

THURSDAY, JULY 25, 2013

THE FORT JACKSON LEADER

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WWW.JACKSON.ARMY.MIL

★ FORT JACKSON NCO
NAMED DRILL SERGEANT
OF THE YEAR

— PAGE 3

A group of soldiers in a water tank during a training exercise. One soldier in the foreground is smiling and looking towards the water. Another soldier in the background is also smiling. The water is splashing and bubbling.

BEAT THE HEAT

HIGHER TEMPERATURES CREATE
CONSTANT TRAINING CHALLENGES

— PAGE 4

★ FMWR, PAGE 18 ★ CHAPEL, PAGE 19 ★ HAPPENINGS, PAGE 22 ★ AROUND POST, PAGES 26-27 ★



ON THE COVER

Photo by WALLACE McBRIDE

Soldiers with the 3rd Battalion, 60th Infantry Regiment, soak their arms in ice water during a day of training in the summer heat. SEE PAGE 4.

THE FORT JACKSON LEADER

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OP-ED

Risk: a common denominator

Anyone who has ever had a college philosophy class is familiar with the question, “If a tree falls in a forest and no one is around to hear it, does it make a sound?” Multiple interpretations of the answer have been given by great minds through the years, but one simple premise is this: The lion’s share of human perception is made up of only what we actually observe. Trees fall in the forest all the time, but it’s not an “event” unless someone is there to see or hear it.

Unfortunately, that’s the way a lot of people — leaders and Soldiers included — think about risky behavior. If they don’t see it right in front of them, it must not be happening. With the most undisciplined Soldiers, there generally are some indicators of risk in their performance on duty. Reaching them isn’t necessarily easy, but leaders are at least aware of the problem and can address it. They make the noise, so to speak, and therefore get needed attention.

However, those Soldiers who don’t fall into the traditional undisciplined category but still take occasional risks are the unheard trees in the forest. If a Soldier executes every mission to standard on duty but dies in a preventable accident after hours, his or her leaders might understandably be shocked. Since they had never seen the Soldier make an infraction, they assumed risky behavior wasn’t an issue.

I started thinking about this during a distracted driving event the USACR/Safety Center recently sponsored at Fort Rucker. Soldier and civilian volunteers rotated through a controlled course where they encountered unexpected obstacles while driving with some distraction, ranging from talking on their cell phones to switching a CD to dealing with loud passengers inside the vehicle.

Most were surprised at just how much a simple distraction affects their reaction time, a realization that often doesn’t come about until an accident or near miss occurs. Fortunately, our participants learned that lesson traveling at 10 and 15 mph, a much more forgiving situation than

Commentary

By **BRIG. GEN. TIMOTHY J. EDENS**
Director of Army Safety



real life allows.

This exercise clearly showed commonplace, well-ingrained behaviors are indeed risky — and the scary thing is, we all needlessly accept that risk from time to time. Who hasn’t checked their phone when a message alert comes through? Even if you don’t reply, you’re still distracted by reading the message. Have you visited a drive-through for a quick meal on a long road trip, eating while making ground? If we’re doing it, you know your Soldiers are as well, even the best and brightest in your ranks.

Risk is pervasive, and we’ll never completely eliminate it from our everyday lives. We can manage it, however, and teach our Soldiers to make smart risk decisions. Accidents sometimes happen that are out of our control, but no one has to be a casualty of personal negligence. Training, discipline and standards will serve us and our Soldiers well if we follow through and ensure they do too, particularly when no one is looking.

Thank you all for what you do every day. Please be sure to check <https://safety.army.mil> regularly for the latest safety information and risk management tools. A distracted driving awareness package, “So you think you can drive ... distracted?” — based on the Fort Rucker event — was added to the site and contains materials to help you start the conversation with your Soldiers.

Today and every day ... stay safe and think smart!
Army Safe is Army Strong!



Fort Jackson NCO named DSoY

By **ANDREW McINTYRE**
Fort Jackson Leader

For a second consecutive year, the Army has selected a Fort Jackson drill sergeant as the active-duty Drill Sergeant of the Year. Sgt. 1st Class David Stover, who was assigned as a drill sergeant leader with the Drill Sergeant School before he won the title, was named in a ceremony July 17 at the NCO Club. Sgt. 1st Class Ryan McCaffrey, representing the 98th Reserve Division was selected as this year's Reserve component Drill Sergeant of the Year.

"This is an amazing feeling. (This is) something that I have been working for for a really long time," Stover said. The fact that I know now the impact that I will make on the lives of Soldiers and drill sergeants all throughout the Army and the training they will receive — it's just an incredible and amazing feeling."

The Drill Sergeant of the Year selection process is an annual event that gives the Army's top drill sergeants from each of the four training installations the opportunity to prove their skills in training Soldiers.

Stover said that with a Fort Jackson drill sergeant winning for a second consecutive year, the post solidifies its position as the premier Initial Entry Training installation. The installation trains more than half of the new Soldiers entering the Army and is home to the U.S. Army Drill Sergeant School.

"(The installation is) just putting out an amazing product on all levels," Stover said.

Six of the Army's top drill sergeants competed to earn the titles. Four active duty and two Reserve drill sergeants were recognized as the Drill Sergeant of the Year for their respective installation or division. The other competitors were: Staff Sgt. Steven Newman, Fort Benning, Ga.; Staff Sgt. Jonathan James, Fort Leonard Wood, Mo.; Staff Sgt. William Schmidt, Fort Sill, Okla.; and Staff Sgt. Troy Braun, 95th Reserve Division.

"It's an incredible honor to be selected as the Reserve Drill Sergeant of the Year for the Army. It was great to come out and compete with everyone and learn from everyone," McCaffrey said.

The three-day selection process took place July 15-17 and tested the drill sergeants' knowledge of combat medical skills, battle drills, U.S. weapons, and drill and ceremony regulations. The process concluded with each drill sergeant appearing in front of a board of command sergeants major who evaluated their knowledge of leadership, Army history, and drill sergeant training manuals. The competitors were also tested on their physical abilities and on how they instruct Basic Combat Training Soldiers.

"It was very tiring physically, but more so mentally — just the unknowns of the next event, not knowing the grading criteria and so on," Stover said. "But with that I have walked away having gained an incredible depth of knowledge from my fellow competitors as well as the



Photo by **ANDREW McINTYRE**

Initial Military Training Center of Excellence Command Sgt. Maj. John Calpena, left, presents the Meritorious Service Medal to Sgt. 1st Class David Stover, who was named the Army's Drill Sergeant of the Year in a ceremony July 17 at the NCO Club.



