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# The Fort Jackson Leader



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## Action Jackson

### Soldier recognized for lifesaving feat

By **SUSANNE KAPPLER**  
*Fort Jackson Leader*

A former Fort Jackson officer and a Richland County Sheriff's Department undercover deputy were reunited during an award ceremony Friday — eight months after the Soldier saved the deputy's life — and discovered a special bond that put a "special" twist on their story.

Capt. Rodney Jackson, former commander of Company A, 3rd Battalion, 60th Infantry Regiment, was riding his motorcycle when one of the bikes in Jackson's group was clipped by a car on

Interstate 26 and the rider lost control. Jackson stopped to help his fellow rider, but the accident set off a chain reaction, which caused a Jeep to spin around into traffic and get hit head on by another vehicle. The impact left the Jeep's driver unconscious and caused the vehicle to burst into flames.

"I was just blocking traffic, making sure that nobody got close to the jeep," said Staff Sgt. Earkes Siler, training room noncommissioned officer-in-charge with Co. A, 3-60th. Siler, one of the riders in Jackson's group, witnessed the ensuing events. "When Capt. Jackson went over to the Jeep itself, it was already in flames.

I actually saw him kicking on the door, pulling on the door until he was able to get it open. He crawled inside while the flames were coming up around him, unhooked the guy and pulled him out. At that time I ran back into the street and helped him carry the (driver) over to the side."

After emergency responders arrived, Jackson and Siler found out that the driver was an undercover agent with the RCSD.

"We just kept everybody out of the way. ... I actually took my jacket off and was covering his face, so that nobody who was

See **RESCUED:** Page 7

### State of the Garrison



Photo by KARA MOTOSICKY, Public Affairs Office

Col. James Love, garrison commander, speaks to a group of DA civilians during his State of the Garrison address Tuesday at the Solomon Center. Love spoke to the group about helping to conserve resources and increase efficiency as installations Army-wide are facing budget crunches in what is being called the new "fiscal reality." Turning off lights and computer monitors when not in use were two ways Love mentioned that civilians could help the garrison save money. Directorate heads also gave briefings.

# Post's military spouses recognized

**M**ilitary spouses were recognized Monday on Fort Jackson during Military Spouse Appreciation Day. Fort Jackson celebrated the annual event at the Joe E. Mann Ballroom with refreshments and various activities, sponsored and coordinated by Army Community Services.

Military Spouse Appreciation Day, which is celebrated across the Army and all branches of military service, acknowledges the ever-changing and challenging mission of military spouses, their work, contributions, courage and never-ending support.

There are so many stories that illustrate the tremendous support and sacrifices that Army spouses have made over the years and continue to make each and every day. Personally, I appreciate and relate to what my own wife has managed to do in supporting my family and the Army during our almost 27 years of marriage.

How she and countless other great Army spouses do what they do — and maintain their sanity — is a source

**MAJ. GEN. JAMES M. MILANO**  
*Fort Jackson Commanding General*



of never-ending amazement for me, as well as heartfelt gratitude.

I am sure that all married couples share their own personal feelings.

Couples make up the majority of the Army, with slightly more than 56 percent of all Soldiers being married. And, dual couples constitute nearly 10 percent of our Army.

The role of a military spouse is not easy, by any means, considering that marriage in itself can present its own set of challenges. Being the spouse of an Army member demands exceptional skills. The spouse often goes above and beyond the call of duty, summoning tremendous strength, understanding, patience, sacrifice, endurance and adaptability; and that's just for starters.

It is no secret that the efforts from our spouses go a long way in making us Army Strong, or should I say, "Army Stronger?" Soldiers and leaders at all levels can relate to the types of sacrifices and dedication Army spouses have embraced and managed and that their continued support is critical to the Army mission in general.

They have shown courage in dealing with multiple deployments and relocations, while gracefully coping with changes that await them at every corner and intersection. Many spouses are forced to have portable

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## The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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## New fiscal reality, same commitment

**A** fundamentally different fiscal reality. We will be hearing some variation of that phrase from Army leaders for a long time to come. The Army's budget is smaller than it has been in previous years, and it will get smaller still.

However, a different fiscal reality does not change the reality of what we owe Soldiers and families for their service and sacrifice. The Army's commitment to Soldiers and families remains as strong as ever.

For the last 18 months, the Installation Management Community has been taking a hard look at the programs and services we provide to Soldiers and families, with an eye not only to costs, but also to effectiveness. As the inevitable belt-tightening comes, we are not trying to do more with less. We are working to make sure we can do the important things better.

One of our most important efforts has been to fully establish Survivor Outreach Services, to provide survivors with longer-term, expanded support and care after casualty assistance ends. SOS staff members have made tremendous progress in a short time, receiving more than 24,000 cases from Casualty and Mortuary Affairs, and they continue to enhance services as more survivors provide feedback.

This past year, SOS initiated a survivor vehicle decal program to ease installation access, established a Facebook page, and held the first annual SOS summit to address challenges survivors face.

Other efforts include:

- ❑ Transforming how Army Community Service delivers services, by cross-training more generalists to handle multiple programs and moving service locations out into communities.

- ❑ Adding 44 more systems navigators to Exceptional Family Member Programs at 26 installations, to assist families with special needs members in accessing educational, medical, housing and personnel services on and off post.

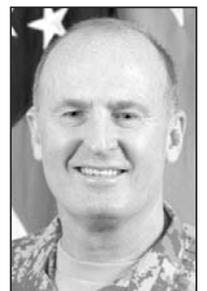
- ❑ Hiring more than 240 additional Army Substance Abuse Program counselors for installations worldwide.

- ❑ Launching the Confidential Alcohol Treatment and Education Pilot, a program which allows Soldiers to seek help for addiction without mandatory command involvement.

- ❑ Launching a pilot program in which Military Student Transition Consultants join School Liaison Officers in working with school districts, garrisons and families to help students succeed at their new schools.

- ❑ Revising the Total Army Sponsorship Program that helps prepare Soldiers, families and civilians for their new

**LT. GEN. RICK LYNCH**  
*IMCOM Commanding General*



duty station.

- ❑ Reinvigorating the Army Family Action Plan process, with an analysis and review process that has reduced the backlog of active AFAP issues from 86 in February 2010 to 51 in February 2011.

This is a snapshot of what we have been doing to enhance support for Soldiers and families. It does not begin to convey the full scope of the programs and services installation management professionals provide every day, including housing, public works, emergency services, environmental programs, recreation, child care, single Soldier programs and family programs.

When we look at some big indicators, we see evidence that the Army is meeting the needs of Soldiers and families. The Army is exceeding its recruitment and retention goals, and on the most recent Survey of Army families, the majority of spouses said they are satisfied with the Army as a way of life. This is significant after 10 years of ongoing conflict - it speaks to the dedication of Soldiers and their families and the Army's commitment to providing a quality of life commensurate with their service.

In the new fiscal reality, it will be more of a challenge for the Installation Management Community to provide the level of support we want to for our Soldiers and families, but we will. We are finding better and smarter ways to provide services and programs by asking ourselves the same questions families ask when they look at their own budgets: do we really need it? Is it worth the cost? What are we willing to do without?

To answer these questions, we need to keep hearing from Soldiers and family members — through ICE and local AFAP summits, for example — about the specifics of what is working, what needs to be improved, and what is missing. The commitment to supporting Soldiers and families remains as strong as ever, but more than ever, we have to make sure we are on target in meeting their needs.

# Event honors military past, present, future

By **CRYSTAL LEWIS BROWN**  
Fort Jackson Leader

“Thank you.”

Those are the two words that Paula Darrow, operations assistant with the post’s Directorate of Plans, Training and Mobilization, says she hopes that active duty service members, veterans and retirees will take with them after leaving Fort Jackson next weekend.

The weekend, May 21-22, will mark the first time two of the post’s signature events — Retiree Appreciation Days and Armed Forces Day — will be combined.

“By tying (Armed Forces Day) into Retiree Appreciation Days, we are honoring those who have served, those who are serving and those who will serve,” Darrow said. “The opening ceremony will honor all of those.

“For our retirees, we want to thank them for having served and that we haven’t forgotten them. Our active duty (Soldiers), we want to thank them for keeping us free and protecting this country.”

Though the Retiree Appreciation Day events begin Friday with a golf tournament and dinner, one of the large attractions for both events is the Saturday morning ceremony at Hilton Field. This year’s joint ceremony will include an oath of enlistment given by Maj. Gen. James Milano, post commander, to about 40 future Soldiers.

## MORE TO KNOW:

The first Armed Forces Day observance was held May 20, 1950. Armed Forces Day is celebrated annually on the third Saturday of May. Armed Forces Week begins on the second Saturday of May and ends on the third Sunday of May, the day after Armed Forces Day.

After the ceremony, attendees can stay at the field to participate in the various activities or head to the Solomon Center for the annual Health Expo. The Armed Forces Day activities include: a laser “weapons” demonstration; children’s rides, games, face painting, crafts; a mini-Basic Combat Training for children and various displays, such as a living history and recruiting displays. Food and beverage vendors will also be on hand.

