

THURSDAY, MARCH 13, 2014

THE FORT JACKSON LEADER

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★ SCHOOLS WON'T
HAVE TO MAKE UP
SNOW DAYS
— PAGE 4

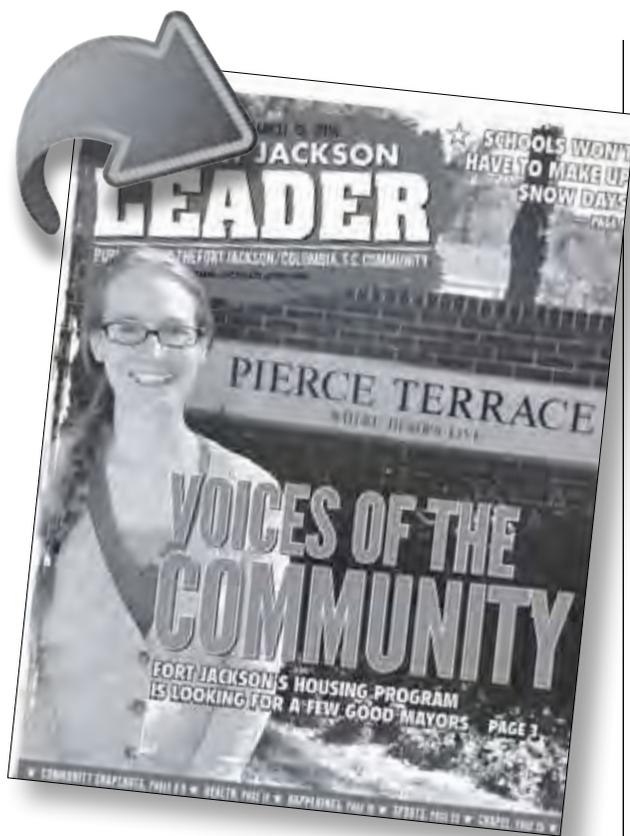


PIERCE TERRACE
WHERE HEROES LIVE

VOICES OF THE COMMUNITY

**FORT JACKSON'S HOUSING PROGRAM
IS LOOKING FOR A FEW GOOD MAYORS** PAGE 3

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ON THE COVER

Photo by WALLACE McBRIDE

Colleen Briggs serves as a mayor for Pierce Terrace District 3. The housing program is looking for volunteers to serve as mayors. SEE PAGE 3.



Fort Jackson, South Carolina 29207

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OP-ED

The Army, America celebrate women's many contributions

Women have achieved incredible progress that seemed unimaginable not so long ago in American history. They persevered through social and cultural challenges and overcame legal restraints to create a new legacy of achievement for generations that followed. They opened doors and breached barriers, and they inspired those who witnessed their character, their courage and their commitment.

The collective contribution of women to our country is extensive. Women work in every facet of American life and have expanded opportunities and possibilities for generations to come. They have demonstrated their mettle in countless ways, one of which is soldiering. Even before they could serve officially as Soldiers, women served the Army in various positions and became invaluable sources of support for fighting troops.

They shared hardships during wartime and some shared duties in combat. For more than two centuries, women have served and sacrificed as members of the profession of arms. Today's female Soldiers continue to serve with valor and distinction, carrying on the rich and long tradition of character, courage and commitment that makes our Army the Strength of the Nation.

History is clear — when put to the test, our Army women stand tall with their brothers-in-arms to prevent, shape, and win the nation's wars.

We are equally proud to recognize the talented women who lend their depth of experience to our civilian work force. Their steadfast commitment is critical to the success of the Army.

We especially acknowledge the women in our families who provide untiring support through peace and war.

Fort Jackson will celebrate Women's History Month with a luncheon from 11:30 a.m. to 1 p.m., Friday at the Solomon Center. The guest speaker will be Col. Mary Jones-Morgan, deputy commander for nursing at Moncrief Army Community Hospital. For tickets, contact an equal opportunity adviser or the Equal Employment Opportunity Office.



As we pause to honor the many and important contributions of women to our Army and our country, we encourage our entire Army family to pay tribute with us. Together, we are Army Strong.

Editor's note: This commentary was written by Sgt. Maj. of the Army Raymond Chandler III; Gen. Raymond Odierno, chief of staff of the Army; and John McHugh, secretary of the Army.

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facebook



Photo by WALLACE McBRIDE

Colleen Briggs has been a housing mayor for Pierce Terrace District 3 since 2012. The housing mayor program relies on a staff of 16 volunteers, who represent eight districts of post housing. Each district gets two mayors, but, currently, seven of those districts have vacancies.

'We speak for the community'

Housing mayors work to improve quality of life for post residents

By WALLACE McBRIDE
Fort Jackson Leader

Fort Jackson's housing program is always looking for a few good mayors.

The program relies on a staff of 16 volunteers, who represent eight districts of post housing. Each district gets two mayors, but, at the moment, seven of those districts have vacancies.

"We speak for the community," said Colleen Briggs, a housing mayor for Pierce Terrace District 3 since 2012. "Our residents can come to us for support in a variety of ways. We're a liaison of sorts."

Residents can take their concerns directly to Balfour Beatty Communities, which manages post housing, and can take issues directly to the installation's housing office. Occasionally, Briggs said, residents are uncomfortable with those options, depending on the nature of their issue.

"Sometimes people feel more comfortable bringing their concerns to a neighbor," she said. "They may have to go through these other offices to find a resolution, but we can help them bring things to light that they might not be comfortable doing face to face."

The primary function of the housing mayor program is to enhance the quality of life for families assigned or residing on the installation, said Vickie Grier, housing management specialist.

"Mayors are volunteers who represent their designated communities issues and concerns to the garrison leadership with house issues," Grier said. "Housing residents living on post are eligible to serve, including military and civilians. There's an application to become mayor, as well as a background check with military police."

"I love to volunteer," said Christie Richardson, a housing mayor for Pierce Terrace District 4, now in her third volunteer year. "I figured what better thing to do than enhance the quality of where we live?"

Richardson said housing mayors have made significant changes to the quality of life on post in recent years. Children riding bicycles are now required to wear helmets because of the program, which also instituted an evening curfew for minors. Volunteers have also worked on several beautification projects on post.

"There have been more issues in the community than I thought were there," she said. "It's time consuming, but it's well worth it."

Helping with community improvements is what first at-

tracted Olivia Ray to the housing mayors program. Ray has represented Pierce Terrace District 2 for one year, and originally joined to help establish a dog park on post.

"I thought being a mayor would give me a leg up on the people who'd listen," Ray said. The park opened last summer.

"The mayor's biggest role is getting information out to the residents and relating their concerns to the appropriate person at Balfour Beatty and (to) housing personnel," Grier said. "(Volunteers) also man the housing mayor Facebook page, so any information they have and need to get out to the community they can post it to the Facebook page."

"We pass out newsletters, and go to two meetings a month," she said. "We're voices for the community. A lot of times when people can't get something accomplished with Balfour (Beatty), we can step in and be their voice."

Briggs said her husband was a housing mayor before she volunteered.

"I filled in for him for a meeting and said, 'Why don't I just join?' I thought it was a really great initiative to get people interested in the community," she said.

