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# THE FORT JACKSON LEADER

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## LISTEN UP

SOLDIERS TEST DRUG

THAT SAVES HEARING

Page 3



## ON THE COVER

Photo illustration

Candidates at Fort Jackson's Drill Sergeant Academy are test subjects in Phase 3 clinical trials for a new drug that might alleviate or repair noise-induced hearing loss. **PAGE 3**



Fort Jackson, South Carolina 29207

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## LETTER TO THE EDITOR

# 'Thank you, Fort Jackson schools'

Thank you, Fort Jackson schools, for the wonderful support we received from you this year. We have been blessed to be part of the Pierce Terrace and C.C. Pinckney schools at this time in our family's life. The teachers and administration at both schools have been a huge encouragement to us.

In January, we learned that our daughter, Amy, needed major surgery on her back to correct her scoliosis. We were concerned about having the surgery done during the school year, but her curvature was progressing in a way that made it necessary. In February she had two rods and numerous screws put in her spine, and then she began three months of painful recovery.

The administration at C.C. Pinckney worked closely with us to give her the best support possible.

Thank you, Ms. Crandle, for your wonderful help to us. You made sure we never felt like we were navigating the educational system alone. You kept us informed and connected us to the necessary people and resources. Amy's teachers stayed in close contact with us, making sure that Amy knew what her class was studying and helping her stay current.

Thank you, Mr. Bass, for your outstanding support to Amy and our family throughout the surgery and recovery. You kept her supplied with homework that was measured and challenging but still suitable for the abilities and limitations she was under. This was particularly needed with math! But thanks to you, she stayed on track.

Thank you, also, to Ms. Robinson, for your tri-weekly encouragement to our family. Your bright smile at the door made up for the fact you were carrying Amy's homework.

Thank you, Mrs. Plylar, for helping her manage her daily pain

Thank you to all of Amy's friends at school and in our neighborhood. It is not easy to go through a period of anxiety, pain and worry far from your extended family. Instead, you were family to us. Thank you for visiting, encouraging and being there for her when she needed you.

Thank you, Pierce Terrace, for your support of our son, Stuart. He was anxious when his sister had surgery and was in the hospital for a week. It was hard for him when she was on the couch for several weeks in pain. He worried about her but didn't show it or ask for help.

Thank you, Ms. Hammond, for reaching out to him and showing him you cared about him and what he was going through. This meant the world to us. You also did an extraordinary thing when you coordinated a drive of well wishes and gifts for Amy. We were beyond speechless. What a wonderful blessing to have someone love our son so much that she would extend that love and care to his sister.

We were concerned that Amy would end up far behind her classmates after spending six weeks healing at home.

We were worried that it would be difficult for her to catch up and finish the school year well. Instead, she reintegrated quickly, got caught up even in math and has gotten excellent grades.

This would simply not have happened without the continued support of the teachers and staff. They have taken the extra time necessary to help her succeed. Thank you.

Sincerely,

The Grossruck Family

## Town hall meeting set for June 18

The Fort Jackson community is invited to attend a June 18 Town Hall offered by the Fort Jackson and Army Training Center commander. The event will be at 6 p.m. at the Solomon Center.

Post commander Brig. Gen. Roger Cloutier, Command Sgt. Maj. Dan Hain, garrison commander Col. Michael Graese and commander Col. Traci Crawford of Moncrief Army Community Hospital will be on hand to answer questions from the community.

Community members who cannot attend may partici-

pate via Facebook, telephone and email.

Participants wishing to attend on Facebook should use the U.S. Army Garrison Fort Jackson Facebook page. Search "U.S. Army Garrison Fort Jackson" and "like" the page to participate.

Those wishing to participate by phone may call 803-562-7833, 803-562-7834 or 803-562-7835

Those wishing to ask questions by email may send them to [usarmy.jackson.93-sig-bde.list.jackson-dptms-townhall](mailto:usarmy.jackson.93-sig-bde.list.jackson-dptms-townhall).



## How can we make Fort Jackson a healthier community?



Let your Community Health Promotion Council know your opinion on the quality of life, health, safety, and satisfaction within Fort Jackson. The top issues will be brought to the senior commanders on the installation to become priorities for the Council.

**WHO:** Soldiers, DA Civilians, Family Members, and Retirees

**WHAT:** Community Strengths and Themes Assessment (CSTA) Survey

**WHEN:** 16 April – 16 July 2015

**WHERE:** Online survey or hard copy

**WHY:** To assess and address the needs and concerns of the community by implementing solution-based programs, services, and initiatives

Voice your concerns at:

<https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=2511374517BB71CD>



Photos by CHRISTINE SCHWEICKERT

Staff Sgt. Tiffanie Daniel of Headquarters and Headquarters Company, 1st Armored Division at Fort Bliss, Texas, patiently endures an examination of her inner ear by Shelley Laird, a research nurse with the hearing project. The tympanometer measures stress in the inner ear.

# Soldiers test drug that saves hearing

By CHRISTINE SCHWEICKERT  
Fort Jackson Leader

The drill sergeants in training lay prone in pairs in the predawn light, aiming at tiny silhouettes two meters away, their laser optics bouncing about like red fireflies.

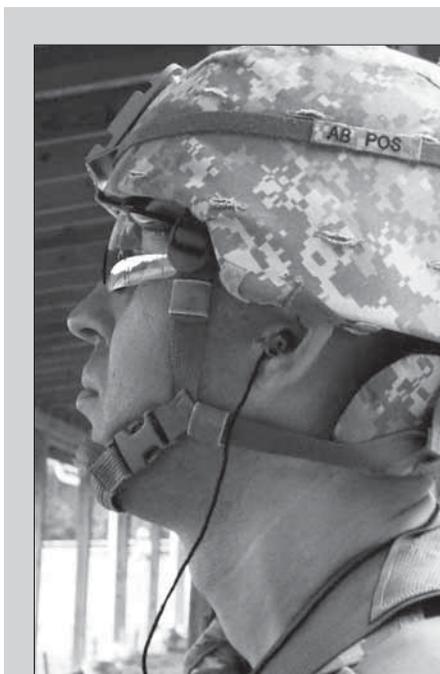
Pop! . . . Pop! . . . Pop-pop! their M-16s hiccupped, forcing through the air invisible sound waves that shook stomachs and legs, and assaulted the tiny hairs of each Soldier's inner ear, bending them, perhaps breaking them.

These are the sounds drill sergeants hear every day, continuously as they instruct Basic Training Soldiers on how to fire their weapons. Such constant and prolonged exposure to noise can damage hearing permanently – insidiously but as profoundly as an explosive burst in wartime.

And that is why, after shooting M16s at Range 1 on Tuesday, a handful of drill sergeant candidates also threw back slugs of an orange liquid containing D-Methionine, which initial tests have shown can alleviate or even repair noise-induced hearing loss if taken before noise occurs or within 24 hours after. Candidates at Fort Jackson's Drill Sergeant Academy are test subjects in Phase 3 clinical trials that must be completed before the substance can be released publicly.

"The Drill Sergeant School has been superb" in its contributions to the wordily named D-Methionine to Reduce Noise-Induced Hearing Loss, said Kathleen Campbell, an audiologist and researcher from Southern Illinois University-Springfield who developed and patented the liquid. "I cannot believe the level of their cooperation."

See **TESTS:** Page 8



Staff Sgt. Nathan Whittenberger of Headquarters, Headquarters Company, 1st Engineering Brigade, Fort Leonard Wood, Missouri, awaits his turn to fire an M16.

## LISTEN UP HOW HEARING LOSS OCCURS



- Humans have approximately 17,000 to 20,000 hair cells in their inner ears. These cells send electric signals from the inner ear up the auditory nerve to the brain.

- Harmful noise triggers the formation of molecules inside the ear that contribute to hair cell damage and hearing loss.

- Hearing loss can result from one-time exposure to an intense "impulse" sound, such as noise from a blast or explosion, or from continuous exposure to loud sounds over an extended period.

- Exposure to seemingly routine noises found in everyday circumstances can damage hearing over time.

- Hearing loss and tinnitus may occur in one or both ears. Also, the symptoms of tinnitus may be constant, or they may come and go.

- Severe tinnitus can accompany hearing loss and be just as debilitating as the hearing loss itself.

Source: Defense Department  
Hearing Center of Excellence



Photos by ROBERT TIMMONS

Sgt. 1st Class Jordany Urbano, a drill sergeant leader with the Army Drill Sergeant Academy on Fort Jackson, greets Navy recruit division commanders during the Joint Service Summit.

## Instructors find inspiration at summit

By ROBERT TIMMONS  
Fort Jackson Leader

The different services call them different things – drill instructors, drill sergeants, training instructors, recruit division commanders.

Their purpose, however, is the same – to take young men and women off the streets and, in a matter of weeks, turn them into effective Soldiers, Sailors, Airmen and Marines.

Last Friday, the Army Drill Sergeant Academy on Fort Jackson offered the first Drill Instructor/Drill Sergeant, Joint Service Summit to share knowledge and improve training across the armed forces.

“We do a lot of the same things, except with small differences,” said Air Force Senior Master Sgt. Lezlee Masson, an Air Force training instructor from Lackland Air Force Base, Texas. “I am really impressed (for example) at how the (academy) shows pride and heritage in the Army. This is definitely something we can do better.”

Three Navy, three Air Force and two Coast Guard instructors attended the seminar that aimed at the “sharing of knowledge” among the services. The Marine Corps did not send representatives because of conflicting engagements, said Sgt. 1st Class Eugene Serrano, one of the school’s drill sergeant leaders.

The idea for the summit sprang from Command Sgt. Maj. Lamont Christian, Drill Sergeant Academy commandant, as a way to improve training and “use their best tactics,” Serrano said.

Christian said his vision for the summit was to create a climate to exchange best practices among institutions that trained instructors of initial-entry Service members. Similar events with Marine drill instructors from Parris Island had gone so well, he said, that he wanted to start similar events between the Drill Sergeant Academy and its counterparts from sister services.



Air Force Senior Master Sgt. Lezlee Masson, Coast Guard Petty Officer 1st Class Blake Tilton, Coast Petty Officer 1st Class Rodney Impey, Air Force Master Sgt. Tessa Fontaine and Sgt. 1st Class Eugene Serrano speak with Staff Sgt. Sean Scott, an instructor at Victory Tower, during the Drill Instructor/Drill Sergeant Academy, Joint Service Summit.

