resilience

Elijah Garcia, an 18-year-old recent graduate of Richland Northeast High School, stands in the middle of a circle during a team-building exercise July 8 as part of Teen Resilience training on Fort Jackson. Garcia, who soon will move to Texas to work and go to school, emerged as a natural leader in the group exercises. The resilience training is aimed at giving young men and women the tools necessary to cope with today's stressful environment.



Suggs relinquishes responsibility of SSI

Brig. Gen. Paul A. Chamberlain, commander of the Soldier Support Institute, and Command Sgt. Maj. Matthew D. Suggs share a laugh during a relinquishment of responsibility ceremony in the SSI auditorium July 6. Suggs, who relinquished his responsibility as SSI senior enlisted adviser, will become command sergeant major of the Army Recruiting Command. Chamberlain said during the event that Suggs had the character, commitment, confidence and caring of a great leader. Command Sgt. Maj. Curtis W. Wesson will be SSI's senior enlisted leader until a new one is appointed.



Youth of the Month

Ravyn Cunningham, 15, is July Youth of the Month for the Boys & Girls Club at Fort Jackson. Ravyn is a rising junior at A.C. Flora High School. She is the club's keystone president and has excelled in community service.



Danielle Peachon speaks to Rico James, 16, about an exercise he is doing as part of teen resilience training July 8.

Photos by ROBERT TIMMONS

Saluting this BCT cycle's honorees

DRILL SERGEANTS OF THE CYCLE.

Photos by OITHIP PICKERT, Public Affairs Office



**Staff Sgt.
Steffanie Bell**
A Company
3rd Battalion,
60th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Jimmy Allen

**STUDENT LEADER
OF THE CYCLE**
Pvt. Jimmy Allen



**Staff Sgt.
Jeremy Gilbert**
E Company
3rd Battalion,
60th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Madeline Wacker

**STUDENT LEADER
OF THE CYCLE**
Pvt. Kody Rice



**Staff Sgt.
Joseph McDonald**
F Company
3rd Battalion,
60th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Matthew Musolf

**STUDENT LEADER
OF THE CYCLE**
Pfc. Shawn McCole

Reel Time Theaters

Fort Jackson Movie Schedule

3319 Jackson Blvd. PHONE: 803-751-7488

Friday

"San Andreas" (PG-13), 7 p.m.

Saturday

"Jurassic World" (PG-13), 2 p.m.

"Spy" (R), 4:30 p.m.

Sunday

"Spy" (R), 2 p.m.

"Jurassic World" (PG-13), 4:30 p.m.

Wednesday

"Spy" (R), 2 p.m.

"Jurassic World" (PG-13), 4:30 p.m.

Friday, July 24

"Insidious: Chapter 3" (PG-13),
7 p.m.

Saturday, July 25

"Insidious: Chapter 3" (PG-13),
2 p.m.

"Max" (PG), 4 p.m.

Sunday, July 26

"Max" (PG), 2 p.m.

"Spy" (R), 4:30 p.m.

Wednesday, July 29

"Spy" (R), 2 p.m.

"Jurassic World" (PG-13), 4:30 p.m.

Friday, July 31

"Inside Out" (PG), 7 p.m.

TICKETS

Adult: \$5.50

Child (6-11): \$3

3D TICKETS

Adult: \$7.50

Child (6-11): \$5

● Ticket sales open 30 minutes
before each movie.

● Movie times and schedule
subject to change without notice.



Fort Jackson Leader

Join us on Facebook. Visit www.facebook.com/fortjacksonleader and click "like."

ANNOUNCEMENTS

PARENTS AND FAMILIES

■ Spouses of differing cultures and countries who wish to receive support or make friends should call 751-1124/9770 for information on the foreign-born spouse support group offered by Army Community Services.

■ The Hearts Apart program provides activities for military Family members separated from their Soldiers. For information, call Army Community Services at 751-9770/1124.

■ Parents may receive information on discipline for children 2 to 12 through the 1-2-3 Magic Program developed by Thomas W. Phelan. For information, call Army Community Services at 751-9035/6724/2731.

■ The Exceptional Family Member Program works with civilian and other military agencies to provide activities, Family support and respite care. For information, call Cheryl Leysath at 751-5256.