STOVER

training itself, and it just pushes you to be that much better."

Both winners were awarded the Meritorious Service Medal. Stover will also receive the Stephen Ailes Award, initiated in 1969 and named for the Secretary of the Army from 1964 to 1965, who was instrumental in originating the first Drill Sergeant School at Fort Leonard Wood. McCaffrey will receive the Ralph Haines



McCAFFREY

Army Command (forerunner of TRADOC) from 1970 to 1972. The awards will be presented in a ceremony in Washington at a later date.

Stover and McCaffrey will be assigned to Fort Eustis, Va., where they will serve as advisers to Command Sgt. Major John Calpena, command sergeant major of the Initial Military Training Center of Excellence, to enhance training for all incoming Soldiers as well as

Jr. Award, named for the commander of the Continental

drill sergeant training and doctrine.



LEADER DEADLINES

Article submissions are due two weeks before publication. For example, an article for the Aug. 8 Leader must be submitted by today. Announcement submissions are due one week before publication.

For example, an announcement for the Aug. 8 Leader must be submitted by Aug. 1.

Send your submissions to FJLeader@gmail.com.

For more information, call 751-7045.



Photo illustration by WALLACE McBRIDE

Pvt. Charles Egan, 3rd Battalion, 60th Infantry Regiment, rubs ice on his face during an afternoon of outdoor training on one of the post's ranges.

Heat creates training challenges

By WALLACE McBRIDE
Fort Jackson Leader

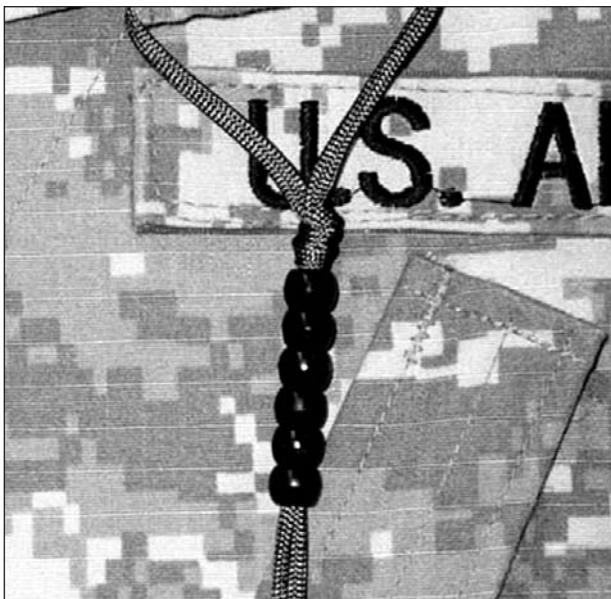
There was little shelter from the heat on the ranges last Friday. The sound of gunfire echoed through the surrounding fields, and beads of sweat clung to the few patches of skin that were exposed to the afternoon daylight. Other than a few clouds in the sky, there was nothing between the young men and women taking part in Basic Combat Training that day besides sunscreen and a lot of vigilance.

Canteens were filled at stations set up around the range and, when they weren't actively learning, Soldiers were instructed to seek whatever shelter from the sun that was available. It was the kind of day in which the Soldiers relaxed for a moment between lessons by submerging their arms in a trough filled with ice water.

In other words, it was a typical summer day of training at Fort Jackson.

But it takes a lot of planning and education to be able to conduct even the most mundane activities during the summer, said Mary Reardon, a safety specialist for the Fort Jackson Safety Center.

"In the last eight years, we've had five fatalities that were heat related," Reardon said. "It's something we take very seriously."



Army file photo

Ogden beads are worn by Soldiers as a means of keeping track of their hydration requirements.

Ordinarily, the body rids itself of heat through the skin and by breathing. Some heat is discharged by radiation from the skin, but the body relies mostly on evaporation of sweat from the skin to cool. This process becomes

more difficult when temperatures rise above 80 degrees, and is further complicated by factors like age, weight, health, activity and hydration needs.

This summer has been unusually cool, which is all the more reason to maintain vigilance, Reardon said.

"One thing people get concerned about in the summer is dehydration, but we've only had three (serious heat injury) cases this year," she said, and those incidents took place in October, November and January. "In the cooler months, people don't drink as much water. But the cadres are doing a really good job at monitoring Soldiers."

Heat injuries are tracked and reviewed weekly, she said, creating a picture of how the injuries happened and how they impact their missions.

Heat stroke is the most serious heat-related injury, but also the least common, Reardon said. Heat strokes cause the body to stop sweating, which raises the internal temperature and can cause damage to the kidneys, heart and brain.

"The second most dangerous heat injury is rhabdomyolysis. It can happen at any time of the year, but there is a steep increase in the hot months," Reardon said. "With rhabdomyolysis, the skeletal muscle breaks down and damages the kidneys, and people can go into renal failure. Only a blood test will determine if someone has rhabdomyolysis."

See **HEAT:** Page 6

Heat

Continued from Page 4

While drinking too little water on hot days can lead to illness, so can drinking too much water, said Vernell Sample, safety specialist for Fort Jackson Safety Center.

“In cadre training, we work to ensure the cadre members don’t have (Soldiers) drinking more than 1.4 quarts of water per hour,” Sample said. Drinking too much water can cause hyponatremia, an electrolyte disturbance that can lead to congestive heart failure, liver failure, kidney failure and pneumonia.

Drill sergeants keep track of how much water a Soldier drinks by using Ogden beads, which are worn in full view on Army uniforms.

“There are six beads, and each one correlates to one quart of water consumed,” Reardon said. “For each quart of water consumed, the Soldier will move the bead, as the unit dictates.”

The beads are also used to keep track of individual health issues.

“They’re color-coded,” Sample said. “If the beads are red, it means the Soldier had a prior heat injury. Blue is for a prior cold injury, and yellow represents some form of allergy. The cadres also use what is known as Leader Cards to identify high-risk Soldiers, people with prior health issues, or age and weight factors.”

The post also modifies work requirements throughout the day as temperatures change. Sample said Soldiers are allowed to modify their uniforms to allow for rising temperatures. At Heat Category 3, which is when outdoor temperatures reach 85-88 degrees, Soldiers are allowed to remove body armor and Mission Oriented Protective Posture gear, unless they’re working at a high-risk range. They can also unblouse their trousers and remove Interceptor body armor.

At Heat Category 4, which is when temperatures rise to 90 degrees, they can remove their combat helmets, if they’re not at a high-risk range. These uniform items can add significantly to a Soldier’s heat index.