Interested residents should contact Grier at 751-7567.

Milton.W.McBride3.ctr@mail.mil

Schools not required to make up snow days

By WALLACE MCBRIDE
Fort Jackson Leader

Fort Jackson schools will not be required to make up days missed because of inclement weather earlier in the year.

The region was hit by a pair of winter storms in January and February, closing post schools for a total of four days. Last week, the South Carolina House of Representatives unanimously passed legislation that would allow school boards to forgive up to five days of classes missed because of the storms. While the resolution awaits the governor's signature, the Department of Defense Education Activity headquarters has already forgiven the days missed at Fort Jackson.

"The good news is that Fort Jackson schools have the required number of instructional hours to meet the accreditation," said Gael Coyle, assistant school district superintendent, during a school board meeting March 6 at C.C. Pinckney Elementary School. "As of about an hour ago, all four days have been waived. I think some of the students will be happy to hear that and, hopefully, some of the teachers."

Also discussed during last week's meeting was codifying "key and essential personnel" for Child, Youth & School Services with regards to school closings.

"There were some questions about operations during the post closing down," Col. Michael Graese, installation garrison commander, told the school board. "Some of the school teachers have brought up the issue that they're not (designated) 'key and essential' personnel."

Generally, only key and essential personnel are asked to report to work when inclement weather disrupts routine operations. This designation extends to both military and Department of the Army civilians.

Graese said the post is working to revise personnel lists for CYSS, in anticipation of future weather issues.

"As long as we know who the personnel are who are key and essential, we can adjust the child development centers for (people) who have kids at the centers," he said. "If the post opens at 12, generally we'll open up the Child Development Centers half an hour earlier."

If there is a conflict between the school and Child Development Center schedules, Graese said the CDC time would be adjusted.

Milton.W.McBride.3.ctr@mail.mil



Leader file photos

The region was hit by a pair of winter storms in January and February, closing post schools for a total of four days. It was announced during last week's school board meeting that Fort Jackson schools have the required number of instructional hours to meet the accreditation. Left, a yard stick is used to measure how much snow fell during the storm in January.

TRICARE service center to close

From Moncrief Army Community Hospital

Walk-in service at the Moncrief Army Community Hospital TRICARE Service Center, or TSC, will no longer be available as of April 1. An increasing number of TRICARE beneficiaries has been using online and mobile services recently.

MACH patients will continue to have a variety of secure, electronic customer service options available through www.tricare.mil. The new "I want to..." feature puts everything beneficiaries want to do online on the home page of the website.

When walk-in service ends April 1, beneficiaries who want to get personal assistance can call TRICARE at 1-800-444-5445 for enrollment and benefit help.

All health care, pharmacy, dental and claims contact information is located at www.tricare.mil/contactus. Beneficiaries can get around-the-clock TRICARE benefit information at www.tricare.mil, and make enrollment and primary care manager changes at www.tricare.mil/enrollment.

Rather than driving to an installation TSC, TRICARE beneficiaries can also combine high-tech and low-tech solutions by downloading health care forms online and sending them by mail.

Walk-in customer service is the most expensive possible customer service option. By eliminating walk-in customer service at TSCs, the Department of Defense estimates savings of approximately \$250 million over five years. The change does not affect TRICARE benefits or health-care delivery.

For more information, visit www.tricare.mil/TSC.

TRICARE® Service Center
Walk-in Service No Longer Provided as of **April 1**

Start Using TRICARE's Convenient Self-Service Options Today!

The "I want to..." section at www.tricare.mil is your gateway to:

- Enroll In or Purchase a Plan
- File or Check a Claim
- View Referrals and Prior Authorizations
- Find a Doctor
- Change Your Primary Care Manager
- See What's Covered
- Compare Plans
- Manage Prescriptions

Contact Information

TRICARE Regional Contractors
Get enrollment assistance and answers to questions through your regional contractor's Web site or toll-free call center.

N North Region Health Net Federal Services, LLC 1-877-TRICARE (1-877-874-2273) www.hnfs.com	E South Region Humana Military, a division of Humana Government Business 1-800-444-5445 Humana.Military.com	W West Region UnitedHealthcare Military & Veterans 1-877-948-9337 (1-877-948-9378) www.uhcmilitarywest.com
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<http://milconnect.dmdc.mil>
Update your e-mail and mailing addresses in DEERS and view eligibility, enrollment information, enrollment cards, and important correspondence about your benefits.

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HURST

ON-POST MEMORIAL SERVICE FOR VETERAN SCHEDULED

A memorial service for retired Col. Hudson Hurst is scheduled for 2 p.m., Friday at the Main Post Chapel. Hurst, 95, was a 32-year active duty veteran. The family welcomes anyone interested in paying respects to his military service. Hurst's cremated remains will be placed at Arlington National Cemetery in Virginia.

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Reel Time Theaters
We're saving a seat for you.

Ft. Jackson Movie Schedule

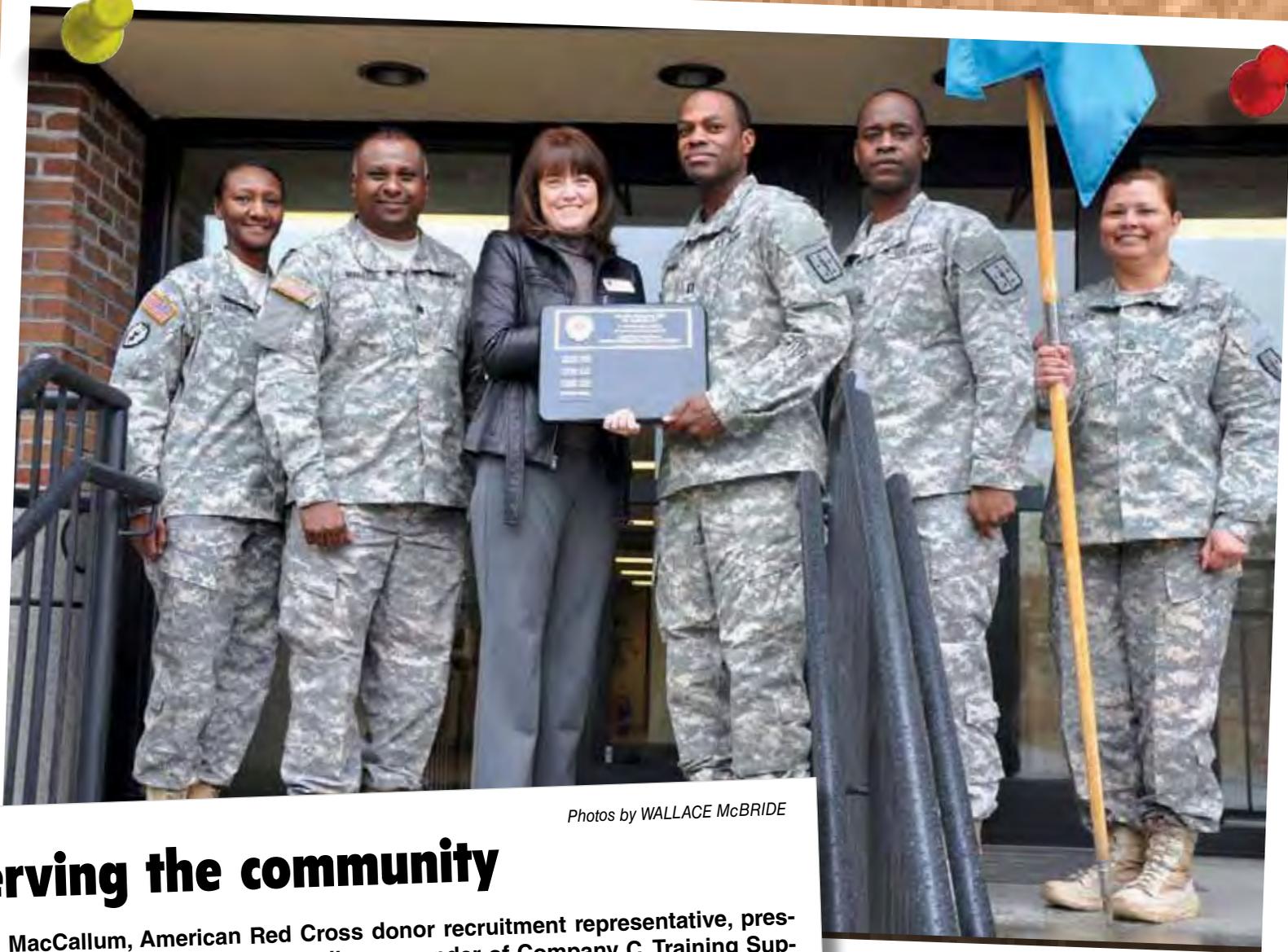
PH (803)751-7488
Adult \$5.50/Child (6-11): \$3.00
3D: Adult \$7.50/Child (6-11): 5.00
3319 Jackson BLVD
Ticket sales open 30 minutes prior to each movie
Movie times and schedule are subject to change without notice

