

## TRACKING ...

## NEWS



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# The Fort Jackson *Leader*



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# Battle drills



Leader file photo

Staff Sgt. Samantha Goscinski marks coordinates during the land navigation portion of Fort Jackson's Drill Sergeant of the Year competition in April. Goscinski will represent the post during the TRADOC competition next week.

## Fort Jackson hosts TRADOC competition

By **SUSANNE KAPPLER**  
*Fort Jackson Leader*

For the first time in the competition's history, the Army's six top drill sergeants will converge on Fort Jackson next week to compete for the title of TRADOC's Drill Sergeant of the Year.

They will compete for the titles of active and Reserve component drill sergeants of the year. The competition previously took place at Fort Monroe and Fort Eustis, both in Virginia.

Staff Sgt. Melissa Solomon, the current Reserve component drill sergeant of the year, said that because of Fort Jackson's role as a training installation, it will provide the

necessary infrastructure for the competition.

"There are more opportunities to incorporate what a drill sergeant has to do because of the facilities that are here at Fort Jackson that we don't have on Fort Eustis," Solomon said. "That did open the door for us to change up the competition and incorporate different tasks that we wouldn't have been able to do due to resource constrictions at Fort Eustis."

Solomon and her active-duty counterpart, Staff Sgt. Timothy Sarvis, have been planning the competition since November. Candidates will be tested in a variety of ways, but the specifics of the competition are kept under wraps, she said.

"It is definitely top secret. (The drill

sergeants) will just go through various tasks that are mentally challenging, physically challenging, a test of their endurance," Solomon said. "The days will be what a real 'drill sergeant day' is. A drill sergeant usually wakes up around 3 or 4 o'clock in the morning and usually doesn't come home until 9, sometimes 10 (o'clock) at night. That's the type of day that the competition is centered around. It's not going to be a 9-to-5 thing because that's not the realistic life of what drill sergeants actually have to go through while they're on the trail."

During a recent visit to Fort Jackson, Maj. Gen. Richard Longo, TRADOC's

See **DRILL:** Page 10

# U.S. Army to celebrate 236 years

In a few days, the Army will celebrate its 236th birthday. Like a fine wine, our Army adds distinction with age. For more than two centuries, our Army has been synonymous with our nation's strength in preserving peace and freedom. No other fighting force in the world can make that claim.

Today's U.S. Army is highly skilled, and our Soldiers have the very best equipment, training and leadership. Nevertheless, present-day Soldier missions are not much different than they were back in the colonial times — the fighting spirit and values are very similar. Today's Soldiers, who are driven by the Warrior Ethos, defend our constitution and the freedoms it guarantees to each and every American. Back in the Revolutionary period, the Army was fighting for our right to be free.

Of course, there are many more variables today that our forefathers could have never envisioned. On June 14, 1775, at the outbreak of the Revolutionary War, the strength of our nation was the Army. In turn, the strength of our Army was measured in terms of Soldiers and their families who together fought the tyranny and oppression. The Soldiers — many of whom were farmers, merchants and tradesmen with no fighting experience — relied solely on a determination embedded deep in their hearts to fuel the fight for freedom.

In the next 236 years, Soldiers continued to maintain their tremendous strength of character and their resolve, fighting to ensure freedom would prevail in the face of a civil war, two world wars and numerous conflicts around

**MAJ. GEN. JAMES M. MILANO**  
Fort Jackson  
Commanding  
General



the world.

The worst attacks on American soil, the horrific events of 9/11, which occurred nearly 10 years ago, only solidified those feelings and reinforced our resolve. To volunteer and serve in an Army that is often deployed in areas of persistent conflict demands incredible amounts of personal courage and a dedication to selfless service.

Today we still have about 120,000 Soldiers deployed in Afghanistan and Iraq, where they continue to set the conditions for increased security and stability in that part of the world. In the past decade, our Soldiers have been repeatedly tested, and as a result, have emerged stronger with a deeper commitment to the Army as a profession.

Our profession of arms is something to note, because in this vocation, we are an Army driven by creativity and innovation. As such, we focus beyond where we are today to prepare and train Soldiers for the future operations of the ever-changing world. We are constantly

modernizing our technology and equipment to ensure that we retain our fighting edge.

As we celebrate 236 years of the United States Army, we take pride that we are part of this great heritage. Remember that this is more than a celebration of an institution — it is a celebration of the people who helped make our Army what it is today. We stand on the shoulders of countless Soldiers who sacrificed greatly on our behalf.

I would be remiss not to mention the Army families for their tremendous sacrifices in the past 236 years. Families have always played a critical role and have made tremendous sacrifices all throughout the Army's gloried past. As an example, during the Revolutionary War, wives and daughters even manned cannons in support of their Soldiers. We've come a long way since then, but today's families provide that same kind of "fire support" in all that they do: volunteering, sacrificing, "manning" the home front while their Soldier is deployed, etc. We wouldn't be as good as we are without them.

I commend all Soldiers and Army family members for your service and hope that you savor this significant day and realize all that it represents. The Army's birthday is a time to celebrate our heritage and our Army Values.

It's also a time to look back toward the starting point so that we can gauge just how far we have traveled.

Happy Birthday, United States Army!  
Army Strong and Victory Starts Here!

## Fort Jackson kids talk back:

Staff writer Cursha Pierce-Lunderman asks children in the community: 'What are you excited about doing this summer?'



"Going to the zoo to see all the animals."

— Willow Esterline, 3



"Going to Disney World in August."

— Zariah Settles, 13



"Spending time with family, especially my dad because we don't get to see him a lot."

— Andrew Bowlus, 12



"Probably having a lot of sleepovers."

— Courtney Henry, 10



"Going to the beach with just our family."

— Marcus Grambling, 8



"Having fun with my sister, Faith."

— Rayne Bigham, 4

## The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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# Renewing commitment to the Army

*13 community leaders  
re-sign Army covenant*

By **CRYSTAL LEWIS BROWN**  
*Fort Jackson Leader*

While the Columbia Blowfish baseball team took time to show its appreciation for Fort Jackson's Soldiers, community members and post leaders took time to renew their commitment to work together.

During a pre-game ceremony, members of the local community again signed a covenant conveying the community's continued support for the armed forces, Soldiers and their families. The original covenant was signed in 2008.

"The Greater Columbia Chamber of Commerce wanted to re-sign the covenant as a symbol of their commitment to Fort Jackson," said Col. Craig Currey, Fort Jackson's deputy commanding officer. "The Blowfish game was an event they sponsored for our Soldiers and families to attend for free as a sign of their appreciation."

While there are other covenants aimed at showing the Army's commitment to Soldiers and families, the Community Covenant is unique in that it focuses on the community that surrounds an Army installation, Currey said.

"Unlike the Army Family Covenant, this agreement emphasizes the local community's desire to help Fort Jackson and care for Soldiers," he said. "Local business, political leadership, police, health care and community members all play an important role in ensuring that Soldiers and their Families live well in Columbia.

"This covenant was signed by the community for Fort Jackson — it was a way that they, the civilian community, could show us how they would support us."

Sgt. Maj. Matthew Cloyd, with Fort Jackson's G-3, said the covenant is a public pronouncing of an important partnership.

"The covenant is important in that it serves as a public acknowledgement of the commitment that civic leaders have given to taking care of our Soldiers," he said. "While military units are designed to survive on their own during operations, the military family left behind is not, and that is where the community comes into play.

"Military families require special considerations due to being outside of their normal family circle. Most of



Photo by JAMES ARROWOOD, command photographer

**Columbia Mayor Steve Benjamin signs the Community Covenant during a pre-game ceremony at the Blowfish Military Appreciation Night Saturday. Benjamin was among 13 community leaders who signed the agreement.**

the time immediate family is miles away and not able to assist when issues come up, that is when the community steps in to help. That is what the covenant does."

In the three years since the covenant was first signed, community officials opened an Armed Forces Lounge at the Columbia Metropolitan Airport, and later lobbied for and achieved having the lounge turned into a USO facility, Cloyd said.

Community officials also implemented an Employment Partnership Initiative, in which the Army Reserve signed a Memorandum of Agreement with 16 local businesses and law enforcement agencies to make it a priority to the recruit, train and hire Reserve Soldiers.

It is support like that, Currey said, that makes the partnership between the post and the surrounding communities successful.

"It is exciting to see that our local community and chamber want to help us succeed," he said. "They want to be great neighbors and embrace us as a city. Fort Jackson is located in a special place and enjoys the best relations with the community.

"I can't think of any other installation in the Army where the community relations are as good as they are between Fort Jackson and Columbia."

*Crystal.Y.Brown@us.army.mil*

## COMMUNITY COVENANT SIGNED

Bill Banning — Lexington County Council  
 Mayor Steve Benjamin — City of Columbia  
 Mayor Frank Brunson — City of Forest Acres  
 Richard Eckstrom — South Carolina comptroller general  
 Retired Maj. Gen. George Goldsmith — Chairman Military Affairs Committee  
 Mayor Jeffrey Graham — City of Camden  
 Mayor Randy Halfacre — Town of Lexington  
 Mayor Bobby Horton — City of West Columbia  
 Paul Livingston — Chair for the Richland County Council  
 Leon Lott — Richland County sheriff/president of the Palmetto-Fort Jackson AUSA  
 Mayor Elise Partin — City of Cayce  
 Joanie Thresher — Director for the South Carolina USO  
 Ike McLeese — President of the Greater Columbia Chamber of Commerce/civilian aide for the Secretary of the Army



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Photo by CURSHA PIERCE-LUNDERMAN

Retired Command Sgt. Maj. Joseph LaPlante and Sgt. Maj. Marty Boyd-Green greet fellow Soldiers and other well wishers after being inducted into the Recruitment and Retention Hall of Fame Tuesday.