■ Army Family Team Building offers classes in the basics of Army life, as well as personal and professional development. For information, call 751-5256 or visit www.MyArmyOneSource.com, click on "online training" and select the level you want.

■ To participate in the Army Volunteer Corps, call Marilynn Bailey at 751-5444.

■ Survivor Outreach Services helps support to survivors of deceased Soldiers. For information, call Leslie S. Smith at 751-4867.

CHILDREN AND YOUTH

■ School-aged children are eligible for a free hot lunch each weekday throughout the summer. Lunches are available at the SKIES building, 6100 Chesnut Road.

SCHOOL NEWS

■ Parents who wish to enroll their children at Pierce Terrace or C.C. Pinckney elementary schools for the 2015-2016 school year may pick up registration packets at either school this summer.

Pierce Terrace offers pre-kindergarten and first grade and Pinckney, grades two through six. The schools are on post, at 5715 Adams Court and 5900 Chesnut Road, respectively.

Each school will be open 8 a.m. to 4 p.m. daily during the summer. Parents wishing to register their children must provide the following: **A copy of each child's birth certificate**, certified by the Department of Vital Statistics in the state where the child was born. **Current orders and an ID card** for a military sponsor. (If the sponsor is a step-parent, he or she must provide a copy of his/her marriage license, his/her spouse's ID card or a verified DEERS form.)



The Department of Defense and Fort Jackson Commissary are collecting donations for the Feds Feed Families drive to support federal employees in need. The campaign will run until October.

Donors may contribute any kind of nonperishable food but are asked to contribute the following staples, if possible:

- canned fruits (in light syrup or natural juice)
- canned vegetables (low sodium, no salt added)
- multigrained cereals (Cheerios, corn flakes, Grape Nuts, Wheaties)
- grains (brown and white rice, oatmeal, bulgur wheat, quinoa, couscous, macaroni and cheese)
- canned proteins (tuna, salmon, chicken, peanut butter or beans)
- soups (beef stew, chili, chicken noodle, turkey and rice)
- 100 percent juice (all sizes, including juice boxes)
- condiments (tomato-based sauces, light soy sauce, ketchup, mustard, salad dressing, oils)
- snacks (individually packed snacks, crackers, trail mix, dried fruit, granola or cereal bars, pretzels, sandwich crackers)
- baking goods (flour, sugar, baking powder, baking soda, spices, boxed mixes)
- hygiene items (diapers, deodorant, feminine products, toilet paper, facial tissue, soap, toothpaste, shampoo)

Proof of each child's immunizations.

A housing lease agreement or letter from post housing verifying that the child's family is on the waiting list.

For information, call Pierce Terrace at 803-782-1772 or Pinckney at 803-787-6815.

■ South Carolina requires all rising seventh-graders to receive booster shots against tetanus, diphtheria and whooping cough by the start of the 2015-16 school year. For information, call 803-785-2698.

ENGLISH AS A SECOND LANGUAGE

■ Those needing basic language instruction – including foreign-born Spouses – may take part in classes offered by Army Community Services. Classes are open to all ID cardholders and DOD employees. For information, call 751-1124, or email miranda.o.broadus.civ@mail.mil.

■ Military spouses and others wishing to learn English as a second language may take part in classes offered by Richland School District 1. Those who register for classes must complete an interview and complete a grammar test. Classes are offered at the district's adult-education center, 2612 Covenant Road. For further information, call 803-343-2935, or email shelby.rickey@richlandone.org.

EMPLOYMENT READINESS

■ Army Community Service offers classes in the Microsoft Office Suite for military spouses looking for employment. Classes through the LearnKeys self-paced online program include instruction in Microsoft Word, Excel, PowerPoint, Outlook and Access. The program is available for current military spouses, as well as surviving spouses. Call 751-5256 for information.

EXCHANGE NEWS

■ The Army & Air Force Exchange Service has extended its layaway program until Aug. 31 to include computers for students. Exchange shoppers can lay away computers, notebooks, tablets and iPads – items typically not included in the program. A \$3 service fee and a 15 percent deposit will hold items. Visit customer service for details.

■ The Army & Air Force Exchange Service is seeking 20 food-service workers for the Starbucks that will open on post later this year. Workers will earn at least \$8.70 an hour. To apply, visit applymyexchange.com.