Friday March 14
Jack Ryan (PG-13) 1830

Saturday March 15
The Monuments Men (PG-13) 1300

Her (R) 1600

Sunday March 16
The Nut Job (PG) 1400



Photos by WALLACE McBRIDE

Serving the community

Jean MacCallum, American Red Cross donor recruitment representative, presents a plaque to Capt. Tywan Purnell, commander of Company C, Training Support Battalion, for the unit's efforts in hosting blood drives for the American Red Cross. Company C, TSB has collected more than 150 pints of blood since 2011.

Rare hawk banded

Stanley Rikard, wildlife biologist with the Directorate of public Works, prepares to release a male Cooper's Hawk. This uncommon bird of prey was captured and banded on Fort Jackson in the 19B training area, and is a South Carolina species of concern. The presence of these birds on Fort Jackson indicates a healthy Longleaf pine ecosystem.

Courtesy photo





Courtesy photo

New Ranger

Sgt. 1st Class Sean Spinks, 3rd Battalion, 34th Infantry Regiment receives his Ranger tab from his girlfriend, Pamela Sanchez. Spinks graduated from Ranger School March 7. He is the first Soldier in his unit to become a Ranger in more than two years.



Photo by STAFF SGT. TOSHIKO GREGG, 81st Regional Support Command

CWOs meet

Chief Warrant Officer 5 Patrick Nelligan, the 81st Regional Support Command's command chief warrant officer, hosts the second command chief warrant officer training session. Guest speakers included Chief Warrant Officer 5 Phyllis Wilson, the command chief warrant officer of the Army Reserve, and retired Maj. Gen. George Goldsmith, an Army Reserve ambassador for South Carolina.

News and Notes

TIRE WARRANTIES HONORED

Customers who own an active tire support agreement warranty, or TSA, which was purchased at the now-closed Fort Jackson Car Care Center can seek service at a location of their choice. The Exchange will reimburse the customer for the costs. To be reimbursed at the Main Exchange customer service desk, the customer must have an active TSA and receipt.

WOMEN'S HISTORY MONTH EVENT SCHEDULED

Fort Jackson will celebrate Women's History Month with a luncheon from 11:30 to 1 p.m. Friday at the NCO Club. The guest speaker will be Col. Mary Jones-Morgan, deputy commander for nursing at Moncrief Army Community Hospital. Tickets cost \$10.50. For more information, call 751-1908 or contact an equal opportunity adviser or the Equal Employment Opportunity Office.

9/11 MEMORIAL TO VISIT FORT JACKSON

The 9/11 mobile "Never Forget" exhibit will be on display at Hilton Field from 8 a.m. to 1 p.m., March 27. The memorial provides interactive education, including artifacts, news and video recordings.

MAUDE LECTURE SET

The next LTG Maude Lecture Series event is scheduled for 3 p.m., March 25 at the Solomon Center. The guest speaker will be retired Air Force Lt. Gen. Darrell Jones, former Air Force deputy chief of staff for Manpower, Personnel and Services.

COMPTROLLERS MEET

The American Society of Military Comptrollers will host the Santee Regional Professional Development Institute from 8 a.m. to 4:30 p.m., April 11 at the Santee Conference Center. For more information, visit <https://sites.google.com/site/asmcbeaufortlowcountry/south-carolina-asmc-regional-pdi-2014>.

Information subject to change.

MACH to host training for social workers, Soldiers

From Moncrief Army Community Hospital

In recognition of National Social Work Month, the Department of Behavioral Health at Moncrief Army Community Hospital will host its fourth annual social work training March 24-25.

The training is open to behavioral health providers, Soldiers, and family members.

The training aims to help participants understand, coordinate, use, promote and accentuate a number of prevention and intervention strategies, including the use of accessible resources to empower service members, family members and civilians.

The training will take place from 7:30 a.m. to 4 p.m. at the NCO Club.

This year's theme is, "All People Matter."

For more information on how Moncrief Army Community Hospital's Department of Behavioral Health Fort Jackson is supporting Soldiers and families, email Sonjia.a.howard.mil@mail.mil





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SPORTS

WINTER BASKETBALL STANDINGS

Monday/Wednesday league

4-10th	9-0
MEDDAC	8-1
2-60th	6-2
VA	6-4
81st	3-5
SF	3-10
187th	2-8
3-60th	1-9

Tuesday/Thursday league

NF	8-0
SSI	8-3
175th	6-2
1-13th	4-4
MWR	3-7
MPs	2-5
3-13th	2-7
171st	2-7

Standings as of March 11

DARTS STANDINGS

SS	17 points
BWB	14 points
MPs	12 points
3-34th	11 points
187th	11 points
1st CivDiv	11 points
MACH	9 points
165th	9 points
1-61st	3 points
FTC	3 points

Standings as of March 14

SOCCER STANDINGS

SSI	3-0
2-60th	3-1
3-60th	2-0
MEDDAC	1-1
USADSS	0-3
165th	0-4

Standings as of March 8

Soldiers encouraged to vote this year

By DAVID VERGUN
Army News Service

WASHINGTON — Although the commander in chief is not on the ballot, this is still a “huge year” for voting, Rachel Gilman said.

This year’s elections will “encompass all 435 seats of the House of Representatives and 33 Senate seats” as well as state and local positions and other important things like initiatives and referendums, said Gilman, who is the Army voting action officer, Soldiers Program Branch, Adjutant General Directorate, Human Resources Command.