When these measures fail to prevent heat injury, training locations are equipped with heat-specific first aid tools. Iced sheets, wet sheets stored in ice coolers, are used to help stabilize a Soldier’s body temperature at training locations when emergencies arise.

Reardon said training sessions are conducted regularly at all levels to enforce safety measures, for Soldiers and civilian employees, alike. Heat safety training is conducted annually at the cadre level as a means of creating a platform to share questions and concern with command. Sample said heat safety training is mandatory for all personnel, and conducted so frequently that weekly sessions are required to manage training demands.

“We hold classes targeting what industry they’re in and what kind of precaution they need to use,” Sample said. “The mission safety folks will go out to the ranges and spot check the units. We take this very seriously.”

Milton.W.McBride3.ctr@mail.mil



Photo by WALLACE McBRIDE

Soldiers fill their canteens following a training session last week on one of Fort Jackson’s rifle ranges.

HEAT INJURY PREVENTION

■ **Drink lots of fluids. Avoid fluids that contain alcohol, caffeine or sugar.**

■ **Don’t wait until you get thirsty. It might be too late by then. As your body gets dehydrated, you feel less thirsty, although you need more fluids.**

■ **Wear loose-fitting clothes and a hat. This allows sweat to evaporate — which is your biological cooling mechanism.**

■ **At the first sign/symptom of heat stress, get out of the sun, rest and slowly rehydrate. When in doubt about the type of heat stress, seek medical help.**

■ **The signs of heat exhaustion are cool, clammy, pale skin; sweating; dry mouth; fatigue/weakness; dizziness/headache; nausea/vomiting; and/or muscle cramps and weak pulse.**

■ **Heat stroke is a medical emergency and requires**

immediate medical attention is required. The signs are: Very high temperature; hot, dry, red skin; no sweating; deep breathing, fast pulse followed by shallow breathing, slow pulse; dilated pupils; confusion, delirium, and/or convulsions.

■ **Some prescribed medications and sun don’t mix well. Some examples are water pills and mind altering or antispasmodic medications. Check with your doctor and medicine labels.**

■ **Use sunblock and build up sun/heat tolerance gradually.**

■ **Plan strenuous activities early or late in the day to avoid the hot midday to late afternoon period.**

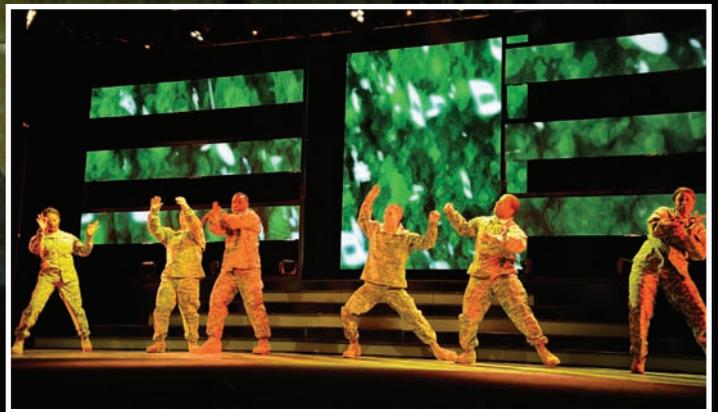
■ **Never leave small children unattended in automobiles or other enclosed areas with poor ventilation.**

Source: U.S. Army Medical Department



Photos by TIM HIPPS, IMCOM

The 2013 U.S. Army Soldier Show is a high-energy live musical production that showcases the talents of 22 active-duty Soldiers selected by audition from throughout the Army. The tour stops at Fort Jackson this weekend.



Ready and resilient

Soldier Show comes to Fort Jackson this weekend

LEADER STAFF REPORT

A 75-minute musical production created by active duty, Army Reserve and Army National Guard Soldiers is coming to Fort Jackson this weekend.

The 2013 U.S. Army Soldier Show is a high-energy live musical production that showcases the talents of 22 active-duty Soldiers selected by audition from throughout the Army. This year marks the modern Army Soldier Show's 30th season, but the production's roots extend to Broadway theater as far back as 1917.

The theme for this year's event is "Ready and Resilient," with this year's performances designed to highlight the vigilance required of Soldiers and their families.

"We had to take a good look at what the Army says makes troops and their families ready and resilient and what mechanisms the country and the world in general are offering to help with resilience," said Soldier Show Artistic Director Victor Hurtado. "And helping with readiness because you know there's a good chance that you're going back out again, so you better be ready."

The performers are Soldiers who have passions for music, dance and performing, with specialties ranging from information technology to combat medicine. The show is assembled and rehearsed five weeks for a four-month tour of military installations across the nation.

The tour began in April, and will come to Fort Jackson Sunday with a 7 p.m. performance at the Solomon Center. Doors open an hour before the show and seating is on a first-come basis. The show is free and open to DoD cardholders and their guests.

A separate performance is also scheduled this weekend for Soldiers in training.

"The show is very much about illustrating not only ways to get away and be resilient, but also illustrating overarching solutions to certain issues that are facing the military today, like (the Army's Sexual Harassment/Assault Response and Prevention Program), Gold Star, Blue Star and Survivor Outreach Services," Hurtado said.

The show's troops are focused on accomplishing the mission and providing quality entertainment at the same time.

"The material makes sense with the messaging, and it also makes sense to them," Hurtado said of the 15 Soldier-performers and seven Soldier-technicians who comprise the cast and crew. "We're also going to be entertaining. We're going to be singing songs just because they are on the radio."

Hurtado believes this cast has the ability to outperform many of its predecessors.

"There is no comparison, but what I will say is that there is a huge amount of promise in this cast," Hurtado

said. "And I never use the word 'promise' lightly. Promise and potential are two very different things.

"Potential is what allows you to prepare," he explained. "Promise is what opens up the doors."

Hurtado promises there is something for everyone who watches the show. Tributes are paid to the 150th anniversary of the Emancipation Proclamation, the 75th anniversary of "God Bless America," the 60th anniversary of the Armistice of the Korean War, and the 50th anniversary of the beginning of the Vietnam War.

"Every American, military-affiliated or not, will be able to see themselves in the show," Hurtado said. "The fact that the show is entertaining someone is already taking them away (from their mindset), but the messaging is going to inspire. We know they are coming to be entertained, but further, the content in the show is designed to hopefully be a time-released pool of inspiration."

He is convinced this cast is perfectly suited for that role.