## Recruiting school honors its own

By CURSHA PIERCE-LUNDERMAN  
Fort Jackson Leader

They started out as classmates in the Sergeants Major Academy and now retired Command Sgt. Maj. Joseph LaPlante and Sgt. Maj. Marty Boyd-Green are the newest inductees in the Recruiting and Retention Hall of Fame.

Both retirees, who were honored in a ceremony Tuesday at the Soldier Support Institute auditorium, were selected based on their exceptional contributions to their units and the Army. Both of them have made history and inspired Soldiers to continue in military service.

Col. James Comish, RRS commandant, said Boyd-Green set new standards for female Soldiers by breaking ground in new units.

"She became the first female command counselor for the United States Army Infantry School, for the 2nd Infantry Division and for U.S. Armed Forces Command," Comish said.

Boyd-Green attributes her success to a few rules that she lives by.

"Always provide the leadership and service to those who depend on you that you would want for yourself," said

“He glows with the love of the Army and his passion for serving cannot be matched.”

”

— Col. James Comish  
Commandant,  
Recruiting and Retention School

Boyd-Green. "Remember where you came from and those who helped you to get there because they will never steer you wrong."

Boyd-Green said because of her career, she has been approached by non-commissioned officers who say they want to be just like her.

"Don't be like me, you are setting your standards way too low," she said. "I want you to be better than I ever dreamed that I could be because you have the knowledge of those like me who have gone before you."

Comish said that LaPlante has a love of recruiting that also influenced others to excel.

"He instilled in his recruiters a love for recruiting and a passion to

share their Army story," Comish said. "He glows with the love of the Army and his passion for serving cannot be matched."

LaPlante's dedication to recruiting helped his unit distinguish itself from others in the command.

"During his time there, Command Sgt. Maj. LaPlante turned the New England Recruiting Battalion into the best battalion in U.S. Army Recruiting Command," Comish said.

Even though LaPlante is retired, he still contributes to the Army as an ROTC Recruitment NCO.

LaPlante took the opportunity to encourage young NCOs and recruiters at the Hall of Fame ceremony.

"There are some great Soldiers out there who need great leadership, especially the ones coming back from deployments," said LaPlante. "Listen to them, talk to them and make sure they get the proper care for themselves and their families."

Boyd-Green expressed her gratitude for being selected as an inductee.

"I am greatly humbled by this entire experience," she said. "It was an honor just to serve."

## Housing Happenings

### COMMUNITY UPDATES

- ❑ The Balfour Beatty Communities Biggest Loser contest is under way. To register, contact Alana at [ayoungblood@bbcgrp.com](mailto:ayoungblood@bbcgrp.com) or call 738-8275. There will be weekly weigh-ins.
- ❑ Balfour Beatty will provide free ice cream from its ice cream truck this month. The ice cream will be free to on-post residents.
- ❑ Nominate any well-kept yards for Yard of the Month. Send nominations to Alana at 738-8275 or email [ayoungblood@bbcgrp.com](mailto:ayoungblood@bbcgrp.com). Self-nominations are also welcome.
- ❑ There will be one-way traffic at the intersection of Knight and Furman Smith roads during resurfacing Monday and Tuesday. Traffic may be slower than usual.
- ❑ Residents should take special care to monitor children and ensure they do not play in the yards of vacant houses or use outdoor water spouts of vacant houses. A new home recently received flood damage after a water spout was left on.
- ❑ Parents and children should take special precautions around construction areas, particularly climbing on retaining walls. Those who observe such behavior should discourage it and report the incident to the Community Management Office at 738-8275.

### CONSTRUCTION UPDATES

- ❑ To date, 380 homes have been completed.
- ❑ A total of 830 homes have been demolished to date.
- ❑ A portion of Imboden Street will be closed Wednesday and will reopen 5 p.m., Thursday. Residents are encouraged to use Semmes or Hartsville Guard roads to access Chesnut Road.



June 10 — 7 p.m.

Fast Five

PG-13

June 11 — 2 p.m.

Hoodwinked Too!:  
Hood Vs. Evil

PG

June 11 — 5 p.m.

Fast Five

PG-13

June 13 — 2 p.m.

Mars Needs Moms

PG

June 14 — 1 p.m.

African Cats

G

June 14 — 4 p.m.

Fast Five

PG-13

Adults: \$4.50

Children (12 and younger): \$2.25



Follow the Leader on Twitter at [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao) for breaking news and updates.

## News and Notes

### 3-34TH CHANGES COMMAND

Lt. Col. Kevin Brill took command of the 3rd Battalion, 34th Infantry Regiment from Lt. Col. Bryan Hernandez during a ceremony Wednesday at the Officers' Club.

Brill's last assignment was as deputy commanding officer for the 192nd Infantry Brigade at Fort Benning, Ga.

Hernandez will deploy to Afghanistan to serve as the plans officer, Combined Joint Task Force, Region Command East.



**BRILL**

### FREE FISHING GEAR EVENT

The S.C. Sierra Club will donate 24 fishing rods to Fort Jackson's Family and Morale, Welfare and Recreation during a 9:30 a.m. ceremony Saturday at Marion Street Station. The event is part of the club's "Take me fishing" program, which seeks to involve 100,000 children of military families across the country this year.

### KNIGHT POOL CLOSED

Knight Pool is closed until further notice while it is repaired. All services and programs scheduled at Knight Pool will be offered at Legion Pool. Group fitness aquatic classes will resume at Legion the week of June 13. Entry into the pool is free to all eligible ID card holders. The pool is open 7 a.m. to 2 p.m. and 4:30 to 6 p.m., Monday through Friday; 11 a.m. to 6 p.m., Saturday, and 1 p.m. to 6 p.m., Sunday.

### SCHOOL TEMPORARILY RELOCATES

Pierce Terrace Elementary School staff will temporarily relocate to C.C. Pinckney Elementary School from June 13 to Aug. 1 as the school undergoes asbestos abatement. Anyone needing to contact school staff or register a student can call 782-1772 or 787-6815 to do so. Office staff can also assist parents in person at Pinckney, which is located at 5900 Chesnut Road.

### VEHICLE DISPATCH CLOSURE

The Vehicle Dispatch office will be closed from 7:30 a.m. to 2 p.m. today. Call 751-5211 for urgent matters or emergencies.

### SCHOOL REGISTRATION BEGINS

Summer registration for the 2011-2012 school year begins June 21. Registration is 8 a.m. to noon, Tuesday through Thursday from June 21 to July 14; and July 26 to Aug. 10. There will be no registration from July 18 to July 22. Registration will resume 9 a.m., Aug. 16. Students registering that day will begin school the following day.

Documents required for new registration include:

- Copy of certified birth certificate
- Current orders and military sponsor ID card
- Proof of immunizations
- Housing lease agreement or letter from housing verifying family is on waiting list

## Graduating class



Photo by SUSANNE KAPPLER

**Ashley Jenkins, 12, reads her winning essay on gang resistance during C.C. Pinckney Elementary School's sixth-grade graduation ceremony Monday at the NCO Club. In addition to sixth grade, the 44 students also graduated from the Gang Resistance Education and Training program.**

# Soldier foils Florida bank robbery

By C. TODD LOPEZ  
Army News Service

WASHINGTON — When Staff Sgt. Eddie Peoples went to the bank in Sarasota, Fla., May 31, he expected to walk out with a cashier's check — instead he was caught up in a bank robbery that ended with the robber in cuffs and Peoples the hero.

Peoples is normally assigned to the 386th Movement Control Team out of Vicenza, Italy. He and his family live in country there, but he'd brought them home to visit his family in Florida.

It was while on leave and conducting business in a Bank of America branch in Sarasota with his sons Ikaika and Kioni in tow, that Peoples ran into bank robber Matthew Rogers.

"A gunman came into the bank, (and) demanded money — brandishing a large caliber handgun — I thought, at first — (and) basically putting a lot of people in jeopardy," Peoples said of the situation.

A surveillance video available online shows Peoples' initial reaction to the gunman. While his two boys hid under chairs in the bank's lobby, Peoples dragged two larger chairs in front of them, putting some protection between

his children and the gunman.

Moments later, 34-year-old Rogers left the bank for his vehicle. Peoples followed him out the door.

"Outside, I knew that it would just be me and him," Peoples said, saying that inside the bank, any confrontation with Rogers might end in his children or other bystanders getting hurt. "That was my main concern ... my children and the innocent bystanders."

Outside, Rogers ran to his vehicle, and Peoples got into his own vehicle. Some quick jockeying in the parking lot allowed Peoples to block Rogers' escape.

Frustrated, Rogers got out of his own vehicle and Peoples was able to temporarily pin Rogers between the two vehicles for just a moment.