Al Brackett, who spearheaded the retiree portion of the event, said that combining the two events will lead to an even better time for attendees.

“By combining the two events, we’re trying to enhance two events that have been successful,” he said. “Armed Forces Day recognizes service members from all branches of service. To combine it with the RAD just enhances the appeal.”

The theme for this year’s RAD also falls in line with

the double event: “Honoring our service members, past, present and future.”

The expo, said Darrow, is a valuable resource for local retirees.

“The expo is especially important, because it allows (retirees) to get some medical screenings and (find out) what the current benefits are,” she said.

Brackett said the expo puts all of the agencies from which retirees might benefit in one spot to make it a virtual one-stop shop.

But in addition, Brackett said, it offers retirees a chance to reminisce.

“It gives retirees a chance to come out and re-establish old acquaintances,” he said. “It’s just a well-rounded weekend for the retirees to get out and have a good time. They deserve that, they deserve special treatment.”

All in all, Darrow said the plan was to give visitors a taste of what Fort Jackson has to offer and what today’s Army is about.

“I just hope everyone comes out and says ‘Thank you,’ to our retirees and let our (active duty) Soldiers know we appreciate them,” she said.

*Editor’s note: See next week’s special section of the Leader for more information about Armed Forces Day/Retiree Appreciation Days events. Visit [www.jackson.army.mil](http://www.jackson.army.mil) for a complete list of events.*

## Inspiring leadership



Photo CRYSTAL LEWIS BROWN

Maj. Gen. Gina Farrisee, commanding general of the U.S. Army Human Resources Command, speaks to a standing-room only crowd during a lecture at the 81st Regional Support Command building May 4. Farrisee was speaking as part of the Maude Leadership Lecture series, which is aimed at inspiring Soldiers to become strong leaders in the Army. The Maude Leadership Lecture series is sponsored by the LTG Timothy J. Maude Foundation, which was formed in honor of the former deputy chief of staff for personnel, who was killed in the 9/11 terrorist attacks.

## Housing Happenings

### COMMUNITY UPDATES

- A community yard sale is scheduled for Saturday. On-post residents can register by calling Alana at 738-8275. A map of participating homes will be available at 7:30 a.m., May 14 at the Community Center.
- Second Lt. David Ray and his wife, Olivia, are the comment card winners for April. Alexis Dynes is the coloring contest winner for April.
- The Mayoral Council is looking for volunteers to serve as mayors. Mayors receive credit for volunteer hours and serve as the voice of the community. Child care is provided while serving mayoral duties. Interested residents should call Vickie Grier at 751-7567.
- The RV lot roster is being updated. Those who have a vehicle stored in the lot should contact Tina Barnes at 751-9339. Vehicles that appear to be abandoned will be reported to the MPs for towing at the owner's expense.
- Faison Court, Imboden Street and Brown Avenue will undergo pavement resurfacing starting today. Vehicles may not be parked on the street during repaving. Only one lane of traffic will be open during that time.
- A neighborhood huddle for residents of Mabry Manor and Howie Village is scheduled for noon, May 24 at the the Mabry Manor gazebo.

### CONSTRUCTION UPDATES

- To date, 353 homes have been completed.
- There are a total of 770 homes demolished to date.
- Families residing in the completed senior NCO area should enter and exit via Capers and Owens roads. Mills Road to Brown Avenue is closed because of Phase II construction.
- Families residing near Legge Court should enter and exit via Lee Road. Furman Smith Road is inaccessible.



**May 13 — 4 p.m.**  
National Treasure:  
Book of Secrets PG

**May 13 — 7 p.m.**  
Limitless PG-13

**May 14 — 2 p.m.**  
Hop PG

**May 18 — 1 p.m.**  
Hop PG

**May 18 — 4 p.m.**  
Diary of a Wimpy Kid:  
Rodrick Rules PG

Adults: \$4.50  
Children (12 and younger): \$2.25  
Visit [www.aafes.com](http://www.aafes.com) for listings.



Photos by SUSANNE KAPPLER

**Sgt. 1st Class David Hoxit, a drill sergeant with Task Force Marshall, exits the Mine-Resistant Ambush-Protected Egress Trainer during a cadre certification exercise at the Home Station Training Lane May 5.**

# Unit gets jump on training

By SUSANNE KAPPLER  
*Fort Jackson Leader*

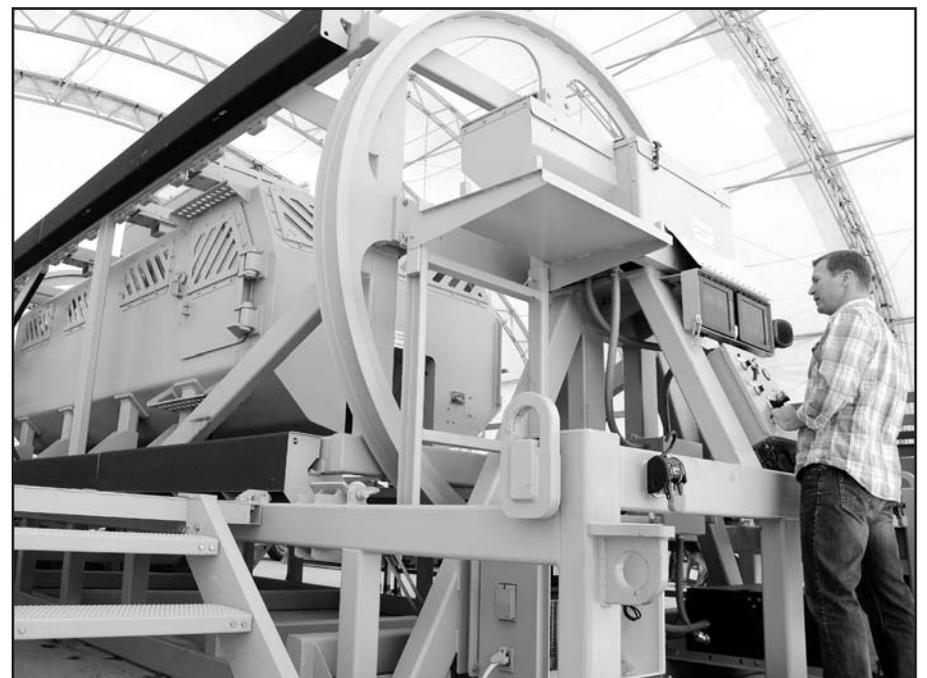
The Sailors and Soldiers deploying after training with Task Force Marshall now have a new tool at their disposal to help them prepare for their time overseas. The Navy has purchased a Mine-Resistant Ambush-Protected Egress Trainer to prepare service members on how to react in case their MRAP, an up-armored vehicle widely used in combat, rolls over.

“It’s actually a CENTCOM requirement — anybody going into theater in the Middle East has to be qualified to know how to egress after a rollover accident,” said Navy Capt. F. Christopher Smilek, officer-in-charge of Navy Individual Augmentee Combat Training. “And this trainer is what gets Sailors and Soldiers familiar with that. They have to go through four different evolutions of (exiting) through the trainer in a 90 degree, a 270 degree, a 180 degree and a water-simulated situation. That way, if they ever get in that situation in theater, they know exactly how to react.”

The trainer consists of an MRAP body on rotating wheels, which allows for the simulations of various degrees of rollover. Before purchasing the equipment, Task Force Marshall conducted training in a Humvee Egress Assistance Trainer, which Smilek said was no longer practical.

“In theater, Soldiers and Sailors are not driving the Humvees anymore, they’re all going in the MRAP,” Smilek said.

Task Force Marshall trains approximately 200 Sailors for deployment every three weeks, plus Soldiers who are called



**Dustin Holley, a civilian with Task Force Marshall, operates the MRAP Egress Trainer, which simulates a rollover accident.**

up from Individual Ready Reserve. Lt. Col. Joel Bryant, who took over as Task Force Marshall’s commander in March, said that before receiving the trainer at Fort Jackson, deploying service members had to receive the training at their deployment destination.

“If we can do that training here it means that once they get to theater they don’t have to do that training.” Bryant said. “So it could shorten the timeline, and it can expedite their availability to the gaining unit in theater.”

Training with the MET not only teaches the service members how to safely exit the vehicle after a rollover, but also how to

secure the area.

“It helps to know these skills, especially in Afghanistan where the terrain is really uneven and really mountainous,” said Staff Sgt. Leon Carr, a drill sergeant with Task Force Marshall who was certified in using the MET trainer May 5. “The simulation is a good tool to use in getting these Sailors and Soldiers familiarized with rollovers and knowing how it feels. Once you spin around, you’re actually disoriented, because you may roll numerous times before the vehicle comes to a stop, whether it stops on the side or inverted at 180 degrees.”

*Susanne.Kappler1@us.army.mil*

## Paying respects



Photo by JAMES ARROWOOD, command photographer

A group of Soldiers with the 1st Battalion, 61st Infantry Regiment stand in the lobby of Bayonet Chapel Tuesday to pay their respects to Pfc. Zachary Geinzer, who died Thursday. Geinzer was with Company C, 1-61st.