"This is not a cast of characters," Hurtado said. "This is a cast with character. I tell them that everything that makes them a pain in the neck is everything that makes them amazing performers. They are very giving and generous. Unless I'm off on my observations, which I don't think I am, they are a generous performing cast. They are not so introspective or doing it for themselves."

Teenagers prepare for emergencies

Leader Staff Report

Ten Fort Jackson teenagers, ages 13-18, participated in a 20-hour Teen Community Emergency Response Team, or CERT, certificate course last week.

CERT was designed to train Americans to help themselves and their communities in the event of a widespread natural disaster. The course teaches basic disaster response skills, such as fire safety, search and rescue, team organization and disaster medical operations.

The training prepares teenagers to assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. Teen CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community.

“The training is important for many reasons,” said R.J. Frazier, Fort Jackson’s all hazard emergency manager. “The primary concern is for our youth, giving back and providing educational tools for their future. During this session, they earned a training certification on how to support community volunteer efforts during disasters, but more so than anything, a keen insight of self-worth and accomplishment. They departed with a thorough understanding that no matter what profession they choose in life, they can always give back to the community.”

Crystle Siegel, 18, said the training achieved that goal.

“Many people don’t know what to do in the aftermath of a natural disaster. It’s great that we — teens — are learning how to assist our communities in emergencies,” Siegel said.

Tristan Campos, 16, said the training was also fun.

“I didn’t really expect to enjoy the training, but, I got a lot of great information, made some new friends, and learned how to help my community in the event of an emergency.”

The course was hosted by the Fort Jackson Emergency Management Office, Army Community Services, Operation Military Kids/Clemson University and the American Red Cross.



Photos by SHARON LONE, special to the Leader

Josiah Pierre, 14, treats Russell Stillinger for ‘burn wounds’ during the Teen Community Emergency Response Team training last week. Stillinger is a medical instructor with Fort Jackson Emergency Medical Services. The teenagers received 20 hours of emergency response training.



The teenagers participating in Teen Community Emergency Response Training pose with R.J. Frazier, Fort Jackson’s all hazard emergency manager.



Preston Weigle, left, 13, practices performing chest compressions during CPR familiarization, while Crystle Siegel, 18, and Philip Siegel, 16, look on.

Month to focus on antiterrorism awareness

By **ALEX DIXON**
Army News Service

WASHINGTON — In 2007, six men were arrested for their plot to infiltrate the installation and attack Soldiers at Fort Dix, N.J.

Maj. Gen. David Quantock, provost marshal general of the Army, said because of the vigilance and awareness arising from the Sept. 11 attacks, that plot was foiled.

The Army's Antiterrorism Awareness Month begins Aug. 1, but Quantock said civilians and Soldiers must remain in a constant state of vigilance year-round.

"Terrorists, at the end of the day, are looking for soft targets," Quantock said. "If we create vigilance and have people who take part in this and report it, we're going to take soft targets and make them all hard targets."

Quantock said programs like iWatch Army and eGuardian are ways that terrorism awareness can be raised.

The Army's iWatch operates like a neighborhood watch, Quantock said. Soldiers report any suspicious activity or behavior to local law enforcement or military police for investigation.

Quantock said eGuardian is a reporting system designed to collect information about terrorist threats and suspicious activity. The system allows that information to be shared across the DoD, the FBI, and other agencies.

The main focus of antiterrorism is on external threats, Quantock said. But he cited the Boston Marathon as an example of a type of terrorism that is emerging that concerns him the most: hybrid threats.

"(The Boston Marathon attack was carried out by) folks who were born somewhere else, external threats, who were taught terrorism techniques outside the United States," Quantock said. "But they basically became part of daily dialogue; they became part of our communities."

Quantock said there are important lessons to be learned from the Boston Marathon attack, and that with a good antiterrorism awareness program, all types of threats are covered equally well with vigilance.

"The hardest part about antiterrorism is what you may have prevented and not even known about it," Quantock said. "We have come a long way since 9/11 and the interaction between the FBI, between local, state and



Photo by **ANDREW McINTYRE**

Col. Michael Graese, Fort Jackson's garrison commander, signs a proclamation to mark August as Antiterrorism Awareness Month. The proclamation urges community members to invest in prevention efforts and to work together to make Fort Jackson a safer, stronger and more aware community.

federal law enforcement entities is unprecedented. We continue to make great strides in that effort."

Quantock compared law enforcement to the sharp end of a spear, saying that it's up to Soldiers and civilians to report to law enforcement anything out of the norm so they can take action from there.

"They've got to have all those eyes out there, seeing something and saying something," Quantock said. "A lot of people see something, but the courageous step is to do something once you see it."

Some examples of suspicious activity include illegally parked cars and people wearing heavy clothing in warm

temperatures, Quantock said. He said the goal is not to create a paranoid society, but one that pays attention to something that looks out of place.

"All you have to do is look around the world and realize we're in a different time, where there is a threat out there that could come from multiple directions," Quantock said. "We've got to have all those 300 million American citizens around here, eyes and ears, paying attention to what's going on."

When Soldiers and civilians see something wrong or out of the ordinary, he said, the next step is to convey that to those who can investigate further.

News and Notes

TOWN HALL RESCHEDULED

Fort Jackson's town hall meeting, originally set for Aug. 6, was rescheduled because of the effects of sequestration. The town hall will be at 6 p.m., Nov. 13.

JACKSON JUBILEE CANCELED

As a result of mandatory furloughs, the Fort Jackson Jubilee/National Night Out, originally planned for Aug. 9, was canceled.



twitter

Follow the Leader
on Twitter
at www.twitter.com/fortjacksonpao

Post operations affected by furloughs

Leader Staff Report

Mandatory one-day-per-week furloughs for approximately 3,500 federal civilian employees on Fort Jackson are affecting some of the services on the installation. The furloughs will not have an impact on AAFES and Family and Morale, Welfare and Recreation services.

GARRISON

Overall Garrison operations

Expect delays, as all offices have employees taking furlough days throughout the week. Offices that are open and operational Monday through Friday will still have staff shortages and will prioritize work accordingly. Furlough hours of operation are strictly adhered to — there is no flexibility to extend employee hours.

Army Community Services

The following ACS offices will be closed Fridays: Army Volunteer Programs (AVCC, AFTB and AFAP); Employment Readiness Program; Exceptional Family Member Program; Family Advocacy Program (New Parent Support); Family Advocacy Program (Prevention Services); Financial Readiness Program/Army Emergency Relief; Information and Referral; Mobilization and Deployment/Outreach; Relocation Readiness Program; Survivor Outreach Services (SOS). For emergency financial assistance for valid and unforeseen needs on Fridays, call the American Red Cross at 877-272-7337.