"He shouted at me and he raised his weapon and came around the vehicle in order to keep me there," Peoples said. "I fully expected to take at least two shots through the window."

Peoples said it's not the first time he's been in life-threatening situations. He's deployed several times, he said. In Balad, Iraq, for instance, he said the situation was "a nightmare."

"We had people breaching the perimeter. We had people throwing bombs over the gates," he said. "I got

my Combat Action Badge there. While on tower guard they actually shot 10 mortar rounds over into our compound. I got credit for repelling that attack. I have had pop shots at my head. I've had people come up and actually try to set mortar rounds up like right in front of my tower before."

Fortunately for Peoples, Rogers didn't shoot at him. But he did try to unsuccessfully get inside his rental vehicle through the rear door.

"I was greeted with a handgun in my face," he said. "But since I was so close to him, it was easy to take the gun away. I basically did a wrist lock, pulled it back, intending to use that weapon as a blunt weapon to hit him with."

It was then Peoples realized the "gun" was too light to be real, and too light to even be used as a blunt weapon. So instead, Peoples grabbed the criminal and slammed him to the ground.

For his heroism, Peoples said the Sarasota police department held a ceremony in his honor.

"I was really surprised," he said.

Peoples and his family live in Italy and he is assigned to the 386th Movement Control Team, 14th Transportation Battalion, 16th Sustainment Brigade, 21st Theater Sustainment Command, Vicenza, Italy.

# Drill sergeants compete for top spot

Continued from Page 1

deputy commanding general for Initial Military Training, said he is excited about the competition.

“The Drill Sergeant of the Year competition takes these noncommissioned officers whom we’ve already said are the cream of the crop in our Army, and then we seek to find who is the cream of that crop,” Longo said. “So it’s an incredible opportunity for a young sergeant to compete and to win this, and it’s an incredible opportunity for the Army to get the benefit of their expertise.”

The two winners will be stationed at TRADOC headquarters for the next year to advise IMT Command Sgt. Maj. John Calpena on drill sergeant issues.

Staff Sgt. Samantha Goscinski, a drill sergeant with Company E, 3rd Battalion, 34th Infantry Regiment, will represent Fort Jackson in the competition.

“I’m excited, but nervous. You don’t know what’s going to happen. You don’t know how to prepare. You can only prepare based on the last competition that you did or what you’ve heard. You don’t know how everybody else is preparing. You don’t even know (your competitors),” Goscinski said.

For Goscinski, whose military occupational specialty is Military Police, taking part in the event is a way to demonstrate that Soldiers from any MOS can be effective as drill sergeants, she said.

“I wanted to compete to distinguish myself, to prove to myself that I’m just as good as the next guy,” she said.

The competitors will be evaluated by drill sergeant leaders from the Drill Sergeant School. Solomon said she hopes the winners will be passionate about drill sergeant issues and not be afraid to articulate their opinions at the TRADOC level.

“I want to see somebody who has a passion about being a drill sergeant, who cares about what (drill sergeants) do, the effect they have on the Soldiers, the effect that they have on the whole Army in itself,” Solomon said. “I hope it’s a challenging competition, and I hope we designed the competition to get the type of person who would be (the) best fit (at TRADOC).”

Staff Sgt. Melissa Solomon, TRADOC’s 2010 Reserve Drill Sergeant of the Year, stands alongside Command Sgt. Maj. John Calpena as she accepts her award from Lt. Gen. Mark Hertling, then the deputy commanding general for Initial Military Training during last year’s awards ceremony. Solomon, who was stationed at Fort Jackson’s 108th Training Division when she won, help put together this year’s event.

“I hope it’s a challenging competition, and I hope we designed the competition to get the type of person who would be (the) best fit (at TRADOC).”

TRADOC file photo

## Active duty

Staff Sgt.  
Samantha Goscinski

Fort Jackson  
Military police



## Active duty

Staff Sgt.  
Felicia Frailey

Fort Sill, Okla.  
Combat engineer



## Active duty

Staff Sgt.  
John Heslin

Fort Benning, Ga.  
Field artilleryman



## Reserve component

Staff Sgt.  
Jasper Kohoutek

95th Reserve Division  
Infantryman



## Active duty

Staff Sgt.  
Benjamin Facio

Fort Leonard Wood, Mo.  
Military police



## Reserve component

Staff Sgt.  
Andrew Palmer

95th Reserve Division  
Infantryman



The event will culminate with a ceremony at 9 a.m., June 17 at the Solomon Center, during which the winners will be announced.

“I hope that everyone on Fort Jackson supports the competition and actually comes to the ceremony to hear the

announcement of the 2011 Reserve and active component drill sergeant of the year,” Solomon said. “This is the home of the drill sergeant. It would be a shame if the Solomon Center wasn’t packed.”

*Susanne.Kappler1@us.army.mil*





Photos by MICHAEL CHASTAIN, Child, Youth and School Services

Madison Tyler, 10, and sister Essence Tyler, 12, battle it out on the dance floor during Thursday's Baby Loves Disco event. The sisters, along with their 6-year-old sister Mikayla, were among the winners of the dance-off.

# Disco fever grips Fort Jackson kids

It would be an overstatement to say that I was so excited I couldn't sleep, but the party definitely had me amped.

What would I wear? Should I show up right at the beginning? When should I break out the robot?

But once I got to last week's Baby Loves Disco family dance party at the Solomon Center, I realized that the whole point was to take a night off from stressing and have a fun time dancing with kids.

The party was part of what the Baby Loves Disco folks are calling the "Superhero" tour, so children were encouraged to wear costumes. While my son went costume-free (after scouring stores and coming up empty-handed, we settled on putting him in a Superman shirt), Batgirl, Superman and Spiderman were among the heroes who stopped by our party.

I was a little skeptical about the name — "Staying Alive," and "I will Survive" are about the entirety of my disco knowledge — but the DJ (a real, live guy on the ones and twos) played everything from the Cha Cha slide to Justin Bieber.

In addition to the music and dancing, my son got a chance to get a temporary tattoo, had his face painted and even made a sock puppet that he insisted on wearing while he danced. There was also a manicure station with a variety of polishes for the little ones to choose.

When I wasn't on the dance floor, I was munching on the free snacks — sandwiches and, healthy cheese puffs and black bean and corn salsa that seemed home-

**CRYSTAL CLEAR**  
By Crystal Lewis Brown  
Fort Jackson Leader



made.

The staff even had the foresight to set up a station on the side so that the younger ones would have a safe place to play once the adrenaline died down from the dancing.

I sometimes find it a bit difficult to find fun things for my 2-year-old to do; either the really fun activities are for older children or the activity is so suited for his age that it bores me to tears.

This event actually kept me going the entire time, I mean, it is pretty difficult not to laugh when you have 4-year-olds break dancing and superheroes challenging each other to dance battles.

My only regret is that more of our families didn't come out and participate in the hard work that our CYSS staff obviously put into the event.

Well, actually, that's not my only regret: I never did get a chance to do the robot.

*Editor's note: Crystal Lewis Brown is an Army spouse of six years and is editor of the Fort Jackson Leader.*



In addition to the dancing, Child, Youth and School Services staff provided manicures, temporary tattoos, a finger puppet craft table and snacks to those who attended the Baby Loves Disco.



Parents and children participate in one of several dance games that took place throughout the evening. Children received prizes for winning the games, which included a freeze dance game, "Simon Says" and the limbo.

## SOLDIER of the WEEK



# Thornton: 'Exceed the standard every time'

**Name**  
Spc. Matthew Thornton

**Unit**  
HHC, 171st Infantry Brigade

**MOS**  
11B/Infantryman

**Hobbies**  
Traveling, trail running, snowboarding

Before this year, Fort Jackson's Soldier of the Year, Spc. Matthew Thornton, had never been to a Soldier board.

He studied for two months and performed so well at the battalion level that he was selected to represent the brigade at the Soldier of the Year competition. However, complications jeopardized his participation.

"The Soldier of the Month board was a week before the Soldier of the Year competition. The day that I won Soldier of the Month I got into a car accident on my way home and my car got totaled," Thornton said. "I was a little banged up, and I almost considered pulling out of it because I had some minor injuries that I thought would hold me up."

Thornton said his injuries made the Fit to Win obstacle course the most demanding part of the competition. But his thoughts about soldiering helped motivate him to continue despite the hurdles.

"Being a Soldier is the most honorable profession there is. The whole world recognizes you as someone to respect. It is a lifestyle, not just a job. You live this life at all times," he said.

Thornton is an experienced two-time combat veteran who deployed with the 173rd Airborne Brigade and arrived here less than six months ago. The self-confessed "adrenaline junkie" hails from the small town of Shawnee, Okla.

"If you drive too fast, you'll miss it,"



Photo by JAMES ARROWOOD, command photographer

**Spc. Matthew Thornton, Fort Jackson's Soldier of the Year, considered dropping out of the competition when he was injured in a car accident just a week before it began.**

Thornton said.

He left his hometown five years ago

and enlisted at 19. Now, the Soldier has traveled so much that he names Italy's Al-

mafi Coast as one of his favorite vacation destinations.

"It is just beautiful, everything is frozen in time. There is so much to see and do there. It is just amazing," Thornton said.