The 2014 mid-term election season has already started and will continue until Sept. 16, she said. Although Nov. 4 is election day, mid-September is the deadline for requesting absentee ballots.

It’s “really important” Soldiers and family members are registered, request their ballots early, immediately fill them out, sign them and return them in the mail. Also make sure the correct address is on the ballot request, she added.

Soldiers can vote in the state or territory they last resided before entering the Army. This is called their “legal voting residence.” Or, they can claim another state or territory as their legal residence where they have previously been stationed, she explained.

Soldiers can vote by absentee ballot if they are not in the state or territory where they are registered to vote. This is particularly the case for Soldiers stationed overseas, she pointed out.

Deployed Soldiers should request an absentee ballot at least 45 days before their state primary, she said. If they have not received their ballot from their local election official, they can complete a federal write-in absentee ballot.

Soldiers also can contact their local election office and use the federal postcard application to get that request in or find their state and its requirements at the Federal Voting Assistance Program website www.fvap.gov.

All Soldiers should check with their state because every state has different registration requirements, she said.

Besides getting help from that website, every unit — from company level on up — has a unit voting assistance officer.

In past elections, she observed, “we saw a lot of people who were kind of frantic because they waited a little bit too late to either request their ballot or send their ballot back — especially for those Soldiers who are deployed or overseas.”

The Army Voting Assistance Program is a year-round program, since elections are often held in off-year cycles. “Last year we had special elections in different states,” she said.



“It’s a personal choice to vote, so we want to make sure everybody has that right” and the information they need to do so, she said.

This year’s voting theme is “Send Your Vote Home.”

Editor’s note: Fort Jackson Soldiers can attend a voting assistance workshop from 8:30 a.m. to noon, April 24 in the 2nd Battalion, 39th Infantry Regiment’s classroom 1 at 10400 Hampton Parkway.

University offers free career programs

By **LISA FERDINANDO**
Army News Service

WASHINGTON — The Institute for Veterans and Military Families at Syracuse University is currently enrolling eligible veterans and their spouses in an online program to enhance their career skills and job marketability.

The goal of the Veterans Career Transition Program, or VCTP, is to address the problem of unemployment faced by veterans and military spouses, and support those who are transitioning out of the military, said Dan Cohen, VCTP program manager.

The online courses enable post-9/11 veterans, transitioning military members, and their spouses to obtain the skills and professional certifications needed to be competitive in the civilian world, he said.

Cohen, a former Army captain, knows the importance of helping veterans.

“No one was doing this when I got out of the Army. I’m real happy to be a part of fighting that battle today,” said Cohen, who served two tours in Iraq during his 5 1/2 years in the service.

He left active duty in 2005 after four years, and then was in the Individual Ready Reserve for a year and a half.

“Finding that first job was incredibly challenging,” he said. “It wasn’t until I had an ex-captain have a look at my resume and help me pull some things together and help me figure out how to do some effective networking, that I found that first job.”

Participants in the VCTP program pick a track of study in professional skills, technology or human resources. An adviser is assigned to students to assist them in developing interviewing and networking skills, help them create a cover letter and resume, and guide them in achieving the milestones in the program.

There are about 30 certification pathways available to participants, Cohen said.

At the completion of the VCTP program, Cohen said students will have training, a certificate of completion from Syracuse University, and, when applicable, industry-recognized certifications that will make them competitive in the civilian job market.

Veterans and spouses who are already employed and who need to achieve industry certifications to advance or maintain their employment can enroll in the independent study track. There is no deadline to apply

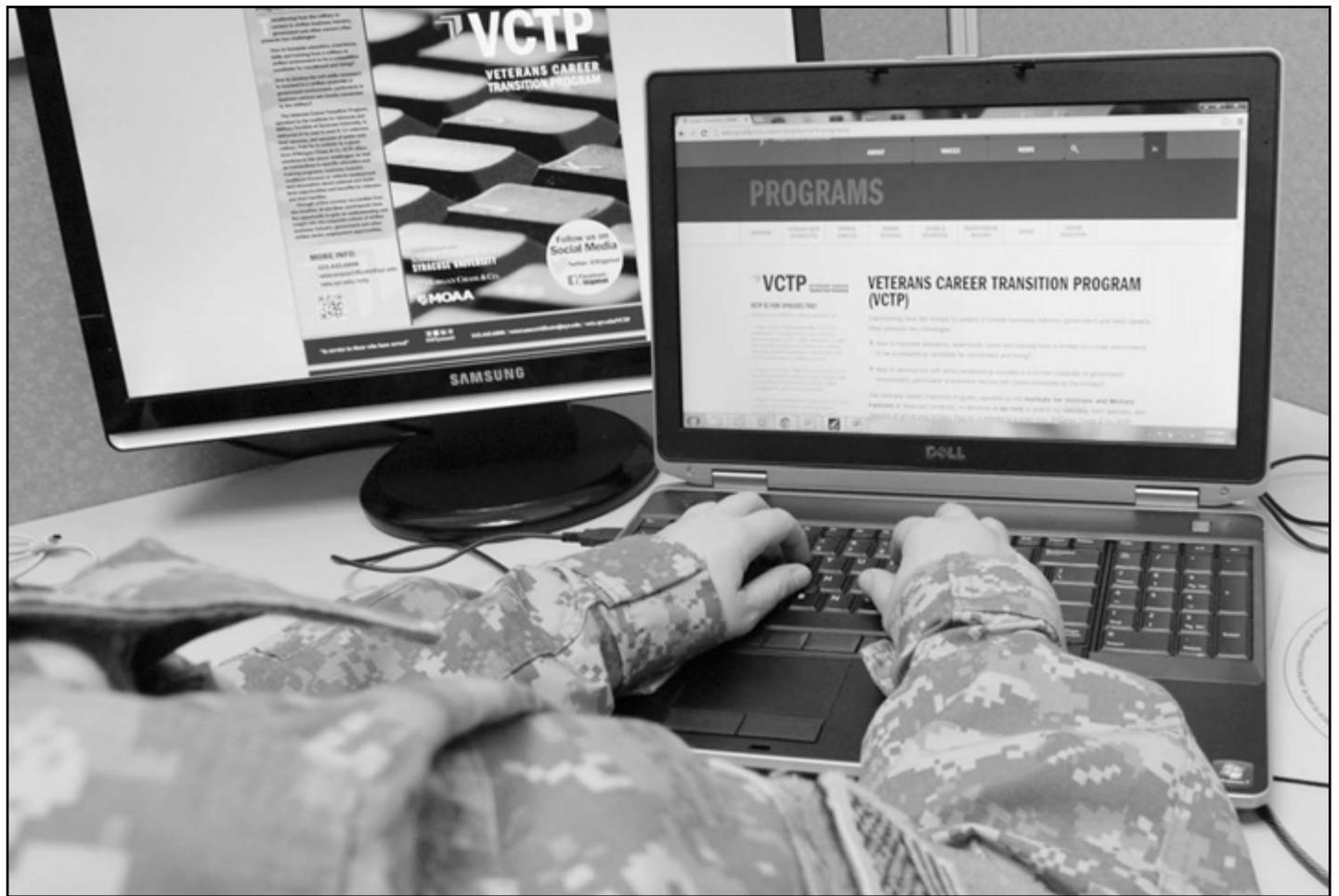


Photo by J. D. LEIPOLD, Army News Service

Post-9/11 veterans, transitioning military members, and their spouses can enroll in free, online career training at Syracuse University to enhance their skills and marketability. Classes are scheduled quarterly.

for the independent study course. Courses in the independent study track begin as soon as the student enrolls.

