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THE FORT JACKSON LEADER

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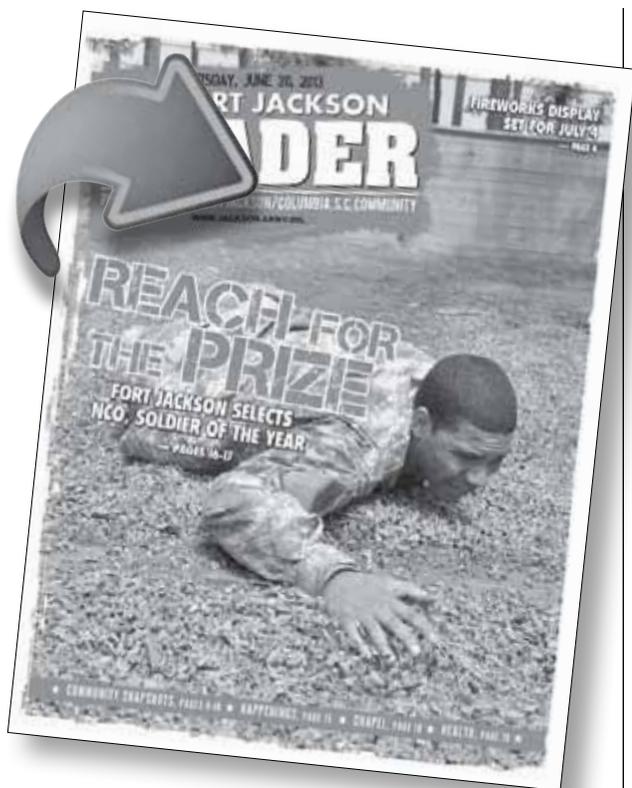
**FIREWORKS DISPLAY
SET FOR JULY 4**
— PAGE 4

REACH FOR THE PRIZE

**FORT JACKSON SELECTS
NCO, SOLDIER OF THE YEAR**

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ON THE COVER

Photo by WALLACE McBRIDE

Spc. Shane Jackson reaches for the finish line at the end of the Fit to Win obstacle course. Jackson is among the Soldiers taking part this week in the NCO/Soldier of the Year competition. **SEE PAGES 16-17.**



Fort Jackson, South Carolina 29207

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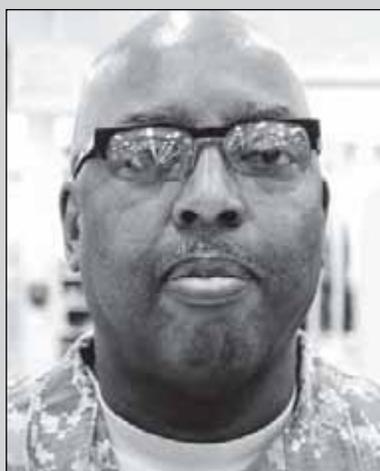
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FORT JACKSON TALKS BACK

'How are you planning to celebrate Independence Day this year?'



**Sgt. 1st Class
Earl Woodberry**
ROTC instructor

I am a ROTC instructor and so I usually try to get the cadets involved in an activity for the Fourth of July. My Junior ROTC cadets and I will be marching in the Fourth of July parade in a town called Alvin, S.C.



1st Lt. Robert Ayers
Third Army/ARCENT

I will be heading out to Kuwait pretty soon and so I will be spending the Fourth of July in Lake Tahoe, Calif.



Robbie Wells
American Legion

I am the commander for Post 28 American Legion in Spartanburg, and we will be having a grand opening for our outside pavilion on the Fourth of July. We have a 320-member post there, and so we are hoping for maximum participation. We are really excited about it.



Edilyn Wallsmith
AAFES

My family and I will be going camping in Charleston. There will be lots of family and friends with us.



Kathy Johnson
Family member

We are probably going to get some fireworks and have a barbecue at the house. (We will) probably come out here and look at the fireworks display here on post.



1st Sgt. Muriel Arroyo
NCO Academy

I plan to go camping with my Pinoy family. There will be about eight families going camping with us; most of us are active, retired (military) and we have lots of little babies and children coming with us, so it's going to be a great time for us.

CORRECTION

An announcement on Page 11 in last week's paper should have stated that the Commissary will be closed Tuesdays in addition to Mondays, starting July 9 throughout the duration of the furlough period.

Frequencies conflict with garage openers

Leader Staff Report

Some people using garage door openers near Fort Jackson may experience problems with their remotes as local military radio systems are scheduled to transition to a new frequency range next week.

Garage door openers operate on "unlicensed basis" within the Federal Communications Commission regulations on radio frequencies, known as FCC Part 15 rules. Because garage door openers operate as FCC Part 15 unlicensed devices, users must accept any interference that may occur from the authorized users of radio frequencies.

Some manufacturers of garage door openers, deeming that their risks of interference are generally low, have chosen to operate on frequencies between 380 MHz and 399.9 MHz that have been reserved for the government and military services since World War II. DoD and the military are fully authorized to use these frequencies, particularly for

land mobile radio, or LMR, systems that are necessary for force protection, law enforcement, firefighting, transportation management, and emergency medical first responders on military bases and installations.

LMRs used by the military at Fort Jackson and around the world are transitioning to use new frequencies, often the same frequency range used by some unlicensed consumer devices, such as garage door openers. This gradual transition began in 2004.

Consequently, some consumers located near military bases may occasionally experience radio frequency interference to their garage door openers which can temporarily reduce the operating range of the wireless controls or cause the wireless control to stop functioning. This interference will not cause the garage doors to open or close by themselves, but rather they will temporarily not operate wirelessly. However, the installed hard-wired controls inside or outside of the garages will not be affected by radio frequency interference

and will continue to electronically open and close the doors normally.

According to news reports, during recent tests of the radio system at Fort Gordon, Ga., residents as far away as 15 miles experienced some problems with their garage door remotes.

Other wireless devices operating on the same frequency may also be affected.

According to FCC Public Notice DA 05-424, dated Feb. 15, 2005, garage door opener manufacturers stand ready to help consumers resolve any interference to their systems, including, in some cases, making available for consumer purchase, a replacement transmitter and receiver to operate on a different frequency than that used by government or military services and mobile radio systems.

Consumers who experience problems with garage door openers should contact the manufacturer or local repair shops for assistance or call the FCC Call Center at 1-888-225-5322..

Post bids farewell

Brig. Gen. Peggy Combs, Fort Jackson's commanding general, presents Sean O'Brian with a certificate for 30 years of federal service during a farewell luncheon for O'Brian Tuesday at the NCO Club. O'Brian leaves Fort Jackson after having served for 10 years as the installation's safety director to attend the U.S. Army War College in Carlisle, Pa.

Photo by DAVID SHANES, command photographer



Furloughs to reduce gate hours

Leader Staff Report

Fort Jackson will have new gate hours beginning July 8 as the federal civilian workers furlough period begins.

The furlough period will begin July 8 and end Sept. 30. During the furlough period, civilian employees will experience one furlough day per week.

The pending furloughs further reduce the number of security guards, which requires that gate hours of operation be altered through September.

Fort Jackson Gate Hours (starting July 8)

Gate 1	5 a.m. to 1 p.m.inbound and outbound traffic, Monday through Friday 3:30 to 6 p.m.outbound traffic, Monday through Friday Closedweekends
Gate 2	Around the clock, seven days a week Commercial traffic on weekends only.
Gate 4	5 a.m. to 8 p.m.Monday through Friday Closedweekends Commercial traffic must use Gate 4 on weekdays.
Gate 5	closed



News and Notes

COMMISSARY CLOSING ON TUESDAYS

As a result of upcoming furloughs, the Fort Jackson Commissary is scheduled to be closed Tuesdays in addition to its regular Monday closure, starting July 8 until the end of the furlough period.

BODYBUILDING COMPETITION SET

Fort Jackson's annual bodybuilding/physique and figure competition is scheduled for 6 p.m., Saturday at the Solomon Center. The event offers competition in men's bodybuilding, women's physique, women's figure and masters division. Admission is free. For more information, call 751-5768.

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for "Fort Jackson Leader."

July 4 celebration on tap

Leader Staff Report

Fort Jackson's annual celebration of America's independence is scheduled for 9 p.m., July 4, at Hilton Field.