The event started so smoothly, Christian said, that an initial briefing that was supposed to last two hours was pushing four hours long when he stopped the meeting because the instructors “have to get up in the morning for PT.”

The professional interaction continued during breaks in the seminar as members of the different services compared how they used technology. In the Navy, for exam-

ple, every seaman is issued electronic devices to help him learn.

The instructors toured Fort Jackson facilities such as Victory Tower, where they saw the interaction between trainer and trainee first hand.

“We would like to see this as a yearly event,” Christian said. “Hopefully, one of the other services hosts it next year.”

# Passport Career system lists open positions near and far

By **BARBARA MARTIN**

ACS Employment Readiness Program Manager

The Army Community Service Employment Readiness Program has launched a global career-support system designed to help military Families in career, job or volunteer searches. The Army's online Passport Career system will help you explore opportunities in the United States and around the world, whether you're seeking a job or simply looking for information on settling into a new community.

Passport Career provides extensive sources, guidance, strategies, tools and support to active military, retirees, Family, DOD civilians and surviving spouses.

Military spouses are accustomed to moving around a lot — and having to land jobs at each new duty station.

Moving overseas can be particularly challenging. Job opportunities often are limited, the overseas hiring system can be difficult to navigate, and it may be hard to find something in your field.

The Passport Career system has a link that is updated daily and includes 1 million jobs in 203 countries, including the United States. You also can learn how to prepare your CV/resume, targeting it to specific employers, and learn interview do's and don'ts for various cultures.

You can research each country's salary chart and use the Currency Converter Tool to help you convert the foreign currency to see what the hourly/annual salary would equate to in U.S. dollars.

Don't wait until you have arrived at your new destination.

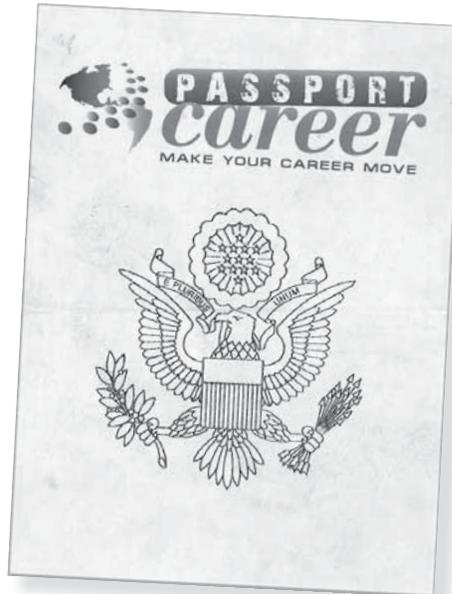
With this tool, you can start searching as soon as you know where your next PCS move will be and become familiar with the local job market.

Military spouses new to Fort Jackson and looking for employment, internships or volunteer opportunities may use this tool to save time and provide you with networking opportunities.

You also may participate in free weekly career-related webinars.

The site also offers resources on portable career opportunities and starting a small business.

Soldiers will find the tool helpful as they transition into the



civilian workforce.

The Tools and Tips section will help Soldiers polish and fine-tune resumes, create competitive cover letters and learn the art of salary negotiations. Other resources help with making individual career plans.

Active-duty Soldiers can reap extra income by looking for part-time employment.

If you're retired and needing a little extra income or wanting to get back into the workforce, this tool also is for you. Explore what your community workforce has to offer.

Every registered member will receive the monthly Passport Career e-newsletter, which is packed with great tips, strategies and updates.

For more information on how to use the system, contact your employment readiness program manager at 751-5256, or email [Barbara.L.Martin10.civ@mail.mil](mailto:Barbara.L.Martin10.civ@mail.mil) to ask for the Passport Career Registration Key, to register for free on the Passport Career website at [www.PassportCareer.com](http://www.PassportCareer.com).

## What you'll find on Passport Career

The Army's Passport Career system provides resources, guidance, strategies and tools to support your career interests and goals. Besides the in-depth online system, Passport Career offers weekly Global Strategic Career Training Webinars on career-related topics.

If you're new to Passport Career, check out the introductory online training: Your Personal Passport Career Strategy. Other online-training programs include how to write an international resume/CV, career strategies for the United Nations and other intergovernmental agencies, networking and LinkedIn strategies.

You also will find:

- Global Topics, a virtual career center where you can review the guidance and strategies relevant to your interests.

- Detailed country and city portfolios, including 81 countries, 54 U.S. cities and 25,000 pages of relocation, employment and professional-development content.

- Access to an International Jobs/Internships Portal, updated daily with millions of jobs and internships in 203 countries.

- The Get Connected! social network, which lets you connect with others around the world and helps you search by career field, current location or previous locations of members.

## How to use Passport Career

- Visit [www.PassportCareer.com](http://www.PassportCareer.com).

- Click on "Have a Registration Key?" on the upper-right corner of the homepage.

- Enter Registration Key `army5678` (all lowercase).

- Fill out the registration form.

- Use your email/password to login.



## Fort Jackson Gate Operation Hours

### GATE 1:

5 a.m to 1 p.m. Monday through Friday  
3:30 - 6 p.m. Monday through Friday (out-bound only)  
Closed on weekends and federal holidays.

### GATE 2:

Open around the clock.

### GATE 4:

5 a.m. - 8 p.m. Monday through Friday  
Closed on weekends and federal holidays.

### GATE 5:

5 a.m. to 1 p.m. Monday through Friday  
3:30 - 6 p.m. Monday through Friday (out-bound only)  
5 a.m. to 8 p.m. Saturday and Sunday.

# Going from Soldier to civilian

By **ROBERT TIMMONS**  
Fort Jackson Leader

Every year, thousands of veterans take off their service uniforms and put on suits and ties. Transferring from a military to a civilian career is easy for some yet difficult for others – and getting a job in civil service can be even more daunting.

When I retired in 2011, my dream job was to become a Department of the Army civilian and continue to serve the organization I had grown to love.

It wasn't to be – at least, not right away. Hard economic times had forced the military into sequestration, leading to a hiring freeze. That, coupled with downsizing, made the pool of potential applicants even larger. Maryland's Department of Labor, Licensing and Regulation estimates that nationally, 200,000 veterans transfer from the military services each year.

Another potential barrier to employment is the number of jobs available in certain markets.

That's what hurt my job search. I love South Carolina. It's my adoptive home state, and I have friends and soon-to-be relatives living here. I didn't want to leave it, but the number of jobs in my field are lower here than in other parts of the country.

The Bureau of Labor Statistics for the U.S. Department of Labor tracks the outlook for just about any job imaginable. Its website, [www.bls.org](http://www.bls.org), shows that South Carolina has one of the lowest number of job openings and the lowest median pay for communications professionals of any state. Washington, D.C., New York, Los Angeles and Chicago are cities with the most jobs and highest pay.

For some transferring from the military to "Fort Living Room," moving out of state is not an option.

Those looking for jobs with the federal government must

navigate the maze of online applications.

Applicants for federal civil service positions file through [USAJOBS.gov](http://USAJOBS.gov), where they write in-depth resumes and search for listings from virtually every federal department. Such a search can be a lengthy, frustrating and confusing process.

Fortunately, the Army and Fort Jackson help those transitioning.

Fort Jackson offers lots of opportunities for soon-to-be civilians to learn of and prepare for a new career phase, including the Army Career and Alumni Program. And, Army Community Service on Fort Jackson recently offered a seminar to help separated Service members prepare for the Hiring Our Heroes career fair on June 16. Seventy to 90 employers are expected to attend the fair, looking for prospective employees.

Barbara Martin, employment readiness program manager with ACS, says that going to a career fair helps job seekers "get more bang for their buck" and a leg up on those "who are behind their

computer sending out resumes, hoping to hit the jackpot."

"Most job seekers spend 24/7 on their computer looking for online job postings," she said. "The Internet should not be the only means of searching for jobs.

"I suggest that if you want to have a successful job search, use multiple job search methods," such as networking.

You can network by attending professional association meetings and registering with employment agencies, Martin said. These helped applicants "learn about positions that will never be announced publicly."

Nancy Collamer, a Forbes Magazine contributor, writes in "6 ways to crack the 'hidden job' market" that it can be a cruel joke that some positions are filled before they are even announced.

Some estimates show that nearly 80 percent of applicants are hired through the hidden job market, she writes.

"Using social media, such as LinkedIn, is another way to



Leader file photo

**Fort Jackson will offer the Hiring our Heroes career fair June 16, at the Solomon Center. More than 70 Midlands employers will attend.**

network with employers," Martin said.

"Employers use this platform to search out potential employees."

The online site helps professionals network with those in their career fields, and with companies they might wish to work for. A friend hired to a top corporate position by the Discovery Network landed the job solely through contacts made on the social networking site.

After doing my research and networking, I happened to be in the right place at the right time when my position in Public Affairs opened, and I landed the job.

Looking for a job can be a daunting task, but finding a dream job is possible. It just takes a lot of effort, perseverance and luck.

## 10 tips to get started with Passport Career

1. Using it for the first time: Go to [www.PassportCareer.com](http://www.PassportCareer.com) and click on "Have a Registration Key?" in the upper-right corner of the homepage. Enter your registration key: army5678 (all lowercase). Fill out the registration form. Use your email/password to login in the future.

2. Global career planning: Review the guidance and strategies relevant to your situation in Global Topics. Click on the "Global Topics" link on the blue menu bar at the top of any page.

3. Joining an introductory webinar: Click on "Webinars" in the top blue menu bar of any page. Every week, Passport Career offers webinar training on career-related topics. If you're new to Passport Career, check out How to Use Passport Career Strategically. If you participate in the Resume/CV webinar, you will be able

to submit your resume/CV for a free review and feedback from an expert career coach.

4. Checking the tools: On the blue menu bar at the top of any page, you will find a link to the International Jobs Portal, which list more than 1 million jobs in 203 countries, including the United States. The Get Connected! social network will allow you to connect with others around the world. You also will find quick access to the H1B Employer Database for non-Americans seeking jobs in the United States.

5. Exploring the world: Drop-down menus/selectors for Country Portfolios and USA City Portfolios are at the top-right corner of every page. They offer more than 15,000 pages of expert career content.