## Soldiers begin Warrior Games practice week

By JACQUELINE HAMES  
Army News Service

WASHINGTON — The second annual Warrior Games is gearing up for competition with a weeklong training session in Colorado Springs, Colo., starting today.

Two hundred wounded, ill and injured athletes from across the services are training to compete for gold in seven different events during the games: archery, cycling, wheelchair basketball, shooting, swimming, track and field and sitting volleyball.

The competition runs Monday through Friday and is a joint effort the U.S. Olympic Committee and the U.S. Department of Defense.

Soldiers are getting to know their teammates this week, practicing together before competition starts in earnest.

Staff Sgt. Curtis Winston, an archer from Fort Belvoir, Va., competed in the inaugural Warrior Games last year, after taking up the bow a scant month before. He went on to win the silver medal.

### POST SOLDIER TO COMPETE

Sgt. 1st Class Benjamin Trescott, a Soldier assigned to Fort Jackson's Warrior Transition Unit, will be representing Fort Jackson during next week's Warrior Games. Read about his journey to the games in next week's *Leader* and hear his thoughts on competing in the next edition of *Victory Update* at [www.vimeo.com/user3022628](http://www.vimeo.com/user3022628). The video will be available Tuesday.



"It's going to be nice to see who else is showing up this year," Winston said in an interview last week. He and the Army archery team are training together on location this week with a coach.

"We'll have clinics and stuff every day. We'll practice with the whole team," he said.

Though Soldiers practice together as a team, archery is an individual sport, structured similarly to shooting, Winston explained. There are seven recurve bow shoot-

ers, including Winston, and nine compound bow shooters on the Army team.

"For the past six weeks, I've been shooting almost every day," Winston said about his training. He also hits the gym three days a week, but warns against over-training.

"You don't train continuously, all year round," he said. "You really wait for about six to eight weeks out from your event to really start training, otherwise you'll burn yourself out."

Winston is confident he'll make the qualification round on May 17, 2011, and continue on to the finals the following day.

Winston entered the Army in 2002 and after basic training, deployed to Iraq with the 3rd Infantry Division. On his third deployment there, Winston was injured in an improvised explosive device attack.

"I fractured my right hand and I had multiple fractures all down my left leg," he said. The bones that make up the knee were crushed, and he has since had a total knee replacement.

Archery has helped Winston recover mentally, he said.

"It made me realize I can still have an Army career after an injury," he said. "When you first get injured, you lose all self-confidence and you don't think you can do anything. This is helping me bounce back from that."

"I had no expectations last year on what it was going to be like. No one knew what it was going to be like," Winston said. "After going last year, and seeing what it was like, I'm looking forward to what this year holds."

## News and Notes

### 2-60TH GETS NEW COMMANDER

Lt. Col. Eric Schourek took command of 2nd Battalion, 60th Infantry Regiment in a ceremony Tuesday at the Officers' Club. Schourek takes over for Lt. Col. Larry Murray, whose next assignment is as the director of Victory



**SCHOUREK**

University. Schourek's last assignment was as stability transition team chief with the 2nd Brigade, 25th Infantry Division in Hawaii.

### COME SEE YOUR ARMY TOUR

A "Come see your Army" tour is scheduled for Thursday. Participants will attend a Basic Combat Training graduation; observe Soldiers in training; get hands-on experience with a state-of-the-art weapons simulator system; eat lunch in a military dining facility; and shop for souvenirs. RSVP by today. Call 751-1474/5327 to participate.

### AMERICAN GIRL TEA SCHEDULED

Child, Youth and School Services and the Post Library will host an American Girl Tea Party is scheduled for 2-4 p.m., Sunday at the Joe E. Mann Center. Attendees can bring their favorite doll to participate in the refreshments, games, crafts and prizes. An owner/doll look-a-like contest will also be held. The grand prize is an American Girl Doll. Call 751-3053 to RSVP.

### FORT JACKSON DSOY NAMED

Staff Sgt. Diamond Hansel was named the 2011 Fort Jackson Drill Sergeant of the Year in a ceremony recently. Hansel is a drill sergeant with Company D, 3rd Battalion, 60th Infantry Regiment. He will represent Fort Jackson in the TRADOC competition in June.



### THRIFT SHOP PROVIDES DRESSES

The Fort Jackson Thrift Shop is providing formal dresses at no cost for spouses of Soldiers E5 and below as part of its Golden Carriage Project. Spouses must have a valid military ID and must call the shop to set up an appointment. The shop is also still providing prom dresses for junior and senior high school family members. Dress donations are also being accepted. Call 787-2153 or 391-7755 for more information.

### ASIAN PACIFIC HERITAGE LUNCH

An Asian-Pacific American Heritage Month luncheon is scheduled for 11:30 to 1 p.m., Tuesday at the Solomon Center. Tickets are \$9. Youko Brooks, University of South Carolina senior Japanese instructor, is scheduled to be the guest speaker.



Photo by SUSANNE KAPPLER

**Richland County Sheriff Leon Lott speaks during a recognition ceremony for Capt. Rodney Jackson, a former 3rd Battalion, 60th Infantry Regiment company commander, at the Richland County Sheriff's Department Friday. Jackson is credited with rescuing an undercover sheriff's deputy from a burning vehicle after a car accident.**

# Rescued undercover agent also former Special Forces Soldier

Continued from Page 1

taking pictures was able to get a picture of his face because of who he was," Siler said.

Jackson, who is now with the 5th Special Forces Group at Fort Campbell, Ky., said he did not have any second thoughts about rescuing the man from the burning vehicle.

"He seemed pretty lifeless in his car," Jackson said. "For those who serve in the military, you know it's hard to see someone lose his life. Honestly, I just didn't want to witness someone losing his life."

The deputy, who was not available for comments and whose name cannot be revealed because he is still working undercover, has fully recovered from his injuries and met Jackson for the first time Friday in a private ceremony. It was then that Jackson found out that the deputy is a retired service member, who also served with Special Forces.

"Now that right there was definitely exciting. It definitely put a special twist

on the situation. I was very excited about that and humbled," Jackson said. "Knowing his background and knowing my background, I'm for certain he would've done the same for me."

Richland County Sheriff Leon Lott presented Jackson with the Sheriff's challenge coin for his actions, which he called heroic.

"(The coin) is not given out very often. It's given out to someone who's performed an exceptional bravery or has done a job that is not just the normal job, it's beyond what is normal," Lott said. "Those other people standing there that night who saw the wreck, who saw our guy trapped in the car — they didn't move. They were too intent on taking pictures. They didn't try to help. And Capt. Jackson put his life in danger. He earned his coin."

Jackson said that although he credits his 10-year experience and training in the Army, he regards what he did that day as his duty as a human being.

"It's just something that needed to be

done. I hope that not only Soldiers but civilians would do the same," Jackson said. "I just feel that God blessed me and used me to help another (person). I'm very thankful for that."

Lt. Col. John Allen, commander of the 3-60th, said that even though Jackson told him about being involved in an accident in September, he downplayed his involvement in the rescue at the time.

"I had no idea (about) all the details or all the actions that Rodney did until 10 minutes before the ceremony," Allen said.

However, even though Allen said he was surprised to find out all the details, he said he was not surprised by Jackson's actions. He described Jackson as a passionate, committed, selfless and humble Soldier who personifies the Army values.

"Having served with Rodney for over a year, ... I would have never put it past Rodney to be the one that would have done something like that," he said.

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# Spouses' event gives thanks to 'silent ranks'

Continued from Page 1

careers because of deployments and relocations. Incidentally, our on-post ACS office is offering four free seminars this month dealing with career topics and jobs.

The current Army spouse proudly carries on the proud tradition that has been going on for more than two centuries. In the 1800s, the Army protected settlers moving westward and Army spouses braved the journey and the challenges of frontier life. They drove or rode in animal-drawn carts and wagons, and often even walked. They battled harsh weather, disease and attacks while coping with military life.

Present-day spouses also must be enterprising as they continue to cope and manage an ever-changing landscape. The Army recognizes the multitude of sacrifices that families make every day and to continually acknowledge the fact that the strength of our Soldiers comes from the strength of their families.

Our Army has a presence in 80 countries, with over 235,000 Soldiers deployed around the world, and has been engaged in war for almost a decade.

Meanwhile, spouses continue to put the welfare of their Soldiers, families and the nation above their own. Army Strong and Victory Starts Here!



Photos by CRYSTAL LEWIS BROWN

Army Community Services outreach coordinator, Elizabeth Maher, far right, speaks to a group of spouses during Monday's Military Spouse Appreciation Day event at the Joe E. Mann Center. The event featured a budget-friendly fashion show, decorating and cooking demonstrations.



"Decorating on a Dime" was one of the demonstrations offered to spouses at Monday's event. Veronica Jackson-Patrick, AFAP coordinator and one of the event's planners, said more than 100 military spouses came out to attend the daylong event.



Leslie Smith, Survivor Outreach Services coordinator, shows off a seaside-themed decoration table at Monday's Military Spouse Appreciation Day event.