This year's ceremony features music by the 282nd Army Band, a display by Soldiers in period uniforms and a 20- to 30-minute fireworks display. Attendees are asked to deactivate car alarms because the concussion from the fireworks may trigger them.

Gary Taylor, special events coordinator for Family and Morale, Welfare and Recreation, said he expects a great fireworks show.

"We're doing it a different way this year," Taylor said. "It will probably be a little better than last year, if you ask me."

Taylor said the event usually attracts between 20,000 and 30,000 people to post each year.

Fort Jackson's neighbors are invited to share in the evening's festivities, and should plan to arrive early for the best seats and parking.

Access to the installation may be

through Gate 2 (Forest Drive/Strom Thurmond Boulevard), Gate 4 (Percival/Boyden Arbor roads) or Gate 5 (Leesburg Road).

Everyone must possess a valid state or government issued identification card for entry. The vehicle's driver must possess a valid driver's license, valid proof of insurance and a valid registration. Once entering the installation, drivers should follow signs and the instructions given by traffic control personnel.

Motorcycle riders must also conform to Department of Defense regulations to enter the post and requirements include: wear of a DOT approved helmet, full-fingered gloves, over the ankle boots, long-sleeved shirt/jacket and reflective vest or clothing.

Anyone planning to attend the festivities should arrange to arrive early to ensure the best seating and to avoid being turned away at the last minute. Additionally, all visitors should be aware that random vehicle searches will be conducted at the gates.

At 8:45 p.m. gates 1, 4 and 5 will become exit only to facilitate the timely

exit of vehicles following the fireworks. Gate 2 will allow entry to the post, but late arrivals will be directed to a parking lot where the fireworks display will be visible, however late traffic will not detract from the festivities.

Food and drink concessions will be available at Hilton Field starting at 4 p.m. Pets, grills, alcoholic beverages, firearms and personal fireworks are not permitted, and coolers are discouraged in the bleachers.

Bleacher and main grandstand seating are available and guests may bring lawn chairs and blankets for use on the field. The softball complex will be open to families with small children and will feature games, crafts and carnival type rides.

The evening's festivities will conclude at approximately 10 p.m. On leaving Hilton Field guests are encouraged to pay close attention to departure directions as traffic routes to the various gates will be tightly controlled and once a vehicle is on a specific gate route, there will be no means to take a different route.

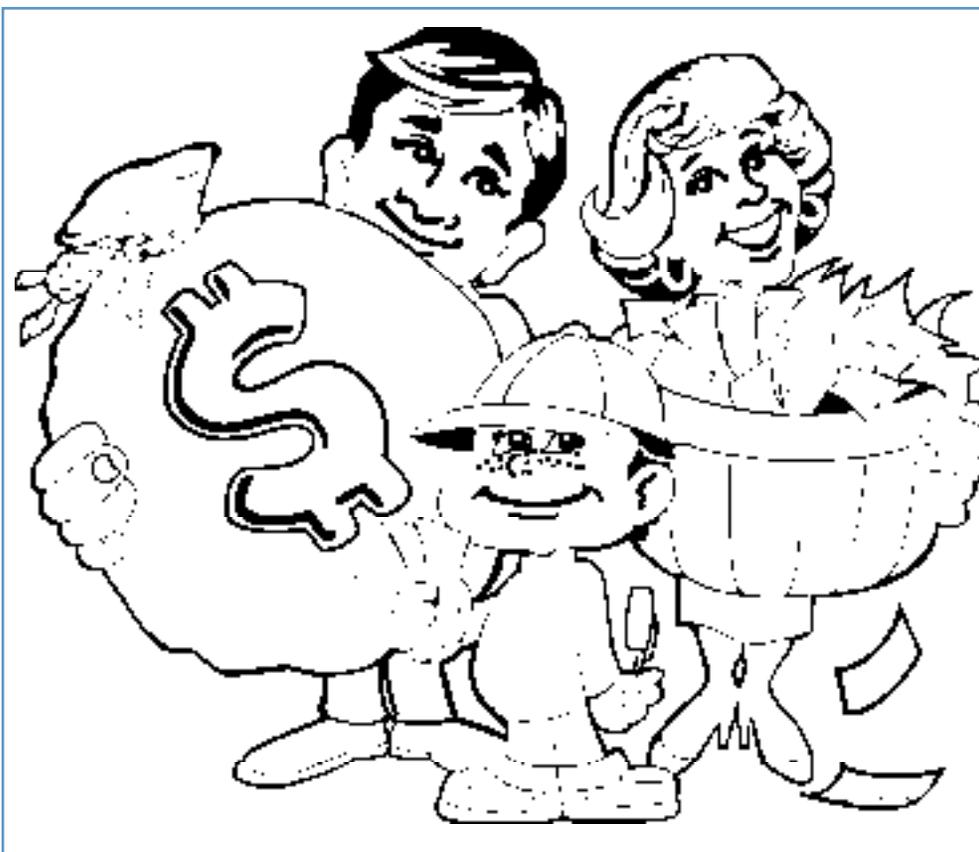
Making your children financially literate

For many parents, one of the tensest times comes when children venture out and become financially independent. Are they able to manage their money and pay bills on time? Are they resisting the temptation to apply for every credit card offered to them? Do we need to send them money? But the real question is: What did you do to prepare your children to handle their financial challenges?

When do we start teaching our children about money? As early as possible. Before they are 5, your children should understand that dad or mom goes to work to earn money, and that it takes money to buy things the family needs. Explain the differences between wants and needs along and practice delaying gratification, for example by saying, "We cannot buy that today because we do not have enough money, but if we save our money we can buy it next time." As children start learning these concepts, you can start providing a small monetary allowance. The general guidelines are 50 cents to \$1 weekly per year of age.

Before turning 10 your children should understand how to save money, make smart shopping choices and the importance of identity protection. As your children receive their allowance, you should introduce the concept of savings, sharing and spending. You can use three small clear containers labeled savings (the money can be deposited in a savings account weekly or monthly), sharing (children can select an organization to make a cash donation) and spending (to purchase items they want) and explain the differences among the three. While out shopping spend time reviewing prices (price comparison) and explain your logic for purchasing one product over the other. Begin discussing the importance of not divulging personal information such as birthdate, address, phone number, the school they attend, etc. to strangers in person or online.

Before your children are 15, begin to explain the concept of compound interest (the earlier you begin to save, the more you will make — your money will grow faster). You can use an online investment calculator to show them the difference between saving \$50 per month, starting at age 12, compared



FINANCIAL ADVICE

By SHAWN SMITH
Army Community Services
Financial Readiness

to starting at age 25. This will also give you the opportunity to explain how investments work. Also, start explaining the differences between a debit card and a credit card as well

as how and when they should be used. One major point is to avoid using a credit card if you have the cash available to make the purchase. Discuss what your children can expect when they receive their first paycheck (deductions for taxes, portion set aside for savings, etc.). This would also be a great time to discuss college and the cost of attending and options for paying tuition.

When your children are between 16 and 18, start having conversations about employee retirement options and Roth IRA, the importance of building an emergency fund (at least three months worth of living expenses), and health and dental insurance. Re-emphasize the

use of credit cards. This is the critical time when children are preparing to leave home and will be legally responsible for their own finances.