Directorate of Logistics

The Central Issue Facility will be closed Mondays for basic training Soldiers (retained issue support during reception process).

The following DOL offices will be closed Fridays: Log Plans and Operations Division, Ammunition Supply Point, QASAS support, Supply Support Activity, Central Receiving Point, CIF (for permanent party; support is available on other days by appointment), Maintenance Division, Transportation — HHG/PPSO/PPPO, Transportation — Freight Office.

Directorate of Plans, Training, Mobilization and Security

The following DPTMS offices will be closed Mondays: Installation school support such as direct Soldier enrollments into ATRRS for Noncommissioned Officer Education System and Professional Military Education, review of DTS orders for NCOES and PME courses, coordination with Human Resources Command, school managers, and sister services for additional training seats, Soldiers ATRRS status for schools.

The following DPTMS offices will be closed Fridays: Ammunition Management; DA Photo

Commissary

The Commissary will be closed Mondays and Tuesdays.

Staff Judge Advocate

The Staff Judge Advocate office will remain open Monday through Friday. Personnel with violations may pay tickets/moving violations Monday through Thursday.

Plans, Analysis and Integration Office

PAIO will be closed Fridays.

Directorate of Public Works

The following DPW offices will be closed Fridays: Environmental, Housing, Business Operations, Master Planning, Engineering.

MONCRIEF ARMY COMMUNITY HOSPITAL

Furlough Pharmacy Hours:

Outpatient Pharmacy: Monday through Friday, 8 a.m. to 5 p.m.; Saturday, 7:30 a.m. to noon

Refill Pharmacy: Monday through Friday, 9 a.m. to 6 p.m.; Saturday, 9 a.m. to noon for refill pick-up

TMC Pharmacy: Monday through Friday, 6:30 a.m. to 3:30 p.m.; Saturday, closed; Soldiers will be sent to the Outpatient Pharmacy, if required.

DENTAL ACTIVITY

Beginning July 19 through Sept. 30, dental clinics will operate as follows on Fridays

Caldwell Dental Clinic: Open Fridays; will provide sick call to all permanent party, Basic Officer Leader Course, Initial Entry Training, and Advanced Individual Training Soldiers.

RMC: Open Fridays

Hospital Dental Clinic: Open Fridays

Hagen Dental Clinic: Closed Fridays

Oliver Dental Clinic: Closed Fridays

Fort Jackson Gate Hours (throughout the furlough period)

Gate 1	5 a.m. to 1 p.m. 3:30 to 6 p.m. Closed	inbound and outbound traffic, Monday through Friday outbound traffic, Monday through Friday weekends
Gate 2	Around the clock, seven days a week Commercial traffic on weekends only.	
Gate 4	5 a.m. to 8 p.m. Closed	Monday through Friday weekends Commercial traffic must use Gate 4 on weekdays.
Gate 5	closed	



Army looking to open more combat jobs

By **JULIA HENNING**
Army News Service

WASHINGTON — Last month, the Army announced its plan to integrate women into combat roles, opening positions within 27 brigade combat teams, which include nine National Guard brigade combat teams.

The Army also opened positions within field artillery battalions down to the company level, so that female officers could be battery commanders and platoon leaders.

Other positions throughout the Army are being examined and could possibly open to women under the “Soldier 2020” initiative, said Col. Linda Sheimo, chief of the Command Programs and Policy Division at the Directorate of Military Personnel Management, Army G-1.

SOLDIER 2020

The Army’s “Soldier 2020” initiative is about having the best Soldiers possible in the Army by 2020, Sheimo said. Part of that will be re-evaluating standards and validating gender-neutral standards for Army jobs, she explained.

The Soldier 2020 initiative requires the scientific validation of all physical fitness standards that are currently in place. This evaluation could make way for the development of a pre-test, so that individuals can take more time to train and prepare on their own for certain jobs.

“We’re not lowering standards,” Sheimo said. “We are

ensuring that every Soldier knows what the standard is. The reality is that you will have some cases where men will not be able to meet that minimum requirement, they just won’t have the physical capability, and there might be some women who do.”

By summer 2015, recommendations will be made to Army senior leadership about what jobs can and cannot realistically be opened to women, she said.

MORE JOBS TO OPEN

When the Soldier 2020 recommendations are made in 2015, Sheimo said the default will be to open jobs to women. If the Army wants to keep certain jobs closed to women, officials must present a case for that, and ask for an exclusion, she said.

After passing through Army senior leadership, those recommendations will move on to the Chairman of the Joint Chiefs of Staff, and finally to the Secretary of Defense. Then, the Secretary of Defense will notify Congress of any decisions, Sheimo said.

In order to integrate women into new career opportunities as soon as possible, the Army offered female NCOs the option to reclassify into occupations previously closed to women.

The Army will follow a “stairstep” approach in placing officers and senior NCOs in previously closed units to facilitate integration of female Soldiers in positions recently opened to them.

Because the reclassification is voluntary for NCOs, however, there may be few NCOs who will request this opportunity. The changes in the force structure and the size of the Army will also limit the number of NCOs who will be able to reclassify.

INTEGRATION

Sheimo said she thinks women will be able to integrate into newly opened units the same way men already integrate themselves into those units, by proving their competency.

“In the cases where women have integrated really well, it is because they proved themselves, just as men have to do,” Sheimo said.

Sheimo also said she thinks that having women in units could make them better by bringing to them unique capabilities that closed units don’t already have.

“Having females as part of combat teams can be a force multiplier, since women can engage with the local women in a particular country,” Sheimo said. “There are some occasions, such as at security check points, where it is inappropriate for a woman to be checked by a man, and there are cultures where it is unacceptable for a woman to interact with a man.

“Could the unit be better because females come into it? Will they raise the bar?” Sheimo asked. “Units do well when competent Soldiers arrive, are able to accomplish all tasks to Army standards and are encouraged to meet their potential, regardless of diversity.”

This week in history

On July 27, 1921, the War Department issued General Order 33, calling for the closure of Camp Jackson. Originally, Camp Jackson had been built as a training camp for Soldiers before their assignment in Europe. After World War I ended, the Army entered a period of general demobilization, and training camps all over the United States were shut down. Land reverted to the original owners or was signed over to public entities. At Camp Jackson, Twin Lakes became a popular recreation site for Columbia residents with boating, diving and miniature golf facilities available. Three years later, the South Carolina National Guard returned to Camp Jackson, and in 1939, the Army reclaimed the land to train Soldiers for war in Europe again.