In the professional skills track, students are able to gain skills in creating resumes and cover letters, and preparing for and executing job searches, Cohen said. Enrollees can take courses in Microsoft Office, Word, Excel, PowerPoint and Outlook.

The tech track prepares students for a career in operations or IT. The program will pay for associated exam fees for industry certification.

The human resources curriculum is tailored to provide training for a newcomer to the HR field, and prepare existing HR professionals for the Professional in Human Resources and Senior PHR certification exams, depending on their experience level. The training is certified by the Human Resources Certification Institute, the certification arm of the Society for Human Resource Management.

The VCTP program, funded by JP Mor-

gan Chase & Co., is offered at no cost to eligible veterans and their spouses, Cohen said. A partnership between Syracuse University’s School of Information Studies and JP Morgan Chase & Co. initiated the program in 2011, and the school’s faculty remain engaged in developing curriculum and industry collaboration.

To be eligible, veterans must have served at least one day of active duty since Sept. 11, 2001. Active-duty members are eligible if they are transitioning out of the military in the next 18 months. Spouses of eligible veterans and all active-duty members, regardless of whether they are transitioning, are invited to apply.

Army Reserve and National Guard members are eligible as well, Cohen said, as long as they have served at least one day of active duty post-9/11, not including their annual active-duty training.

All five branches of the military have been represented in the program from the lowest-ranking enlisted member to high-

ranking officers, at all education levels and backgrounds, Cohen said.

Spouses were recently included in the program.

“We’ve gradually been expanding the eligibility for the program but there was this gap,” Cohen said. “The challenges that military spouses face, regardless of whether the veteran is transitioning, are unique in the job market.”

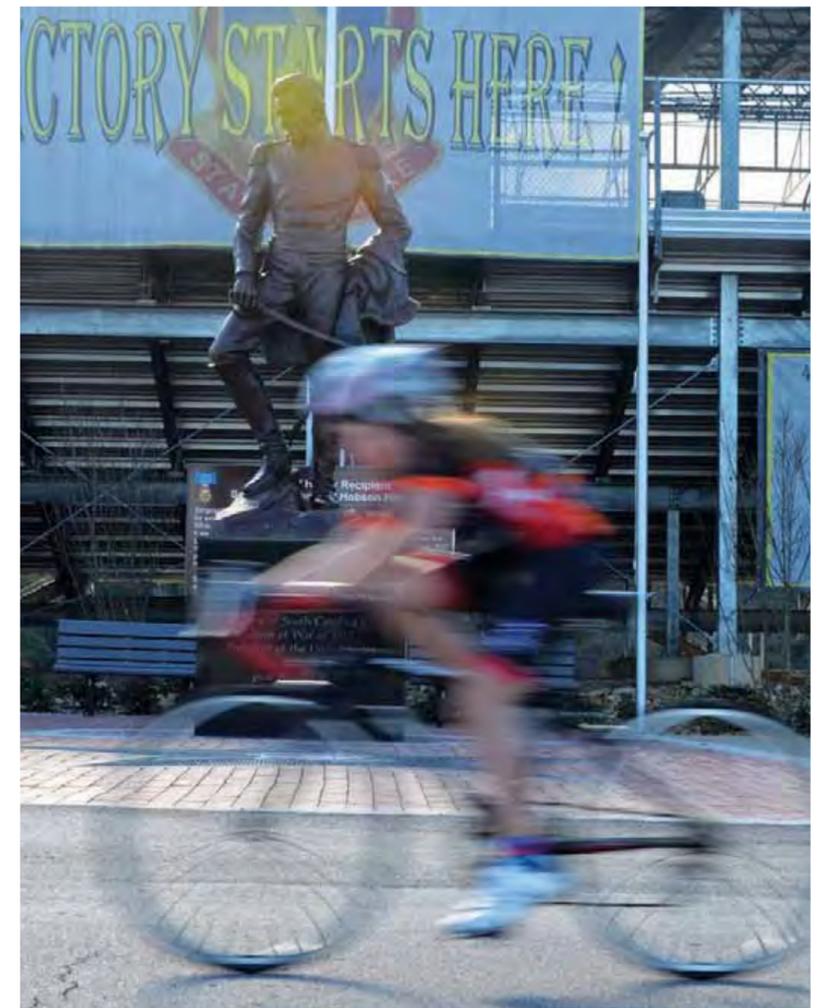
Those challenges for spouses include employment gaps, finding an easily transferable career field because of the frequent moves, and job seekers being able to successfully market themselves to an employer, he said.

In addition to the VCTP program, the Institute for Veterans and Military Families offers other programs free of charge for veterans, Guard and Reserve members, military families, and disabled veterans. Cohen noted that all the information is available on the institute’s website at www.vets.syr.edu.



Youth, women compete in criterium race

Fort Jackson hosted a criterium bicycling event that drew about 50 racers to Hilton Field Sunday. The event featured two races each for juniors and women. Criterium races are road races on a looped track, typically between one and two miles long. The timed races are separated by age and skill level.



March is Brain Injury Awareness Month

By NAVY CMDR. ANGELA DINKINS SMITH
Moncrief Army Community Hospital

According to the Armed Forces Health Surveillance Center, more than 168,000 Army personnel have sustained a traumatic brain injury since January 2000.

A brain injury can happen anytime, anywhere, to anyone. According to the Brain Injury Association of America, each year an estimated 1.7 million children and adults in the United States sustain a TBI, and approximately 795,000 people sustain an acquired brain injury, or ABI, from nontraumatic causes.

TBIs can affect the functionality of the brain, for example thinking, reasoning and memory. Whether the victim is an adult, a child or an infant, TBIs can

have a major impact on patients and their families.

To raise TBI awareness, the Victory Care Clinic at Moncrief Army Community Hospital will staff an information booth in the hospital lobby from 7:15 to 8:15 a.m. during the week of March 17.

The Victory Care Clinic will also host an open house/drop-in from 1 to 2 p.m., March 19 to discuss TBI services offered at MACH and to provide materials related to brain injury. The open house/drop-in will take place at MACH, sixth floor, Room 23.

Brain Injury Awareness Month provides an opportunity to raise public interest and gives everyone an opportunity to work together to improve the quality of life for people with TBI. For more information about TBI or the services provided at MACH, call 751-2869.



Army graphic

Moncrief Army Community Hospital will host events next week to mark Brain Injury Awareness Month.

MACH UPDATES

MACH MAIN ENTRANCE CLOSED

The main (ground floor) entrance at Moncrief Army Community Hospital will be closed for renovation through July 31. Visitors are asked to pay attention to the signs posted for entry into the hospital and patient drop-off.