■ Military shoppers can ride in style this summer with a new Harley-Davidson motorcycle from the Army & Air Force Exchange Service and Dr Pepper through the Refresh-Win-Ride Sweepstakes.

During July, authorized military shoppers can enter to win one of two 2015 Harley-Davidson Sportster Forty-Eights valued at \$11,900 each. No purchase is necessary to enter. Prize drawings will take place in mid-August.

■ The Army & Air Force Exchange Service wants to know how satisfied military shoppers are with their service and is giving away more than \$2,000 in Exchange gift cards to find out. Through Aug. 31, Exchange shoppers who fill out a satisfaction survey from their register or e-receipts will be entered to win a \$250 Exchange gift card each week. To be eligible to win, each shopper must complete the survey and provide a name and contact information. Winners will not be eligible to win more than once.

■ To mark 120 years of support to America's Service members and their Families, the Army & Air Force Exchange Service is giving military shoppers a chance at \$25,000 in account credits with the MILITARY STAR®. Because of You sweepstakes. Shoppers will be entered automatically each time they use their MILITARY STAR® cards to pay for purchases at any AAFES location or on shopmyexchange.com. One grand-prize winner will receive a \$5,000 MILITARY STAR® account credit, and 20 first-prizes winners will receive \$1,000 credits.

COMMISSARY NEWS

■ Visit www.commissaries.com for the latest news, to see what is on sale, to create a shopping list and more. To access the latest sales flyer, click on "Sales and Events" in the "Shopping" tab.

SPORTS

FALL SPORTS

Registration for FMWR fall sports has opened:

Fall soccer – ages 2 to 5 \$20; ages 6 to 16, \$40. Registration through Aug. 21.

Fall cheerleading – ages 3 to 5, \$20; ages 6 to 12, \$40. Registration through Aug. 21.

Tackle football – ages 5 to 12, \$65. Registration open through July 31.

Flag football – ages 4 and 5, \$20; ages 6 to 8, \$40. Registration through Aug. 21.

Cross-country – ages 7 to 14, \$40. Registration through Aug. 28.

Call 751-7451 for more information.

HOUSING

MAYORS NEEDED

The Mayoral Council is looking for volunteers to serve as mayors for the Fort Jackson housing communities. Being a part of the council allows volunteers to make suggestions to improve the quality of life on post. Mayors will receive credit for volunteer hours and receive training. Positions are available in Pierce Terrace 1, 2 and 3, and Howie Village. For information, contact Vickie Grier at usarmy.jackson.imcom-atlantic.mbx.fort-jackson-dpw-housing@mail.mil.

WORSHIP SCHEDULE

ANGLICAN/LITURGICAL

Sunday

8:30 a.m., worship, Bayonet Chapel
(Communion observed every Sunday.)

CATHOLIC

Sunday

- 7:30 a.m., Sacrament of Reconciliation, Solomon Center
- 8 a.m., Mass, Solomon Center
- 10:30 a.m., Reconciliation (after Mass or by appointment), Main Post Chapel
- 11 a.m., Mass, Main Post Chapel

Monday through Thursday, first Friday

11:30 a.m., Mass, Main Post Chapel

Wednesday

7 p.m., recitation of the Rosary, Main Post Chapel

CHURCH OF CHRIST

Sunday

11:30 a.m., worship, Anderson Street Chapel

ISLAMIC

Sunday

8-10 a.m., Islamic studies, Main Post Chapel

Friday

12:45-1:30 p.m., Jumah services, Main Post Chapel

JEWISH

Sunday

- 9:30-10:30 a.m., worship, Memorial Chapel
- 10:30-11:30 a.m., book study, Post Conference Room

LATTER-DAY SAINTS

Sunday

9:30-11 a.m., worship, Anderson Street Chapel

Wednesday

- 3-5 p.m., LDS family social, Anderson Street Chapel
- 7-8 p.m., LDS scripture study, Anderson Street Chapel

PROTESTANT

Sunday

- 9 a.m., service, McCrady Chapel (SCARNG), McCrady Training Center
- 9:30 a.m., Hispanic service, Magruder Chapel
- 9:30 a.m., service, Main Post Chapel
- 9:30 a.m., Chapel Next Bible study, Bayonet Chapel
- 10:30 a.m., gospel worship service, Daniel Circle Chapel
- 10:45 a.m., Sunday School, Main Post Chapel
- 11 a.m., service, Memorial Chapel
- 11 a.m., Chapel Next, Bayonet

Bible study offered

Protestant Women of the Chapel is now offering its summer Bible study, "Unwrap the Bible."