Photo courtesy of the
Basic Combat Training Museum



Legion Pool reopens after renovations

By **THERESA O'HAGAN**

*Family and Morale,
Welfare and Recreation*

The Fort Jackson community got an additional way to cool off Saturday with the reopening of Legion Pool after months of renovations.

"The old pool was approximately 60 years old," said Mike Elkins, director, Community Recreation Division, Family and Morale, Welfare and Recreation. "A completely new pool was installed with a shallow water entry area, new salt water filtration system, large shade structure, new decking and a new chemical pump house."

Other renovations included renovations to the bathhouse and restrooms; upgrades to all electrical and plumbing systems; new benches, lights, checkout counter, roof and skylights.

The renovations began in December, and the pool reopened Saturday.

"I love it," said Ruby Sutton who was visiting with her spouse, Keith, an Army retiree, and two sons, Layton and Colin. "We came here a lot last year and have been looking forward to it reopening. I like the upgrades. I like the overall appearance, the shade structure and the diving board."

Helene Harms said she has been a



From left, Makia Green, 18, Daniel Brown, 9, and Dannette Allen enjoy family time at Legion Pool.

faithful Legion Pool patron since 1966.

"I've been stopping by every week and checking to see when it was going to be open," she said. "I have missed it very much."

The pool will be open Monday, Wednesday, Thursday, Friday and Saturday 11 a.m. to 6 p.m. and Sunday, 1



Photos by THERESA O'HAGAN, Family and Morale, Welfare and Recreation

Renovations at Legion Pool added a shade structure and lounge area.

to 6 p.m., through Aug. 20. The pool is closed on Tuesdays. It will be open Saturday and Sunday only, Aug. 20 to Sept. 2. Admission costs \$3 for DoD ID card

holders and \$4 for those without. Small coolers are allowed, however, glass containers and alcoholic beverages are prohibited.

Let positive life habits become traditions

By **CHAPLAIN (CAPT.) PATRICIA NICHOLS**
4th Battalion, 10th Infantry Regiment

You probably woke up this morning and brushed your teeth. Maybe you grabbed a bottle of water or a cup of coffee before heading out to physical training. Maybe you listened to NPR, Hillsongs worship music, or Jay-Z on your way.

Generally, we have our morning routines. We have life habits that our mothers began instilling in us when we were as young as 2 years old: We wash our hands; we say grace before meals; we tie our shoes — lots of little things we do without even thinking. Life habits such as these serve to keep us healthy, presentable to society, and, as far as the coffee goes, to get us going in the morning.

As we grow and develop, we begin to establish other life habits. Sometimes we do this intentionally, but more often than not, we establish ways of being in the world quite by accident. Consequently, we sometimes establish poor life habits that affect us negatively in some form or fashion.

The first step to breaking bad habits or to establishing positive ones is self awareness. Think about what you really want in life — relationally, spiritually, financially, physically and intellectually. What life habits do you have in each of these categories now that are helping you grow? What would you like to see happen?

The second step is self discipline. Doing what we need to do regardless of how we feel. On the way to work this morning I heard a radio announcer talking about Igor Stravinsky, arguably the 20th century's greatest composer, and his daily routine. Apparently, Stravinsky understood the value of life habits that get us where we want



to be. It's too easy to live our lives by our feelings, to only do what we feel like doing. What life habits do we put us in a place where, regardless of our feelings, we are going to do those things that will accomplish in us, in our relationships, in our jobs, and in our communities the goals we have in mind. The good news is that often motion produces emotion. Like Stravinsky said, "Just as appetite comes by eating, so work brings inspiration, if inspiration is not discernible at the beginning."

So, pick a category. Think of one small change you can make — knocking out pushups first thing in the morning; writing one page a day; giving your spouse the daily six-second kiss (search "Gottman and the six-second kiss" for more info); bringing your lunch instead of spending the extra money; downloading a Bible app and listening

to a chapter a day — and do it whether you feel like it or not.

Over time, as you deliberately, consciously and consistently work to establish this action, you will begin to see the positive change and be glad you did. You will establish something that will make a significant difference in your life — your present and your future — and in the lives of those you love. Your life habits will become tradition. And Stravinsky has something to say to this as well:

"Tradition is entirely different from habit, even from an excellent habit, since habit is by definition an unconscious acquisition and tends to become mechanical, whereas tradition results from a conscious and deliberate acceptance. A real tradition is not the relic of a past that is irretrievably gone; it is a living force that animates and informs the present. ... Far from implying the repetition of what has been, tradition presupposes the reality of what endures. It appears as an heirloom, a heritage that one receives on condition of making it bear fruit before passing it on to one's descendants."

I must not fail to mention that the spiritual traditions you establish are the most important of all. These traditions become foundational. Matthew 6:8 says, "Seek ye first the kingdom of God and his righteousness, and all these things shall be added to you."

(If your heart's desire is to know God better, I have just the book to recommend. Richard Foster wrote a classic called, "The Celebration of Discipline." The book is powerful in outlining those disciplines that will shape our attitudes toward God and toward our fellow humans on this journey.)

Contact your unit chaplain for more information or assistance. You have complete confidentiality when speaking with your unit ministry team.



PROTESTANT

- Sunday
8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
9:30 a.m. Hispanic, Post Theater
9:30 a.m. Main Post Chapel
10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

- Tuesday
9 to 11:30 a.m. Women's Bible study (PWOC); summer meetings on July 9 and 23 and Aug. 6 at Patriot Park next to Palmetto Falls Water Park
- Wednesday
6 p.m. Gospel prayer service, Daniel Circle Chapel
7 p.m. Gospel Bible study, Daniel Circle

Chapel

- Thursday
11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center
- Saturday
8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

Protestant Youth of the Chapel

- Saturday
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)
- Sunday
5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

- Monday through Thursday
11:30 a.m. Mass, Main Post Chapel
- Sunday
8 a.m. IET Mass, Solomon Center
9:30 a.m. CCD (September through May), Education Center
9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
11 a.m. Mass (Main Post Chapel)
12:30 p.m. Catholic youth ministry, Main Post Chapel

- Wednesday
7 p.m. Rosary, Main Post Chapel
7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL

- Sunday
8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
9:30 to 10:30 a.m. Worship service, Memorial Chapel
10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday
11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
9:30 to 11 a.m. Anderson Street Chapel
- Wednesday

3 to 5 p.m. LDS family social, Anderson Street Chapel

- Wednesday
7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Chaplain Family Life Center**
5460 Marion Ave (to the side of the POV lot), 751-4961
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318

Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.
Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."