6. "Before you go ...": This section is in each country portfolio and offers key information about relocating to the country, including topics related to relocating to a new place, an overview of the job-search situation, information on visas and work permits, financial information, language-learning resources and in-country experts' tips for getting started in that country.

7. The "Strategic Approach": This section is in each country portfolio and focuses on the knowledge you need to network strategically within the business culture.

8. Researching "Local Opportunities": This section is in each country portfolio and lists resources and strategies broken down by cities, including the best employers in private business, international agencies and industries. You also will find lists of the best websites and off-line resources.

9. Using the "Tools & Techniques": This section is in each country portfolio and provides guidance on use of the business card, development of your resume/CV and cover letters/emails, preparation for interviews and the culturally nuanced questions that may arise, and salary information. Salary charts are updated daily in the local currency. You can convert the currency to any other currency by using the Currency Converter Tool at the bottom left of the home page.

10. Avoiding the "one-visit" trap: To be successful, you need to think of Passport Career as your personal career assistant. Schedule 15 to 30 minutes weekly to go into more depth of the content, resources and tools. People who use Passport Career regularly have the greatest chances of success with their career goals.

# Tests

Continued from Page 3

“Not only are these troops, they’re *model* Soldiers” working to spare colleagues from the effects of noise poisoning.

“(Noise) is a toxin,” Campbell said. “It absolutely is a toxin.”

And hearing loss “is an invisible disorder” that occurs more often — and costs more to treat — than post-traumatic stress disorder, as well as being one of the most common reasons Soldiers cannot be redeployed to war zones.



Campbell

The Defense Department has given Campbell and her team of researchers \$2.5 million to administer Phase 3 of testing prescribed by the federal Food and Drug Administration.

## ‘We have to do better’

The pop! of an M16 registers at about 155 decibels, said Elizabeth Bullock, a research nurse with the Army Research Project. Foam ear protectors shave 25 to 30 decibels from that, leaving the count still higher than the 85 decibels at which damage occurs.

“Even with ear pros, you’re 40 decibels above what’s safe,” Bullock said. “And that doesn’t even account for what’s going through the skull directly” and to the delicate hairs of the inner ear.

“So we have to do better. This (M16) is the kindest weapon we have. Everything else is noisier.”

Staff Sgt. Tyler Durden of the Joint Readiness Training Center at Fort Polk, Louisiana, already experiences tinnitus, a ringing in the ears caused by hearing damage. He was a ready volunteer for the trials because “this is a huge opportunity to make things better for everybody” subject to hearing loss.

On Tuesday, he slugged back a dose of the orangish liquid, whose taste he said reminded him and other waggish Soldiers of the excretions of an animal none of them is likely to have encountered. Even so, Durden did not request the proffered water, juice or peppermints nurses had brought with them to alleviate the taste of the medicine.

Sgt. Hollie Tyson of the 299th Brigade Engineer Battalion, 1st Brigade Combat Team, 4th Infantry Division at Fort Carson, Colorado, grimaced slightly after downing her little brown bottle of meds.

She said she couldn’t guess whether she had been taking the actual medicine or a placebo — the study is randomized and double blind, and doses are titrated according to each Soldier’s weight. Even Campbell does not know who receives which. The data from her study goes to Yale, to keep the drug’s performance data

“at arm’s length” from its inventor.

“I’ve compared (its effects) with others to see what our bodies go through,” Tyson said, “but it all seems the same.”

## The science behind the test

D-Met is an amino acid/micronutrient that messages replacement electrons to the atoms of degraded hair cells. The substance occurs naturally in such foods as yogurt and cheese, but a person would have to eat 4½ pounds of cheese twice a day to get the effect of one swig of liquid.

The substance also appears in almost every form of animal “chow.”

Campbell wants to develop a pill, which would be easier for Soldiers to carry on the battlefield and might alleviate the noxious taste some experience when they swallow the liquid. But developing a pill form, she estimates, would cost about \$1 million. Plus, she would need a licensure partner, someone willing to chart a new path and something she does not yet have.

Campbell has been testing D-Met in humans for 10 years. In the lab, she had used chinchillas, whose ears have the same construction as humans’.

Because she is so cautious about noise — and knows what it can do — Campbell carries ear protection with her everywhere.

## Why Fort Jackson?

In Phase 1 of testing, Campbell worked with a small biotech company that since has dissolved. Researchers there reported no adverse reactions. Because hers is the first treatment for hearing loss to come before the FDA, Campbell must help develop her own testing procedures — the FDA has no protocol to which it can refer.

In Phase 2, she tested it with patients who had head or neck cancers, patients prone to chemotherapy-induced hearing loss. Again, researchers cited the drug’s effectiveness and reported no adverse effects.

Phase 3 is the last phase of testing, a phase Campbell worried for a time she would not be able to complete. She needed test subjects who regularly experienced noise bombardment, but she could not ethically induce it herself.

After searching for 10 years, she found the Army by chance: an Army audiologist who met Campbell at a conference suggested that Soldiers would make willing and compliant subjects.

And so she is at Fort Jackson, where she and her two research nurses use the former break room of the Drill Sergeant Academy to administer hearing tests and questionnaires that ask about potential side effects, and linger at the shooting range to administer D-Met at chow time.

All of the test subjects are volunteers who rotate into and out of the DSA. So far, Campbell’s team has tested approximately 200 subjects. They’re aiming for 600 and does not know how long that will take to accomplish.



## HEARING LOSS

The Department of Defense has insisted on the use of ear protection for more than 40 years. Yet noise-induced hearing loss is on the rise.

Sustained exposure to engine noise in a convoy can be just as damaging to hearing as exposure resulting from an improvised explosive device.



22,000

The number of new disability claims received by the military each year that cite noise-induced hearing loss.

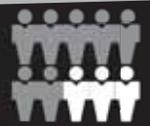


Hearing loss is one of the chief reasons troops cannot be redeployed.

\$1 BILLION

The amount spent annually by the Veterans Administration to address noise-related hearing loss.

Seven of 10 injuries in combat result from blasts.



Sustained exposure to engine noise in a convoy can be just as damaging to hearing as exposure resulting from an improvised explosive device.

Hearing disabilities negatively affect Family communication when troops come home from high-stress deployments.



50-60%

The amount of one’s situational awareness that comes from hearing.

Source: Army Hearing Research Project, Defense Department Hearing Center of Excellence



Photo by CHRISTINE SCHWEICKERT

Soldiers on Fort Jackson receive a pair of adjustable camo-colored ear protectors. Closed, they defend against continuous noise. Opened, they use a tiny filter to break up ‘impulse’ noise, such as explosions.

# Fun, food bring battalions together

By CAPT. LILIANA TOLLIVER

Commander, B Company, 3-60th Infantry Regiment

More than 100 Soldiers and Family members from the 3rd Battalion, 60th Infantry Regiment and 2nd Battalion, 60th Infantry Regiment came together May 30 to enjoy a Regimental Organizational Day filled with fun, food and challenges.

Soldiers often ironically label such events “mandatory fun” day – because fun is in notoriously short supply. This day at Bethel Christian Camp in Gaston was not mandatory, but it definitely was fun.

The sister battalions have joined forces in the past by competing in sporting events; however, this time they competed against each other in a friendly but competitive way.

First Sgt. Michael Randolph of the 3-60th and 1st Sgt. James Jones of the 2-60th coached their respective teams through the tug-of-war. Drill sergeants and their Families took shots at targets on the rifle range while others zipped through the sky into the refreshing waters below.

The coolest challenge was the canoe relay, where coaches Chaplain (Capt.) Edward Harris of the 2-60th and 1st Sgt. Shayne Charlesworth of the 3-60th competed with their teams only to find that canoes really are not that stable in the water.

More than 30 children used the kiddie zip line to take advantage of the water while resting parents took time to



Courtesy photo

**Soldiers from the 2-60th and 3-60th engage in a ‘sisterly’ tug-of-war during ‘fun day.’ At day’s end, the 3-60th had earned the most bragging rights.**

catch up with each other in the shade nearby.

Capt. Liliana Tolliver of the 3-60th led her sand volleyball team to a narrow victory against the tough team from the 2-60th team.

Command Sgt. Maj. Chad Utz observed the archery skills and abilities of competing archers.

Chaplain Harris blessed the food, and everyone enjoyed a variety of good South Carolina-style barbecue.

At the end of the day, the 3-60th took home the coveted 60th Regimental Cup for bragging rights and future opportunities for camaraderie. We already look forward to next year and continuing the close ties we have created.

## 81st RSC meets customers where they live

By JACQUELINE WREN

81st Regional Support Command  
Public Affairs

The 81st Regional Support Command provides an array of support services in nine Southeastern states, Puerto Rico and the Virgin Islands. Last week, the 81st RSC traveled from Fort Jackson to New Orleans to provide pre-retirement briefings to Army Reserve and Army National Guard Soldiers with two years of service remaining.

The briefing was one of 22 the RSC will offer this year in 16 locations.

In any given week, 81st personnel can be found in Orlando, Florida, supporting the Yellow Ribbon program; in an Army Reserve Center in Orangeburg, teaching a suicide-prevention class; or in any number of other locations, supporting the Chaplain Program’s Strong Bonds events. The team is everywhere its customers are.

“There’s so much pertinent information that needs to be put out to retiring Soldiers and family members,” said Capt. LaToya Kearns, retirement services officer. “We work very hard to ensure that we travel to locations that are the best fit for our customers.

“Some Soldiers are located close to installations - which is good for them. We fill in for those who don’t have that convenience.”

The briefings bring together representatives from such organizations as TRICARE, Hero 2 Hired, Veterans Affairs, and Defense Finance and Accounting Service. The repre-



Courtesy photo

**Soldiers with two years or less until retirement sign up to receive information at a recent 81st RSC session in New Orleans. Employees of the 81st travel throughout the Southeast from their base at Fort Jackson.**

sentatives brief those attending information sessions and speak one on one to answer Soldiers’ individual questions.

Personnel from the 81st Directorate of Human Resources also conduct records reviews and calculate retirement points.

Lt. Col. Doril Sanders, chief of internal review, 412th Engineer Command in Vicksburg, Miss., traveled to the New Orleans event because he will retire in December. Providing a variety of places and times to gather information lets Soldiers find a convenient event, he said.