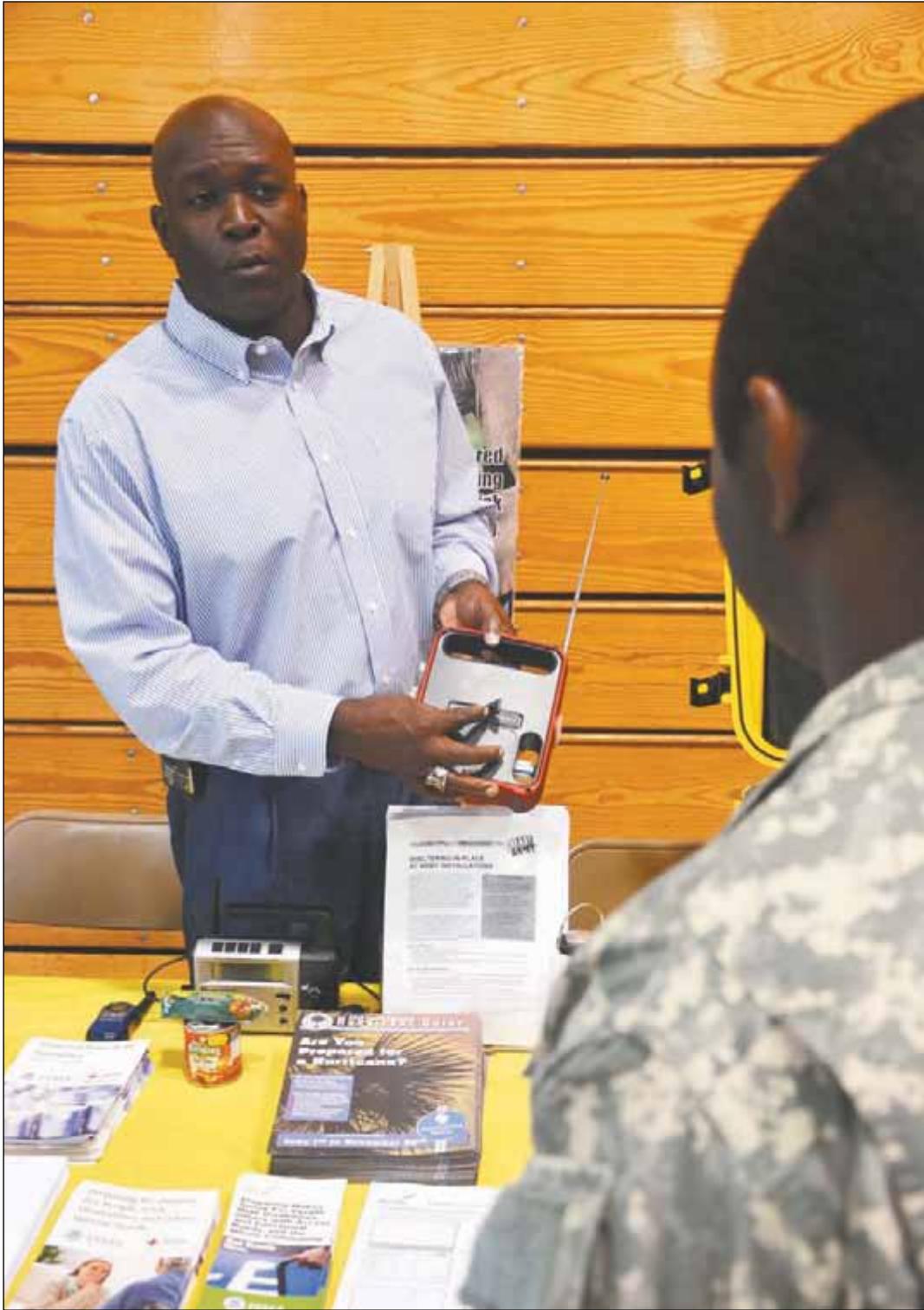
Every lesson you have provided enables them to make smart choices and live within their means. Taking those few minutes to plant the seeds of financial literacy in your school-age children and nurturing those seeds throughout their pre-teen and teen years will provide a ripe financial foundation that young adults need to navigate their way during challenging economic times.

Volunteers recognized

Third Army/ARCENT recognized 26 military and civilian volunteers during a semi-annual volunteer award ceremony held at Shaw Air Force Base and streamed live throughout the U.S., Middle East and other location within Third Army/ARCENT's area of operations.

Photo by
SPC. SHARMAIN BURCH,
Third Army/ARCENT





Photos by ANDREW McINTYRE

Stressing safety

The U.S. Army Garrison Fort Jackson conducted its annual Safety Symposium Tuesday at the Solomon Center. The daylong event emphasized various safety-related issues, including road safety to emergency management. Left, R.J. Frazier, Fort Jackson's all-hazard emergency manager, speaks to Sgt. 1st Class Malcolm McCallum about various safety items to have on hand in case of an emergency. Above, A South Carolina Highway Patrolman demonstrates what happens if a car rolls over and the passengers are not wearing seat belts. Bottom left photo, from left, Christina Derienzo, Rebekah Prosceno and Emily Marr, all with the Palmetto Poison Center, discuss the importance of securing a child car seat with 1st Lt. Timothy Patton. Bottom right photo, Staff Sgt. Joshua Kelly receives information from an American Red Cross representative.