Calendar

Today

AUSA Palmetto State Chapter meeting

Noon, Officers' Club
The guest speaker will be Harris Pastides, president of the University of South Carolina. For more information, call 776-7365 or email sbbutler@bellsouth.net.

Tuesday

Teen job readiness workshop:

Managing your money that you earn
10 a.m. to noon; Strom Thurmond Building, Room 222
To register, call 751-4862.

Friday, Aug. 9

Col. Charles P. Murray Jr.

Memorial Golf Tournament
Noon, Fort Jackson Golf Club
For more information, call 629-3820.

Wednesday, Aug. 14

Retired Officers Wives Club

Sign-up/welcome coffee
10 a.m., Fort Jackson Officers' Club
Reservations are not required.

Announcements

COMMUNITY CALENDAR

The Fort Jackson Community Calendar provides easy access to current community events. To view the calendar, visit www.jackson.army.mil and click on the Fort Jackson Community Calendar link on the left side of the page under "Jackson links." The calendar lists community information for the following agencies: Directorate of Human Resources Command; Directorate of Family and Morale, Welfare and Recreation; Army Community Services; Chapel; AAFES; Housing; Fort Jackson schools; Moncrief Army Community Hospital; DENTAC; and Directorate of Emergency Services.

LOCKER ROOMS CLOSED

The locker rooms at Andy's Fitness Center will be closed through Aug. 2 for renovation.

ID CARD OFFICE HOURS

The ID card office is operating on an appointment-only basis from 9:45 a.m. to 4:45 p.m., Monday through Friday. Walk-

in hours are from 8 to 9:30 a.m., Monday through Friday. Soldiers in training will not be required to make appointments. To schedule an appointment, visit <https://rapids-appointments.dmdc.osd.mil>. Customers who need to enroll in or update DEERS, reset personal identification numbers or complete DD Form 1172-2 do not need an appointment. For more information, call 751-7731.

POST 9/11 GI BILL DEADLINE

Effective Aug. 1, all Post-9/11 GI Bill Transferability of Education Benefits (TEB) requests submitted and approved on or after Aug. 1 will incur a four-year service obligation from the TEB request date, regardless of years in service (except when precluded by either policy or statute from committing an additional four years, e.g. temporary early retirement authority). The only difference between the rule already in place and the new rule is that all requests will require a four-year service obligation, and must be served in the same Army component.

Service members with 21 to 24 years of active duty service, who wish to transfer educational benefits to their dependents, are urged to make the transfer before Aug. 1.

For more information, call 1-800-872-8272; email usarmy.knox.hrc.mbx.tagd-post911gibill@mail.mil or visit www.army.mil/article/101298/Army_changes_requirements_for_transfer_of_GI_Bill_benefits/.

RETIREMENT CEREMONY

The next Third Army/ARCENT retirement ceremony is scheduled for 2 p.m., Aug. 9 at Patton Hall.

AAFES CUTEST KIDDO CONTEST

Exchange patrons may post photos of their children holding a completed coloring page to the Exchange Facebook page to participate in the "Color Me Cutest Kiddo" contest. Contestants may choose one of four coloring pages at www.shop-myexchange.com/Community/Patriot-Family/.

WATER AND SEWER PROJECTS

Palmetto State Utility Services is working on multiple water and sewer projects on the installation. One project will address water pressure issues experienced on parts of the post. The project is set to be completed by Wednesday. During the

work, some buildings and facilities may be subject to reduced water pressure. To report problems, call PSUS at 790-7288.

FALL YOUTH SPORTS SIGN-UP

Parents can sign up their children for fall youth sports until Aug. 23. Parents must bring a current physical and a copy of the child's birth certificate to sign up. Sign-up is under way for flag football (ages 4-8); tackle football (ages 7-12); soccer (ages 3-14); cheerleading (ages 3-14); and cross country (ages 7-14). Volunteer coaches for the fall season are needed. For more information, call 751-7451/5040.

FREE COMIC BOOK

A new Iron Man comic book exclusively distributed for military audiences is now available at the Fort Jackson Exchange.

SCOUT MEETINGS

The Fort Jackson Boy Scouts and Cub Scouts meet each week at various times. For information about the troop or pack, call 409-9568.

BOXING SMOKER

A boxing event is scheduled for Aug. 3 at the Solomon Center. Active duty Soldiers interested in participating should call 751-7146.

SPORTS BRIEFS

- Army 10-miler qualification, 5:30 a.m., Saturday. (for active duty personnel only)
- Back to School 5K, 8 a.m., Aug. 17.

For more information, call 751-3096.

THRIFT SHOP NEWS

- The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

AA MEETINGS

Alcoholics Anonymous meetings take place at 9 a.m., Mondays, Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.

Send your announcements to fjleader@gmail.com. Announcements are due one week before the publication date.

For more information, call 751-7045.

Community announcements may be edited to comply with Leader style and Public Affairs regulations.

Housing happenings

SUPERVISION OF CHILDREN

No child of kindergarten age or younger must be left unattended at any time. Children of that age may play in appropriately designated safe areas (playgrounds, parks, basketball courts and similar locations), but must have immediate access to an adult supervisor. The person supervising must be able to respond to any emergency or threatening situation.

MAYORS NEEDED

The Mayoral Council is looking for volunteers to serve as mayors in Pierce Terrace 5, Pierce Terrace 6 and Howie Village. Child care is provided while performing mayoral duties. Interested residents should call Vicki Greer at 751-7567.

GUESTS IN ON-POST HOUSING

Visitors and guests of on-post housing residents are subject to all rules contained in the resident guide and lease. Residents are allowed a guest for 14 continuous calendar days or 30 days throughout the year without notifying the community manager. A guest request form is required for guests whose stay exceeds 30 calendar days. For more information, call 738-8275.

YARD OF THE MONTH

Yard of the Month selections will be made on the last Thursday of the month instead of Fridays for the duration of the furlough period. Nominations can be submitted to Balfour Beatty Communities or by calling 751-7567/9339.

BASIC ALLOWANCE FOR HOUSING

To find out detailed information about the Basic Allowance for Housing, or BAH, visit www.defensetravel.dod.mil/site/bah.cfm or call a housing counselor at 751-5788/7566/9323.

FREE POPSICLE FRIDAYS

Free Popsicles are available at the Community Center from 7:30 a.m. to 6 p.m. on Fridays until August.