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# Mechanic-turned-drill sergeant excels

**Name**  
Staff Sgt. Jamie Woods

**Unit**  
Company C, 2nd Battalion, 39th Infantry Regiment

**Military occupational specialty**  
91B/Wheeled vehicle mechanic

**Years in service**  
11

**Hobbies**  
Spending time with family

Keeping hands sanitized and clean, cleaning up messes and personal hygiene all sound incidental when Soldiers are training to fight. But as field sanitation officer for Company C, 2nd Battalion, 39th Infantry Regiment, Staff Sgt. Jamie Woods did all that, and more, leading her company to being recognized as having the best field sanitation programs in the brigade.

“I just did my job,” Woods said.

Her job, which involved ensuring that proper sanitation procedures were followed, is more than just keeping things clean; it is about keeping Soldiers healthy.

“Once one Soldier gets sick, everybody gets sick,” Woods said. “To keep them in the fight, we have to keep them healthy.”

Working with Basic Combat Training Soldiers in an infantry battalion is a far cry from Woods’s job as an Advanced Individual Training squad leader for an ordnance battalion, but Woods says the transition was not a difficult one.

“As a mechanic, when do we do 11B (infantry) work?,” she asked. “(But) Soldier care doesn’t change. You always have to pay attention to their well-being.”

Woods says that of all the Army Values, the one that stands out most to her is



Photo by JAMES ARROWOOD, command photographer

**Staff Sgt. Jamie Woods, a former squad leader with the 187th Ordnance Battalion, has been a drill sergeant for nearly two years.**

“integrity.”

“Integrity sums up everything,” she said. “If you don’t have integrity to do your job, you won’t do it the right way.”

“Regardless of what the situation is, you have to have the integrity to do the right thing.”

That integrity falls in line to the ad-

vice Woods offers to junior Soldiers: “Don’t ever do something just to do it,” she said. “Always strive to be the best at it. There’s always more than just going through the motions of completing your job.”

— Reporting by Crystal Lewis Brown

## The NCO Creed

No one is more professional than I. I am a Noncommissioned Officer, a leader of Soldiers. As a Noncommissioned Officer, I realize that I am a member of a time honored corps, which is known as “The Backbone of the Army.”

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the Corps, the Military Service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain tactically and technically proficient. I am aware of my role as a Noncommissioned Officer. I will fulfill my responsibilities inherent in that role.

All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own. I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

## Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the May 26 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the May 26 Leader must be submitted by

May 19.

Send your submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil) or call 751-



## Helping hands



Photo by JAMES ARROWOOD, command photographer

Fort Jackson volunteers are honored in a ceremony at the Joe E. Mann Center Wednesday for their services. The Commanding General's Helping Hands Award is presented quarterly to Soldiers, family members and civilians who volunteer on post and in the surrounding community.

# Spouses key to success of Reserve force

By SGT. 1ST CLASS MARK BELL  
81st Regional Support Command

As citizen warriors continue to answer the call to serve across the globe for a variety of military operations, families are temporarily separated, and the tasks of normal daily life aren't so normal anymore.

It's a story told thousands of times each year as Army Reserve Soldiers deploy to Iraq, Afghanistan and other locations to support military operations: the story about America's true unsung hero — the military spouse.

Monday, Army Reserve leaders saluted those heroes who have also sacrificed as their spouses deploy to arduous locations to support combat operations.

Military Spouse Day was first celebrated in 1984 when then-President Ronald Reagan proclaimed the observance to honor the contributions of military spouses. The military now sets aside the Friday before Mother's Day each year to pay tribute to the spouses who play a vital role in the nation's defense.

"We can never forget those who are left behind to take care of families and support our way of life as a Soldier," said Command Sgt. Maj. James Wills, the senior enlisted Soldier for the 81st Regional Support Command. "Those wives and husbands are key to the success of any deployment.

"When I first heard about Military Spouse Day, I was confused," Wills said.

"I believe every day of the year is Military Spouse Day."

Wills said having the Friday before Mother's Day reserved to recognize their efforts is great, but the sacrifices and contributions made by his wife, Lisa, warrant more than a one-day-a-year celebration.

"I could never be in her shoes, let alone fill them," he said. "She goes above and beyond my greatest expectations as a wife and military spouse and understands my role in the Army Reserve. There are good days and days that are not so good as a member of the U.S. military.

"She is there to support me and remind me of why I joined the Army Reserve and continue to serve my country as a senior noncommissioned officer."

As the command sergeant major located more than 500 miles away from his home near Louisville, Ky., Wills spends long weekends away from his wife and newborn daughter.

Lisa Wills said her role as a military wife is important because she should be her husband's greatest supporter and advisor on personal, family and emotional issues.

"The spouse offers balance to the Soldier and their family during intense train-

ing periods and deployments," she said.

During those extended times away from home, Lisa Wills has advice for young Army Reserve Families struggling with the military lifestyle, "Get involved with other family members and family programs."

Lisa Wills said supporting her husband is more than being just being involved in military balls and family support groups. She said her role is to not only support those activities, but also provide a sense of camaraderie to keep him balanced and focused.

Lisa Wills said the pillar to a successful military family is a strong support system that includes both emotional and spiritual components.

"It's imperative to have a tight-knit family whether it's your immediate family or other families sharing the same experiences," she said.

Having an educated Army Reserve family is important to the Wills family.

"We have to ensure our Soldiers and spouses are educated on all the support activities, organizations and the processes of deployment," she said. "They shouldn't procrastinate in making sure their personal affairs are in order prior to the last-minute notification of a mobilization call-up."

Unlike their active-duty counterparts, Army Reserve spouses are in a unique situation as they are usually not located near a military installation, and family readiness groups are spread across several states, said Christy Burns, the 81st RSC Family Programs director and military spouse of 36 years.

"Many times we are not located near an installation to receive the services we need to manage the home, to raise our children, to build a career of our own, or to emotionally handle multiple deployments," she said. "We as military spouses, no matter the organization in which our spouse serves, have a lot to juggle especially when our spouses are away from home."

David Long, husband to Maj. Yolanda Ellerbee, commander of Headquarters and Headquarters Company, 81st RSC, said communicating with one's wife is an important element of any successful marriage.

Those simple spoken words could be the difference between a long, fulfilling life together or a disappointing divorce, he said.

Long said families should take time to communicate with each other about everything — even if it makes one or both family members uncomfortable.

"Silence is really the beginning of the end," Long said, "Make sure your relationship is built on a solid foundation, so when that storm comes the marriage will survive."

“ I believe every day of the year is Military Spouse Day ”

— Command Sgt. Maj.  
James Wills  
81st RSC

# Saluting this Basic Combat Training cycle's honorees

## DRILL SERGEANTS OF THE CYCLE



Photos by VERAN HILL, Public Affairs Office

**Sgt. 1st Class  
Tamika Pitts**  
Company A  
3rd Battalion,  
13th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Spc. Kenneth Curry

**SOLDIER OF THE CYCLE**

Pvt. Nicole Pangelinan

**HIGH APFT SCORE**

Pfc. Kirill Bargerstock

**HIGH BRM**

Pvt. Ricardo Rios

**SUPPORT AWARDS OF THE CYCLE**

**TRAINING SUPPORT**

Spc. Andrea Spencer

**Sgt.  
Keith Gomez**  
Company B  
3rd Battalion,  
13th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Spc. Gretchen Rice

**SOLDIER OF THE CYCLE**

Pvt. Anthony Grisby II

**HIGH APFT SCORE**

Spc. Luz Perez

**HIGH BRM**

Pvt. Phillip McDaniel

**SERVICE SUPPORT**

Gracie Maxey

**Staff Sgt.  
Edward Ronquillo**  
Company C  
3rd Battalion,  
13th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Pfc. Joshua Barney

**SOLDIER OF THE CYCLE**

Pfc. Heath Rohl

**HIGH APFT SCORE**

Pfc. Damian Rubio

**HIGH BRM**

Pvt. Aline Moraes

**Sgt.  
Jakelin Cruz**  
Company D  
3rd Battalion,  
13th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Pvt. Kurtis Pruitt

**SOLDIER OF THE CYCLE**

Pvt. Casey Bartell

**HIGH APFT SCORE**

Pvt. Gabrielle Bazemore

**HIGH BRM**

Pvt. Michael Klinetop

**DFAC SUPPORT**

Betty Darby

**Staff Sgt.  
Corey Plunk**  
Company E  
3rd Battalion,  
13th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Pfc. Broderick Coley

**SOLDIER OF THE CYCLE**

Pfc. Cody Crider

**HIGH APFT SCORE**

Pvt. Juan Washington

**HIGH BRM**

Pvt. David Mack

**FAMILY SUPPORT**

Aimee Bennett  
Trisha Gray

**Staff Sgt.  
Evan Romine**  
Company F  
3rd Battalion,  
13th Infantry Regiment

**SOLDIER LEADER  
OF THE CYCLE**

Spc. Michael Buelow

**SOLDIER OF THE CYCLE**

Spc. Vladimir Vasilyev

**HIGH APFT SCORE**

Pfc. Sean Harrison

**HIGH BRM**

Pvt. Andrew Longron

## Training honors



**Staff Sgt.  
Aaron Lee**  
Drill sergeant of the cycle  
Task Force Marshall



**Sgt.  
Ontavious Woodard**  
Drill sergeant of the cycle  
Task Force Marshall



**Staff Sgt.  
Charles Howell**  
Drill sergeant of the cycle  
Task Force Marshall

Want more Fort Jackson news?