“This briefing is very helpful and provides user-friendly and updated information on retirement benefits,” Sanders said. “I was able to take advantage of this brief because of the wide variety of offered dates, and I’m glad I did because I’m getting information I didn’t know — the latest and greatest on benefits and retirement.”

Retirement services is one of several services the 81st RSC offers. To stay up to date on retirement service briefing dates and other information, find the 81st RSC on Facebook at [www.Facebook.com/81stwildcats](http://www.Facebook.com/81stwildcats).

## McCrary, county cooperate on EMS

The S.C. National Guard McCrary Training Center and Richland County are cooperating in order to provide emergency medical services to military personnel and Lower Richland residents.

A Richland County Emergency Medical Services unit operates out of the McCrary center’s recently expanded fire station.

The McCrary fire station already serves both the military community at McCrary and Fort Jackson, as well as the surrounding civilian population through cooperative agreements with the Columbia/Richland County fire service.

“McCrary’s fire department maintained Basic Life Support Services; however, this partnership will increase the level of emergency services at McCrary to Advanced Cardiac Life Support,” said Col. Andrew Batten, director of Construction and Facilities Management Office, S.C. National Guard. “This is a critical improvement of services necessary in providing emergency care of our Soldiers, Sailors and Marines training at McCrary.”



Photos by STANLEY RIKARD, DIRECTORATE OF PUBLIC WORKS

**Bruce Pruitt and Elizabeth Murray, scientists from the Army Engineer Research and Development Center, examine a shovel pit they dug on Fort Jackson. Scientists determine the presence of wetlands three ways – by examining soil, plants and standing water.**

## Exploring Fort Jackson's hidden wetlands

By **CHRISTINE SCHWEICKERT**  
Fort Jackson Leader

Environmental researchers from the Army Corps of Engineers slogged through the wilds of Fort Jackson last week, looking for unmapped wetlands.

The post is one of three the researchers will examine – Fort Stewart, Georgia, and Fort Carson, Colorado, are the other two – to determine the accuracy of maps and data that Army installations use for planning. Most maps use aerial photography, which doesn't always depict wetlands accurately – or at all.

“Wetlands can be standing water and be really, really wet,” explained Elizabeth Murray, a scientist with the Corps’ Engineer Research and Development Center. Those wetlands are easy to photograph and map.

Others – such as those in the sand hills of Fort Jackson – can be groundwater wetlands, welling up and subsiding depending on geography that either impedes or facilitates the flow of water.

What current maps miss “most systematically is groundwater-fed wetlands,” Murray said. “They’re just not wet enough to

be picked up by aerial photography.”

Fort Jackson comprises more than 51,000 acres, about 10 percent of it wetlands.

By comparison, Fort Carson is arid and Fort Stewart, swampy. Researchers on the ground found that maps of Fort Carson missed lush marshes at the bottoms of canyons but captured standing water unsuitable for supporting ecosystems.

Mapping wetlands accurately is especially important because though they cannot be used for building, they often support distinctive species of plants and animals.

So when they were at Fort Jackson, Murray and Corps colleague Bruce Pruitt took soil samples, inventoried plants and sought standing water with the aid of wildlife biologist Stanley Rikard of Fort Jackson’s Directorate of Public Works. Because Rikard knows the grounds, Murray said, he was able to take researchers to uncharted wetlands – “he started leading us to places that weren’t on any maps.”

For his part, Rikard said post wildlife biologists were “finding in a lot of cases, the maps are getting it wrong,” showing the need for what he called “ground truthing.”



**Murray and Pruitt identify wetland plant species on post. Fort Jackson is one of three installations chosen for a study to compare federal data on wetlands to actual wetlands sites.**

Fort Jackson, like other posts, uses maps created by the National Wetlands Inventory of the U.S. Fish and Wildlife Service – maps Murray and Pruitt are finding to be inaccurate in some cases. Luckily, Murray

said, the post commissioned its own wetlands map in the 1990s, one that picked up wetlands that the NWI had missed.

The Defense Department’s Legacy Project finances Murray and Pruitt’s research.

# Fort Jackson Sustainability

## EXPO

Tuesday, 16 June 2015  
0930-1330  
@ The NCO Club

### About the Expo

#### A Green Procurement Program Event

Learn more about the DoD Green Procurement Program and how your team can comply with DoD & Federal regulations & directives. The Fort Jackson Sustainability Expo will feature vendors and organizations that supply bio-preferred, recycled content, energy efficient, & water efficient products as well as "green" services. Don't miss this opportunity!

### Workshops

**Ms. Beth Martin, US Army Public Health Command** will be leading three 20 minute presentations with question & answer to help Fort Jackson groups and organizations understand their responsibilities under the DoD Green Procurement Program (GPP).

**Times: 0945, 1030, 1115**

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*If you print me, remember to recycle me!*

## RULES RESTRICT ACTIVITY DURING POLITICAL SEASON



As the political season heats up, it's important for Soldiers in uniform to remember not to endorse — or appear to endorse — particular issues, candidates or parties.

**According to Defense Department policy:**

### ★ A Soldier may:

- Register to vote, vote and encourage others to vote, but not as a representative of the Armed Forces.
- Join a political club, as long as he does not wear a uniform while attending meetings.
- Serve as an election official, as long as his service does not conflict with his official duties and as long as he does not wear a uniform. He also must receive official approval before performing such duties.
- Sign a petition for a candidate or legislative action as a private citizen.
- Write a letter to the editor of the local paper. The letter must state that the views belong only to the letter writer.
- Make political contributions — subject to certain limits — or attend fundraising activities, rallies or debates out of uniform and without implying military support for a candidate.

### ★ A Soldier may *not* :

- Participate in a campaign in uniform or in any other way that appears to offer military endorsement of an issue, candidate or party.
- Use his official authority to influence an election or solicit votes for a particular issue, candidate or party.
- Serve as an official of or sponsor a political club.
- Speak at a political gathering.
- Participate in a broadcast or other program that advocates a particular issue, candidate or party.
- Conduct an opinion survey for a candidate or political party.
- Perform clerical duties for a candidate or party.
- Solicit money for a campaign in a federal office.
- March or ride in a partisan political parade.
- Display a large political poster or banner on a personal vehicle.
- Display a political sign or banner at one's residence in post housing.
- Participate in a partisan effort to take voters to the polls.
- Sell tickets to a partisan event.
- Attend partisan events as a representative of the Armed Forces.

**If you have questions or need clarification, refer to DOD Directive 1344.10. You may find it online at [www.dod.mil/dodgc/defense\\_ethics/ethics\\_regulation/1344-10.html](http://www.dod.mil/dodgc/defense_ethics/ethics_regulation/1344-10.html).**



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ARMY BIRTHDAY BALL

**240<sup>th</sup>  
ARMY**

**BIRTHDAY**

240 YEARS OF SELFLESS SERVICE TO THE NATION

**Columbia Metropolitan Convention Center**

Cocktails at 5:00pm followed by dinner, guest speaker and entertainment by the 282<sup>nd</sup> Army Band

Theme: **Remembering VIETNAM**

Attire: Military - Mess Dress/Dress Blues

Civilian – Black Tie

Child Care available through CYS

Tickets available thru unit ticket representatives

Prices: 06+/Civilians - \$50, 04-05/E9 - \$45, WO1-CPT/E7-E8 - \$40, E6 and below - \$35

GS15 - \$50, GS13-14 - \$45, GS9-12 - \$40, GS8 and below - \$35

For more information: see your unit representative or email [james.a.karcanes.mil@mail.mil](mailto:james.a.karcanes.mil@mail.mil)

# Military Appreciation Day



Photos by ROBERT TIMMONS

Lexington County Blowfish players give baseballs to the children of Lt. Ryan Rawl after the children lobbed two of the 'first pitches' for Saturday's game. Rawl, a member of the S.C. National Guard, was killed while deployed to Afghanistan. The Blowfish recognized the Rawl family as military family of the game during Military Appreciation Day at the ballpark.



Pvt. Johnathan Noriega and other Delta Company, 2nd Battalion, 39th Infantry Regiment Soldiers wave flags during the playing of 'God Bless the U.S.A.' during Military Appreciation Day on Saturday at the Lexington County Baseball Park.

# General expresses pride during LGBT month

By **TERRI MOON CRONK**  
DOD News, Defense Media Activity

WASHINGTON – Brig. Gen. Tammy S. Smith finds the Army's current observance of LGBT Pride Month a welcome time to reflect of her own personal and professional milestones.

Now, she says, she can serve openly as a leader and member of the LGBT community. ("LGBT" stands for "lesbian," "gay," "bisexual" and "transgender.")

"The LGBT observance in 2015 is significant to DOD when you consider it was only in 2011 when someone like me would have been kicked out of the military simply for being who I was, regardless of how qualified I was in my job," said Smith, who is gay.

"The entire Defense Department is about leadership," and the theme of the current observance — leadership — "is in line with what DOD values most in uniformed individuals and civilians," Smith said.

From leadership springs diversity, she said, making LGBT Service members and LGBT civilians feel welcome in jobs where they can thrive and contribute.

"I felt that DOD leadership embraced the repeal of the 'Don't Ask, Don't Tell' policy in 2011," Smith said.

And when the U.S. Supreme Court struck down the Defense of Marriage Act in 2013, DOD officials "stepped up and said similarly situated families should be treated as families," she said.

"The LGBT observance in 2015 is significant to DOD when you consider it was only in 2011 when someone like me would have been kicked out of the military simply for being who I was, regardless of how qualified I was in my job," she said.

The first 25 years of her 29-year military career presented challenges for Smith.

Beyond the repeal of "Don't Ask, Don't Tell," Smith said, "I handled it by living a compartmentalized life. I had

## Orientation added to military anti-bias rules

The Defense Department has updated its military equal-opportunity program to protect Service members against discrimination because of sexual orientation, Defense Secretary Ash Carter announced Tuesday.

Speaking at a DOD-Pentagon Pride Month event, Carter said the department had made a lasting commitment to living the values it defended, including treating everyone equally.

"We have to focus relentlessly on the mission, which means the thing that matters most about a person is what they can contribute to it," Carter said.

He said the update "ensures that the department, like the rest of the federal government, treats sexual-orientation-based discrimination the same way it treats discrimination based on race, religion, color, sex, age and national origin."

- From DOD News reports

two sets of friends: work friends and my off-the-grid friends — members of the LGBT community. We knew who each other was, and in that world we could be who we really were."