When it came time to deploy, Thornton continued in the legacy of 173rd Soldiers. The brigade is known for exceptional bravery in the Battle of the Bulge and completing an 1,800-mile jump mission, the longest combat operation in Airborne history. Thornton's unit wrote its own page in history while he was there.

"Seeing one of my buddies receive the Medal of Honor for our time in Afghanistan was one of my most memorable times in that unit," he said.

Thornton said life at Fort Jackson is a welcomed change of pace.

"I am getting some needed down time here, and it is great. I love the South," Thornton said. Although there are no snowcapped mountains for snowboarding, he will continue touring the Southeast when time allows.

The Soldier of the Year is also furthering his education while at Fort Jackson. He plans on studying nursing and transferring to University of South Carolina to become a nurse anesthetist.

Thornton said the camaraderie experienced in his units is the best part of being a Soldier.

"I am closer to my teammates than I am to some of my family members. I am still in touch with many of my friends from my old unit," he said. "You build the most amazing friendships.

"When you are lower enlisted, you just have to be at the right place, at the right time, in the right uniform.

"But if you want to succeed, you have to go beyond what is required. It is about exceeding the standard every time, no matter what."

— Reporting Cursha Pierce-Lunderman

## Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the June 23 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the June 23 Leader must be submitted by

June 16.

Send your submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil) or call 751-



# Sikh Soldier fulfills childhood dream

By **MARISA PETRICH**  
*Northwest Guardian*

JOINT BASE LEWIS-MCCHORD, Wash. — When Spc. Simranpreet Singh Lamba was a kid, he dreamed of joining the military.

In the end, though, things weren't that simple. Lamba, 27, is a Sikh, a member of a 300-year-old religion founded in India. Sikhism asks that its followers not cut or shave their hair, so men wear turbans and full beards — and as such are unable to join the U.S. Army without seeking case-by-case exemptions to uniform policy.

"The granting of these accommodations is very rare," said Amardeep Singh, director of programs for the Sikh Coalition.

Lamba, who is serving with the 201st Battlefield Surveillance Brigade at Joint Base Lewis-McChord, is the first enlisted Sikh Soldier in more than three decades.

In fact, the only religious accommodations granted to Sikhs since the policy was enacted in the 1980s were granted last year, first to two officers and then to Lamba. For a group with a long history of military service, this is an important step.

"That's what a life of a Sikh is. Our ancestors were warriors," Lamba said.

With 20 million Sikhs worldwide, Sikhism is the planet's fifth largest religion. It is also one of its newest, and deeply values the principles of justice, equality and truth. The monotheistic religion also emphasizes service to others, particularly in the armed



Left photo, courtesy, right photo by INGRID BARRENTINE, Northwest Guardian

**Spc. Simranpreet Singh Lamba wanted to be a Soldier from the time he was a young boy in India. After much persistence and one religious accommodation, Lamba's dreams became a reality with graduated from Basic Combat Training with the 3rd Battalion, 34th Infantry Regiment, making him the first enlisted Sikh Soldier in more than three decades.**

forces.

In the United States, however, requests for accommodations for religious practices are granted only on an individual basis, and are frequently denied for reasons of unit or individual readiness, unit cohesion and issues with morale or safety.

"Obviously this has been a point of pain for our community," Singh said.

Lamba, originally from India, spent his childhood dressing up in uniforms and

practicing the perfect salute. He wanted to join the Indian Air Force, but his parents told him to put his studies first.

He came to the U.S. in 2006 to earn a master's degree in engineering from New York University.

At the time, he thought serving in the U.S. military would be impossible. But when Capt. Kamaljeet Singh Kalsi and Capt. Tejdeep Singh Rattan were granted religious accommodations for their ar-

titles of faith, Lamba thought he would give it a try.

"When I came to the U.S. I decided to make this my home, make this my country," Lamba said.

For him, there was no reason not to fight for it.

Because he was not a U.S. citizen at the time, he enlisted and was originally told an exemption would be made. When his request was formally denied he appealed it with the help of the Sikh Coalition in New York.

Nine months later, in August 2010, he officially joined the Army and became a citizen the day he finished Basic Combat Training with Fort Jackson's 3rd Battalion, 34th Infantry Regiment.

He is now a combat medic.

The only real difference is his turban, five meters of cloth that he wraps around his long hair each day. In garrison, he wears a black turban with a flash on the front, similar to Soldiers' berets. When he's in the field, he uses a camouflage under-turban that fits under his helmet.

He even takes part in protective mask exercises just like any other Soldier, using petroleum jelly to create a seal in spite of his beard.

All told, he's spent a lot of money on custom items so he can satisfy both his religious needs and the Army's uniform requirements. It's not something that he minds.

"I'm doing my job. I work, I'm happy that I'm serving," Lamba said.



## Changing command

Navy Capt. Michael Langston, commanding officer of the Naval Chaplaincy School and Center, passes the command flag to Capt. W. Kyle Fauntleroy during a change of command ceremony Friday witnessed by Rear Adm. Mark Tidd, far left, chief of Navy chaplains and NCSC Command Senior Chief Raymond Quinn, far right. Langston is retiring after 37 years of service. Fauntleroy previously served as the senior chaplain of the U.S. Coast Guard Academy.

Photo by PETTY OFFICER 2ND CLASS  
SHELDON CAROL, NCSC

## Roadside assistance



Photo by JULIA SIMPKINS, U.S. Army Chaplain Center and School



Photo by CURSHA PIERCE-LUNDERMAN

Left, Charles Simones with the Directorate of Public Works, fixes a traffic light on Lee Road that was blown down during stormy weather Thursday evening. The winds downed trees across post, leaving debris.

Above, Troy Roomsburg, with DPW's Roads and Grounds Department, straps a hut to the flat bed of a truck for transporting from the front of the Barker Building, which houses the Public Affairs, Vehicle Registration and Physical Security offices.

# Driving tips can help save fuel, money

Going on road trips is all about the crisp, fresh breeze, blue skies and the smell of road pollutants (OK, maybe you disagree), but high fuel costs are not making driving long distances as attractive. While buying a more fuel efficient car can help cut fuel costs, here are a few other tips from the Federal Trade Commission:

## BRAKE THE RIGHT WAY

A car consumes most of its gasoline during acceleration. While the car is moving, it consumes less gasoline. This means that in order to improve gasoline mileage, keep the ride smooth. For example, drivers often speed up and then slam on the brakes in heavy traffic. The key is to practice holding a speed in a long line of cars without stepping on the brake and keeping a little more distance.

## HYBRID DRIVERS

If you own a hybrid car, the statement above applies even more to you. Try to avoid fast braking. So the next time you approach a traffic light, start braking sooner and don't slam on the brakes at the last minute. This will significantly improve the efficiency of your hybrid.

## TURN OFF YOUR AIR CONDITIONER

It may not be practical to turn off the air conditioner in your car depending on the temperature. But when it is not harmful to do so, keep the air conditioner off. Park your

## FINANCIAL ADVICE

By SHERRY L. WRIGHT  
Army Community Services  
Financial Readiness

car in the shade if possible, so you won't have to keep the air conditioner working as hard when you go somewhere.

## SHIFTING AUTOMATIC

If you have cruise control and there isn't a lot of traffic, you probably should use it (it will keep the speed constant and hence doesn't need to accelerate). Shift into neutral when the vehicle is standing to reduce transmission strain and cool the transmission.

## REDUCE WEIGHT

You can try to reduce the mass of your car by emptying the trunk and removing unnecessary heavy items (keep your spare tire and car lift, but get rid of the extra pounds).

## TURN OFF YOUR CAR

When you start a car, it uses a bit of gas. When the car is idling, it uses a fixed amount of gas over a period of

time (especially with the AC on). Any time you can foresee that you will not be moving for more than 30 seconds to one minute, you should turn off the engine to help your vacation budget.

## DRIVE SLOWER

It is a fact that driving fast will increase a vehicle's drag (turbulence) and thus increase fuel consumption. According to *fuelconomy.gov*, each extra 5 mph is like paying 24 cents more per gallon.

## PICK A BETTER ROUTE

Avoid heavy traffic and lots of traffic lights. The shortest route is not always the most fuel efficient if you have to stop a lot.

## CARPOOL

If two people are riding in a car, the gas used per person is immediately reduced by 50 percent.

## COMBINE TRIPS

Try to combine trips. If you live outside of town, try to go into town only once and get everything you need done.

For more information on tips to reduce the high cost of living, contact an Army Community Services financial counselor at 751-5256.

## Calendar

### Today

#### Nutrition class: Cholesterol and high blood pressure

2-3 p.m., Room 8-85, MACH  
Call 751-2115/2363 for information.

### Saturday

#### Army Ball

6:30 p.m., NCO Club

### Tuesday

#### Fatherhood recognition ceremony

1:30 p.m., Solomon Center

#### Single Soldier town hall meeting

5:30 p.m., 2463 Bragg St.

### Thursday, June 16

#### Tobacco cessation orientation

3 to 4 p.m., Moncrief Army Community Hospital, third floor staff conference room  
For more information, call 751-5035.

### Monday, June 20

#### Nutrition class: Army move!

2 to 4 p.m., Room 8-85, MACH  
Call 751-2115/2363 for information.

## Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

### Throughout June

#### Biggest loser contest

The adult-only weight loss competition is open to all residents. The participant who loses the highest percentage of weight by the end of June will win a \$50 gift card. To register, contact Alana at [ayoungblood@bbcgrp.com](mailto:ayoungblood@bbcgrp.com) or by calling 738-8275. Participants must be available to weigh in every Friday during regular business hours.

### Wednesdays

#### Kids craft corner

3 p.m.  
RSVP by email to [ayoungblood@bbcgrp.com](mailto:ayoungblood@bbcgrp.com) or by calling 738-8275.

### Thursday, June 16

#### Neighborhood Huddle

Noon, Moses and Carter roads  
Residents of Pierce Terrace 5 and 7 are encouraged to attend to discuss concerns, interact with neighbors and have a complimentary lunch.

Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil). For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be faxed to 432-7609. For information about display advertising, contact Kathy at 786-5681.

## Announcements

### JAG CLOSURE

The Office of the Staff Judge Advocate, including legal assistance and claims, will close at noon, June 24. Normal hours will resume June 27.

### CIF CLOSURE

The Central Issue Facility will be closed June 13 through 17 for its annual inventory. Service members and civilians who clear the installation during that week should report to the CIF earlier. Normal operations will resume June 20. For more information, call 751-7213.

### ASP CLOSURE

The Ammunition Supply Point will be closed June 20-24 for its quarterly inventory. All unit issues need to be picked up by 11 a.m., Saturday. The ASP will reopen June 27. For more information, call 751-4017/6586.

### KNIGHT POOL CLOSURE

Knight Pool will be closed until further notice for repair. All services and programs previously conducted at Knight Pool are now offered at Legion Pool.

### RED CROSS VOLUNTEERS

American Red Cross new volunteer orientation is 1 to 4 p.m., every Wednesday and 9 a.m. to noon, every Thursday.

Only one session is needed to become a volunteer. Additional hospital-specific training is required for those volunteers working in a clinical setting. Call 751-4329 to register or for more information. The office is located at 9810 Lee Road.

### THRIFT SHOP VOLUNTEERS

Teenagers 15 through 18 years old who are interested in volunteering with the Thrift Shop this summer should contact the store.

### HR FOR SUPERVISORS

A human resources course for supervisors is scheduled from 8 a.m. to 4:30 p.m. June 20-23 at the 81st Regional Support Command auditorium. For more information, call 751-5063/1167.

### FLTCIP OPEN SEASON

Open season for the Federal Long Term Care Insurance Program will run through June 24. For more information on the program, visit [www.ltcfeds.com](http://www.ltcfeds.com) or call 1-800-582-3337.

Visit the community calendar at [www.jackson.army.mil](http://www.jackson.army.mil) for a full listing of calendar events. Community announcements may be edited to comply with Leader style and Public Affairs regulations.

Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil). For more information, call 751-7045.

## Changes of command

### 165th INFANTRY BRIGADE

Col. Bryan Rudacille will relinquish command of the 165th Infantry Brigade to Col. Gary Sheffield in a ceremony at 9 a.m., June 27 at the Officers' Club.

### 3-13th INFANTRY REGIMENT

Lt. Col. Benjamin Higginbotham will relinquish command of the 3rd Battalion, 13th Infantry Regiment to Lt. Col. Steven Delvaux in a ceremony at 9 a.m., June 28 at the Officers' Club.

### 2-13th INFANTRY REGIMENT

Lt. Col. Michael Peters will relinquish command of the 2nd Battalion, 13th Infantry Regiment to Lt. Col. Patrick Crosby in a ceremony at 9 a.m., July 1 at the Officers' Club.

### DENTAC

Col. Michael Cuenin will relinquish command of the Fort Jackson DENTAC to Col. Jamie Houston in a ceremony at 9 a.m., July 15 at Oliver Dental Clinic (4323 Hill St.).

### 4-10th INFANTRY REGIMENT

Lt. Col. Richard MacDermott will relinquish command of the 4th Battalion, 10th Infantry Regiment to Lt. Col. Robert Fuche in a ceremony at 9 a.m., July 6 at the Officers' Club.

## Training honors



**Sgt. 1st Class  
Jamie Staten**  
Drill sergeant leader,  
Drill Sergeant School



**Staff Sgt.  
Brandon Perdeu**  
Honor graduate  
Drill Sergeant School



**Staff Sgt.  
Justin Trygggestad**  
Leadership award  
Drill Sergeant School



**Staff Sgt.  
Meken Vosseller**  
High PT award  
Drill Sergeant School



**Capt.  
Akuathayre Adjepong**  
Honor graduate  
Financial Management School



**1st Lt.  
Ronalee Balog**  
Highest academic average  
Financial Management School



**Kuwaiti Capt.  
Mahmoud Alenzi**  
Distinguished international graduate  
Financial Management School

# Recurring meetings

## WEEKLY

### Fort Jackson Boy Scouts

Tuesdays, 6:30 to 8 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869.

### Walking away stress

Mondays and Fridays, 9 a.m., at the pecan orchard near the post office on Early Street, 751-6325.

### Play group

Mondays, 10 to 11:45 a.m., Room 8, 5615 Hood St., for children 4 and younger, 751-1071/6304.

### Range control briefing

Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.

### Columbia Composite Squadron (Civil Air Patrol)

Mondays, 6:30 p.m., Owens Field, main conference room. E-mail [Tom.Alsup@gmail.com](mailto:Tom.Alsup@gmail.com) or visit [www.scwg.cap.gov](http://www.scwg.cap.gov).

### Helping Everyone Reach Optimum Strength

Tuesdays, 5 to 6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members.

### Protestant Women of the Chapel

Tuesdays, 9 a.m. to noon, Main Post Chapel, Bible study and fellowship. Home schoolers are welcome. Free child care is available. E-mail [jackson.pwoc.org](mailto:jackson.pwoc.org).

### American Red Cross

Volunteer orientation is every Wednesday, 1 to 4 p.m., and every Thursday, 9 a.m. to noon. Only one session is required. Additional training is necessary for those volunteering in a clinical setting. Call 751-4329.

## MONTHLY

### Fort Jackson Cub Scouts

First Sunday of the month, 5:30 to 7 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869

### Fort Jackson Bass Club

First Monday of the month, 7 p.m., Joe E. Mann Center. Open to active duty, retirees, DoD civilians, reservists, veterans and family members. Visit [www.jacksonanglers.com](http://www.jacksonanglers.com).

### Disabled American Veterans Woodrow Wilson Unit 4

Second Monday of the month, 6:30 p.m., 511 Violet St., West Columbia, 788-1836 or 791-4422.

### Weight Loss Surgery Support Group

— Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.

— Second Monday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

### Seabees

Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.

### Veterans of Foreign Wars Post 641

Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

### New Parent Support breastfeeding support group

Fourth Monday of the month, 5:15-6:30 p.m., Room 8, 5615 Hood St., 751-6868/6304/1071.

### Sergeant Audie Murphy Club

First Tuesday of the month, 11:30 a.m., Post Conference Room, [www.jackson.army.mil/360/SAMC/home.htm](http://www.jackson.army.mil/360/SAMC/home.htm).

### American Legion Post 182

First Tuesday of the month, 6 p.m., Officers' Club, 351-2333.

### Adjutant General Corps Regimental Association

Second Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club.

### National Federation of Federal Employees

Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622 or [NFFE@conus.army.mil](mailto:NFFE@conus.army.mil).

### Disabled American Veterans Chapter and Auxiliary, Woodrow Wilson Chapter #4

Second Monday of the month, 6 p.m., 511 Violet St., West Columbia, 467-8355 or [gblake12@sc.rr.com](mailto:gblake12@sc.rr.com). The groups do not meet in July and August.

### Fleet Reserve Association Unit 202

Third Tuesday of the month, 1 p.m., 2620 Lee Road, 482-4456.

### Veterans of Foreign Wars Gandy-Griffin Post 4262

Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.

### Vietnam Veterans of America Chapter 303

Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.

### Purple Heart #402

Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.

### Better Opportunities for Single Soldiers

First and third Wednesday of the month, 1:30 p.m., 4405 Jackson Blvd., 751-1148.

### Victory Riders Motorcycle Club

First and third Thursday of the month, 5 p.m., Magruder's Club. E-mail [sec@fjvictoryriders.com](mailto:sec@fjvictoryriders.com).

### The Rocks Inc., James Webster Smith Chapter

Third Thursday of the month, 5:30 p.m., Post Conference Room.

### Society of American Military Engineers

Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.

### MEDPROS training

Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. E-mail [Erica.Aikens@amedd.army.mil](mailto:Erica.Aikens@amedd.army.mil).

### Retired Enlisted Association

Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, 740-2319 or e-mail [jrodgers11@sc.rr.com](mailto:jrodgers11@sc.rr.com).

### 92nd Buffalo Chapter 20 DAV

Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.

### Ladies Auxiliary VFW Post 641

Second Sunday of the month, 3 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

### Ladies Auxiliary VFW Post 4262

Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.

### Combat Vets Motorcycle Association

Third Sunday of the month at noon, (774) 451-7504, e-mail [armyaguilar@yahoo.com](mailto:armyaguilar@yahoo.com) or visit [www.combatvet.org](http://www.combatvet.org).