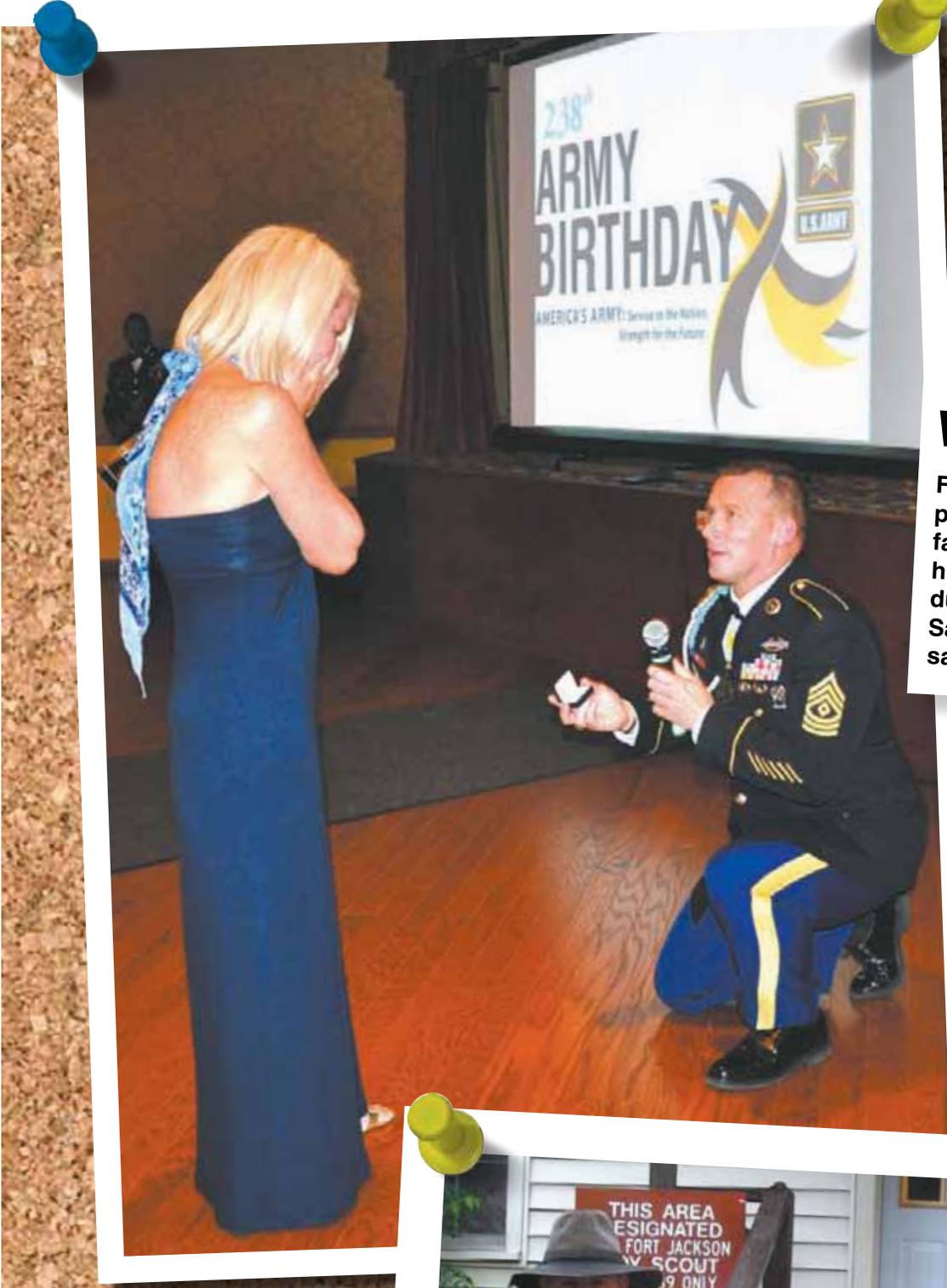
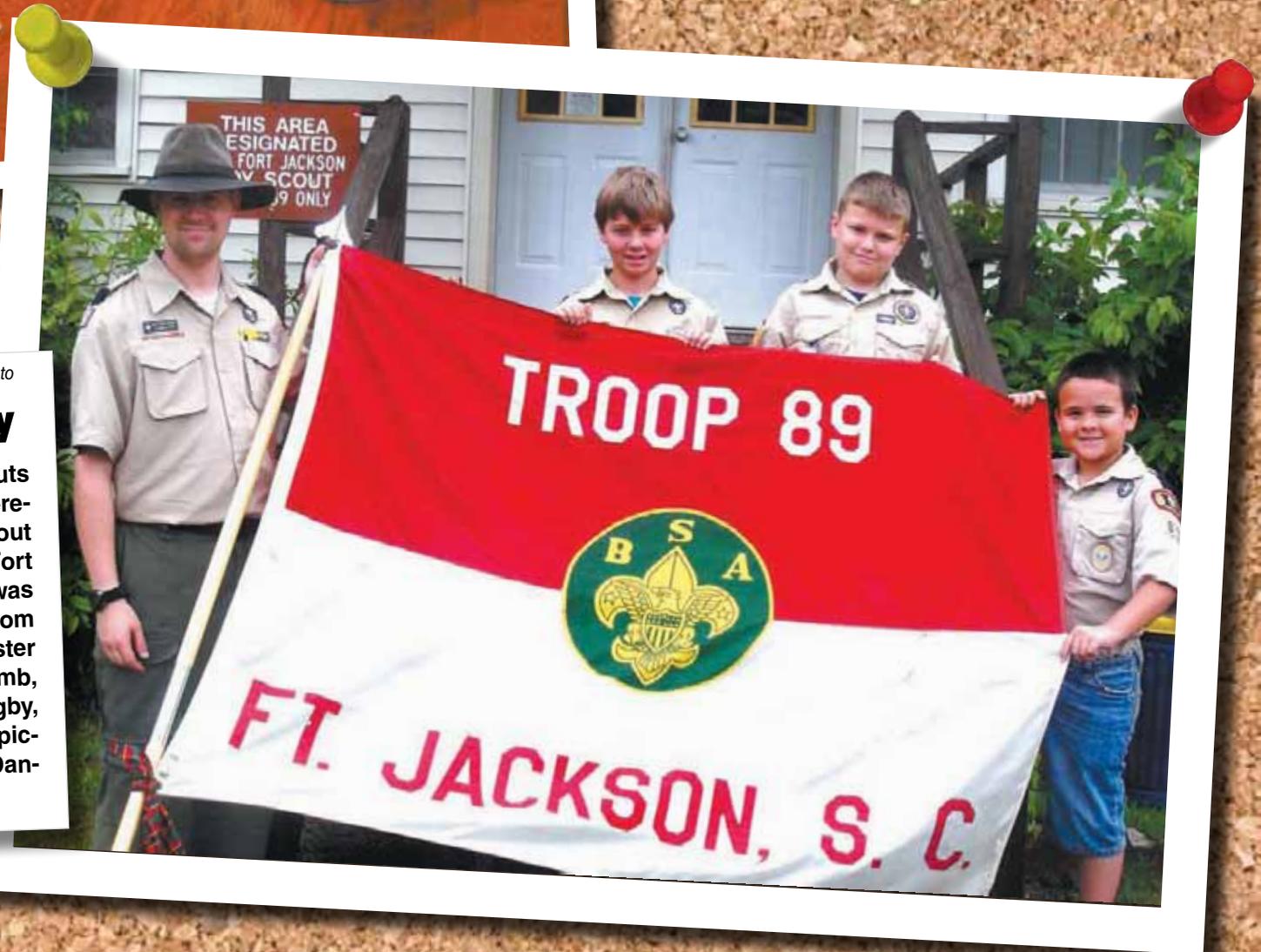


Photo by DAVID SHANES,
command photographer

Will you?

First Sgt. Daniel Webster, Company A, 1st Battalion, 13th Infantry Regiment, proposes to his girlfriend, Malinda Stephens, during the Army Birthday Ball, Saturday at the NCO Club. She said, 'Yes.'



Courtesy photo

Crossover ceremony

Five Webelos became Boy Scouts during a recent crossover ceremony of Fort Jackson Cub Scout Pack 89. By crossing over, Fort Jackson's Boy Scout Troop 89 was re-activated. Pictured are, from left, Matthew Ewers, scout master for both troops, Samuel McLamb, Jakob Rhoads and Karson Rigby, all of whom crossed over. Not pictured are Jeremiah Berry and Daniel Nelson.

Photo by PETTY OFFICER FIRST CLASS FREDDIE BECK,
Navy Operational Support Center

Patriotic flag

Former New England Patriots tight end and South Carolina native Willie Scott, right, presents Chief Petty Officer David Hensley with a flag that was flown above Gillette Stadium during a ceremony at the Navy Operational Support Center. The flag was a retirement gift to Hensley, a Columbia native and lifelong Patriots fan, who retired after more than 21 years of service. The flag was flown above the stadium April 9 and above the NOSC May 27, which was Memorial Day.



Courtesy photo

Safety first!

Col. Mark Bieger, second from left, commander of the 171st Infantry Brigade, presents Headquarters and Headquarters Company, 187th Ordnance Battalion with the streamer for excellence in safety.

Army outlines plan for integrating women into combat units, MOSs

By C. TODD LOPEZ and JULIA HENNING
Army News Service

WASHINGTON — No later than Jan. 1, 2016, women will be able to apply to all military occupational specialties, and to all Army units, across the total force.

“The Army is very excited about the approval of our implementation plan to move forward,” said Maj. Gen. Howard Bromberg, Army G-1, during a multi-service briefing in the Pentagon Tuesday.

Bromberg and representatives from the Marine Corps, Navy, Air Force and Special Operations Command explained how they would implement their specific plans to integrate women into all areas of military service.

The Army’s plan, like the plans from other services, include first opening closed units to women, and then opening all closed military occupational specialties, or MOSs, to women.

CLOSED UNITS

Today in the Army, some combat units at battalion level and below are still closed to women. One of the first steps the Army will take is to open those closed units. This step will not involve opening closed MOSs to women, but rather, opening closed units to allow women to serve there in MOSs that are already open to both genders.

Already, the Army has made headway in this area, Bromberg said.

In 2012, the Army opened 14,000 positions in closed units to female Soldiers with the elimination of the “co-location restriction” through its “Exception to Policy” program. Women were assigned to maneuver battalion headquarters in nine brigade combat teams, known as BCTs, as an exception to the Direct Ground Combat Definition and Assignment Rule.

This year, the Army has already signaled its intent to open an additional 6,000 positions within closed units. The Army will accomplish that by opening up an additional eight active-duty BCTs to women — for a total of 17; nine Army National Guard BCTs; and also positions within special operations aviation.

In a plan submitted to the secretary of defense in April, Secretary of the Army John McHugh spelled out the details of the Army’s way ahead to integrate women into closed units.

The Army will continue to open positions in closed units, initially within the headquarters of combat arms units such as infantry, armor and field artillery. The Army will also open headquarters positions to women in reconnaissance, surveillance, targeting and acquisition maneuver battalions.

For enlisted Soldiers, about 76 military occupational specialties that are open to both male and female Soldiers are represented within closed units. For officers, there are about 35 officer areas of concentration represented within closed units. And for warrant officers, there are 19 warrant officer military occupational specialties represented in closed units.

The Army will begin allowing women to move into



U.S. Army photo

Spc. Crisma Albarran detaches an ammunition case from its mount after a UH-60 Black Hawk helicopter flight over Iraq, March 14, 2010. Albarran with Task Force 38’s B Company, 3rd Battalion, 158th Aviation Regiment, volunteered for the job as door gunner before her second deployment to Iraq, and has flown more than 100 hours toward her door gunner certification.

positions within previously-closed units in early 2014, first with officers and non-commissioned officers, and then with junior Soldiers.