Her two worlds could never cross, she said.

"If I saw off-the-grid friends at work, I had to walk past them and pretend I didn't know them," she said. "It would have raised questions like, 'How do you know Jones?'"

Keeping her two worlds separate was difficult and took great physical and emotional effort, Smith said.

While she felt relieved from the burden of living two lives after the 2011 repeal, Smith said she had to heal after 25 years of being unable to be herself: She had to learn new social skills, such



Brig. Gen. Tammy S. Smith

as knowing it was OK to introduce her civilian wife, Tracey Hepner, at social functions as her spouse.

"In the military, we put so much emphasis on family support," she said. "Under DADT, I couldn't share my family — the most important thing in my life."

But in 2013, when the Defense of Marriage Act fell and more doors opened to the LGBT community, Smith married Hepner and did what heterosexual military families could do, such as live on post.

Today, Smith feels that the Army accepts her for who she is, and she can share in workplace conversations about her family without hiding.

She performs outreach work, speaking to people at the installation level and sometimes at commands and other agencies.

Her audiences learn that the observance of LGBT pride isn't about orientation, she said. It's about "who we are and who our Families are."

She says of telling her own story: "I hope it validates individuals who have lived through it." She also hopes her outreach work will help DOD keep up with the rapid pace of social change.

Smith recalls Sept. 20, 2011 — the day the Army repealed "Don't Ask, Don't Tell." In the dining hall at Bagram Airfield in Afghanistan, she wanted to catch another's eye to see whether someone else was having a "completely different day," as she was.

"You know what?" she said. "I got nothing. It was just another day at Bagram ... and that was absolutely perfect."

## Army secretary says he'll quit in November

Army Secretary John McHugh has announced that he will resign Nov. 1.

"Secretary McHugh has been a tremendous public servant for decades, and he has helped lead the Army through a period of challenge and change," Defense Secretary Ash Carter said of the announcement.

"There will be much time in the coming months to appropriately celebrate his many accomplishments, but for now, I will just say that every Soldier is better off because of his hard work and vision, and so is the country."

McHugh has been Army secretary since September 2009. He has held the post longer than any other official since John Marsh Jr., who served from January 1981 to August 1989.

## Cyberattack hits Defense Department

The U.S. Office of Personnel Management has announced a recent cybersecurity incident that affected its systems and may have exposed the personal information of current and former federal employees.

According to a Defense Department news release, OPM notified federal departments and agencies — including the DOD — of the breach.

OPM will notify approximately 4 million people whose personal information may have been compromised. The notifications will be sent out through June 19 by email and U.S. mail.

OPM will offer those affected credit-monitoring services and identity-theft insurance through CSID, a company that specializes in identity theft protection and fraud resolution.

## Women recycled in Ranger School

Of 19 women who started Ranger school this year, only three remain.

The admission of women in April was part of an Army effort called "Soldier 2020," meant to allow the best-qualified Soldiers the opportunity to serve in any position if they could perform to standards.

Army Chief of Staff Gen. Ray Odierno has said that he is adamant about not changing standards for Ranger school, in order to "maintain the integrity of the Ranger Tab and what it means."

He theorized that the women were finding it tough to lead a patrol, which is something Odierno said female Soldiers had not experienced.

"Patrolling is something you learn through experience, and they just have not had the experience of doing it," he said. "So I am hoping that now as they go through and recycle that they will learn some experience, and go through."



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# Preventing vision problems in the blink of an eye

By Military Health System  
Communications Office

People normally blink about 18 times a minute. While staring at a computer — or video game or hand-held device — we blink only half as much, a situation that the American Academy of Ophthalmology says results in computer vision syndrome.

Experts agree that choosing to stare for long periods at a smartphone or video game will not cause permanent eye damage, but CVS can cause headaches, blurred vision, dry eyes, and neck and shoulder pain. Those at greatest risk for developing CVS, also known as digital eyestrain, are those who spend two or more continuous hours in front of a digital device, says the American Optometric Association. Taking regular breaks from the computer screen and improving the conditions in which we work and play on the computer can help.

“CVS is similar to a repetitive-stress issue,” says Jo Ann Egan, a registered nurse and vision care services coordinator at the Defense Department’s Vision Center of Excellence. “Really, any break from the computer will help, especially if you just get up from your desk or look away.”

The level of eye discomfort appears to

increase with the amount of digital screen use, says the optometric association, which recommends fairly simple measures to prevent or reduce vision problems associated with computer use. Taking steps to control lighting and glare on the device screen, establishing proper working distances and posture for screen viewing, and ensuring that minor vision problems are corrected properly can help, the association says.

“As a nurse, I am looking at the whole person, and I would say look at how you are using your electronic devices,” says Egan, based at Madigan Army Medical Center on Joint Base Lewis-McChord in Tacoma, Washington.

Egan recommends taking regular breaks from the computer, as well as thorough annual eye exams. During the exam, the patient should tell the eye doctor how often he or she uses a computer or other electronic device at work.

For school-age children, ever-increasing use of devices results in similar increases in CVS and eyestrain.

Egan suggests that children receive a thorough eye exam, particularly if a child has complaints or if vision problems are noted during routine pediatric vision screening.

Although more studies on CVS and its impact on children need to be done, basic



Photo by PETTY OFFICER 3RD CLASS BRIANA BROTZMAN

**Digital eyestrain can be a problem for many in the military who have jobs requiring the use of electronic displays. Here, air traffic controllers work aboard the U.S.S. Ronald Reagan.**

common sense works in the meantime, Egan says.

“Often children do not notice they are having discomfort, and they will just keep doing what they are doing,” she says. “So, having children learn good habits will help.”

An even easier rule of thumb for reducing eyestrain is the “20-20-20” rule sug-

gested by eye doctors at the ophthalmology academy, in which computer users shift their eyes every 20 minutes to look at an object at least 20 feet away for 20 seconds or more. The academy adds getting enough sleep to the list of remedies, since sleep rests and replenishes the eyes with nutrients.

# How often do you flex your spiritual muscles?

By **CHAPLAIN (LT. COL.) DAVID BOWERMAN**  
U.S. Army Public Health Command

For Soldiers, taking the Army physical fitness test twice a year is a good indicator of changes in physical fitness — the number of sit-ups and pushups performed and the 2-mile run time can increase or decrease, as can weight. These things can show progress or the need for improvement.

Physical fitness is important for accomplishing the mission and staying healthy. Whether you are a Soldier or civilian, Family member or retiree, taking stock of your health will reap great benefits.

But what about your spiritual fitness? Spirituality has to do with a person's world view, sense of morality and ethics, and sense of meaning. It is easy to confuse spirituality with religious practice, but even atheists and agnostics can be spiritual. Buddhists may not worship a god, but few would argue that they are not spiritual.

Army Regulation, 600-63, Army Health Promotion, puts it this way: "A spiritually fit person recognizes there are multiple dimensions that make up a human being and seeks to develop the total person concept. This includes enhancing spiritual fitness through reflection and practice of a lifestyle based on personal qualities needed to sustain one during times of stress, hardship and tragedy."

Spirituality is not static — it should change and deepen as we grow older.

In 1981, James W. Fowler, a developmental psychologist at Emory University and United Methodist minister, published "Stages of Faith: The Psychology of Human Development and the Quest for Meaning," in which he proposed that people go through phases in their spiritual development.

Fowler interviewed Jews, Catholics, Protestants, agnostics and atheists.

He suggested that faith develops in six stages, starting with zero (in infancy). According to Fowler, very few people achieve the highest level - stage six - but he sug-

gests that people such as Martin Luther King Jr., Mother Teresa and Mahatma Gandhi might be examples of those who did. Most of us are somewhere in the middle.

We do not have to stay at the same stage through life.

Spiritual growth will be different for each person - what works for one might not work for another - but activities such as belonging to a worship community, prayer and meditation, and deliberate study of any sacred texts from your own tradition can contribute to growth. Many people also express their spirituality through volunteerism.

You might get an idea of your own level of spiritual fitness from a source such as the Spiritual Dimension section of the Global Assessment Tool, or GAT. Soldiers have to take the GAT each year.

The "Spiritual Fitness Inventory Technical Guide 360," available from the U.S. Army Public Health Command Spiritual Health website, is another tool.

Whenever you step onto the scale or monitor your exercise, you take stock of your physical health.

Shouldn't your spiritual health be just as important?

## POST BRIEFS

### Ramadan observances to begin June 20

The observance of Ramadan will be conducted on the following dates:

- 7-9 p.m. June 20, at the Main Post Chapel
- 7-9 p.m. June 27, at the Main Post Chapel
- 7-9 p.m. July 4, at the Main Post Chapel
- 7-9 p.m. July 11, at the Main Post Chapel

The Eid-al-Fitr will be 8-10 a.m. July 17 and 18, at the Main Post Chapel.

Each unit must ensure that authorized Islamic Soldiers are transported to and from the Main Post Chapel. Point of contact this action is Chaplain (Lt. Col.) Clyde E. Scott, deputy garrison chaplain, at 751-3979.

### Three commanders to relinquish duties

The following change of command ceremonies are scheduled to take place in coming weeks:

- Col. Bryan Hernandez will relinquish command of the 165th Infantry Brigade to Col. Thomas Sheehan at

9 a.m. Friday, at Victory Field.

- Col. Jed Schaertl, commander of the 2nd Brigade, 98th Training Division, U.S. Army Reserve, will relinquish command to Col. Stephen Iacovelli at 11 a.m. Saturday, at Victory Field.

- Col. Michael Standish of the U.S. Army Recruiting Battalion Columbia will relinquish command to Lt. Col. Robert Garbarino at 10 a.m. Tuesday, at Victory Field. A reception will follow. In case of inclement weather, the ceremony will be at the Navy Reserve Center, 2620 Lee Road.

### NCO evaluation report pushed back to 2016

The debut of the new NCO evaluation report has been pushed to the new year. During an Army birthday town hall meeting with Soldiers at Fort Meade, Maryland, last week, Sgt. Maj. of the Army Daniel Dailey said the new NCOER — originally scheduled for release in October — instead would be released in 2016.

The additional time will allow for a fine-tuning of the process and procedures for tracking rater profiles, Dailey said.