On video, speakers Beth Moore, Priscilla Shirer, Lisa Harper, Sheila Walsh and Christine Caine will discuss biblical characters from Hagar and Sarah to Jesus's mother, Mary.

Meetings will be 10-11:30 a.m. Tuesdays through Aug. 14, at the Main Post Chapel, 4580 Scales Ave.

For information about the Bible study, contact jacksonpwoc@gmail.com or visit Fort Jackson PWOC on Facebook.

Those desiring free child care should contact Children, Youth and School Services.

Chapel

- 5-6:30 p.m., youth group, Chaplain Family Life Center

Monday

7 p.m., men's Bible study (PMOC), Chaplain Family Life Center

Wednesday

7 p.m., gospel Bible study, Daniel Circle Chapel

Thursday

11:45 a.m. to 12:30 p.m., Fresh Encounter Bible study, Chaplain Family Life Center

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel, 2335 Anderson St., 751-7032

Bayonet Chapel, 9476 Kemper St., 751-6322/4542

Chaplain Family Life Center, 5460 Marion Ave. (parking lot side), 751-4961

Daniel Circle Chapel, 3359 Daniel Circle (corner of Jackson Boulevard), 751-1297/4478

Education Center, 4581 Scales Ave.
Installation Chaplain's Office, 4475 Gregg St., 751-3121/6318

McCrady Chapel (SCARNG), 3820 McCrady Road (at McCrady Training Center)

Magruder Chapel, 4360 Magruder Ave., 751-3883

Main Post Chapel, 4580 Scales Ave., 751-6469/6681

Memorial Chapel, 4470 Jackson Blvd., 751-7324

U.S. Army Chaplain Center and School, 10100 Lee Road

Warrior Chapel (120th Adjutant General Battalion), 1895 Washington St., 751-5086/7427



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www.twitter.com/fortjacksonpao

RECURRING MEETINGS

FAMILY

Fort Jackson Homeschoolers, second and fourth Tuesdays. For time and location, call 803-419-0760, or email johnlazzi@yahoo.com.

HEALTH & FITNESS

MEDPROS training, 1-4 p.m. third Friday, Room 9-83, Moncrief Army Community Hospital. For information, email Erica.Aikens@amedd.army.mil.

MILITARY

Disabled American Veterans, 92nd Buffalo Chapter 20, 11 a.m. third Saturday (except July and August), DAV Headquarters, 511 Violet St., West Columbia. For information, call 803-260-1067.

Adjutant General's Corps Regimental Association, Carolina Chapter, 11:30 a.m. to 1 p.m. second Friday, NCO Club. For information, call 751-8347.

American Legion Post 182, 6 p.m. first Tuesday, Officers' Club. For information, call 803-351-2333.

American Legion Louis D. Simmons Post 215, 5 p.m. fourth Sunday, 2432 Chappelle St. For information, call 803-765-0175.

Columbia Composite Squadron, Civil Air Patrol, 6:30 p.m. Mondays, main conference room, Owens Field. For information, contact Tom.Alsup@gmail.com or www.scwg.cap.gov.

Fleet Reserve Association Branch and Unit 202, 12:30 p.m. third Tuesday, 2620 Lee Road. For information, call 803-647-0040 or email turner6516@gmail.com.

Ladies Auxiliary, Louis D. Simmons Post 215, 3 p.m. fourth Sunday, 2432 Chappelle St. For information, call 803-765-0175.

Ladies Auxiliary, Veterans of Foreign Wars Post 641, 2 p.m. second Sunday, 534 S. Beltline Blvd. For information, call 803-782-5943/0148.

Ladies Auxiliary, VFW Post 4262, 5 p.m. second Sunday, 5821 North Main St. For information, call 803-754-1614.

Military Chaplains Association, S.C. Chapter, noon second Tuesday, NCO Club. For information, call 751-7316 or email samuel.j.boone.civ@mail.mil.

Purple Heart No. 402, 7 p.m. fourth Tuesday, American Legion Post 6, 200 Pickens St. For information, call 803-351-2333.