“The further assignment of women to companies and batteries below the level of headquarters will be based on assessments, deployment cycles and specific guidance,” reads the implementation plan the Army sent forward to the secretary of defense. “This process will be completed at the end of calendar year 2014 and will provide the framework for opening positions that are currently closed to women.”

OPENING NEW JOBS TO WOMEN

For occupations currently closed to women, the Army is planning on developing gender-neutral standards to ensure all Soldiers have fair access to jobs.

However, Bromberg said that it is important for the Army to ensure that the standards meet job requirements.

“Whatever that job or that occupational specialty, we have to make sure we have the requirements of that task established — regardless of male or female,” Bromberg said. “The worst thing we could do is change that standard for that position. We have to be absolutely certain that performance can be understood and applied in combat situations. This isn’t to set anybody up for failure. This is all about success. We’re calling it Soldier of 2020 — it’s not male Soldier or female Soldier.”

Beginning in July 2014, the Army will first open mili-

tary occupational specialties within the Army Engineer Branch. New opportunities for women there include combat engineer and combat engineer senior sergeant. Once those occupations open, the Army will assign female engineer officers and any reclassified NCOs to combat engineer companies. This will open up more than 10,200 positions to women.

Beginning in the second quarter of fiscal year 2015, the Army will open previously-closed positions within the Field Artillery Branch. After that, opportunities for women will expand to include cannon crewmembers, field artillery automated tactical data systems, fire support specialists and field artillery senior sergeants. Within the Field Artillery Branch, the change will ultimately open more than 15,900 jobs to women.

Additionally, the Army will open positions to women with the Armor Branch and the Infantry Branch. Positions there are numerous. Enlisted women will for the first time have the opportunity to serve as cavalry scouts, armor crewmen, infantrymen, and indirect-fire artillery. As a result of this change, about 90,640 positions will open for women in the Army.

Within the Armor Branch and the Infantry Branch, the Army will also offer junior officers and junior NCOs the opportunity to transfer branches or reclassify into these occupations as a way to build a cadre of experienced female Soldiers prior to the arrival of Soldiers who are new to the Army.



Watch Fort Jackson video news stories and Victory Updates
at <http://www.vimeo.com/user3022628>

Columbia native takes Zumba to Kandahar

By **CAPT. CHAD ASHE**
3rd Infantry Division

KANDAHAR AIRFIELD, Afghanistan — Physical training is one method used to strengthen resiliency for those deployed to environments such as Afghanistan. One Army captain with Task Force Falcon, 3rd Combat Aviation Brigade, copes with stress related to deployments by creating a positive outlet for others.

Capt. Rachel Penny, a native of Columbia, helps others stay healthy, as well as resilient, by instructing a Zumba class twice a week on Kandahar Airfield, Afghanistan for those who want additional PT in the evenings.

Penny said she was licensed to teach Zumba in 2011 following her previous deployment with Task Force Falcon, but first tried the fitness method in 2009. Since then she has been involved in several events in the Savannah, Ga. area and said Zumba specifically helps her now because it is a great way to relieve stress.

“Physical training helps with resiliency during deployments because it gives me an enjoyable, productive, and positive way to eliminate everyday stressors and remain focused on the mission at hand,” Penny said.

Army Staff Sgt. Barethea Hicks has attended the class since Penny started instructing here, and has seen the class grow from six to 80 participants.

“I even asked if we can find a bigger place. I suggested, the flight line,” said Hicks jokingly.

She said the class is a great experience for everyone to work out and enjoy what you are doing.

Army Spc. Mykael Quinones assigned to Task Force Lighthorse, 3rd CAB, recommends the class to others who are hesitant about going. He said at the beginning it was easy to adjust to the routines and progress as more and more routines are added — which for him kept things interesting and fun.

“I would definitely recommend Zumba to others because the exercise is phenomenal, the atmosphere is outstanding, and the attitudes are great; there’s no reason



Photo by CAPT. CHAD ASHE, 3rd Infantry Division

Capt. Rachel Penny, a native of Columbia, teaches a Zumba class to service members and civilian contractors on Kandahar Airfield, Afghanistan, June 4. Penny is assigned to Task Force Falcon, 3rd Combat Aviation Brigade.

not to recommend anyone for an experience like this,” Quinones said.

Air Force 1st Lt. Gretchen De Blaey, a staff weather officer assigned to Task Force Falcon has been attending Penny’s class since April 2013. She said it was a way for her to still dance on deployment — she attends dance classes when not deployed.

“It proves to be a fantastic workout as most dance classes are, but it’s more the joyous aspect of the class amongst a rather stressful deployment. Once someone

goes, they are hooked, which speaks volumes to Capt. Penny,” De Blaey said.

Penny, through the enjoyment from others, has seen the class flourish under her watch. She has the best view of her results from her place on the stage.

“Zumba allows us to decompress from the work environment and participate in something that is good for us,” Penny said. “As the instructor nothing is more fulfilling than looking out into the class and seeing a crowd of people smiling, laughing, sweating and having fun.”

Calendar

Saturday

Bodybuilding contest

6 p.m., Solomon Center

For more information, call 751-5768.

Sunday, June 30

Meet Bobby Brentley

10 a.m. to 6 p.m., Exchange

Meet the star of the TV show, "Lizard Lick Towing."

Tuesday, July 9

Teen job readiness workshop: career exploration

10 a.m. to noon; Strom Thurmond Building, Room 222

To register, call 751-4862.

Wednesday, July 10

Palmetto Market & Music

4 to 9 p.m., Patriots' Park

Farmers, vendors, cooks and crafters will be selling products from 4 to 7 p.m.; live music with the Black Bottom Biscuits from 7 to 9 p.m.

Tuesday, July 16

Teen job readiness workshop: Employment 101

10 a.m. to noon; Strom Thurmond Building, Room 222

To register, call 751-4862.

Announcements

RECLAMATION SALE

A cash-only military clothing reclamation sale is scheduled from 8 a.m. to 3 p.m., July 1 and 2 at 2570 Warehouse Row. The sale is open to all active and retired service members. For more information, call 751-7213 or email thomas.w.jones3.civ@mail.mil.

FREIGHT OFFICE CLOSURE

The Freight Office will be closed through Friday. For immediate help, call Tana Lanese at 751-4718. For more information, call 751-7198.

RETIREMENT CEREMONY

The next Third Army/ARCENT retirement ceremony is scheduled for 2 p.m., July 19 at Patton Hall.

WATER AND SEWER PROJECTS

Palmetto State Utility Services is working on multiple water and sewer projects on the installation. One project will address water pressure issues experienced on parts of the post. The project is set to be completed by July 31. During the work, some buildings and facilities may be subject to reduced water pressure. To report problems, call PSUS at 790-7288.

SCOUT MEETINGS

The Fort Jackson Boy Scouts and Cub Scouts meet each week at various times. For information about the troop or pack, call 409-9568.

CHANGES IN RECORDS SECTION

The Directorate of Human Resources, Military Personnel Division, Personnel Services/Processing Work Center (PSP-WC), Records Section (located in the Strom Thurmond Building, Room 200) is transitioning to an appointment-only basis for certain services. Effective June 1, the Records Section has been operating on an appointment-only basis Monday-Friday, from 10 a.m. to 4:45 p.m. for the services identified below. Walk-in hours are from 8 to 9:30 a.m.

Appointments are needed for the following services: Enlisted Record Brief/Officer Record Brief (ERB/ORB) Update; DD Form 93, Record of Emergency Data; Servicemembers' Group Life Insurance (SGLI) Election Certificate; Final Out-Processing

For more information, call Janice Spain at phone number 751-2753 or email janice.j.spain.civ@mail.mil.

JULY 4 COMMISSARY HOURS

The Commissary will be open from 10 a.m. to 4 p.m., July 4.

AA MEETINGS

Alcoholics Anonymous meetings take place at 9 a.m., Mondays, Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

FCC PROVIDERS NEEDED

The Family Child Care office is accepting applications for FCC providers. The program is recruiting the best-qualified applicants, especially those willing to provide full-time care for children younger than 2.

Military spouses living on Fort Jackson and off-post providers registered with the Department of Social Services may apply. For more information, call 751-6234.

BOXING SMOKER

A boxing event is scheduled for Aug. 2 at the Solomon Center. Active duty Soldiers interested in participating should call 751-7146.