## Fort Jackson Movie Schedule

3319 Jackson Blvd. PHONE: 803-751-7488

### Wednesday

"Avengers: Age of Ultron" (PG-13), 2 p.m.

"Paul Blart: Mall Cop 2" (PG), 4:30 p.m.

### Friday

"Monkey Kingdom" (G), 7 p.m.

### TICKETS

Adult: \$5.50  
Child (6-11): \$3  
3D TICKETS  
Adult: \$7.50  
Child (6-11): \$5

- Ticket sales open 30 minutes before each movie.
- Movie times and schedule subject to change without notice.

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SUNDAY, JUNE 28

U.S. ARMY MWR

Registration Cost: ★★★★★

- » Military and DBIDS Cardholders: Free
- » Fort Jackson Cycling Club Members: Free
- » Civilians: \$60 (day of event - must be accompanied by Military ID cardholder)

To register, please visit [www.fortjacksonmwr.com](http://www.fortjacksonmwr.com) and click the registration link.

Pre-register by Tuesday, June 2 and receive a free T-Shirt on race day!

Check-In/Registration:  
» Sunday, June 28 from 6:30 to 7:30 a.m. at Hilton Field Sports Complex

Race Time:  
» Sunday, June 28 at 8:00 a.m.

USA CYCLING

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

# Sweating Soldiers put their skills to the test COMpetition

By **ROBERT TIMMONS**  
Fort Jackson Leader

**SWEAT** dripped from the Soldier's brow as he struggled to lift a casualty from apart by a suicide bomb in a dark market. Gunshots rang out in the distance, but the trooper had to save his wounded buddy.

"You're going to be OK," the Soldier calmly told his fallen comrade as he wrapped the wounds with gauze in hopes of stanching the bleeding.

The life-saving procedures would save his wounded comrade if performed quickly and correctly. Fortunately, no one actually was injured because this scenario was part of a larger competition to determine the top Soldiers on Fort Jackson.

The 2015 Drill Sergeant/Platoon Sergeant/Non-commissioned officer/Soldier of the Year competition held Monday through Wednesday tested the warrior skills, endurance, knowledge and mental fortitude of Fort Jackson troops during strenuous events held around post.

"It's tough," said Staff Sgt. Chan'nel Torres-Washington, a drill sergeant with Charlie Company, 3rd Battalion, 34th Infantry Regiment. "It's one thing to train it to Soldiers, but it's a different thing when you go through your mind" when you are tired; you have to push yourself while relying on your training, she said.

The contestants agreed that being tired was part of the competition. The competition began with a physical-training test and moved on to different soldiering skills, such as weapons qualification; navigating the confidence course in hot, humid conditions; and conducting both day and night land navigation.

Day two of the competition included a 10-mile ruck march in full combat gear - helmet, body armor and weapon. The day would not end until competitors had been graded on physical-readiness training; warrior tasks and drills; and demonstrating combatives proficiency.

The final day was set aside to test the

1: Staff Sgt. George Rodriguez, a drill sergeant with Echo Company, 3rd Battalion, 13th Infantry Regiment, leaps over the first obstacle during the confidence course portion of the 2015 Fort Jackson Platoon Sergeant, Drill Sergeant, Non-commissioned officer and Soldier of the Year competition. The yearly competition pits the best Soldiers against one another to determine who is tops on post. Rodriguez navigated the course in 1 minute, 4 seconds.

2: Staff Sgt. David Schrock of 1st Battalion, 61st Infantry Regiment applies bandages to the legs of a simulated casualty at Fort Jackson's Medical Treatment Simulation Facility on Tuesday during the Fort Jackson 2015 Drill Sergeant/Platoon Sergeant/NCO and Soldier of the Year Competition. The event was one of many that tested the competitors' warrior skills, endurance, knowledge and mental fortitude.

Soldiers' mental dexterity as they sat through a stressful board in which senior leaders fired off tough questions one after another.

"The 10-mile (ruck march) took a lot out of me," said Spc. Martha McMullen of 1st Battalion, 13th Infantry Regiment as she nervously awaited her turn to evaluate a casualty. McMullen was so tired she lay back on her ruck sack, "resting her legs" before the next event started.

Some competitors found the mental and physical aspects trying, but others such as Staff Sgt. George Rodriguez welcomed the chance to test their strengths.

"It's a challenge," said the drill sergeant with Echo Company, 3rd Battalion, 13th Infantry Regiment. "We do a lot of the physical stuff all the time, so we don't have a really hard time. But it does give you the opportunity to learn things not directly related to your job skills."

Rodriguez is competing for Drill Sergeant of the Year for the first time and set the pace at the confidence course when he scooped the competition with a time of 1 minute, 4 seconds.

McMullen and Torres-Washington also found the competition to be a learning experience.

"It's a reality check," said Torres-Washington. "It's a humbling experience," because it shows where personal strengths and weaknesses lie. She found the physical parts the most difficult, since most of her physical-training goes toward instructing Basic Training Soldiers.

McMullen echoed those sentiments. "You find you can do things you didn't think you could before you started."

Competition winners were announced Wednesday, after The Fort Jackson Leader deadline.

Fort Jackson's drill sergeant, platoon sergeant, NCO and Soldier of the year will represent the post in a TRADOC competition later this year. Make sure to check out our Facebook and Twitter feeds to see who wins.

3: Staff Sgt. Ivory Ivezbizua of 3rd Battalion, 13th Infantry Regiment adjusts the uniform of Staff Sgt. George Rodriguez before he enters the final portion of the 2015 Drill Sergeant/Platoon Sergeant/NCO/Soldier of the Year Competition.

4: Staff Sgt. Monica Saldivar of Charlie Company, 128th Adjutant General Battalion examines a demonstrator's form during the physical-readiness training portion Tuesday at Darby Field.

5: Spc. Martha McMullen bends down to block out the sun as she writes a nine-line unexploded-ordnance request at Darby Field.

Photos by **ROBERT TIMMONS**





Photo by AMY WALKER, PEO C3T

**Lt. Col. Joel Babbitt, right, product manager for Warfighter Information Network-Tactical, or WIN-T, Increment 1, which manages the Army's new command post wireless capability, and a communications sergeant supporting the opposition forces, discuss how the new system will significantly decrease command post set up and tear down times, during Network Integration Evaluation 15.2 at Fort Bliss, Texas.**

## Wi-Fi makes it easier to relocate command posts

By AMY WALKER, PEO C3T  
Army News Services

FORT BLISS, Texas — During combat operations, units often change base locations to outmaneuver the enemy or avoid attack, which means the entire command post must move. By going wireless, command posts not only shed cumbersome cabling, but network setup and tear-down times drop from hours to minutes, making such jumps easier and faster.

“Wi-Fi makes the command post much more defensible,” said Lt. Col. Stephen Dail, brigade communications officer (S6) for the 2nd Brigade Combat Team, 1st Armored Division, the operational unit for the Army's Network Integration Evaluations.

Commanders actually have had to weigh the option of jumping because it could take too long to re-establish command and control, he said.

“We would start figuring out how to improve the base defenses rather than moving like we should, simply because of how long it takes just to wire everything back in, which is probably the single biggest piece of that time,” Dail said. “Command post wireless will definitely reduce that, so there is a huge advantage for us.”

Last May, the Army demonstrated an unclassified wireless command post with a battalion-sized element during Network Integration Evaluation 15.2 on Fort Bliss, Texas. Next fall, during NIE 16.1, the Army will demonstrate unclassified and classified command post wireless capability with a full-brigade main command post.

The wireless command post is expected to be fielded as part of the Army's at-the-halt network Warfighter Information Network-Tactical Increment 1.

Without the wireless capability, setting up a network in a brigade command post takes hours and requires 17 boxes of 1,000-foot CAT 5 cable, which weighs 255 pounds. The cables have to be cut, laid out, configured and plugged in. When a brigade goes wireless, network setup and tear-down drops from hours to minutes.

“Now, right after the tents go up, units can turn on the Wi-Fi ‘hotspot’ and bam! they have a LAN,” said Lt. Col. Joel Babbitt, product manager for WIN-T Increment 1, which manages the command post wireless capability. “So instead of your network coming up last, now it comes up first — meaning that instead of network communications being restored several hours after jumping to a new location, a unit has it within the first hour after arriving.

“That’s enabling maneuver. Wireless reduces a unit’s most vulnerable time period.”

During counterinsurgency operations in the past decade, the Army has developed many advanced battle systems that aid in mission command and situational awareness. Cabling those capabilities also has added to command post setup times, said Capt. Adam Braithwaite, a signal officer for the 1st Battalion, 35 Armored Regiment.

“Wi-Fi can definitely reduce the time period,” he said. “It’s important to make sure your expeditionary elements stay expeditionary. We have done two jumps so far, and we had the network established immediately before anyone even needed to use it.”



Photo by TINA MILES

**Soldiers with U.S. Army Cyber Command's 780th Military Intelligence Brigade take part in network defense training. U.S. Army Human Resources Command announced the personnel transition strategy and procedures for reclassification to Military Occupational Specialty 17C, cyber operations specialist, for active-duty Army enlisted personnel.**

## Army sets up MOS for cyber security

By **DAVID RUDERMAN**  
U.S. Army Human Resources Command

FORT KNOX, Kentucky — U.S. Army Human Resources Command has announced the personnel transition strategy and procedures for reclassification to Military Occupational Specialty 17C, cyber operations specialist.

The transition strategies apply only to Soldiers serving with the 780th Military Intelligence Brigade, 7th Cyber Brigade and Joint Force Headquarters-Cyber as privates through master sergeants; however, the reclassification process is open to all enlisted Soldiers who meet eligibility criteria.

"The Army continues to gain tremendous momentum recruiting an innovative and agile cyber workforce," said Brig. Gen. Karen Gibson, deputy commanding general, Joint Force Headquarters-Cyber, U.S. Army Cyber Command. "The reclassification decision to Military Occupational Specialty 17C, and the newly announced military personnel ... demonstrate the Army's investment in training Soldiers to combat the growing cyber threat."

Specific requirements and detailed guidance for the transition process are spelled out in MILPER 15-165.

"By the end of September, HRC will transition all approved Soldiers ... who possess additional skill identifier E6 (interactive on-net operator) to MOS 17C. These Soldiers will retain their E6 ASI," said Jim Bragg, Retention and Reclassi-

fication Branch chief in HRC's Enlisted Personnel Management Directorate.