Watch Fort Jackson video news stories  
and Victory Updates  
at <http://www.vimeo.com/user3022628>

Like us on Facebook.  
Log on to your account and search for  
"Fort Jackson Leader."

# Recurring meetings

## WEEKLY

### Fort Jackson Boy Scouts

Tuesdays, 6:30 to 8 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869.

### Walking away stress

Mondays and Fridays, 9 a.m., at the pecan orchard near the post office on Early Street, 751-6325.

### Play group

Mondays, 10 to 11:45 a.m., Room 8, 5615 Hood St., for children 4 and younger, 751-1071/6304.

### Range control briefing

Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.

### Columbia Composite Squadron (Civil Air Patrol)

Mondays, 6:30 p.m., Owens Field, main conference room. E-mail [Tom.Alsup@gmail.com](mailto:Tom.Alsup@gmail.com) or visit [www.scwg.cap.gov](http://www.scwg.cap.gov).

### Helping Everyone Reach Optimum Strength

Tuesdays, 5 to 6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members.

### Protestant Women of the Chapel

Tuesdays, 9 a.m. to noon, Main Post Chapel, Bible study and fellowship. Home schoolers are welcome. Free child care is available. E-mail [jackson.pwoc.org](mailto:jackson.pwoc.org).

### Military Widows/Widowers Association

Sundays, 2 p.m., Moncrief Army Community Hospital, eighth floor, 787-2469.

## MONTHLY

### Fort Jackson Cub Scouts

First Sunday of the month, 5:30 to 7 p.m., 11559 Jenkins Road (next to Victory Tower), 917-1869

### Fort Jackson Bass Club

First Monday of the month, 7 p.m., Joe E. Mann Center. Open to active duty, retirees, DoD civilians, reservists, veterans and family members. Visit [www.jacksonanglers.com](http://www.jacksonanglers.com).

### Disabled American Veterans Woodrow Wilson Unit 4

Second Monday of the month, 6:30 p.m., 511 Violet St., West Columbia, 788-1836 or 791-4422.

### Weight Loss Surgery Support Group

— Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.

— Second Monday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

### Seabees

Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.

### Veterans of Foreign Wars Post 641

Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

### New Parent Support breastfeeding support group

First Tuesday of the month, 5:15-6:30 p.m., Room 8, 5615 Hood St., 751-5256/6325.

### Sergeant Audie Murphy Club

First Tuesday of the month, 11:30 a.m., Post Conference Room, [www.jackson.army.mil/360/SAMC/home.htm](http://www.jackson.army.mil/360/SAMC/home.htm).

### American Legion Post 182

First Tuesday of the month, 6 p.m., Officers' Club, 351-2333.

### American Red Cross

New adult volunteers orientation, second Tuesday of the month, 9 a.m. to noon, 571-4329.

### Adjutant General Corps Regimental Association

Second Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club.

### National Federation of Federal Employees

Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622 or [NFFE@conus.army.mil](mailto:NFFE@conus.army.mil).

### Disabled American Veterans Chapter #4

Second Monday of the month, 6 p.m., 511 Violet St., West Columbia, 467-8355 or [gblake12@sc.rr.com](mailto:gblake12@sc.rr.com).

### Fleet Reserve Association Unit 202

Third Tuesday of the month, 1 p.m., 2620 Lee Road, 482-4456.

### Veterans of Foreign Wars Gandy-Griffin Post 4262

Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.

### Vietnam Veterans of America Chapter 303

Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.

### Purple Heart #402

Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.

### Better Opportunities for Single Soldiers

First and third Wednesday of the month, 1:30 p.m., 4405 Jackson Blvd., 751-1148.

### Victory Riders Motorcycle Club

First and third Thursday of the month, 5 p.m., Magruder's Club. E-mail [sec@fjvictoryriders.com](mailto:sec@fjvictoryriders.com).

### The Rocks Inc., James Webster Smith Chapter

Third Thursday of the month, 5:30 p.m., Post Conference Room.

### Society of American Military Engineers

Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.

### MEDPROS training

Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. E-mail [Erica.Aikens@amedd.army.mil](mailto:Erica.Aikens@amedd.army.mil).

### Retired Enlisted Association

Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, 740-2319 or e-mail [jrodgers11@sc.rr.com](mailto:jrodgers11@sc.rr.com).

### 92nd Buffalo Chapter 20 DAV

Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.

### Ladies Auxiliary VFW Post 641

Second Sunday of the month, 3 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.

### Ladies Auxiliary VFW Post 4262

Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.

### Combat Vets Motorcycle Association

Third Sunday of the month at noon, (774) 451-7504, e-mail [armyaguilar@yahoo.com](mailto:armyaguilar@yahoo.com) or visit [www.combatvet.org](http://www.combatvet.org).

### Sergeants Major Association

Last working Thursday of the month, 4:30 p.m., Magruder's Pub, 338-1904. Open to active-duty and retired E-9s and E-8s. E-mail [William.huffin@us.army.mil](mailto:William.huffin@us.army.mil).

## SUBMISSIONS

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).

## Calendar

### Friday

#### Bowling tournament

11 a.m. to 1 p.m., Century Lanes  
For more information, call Capt. Jason Parker at 751-5601 or Sgt. 1st Class Stephen Harris at 751-3444.

### Tuesday

#### Customer appreciation day

10 to 11:30 a.m., Network Enterprise Center, 5615 Hood St.  
Refreshments and snacks will be available. For more information, call 751-4632.

#### Fatherhood forum

10 to 11:30 a.m., Family Readiness Center  
For more information, call 751-6325.

#### Asian Pacific Heritage Month luncheon

11:30 a.m., Solomon Center

### Wednesday

#### Home schooling workshop

9 a.m., Main Post Chapel conference room  
Learn about the advantages and disadvantages of home schooling, how to review a curriculum, legal questions and more. To register, call 751-6150.

#### Thursday, May 19 through Saturday, May 21

#### Case lot sale

8 a.m. to 6 p.m., Commissary

### Friday, May 27

#### Commissary tour

8:30 a.m., Commissary  
For more information, call 751-2115.

## Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

### Wednesday

#### Car seat safety check

1 p.m.  
Any residents who have their child safety seats checked will receive a safety certificate and a giveaway.

### Tuesdays and Thursdays

#### Walking Club

10 a.m.  
For more information, call Alana at 738-8275.

## Announcements

### HR FOR SUPERVISORS

A human resources course for supervisors is scheduled from 8 a.m. to 4:30 p.m. June 20 through 23 at the 81st Regional Support Command auditorium. For more information, call 751-5063/1167.

### SAT TESTING

The Education Center will administer the SAT May 25 and June 8. Testing is available to eligible service members only. For more information and to register, call 751-5341/5342.

### ESL SUMMER CLASS

English as a Second Language summer classes, levels 1 through 3, are scheduled for 12:30 to 2 p.m., today through July 21. Participants will receive a certificate upon completion. The class is designed for foreign-born spouses, but is open to anyone who needs English instruction. For more information, call 751-1124 or email [Miranda.Broadus@us.army.mil](mailto:Miranda.Broadus@us.army.mil).

### SUMMER TEEN VOLUNTEERS

The Red Cross is accepting applications for its Summer Teen Volunteer Program. The deadline to apply is May 20. Candidates must submit a one-page essay addressing their interest in the medical field and experience with patient care. The program will run from June 13 through July 29. For more information, call 751-4329 or email [jacksonredcross@yahoo.com](mailto:jacksonredcross@yahoo.com).

### DLA DONATION EVENT

Defense Logistics Agency Disposition Services (formerly DRMO) has scheduled a donation event from 8 a.m. to 1 p.m., May 21 at 1902 Ewell Road. Available items include desks, tables, wall lockers and bunk beds. All items are free. The event is open to DoD ID card holders. Loading help will be available. For more information, call 751-1875.

### MACH NUTRITION CLINIC

The following classes are scheduled for May:

- Diabetes class, 8 a.m. to noon, today
- Cholesterol and high blood pressure class, 2 to 3 p.m., May 26
- Army Move!, 2 to 4 p.m., May 23
- Victory weight loss class, 2 to 3 p.m., May 19.

All classes take place at Moncrief Army Community Hospital, Room 8-85. For more information and to register, call 751-2115/2363/2273.

### SSN REMOVAL

Beginning in June, Social Security Numbers will no longer be printed on DoD ID cards. The new ID card will have a DoD ID number in place of the Social Security Number. Current ID cards should not be replaced until the card is within 30 days of its expiration date. For more information, visit [www.dmdc.osd.mil/smartcard](http://www.dmdc.osd.mil/smartcard).

### CYSS SUMMER PROGRAMS

Registration is now open for Child, Youth and School Services summer programs. Summer programs are open to CYSS-eligible children in grades K-12. To register, visit Parent Central in the Joe E. Mann Center. For more information, call 751-4865/4824.