SPORTS BRIEFS

■ Letters of intent for intramural and recreational golf are due today. League play will start Tuesday. The captains' meeting is scheduled for 2 p.m., Monday.

■ Brigade sports championships for soccer, basketball and volleyball are scheduled through today.

■ Fourth of July fun run/walk, 8 a.m., Semmes Lake Trolley. Register now or on the day of the run from 6:30 to 7:30 a.m.

■ The Army 10-miler qualifier is scheduled for 5:30 a.m., July 13 at Patton Stadium. For active duty only.

For more information, call 751-3096.

AAFES REWARDS GOOD GRADES

Students who have a B average or better on their report cards can participate in the Exchange's "You Made the Grade" program to receive free and discounted products. Students should present their report card and military ID at the Exchange to participate.

TARP BRIEFINGS

Annual Threat Awareness and Reporting Program briefings will be offered the third Tuesday of every month at 10 a.m. and 2 p.m. at the Post Theater. For more information, call 751-7852/3366/3802.

THRIFT SHOP NEWS

■ The Thrift Shop will be closed July 1-15 for summer vacation. The store will reopen July 16.

■ The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.

Send your announcements to fjleader@gmail.com. Announcements are due one week before the publication date.

For more information, call 751-7045.

Housing happenings

HOME BUYING SEMINAR

The Housing Services office will offer three home buying seminars scheduled from 11 a.m. to 1 p.m., June 25-27 at the Education Center, Room B205. Topics include money management, understanding credit, selecting a real estate agent, and obtaining a mortgage. Registration is required by Friday. For more information and to register, call 751-9339/5788/7566/9323.

HELP FOR HOMEOWNERS

HopeNow and the Making Home Affordable program are offering free help to homeowners who are struggling with mortgage payments in an event from 1 to 8 p.m., June 28 at the Columbia Convention Center. Making Home Affordable is a free federal government program. For more information, visit www.makinghomeaffordable.gov.

NEIGHBORHOOD HUDDLE

A neighborhood huddle for residents of Howie Village and Mabry Manor is scheduled for noon to 1 p.m., at the playground on Legge Court. Lunch will be provided.

RECREATIONAL VEHICLES

The housing RV storage lot is for authorized users who have registered their RV with the Housing Office at 4514 Stuart Ave. If you reside in on-post housing and have an RV that cannot be stored at your home, you must register the RV and receive authorization before using the facility.

HOUSING FOR RETIREES, CIVILIANS

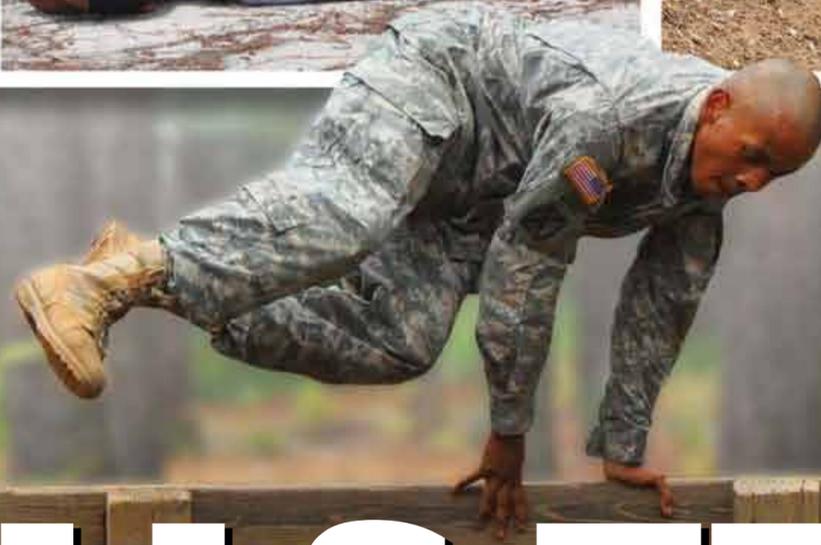
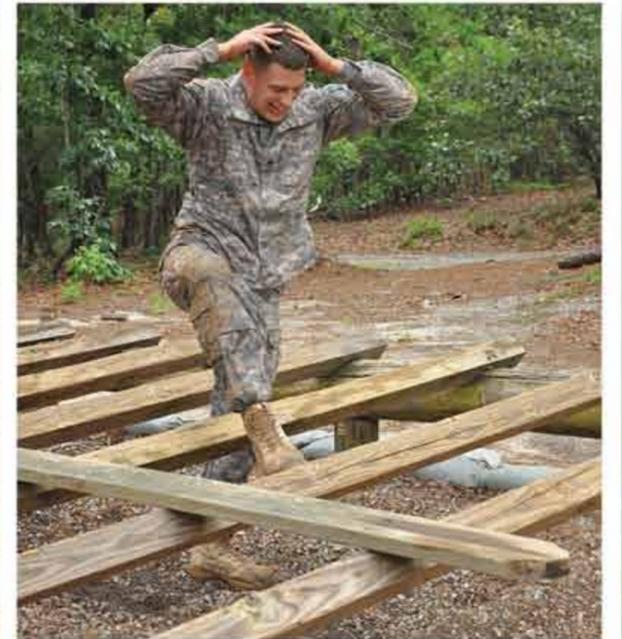
Military retirees and DoD employees are eligible to live in on-post housing. For more information, call 738-8275.

SWIMMING POOLS

Small wading pools up to 6 feet in diameter and 1 foot in depth are permitted in backyards only. When wading pools are not in use, they must be emptied and properly stored. For more information, call 738-8275.

FREE POPSICLE FRIDAYS

Free popsicles are available at the Community Center from 7:30 a.m. to 6 p.m. on Fridays until August.



Soldiers pit their skills against the Fit to Win course and urban orienteering challenges during this week's NCO/ Soldier of the Year competitions

Photos by WALLACE McBRIDE

SKILLS TESTS

FORT JACKSON SELECTS NCO, SOLDIER OF THE YEAR

By WALLACE McBRIDE
Fort Jackson Leader

Eleven of Fort Jackson's finest Soldiers spent two days this week competing for the titles of NCO and Soldier of the Year.

The various challenges are the final hurdles these Soldiers have to cross, after having passed a variety of review boards before being allowed to compete against each other in this week's event, said Sgt. 1st Class Brian Tidwell, 1st Battalion 61st Infantry Regiment, one of the competition's administrators.

"It's a culmination of everything they know," he said Tuesday, as Soldiers ran the physically demanding layout of horizontal obstacles at the

Fit to Win course. "It's not only about oral and written communication skills, but about being physically fit, as well. That's one of the requirements for being an effective drill sergeant, NCO and, of course, a Soldier."

"Our NCO and Soldier of the year competition is a two-day event that tests the tactical as well as technical skills of our candidates," said Fort Jackson Command Sgt. Maj. Kevin Benson. "The winners of this competition will represent us at numerous events and on numerous occasions over the next year and will be true (representatives) for Fort Jackson. Their level of dedication to our Army and our profession exceeds that of their peers and they have made individual commitments to become the most professional Soldiers and leaders that we have to offer."

During the events, competitors test their aptitude in urban warfare

simulations, board interviews, physical fitness tests, written exams and battle drills at a variety of locations on post. Some of those locations were kept secret, requiring Soldiers to locate them on foot by reading maps.

"They're doing urban orienteering, map reading, land navigation, we're seeing how they perform under stress on the Fit to Win competition and basic rifle marksmanship skills, and their Army Physical Fitness Test," Tidwell said. "Those are all fundamental skills, however, we're looking for them to be masters of those skills. We're looking for the top of the top."

The results of this week's competition were not available at press time.