URGENT CARE HOURS CHANGED

The Urgent Care Clinic at Moncrief Army Community Hospital is now open from 6 a.m. to 10 p.m. Patients need to sign in before 9:30 p.m. Patients who need emergency care should call 911 or proceed to the nearest emergency

room. Patients enrolled in TRICARE Prime who need non-emergency care can schedule an appointment online at www.tricareonline.com, call their primary care provider or call 751-CARE (2273) during regular duty hours.

IMMIGRATION EXAMS

The Department of Preventive Medicine at Moncrief Army Community Hospital provides complete immigration exams, including physical exams, tuberculosis screening, laboratory tests and immunizations for TRICARE-eligible beneficiaries. To schedule an appointment, call 751-5251.

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Like us on FACEBOOK.

Log on to your account and search for "Fort Jackson Leader."

Prescription home delivery available

TRICARE beneficiaries can switch to home delivery for any medication taken regularly. There are several ways to switch:

- Call Express Scripts at (877) 363-1303.
- Ask your provider to fax your prescription to Express Scripts at (800) 895-1900.
- Ask your provider to e-Prescribe to "Express Script Mail Pharmacy."
- Mail your prescription along with a completed mail order form to Express Scripts Inc., P.O. Box 52150, Phoenix, Az. 85072-9954.

The first shipment will usually arrive within two weeks.

Switching to home delivery can also save money — \$38 for every brand-name drug compared to using a network pharmacy. In addition, there is no copay for a 90-day supply of generic drugs.

Express Scripts stocks all drugs on the TRICARE formulary.

Leader deadlines

Article submissions are due two weeks before publication. For example, an article for the March 27 Leader must be submitted by today.

Announcement and photo submissions are due one week before publication. For example, an announcement for the March 27 Leader must be submitted by March 20.

Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.



Your health care is a click away

Moncrief Army Community Hospital Integrated Health Clinic Medical Home

With online services from Army Medicine Secure Messaging Service you can:

- Book appointments
- Request/review lab and test results
- Request medication refills
- Request a referral
- Email your doctor a question
- Schedule web visits with your doctor

It's health care that clicks.

To register for online services ask your health care team in the Integrated Health Clinic Medical Home or visit: <http://www.relayhealth.com>.



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao for breaking news and updates.

Calendar

Wednesday

Book signing

9 a.m. to 6 p.m., Main Exchange
Kay Spann Byrd will sign copies of her book, "Have You Talked About God Today?"

Friday, March 21

Hearts Apart/Foreign Born Spouses "Salad Feast" luncheon

11:30 a.m. to 1:30 p.m., Strom Thurmond Building, Room 222
The theme is "Identity Theft and Scams." Registration is required by Tuesday. For more information, call 751-9970/1124 or email patricia.a.guillory@us.army.mil or miranda.broadus@us.army.mil.

Wednesday, April 2

Victory Spouses Club luncheon

11 a.m. to 1 p.m., Officers' Club
The theme is "How Does Your Garden Grow?" Registration is required by March 27. For more information, email victoryreservations@gmail.com.

Saturday, April 26

National Prescription Take Back Day

10 a.m. to 2 p.m., Main Exchange

Announcements

HEARTS APART PROGRAM

The Hearts Apart program supports families who live separated from a loved one because of deployment or an unaccompanied tour of duty. Family members are invited to participate in monthly activities and holiday events. The Hearts Apart Support Group meets quarterly. For upcoming events, visit <http://fortjacksonmwr.com/acs> or www.facebook.com/fjackson.acs. For more information, call 751-9970/1124.

HOMEWORK LAB

The Youth Center's homework lab offers homework and project assistance in all subjects from 3 to 6 p.m., Monday through Friday. Students can bring their essays for editing, proofreading and printing. Computers and iPads are available for research and homework.

Students can join the Power Hour Club to earn points and prizes for completing

homework assignments and projects, tutoring others and getting good grades. SAT prep sessions for middle and high school students are offered on the last Saturday of the month. The next session is scheduled for 3 p.m., March 29. For more information, call 751-1136 or email ari.s.foster.naf@mail.mil.

TEEN PROGRAM

The Youth Center's teen program offers various activities for students in grades 9 through 12. The Keystone Club meets twice a month and focuses on community service, academic success and career preparation. The 4-H program includes a cooking club. The step team (which includes eighth graders) meets at 6 p.m., Wednesdays. A fitness club meets Thursdays. The teen council plans different activities and trips and meets weekly. For more information, visit the Youth Center.

AER SCHOLARSHIPS

Army Emergency Relief is accepting applications for its scholarship programs. AER offers the MG James Ursano Scholarship Program for dependent children and the Spouse Education Assistance Program. Both scholarships provide assistance for students who are pursuing their first undergraduate degree. The applications close May 1. For more information, visit www.aerhq.org.

LIFEGUARD TRAINING

The next lifeguard training class is scheduled to begin March 21. Sessions are scheduled for March 21-23 and 29-30. For more information, visit <https://webtrac.mwr.army.mil/webtrac/jacksonretrac.html>.

MS/TEEN PROGRAM

The Middle School/Teen Program offers services from 1 to 10 p.m., Saturdays and from 2 to 4 p.m., Sundays. Activities include cooking, pool tournaments, basketball, movies, bowling, field trips and community service. The computer lab and recording studio are open every other Saturday from 2 to 6 p.m. and 2 to 4 p.m., respectively. Sundays are family days. Family members are welcome to participate in basketball and volleyball.

SPORTS SHORTS

- Letters of intent for 6/6 indoor volleyball are due March 25;
- St. Patty's Day 5K walk/run, 8 a.m.,

March 22, Semmes Lake;

- Big Day Out 5K, April 12;
- Strongman competition, 6 p.m., May 17, Hilton Field Softball Complex.

For more information, call the Sports Office at 751-3096.

KNIGHT POOL HOURS

Knight Pool is now open Saturdays from 8 to 11 a.m.

EFMP ART ADVENTURE

The Exceptional Family Member Program is now hosting art activities on the third Thursday of every month at 5 p.m. at the Joe E. Mann Center Ballroom. The program will include clay modeling, pottery, water color painting, drawing and other activities. Participants must be enrolled in EFMP. For more information, call 751-5256 or email cheryl.f.leysath.civ@mail.mil.

SAT/ACT TESTING

The Education Center will administer SAT testing May 29 and Oct. 30. ACT testing will be available July 31. Testing is available to eligible service members only. For more information and to register, call 751-5341.

THRIFT SHOP NEWS

- The Thrift Shop now accepts summer clothing only.
- The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

Information is subject to change.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.

Send your announcements to fjleader@gmail.com.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

OPERATION PURPLE CAMP

Applications for Operation Purple summer camps are now accepted. The camps are free for military children, 7 to 17. For more information, visit <http://support.militaryfamily.org> and click on "Our Programs."

Housing happenings

MAYORS NEEDED

The mayoral council is looking for volunteers to serve as mayors for the Fort Jackson housing communities. Being a part of the council allows residents to be a voice for the community. Child care is provided while performing mayoral duties. Interested residents should contact Vickie Grier at 751-7567.