Range-control briefing, 1 p.m. Fridays, Room 302,

Education Center. For information, call 751-7171.

Retired Enlisted Association, 5:30 p.m. third Friday, third floor, Moncrief Army Community Hospital. For information, call 803-740-2319 or email jrogers11@sc.rr.com.

Retired Military Police Association, 9:30 a.m. second Saturday, Golden Corral, 5300 Forest Dr. For information, call 803-438-2090, 803-776-4401 or 864-634-7360.

The Rocks Inc., James Webster Smith Chapter, 6 p.m. third Tuesday, Post Conference Room.

Seabees, 7 p.m. second Monday, West Metro Chamber of Commerce and Visitors Center. For information, call 803-755-7792/0300.

Sergeant Audie Murphy Club Association, noon first Tuesday, NCO Club. For information, visit www.facebook.com/FJSAMCA.

Sergeant Audie Murphy Club Association study hall, noon Thursdays, NCO Academy conference room. For information, visit www.facebook.com/FJSAMCA.

Sergeants Major Association, 4:30 p.m. last working Thursday of the month, Magruder's Pub. For information, call 803-338-1904

Society of American Military Engineers, 11:30 a.m. fourth Thursday. For information, call 803-254-0518 or 803-765-0320.

Swampfox Warrant Officer Association, 11:30 a.m. to 12:45 p.m. first Thursday, Officers' Club. For information, visit fortjacksonwoa@yahoo.com

Veterans of Foreign Wars, Gandy-Griffin Post 4262, 7 p.m. third Tuesday, 5821 N. Main St. For information, call 803-754-1614 or 803-447-2320.

Veterans of Foreign Wars, Post 641, 7:30 p.m. second Monday, 534 S. Beltline Blvd. For information, call 803-782-5943/0148.

Vietnam Veterans of America, Chapter 303, 7 p.m. third Tuesday, American Legion Post 6, 200 Pickens St. For information, call 803-312-4895.

PROFESSIONAL

National Federation of Federal Employees, 11:30 a.m., second Tuesday, first floor, 4200 Sumter Road. For information, call 751-2622.

National Active and Retired Federal Employees, Chapter 87, 11:30 a.m. second Friday, Seawell's, 1125 Rosewood Dr. For information, email kathrynhensley@hotmail.com or gillentinec803@aol.com.

Meeting notices run once monthly. If you wish your meeting to be published in the Fort Jackson Leader, send information on the time, date and place the meeting will occur to FJLeader@gmail.com. If you have a question, call 751-7045.

Professional Mentorship Network (for women), 11:30 a.m. to 1 p.m. fourth Tuesday, NCO Club. For information, call 751-8187.

SOCIAL

American Legion Riders Motorcycle Group, 7 p.m. third Thursday, American Legion Post 6, 200 Pickens St. For information, call 803-360-3830.

Better Opportunities for Single Soldiers, 11:45 a.m. to 12:45 a.m. first and third Wednesdays, Single Soldier Complex, Building 2447. For information, call 751-1148.

Combat Vets Motorcycle Association, noon third Sunday. For information, call 774-451-7504, email armyaguiar@yahoo.com or visit www.combatvet.org.

Victory Riders Motorcycle Club, 5 p.m. first and third Thursdays, Magruder's Pub. For information, email sec@ffvictoryriders.com.

SPORTS

Fort Jackson Bass Club, 7 p.m. first Monday, Joe E. Mann Center. For information, visit www.jacksonanglers.com.

SUPPORT

Alcoholics Anonymous open meeting, 9 a.m. Mondays, Wednesdays and Fridays, 9810 Lee Road. For information, call 751-6597.

Gold Star Wives, Palmetto Chapter, 3 p.m. second Sunday, third-floor conference room, Moncrief Army Community Hospital. For information, call 803-695-5345.

Helping Everyone Reach Optimum Strength (for combat veterans and their families), 5-6 p.m. Tuesdays, seventh floor, Moncrief Army Community Hospital. Open to combat veterans, family members.

Weight-Loss Surgery Support Group, noon, second and fourth Mondays, Weight Management Center, 180 Laurel St.; 6:30 p.m. second Monday, ground level, meeting room 2, Palmetto Health Baptist Breast Health Center, 1501 Sumter St.