### FLTCIP OPEN SEASON

Open season for the Federal Long Term Care Insurance Program will run through June 24. For more information on the program, visit [www.ltcfeds.com](http://www.ltcfeds.com) or call 1-800-582-3337.

Visit the community calendar at [www.jackson.army.mil](http://www.jackson.army.mil) for a full listing of calendar events.

Community announcements may

be edited to comply with Leader style and Public Affairs regulations. Send all submissions to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil). For more information, call 751-7045.

## Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

### VETERAN JOB FAIR

A free employment, business-opportunity and education even for job seekers with a military background is scheduled from 11 a.m. to 3 p.m., June 2 at The Speedway Club, Charlotte Motor Speedway, Concord, N.C. For more information, visit [www.recruitmilitary.com](http://www.recruitmilitary.com) or [www.legion.org](http://www.legion.org).

### SUMMARY COURTS MARTIAL

Anyone with debts to or by the estate of Pfc. Zachary G. Geinzer must contact 1st Lt. Jeffery R. Holden Jr., the appointed summary courts martial officer of Geinzer's personal effects. Geinzer passed away May 5 in Columbia. Contact Holden at 713-494-8593 or by email at [Jeffery.Holden@us.army.mil](mailto:Jeffery.Holden@us.army.mil).

## Environmentally sound



Courtesy photo

Maj. Gen. James Milano, Fort Jackson's commanding general, presents awards to environmental compliance officers Friday at the Post Conference Room. The awards were in recognition of their role in a recent environmental inspection on post. Col. James Love, garrison commander, also presented the ECO of the year award to Yvonne Morris, 369th Adjutant General Battalion. The 369th also received the environmental unit award.



Follow the Leader on Twitter at [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao) for breaking news and updates.

## FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

### Col. Ronald F. Taylor

Director,  
Emergency Services/Provost Marshal  
Sgt. Maj. Glen W. Wellman III  
Provost Sergeant Major  
Bill Forrester  
Fire Chief

### CASES OF THE WEEK

❑ A Soldier was detained by Richland County Sheriff's Department and awaiting extradition to another state after being charged with shoplifting in



connection with a theft from the Main PX, Military Police said. The Soldier had an active arrest warrant for property crimes in another state, MPs said. The Soldier removed three video games, valued at about \$150, from the store, MPs said.

❑ A civilian was cited for speeding in a school zone after being stopped for driving 30 mph in a 20 mph zone, MPs said.

❑ Fort Jackson Fire Department personnel blocked off an area around the Post Office after an anonymous caller reported a suspicious package, MPs said. Explosive Ordnance Disposal personnel examined the package and determined that it was an air filter wrapped inside of a trash bag. The scene was cleared and business resumed as normal.

## FORCE PROTECTION THOUGHT OF THE WEEK

### 10 KEY INDICATORS OF POTENTIAL TERRORIST ASSOCIATED INSIDER THREATS



# 8. Purchasing bomb making materials or obtaining information about the construction of explosives.

## LEGAL

# SCRA helps protect Soldiers' finances

### From the Legal Assistance Office

#### What can the SCRA do for you?

The Servicemembers' Civil Relief Act — the "SCRA" — provides several protections for active duty military personnel.

Among these protections, the SCRA allows service members to postpone or suspend civil obligations such as judicial proceedings, allow them to terminate certain lease agreements, protect them from losing health or life insurance coverage if they are called to active duty military service, deployment or overseas tours of duty, and limit (or reduce) the interest rate of their loans.

Below are a few commonly asked questions and responses to SCRA-related issues.

#### When does the SCRA protect me?

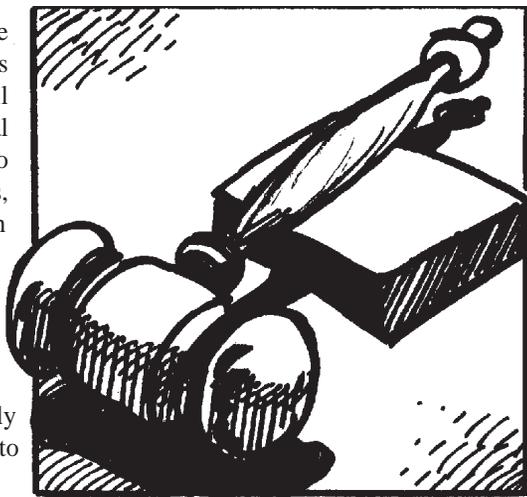
Generally, the SCRA begins to protect you on the day you receive orders to active duty or deployment. Be sure to keep a copy of your orders with you in case you need to use the SCRA.

#### Am I eligible for the SCRA protections?

The SCRA covers all active duty service members, Reservists and members of the National Guard while on active duty.

#### Can the SCRA limit the interest rate of my loans?

Under the SCRA, you may be entitled to have the interest rate of some of your loans reduced to 6 percent while on active duty. You should consult a legal assistance attorney to find out whether you meet the SCRA's requirements for this. Keep in mind that, in general: you must have taken out these loans when you were not on any form of active duty in any branch of the military; the current interest rate has to be higher than 6 percent; your military service must affect your ability to pay at the current interest rate; and you must notify the lender.



#### Can the SCRA help me get out of my lease?

The SCRA may be able to help you get out of your lease (house, apartment, or business location) if you meet its requirements. In general, you'll need to show that you originally signed your lease before you were on active duty, you've received orders to active duty and you've given written notice to your landlord that you want to terminate your lease. You should consult a legal assistance attorney to make sure you've met these requirements.

#### Can the SCRA help me delay/postpone court dates?

Generally, yes. If you are a party in a civil case and you can't appear because of active duty military service, you

may be able to request a postponement until you can appear. A legal assistance attorney can assist you in coordinating with your commander and the local court to get your delay.

#### Can the SCRA help me get back the civilian health care coverage I cancelled when I went on active duty?

Yes. The SCRA requires your civilian insurance company to reinstate your coverage when you get off active duty. If your insurance company refuses to do so or tells you need to wait for an enrollment period, contact a legal assistance attorney for assistance.

The Legal Assistance Office will be closed the week of May 23 as it changes locations to 2600 Lee Road, at the corner of Lee and Washington.

## Fort Jackson Legal Office

The Fort Jackson Legal Office provides legal services — including powers of attorney, living wills and health care powers of attorney — to eligible people.

For more information, or to schedule an appointment to speak with an attorney, call 751-4287. Office hours are Monday through Friday, 9 a.m. to 4 p.m.

Walk-ins for living wills, health care powers of attorney and durable powers of attorney are accepted 1:30 to 3:30 p.m., Tuesdays and Thursdays. Appointments are required for wills. The office is closed on federal and training holidays. The office is located at 9475 Kershaw Road on the corner of Kemper Street and Kershaw Road.



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Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."

facebook

# Post BOSS program wins Army-wide honors

By **THERESA O'HAGAN**

*Family and Morale, Welfare and Education*

When members of the Fort Jackson Better Opportunities for Single Soldiers program went to a recent conference, they did not leave empty handed. They came home with several Army-wide awards in recognition of the group's hard work throughout the year.

The program garnered top awards with Sgt. Arnita Miles being named BOSS President of the Year and Chuck Stoudemire being named BOSS Adviser of the Year. They also received two second place awards; Best Installation (Small Installation Category) and Best Event (Small Installation Category), for their Adopt-a-Vet program.

"Sgt. Arnita Miles ... has a reputation for being passionate about her position," said Michael Elkins, chief, Community Recreation Division, Family and Morale, Welfare and Recreation. "Sgt. Miles is a can-do Soldier and represents Fort Jackson and the Army with hard work and dedication in all of her endeavors. She is just one of those people you like from the first time you meet her; she is always positive and fun to be around."

Miles has been the BOSS president for the past two years.

"Sgt. Miles has done a great job of taking the BOSS program to new levels," said Charles Stoudemire, BOSS adviser, Family and Morale, Welfare and Recreation. "Every day, she shows her dedication to the care of single Soldiers."

Both Stoudemire and Miles said they were humbled by their awards.

"BOSS is not Sgt. Arnita Miles," Miles said. "It is about the single Soldiers of Fort Jackson. Our single Soldiers are motivated, dedicated and making a difference on Fort Jackson. I am honored of the privileged to have served them. The Fort Jackson BOSS Program is BOSS Strong."

Stoudemire said he feels the awards reflect the strength of the program and the Soldiers who participate.

"These awards go to show you (that) even at a small installation, dedication and hard work pay off. It doesn't matter if you aren't huge like Fort Bragg or Fort Benning," he said.

The award for Best Installation was based on a com-

bination of requirements. The judges looked at the BOSS team, continuity book, display board and video that were submitted.

"Fort Jackson has a great BOSS team. Command Sgt. Maj. Christopher Culbertson, Sgt. Miles and Chuck Stoudemire all take pride in delivering quality programs to the single Soldiers on Fort Jackson," said Michael Elkins, chief, Community Recreation Division, Family and MWR.

"The BOSS team conducts meetings with the single Soldiers and has top-down command support. Town Hall meetings are conducted, and single soldiers have the opportunity to input program ideas and let the garrison team

know of any concerns or issues they may be having as a Fort Jackson Soldier. Chuck takes pride in conducting the BOSS annual talent show, arts contest, photo contest, Texas Hold 'em tournaments, trips and tours."