SWIMMING POOLS

Small wading pools up to 6 feet in diameter and 1 foot in depth are permitted in backyards only. When wading pools are not in use, they must be emptied and properly stored. For more information, call 738-8275.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



**Sgt.
Taylor Seay**
Company A
2nd Battalion,
13th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pfc. Frances Ackerman

SOLDIER OF THE CYCLE
Pfc. Stephen Sporleder

HIGH APFT SCORE
Pfc. Matthew Brown

HIGH BRM
Pvt. Bryce Dickerson



**Staff Sgt.
Allan Carcamo**
Company B
2nd Battalion,
13th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Spc. Ryan Brent

SOLDIER OF THE CYCLE
Pfc. Mack Clemons

HIGH APFT SCORE
Spc. Suzanne Williams

HIGH BRM
Pvt. Kenneth Jackson



**Staff Sgt.
Raymond Salgado**
Company C
2nd Battalion,
13th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Dayton Rasmussen

SOLDIER OF THE CYCLE
Pfc. Evan Maxwell

HIGH APFT SCORE
Pvt. Evan Maxwell

HIGH BRM
Pvt. Justin Frederick



**Staff Sgt.
Salvador Rubio Jr.**
Company D
2nd Battalion,
13th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pfc. Alec Hulbert

SOLDIER OF THE CYCLE
Pfc. Steven Berlinski

HIGH APFT SCORE
Pvt. Ryan Mayer

HIGH BRM
Pfc. Gabriel Vanhaefner



**Staff Sgt.
Maria Rivas**
Company E
2nd Battalion,
13th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Caroline Pirchner

SOLDIER OF THE CYCLE
Spc. Trenton Sherman

HIGH APFT SCORE
Pvt. Orlando Alvarez

HIGH BRM
Pvt. William Morey



**Staff Sgt.
Nathaniel Schell**
Company F
2nd Battalion,
13th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Justin Heidemann

SOLDIER OF THE CYCLE
Pvt. Alexander Capon

HIGH APFT SCORE
Pvt. Justin Heidemann

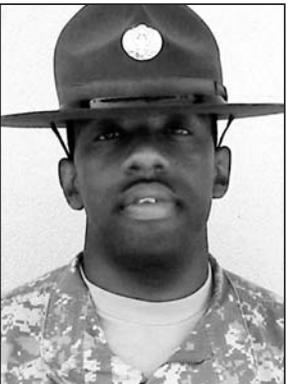
HIGH BRM
Pvt. Justin Heidemann

Weekly honors



PICONE

**1st Lt.
Taylor Picone**
Soldier of the week
Third Army/ARCENT



JONES

**Sgt. 1st Class
Mariko Jones**
Drill sergeant of the cycle
Company B
Task Force Marshall



HUGHES

**Staff Sgt.
Edmund Hughes**
Drill sergeant of the cycle
Company B
Task Force Marshall

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at [http://www.vimeo.com/
user3022628](http://www.vimeo.com/user3022628)**

ACS Calendar of Events — August

MONDAY THROUGH THURSDAY

☐ **Outprocessing** — 3 to 3:30 p.m.; Strom Thurmond Building, Room 222; Soldiers must complete the electronic Sponsorship Application Training to clear ACS.

THURSDAY, AUG. 1

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 751-1124/5256

MONDAY, AUG. 5

☐ **Teen dating violence** — 11 a.m. to 1 p.m.; Youth Center; for ages 11-18; for more information, call 751-6325

TUESDAY, AUG. 6

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Job searching strategies for military spouses** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, 750 Old Clemson Road; to register, call 751-1124/5256

WEDNESDAY, AUG. 7

☐ **Post newcomer orientation** — 9 to 11 a.m.; Post Conference Room

THURSDAY, AUG. 8

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Stress management class** — 11 a.m. to noon; 5614 Hood St., Classroom 10; to register, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 751-1124/5256
- ☐ **Child safety awareness** — 5 to 7 p.m.; 5614 Hood St.; to register, call 751-6325

MONDAY, AUG. 12

- ☐ **Teen dating violence** — 11 a.m. to 1 p.m.; Youth Center; for ages 11-18; for more information, call 751-6325
- ☐ **Child safety awareness** — 5 to 7 p.m.; Main Post Chapel; to register, call 751-6325.

TUESDAY, AUG. 13

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Resume writing and interviewing skills** — 9 a.m. to noon; Strom Thurmond Building, Room 222
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 751-1124/5256

WEDNESDAY, AUG. 14

- ☐ **Steps to federal employment for military spouses** — 9 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Child safety awareness** — noon to 1 p.m.; Main Post Chapel; to register, call 751-6325.

THURSDAY, AUG. 15

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Financial planning for initial PCS move** — 8:30 a.m. to 4:30 p.m.; Education Center, Room B206
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Anger management class** — 11 a.m. to noon; 5614 Hood St., Classroom 10; to register, call 751-6325
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 751-1124/5256

MONDAY, AUG. 19

- ☐ **Education assistance for military spouses** — 9 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Teen dating violence** — 11 a.m. to 1 p.m.; Youth Center; for ages 11-18; for more information, call 751-6325

TUESDAY, AUG. 20

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Salary negotiations** — 9 to 10:30 a.m.; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **EFMP bowling** — 4 p.m.; Century Lanes; must be enrolled in EFMP; to register, call 751-5256
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, 750 Old Clemson Road; to register, call 751-1124/5256

WEDNESDAY, AUG. 21

☐ **Financial readiness for first term Soldiers** — 9 to 10:30 a.m.; Education Center, Room B206

THURSDAY, AUG. 22

☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom

Thurmond Building, Room 222

- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Budgeting, banking and checkbook maintenance** — 11:30 a.m. to 1 p.m.; Education Center, Room TBD
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 751-1124/5256

MONDAY, AUG. 26

- ☐ **Her War, Her Voice support group** — 10:30 a.m.; Family Readiness Center
- ☐ **Teen dating violence** — 11 a.m. to 1 p.m.; Youth Center; for ages 11-18; for more information, call 751-6325
- ☐ **Child safety awareness** — 5 to 7 p.m.; Main Post Chapel; to register, call 751-6325.

TUESDAY, AUG. 27

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Speed interviewing — practice makes perfect** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, 750 Old Clemson Road; to register, call 751-1124/5256

WEDNESDAY, AUG. 28

☐ **Job searching strategies for military spouses** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862

THURSDAY, AUG. 29

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **English as a second language class** — 5 to 7 p.m.; W.R. Rogers Adult Education Center, Old Clemson Road; to register, call 751-1124/5256

All ACS classes require registration and are subject to change.

To register, call 751-5256/4862/6325.

Free child care may be available for events.

For more information on child care, call 751-1124.



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