At the same time, HRC will transition to MOS 17C all Soldiers assigned as interactive operators and access network operators; exploitation analysts; digital network exploitation analysts, cyber defense analysts and cyber security analysts; and cyber planners, he said.

"Transitioning Soldiers ... will incur no additional service remaining requirement and will not be required to recoup any enlistment or re-enlistment bonus applicable to their present term of service," said Brandon Race, SRB and Critical Skills Retention Bonus program manager with HRC's Enlisted Personnel Management Directorate Retention and Reclassification Branch.

Unit commanders will be responsible for verifying certifications, training and job qualifications of transitioning Soldiers, he said.

"In addition, promotable sergeants first class and master sergeants in those units may request a voluntary reclassification to MOS 17C. They will have to submit a DA Form 4187, personnel action, through the Army Cyber Command to the Office of the Chief of Cyber, U.S. Army Cyber School. These senior NCOs will incur an additional three-year service obligation upon reclassification; however, they will not have to recoup any type of bonus received for their current term of service," Bragg said.

Soldiers should direct questions about re-enlistment and reclassification to their servicing or installation career counselors.

## Parents may pick up registration packets now

Parents who wish to enroll their children at Pierce Terrace or C.C. Pinckney elementary schools for the 2015-2016 school year may pick up registration packets at either school this summer.

Pierce Terrace offers pre-kindergarten and first grade and Pinckney, grades two through six. The schools are on post, at 5715 Adams Court and 5900 Chesnut Road, respectively.

Each school will be open 8 a.m. to 4 p.m. daily during the summer.

Parents wishing to register their children must provide the following:

- A copy of each child's birth certificate, certified by the Department

of Vital Statistics in the state where the child was born.

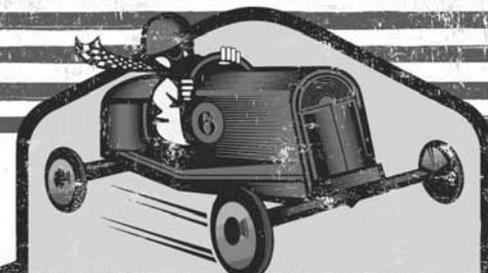
- Current orders and an ID card for a military sponsor. (If the sponsor is a step-parent, he or she must provide a copy of his/her marriage license, his/her spouse's ID card or a verified DEERS form.)

- Proof of each child's immunizations.

- A housing lease agreement or letter from post housing verifying that the child's family is on the waiting list.

To ask for more information, call Pierce Terrace at 803-782-1772 or Pinckney at 803-787-6815.





# FORT JACKSON

## SOAPBOX DERBY

AT THE PALMETTO FALLS WATERPARK PARKING LOT

SATURDAY, JUNE 27  
10 A.M. - 12 P.M.

SPONSORED BY 187TH OD BN

Rules:

1. Frame and body must be all wood construction.
2. Must have some type of brakes.
3. Gravity powered only. No pushing, pulling or pedaling.
4. Steering system must utilize rope.
5. Driver must wear protective helmet.
6. Vehicle must have 4 wheels.
7. No "James Bond" devices.
8. Car must pass safety inspection before event.

PLENTY OF TIME TO BUILD A CAR!

This is a free event.  
Open to DoD ID Cardholders.



For more information,  
call 1LT Housen at  
751-5503

FOR SOLDIERS    FOR FAMILIES    FOR RETIREES    FOR CIVILIANS

# HAPPENINGS

## CALENDAR

### Saturday

#### Army Birthday 5K Fun Run/Walk

6:30 a.m. registration, Twin Lakes Recreation Area. Free to ID cardholders and dependents. For information, call 751-3486.

#### Army Birthday Ball

5-10 p.m., Columbia Metropolitan Convention Center. Cocktails at 5 p.m., followed by dinner, guest speaker and entertainment. Tickets, \$35 to \$50, available through unit representatives.

#### Softball letters due

Letters of intent for men's, recreational and intramural league softball are due. For more information, call the sports office at 751-3096.

### Tuesday

#### Hiring Our Heroes

Fort Jackson will offer a Hiring Our Heroes job fair from 10 a.m. to 2 p.m. at the Solomon Center. The event will be open to veterans, active-duty military, Guard and Reserve members, and the spouses of active-duty Soldiers and veterans. A workshop focusing on resume-writing, tips for navigating hiring fairs, military skill translation and interviewing will start at 8:30 a.m. The U.S. Chamber of Commerce and Greater Columbia Chamber are event co-sponsors. Job seekers should register for the event at [HiringOurHeroes.org/events](http://HiringOurHeroes.org/events).

#### Fort Jackson Sustainability Expo

9:30 a.m. to 1:30 p.m., NCO Club. Learn how to comply with Defense Department "green" regulations and directives. For information, contact [tameria.m.warren.ctr@mail.mil](mailto:tameria.m.warren.ctr@mail.mil) or [sgreenspan@fdaexpo.com](mailto:sgreenspan@fdaexpo.com).

### June 21

#### Fathers' Day Brunch

11 a.m. to 1:30 p.m., Officers' Club, 3630 Semmes Road. \$14.95, members; \$19.95, nonmembers; \$6.95, children. Call 751-4906 for information.

### June 23

#### Professional Mentorship Network luncheon

11:30 to 1 p.m., NCO Club. Lunch, \$10.50 per person. RSVP with Ms. Ferguson at [bessie.b.ferguson.civ@mail.mil](mailto:bessie.b.ferguson.civ@mail.mil) or 803-751-8187.

### June 27

#### Natural Bodybuilding and Figure Competition

For information about getting into shape before the competition, call Pam Long at 751-3700.

### July 28

#### Professional Mentorship Network Luncheon

11:30 to 1 p.m., NCO Club. Lunch is \$10.50

per person. RSVP with Ms. Ferguson at [bessie.b.ferguson.civ@mail.mil](mailto:bessie.b.ferguson.civ@mail.mil) or 751-8187.

### June 28

8 a.m., Hilton Field, Support the Fort Fun Ride. Free to cardholders, Fort Jackson Cycling Club members. All riders must wear helmets and be at least 12 years old. The event will be held rain or shine. To register, visit [www.fortjacksonmwr.com](http://www.fortjacksonmwr.com) and click the registration link. Check-in registration at 6:30-7:30 a.m. the day of the ride.

### June 30

Letters of intent for golf are due for the season, which will begin July 14. Intramural and recreational teams are needed. For information, call Eric at the golf course, 803-787-4437, or the sports office at 751-3096.

### July 3

8 a.m. at Hilton Field, Independence Day 5K fun run/walk, bike ride and duathlon. Participants may take part in one or both. Register at [www.fortjacksonmwr.com](http://www.fortjacksonmwr.com), or call 751-3096 for more information.

Information is subject to change. Visit the community calendar at <http://jackson.armylive.dodlive.mil/> for a full listing of calendar events.

## ANNOUNCEMENTS

### CIF CLOSURE

The Central Issue Facility will be closed for its semi-annual inventory Monday through Friday next week. Personnel scheduled to depart during that period must call CIF at 751-6524/2870/2739 to schedule an out-processing appointment as soon as possible. CIF will handle emergencies during that time. Emergencies do not include direct exchange, in-processing, routine transactions or out-processing. CIF will resume normal operations June 22.

### BOSTON MARKET EMPLOYMENT

The Exchange is looking for food-service workers for Boston Market, which will open this summer. Wages start at \$8.61 an hour. To apply, visit [applymyexchange.com](http://applymyexchange.com).

### SCHOOL NEWS

South Carolina requires all rising seventh-graders to receive booster shots against tetanus, diphtheria and whooping cough by the start of the 2015-16 school year. For information, call 785-2698.

### THRIFT SHOP NEWS

■ The Thrift Shop will be closed the first two weeks of July and will reopen on Tuesday, July 14.

■ Consignors are eligible for the Thrift Shop's layaway and credit program.

### COMMISSARY NEWS

■ Visit [www.commissaries.com](http://www.commissaries.com) for the latest news, to see what is on sale, to

create a shopping list and more. To access the latest sales flyer, click on "Sales and Events" in the "Shopping" tab. The "Savings Aisle" allows visitors to see every product on sale after selecting a specific store. Shoppers also may find advice and recipes under the "Healthy Living" tab.

■ The Commissary rewards card allows shoppers to use digital coupons at any commissary. For information, visit [www.commissaries.com/rewards/index.cfm](http://www.commissaries.com/rewards/index.cfm).

## HOUSING

### MAYORS NEEDED

The Mayoral Council is looking for volunteers to serve as mayors for the Fort Jackson housing communities. Being a part of the council allows volunteers to make suggestions to improve the quality of life on post. Mayors will receive credit for volunteer hours and receive training. Free child care is available for those fulfilling mayoral duties. Positions are available in Pierce Terrace 1, 2 and 3, and Howie Village. For information, contact Vickie Grier at [usarmy.jackson.imcom-atlantic.mbx.fort-jackson-dpw-housing@mail.mil](mailto:usarmy.jackson.imcom-atlantic.mbx.fort-jackson-dpw-housing@mail.mil).

### POOL REMINDER

All wading pools must be emptied and properly stored after use. The only pools permitted on post are small wading pools no larger than 6 feet in diameter and 1-foot deep. Pools are permitted in backyards only.

### RECYCLING AND TRASH

All trash must be placed in the provided containers or in plastic bags. Recycling items are to be placed in the blue bins provided. No trash of any kind may be put out before 7 p.m. the evening before scheduled pickup. All containers must be pulled from the curb and properly stored on the day of collection. To learn your pickup date, call 738-8275

### HOUSING SEMINARS

The Fort Jackson Housing Services Office seeks suggestions for a series of housing seminars to be offered during the lunch hour, from 11:30 a.m. to 1 p.m., and/or after-duty hours — 6 to 8 p.m. Possible topics include homeownership, short sales, buying distressed properties, selling your own house and home inspections, and will be geared for tenants and landlords. Contact [usarmy.jackson.imcom-atlantic.mbx.fort-jackson-dpw-housing@mail.mil](mailto:usarmy.jackson.imcom-atlantic.mbx.fort-jackson-dpw-housing@mail.mil) with ideas.

### RECYCLING

Recycling pickup comes on Wednesday each week — only if residents put only recyclable items in the recycling bins.