Stoudemire and Miles, although honored by the recognition, are quick to put the credit on the Soldiers.

"Our Adopt-A-Vet Program is a program in partnership with the Dorn Veterans Administration Hospital.

Our program adopted Staff Sgt. Ronell Bradley and assisted in the building of a new home for him and his family. BOSS spearheaded the volunteer drive of 800 Soldier and civilian volunteers across Fort Jackson," Miles said.

Spc. Dana Burks has accepted the challenge of being the new BOSS president.

"I'm excited, even though I have some big shoes to fill," Burks said. "I have worked with Sgt. Miles and she is very good at motivating the single Soldiers and getting them involved."

Miles will soon retire, but said she knows she's leaving the program in good hands.

"Spc. Burks is motivated and ready to lead BOSS," she said.

Of course, Burks will also have the Best Boss Adviser to support her as well.

"When I first became BOSS President, Chuck told me that he would always be a resource for me," Miles recalled. "Chuck ensures that BOSS conducts its functions by Family and MWR standards. He is a major part of our BOSS team along with Command Sgt. Maj. Culbertson. Chuck is always happy. You can hear it in his voice. His happiness makes me want to ensure that I am delivering that same happy spirit to our BOSS Soldiers."



**MILES**



**STOUEMIRE**

**Article submissions are due two weeks before publication. For example, an article for the May 26 Leader must be submitted by today.**

**Announcement submissions are due one week before publication.**

**For example, an announcement for the May 26 Leader must be submitted**

**by May 19.**

**Send all submissions to FJLeader@conus.army.mil or call 751-7045.**



## FMWR calendar

### THURSDAY

- ☐ Visit **Century Lanes** for food, fun and bowling.
- ☐ **Victory Bingo**, 2 to 11 p.m.
- ☐ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ☐ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.
- ☐ Teen advisory board, 5:30 p.m., **Post Library**. For more information, call 751-5589.

### FRIDAY

- ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.
- ☐ **Victory Bingo**, starts at 2 p.m.
- ☐ Friday night special at **Ivy Lanes**. Games and shoe rentals cost \$2 each, 5 to 10 p.m. Open to all permanent party service members.
- ☐ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 7 p.m. Appetizers are available, while they last.
- ☐ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

### SATURDAY

- ☐ **Victory Bingo**, starts at 1 p.m.
- ☐ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the **NCO Club**. Cover charge is \$5 for civilians and \$3 for military.

### SUNDAY

- ☐ **Victory Bingo**, starts at 10 a.m.

### MONDAY

- ☐ Adult swimming lessons begin at Knight Pool, 4:30-5:30 p.m., Monday-Thursday for beginners and 5:30-6:30 p.m. for intermediate swimmers. Lessons are \$40 per person. Call 751-7496 for more information.

### WEDNESDAY

- ☐ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available while they last.
- ☐ Victory Readers Club, 6 to 8 p.m., **Post Library**.
- ☐ **4-H Club** meets 4 to 5 p.m. For grades 1-5. Call 751-1136 for information.

### EDGE! CLASSES

*Call 751-3053 for ages and costs.*

- ☐ **Let 'er Roll Bowling**: 3:30-5 p.m., Tuesdays, Century Bowling Lanes
- ☐ **Eat Right Cooking School**: 3:30-5 p.m., Thursdays, 5955-D Parker Lane.
- ☐ **Monday with a Mad Genius**: 3:30-5 p.m., Wednesdays, Post Library.

### ONGOING OFFERS

- ☐ The NCO Club breakfast is served 6 to 9 a.m., Monday through Friday. The cost is \$8 for adults and \$3.75 for children 4 to 10 years old.
- ☐ The Officers' Club specializes in wedding receptions, anniversaries, promotions and other special occasions. For more information, call 782-8761.
- ☐ Child, Youth and School Services provides child care and youth programming on Saturdays at no cost for active-duty parents who must work to meet mission requirements. Others requiring care may sign up, but will pay the usual hourly rate.

# Exams crucial to eye health

By MAJ. SUSAN M. SLOAN, O.D.  
Moncrief Army Community Hospital

Keeping your eyes healthy is important, and an annual eye exam can help detect a number of eye health conditions — many of which offer no revealing symptoms — before they become something more serious.

An eye exam typically consists of an evaluation of visual acuity and a medical evaluation of eye health in order to determine if there are any problems with them. The doctor will inspect the general health of the eye, to include checking for signs of cataracts, glaucoma and other eye diseases.

An evaluation of the eyes also consists of tests for near and distance vision, peripheral vision, the ability to use both eyes together and the ability of the eyes

to move smoothly across a page.

After the exam, the results will be explained to and if the patient requires corrective lenses or medication, a prescription will be provided.

Typically, a comprehensive eye exam every two years will ensure that the eyes stay healthy and vision remains sharp. Those who have medical conditions like diabetes or other ocular disorders, previous eye trauma or surgery, high prescriptions, a lazy eye or a family history of glaucoma or macular degeneration, will need to have more frequent eye exams.

Natural changes in the eyes associated with age makes more frequent eye exams necessary as people grow older. Children may require eye exams every year or sooner, as their vision changes rapidly with growth.

Some signs and symptoms that should

prompt you to visit the eye doctor for an eye exam sooner are: experiencing sudden or gradual blurry vision; sudden appearance of visual disturbances such as floaters, flashes of light, or obstruction of vision; eye pain; sensitivity to light; and eye infection; or eye fatigue or strain.

An eye exam is an important part of maintaining your vision and overall health. Eye exams can often reveal developing health issues that aren't easily found even with a physical by a family doctor. So get those eyes checked and remember to follow your eye doctor's recommendations for follow-up visits and annual exams.

All TRICARE beneficiaries are encouraged to seek eye care appointments at Moncrief Army Community Hospital, just call 751-CARE (2273) to make an optometry appointment.

# Tips protect skin from sunburn

By E. WAYNE COMBS  
U.S. Army Public Health Command

Every spring and summer, Soldiers get painful sunburns that lead to time lost from duty and training. Even in the winter, Soldiers can get a sunburn and "snow blindness." Also known as "welder's flash," snow blindness is a brief, painful swelling of the eyes.

Those with a fair complexion and light hair, are especially at risk for skin damage from the sun. The sun can also hurt the eyes, so even Soldiers with dark complexions need to protect themselves.

## How should you protect your skin?

Use sunscreen with a sun protection factor, or SPF, of 30 or above that protects against both ultraviolet A and ultraviolet B rays. Reapply every few hours, if possible. Don't forget to apply sunscreen to lips. Many lip balms contain sunscreen. Once opened, sunscreen loses its strength after a year, so replace sunscreen at least once a year. A waterproof sunscreen is important for those who will be sweating a lot or will be around water. To protect the skin, also seek shade, use the uniform to cover arms and legs, and wear a wide-brimmed hat when possible to protect the head and neck.

## How should you protect your eyes?

Wear sunglasses that provide 100 percent UV protection (UVA and UVB). Sunglasses do not have to be expensive to protect well. Wrap-around shades work the best. Wide-brimmed hats also help. Use goggles in snow-covered areas.

## When should you protect yourself?

The sun is strongest between 10 a.m.

and 4 p.m. Use the rule "Short shadow? Seek shade!" If the shadow is shorter than a person's height, he or she can get a light sunburn in about 35 minutes. But when the shadow is twice as long as height, it would take about 90 minutes for the person to get that same light sunburn.

Pay attention to the UV Index. The UV Index informs the public of the level of UV exposure expected on a given day. It is reported as a prediction of the UV level at noon, although the UV level rises and falls as the day progresses. As of May 2004, the UV level is being reported using a scale of 1 (low) to 11 and higher (extreme). There is also a new color scheme,

and different exposure categories, and different breakpoints. The color scheme ranges from green (for low) to violet (for extreme). A guide to the new UV Index can be found at <http://www.epa.gov/sunwise/doc/uviguide.pdf>

## First Aid

There is no quick cure for minor sunburn. Symptoms can be treated with

aspirin, acetaminophen (Tylenol), or ibuprofen (Motrin) to relieve pain and headache and reduce fever. Drinking plenty of water helps to replace fluid lost. Cool baths or the gentle application of cool wet cloths on the burned area may also provide some comfort. Workers with sunburns should avoid further exposure until the burn has resolved. A topical moisturizing cream, aloe, or a low-dose (.5 to 1 percent) hydrocortisone cream, which is sold over the counter, may also help ease the pain and speed up the healing.

If blistering occurs, lightly bandage or cover the area with gauze to prevent infection. The blisters should not be broken, as this will slow the healing process and increase the risk of infection. When the blisters break and the skin peels, dried fragments may be removed and an antiseptic ointment or hydrocortisone cream may be applied.

Seek medical attention if any of the following occur: dehydration; high fever (greater than 101 degrees Fahrenheit); extreme pain that persists for longer than 48 hours or severe sunburns covering more than 15 percent of the body (more than just the forearms and lower legs.)