RENTERS 101

What to look for when signing a contract or lease? A prospective renter (tenant) should look for the following: Is the contract clearly written and understandable? Are there any blanks that need to be filled in and initialed? Be sure you have a fully executed copy of your lease at the time you provide the landlord with the security deposit. The agreement should clearly state the amount of rent to be paid, the date the payment is due, and the rights and obligations of the tenant and the landlord. Be sure you know how to contact the landlord or the landlord's agent if there is a problem.

A Fort Jackson Housing Services Office staff member will review your lease for you. For more information, call 751-5788/7566/9323.

HOUSING ON FACEBOOK

The Housing Services Office is on Facebook. Look for "Fort Jackson Housing Division."

RENT CONCESSIONS

Contact Balfour Beatty Communities to learn how to earn money through the rent concessions program. For more information, call 738-8275.

VOICE BROADCAST

Contact the Housing Office to update your phone number and email address to receive voice broadcast notifications in housing.

PCS MOVE

Not sure if you're moving to another Balfour Beatty property? Ask your resident specialist so you can be enrolled in our Resident Rewards Program. Each time you relocate to a Balfour Beatty Communities property, you could earn a cash reward through the program. For more information, call 738-8275.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE Photos by OITHIP PICKERT, Public Affairs Office



Sgt. Annabelyn Verdeflor
Company A
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pfc. J.R. Myers

HIGH BRM

Pvt. Timothy Grindle

HIGH APFT SCORE

Spc. Phoebe Thomas



Staff Sgt. Jason Frank
Company B
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Solomon Griffith

HIGH BRM

Pvt. Solomon Griffith

HIGH APFT SCORE

Pfc. Joseph Rivera



Staff Sgt. Brandon Jenkins
Company C
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Jacob Nelson

HIGH BRM

Pvt. Brandon Tenney

HIGH APFT SCORE

Pvt. Dillon Colbert



Staff Sgt. Ricardo Briscoe
Company D
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Vincent Morales

HIGH BRM

Pvt. Dartagnan Loyd

HIGH APFT SCORE

Pvt. Vincent Morales



Staff Sgt. Wanda C. Lewis
Company E
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Allison Satler

HIGH BRM

Pvt. Dakota Wong

HIGH APFT SCORE

Pvt. Misael Banderasduarte



Sgt. 1st Class Tiffany Massey
Company F
3rd Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Logan Copeland

HIGH BRM

Pfc. Kurt Gardner Jr.

HIGH APFT SCORE

Spc. William Little III

Weekly honors



Sgt. Brandon Graham
Soldier of the week
U.S. Army Central



1st Lt. Molly Hope
Distinguished honor graduate
Capatins Career Course
Adjutant General School



Slovak Army Maj. Estera Pasztorova
International honor graduate
Capatins Career Course
Adjutant General School



Warrant Officer Andria Simmons
Distinguished honor graduate
Warrant Officer Basic Course
Adjutant General School



Kuwaiti Army 1st Lt. Abdullah Albader
International honor graduate
Warrant Officer Basic Course
Adjutant General School

SUBMISSION GUIDELINES

Announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157.

Classified ads may also be faxed to 432-7609 or emailed to sbranham@chronicle-independent.com.



Photo by TIM HIPPS, IMCOM

Retired Staff Sgt. Rico Roman is one of eight former or current Soldiers competing in the Paralympics in Sochi, Russia this week.

Army veterans compete in Paralympics

By **GARY SHEFTICK**
Army News Service

WASHINGTON — One active-duty Soldier and seven Army veterans are competing this week in the Paralympic Winter Games in Sochi, Russia.

Staff Sgt. Jen Lee of the U.S. Army World Class Athlete Program is backup goalie for the USA sled hockey team that beat Italy, 5-1, and Korea, 3-0, over the weekend.

Army veterans on Team USA include:

- Retired Staff Sgt. Rico Roman, of Portland, Ore., who is also on the USA sled hockey team;
- Retired Staff Sgt. Heath Calhoun of Clarksville, Tenn., who is competing in alpine skiing;
- Former Spc. Joel Hunt, of Kokomo, Ind., scheduled to compete in the Men's Giant Slalom — Standing, on March 15;
- Retired Staff Sgt. Bryan Price of Belton, Mo., competing in Nordic or cross-country skiing;
- Former Spc. Andy Soule of San Antonio, Texas, competing in biathlon and cross-country skiing;
- Former Sgt. Jeremy Wagner of Nanakuli, Hawaii, who is competing in biathlon events;
- Former Pfc. Patrick McDonald of Madison, Wis., is

competing in wheelchair curling. Team USA lost to Slovakia Saturday, 6-4, and Korea, 9-5. On Sunday, they beat Norway, 8-5. They lost to Canada Monday, 7-2, and were edged out by Russia, 6-5.

Calhoun finished fourth in the Super-G — Sitting skiing event Sunday with a time of 1 minute, 24.65 seconds, behind Japan's Akira Kano who took gold with a time of 1:19.51. Japanese teammate Taiki Morii took silver with a time of 1:21.60 and Canada's Caleb Brousseau took bronze with 1:22.05. Calhoun will also be competing in the combined Super-G Tuesday.

Soule finished fourth Saturday in the 7.5-km sitting biathlon competition with a time of 21:48.5. Russia's Roman Petushkov took the gold with a time of 21:03.7. Ukraine's Maksym Yarovy took the silver and Japan's Kozo Kubo won the bronze. Soule and the other top three finishers never missed a target, finishing with a perfect shooting score.

Soule finished fifth in the 15-km cross-country skiing event Sunday with a time of 42:53.8. Russia's Petushkov took the gold with a time of 40:51.6. Russia's Irek Zaripov won the silver and Russia's Aleksandr Davidovich took the bronze.

Soule is also scheduled to compete in the Men's 12.5-km biathlon event Tuesday.

Wagner finished 18th in the 7.5-km sitting biathlon competition Saturday with a time of 26:16.1. He is also scheduled to compete in the Men's 12.5-km biathlon event Tuesday.

Price finished 19th in the Men's 15-km sitting cross-country event Sunday with a time of 53:56.6. He is also scheduled to ski the 1-km sprint March 12, the 4X2.5-km Open Relay on March 15 and the Men's 10-km on March 16.

The U.S. Army Warrior Transition Command congratulated all members of the 2014 U.S. Paralympic team last week and offered special encouragement to the eight Army athletes.

"The Warrior Transition Command encourages every wounded, ill and injured Soldier to have a sport to call their own," said Lt. Col. Keith Williams, head of the Warrior Transition Command's Adaptive Reconditioning Program. "When Soldiers face injury or illness, they can still participate in sports and other physical activities. These activities significantly enhance their physical and emotional recovery. ... The Soldiers and Army veterans on this year's Paralympic team represent the enduring strength and resilience of the Army."

Editor's note: A Warrior Transition Command news release contributed to this article.