### REFER A FRIEND

Anyone living in Balfour Beatty Communities will earn a \$500 off next month's rent for referring a friend who moves in. For information, call 803-738-

8275.

■ Residents who leave Fort Jackson's Balfour Beatty Communities for another post can receive \$100 off housing if they stay with Balfour Beatty. Call 738-8275 for a list of locations.

■ Balfour Beatty Communities encourages each resident to complete a comment card after moving in, moving out or other interaction. Doing so makes one eligible for a \$100 monthly drawing.

## SUBMISSION GUIDELINES

Send all submissions to [FJLeader@gmail.com](mailto:FJLeader@gmail.com).

Deadline for events to be included in Happenings is one week before publication. Include the time, date and place the event will take place, as well as any other information you might deem necessary.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to publish an article for the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible. With any photo you submit, include IDs — including rank, unit and first and last names.

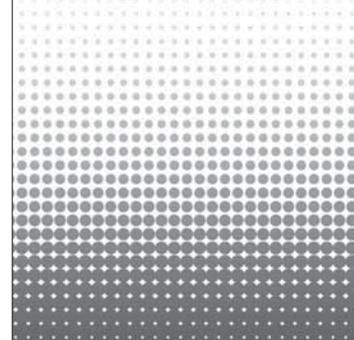
Questions? Call 751-7045.



## Fort Jackson Leader

4 min. · Fort Jackson, SC

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# Soldiers, Families spruce up state park

By **CAPT. J.B. BRANSON**  
*1st Battalion, 34th Infantry Regiment*

Soldiers from Fort Jackson's 1st Battalion, 34th Infantry Regiment recently helped the S.C. Department of Parks and Recreation complete an outdoor classroom at Sesquicentennial State Park.

Twenty-five Soldiers and several spouses and children worked with park rangers to complete the construction of the pavilion/classroom, and clean up debris.

Thousands of Columbia schoolchildren will use the classroom every year during field trips. Park rangers will teach the children about the park, the outdoors and nature.

Boy Scouts also will use the pavilion during camping trips.

Sesquicentennial park manager Susan Spell and several rangers met with the Soldiers of the 1-34th the morning they were to work, giving them a tour of the park and explaining the park history.

The Civilian Conservation Corps, a public-works relief program during the Depression, built the park in the 1930s. The CCC created jobs and offered relief for unmarried men as part of President



*Photo by STANLEY RIKARD*

**Staff Sgt. Kishon Wright of the 1st Battalion, 34th Infantry Regiment works with other Soldiers and Family members to clear the area around a new education pavilion at Sesquicentennial State Park.**

Franklin Roosevelt's New Deal. Many of those who built the park eventually were drafted into the Army during World War II.

It was an honor for Soldiers of the 1-34th to be part of a tradition of Soldiers who have added to our public parks.

Carrying what tools we could scavenge from our garages, we set out to build a roof and sides for the structure. Some of us dug holes and set benches in place; others grabbed axes and chain saws to cut up debris and haul it away.

Soldiers' experience with construction varied, but with the help of a knowledgeable park ranger, we got the job done. By the time we left, it looked great and was ready to be use.

As an added bonus, the Soldiers conducted a lunchtime barbecue at the park. We got to spend time building camaraderie amongst the 1-34th team.

Because we are Soldiers, our lives are spent protecting our country and our homes from enemies. Frequently, our jobs involve destruction - but once in a while, we get the chance to build something that will last for years and bring happiness and value to our community.

Like the Army, the Department of Parks and Recreation has budget constraints. This project was completed only as a result of our labor and outside donations for materials.

It was a great experience to be part of this project and give back to Columbia, which gives so much to its Soldiers.

## Saluting this BCT cycle's honorees

DRILL SERGEANTS OF THE CYCLE. Photos by OITHIP PICKERT, Public Affairs Office

### Drill Sergeants of the Cycle for June 4



**Staff Sgt.**  
**John C. Berry**  
Company A  
2nd Battalion,  
60th Infantry Brigade  
**HONOR GRADUATE  
OF THE CYCLE**  
Pvt. Mitchell T. Bostrom

**STUDENT LEADER  
OF THE CYCLE**  
Pvt. Tylia G. Higgins

**HIGH APFT SCORE**  
Pvt. Hilary C. Holdaway

**HIGH BRM**  
Pfc. Korey M. Binder



**Staff Sgt.**  
**Danielle S. Smith**  
Company B  
2nd Battalion,  
60th Infantry Brigade  
**HONOR GRADUATE  
OF THE CYCLE**  
Pvt. Riley L. Keith

**STUDENT LEADER  
OF THE CYCLE**  
Pfc. Justin O. Frandsen

**HIGH APFT SCORE**  
Pfc. Rene M Abellanosa

**HIGH BRM**  
Stephan T. Sripol



**Sgt. 1st Class**  
**Gregory S. Brooks**  
Company E  
2nd Battalion,  
60th Infantry Brigade  
**HONOR GRADUATE  
OF THE CYCLE**  
Pvt. Kaitlyn T. Robertson

**STUDENT LEADER  
OF THE CYCLE**  
Pvt. Michael J. Baker

**HIGH APFT SCORE**  
Pvt. Mario L. Sanabria

**HIGH BRM**  
Pvt. Michael D. Boro



**Staff Sgt.**  
**Brisco Sumrall**  
Company B  
Lightning Battalion

**HONOR GRADUATE  
OF THE CYCLE**  
Spc. Michael Cruz

**STUDENT LEADER  
OF THE CYCLE**  
Spc. Clayton Rethlake

**HIGH APFT SCORE**  
Spc. Julian Miranda

**HIGH BRM**  
Pvt. Collin Rollins

### Drill Sergeants of the Cycle for June 11



**Sgt. 1st Class**  
**Joshua Smith**  
Company C  
3rd Battalion,  
34th Infantry Regiment  
**HONOR GRADUATE  
OF THE CYCLE**  
Pfc. Ian Rubi

**HIGH APFT SCORE**  
Pvt. Tim J. Cox

**HIGH BRM**  
Pfc. Connor J. Horvath



**Staff Sgt.**  
**Mirinda Singmanichanh**  
Company D  
3rd Battalion,  
34th Infantry Regiment  
**HONOR GRADUATE  
OF THE CYCLE**  
Sgt. Timothy E. Rodriguez

**HIGH APFT SCORE**  
Pvt. Andrea Bertarello

**HIGH BRM**  
Pvt. Eric S. Frasher



**Staff Sgt.**  
**Benito Cruz**  
Company E  
3rd Battalion,  
34th Infantry Regiment  
**HONOR GRADUATE  
OF THE CYCLE**  
Pvt. Jaline Soliz

**HIGH APFT SCORE**  
Pfc. Carlos Irazarry

**HIGH BRM**  
Pvt. Joshua D. Smith



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# WORSHIP SCHEDULE

## ANGLICAN/LITURGICAL

**Sunday**  
8:30 a.m., worship, Bayonet Chapel  
(Communion observed every Sunday.)

## CHURCH OF CHRIST

**Sunday**  
11:30 a.m., worship, Anderson Street Chapel

## ISLAMIC

**Sunday**  
8-10 a.m., Islamic studies, Main Post Chapel

**Friday**  
12:45-1:30 p.m., Jumah services, Main Post Chapel

## JEWISH

**Sunday**  
■ 9:30-10:30 a.m., worship, Memorial Chapel  
■ 10:30-11:30 a.m. book study, Post Conference Room

## LATTER-DAY SAINTS

**Sunday**  
9:30-11 a.m., worship, Anderson Street

Chapel

**Wednesday**  
■ 3-5 p.m., LDS family social, Anderson Street Chapel  
■ 7-8 p.m., LDS scripture study, Anderson Street Chapel

## PROTESTANT

**Sunday**  
■ 9 a.m. service, McCrady Chapel (SCARNG), McCrady Training Center  
■ 9:30 a.m., Hispanic service, Magruder Chapel  
■ 9:30 a.m., service, Main Post Chapel  
■ 9:30 a.m., Chapel Next Bible study, Bayonet Chapel  
■ 10:30 a.m., gospel worship service, Daniel Circle Chapel  
■ 10:45 a.m., Sunday School, Main Post Chapel  
■ 11 a.m., service, Memorial Chapel  
■ 11 a.m., Chapel Next, Bayonet Chapel  
■ 5-6:30 p.m., youth group, Chaplain Family Life Center

**Monday**  
7 p.m., men's Bible study (PMOC),

Chaplain Family Life Center

**Wednesday**  
7 p.m., gospel Bible study, Daniel Circle Chapel

**Thursday**  
11:45 a.m. to 12:30 p.m., Fresh Encounter Bible study, Chaplain Family Life Center

## ROMAN CATHOLIC

**Sunday**  
■ 7:30 a.m., Sacrament of Reconciliation, Solomon Center  
■ 8 a.m., Mass, Solomon Center  
■ 10:30 a.m., Reconciliation (after Mass or by appointment), Main Post Chapel  
■ 11 a.m., Mass, Main Post Chapel

**Monday through Thursday, first Friday**  
11:30 a.m., Mass, Main Post Chapel

**Wednesday**  
7 p.m., recitation of the Rosary, Main Post Chapel

## ADDRESSES, PHONE NUMBERS

**Anderson Street Chapel**,  
2335 Anderson St., 751-7032  
**Bayonet Chapel**,  
9476 Kemper St., 751-6322/4542  
**Chaplain Family Life Center**  
5460 Marion Ave. (to the side of the POV lot), 751-4961  
**Daniel Circle Chapel**, 3359 Daniel Circle (corner of Jackson Boulevard), 751-1297/4478  
**Education Center**, 4581 Scales Ave.  
**Installation Chaplain's Office**, 4475 Gregg St., 751-3121/6318  
**McCrady Chapel (SCARNG)**, 3820 McCrady Road (at McCrady Training Center)  
**Magruder Chapel**, 4360 Magruder Ave., 751-3883  
**Main Post Chapel**, 4580 Scales Ave. (corner of Strom Thurmond Boulevard), 751-6469/6681  
**Memorial Chapel**,  
4470 Jackson Blvd., 751-7324  
**U.S. Army Chaplain Center and School**,  
10100 Lee Road  
**Warrior Chapel (120th AG Bn.)**, 1895 Washington St., 751-5086/7427



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