### Sergeants Major Association

Last working Thursday of the month, 4:30 p.m., Magruder's Pub, 338-1904. Open to active-duty and retired E-9s and E-8s. E-mail [William.huffin@us.army.mil](mailto:William.huffin@us.army.mil).

## SUBMISSIONS

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).

# Prizes just a text, post away

## FMWR weekly contests offers loads of prizes

By **THERESA O'HAGAN**

Family and Morale, Welfare and Education

Family and Morale, Welfare and Recreation want to be sure its customers never miss the opportunity to attend an event, save money or win super cool stuff.

Sign up for text messages on special events, promotions, contests and savings exclusively for DoD ID card holders from FMWR by sending this code: Jackson1347 to this number 825725. This registers participants in the contest which runs through June 30.

New prizes are awarded each week. Clues as to what the prize will be sent via text message. Once the recipient has correctly figured out the weekly prize, he or she may claim the prize at the Marketing Office, Monday through Friday, 8 a.m. to 4 p.m., while supplies last. Prizes will vary in value.

"We are excited about our new short messaging service," said John Keegan, chief of FMWR's Marketing Division. "Basically, you sign up for special offers and discounts sent to your mobile phone via text message."

After subscribing, participants will receive a welcome text. To stop receiving texts, type, "STOP." Unsubscribing takes up to 24 hours.

There will be two random grand prize drawings of all the participants. The first grand prize drawing for a family season waterpark pass is Monday. The second drawing, for two nights fall cabin rental and \$100 in Family and MWR bucks, is scheduled for the end of the contest.

The service is free, except for whatever the individual's cell phone carrier charges for text messages.

"We are always looking for better ways to reach the community," said Capt. MWR. "We are willing to do just about anything to make sure folks know about all the activities and services available to them."

The dynamic duo is even willing to offer incentives to get

the ball rolling.

Beginning July 1, all members of the Fort Jackson Community can participate in Spot Dot! (Com). Dot Com will post clues on her Facebook page, the Fort Jackson FMWR Facebook page and [www.fortjacksonmwr.com](http://www.fortjacksonmwr.com) as to where she's going to be on a particular day and approximately what time.

"Basically, all you have to do is find me in my Dot Com uniform, introduce yourself, take a picture with me as photographic evidence (don't worry I carry a camera with me at all times) and I will give you a prize," Dot Com explained. "I will also enter you into a drawing for a weekly prize and for the Aug. 1 grand prize drawing. Also, if you just get lucky and spot me anywhere on post in my uniform, that counts, too."

Dot Com will be in at least one Family and MWR facility or at a Family and MWR special event once a week for the duration of the contest.

"Just like it reads on our logo, we are here for the Soldiers, families, retirees and civilian employees," said Dot Com. "We want your experience on Fort Jackson to be positive, fun and rewarding. We will continue to use every resource available to us to get the message to you."

"Whether it's using new technology like Twitter and text messaging or tried and true such as *Leader* ads and articles, our goal is to connect with you and have you connect with us."

"So, get online and tell us what you think. We can handle it. I mean we are superheroes. Tell us the good, the bad, the ugly or the indifferent. We can't help if we don't know what you need, what you want, or what's troubling you."



Follow the Leader on Twitter at [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao) for breaking news and updates.

## FMWR calendar

### THURSDAY

- ☐ Visit **Century Lanes** for food, fun and bowling.
- ☐ **Victory Bingo**, 2 to 11 p.m.
- ☐ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ☐ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.

### FRIDAY

- ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.
- ☐ **Victory Bingo**, starts at 2 p.m.
- ☐ Friday night special at **Ivy Lanes**. Games and shoe rentals cost \$2 each, 5 to 10 p.m. Open to all permanent party service members.
- ☐ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 7 p.m. Appetizers are available, while they last.
- ☐ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

### SATURDAY

- ☐ **Victory Bingo**, starts at 1 p.m.
- ☐ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the **NCO Club**. Cover charge is \$5 for civilians and \$3 for military.

### SUNDAY

- ☐ **Victory Bingo**, starts at 10 a.m.

### WEDNESDAY

- ☐ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available while they last.
- ☐ Victory Readers Club, 6 to 8 p.m., **Post Library**.
- ☐ **4-H Club** meets 4 to 5 p.m. For grades 1-5. Call 751-1136 for information.

### UPCOMING

- ☐ Folly Beach day trip, 8 a.m. to 8 p.m., June 18. Cost is \$10 per person for transportation. Transportation leaves from **Marion Street Station**.
- ☐ Deep sea fishing trip, 2:30 a.m. to 10 p.m., July 9. Leaves from **Marion Street Station**. Cost is \$99 per person, which includes transportation and boat ticket.

### ONGOING OFFERS

- ☐ The NCO Club breakfast is served 6 to 9 a.m., Monday through Friday. The cost is \$8 for adults and \$3.75 for children 4 to 10 years old.
- ☐ The Officers' Club specializes in wedding receptions, anniversaries, promotions and other special occasions. For more information, call 782-8761.
- ☐ Child, Youth and School Services provides child care and youth programming on Saturdays at no cost for active-duty parents who must work to meet mission requirements. Others requiring care may sign up, but will pay the usual hourly rate. For more information, call 751-4865.
- ☐ The Officers' Club is open for lunch Tuesday through Friday, 11 a.m. to 1:30 p.m. For a full calendar of events, visit [www.fortjacksonwr.com](http://www.fortjacksonwr.com).

# Remember health this Father's Day

By **THERESA K. JACKSON**

*U.S. Army Public Health Command (Provisional)*

*"My father didn't tell me how to live; he lived, and let me watch him do it."*

— *Clarence Buddington Kelland (1881-1964)*

This statement is certainly true in the Army. If you ask a sample of Soldiers why they chose to join the military, many say they wanted to serve their country or protect our freedoms. Others suggest it was because one or both of their parents were in the military. Given that nearly 50 percent of military children enter or consider entering the military, we know that children of Soldiers learn from their parents about a potential career and commitment to their country. But what are they learning from their parents, and particularly their fathers, about health?

Think back. When you were a child, who made your doctor's appointments and took you to the doctor? Who ensured you had your immunizations? Who encouraged you to eat your broccoli and prevented you from eating french fries at every meal? For some, it was Dad. For most, it was Mom.

The Men's Health Network suggests there is a silent health crisis today among U.S. men, which begins in childhood. Our society often discourages healthy behaviors in men and boys. Men are told to "suck it up," or "take it like a man." If something hurts, we tell our males to push through the pain. We reward men for being tough and ignoring their aches, pains and feelings. These norms begin early, when our young men receive these messages from their families, peers and the media; and they are perpetuated further when we are taught that health is a mother's — and hence a woman's — role.

It may not be surprising, then, that once they are adults, men make half as many appointments as women

## MORE TO KNOW

For more information on being a healthy father, visit:

❑ Armed Forces Press Service, <http://www.military.com/news/article/dod-combats-childhood-obesity.html>

❑ Men's Health Network, <http://www.menhealthnetwork.org/library/silenthealthcrisis.pdf>

❑ Department of the Army, [http://www.armyg1.army.mil/hr/docs/demographics/FY10\\_Army\\_Profile.pdf](http://www.armyg1.army.mil/hr/docs/demographics/FY10_Army_Profile.pdf)

❑ Defense Equal Opportunity Management Institute, <http://www.deomi.org/contribute/DiversityMgmt/documents/AmericasMilitaryPopulation2004.pdf>

with healthcare professionals for prevention. They are also more likely to engage in risky behaviors like tobacco use and alcohol abuse than women and are less likely to seek help if something is bothering them. Sadly, this leads to negative health outcomes later in life. Men live five years less than women, on average, and are more likely than women to die of heart disease, cancer, injuries, stroke, lung disease, diabetes, HIV, suicide and homicide—just to name a few.

We need to help our children, and especially our boys, learn that health is everyone's issue. Therefore, this Father's Day and every day, we encourage all Army dads to lead by example. Let our 570,000 Army children see our men in uniform take charge of health by remembering the acronym F.A.T.H.E.R.:

❑ **Fight** the silent men's health crisis. Talk to your buddies about health issues, and advocate for your health and your friends' health. Challenge the norms suggesting that manly men push through anything that

bothers them.

❑ **Always** take care of yourself. Pay attention to your body. When you don't feel well, go to the doctor. If something is worrying you, talk to someone.

❑ **Talk** to your kids. Communication is key between fathers and children. Strong emotional bonds are important to child development and family cohesion. Talking with your kids fosters a family unit that is safe, supportive and loving. Encourage your male children, in particular, to talk with you when they need to.

❑ **Have** fun with health. Show your kids that health can be fun — for you and for them. Play catch, ride your bikes together, jump waves in the ocean or visit a farmer's market. This doesn't just keep your family active, it also allows you to spend time together and make positive memories.

❑ **Encourage** and engage in healthy behaviors. Sometimes what we say and do are two different things. How many of us tell the children around us not to smoke or drink alcohol when we ourselves cannot follow that advice? Do your best to live a healthy lifestyle — exercise, get enough sleep, eat nutritious foods, limit your alcohol intake, avoid tobacco and practice what you preach. Doing these things keeps you happier and healthier — which is good for you and your kids.