W O R S H I P
SCHEDULE

PROTESTANT

- Sunday
 - 8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
 - 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
 - 9:30 a.m. Hispanic, Post Theater
 - 9:30 a.m. Main Post Chapel
 - 10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
 - 10:45 a.m. Sunday school, Main Post Chapel
 - 11 a.m. Memorial Chapel
 - 11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

- Monday
 - 7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
 - 9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel
- Wednesday
 - 6 p.m. Gospel prayer service, Daniel Circle Chapel
 - 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Thursday
 - 11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

Protestant Youth of the Chapel

- Saturday
 - 11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)
- Sunday
 - 5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

- Monday through Thursday

- 11:30 a.m. Mass, Main Post Chapel
- Sunday
 - 7:30 a.m. Confessions, Solomon Center
 - 8 a.m. IET Mass, Solomon Center
 - 9:30 a.m. CCD (September through May), Education Center
 - 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
 - 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
 - 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
 - 11 a.m. Mass (Main Post Chapel)
 - 12:30 p.m. Catholic youth ministry, Main Post Chapel
- Wednesday
 - 7 p.m. Rosary, Main Post Chapel
 - 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL

- Sunday
 - 8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
 - 8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
 - 12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
 - 9:30 to 10:30 a.m. Worship service, Memorial Chapel
 - 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday

- 11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
 - 9:30 to 11 a.m. Anderson Street Chapel
- Wednesday
 - 3 to 5 p.m. LDS family social, Anderson Street Chapel
- Wednesday
 - 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Chaplain Family Life Center**
5460 Marion Ave (to the side of the POV lot), 751-4961
- Magruder Chapel (closed for renovation)**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318

Recurring meetings

WEEKLY MEETINGS

- Alcoholics Anonymous open meeting**.....Wednesdays and Fridays, 9 to 10 a.m., 9810 Lee Road., 751-6597.
- Columbia Composite Squadron (Civil Air Patrol)**.....Mondays, 6:30 p.m., Owens Field, main conference room, *Tom.Alsup@gmail.com* or *www.scwg.cap.gov*.
- Helping Everyone Reach Optimum Strength**.....Tuesdays, 5 to 6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members.
- Play group**.....Wednesdays, 10 to 11:30 a.m., Room 8, 5615 Hood St., for children 3 and younger, 751-9035/6325.
- Protestant Women of the Chapel**.....Mondays, 7 to 8:30 p.m., and Tuesdays, 9 a.m. to noon, Main Post Chapel, *jackson@pwoc.org*.
- Range control briefing**Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.
- Sergeant Audie Murphy Club Association study hall**.....Thursdays, noon, NCO Academy conference room, *www.facebook.com/FJSAMCA*.
- Toastmasters International**Wednesdays, 11:40 a.m. to 12:45 p.m., Main Post Chapel, 629-7696 or (910) 224-8307.
- Veterans of South Carolina**Tuesdays, 9 a.m., Flying J truck stop at 5901 Fairfield Road, *VOsc@sc.rr.com*.
- Walking away stress**.....Mondays and Fridays, 9 a.m., at the pecan orchard near the post office on Early Street, 751-6325.

MONTHLY MEETINGS

- 92nd Buffalo Chapter 20 DAV**Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.
- Adjutant General's Corps Regimental Association, Carolina Chapter**Second Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club, 751-3014.
- American Legion Post 182**.....First Tuesday of the month, 6 p.m., Officers' Club, 351-2333.
- American Legion Post 195**.....Fourth Thursday of the month, 7 p.m., 534 Wildwood Lane, Lugoff.
- American Legion Louis D. Simmons Post 215**Fourth Sunday of the month, 5 p.m., 2432 Chappelle St., 765-0175.
- American Legion Riders Motorcycle Group (ALR Chapter 195)**Second Tuesday of the month, 7:30 p.m., American Legion Post 195, 534 Wildwood Lane, Lugoff, 699-2598 or *alrpost195@gmail.com*.
- American Legion Riders Motorcycle Group**Third Thursday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 360-3830.
- Better Opportunities for Single Soldiers**.....First and third Wednesday of the month, 11:45 a.m. to 12:45 p.m., Single Soldier Complex, Building 2447, 751-1148.
- Better Opportunities for Single Soldiers Adopt-A-School program**Second Wednesday of the month during the school year, 11:30 a.m. to 1 p.m., meeting at the Single Soldier Complex, Building 2447, for transportation to Forrest Heights Elementary School, 751-1148.
- Combat Vets Motorcycle Association**Third Sunday of the month at noon, (774) 451-7504, e-mail *armyaguair@yahoo.com* or visit *www.combatvet.org*.
- Disabled American Veterans Chapter and Auxiliary, Woodrow Wilson Chapter #4**Second Monday of the month (September through June), 6 p.m., 511 Violet St., West Columbia, 467-8355 or *gblake12@sc.rr.com*.
- Fleet Reserve Association Branch and Unit 202**.....Third Tuesday of the month, 12:30 p.m., 2620 Lee Road, 647-0040 or *turner6516@gmail.com*.
- Fort Jackson Bass Club**.....First Monday of the month, 7 p.m., Joe E. Mann Center, *www.jacksonanglers.com*.
- Fort Jackson Homeschoolers**Second and fourth Tuesday of the month. For time and location, call 419-0760 or email *johnlazzi@yahoo.com*.
- Gold Star Wives, Palmetto Chapter**Second Sunday of the month, 3 p.m., Moncrief Army Community Hospital, Third Floor conference room, 695-5345.
- Ladies Auxiliary Louis D. Simmons Post 215**.....Fourth Sunday of the month, 3 p.m., 2432 Chappelle St., 765-0175.
- Ladies Auxiliary VFW Post 641**.....Second Sunday of the month, 3 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Ladies Auxiliary VFW Post 4262**.....Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.
- MEDPROS training**Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. E-mail *Erica.Aikens@amedd.army.mil*.
- National Federation of Federal Employees**Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622.
- National Active and Retired Federal Employees Chapter 87**Second Friday of the month, 11:30 a.m., Seawell's, 1125 Rosewood Dr., *kathrynhensley@hotmail.com* or *gilltinelc803@aol.com*.
- Purple Heart #402**Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.
- Retired Enlisted Association**Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, 740-2319 or e-mail *jrodgers11@sc.rr.com*.
- Seabees**Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.
- Sergeant Audie Murphy Club Association**First Tuesday of the month, noon, NCO Club, *www.facebook.com/FJSAMCA*.
- Sergeants Major Association**.....Last working Thursday of the month, 4:30 p.m., Magruder's Pub, 338-1904, *William.huffin@us.army.mil*.
- Society of American Military Engineers**.....Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.
- SWAMPFOX Warrant Officer Association**First Thursday of the month, 11:30 a.m. to 12:45 p.m., Officers' Club, *johnny.myers@us.army.mil*.
- The Rocks Inc., James Webster Smith Chapter**.....Third Tuesday of the month, 6 p.m., Post Conference Room.
- Veterans of Foreign Wars Gandy-Griffin Post 4262**.....Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.
- Veterans of Foreign Wars Post 641**.....Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Veterans of South Carolina**First Tuesday of the month, 7 p.m., Reflection Club House at 2 Cassia Ct., *VOsc@sc.rr.com*.
- Victory Riders Motorcycle Club**.....First and third Thursday of the month, 5 p.m., Magruder's Pub. E-mail *sec@fvictoryriders.com*.
- Vietnam Veterans of America Chapter 303**Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.
- Weight Loss Surgery Support Group**Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.; Second Monday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

To submit a recurring meeting, email the name of the group, when and where the meeting takes place and contact information to *fjleader@gmail.com*.