Milton.W.McBride3.ctr@mail.mil

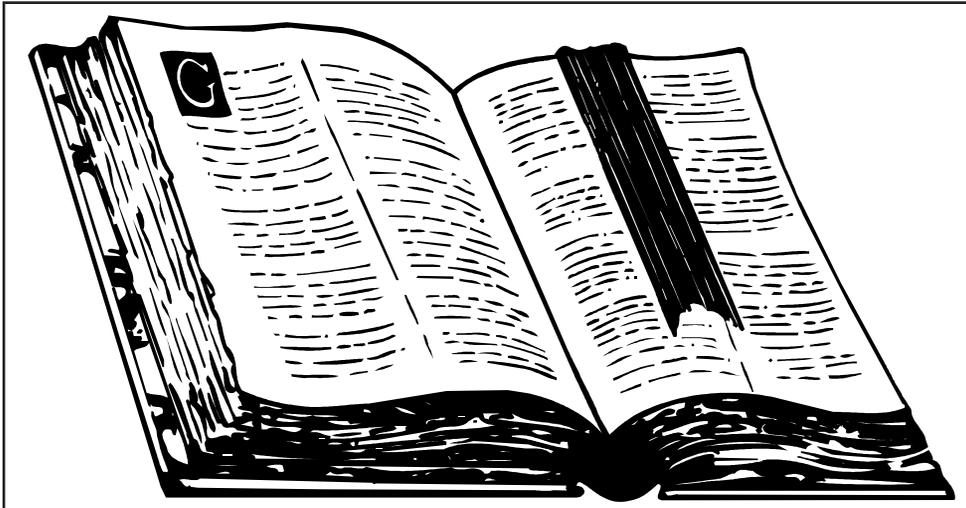
Strength of our hearts, portions forever

By **CHAPLAIN (CAPT.) AARON WHITE**
1st Battalion, 61st Infantry Regiment

Illness and the breakdown of our bodies as we get older are just part of life. Add into that the constant pounding on our bodies from physical training, ruck marching, and all the other demands on us physically from simply being in or having been in the military, and you get a situation where we often seem to spend a lot of our time dealing with pains, aches and health issues.

At times, this can become frustrating when our bodies are no longer capable of doing what they used to do. It can be wearisome to spend day after day in waiting rooms and doctors' offices. It can also be depressing as we watch ourselves get older and our bodies just stop working the way they should. And, at times, it can be downright frightening as, seemingly out of the blue, serious or life-threatening health conditions strike loved ones and even us.

Recently, I had a serious health scare that put me out of work for several weeks and has continued to plague my ability to do my job like I used to. I have run the gamut of emotions from frustration to anger to grief as I have struggled to cope with surviving something like this and the recovery that comes afterward. Even a chaplain



looks to God occasionally and asks, "Why are you letting this happen to me?"

A week ago, I was searching around the book of Psalms in the Bible for a "Word of the Week" for a briefing slide when I came across the following verse,

"My flesh may fail, and my spirit may grow weak, but God remains the strength of my heart, and he is my portion forever." (Psalm 73:26)

With this verse, God reminded me that no matter what

happens with my health, no matter what goes on with doctors and no matter how badly my body seems to fail me, God will never fail me. He is my strength, the rock on which I can lean, the shield under which I can rest, and the fortress in which I can be secure.

I might not know why I am going through what I am going through, but I know that God has promised to be my strength and my portion forever.

Our bodies are falling apart; we are all getting older; we might spend inordinate amounts of time sitting in waiting rooms and doctors' offices; and we never know what is around the next corner.

But no matter what we might face health wise or in anything else in our lives, we can trust in the fact that God is still the strength of our hearts and our portions forever.

Worship & Praise

PROTESTANT

- Sunday
 - 8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
 - 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
 - 9:30 a.m. Hispanic, Post Theater
 - 9:30 a.m. Main Post Chapel
 - 10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
 - 10:45 a.m. Sunday school, Main Post Chapel
 - 11 a.m. Memorial Chapel
 - 11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

- Monday
 - 7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
 - 9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel
- Wednesday
 - 6 p.m. Gospel prayer service, Daniel Circle Chapel

- 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Thursday
 - 11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center
- Saturday
 - 8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

Protestant Youth of the Chapel

- Saturday
 - 11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)
- Sunday
 - 5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

- Monday through Thursday
 - 11:30 a.m. Mass, Main Post Chapel
- Sunday
 - 8 a.m. IET Mass, Solomon Center
 - 9:30 a.m. CCD (September through May), Education Center
 - 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
 - 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
 - 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
 - 11 a.m. Mass (Main Post Chapel)
 - 12:30 p.m. Catholic youth ministry, Main Post

- Chapel
 - Wednesday
 - 7 p.m. Rosary, Main Post Chapel
 - 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL

- Sunday
 - 8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
 - 8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
 - 12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
 - 9:30 to 10:30 a.m. Worship service, Memorial Chapel
 - 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday
 - 11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
 - 9:30 to 11 a.m. Anderson Street Chapel

- Wednesday
 - 3 to 5 p.m. LDS family social, Anderson Street Chapel
- Wednesday
 - 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Chaplain Family Life Center**
5460 Marion Ave (to the side of the POV lot), 751-4961
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318

MACH expands line of procedures

By **ANDRE BUTLER**

Moncrief Army Community Hospital

In addition to new laparoscopic surgery programs offered at Moncrief Army Community Hospital, several of the other surgical care lines are now offering new procedures never previously offered at MACH. The oral maxilla-facial surgeons are now routinely performing reconstructive orthognathic surgery for active duty Soldiers with oral-maxillo-facial abnormalities.

Dr. Jacquelyn Going, the new ear nose and throat surgeon, now offers a new, minimally invasive sinus procedure called the balloon sinuplasty. This procedure is done in minutes, and patients recover much more rapidly than with traditional sinus surgery.

The podiatrist at MACH, Dr. Caleb Lazarre, has contributed to this trend for new advanced procedures with the addition of the orthotripsy shock wave therapy. The surgery is offered to Soldiers who suffer from chronic plantar fasciitis, which has proven refractory to traditional treatments. Dr. (Maj.) Spencer Ludlow, MACH's eye surgeon, offers both Lasik refractive eye surgery and PRK surgery at Fort Stewart, Ga. Patients are seen by Ludlow's EENT clinic and surgery is then scheduled at Fort Stewart because of the location of the refractive laser.

Finally, Moncrief Army Community Hospital Surgical Services has a DoD and Dorn VA Medical Center surgical sharing agreement. Through the sharing agreement,

OTHER SURGERIES CONDUCTED AT MONCRIEF:

GENERAL SURGERY

Skin/Soft tissue:

- ◆ masses
- ◆ cysts
- ◆ abscesses
- ◆ limited scar revision
- ◆ hernias

BILIARY:

- ◆ gall bladder

ENDOCRINE:

- ◆ breast
- ◆ masses, cysts, cancers, abscesses
- ◆ no augmentation (reduction/enhancement)

GASTROINTESTINAL:

- ◆ gastric
- ◆ small bowel
- ◆ colorectal
- ◆ appendix
- ◆ hemorrhoids
- ◆ diverticular disease
- ◆ cancer

VASCULAR:

- ◆ mediports/infusion ports
- ◆ selective varicose vein

LYMPHATIC:

- ◆ node dissections/biopsy
- ◆ spleen

BARIATRIC:

- ◆ selective patient population

PEDIATRIC:

- ◆ hernias
- ◆ thyroglossal duct cysts
- ◆ acute appendicitis
- ◆ soft tissue masses, cysts, abscesses

URGENT/EMERGENT:

- ◆ acute appendicitis
- ◆ acute cholecystitis
- ◆ acute abdomen
- ◆ gastrointestinal perforations
- ◆ pneumothorax

veterans are currently eligible for foot surgery, hernia operations, lipoma removals, gall bladder surgery and endoscopy at MACH.

"The presence of the DoD and VA surgical sharing agreement has been a real win-win for both facilities —

both in caring for our veteran population, but also to reduce cost for the VA who would have to fee-base out the care if this agreement did not exist," said Dr. (Lt. Col.) Lance Hoover, chief of Surgery and Specialty Care at MACH.

MACH offers shuttle rides

Col. Mark Higdon, center, Moncrief Army Community Hospital commander, and MACH Command Sgt. Maj. Vincent Bond, right, give a ride to a retiree from the hospital lobby to his car in the parking lot Friday. MACH now offers shuttle transportation to and from the hospital parking lot. The service is available Monday through Thursday, 8 a.m. to 4 p.m.

*Photo by ANDRE BUTLER,
Moncrief Army
Community Hospital*



Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



**Sgt. 1st Class
Brooks Corpening**
Company A
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Spc. Anthony Bishop

SOLDIER OF THE CYCLE
Pvt. Gabriel Madtes

HIGH APFT SCORE
Pfc. Steven Henderson

HIGH BRM
Pvt. Ethan Reed



**Staff Sgt.
Hanan Schoener**
Company B
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pfc. Judson Godbold

SOLDIER OF THE CYCLE
Spc. Nathan Young

HIGH APFT SCORE
Pvt. Arthur Hernandez

HIGH BRM
Pfc. Andrew Griffin



**Sgt.
Wade Hitchcock**
Company F
2nd Battalion,
39th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Harry Barker

SOLDIER OF THE CYCLE
Pfc. Erica Mitchell

HIGH APFT SCORE
Pfc. Rene Aquayo

HIGH BRM
Spc. Tyler Greene

Weekly honors



LANCE

**Staff Sgt.
Alicia Lance**
Soldier of the week
Third Army/ARCENT



BOWEN

**Sgt. 1st Class
Travis Bowen**
Instructor of the cycle
HHC
187th Ordnance Battalion

SUBMISSION GUIDELINES

Announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations.

Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157.

Classified ads may also be faxed to 432-7609 or emailed to sbra-nham@ci-cam

FEELING SOCIAL?

Follow us on Twitter
at www.twitter.com/fortjacksonpao.

For more photos, visit
www.flickr.com/

At your service

Phone numbers and operation hours for key post facilities

All South Federal Credit Union	782-9830	Monday-Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 6 p.m.
American Red Cross	751-/4329/5923	Monday-Friday, 8 a.m. to 4 p.m.
Andy's Fitness Center	751-4177	Monday-Friday, 5 a.m. to 9 p.m.; Saturday, 8 a.m. to 6 p.m., Sunday, 10 a.m. to 4 p.m.; call for hours on training and federal holidays
Army Career Alumni Program	751-4109/4104	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Army Community Service	751-5256	Monday-Friday, 8 a.m. to 4 p.m.
Army Continuing Education Services	751-5341	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Army Substance Abuse Program	751-5007	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Basic Combat Training Museum	751-7419	Monday-Friday, 9 a.m. to 4 p.m.; Family Day, 9 a.m. to 6 p.m.
Bowling, Century Lanes	751-6138	Monday, 5:30 to 9:30 p.m.; Tuesday, 9 a.m. to 9:30 p.m.; Wednesday, 8:45 a.m. to 8:30 p.m.; Thursday, Friday, 11 a.m. to 9:30 p.m.; Saturday, 9 a.m. to 10 p.m.; Sunday, 1 to 8 p.m.
Bowling, Ivy Lanes	751-4759	(For use by Soldiers in training): Wednesday, 11 a.m. to 8:30 p.m.; Friday, 5:30 to 9 p.m., Saturday, 1 to 9 p.m.; Sunday, noon to 5 p.m.
Car Care Center	782-1639	Monday-Friday, 8 a.m. to 5 p.m.
Chaplain Museum	751-8827/8079	Monday-Friday, 9 a.m. to 4 p.m.
Child and Youth Services	751-4865	Monday, Wednesday and Friday, 7:30 a.m. to 4:30 p.m.; Tuesday and Thursday, 7:30 a.m. to 6 p.m.
Civilian Personnel Advisory Center	751-3219	Monday-Friday, 8 a.m. to 4 p.m.
Class VI	782-1601	Monday-Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 8 p.m.; Sunday, 10 a.m. to 7 p.m.
Clinical Army Substance Abuse Program	751-6597	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Coleman Gym	751-5896	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends, training holidays and holidays except Christmas and New Year's Day, 6 a.m. to 2 p.m.
Commissary	751-5789	Sunday, 11 a.m. to 6 p.m.; Tuesday and Saturday, 9 a.m. to 8 p.m.; Wednesday-Friday, 10 a.m. to 8 p.m.
DA Photos (TSC)	751-7592	Monday-Thursday, 8 to 11 a.m. and 1 to 3 p.m.
Defense Military Pay Office	751-6669 (Soldiers)	Monday-Friday, 8 to 11:30 a.m. and 12:30 to 4 p.m. Civilians should call 751-4914.
Dental Clinics	751-5178/6017	Monday-Friday, 7:15 a.m. to 4:15 p.m.
Family Health Center	751-2273	Monday-Friday, 7:20 a.m. to 8 p.m.; training holidays, 8 a.m. to 4 p.m.
Family Life Resiliency Center	751-4961	Monday-Friday, 9 a.m. to 5 p.m.
Florist	738-1812	Monday-Friday, 9 a.m. to 5:30 p.m.
Fort Jackson National Cemetery	699-2246	Monday-Friday, 8 a.m. to 4:30 p.m.
Furniture Store	787-9175	Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.
Hospital Retail Annex	782-1263	Monday-Friday, 7 a.m. to 4 p.m.
ID Section	751-7731	Monday-Friday, 8 a.m. to 4 p.m.
Legal Assistance and Claims	751-4287/3603	Monday-Friday, 9 a.m. to 4 p.m.
LCI-SSSC	790-5306	Monday-Friday, 8 a.m. to 4 p.m.
Main Outpatient Pharmacy	751-2259	Monday-Friday, 7:30 a.m. to 5 p.m.
MG Robert B. Solomon Center	751-4056	Monday-Friday, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.
Military Clothing Sales Store	787-5248	Tuesday, Wednesday, Friday, 9 a.m. to 6 p.m.; Thursday, 9 a.m. to 7 p.m.; Saturday-Sunday, 10 a.m. to 4 p.m.
Movie Theater	751-7488	Hours vary
National Federation of Federal Employees	751-2622	
NCO Club	782-2218	Lunch: Monday-Friday, 11 a.m. to 1:30 p.m.
Officers' Club	751-4906	Tuesday-Friday, 8:30 a.m. to 4:30 p.m.; Sunday brunch, 11 a.m. to 1:30 p.m.
Palmetto Falls Water Park	751-3475	Tuesday-Saturday and holidays, 11 a.m. to 7 p.m.; Sunday, 1 to 7 p.m.
Perez Fitness Center	751-6258	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends and training holidays, 10 a.m. to 6 p.m.
Pharmacy Annex (PX mall)	751-2250	Monday-Friday, 9 a.m. to 6 p.m.
Pool, Knight	751-4796	Monday-Friday, 6 a.m. to 2 p.m., 4:30 p.m. to 7 p.m.
Pool, Legion	751-4987	Temporarily closed
Post Exchange	787-1950/1951/1952	Monday-Saturday, 9 a.m. to 9 p.m.; Sunday, 10 a.m. to 7 p.m.
Post Library	751-5589/4816	Monday-Thursday, 11 a.m. to 8 p.m.; Friday-Sunday, 11 a.m. to 5 p.m.
Post Office	782-8709	Monday-Friday, 8:30 a.m. to 5 p.m.
Recycling Center	751-4208	Monday-Friday, 7 a.m. to 3 p.m.; Saturday, 8:30 a.m. to 3:30 p.m.
Reuse Center	751-5121	Monday-Friday, 10 a.m. to 2 p.m.
Safety Center	751-6004	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Gate 1 Express	782-2076	Monday-Friday, 6:30 a.m. to 6 p.m.; Saturday-Sunday, 10 a.m. to 4 p.m.
Gate 2 Express	790-4478	Monday-Friday, 5 a.m. to 10 p.m.; Saturday, 5 a.m. to 11 p.m.; Sunday, 7 a.m. to 9 p.m.
SSI Retail Annex	738-9189	Monday-Friday, 8 a.m. to 2:30 p.m.
Thrift Shop	787-2153	Tuesday and Thursday, 9 a.m. to 3 p.m.; Wednesday, 9 a.m. to 5 p.m.
Vanguard Gym	751-4384	Monday-Friday, 5:30 a.m. to 9 p.m.; Saturday, Sunday and holidays, 1 to 8 p.m.
Veterinary Clinic	751-7160	Monday-Friday, 8 a.m. to 4 p.m.
Victory Travel	751-5812	Monday-Friday, 8 a.m. to 5 p.m.; closed on federal holidays
Weapons Registration	751-5887	Monday-Friday, 8 a.m. to 4 p.m.

Anything we missed? E-mail us at fjleader@gmail.com.