❑ **Remember** you're their role model. By making your own health appointments and attending theirs when you are home, you will teach your children that health is a man's responsibility too. By remaining physically fit, you teach your children that taking care of their bodies is important. Healthy children start with healthy parents.

There are nearly 1 million men in today's Army and more than four out of 10 male Soldiers are parents. We encourage all our dads to live as F.A.T.H.E.R.s — and let your children watch you do it. The Army family, and yours, will be stronger because of it.

## TRICARE to cover skin cancer screenings

By **KRISTIN SHIVES**

*TRICARE Management Activity*

In spring and summer, beneficiaries start spending more time outdoors, but it's important to protect exposed skin from the sun.

According to the Centers for Disease Control and Prevention, skin cancer is the most common form of cancer in the United States. There are three main types: melanoma, squamous cell carcinoma and basal cell carcinoma.

Squamous cell carcinoma and basal cell carcinoma are often found in older people with body parts exposed to the sun or weakened immune systems. These types of cancer are highly treatable, with more than 1 million cases of these two cancers diagnosed each year and fewer than 1,000 deaths.

Melanoma is the third most common skin cancer and the most dangerous. Melanomas arise from skin cells that make pigment-coloring. They can also begin in a mole, eye or intestines, and other types of tissue that have pigment.

Frequently the first sign of melanoma is a change to the shape, color, size or feel of an existing mole. Basal

and squamous cancers are usually identified by a change on the skin, such as a growing bump having a rough, scaly surface and flat reddish patches. Skin cancer is typically not painful. Not all of these signs are present in every case of skin cancer. It's important a mole or lesion be evaluated by a primary care provider.

TRICARE beneficiaries can use the National Institutes of Health "ABCDE" skin guide, which helps look for irregular changes in skin and existing moles:

- ❑ **A**symmetry—the shape of one half the mole doesn't match the other half
- ❑ **B**order—outline that is irregular; ragged, notched or blurred
- ❑ **C**olor—shades of black, brown and tan and other areas white, gray, pink or blue

- ❑ **D**iameter—change in size (usually larger)
- ❑ **E**volving—skin changes over weeks or months

Beneficiaries who are concerned about their skin can get screenings with TRICARE Prime, Standard and Extra. TRICARE covers skin cancer screenings for individuals with family or personal history of skin cancer, increased occupational or recreational exposure to sunlight, and clinical evidence of lesions.

Beneficiaries should speak with their primary care manager or health care provider for more information on getting skin cancer screenings.

TRICARE encourages beneficiaries to protect and screen skin to avoid potential problems from the sun. For more information on skin cancer screenings, visit [www.tricare.mil/mybenefit](http://www.tricare.mil/mybenefit) or skin cancer information at [www.cdc.gov/cancer/skin](http://www.cdc.gov/cancer/skin).



## FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

### Col. Ronald F. Taylor

Director,  
Emergency Services/Provost Marshal

### Sgt. Maj. Glen W. Wellman III

Provost Sergeant Major

### Bill Forrester

Fire Chief



### CASES OF THE WEEK

❑ A civilian was detained by the Richland County Sheriff's Department to await extradition to New Jersey after Military Police discovered he had two outstanding warrants, MPs said.

One warrant was for receiving a stolen vehicle and another was for theft. The civilian was originally stopped for driving without a license.

❑ A Soldier was charged with improperly changing lanes in connection with a multi-vehicle accident, MPs said. A second motorist drove into a

parked vehicle, causing damages to the front of the vehicle.

The parked vehicle's rear quarter panel and axle were damaged. Both vehicles were towed from the installation. The Soldier who was charged did not report any damages to his vehicle, MPs said.

❑ One civilian was turned over to Immigration and Customs Enforcement and another was issued a three-year post bar letter after it was discovered that one man was in the country illegally, MPs said.

The driver was charged with transporting an illegal immigrant and the passenger was charged with illegal entry. The vehicle was towed from the installation.

## Courts-martial

❑ Staff Sgt. Omar De Los Rios was convicted of one charge of illegal association and one charge of adultery in a special court-martial June 1. Rios was a drill sergeant with Company C, 2nd Battalion, 39th Infantry Regiment. A military judge sentenced Rios to a reduction in rank to E4 and 30 days confinement.

❑ Sgt. Vanan Jones was convicted of two counts of illegal association and one count of wrongful possession of a firearm in a special court-martial Thursday. Jones was a drill sergeant in Company F, 2nd Battalion, 39th Infantry Regiment. A military judge sentenced him to a reduction of rank to E4 and 60 days confinement.

## LEGAL

# Living wills ensure patients' wishes are followed

By 1ST LT. ADAM WOLRICH

Legal Assistance Office

Health care powers of attorney are "advance directives" that allow people to name "health care agents" to speak to doctors about their medical conditions and make decisions concerning their medical care on their behalf. Generally, without an advance directive, a hospital is legally bound to do everything to keep a patient alive as long as possible, until the patient or a family member decides otherwise.

With advance medical directives, patients have more control over decisions about their medical care. Advance directives can be made effective upon an individual's becoming physically disabled, mentally incompetent or otherwise incapacitated, and provide people with the security of knowing that they have named the person (or people) of their choice who will make medical decisions for them in the event they cannot do so themselves.

A living will, known in South Carolina as a "Declaration of a Desire for a Natural Death," is not the same thing as an advance directive. A declaration applies only when the attending physician and another physician have determined that a patient is either:

(1) terminally ill and close to death or (2) in a persistent vegetative state. In the declaration, the patient declares his or her desire about artificially prolonging life



Metrocreative graphics

**Advance medical directives and living wills are two distinctly different documents that a person should research so that family members will know the steps to take if that person unexpectedly dies or is hospitalized.**

through the use of medical intervention, such as a respirator. The only exception that a patient can make on this "no life support" document is to elect whether he or she wishes to receive artificial nutrition and hydration.

A living will is enforceable as a last wish unless the patient chooses to give another person, referred to as an agent, power to revoke a living will. Patients can also appoint an agent to enforce a living will. Naming an agent to enforce a living

will allow the patient to make sure that his or her wishes will be carried out, even if the hospital or physician wants to keep the patient on life support.

It is important to keep the original documents in a place where the agent (and any "back-up" or successor agents) has access to it 24 hours a day. It is also important to make sure that agents named in these documents are given a copy and are informed where the originals are being kept.

## Fort Jackson Legal Office

The Fort Jackson Legal Office provides legal services — including powers of attorney, living wills and health care powers of attorney — to eligible people.

For more information, or to schedule an appointment to speak with an attorney, call 751-4287. Office hours are Monday through Friday, 9 a.m. to 4 p.m.

The office is located at Building 9475, at the corner of Kershaw and Kemper roads.

Walk-ins for living wills, health care powers of attorney and durable powers of attorney are accepted 1:30 to 3:30 p.m., Tuesdays and Thursdays. Appointments are required for wills. The office is closed on federal and training holidays.

## Leader deadlines

Article submissions are due two weeks before publication. For example, an article for the June 23 Leader must be submitted by today.  
Announcement submissions are due one week before publica-

tion. For example, an announcement for the June 23 Leader must be submitted by June 16. Send your submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil).



# Date of end times not known to man

By **CHAPLAIN (MAJ.)  
LANE J. CREAMER**  
*3rd Battalion, 13th Infantry Regiment*

Recently, a man made a claim that the end of the world would happen on a certain date and at a certain time. His assertions, based on his belief that the Bible contains secret codes, made national news and, of course, proved to be false.

Many were duped into believing this man had special insight into the exact time of when Christ would return, some giving all of their money to this ministry. This is not a new phenomenon, as there have been many throughout the centuries making similar claims.

However, one can look toward scripture and see that nowhere does God provide us with the exact time of his return. In fact,



Jesus tells his disciples in Mark 13:32, "But the angels in heaven, nor the Son, but the Father alone" and in Acts 1:7, "It is not for

you to know times or epochs which the Father has fixed by His own authority."

The Bible was written with clarity so that all can understand. When one person claims to have special insight, the Christian has a duty to accurately divide the word of truth to see if the claims align with the word of God.

Paul provides us with helpful advice when he preached in Berea, "Now these were more noble minded than those in Thessalonica, for they received the word with great eagerness, examining the Scriptures daily, to see whether these things were so (Acts 17:11)."

So, what can the Christian do regarding the end times? They can continue to examine the scriptures daily to see what God's word has revealed, faithfully live out their calling before him, and always love his appearing.