For more information on sunburn or to view a burn chart, go to:

E Medicine Health, [http://www.emedicinehealth.com/burn\\_percentage\\_in\\_adults\\_rule\\_of\\_nines/article\\_em.htm](http://www.emedicinehealth.com/burn_percentage_in_adults_rule_of_nines/article_em.htm)

## MACH UPDATES

### BEHAVIORAL HEALTH REFERRALS

Active Duty family members may request a referral through their primary care manager or self-refer for a Behavioral Health service; by calling directly to the clinic to make an appointment. Family members can also access Military OneSource for up to 12 free sessions of non-medical Behavioral Health care with a local counselor.

The services offered are:

**Social work Services** — Providing individual, marriage, family, grief/bereavement and Post Traumatic Stress Disorder therapy and counseling. 751-2235

**Family Advocacy Program** — Providing 24-hour/7 days a week crisis intervention services for all victims of child abuse/neglect, elderly abuse/neglect, and spousal abuse. 751-2235

**Child Psychiatry Services** — Providing individual counseling and medication management for children and adolescents. 751-5911.

**Adult Psychiatry Services** — Providing psychiatric medication management, individual counseling and psychiatric evaluations. 751-5911.

### LASIK SURGERY

The MACH Ophthalmology Clinic offers pre-operative screening exams and post-operative care for Laser Refractive Surgery. The service is available to eligible active-duty Soldiers. The surgery will be conducted at Winn Army Community Hospital at Fort Stewart, Ga. To be eligible, Soldiers must have 18 months left of active duty service. For more information, call 751-5406 or visit the front desk in the EENT Clinic on the third floor of MACH.

### CATARACT EVALUATIONS

All military retirees and dependents with TRICARE benefits are eligible for a cataract surgery evaluation. Those selected for surgery at MACH may be considered for a premium lens implant. Call 751-5406 for more information.

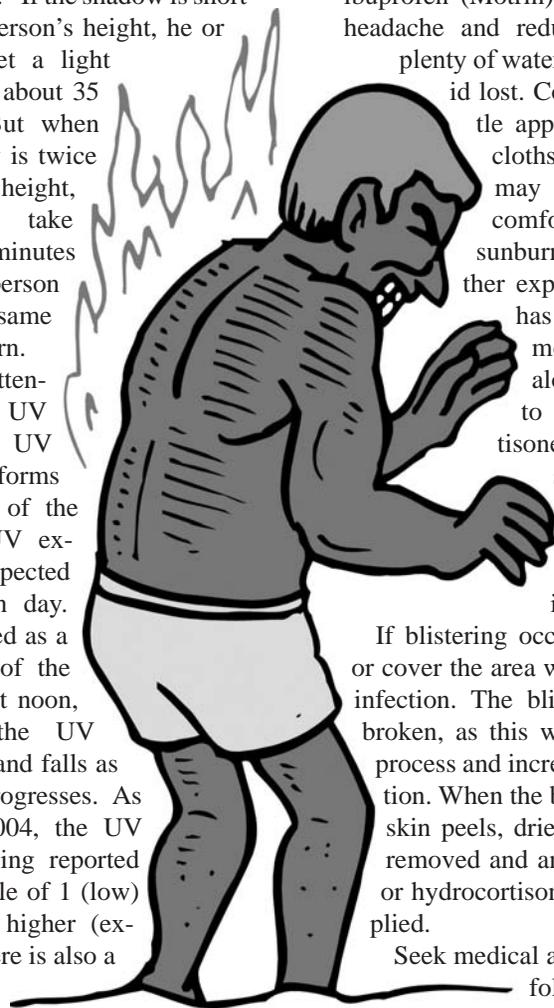
### TEXT REMINDERS

Moncrief Army Community Hospital now offers appointment reminders by text message. To sign up, complete an opt-in form, which is available in the clinics and at the information desk. Reminders will arrive two to three hours before an appointment.

### RADIOLOGY SERVICES ON-GOING

The Moncrief Army Community Hospital Department of Radiology provides a wide range of imaging services for Soldier, family member and retiree beneficiaries. MACH can also provide imaging studies for off-post beneficiaries with orders from network TRICARE providers. Please visit or call the department to schedule your appointment.

- Radiology (751-4606/2366)
- Diagnostic Radiology/Fluoroscopy
- Imaging (751-2484/2417)
- Computerized tomography (CAT SCAN)
- Ultrasonography
- Mammography
- Bone densitometry
- Nuclear Medicine (751-2248)



# Fort Jackson hosts Special Olympics



*Photos courtesy MIGUEL A. MORALES SR.*

David Cook poses for a photo in front of the Solomon Center after lighting the cauldron to symbolize the start of the 2011 South Carolina Special Olympics Summer Games. The torch arrived at Fort Jackson carried by runners on the traditional torch run — a 7.5-mile run, which started in front of the State House, went through downtown Columbia and continued onto the post through Gate 1. The games were held Friday through Sunday.



Athletes participate in activities at Knight Pool Saturday. In addition to the Olympic village and the opening and closing ceremonies, Fort Jackson hosted the aquatics, softball and bowling events. More than 1,000 athletes from across the state participated in this year's Special Olympics, which aim to provide athletic training and competition to people with intellectual disabilities.



Athletes with the 44th South Carolina Special Olympics, as well as Soldiers cheering on the participants, fill the Solomon Center Friday for the games' opening ceremony. The Special Olympics have partnered with Fort Jackson for 43 years. Athletes stayed at the 2nd Battalion, 60th Infantry Regiment barracks, which were transformed into the Olympic village for the event.

For video coverage of the Special Olympics, visit <http://www.vimeo.com/user3022628>

**Post athletes branch out**



*Courtesy photo*  
**Above, members of the 3rd Battalion, 60th Infantry Regiment Family Readiness Group participate in the Stiletto Sprint Saturday in Columbia. The sprint was part of the Get in the Pink road race, which raised funds for breast cancer research. Left, Master Sgt. Kenny Diaz, senior Reserve guidance counselor at the Military Entrance Processing Station, rides his bicycle during one of the stages of the Lake Murray Triathlon Sunday. The event featured a 750-meter swim, a 16-mile bike ride and a 5K run.**

*Photo by CHLOE ROGERS, Columbia Recruiting Battalion*

**Sports shorts**

**BASKETBALL CHAMPIONS**

The Soldier Support Institute team won the winter basketball league championship for active-duty teams. Second place went to the team from the 2nd Battalion, 39th Infantry Regiment. Night Flyte won the title for recreational teams, followed by LOD.

**ARMY CHALLENGE GOLF TOURNAMENT**

The fourth annual Army Challenge Golf Tournament is scheduled for 8 a.m., May 26 at The Carolina Lakes Golf Course on Shaw Air Force Base. The deadline for sign-up is May 23. The entry fee is \$50 per person. For more information, call 895-9966/5229 or 607-7599.

**SKIES SPORTS CLASSES**

SKIESUnlimited is now offering beginner tennis lessons for children 5 to 18 years old. The classes are scheduled for Tuesdays and cost \$40 per month. SKIESUnlimited will also offer Start Smart enrichment classes from June 6 through Aug. 5. Classes will be offered in baseball, football, soccer, basketball and golf. For more information, call 751-6777.

**BODYBUILDING COMPETITION**

A natural fitness/bodybuilding competition is scheduled for June 25 on post. Competition includes men's bodybuilding, women's bodybuilding and figure. Registration is open to all

military, civilian employees and family members.

Visit [www.fortjacksonmwr.com/fitness](http://www.fortjacksonmwr.com/fitness) for more information. Register online at <https://webtrac.mwr.army.mil/webtrac/jacksonretract.html>. Call 751-5768 for more information.

**STRONGMAN COMPETITION**

The Strongman Competition is scheduled for Wednesday. Competitors must weigh in by 5 p.m., Tuesday. The events include Hummer pull, stone carry and tire flip. Contact the Sports Office for more information.

**5K TRAIL RUN**

The Adjutant General's Corps Regimental Association has scheduled a 5K trail run for 8 a.m., Saturday at the Twin Lakes Recreation Area. For more information, call 751-7494.

**SWIM LESSONS**

Adult swim lessons are being offered at Knight Pool. Each two-week session consists of eight classes and costs \$40. Beginner classes are 4:30 to 5:30 p.m., May 16-26. Call 751-4796 for information.

Participants must be at least 15 years old by the last day of the course and be able to pass the prerequisite swim test. The test will be given on the first day of the class. The fee is \$100 for ID-card holders and \$150 for non ID-card holders.

**Golf league standings**

**Intramural**

1-34th	786.0
1-13th	757.0
2-60th	614.0

Standings as of Wednesday morning

**Recreational**

120th	1926.0		
3-34th	1548.0		
3-60th	1364.0		
1-61st	1353.0		
War Horse 1 (TFM1)	1323.5		
War Horse 2 (TFM2)	1250.0		
4-10th	1233.5	Heavy Hitters	533.0
2-39th	1184.5	Old School	499.5
187th	1033.5	That's Good	488.5
MACH	1031.0	USASSI	484.5
165th	924.5	369th	435.5
Marines	874.5		
USADSS	870.5		

Standings as of Tuesday morning



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