## PROTESTANT

- Sunday
- 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
- 9 a.m. Daniel Circle Chapel Gospel service, Post Theater
- 9:30 a.m. Hispanic, Solomon Center
- 9:30 a.m. Main Post Chapel
- 10:45 a.m. Sunday school, Main Post Chapel
- 11 a.m. Memorial Chapel
- 11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
- 6 p.m. Prayer service, Magruder Chapel

## Protestant Bible Study

- Monday
- 7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
- 9:30 a.m. to noon Women's Bible study (PWOC), Main Post Chapel
- Wednesday
- 6 p.m. Gospel prayer service, Magruder Chapel
- 7 p.m. Gospel Bible study, Magruder Chapel

- 7 p.m. LDS scripture study, Anderson Street Chapel
- Saturday
- 8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

## Protestant Youth of the Chapel

- Sunday
- 5 to 6:30 p.m. Club Beyond youth group, Main Post Chapel
- Saturday
- 11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

## CATHOLIC

- Monday through Friday
- 11:30 a.m. Mass, Main Post Chapel
- Sunday
- 9:30 a.m. CCD (September through May), Education Center
- 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
- 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
- 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
- 11 a.m. Mass (Main Post Chapel)
- 12:30 a.m. Catholic youth ministry, Main Post Chapel
- 7 p.m. Women's scripture study, Main Post Chapel

- Wednesday

- 7 p.m. Rosary, Main Post Chapel
- 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel
- Friday
- 11:30 a.m. Ladies of the parish, Main Post Chapel (first Friday of each month)

## ANGLICAN/LITURGICAL

- Sunday
- 8 a.m. Anderson Street Chapel

## ISLAMIC

- Sunday
- 8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
- 1 to 2 p.m. Jumah services, Main Post Chapel

## JEWISH

- Sunday
- 9:30 to 10:30 a.m. Worship service, Memorial Chapel
- 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

## CHURCH OF CHRIST

- Sunday
- 11:30 a.m. Anderson Street Chapel

## LATTER DAY SAINTS

- Sunday
- 9:30 to 11 a.m. Anderson Street Chapel

- Thursday
- 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

## ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**  
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**  
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**  
4581 Scales Ave.
- Family Life Chapel**  
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- Main Post Chapel**  
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**  
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**  
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**  
4475 Gregg St., 751-3121/6318

# Soldiers have a ball at weekend event



*Photos by JAMES ARROWOOD, command photographer*

**Maj. Gen. James Milano, Fort Jackson's commanding general, throws out the first pitch at Saturday's Columbia Blowfish baseball game at Capital Stadium. The Blowfish celebrated military appreciation night with more than 3,000 Fort Jackson Soldiers in attendance.**



**Above, Soldiers and Blowfish players pay their respects as the national anthem is played before the game. Left, Soldiers are enjoying the game as the Blowfish host military appreciation night for the fourth year in a row.**

# Weight train for trimmer look

**M**uscle may weigh more than fat, but it wears better. This statement is confirmed every time exercisers and weight lifters get dressed for the day. Everything seems to hang better on their bodies.

That's because when you have more muscle definition, you take up less space in your clothes. If you have been looking for a way to make your body trimmer and healthier, consider starting a weight training program. Beginning a weight training program is easy and it will bring many rewards for your health and your body.

There are two aspects that need to be practiced to obtain healthy muscles: endurance and strength. You can practice them separately by splitting up your workout routine to devote the first portion to cardiovascular conditioning. When

## MORE TO KNOW

A natural fitness/bodybuilding competition is scheduled for June 25 on post. Competition includes men's bodybuilding, women's bodybuilding and figure. Registration is open to military, civilian employees and family members. Visit [www.fortjacksonmwr.com/fitness](http://www.fortjacksonmwr.com/fitness) for more information. Register online at <https://webtrac.mwr.army.mil/webtrac/jacksonretract.html>. Call 751-5768 for more information.

you do cardio exercises like walking on a treadmill, you build endurance because you are doing an activity that pumps blood to your muscles. When you pump blood to your muscles you feed muscles oxygen and nutrients to make them healthier and more efficient.

Next, practice building stronger muscles by strength training. Lifting weights provides you with an opportunity to get in shape quickly.

You will build lean muscle tissue which is healthier for the body because it is active tissue. Unlike fat, muscle requires lots of calories to stay alive.

On average, a pound of muscle needs 30 to 35 calories just to exist. That means muscles are always working or burning excess fat in order to keep up with the weight lifting that you are performing. This is a great reason to lift weights. Weight training is incredibly important for burning fat and keeping your body healthy. A regular practice yields significant results that are not only pleasing to the body, but better for your body.

Our bodies are covered in muscles; more than 600 of them. With there being so many muscles it is not surprising that they are an important part to your well-being. Muscles help us move, lift things, pump blood — even breathe. Some of these muscles, called voluntary muscles, we can

## The Weigh It Is

By Pamela Greene

*Fitness programmer,  
Family and Morale, Welfare  
and Recreation*



control.

Other muscles are called skeletal muscles; they get this name because they attach to your bones and work together with your bones to help you walk, run, pick things up or ride a bike. There are even muscles in our mouths and throat to help us talk.

Another type of muscle is the involuntary muscle. These muscles are found in our digestive system to move food along and push waste out of our bodies. Involuntary muscles also help keep our eyes focused without us having to think about it. The cardiac is a muscle that pumps blood through our bodies and keeps up with the demands we put on it. These are both known as involuntary muscles. They do an important function in our lives, but we have no control over them.

Begin strength training by lifting a moderate amount of weight; between five and 10 pounds if you are using free weights. If you are using the machines, begin with the lowest and work your way up. In the beginning, you want to become familiar with the technique and proper breathing.

Both of these components will add to the success of your program. Perform exercises that will strengthen the arms, back, chest, thighs, legs and buttocks. Aim for a 30-minute session three or more times per week. Think about lifting your weights in four sets and 12 repetitions. This is the standard number used to see results.

Once your new program is no longer challenging you or your muscles, it will be time to increase your weight. This means that your program is working for you and your muscles are becoming more conditioned and efficient.

Healthy muscles are those that have been worked, stressed and pushed to their limit so that they have enough power and strength to get you through life, especially as we grow older. And keeping muscles fit takes effort, which means regular training with weight lifting and cardiovascular exercise even if the results are not a sculptured look you still yield a healthier body.

That is what exercise is all about.

## Sports shorts

### GOLF LETTERS OF INTENT

Letters of intent for the summer/fall golf league are due to the Sports Office by 10 a.m., June 28. The league is open to all ID card holders 18 and older. Teams consist of eight players. Each team must have four players each Tuesday.

### POST 10-MILER QUALIFIER

Fort Jackson's Army 10-Miler qualifier is scheduled for 5:30 a.m., July 16, beginning at Patton Stadium (Kershaw Street side). Active duty only. Call 751-3096 for more information.

### CYSS BASKETBALL CLINIC

Session 1 runs June 21-23 and June 28-30. Session 2 runs July 12-14 and July 19-21. Little dribblers (those who have completed kindergarten and through second grade) play 6:15 to 7:15 p.m. Beginner basketball (those who have completed third grade and up to fifth grade) play 7:15 to 8:15 p.m. Register at Parent Central Services. Call 751-4865 for more information or to register.

### SKIES SPORTS CLASSES

SKIESUnlimited is now offering beginner tennis lessons for children 5 to 18 years old. The classes are scheduled for Tuesdays and cost \$40 per month. SKIESUnlimited will also offer Start Smart enrichment classes from June 6 through Aug. 5. Classes will be offered in baseball, football, soccer, basketball and golf. For more information, call 751-6777.

### ARMY SEEKS ELITE ATHLETES

Active duty, Reserve and National Guard Soldiers who are competitive on the national and international levels in any Olympic sport can apply for the Army World Class Athlete Program.

The program allows Soldiers to train full time for a shot at the Olympics and World Championships. All applicants must be eligible to represent the United States in international competitions. Officers must be branch-qualified and enlisted Soldiers must be military occupational specialty-qualified. They must also demonstrate the potential to qualify for the U.S. Olympic Team or U.S. Paralympic Team.

Selection standards for each sport are listed at [www.armymwr.com](http://www.armymwr.com) under Sports and World Class Athlete Program.

### Softball standings

Monday/Wednesday		Tuesday/Thursday	
4-10th	7-0	USADSS	6-0
3-60th	5-0	1-61st	5-0
120th	5-3	*RRS	3-1
3-34th	4-2	*Christian Players	3-2
MEDDAC	3-2	*SwampFox	3-3
*193rd	3-3	*The Wreck	2-4
2-39th	2-5	187th	1-2
*81st RSC	2-5	*LOD	1-4
TFM	1-5	2-18th Reg.	0-8
*VA	0-7		

\*Denotes recreational teams  
Standings as of Wednesday morning

### Golf league standings

Intramural		USADSS	
120th	2766.0	Marines	1010.5
3-34th	2555.0	1-13th	951.5
1-61st	2188.0	2-60th	886.0
TFM1	2050.5		
TFM2	1912.5		
4-10th	1759.5	Recreational	
2-39th	1658.5	Heavy Hitters	834.5
187th	1534.0	That's Good	815.0
165th	1372.5	Old School	806.5
3-60th	1361.0	369th	729.5
MEDDAC	1301.5	USASSI	628.5
1-34th	1222.5		

Standings as of Tuesday

### Lunch Bunch bowling rankings

1.	1-61st	9.	HQ 120th
2.	HHC 193rd (1)	10.	P.T. Crew
3.	DHR	11.	WTU
4.	The Civilians	12.	3-34th
5.	HHC 193rd (2)	13.	81.st RSC
6.	120th (1)	14.	Team 14
7.	MEDDAC		
8.	HHC 165th		

Ranking as of Tuesday

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for "Fort Jackson Leader."

Follow the Leader on Twitter at [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao).