

THURSDAY, MAY 3, 2012

THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. COMMUNITY
WWW.JACKSON.ARMY.MIL

JEFFREY HEILMAN: DRILL SGT. OF THE YEAR

'I THOUGHT I WAS
TRAILING THE ENTIRE TIME'

PAGE 3

★ HAPPENINGS, PAGE 19 ★ CHAPEL, PAGE 22 ★ FITNESS, PAGE 23 ★ FIRST RESPONDER, PAGE 28 ★ SPORTS, PAGE 32 ★

COMMANDER'S CALL

Sharing priorities, vision and leadership

Post has the right resources, talent and potential

Over the last few weeks I've taken every available opportunity to explain to you my Vision and Priorities for Fort Jackson as your 45th Commander. I've quickly learned that we have the right resources, talent and potential to achieve what we've set out to achieve. The bottom line — it's all about leadership. I'm often asked about leadership, my leadership style, philosophy, "dos" and "don'ts," etc. I always start my answer by saying "the hardest thing about being a leader is not what you have to do — it's getting others to do what you want them to do." Having said that, my leadership style and command philosophy revolves around seven pillars that I call my "Seven B's," which are:

1. Be Positive.
2. Be Competent.
3. Be Disciplined.
4. Be a Team Player.
5. Be Good to People.
6. Be of Good Character.
7. Be a Risk Manager.

Be Positive: Your attitude as a leader has a tremendous impact on your People. As a leader, you must always have a positive attitude and trust me — sometime you'll have to dig pretty deep but you have to find it! Your People are depending on your attitude to shape theirs. You have to motivate, inspire, excite and ignite your subordinates. You have to make them believe in themselves, the unit, its goals, vision and mission. They have to know they can accomplish what they set out to accomplish. Your positive attitude will give your people the "can-do" attitude they need to punch above their weight class and do things they never thought they could do. Focus on the positive, not the negative; keep things in perspective; look at the glass as being "half full, not half empty." Lead by example, from the front. Empower subordinates and underwrite risks. Show confidence, enthusiasm, pride and passion as their leader. Passion breeds passion; it's contagious and leads to positive attitudes, a positive command climate and an organization that strives to be the best and is more than good...it's great.

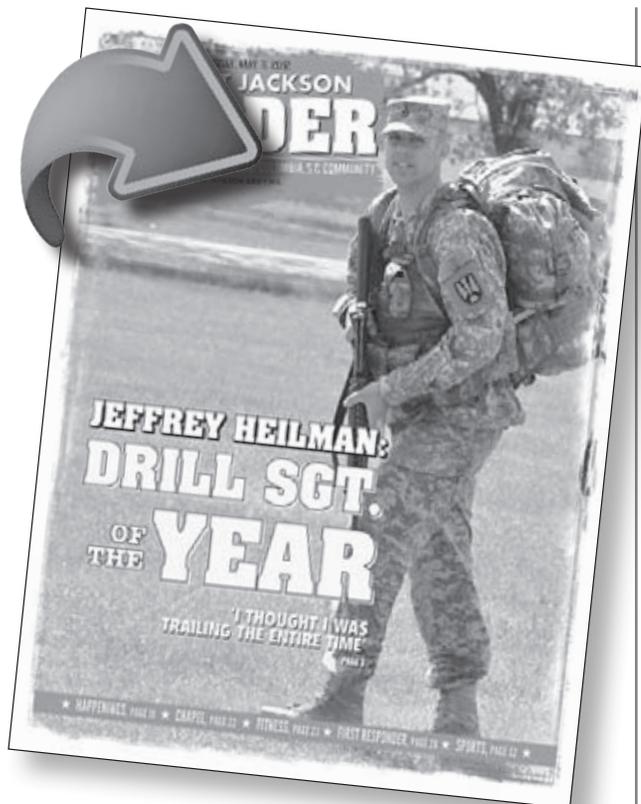
Be Competent: Training is the most important thing we do every day at Fort Jackson, and everyone must be competent at their jobs so we can focus on training. Leaders must be competent at their leadership tasks and ensure their subordinates

are competent too. Every member of your team must be an expert, a SME (subject matter expert) at the tasks associated with his or her position. Make sure everyone knows and follows our doctrine, regulations, policies and procedures — there's no question when you follow the book. "Do it by the book!" Train to standard not to time; make it demanding and realistic. We have a moral obligation to train for combat. NCOs — teach, coach and mentor junior officers and subordinates — this is your legacy. Leader development, professional military education and the civilian education system are important and is a priority. And last, leaders must have good written and oral communications skills — if you can't speak it or write it, they won't do it.

Be Disciplined: Leaders establish and enforce high standards and discipline. In my book, this is leader business — not "Officer Business," not "NCO Business," but "Leader Business," which includes our Army Civilian Leaders. Together, I expect leaders to establish and enforce high standards, disciplined systems and hold people accountable. I expect People to follow orders, report timely and accurately, do the harder right over the easier wrong and never walk away from a deficiency.

Be a Team Player: Teamwork is what makes our Army Strong and we are members of the strongest team in the world.

See **ROBERTS:** Page 17



ON THE COVER

Photo by ANDREW MCINTYRE

When the four-day Drill Sergeant of the Year competition ended, Sgt. 1st Class Jeffrey Heilman came out on top. See Page 3.



Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Company of the firms, products or services advertised.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is published by Camden Media Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson. The civilian printer is responsible for commercial advertising.

For display advertising rates and information call (803) 432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29020. For classified advertising information only: call (800) 698-3514 or e-mail skaress@ci-camden.com or fax (803) 432-7609.

For questions or concerns about subscriptions, call (803) 432-6157. To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@gmail.com.

Commanding General.....Brig. Gen. Bryan T. Roberts
Garrison Commander.....Col. James J. Love
Public Affairs Officer.....Karen Soule
Command Information Officer.....Joseph Monchecourt
Editor/Staff writer.....Susanne Kappler
Staff writer.....Wallace McBride
Staff writer.....Andrew McIntyre

Website: www.jackson.army.mil

Facebook: www.facebook.com/FortJacksonLeader

Twitter: www.twitter.com/fortjacksonpao



Photo by JAMES ARROWWOOD, command photographer

Brig. Gen. Bryan Roberts presents the Army Achievement Medal to Capt. Adam Wolrich Friday at the Post Conference Room. One of Roberts' pillars of his command philosophy is, 'Be good to people.' Roberts said he believes that taking care of people is every leader's business.



Follow Brig. Gen. Bryan T. Roberts at www.facebook.com/FortJacksonCommandingGeneral

3-34 NCO named top drill sergeant

By **ANDREW McINTYRE**
Fort Jackson Leader

Sgt. 1st Class Jeffrey Heilman, Company B, 3rd Battalion, 34th Infantry Regiment, was named Fort Jackson Drill Sergeant of the Year in a ceremony April 26 at the Officers' Club.

Heilman competed against five of Fort Jackson's best drill sergeants to prove he has what it takes to earn that title.

Heilman said he was surprised that he won and that he was aware of the others' confidence in their performance during the competition.

"I didn't think I really won; I thought I was trailing the entire time," Heilman said.

The annual DSoY competition took place April 23-26 and took the Soldiers through rigorous physical and mental fatigue.

The four-day competition began with an examination of the competitors' ability to conduct military drill and physical readiness training. Competitors then hiked approximately two miles to test their skills on medical evacuation simulation, combative drill and buddy team live fire exercise.

"These competitors are rock hard, absolutely best of the best — three and a half days of grueling competition," said Post Command Sgt. Major Kevin Benson. "I would match this competition up against any competition that the Army has to offer. We tried to simulate as best as possible the TRADOC DSoY competition in order to help our drill sergeant be on par in this year's TRADOC competition."

The second day, competitors competed in land navigation, a two-mile foot march to Range 1 for zeroing and group fire, then a three-mile hike to Range 20 for group firing, and a three-mile hike to Bastogne range for weapons qualification.

Staff Sgt. David Schible, Company D, 1st Battalion, 13th Infantry Regiment, who was named DSoY runner-up, said the most difficult exercise during the competition was weapons qualification and road marching.

"We also realized very early on, that in this competition it is every last man for himself," Schible said.

On the third day of competition, the Soldiers faced off in an obstacle course, and concluded the day with the Army Physical Fitness Test, testing individual endurance and stamina.

The end the event, the Soldiers faced a written examination and the agony of



Photos by **ANDREW McINTYRE**

Sgt. 1st Class Jeffrey Heilman, left, Company B, 3rd Battalion, 34th Infantry Regiment, shows off his Modern Army Combatives skills on the first day of last week's Drill Sergeant of the Year competition. Heilman won the competition and will move on to represent Fort Jackson in the TRADOC DSoY competition in June at Fort Eustis, Va.

waiting to see who deserved the title of Fort Jackson Drill Sergeant of the Year.

Third-place winner, Sgt. 1st Class Calvin Shropshire, Company F, 2nd Battalion, 60th Infantry Regiment, explained his emotions before the announcement of his overall placement in the competition.

"My feeling prior to the announcement was anxious and nervous. I really hoped to be in the number-one spot," Shropshire said. "All six competitors are a great group of guys, and I think we are the best of the best."

Heilman will serve as a liaison between drill sergeants and the installation's command group. He will also advise commanders and command sergeants major on all areas pertaining to drill sergeants and Basic Combat Training Soldiers. He will communicate with TRADOC on BCT policy issues that affect Fort Jackson and serves as a mentor to the more than 800 drill sergeants on the installations.

Heilman explained how eager he is to find out his new expectations as the new Fort Jackson DSoY.

"I am good at the lower-level type of stuff and what's required of me right now. I am excited to see the bigger picture and what's required of me at that



Heilman accepts his award from Post Command Sgt. Maj. Kevin Benson, left, and Brig. Gen. Bryan Roberts, Fort Jackson's commanding general, during a ceremony April 26 at the Officers' Club.

level," Heilman said.

He will receive a compilation of prizes for winning the Fort Jackson DSoY competition. Also, he will go on to compete at the TRADOC DSoY competition in Fort Eustis, Va., June

23-30. If he wins the TRADOC event, he will have a permanent change of station to TRADOC headquarters, and the runner-up will serve as the Fort Jackson DSoY.

Andrew.R.Mcintyre.civ@mail.mil

Retiree Appreciation Days scheduled

By **ANDREW McINTYRE**
Fort Jackson Leader

Fort Jackson Retirement Services is calling all retirees. The annual Retiree Appreciation Days are scheduled for May 17-19. Activities are open to retirees of all branches of service and focus on retiree health benefits, educational assistance and sports activities.

Retiree Appreciation Days previously have had an estimated attendance of more than 2,000 retirees who participated in activities. In addition to well-established activities, Retirement Services has added a new event to this year's schedule.

The new retreat ceremony and salute to retirees is scheduled for 4:30 p.m., May 17 at Post Headquarters to begin the event's activities. The scheduled guest speaker for the retreat ceremony and salute is retired Sgt. Maj. of

the Army Jack Tilley.

A Golf Tournament is scheduled for 9 a.m., May 18 at the Fort Jackson Golf Club. The tournament is expected to be a crowd pleaser, said Gregory Fountaine, retirement services officer. Fountaine said retirees have already begun to call in and request more information and express great interest in participating in this year's tournament.

Golf club members pay \$35 per person. Non-members and guest prices are \$45 per person. Prices include cart and user fees, prizes, barbecue lunch and grounds maintenance fees for non-members.

The Main Exchange and Commissary will participate in Retiree Appreciation Days; Friday and Saturday with in-store sales beginning 9 a.m. to 6 p.m. for



the Commissary, and 9 a.m. to 9 p.m. for the Main Exchange.

A Retiree Health and Benefits Exposition is scheduled for May 19. The expo will take place at the Solomon Center from 9 a.m. to 1 p.m. An assortment of health services and informational organizations will be on-site at the expo to include Moncrief Army Community Hospital, South Carolina Department of Veteran Affairs, and Identification Card Services.

Retirees are also invited to participate in the Victory Bingo and No Tap Bowling; both events are scheduled for May 19. All retirees who plan to participate in tournaments should call the Family and Morale, Welfare and Recreation Business Operations Office at 751-4064.

Andrew.R.Mcintyre.civ@mail.mil

SSI warrant officer named TRADOC top instructor

Leader Staff Report

An instructor with the Soldier Support Institute's Human Resource Management Qualification Course at the Adjutant General School was named TRADOC Instructor/Facilitator of the Year in the warrant officer category.

Chief Warrant Officer 4 Troy Skaggs will receive the award in a ceremony today at TRADOC headquarters in Fort Eustis, Va.

"The Instructor of the Year selection is an honor to the say the least, but the real honor is being able to mentor, coach and teach our Army's HR professionals," Skaggs said.

Skaggs, an Army National Guard Soldier from Colorado, said he appreciates the opportunity to serve on active duty in the capacity he's in.

"As a National Guard warrant officer, opportunities to interact with active duty, Army Reserve and National Guard Soldiers from all over the Army are far and few between, so I deeply value the level of trust and confidence that the AG School commandant has placed in me, and I am grateful for the opportunity to serve our Army as an instructor here at Fort Jackson," he said.

Before competing for the TRADOC title, Skaggs had to compete with other warrant officers assigned to SSI schools. Throughout the year, schools assigned to the SSI recognize their exceptional instructors and facilitators and nominate them for SSI's quarterly competition. At the end of the fiscal year, quarterly winners compete for the SSI's Instructors of the Year title. A panel convenes to evaluate the winners of the quarterly competitions. Winners from each category — commissioned officer, noncommissioned officer, warrant officer, civilian, Army Reserve, National Guard, and Educator of the Year — are subsequently nominated for the TRADOC-wide IoY competition.

"This is a great accomplishment, and as you know, is



Courtesy photo

Chief Warrant Officer 4 Troy Skaggs, an instructor with the Soldier Support Institute's Adjutant General School, was named TRADOC Instructor/Facilitator of the Year in the warrant officer category.

indicative of the excellence National Guardsmen bring to the total fight," said Brig. Gen. David MacEwen, the SSI's commanding general. "CW4 Skaggs' skill and dedication to the Army enables active, Guard and Reserve Soldiers to execute their peacetime and wartime mission with confidence and certainty."

TRADOC's Instructor/Facilitator of the Year Program

promotes excellence in service school instructions, encourages high-quality instructions, and recognizes instructor contributions. Skaggs prevailed among 68 competitors in this year's competition.

"The competition was very demanding this year," said Renee Escoffrey-Torres, program manager for the TRADOC Instructor of the Year Program.



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.
Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."



News and Notes

SPECIAL OLYMPICS ON TAP

The 2nd Battalion, 60th Infantry Regiment will host the South Carolina Special Olympics Friday through Sunday. All events are open to the public. The opening ceremony is scheduled for 7:30 p.m., Friday at the Solomon Center. Competition will begin 8 a.m. Saturday. Fort Jackson events will be swimming at Knight Pool, softball at Hilton Field Softball Complex and bowling at both bowling centers.

Volunteers are still needed. Fort Jackson volunteers should contact Marilynn Bailey at 751-5444. As part of the activities, the Basic Combat Training Museum will be open 1 to 4 p.m., Saturday.

VOTING OPEN FOR FORT JACKSON FATHER

Fort Jackson's 1st Lt. William Edwards, Company E, 1st Battalion, 34th Infantry Regiment, is one of three finalists for the National Fatherhood Initiative's Military Fatherhood Award. To vote for Edwards, visit www.facebook.com/nationalfatherhoodinitiative.

BONE MARROW DRIVE SCHEDULED

A bone marrow drive is scheduled from 9 a.m. to 3 p.m., Wednesday at the Basic Combat Training Museum and at Moncrief Army Community Hospital.

TOP COP COMPETITION SET

Fort Jackson will host the annual Top Cop Competition June 3-5. The competition will include seven TRADOC Military Police detachments, one National Guard MP unit, the Richland County Sheriff's Department, Lexington County Sheriff's Department, Columbia and Cayce police departments, the South Carolina State Guard, and a Security Forces Team from Shaw Air Force Base. The event will take place at numerous locations on Fort Jackson and will lead to increased law enforcement presence on post. An active-shooter exercise is planned to take place at C.C. Pinckney Elementary School as part of the competition.

FORT JACKSON TEEN HONORED



WARNER

Michael Warner, 16, was named Youth of the Year for the Boys & Girls Club of Fort Jackson. He will compete for the South Carolina Youth of the Year title and a \$1,000 scholarship. Warner is a student at Richland Northeast High School and plans to study computer programming after he graduates. He is active in numerous volunteer organizations.

ARMY BALL PLANNED

The 237th Army Birthday Ball is scheduled for 6 p.m., June 16 at the Columbia Metropolitan Convention Center. For more information, call 751-3929.

RETIREE APPRECIATION DAYS SET

Fort Jackson's Retiree Appreciation Days are scheduled for May 17-19. This year's events will include a retreat ceremony and salute to retirees; a golf tournament; the Retiree Health and Benefits Expo; and a no-tap bowling tournament. To register for the tournaments, call 751-4064.

Drill sergeant surge keeps mission on track

By WALLACE McBRIDE
Fort Jackson Leader

Fort Jackson has called up dozens of Reservists to instruct Soldiers in training during the summer.

The Army is legally obliged to provide one drill sergeant for every 20 Soldiers, but that ratio is increasingly difficult to reach during the summer because of seasonal surges in Initial Entry Training Soldiers expected to arrive at Fort Jackson, said Lt. Col. Scott Ward, the post's mobilization planner.

"We run on 53 drill sergeants, and that's nearly a battalion's worth of drill sergeants," Ward said.

Active Duty Operational Support (ADOS) orders will bring 57 drill sergeants to Fort Jackson, with the majority of them having already arrived and completing orientation. Ward said most of these Reservists will be dispersed throughout Fort Jackson's Basic Combat Training units. Four female drill sergeants are scheduled to arrive for the summer.

Post Command Sgt. Major Kevin Benson said the shortage is the result of an inability to graduate drill sergeants at a rate necessary to meet the surge in Soldiers in training.

"The augmentation of our reserve drill sergeants is the short-term fix for the gap in drill sergeant coverage," Benson said. "It's great to have them. They're fulfilling the role we need them to fill, at the right time and the right place."

It helps that most of the ADOS drill sergeants require

little schooling.

"Most of these people are already drill sergeants, and are certified in other areas," said Sgt. Major Timothy Webb, operations sergeant major.

Ward said the biggest challenge is finding enough drill sergeants to meet the needs of Fort Jackson's female population. The post not only trains almost 70 percent of the Army's female Soldiers, but all of the Army's drill sergeants, as well.

"This is the only drill sergeant school in the Army right now," Ward said. "They have to produce the drill sergeants for Fort Jackson, Fort Sill, Fort Benning and Fort Leonard Wood. So everybody that gets a drill sergeant badge here will be broken up and sent to the four installations.

"Even though we produce all of the drill sergeants here, we don't get them all," Ward said.

ADOS orders end Sept. 30, but Benson said it is doubtful that Fort Jackson will meet 100 percent of the mission's requirements.

"One hundred percent is the goal," he said, "but you're never going to get 100 percent. Part of that is the available number of sergeants out there, both male and female."

He said female drill sergeants are in the shortest supply, and that many of the women who would ordinarily fill these spots are currently fulfilling missions in the Middle East.

"We can accept that we'll not be at 100 percent, but 90 percent is our operational goal throughout the summer," Benson said. "We've already achieved that."

Milton.W.McBride3.ctr@mail.mil



Photo by ANDREW McINTYRE

Garrison employees meet

Col. James Love, garrison commander, addresses Fort Jackson garrison employees during an employee town hall meeting Tuesday at the Solomon Center. Love shared information about possible gate closures, post infrastructure and future employment positions.

Housing Happenings

COMMUNITY UPDATES

□ The Residential Communities Office and the Housing Services Office have moved to a new location. The new office is located at 4514 Stuart Ave., at the intersection of Strom Thurmond Boulevard and Marion Avenue. All office phone numbers remain the same. New business hours are 7:30 a.m. to 5 p.m., Monday through Friday.

□ Balfour Beatty Communities Foundation awards scholarships to high school seniors and undergraduate students interested in attending accredited educational and technical institutions. Candidates must be an adolescent dependent of an active-duty service member and reside in a Balfour Beatty Community at the time of application. Candidates must also complete an application and meet other eligibility requirements. For more information, visit www.BBCommunitiesFoundation.org. Submissions must be received no later than May 15, 2012.

□ The Yard of the Month contest will continue throughout the summer. Yard of the Month winners will be recognized in *The Fort Jackson Leader*, Balfour Beatty Communities website and newsletter. The grand prize winner will also receive a \$50 gift card contest of BBC. Visit the Self Help Center on Ivy Road and browse the lawn and garden tools that can help you cultivate a beautiful yard and flower garden. The center is open Monday through Friday from 8 a.m. to 4 p.m.

□ The sprinkler systems within housing are set on timers and monitored by the landscaping company. Do not alter the times on your sprinklers. If you have questions or concerns, such as broken sprinkler heads, contact the work order desk at 787-6416.

□ Trampolines are prohibited in the housing area. For more information, view the Balfour Beatty Communities resident guide at www.ftjacksonfamilyhousing.com or contact the management office at 738-8275.

□ Swimming pools in the housing area may be up to six feet in diameter and one foot in depth. Use of wading pools requires adult supervision and is permitted in backyards only. When pools are not in use, they must be emptied and properly stored.

□ LifeWorks events are reserved for on-post housing residents unless otherwise indicated. For questions, comments or suggestions, email ayoungblood@bbcgrp.com.

□ Refer someone to move on post to receive \$200.



Friday, May 4 — 4 p.m.

Last Air Bender

PG

Friday, May 4 — 7 p.m.

A Thousand Words

PG-13

Saturday, May 5 — 4 p.m.

Project X

R

Sunday, May 6 — 2 p.m.

Mirror, Mirror

PG

Wednesday, May 9 — 1:30 p.m.

A Thousand Words

PG-13

For more listings, visit www.aafes.com or call 751-7488.

DA introduces website for civilian education

By **JULIA BOBICK**

Army G-3/5/7 Civilian Training and Leader Development

The Army G-3/5/7 Training Directorate's Civilian Training and Leader Development Division launched a one-stop website consolidating information about career program occupational and functional training, competitive professional development and leader development opportunities, as well as application procedures and course registration links. The website aims to improve access to information and increase participation in Army civilian training and leader development opportunities.

The site, www.civiliantraining.army.mil, serves as an integrated resource for civilian employees, supervisors and Army leaders interested in learning more about the training and opportunities available to the Army Civilian Corps. Because several Army organizations administer the various leader development courses, developmental assignments and training, Army civilians and supervisors have in the past had to visit several different sites to find out about mandatory training and professional development opportunities.

"We wanted to provide civilians and supervisors a

comprehensive site to help them more easily navigate the myriad opportunities in Army civilian training and leader development," said Vicki Brown, Chief of the Civilian Training and Leader Development Division. "It's our goal to ensure all civilians know about the available training — often at little or no cost to their units — and take advantage of the training that fits into their individual career goals and supports their organization outcomes."

The new website includes course descriptions, prerequisites and registration links for Army Civilian Education System courses, Supervisor Development Course requirements, Competitive Professional Development and Academic Degree Training, advanced opportunities like Senior Service College, Army Congressional Fellowship Program and the Defense Senior Leadership Development Program, as well as career management tools like Army Career Tracker.

The Civilian Training and Leader Development Catalog (when fully deployed on the site) will be the official resource for information on centrally managed civilian training, professional and leader development training opportunities, replacing the information currently found in the Army Civilian Training, Education and Development System catalog.



Photo by ANDREW McINTYRE

New AG top enlisted Soldier

Command Sgt. Maj. Christopher Culbertson, center, takes responsibility of the Adjutant General School and the Adjutant General Regimental Corps in a ceremony Friday at the Soldier Support Institute. Culbertson, the former garrison command sergeant major, took over for Command Sgt. Maj. Darlene Hagood, who retired after 25 years of service.

Like us on Facebook. Log on to your account and search "Fort Jackson Leader."



Farm trip

Children from Scales Avenue Child Development Center visit produce farmer Walter P. Rawl & Sons, Inc. in Pelion Tuesday. The visit, which the CDC conducted in partnership with the Fort Jackson Commissary, was part of the installation's Month of the Military Child. Children were able to learn about growing vegetables and got to sample some of the produce.

Photos by DEBORAH F. SMITH,
Fort Jackson Commissary



Guest Speaker

Courtesy photo

Col. Robert L. Manning, commandant of the Army Adjutant General School, was guest speaker at the AGCRA Quarterly Membership Breakfast Tuesday. Manning recognized 23 Association members for their achievements, which included the Order Of Horatio Gates Bronze Medal being awarded to seven members.



Courtesy photo

Pinewood Derby

Cub Scout Pack 89 conducted its annual Pinewood Derby April 21. Andrew Close was awarded second place overall for Pack 89. The overall Derby Champion was Michael Ewers, who will participate Saturday in the Indian Waters Council Pinewood Championship Races.



Photo by WALLACE McBRIDE

Gabe and Staff Sgt. Chuck Shuck.

HERO DOG

After 170 combat patrols, K-9 lives a life of leisure

By WALLACE McBRIDE
Fort Jackson Leader

These days, Gabe lives a life of leisure, spending most of his days snoozing on the couch. A few years ago, his time was spent working under the scorching Iraq sun, trying to find explosives, ammunition and other weapons before they could be used against him. He racked up 26 “finds” during the 170 combat patrols he took part in, the largest of which was a cache of rounds discovered on the banks of the Tigris River.

Retiring at the rank of Sergeant 1st Class, Gabe is 9 years old.

And he’s a dog.

“When he’s working he’s very focused,” said Staff Sgt. Chuck Shuck, a drill sergeant leader at the Drill Sergeant School. Shuck is Gabe’s former handler and now, in the animal’s retirement, owner. “He’s getting a little older now, so he’s pretty docile. He still chases squirrels in my yard at home, but now he pretty much just lies around the house.”

Despite the success he’d eventually rack up during his time in Iraq, Gabe wasn’t a welcome presence



Courtesy photo

Gabe, seen napping above, has more than 11,000 followers on Facebook, and is a candidate for 2012 Hero Dog Awards.

when he and Shuck first arrived. Using an animal to sniff out weapons and explosives was a new concept to the Soldiers tasked to put him to work, and Shuck said Soldiers weren’t excited about using an animal during already tense searches for weapons and explosives.

“On our fifth mission we started finding things,” he said. “When we found a cache of 36 122-mm rounds, they couldn’t get enough of us. He was the most productive dog in the Iraqi theater during that one-year period.”

Not all of the finds involved direct discoveries of weapons, though. On a few occasions, the dog directed Soldiers to look a little deeper into the backgrounds of the people they were searching.

“We’d find a lot of pistols and, sometimes, find nothing in the vehicles,” he said. “But we’d test the drivers and there’d be residue of explosives, C4 or TNT on their hands.”

Shuck said Gabe serves as an example of what communities lose when animals fail to find homes at shelters. Originally a pound puppy from Houston, Gabe was picked up and sent to school by the Army.



Courtesy photo

Gabe receives the 2008 as the American Kennel Club's 'Military Working Dog of the Year.'

Gabe

Continued from Page 10

Shuck was paired with Gabe and another dog in 2006, with Gabe passing his final evaluation in Numa, Az., after five months of training. A few weeks later the two found themselves on the ground in Iraq.

"Gabe left Iraq with three Army Commendation Medals and an Army Achievement Medal from the different units, and about 40 coins of excellence," Shuck said. "Me, as his handler, I only got two."

Gabe received the 2008 Heroic Military Working Dog Award Medal from the American Kennel Club, a national award that included animals from all armed forces.

But Gabe and Shuck briefly parted ways when they returned to America, with the dog sent to Lackland Air Force Base, Texas, where he was paired up with another handler.

The working relationship didn't last long, though, because Gabe refused to work with his new handler.

"I got to adopt him and he's been living with me since July, 2009," Shuck said. "At home he's eating tennis balls and lying on the couch, and he's gained about 25 pounds."

While Gabe is no longer working, he's staying active in other areas, and currently has more than 11,000 followers on his Facebook page. He's visited wounded Soldiers in hospitals, and has maintained a pen pal program with students in Georgia.

"We like to educate kids on respect, and staying in school," Shuck said. "We talk to them about the Army Values in general and sent each of the kids Army dog tags. And my Soldiers in basic training wrote to them what Army values meant to them."



FIND GABE ONLINE

Vote for Gabe in the 2012 Hero Dog Awards
www.herodogawards.org

Find Gabe on Facebook
www.facebook.com/VoteGabe2012

"Team Gabe" is currently mobilized to help the dog win the nationwide 2012 Hero Dog Awards from the American Humane Association. He's already collected 30,000 votes, Shuck said.

The Hero Dog Contest has two stages. The first round lasts until June 30 and allows people to vote once every 24 hours. If Gabe wins his category, then he will compete against seven other dogs from other categories starting July 1.

The Hero Dog Awards were created in 2010 to celebrate the relationships between dogs and people. Hundreds of dogs from all 50 states were nominated and some 400,000 votes were cast by the American public, culminating in the selection of eight canine finalists. Panels of past celebrity judges have included Betty White, Whoopi Goldberg, Mark Hamill and Jillian Michaels.

"Last year, Gabe was the runner-up in our category," Shuck said. "We didn't have the following that we have this year."

He said Gabe is an example of cost-effective resources the Army could put to use every day.

"You can take a pound puppy and make him into a war dog, train him to go out there and do some great things," he said. "All of these dogs that are getting put to sleep in shelters, maybe some of them we could use as military dogs. Rather than going out and buying these dogs, why not look for labs, golden retrievers or German Shepherds in pounds and shelters and start using them?"

Milton.W.McBride3.ctr@mail.mil

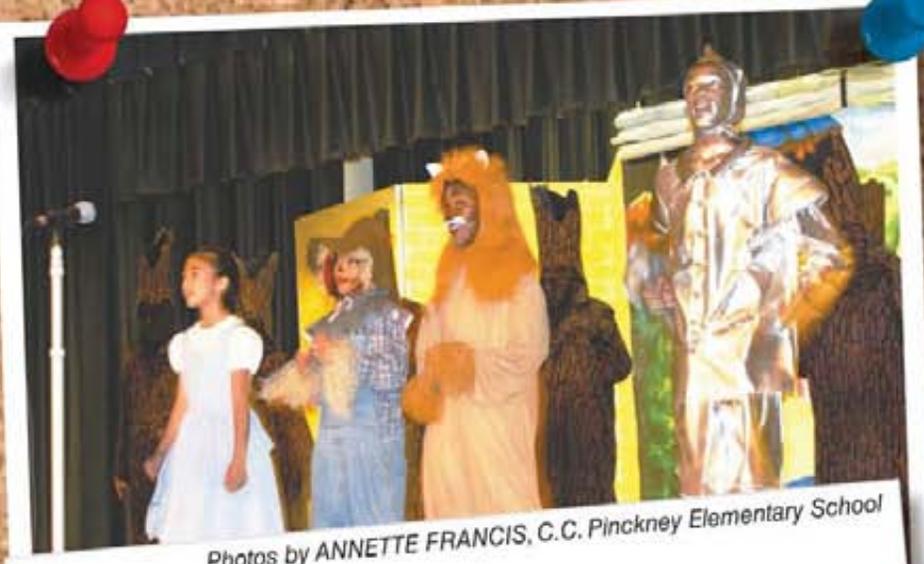
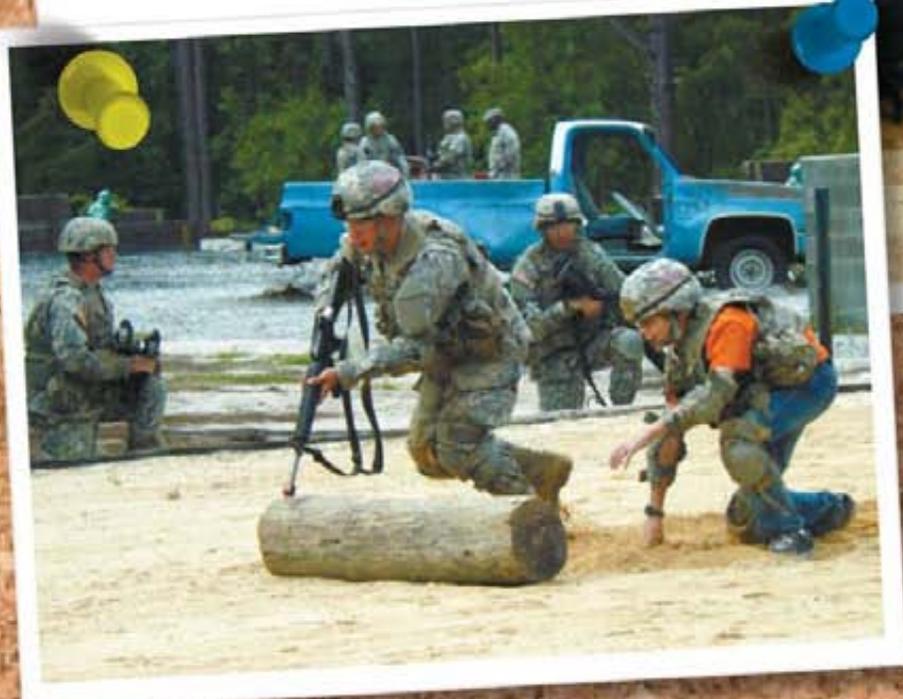
Photo by WALLACE McBRIDE



Children tour Fort Jackson

Children with the Connie Maxwell Children's Home visited Fort Jackson's 2nd Battalion, 39th Infantry Regiment April 21, taking tours of the post's ranges and participating in various training exercises. The children are scheduled to visit the post again for the battalion Thanksgiving celebration meal.

Courtesy photos



Photos by ANNETTE FRANCIS, C.C. Pinckney Elementary School

Off to see the wizard

Claire Wyszynski, 11, Eleannah Hernandez, 9, Ezekiel McGhee, 11, and Kamorey Stinson, 11, make their way down the yellow brick road April 26 in the C. C. Pinckney production of The Wizard of Oz. Approximately 80 students participated in the performances, along with visiting artist, Dottie Martin, of the Baillie Players. The production was a Pinckney PatriARTS Project endeavor.



Photo by COL BARBARA SHERER, U.S. Army Chaplain Center and School

Mud Run

Sgt. 1st Class Floston Arthur carries Sgt. 1st Class De-londa Allen during the 'fireman's carry' portion of the USMC Mud Run April 21 in Columbia. This biannual event was created to raise money, awareness and support for Marines, Veterans, and their families.



Caitlin Crosby, 10, a citizen of the land of Oz, sings of the great life in the magical city.

Students recount Civil War campaign

By **CAPT. SELINA TOLONEN**
Adjutant General School

Students with the Army Adjutant General Captain's Career Course traveled to several locations made famous during the Civil War's Carolina Campaign as part of a staff ride last week. The two-day outing enabled participants to recount the key events and actions of leaders on the battlefield to contribute to the overall learning experience of the group.

Near the town of Beaufort, S.C., one of the first cities occupied by Union forces, the discussion revolved around Maj. Gen. William Sherman, one of the Union's most famous leaders. He advanced his forces north from Savannah, Ga., through South Carolina to North Carolina.

"Sherman implemented the 'scorched earth' strategy, ordering his troops to destroy anything beneficial to the Confederacy, such as livestock, crops, infrastructure and supplies," said Capt. Clayton Cannon, a native of Britton's Neck, S.C. "His intent was to win as quickly as possible, so he employed a 'total war' theory to strike fear and terror into the hearts and minds of local civilians in the process."

Students continued their travels on back roads to the ruins of Old Sheldon Church, formerly known as the Prince William Parish Church. The church was severely damaged by fire by Sherman's troops in 1865 and was never rebuilt again.

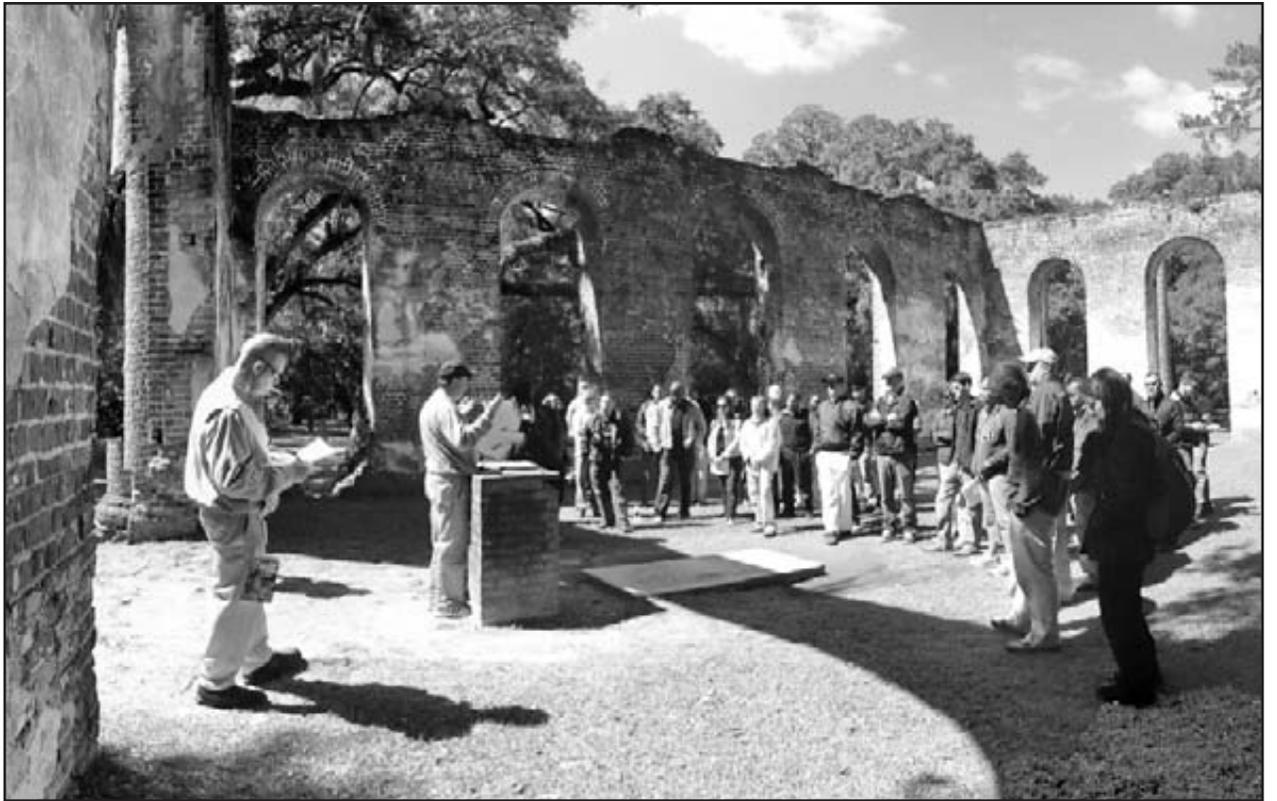
"It was incredible to see the old pillars of the church still standing," Capt. Brandy Rheuark said. "The fact that Sherman's troops burned it without regard for the Rules of Engagement, which listed churches among protected edifices, made me reflect upon how important the ROE are today."

In the afternoon, students traveled to Rivers Bridge State Historic Site to analyze the Battle of Rivers Bridge, one of two Civil War battlefield sites in South Carolina that the public can access, the other being Fort Sumter. Students were also able to try on uniforms and examine artifacts Soldiers used during the Civil War.

"This location, I think, especially highlights the bravery and sacrifices made by both, Soldiers with the Union and Confederacy," said John White, an interpretive ranger and acting park manager at Rivers Bridge State Historic Site near Ehrhardt, S.C. "The conditions during the battle were quite austere, and every Soldier was fighting hard for what he believed in. I love that I am able to continue to educate this generation on the dedication and patriotism that Soldiers today still exemplify in honor of our great country."

The second day of the staff ride began at the intersection of Columbia's Old State Road Bridge and Congaree Creek, where students discussed the Battle of Congaree Creek.

"In short, members of the Confederacy who were staged there to try to 'hold the line' were forced to retreat in four hours based on the sheer strength in numbers of the Union forces," 1st Lt. Lasherdo Harris said. "What was significant about this battle was that Congaree Creek was the last access point Union forces needed to breach to



Photos by **CAPT. BRIAN HOLLANDSWORTH**, Adjutant General School

Stephen Bower, second from left, command historian of the Soldier Support Institute, briefs students in the ruins of Old Sheldon Church during the AG School Captain's Career Course staff ride.

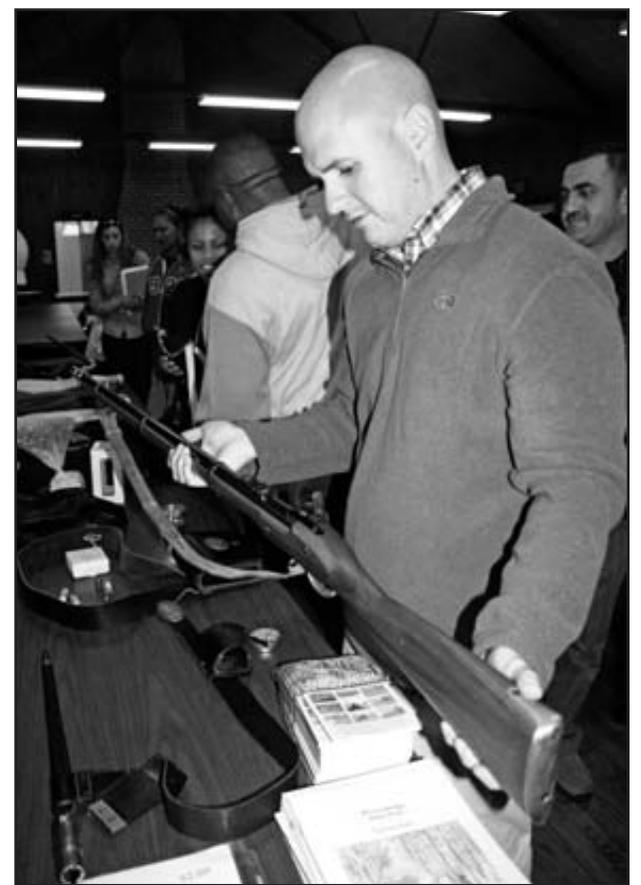
be able to advance into Columbia."

Following the Congaree River down to the Gervais Street Bridge, students marveled at remnants underneath it of the old bridge that was destroyed by the Confederacy. Later, they traveled to the Broad River Bridge, which was burned to continue to resist the advance of Union forces into downtown Columbia.

"Crossing into the urban terrain of downtown Columbia presented quite a few challenges to leaders and Soldiers during the Carolina Campaign," said Stephen Bower, command historian of the Soldier Support Institute and instructor of the staff ride. "For example, Soldiers had to take account of civilians as part of the ongoing military operation. Are they friend or foe? How will they impact our ability to accomplish the mission?"

The last leg of the staff ride led participants through the South Carolina State House, the McCord House, which was Union Army Maj. Gen. Oliver Howard's headquarters when his formation entered Columbia, and ended on the University of South Carolina's campus, where several buildings within were used as hospitals and shelters for survivors of the war.

"The study of history and the staff ride is important to the professionalization of Soldiers," Bower said. "It represents one of the few formal opportunities in the Soldier's professional development that allows him or her to examine the Army at war and how all of its constituent parts worked together — sometimes good and sometimes bad, the expected along with the unexpected, and leaders and Soldiers who adapted to the volatile environment in which they found themselves."



Capt. David Eyre handles a weapon used by Civil War soldiers while visiting Rivers Bridge State Historic Site near Ehrhardt, S.C.

Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the May 17 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the May 17 Leader must be submitted by May 10.

Send your submissions to FJLeader@gmail.com.

For more information, call 751-7045.



Photo by WALLACE McBRIDE

William "Bill" Bartlett was recently inducted into the Fort Jackson Volunteer Hall of Fame.

VOLUNTEER SPOTLIGHT

For Red Cross volunteer, Army is a family tradition

By WALLACE McBRIDE
Fort Jackson Leader

William "Bill" Bartlett was no stranger to Army life before volunteering to work at Fort Jackson's Red Cross office four years ago. He previously spent 14 years as the Red Cross's emergency services director for the Midlands, but, prior to that, he was in the Army for almost three decades.

"I love to do it, and I wouldn't do anything else," said Bartlett, who was a 2012 inductee into the Fort Jackson Volunteer Hall of Fame. "I wouldn't want to not be working with the Red Cross. I like it."

Bartlett is a Red Cross emergency services caseworker and delivers messages for Soldiers and family members during times of crisis, helping to facilitate emergency leave. He's one of about 90 volunteers who donate their time to the post's Red Cross chapter.

"He's done a great job," said Red Cross station manager Sandy Chambers. "He will do anything we ask him to do, so he's been a great volunteer for us."

"What I do here is similar to what I did for the (midlands) chapter," Bartlett said. "Emergency services also includes services to military and disaster relief. I'm still a volunteer for that chapter. I'm a liaison for the Red Cross to the state operations center when they open it for hurricanes and other catastrophes."

Bartlett retired from the Army in 1986 and describes himself as an "Army brat." His parents, grandparents and great grandparents were also all Army veterans. The tradition started in 1877 when his great grandfather graduated from West Point.

"I became a tanker because my dad was a tanker," he said. "My dad was a horse cavalryman and a tanker, and took a tank battalion to Korea and fought. Both my granddads were Army, one was field artillery ... my other grandfather was ordnance, and commanded the Watervliet Arsenal (in New York) during World War II."

How to volunteer with the Fort Jackson Red Cross

The Fort Jackson Red Cross is always looking for volunteers, especially those interested in leadership positions. For a list of current openings and job descriptions, call 751-4329. All volunteers must attend training for the specific role they are volunteering for.

Fun Run

Brig. Gen. Bryan Roberts, Fort Jackson commanding general, congratulates the winners Saturday at the close of the second annual Fort Jackson Schools Patriot 5K and Dragon Mile challenges.

Nearly 200 runners participated in the event at the Hilton Field Softball Complex, competing on a 5K course that trailed from the softball compound through the Fort Jackson housing complex to both Pierce Terrace and C.C. Pinckney elementary schools, finishing in front of the grandstands on Hilton Field. Medals were awarded in each race for the following categories: Men's Division, Women's Division, C.C. Pinckney overall boys and girls, Pierce Terrace overall boys and girls, and grade level winners from pre-kindergarten through sixth grade. The race was the creation of volunteers from the schools' Parent Teacher Organizations who devoted their time and talents to organizing the event.

A group of blue phase Soldiers from the 2nd Battalion, 39th Infantry Regiment, led by their drill sergeants, participated in the run.



Courtesy photo

Roberts

Continued from Page 2

But, that doesn't come easy — you have to work at it every day. Employ the 3C's: Coordination, Collaboration, and Cooperation. Cooperate with each other and the higher headquarters and share good ideas, best practices and lessons learned. Compare yourself to the standard not your flanks — that's who you'll be fighting and winning with. We're all on the same team — Team Jackson. As a leader, you are responsible to build a disciplined, cohesive, agile, effective, high performing and elite team; one that your team members want to be members of. One that is proud to wear the hat, the T-shirt, and uniform. Leadership is about building a highly effective and cohesive team with strong team players.

Be Good to People: Leaders are in the People Business — they are the key to our success. People are the centerpiece of our formation — the Strength of Fort Jackson is our People — Soldiers, Civilians, Families, Retirees, and Veterans. Leadership is about taking care of your People. Know them, keep them informed, make their lives as predictable as possible and be sensitive to their wants and needs. Focus on dignity and respect, quality of life, proper training and equipment, Family readiness, and timely recognition. Don't pay "lip service" — keep your commitments. Submit OERs, NCOERs, appraisals and awards on time. Take care of your People, and the mission will take care of itself.

Be of Good Character: Your character is who you are. Without it, you don't have anything. It's how you're seen, known and remembered. Ensure you and your Soldiers live the Army Values, the Soldier, NCO, Drill Sergeant and Civilian Creed and the Warrior Ethos every day. Integrity is non-negotiable — do the right thing morally, ethically and professionally. Remember loyalty works both ways — be loyal to your organization and subordinates and they'll be loyal to you. Communicate — up, down, and laterally; tell the whole story. Be trustworthy, dependable and responsible — always give 100 percent. Be courageous and have the guts to stand up for yourself, your People, and what you think is right. Be your unit's moral and ethical compass.

Be a Risk Manager: Everyone must be a Risk Manager — 24/7, both on and off duty. Set the highest safety standards and meticulously manage risk with the tools you have available. Composite Risk Management must be an essential phase of everything we do — if you don't know it, learn it now. Never walk away from an unsafe act or deficiency; when you do that, you've created a new standard. Remember "safety first." Stop unsafe acts before they lead to mission failure and loss of life, limb or eyesight. Don't be risk adverse, but don't tolerate accidents.

These are the principles I've used for 28-plus years — they'll continue to be the basis for my leadership and command philosophy as the 45th Commander of Fort Jackson. Victory Starts Here!
Victory 6

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Robert Collie
Company D
3rd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE

Spc. Anita Thompson

SOLDIER OF THE CYCLE

Spc. Brian Rogers

HIGH APFT SCORE

Pvt. Carl Matthews

HIGH BRM

Pvt. Mark Sanchez



Sgt. 1st Class Reginald Mattocks
Company E
3rd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE

Spc. Shaw Monroe

SOLDIER OF THE CYCLE

Pfc. Scott Reinier

HIGH APFT SCORE

Spc. Sidney Smalls

HIGH BRM

Pfc. Edgardo Santanna-Aponte



Staff Sgt. Christopher Stevens
Company F
3rd Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE

Pvt. Matthew Aponte

SOLDIER OF THE CYCLE

Spc. Matthew Lewis

HIGH APFT SCORE

Spc. Emily Roberts

HIGH BRM

Pfc. Trevor Gutknecht

Training honors



HALL

Staff Sgt. William Hall
Drill sergeant of the cycle
Company A



SUMMERS

Staff Sgt. Ray Summers
Drill sergeant of the cycle
Company B



POWELL

Staff Sgt. Derrick Powell
Drill sergeant of the cycle
Company C

TASK FORCE MARSHALL

Want more Fort Jackson news?



**Watch Fort Jackson video news stories
and Victory Updates**

**at [http://www.vimeo.com/
user3022628](http://www.vimeo.com/user3022628)**

SUBMISSION GUIDELINES

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157.

May Promotions

Name	Rank	Name	Rank	Name	Rank
ARMSTRONG, Sherman	LTC	BLANCHARD, Jonah P.	SFC	PARKER, Tara D.	SSG
BARNESRICKS, Catina M.	LTC	BULLIS, Eric A.	SFC	SPENCE, Ayrika D.	SSG
FAINT, Charles D.	LTC	DISHON, Lynn A.	SFC	BRENSTON, Justin A.	SGT
HAMMAR, George L. IV	LTC	JOHNSON, Alphonso H. Jr.	SFC	COLE, Paul W.	SGT
JONES, Jackie D.	LTC	JOHNSON, Natalia	SFC	GADSDEN, Jameilla V.	SGT
LIBERT, David T.	LTC	KNOWLES, Reginald L.	SFC	MARTIN, Rachel L.	SGT
MELLEN, Brian C.	LTC	OLIVER, Daryl D.	SFC	McCLOUD, Stephanie	SGT
RANALLI, Ronald V.	LTC	TRAPP, Nicholas J.	SFC	MYERS, Nicole M.	SGT
THOMPSON, Charles S.	LTC	WILLIAMS, Brandie R.	SFC	POLSON, David T.	SGT
WILSON, Ramey L.	LTC	BRADY, Joshua B.	SSG	ROBIN, Adrion J.	SGT
CALLIS, William G.	MAJ	BYRD, Atwell B.	SSG	STEWART, Mark A.	SGT
SEDASEDA, Angel F.	MAJ	HARDEN, Vanessa D.	SSG	TORGUSEN, Daniel J.	SGT
JOHNSON, Pamela	CW5	LEBRONOTERO, Alexander	SSG	WARD, Andre D.	SGT
CORDOVES, Ortiz R.	CW3	MELCHIORRE, Daniel C.	SSG		
ROGERS, Pamela Y.	CW3	MORALESLOPEZ, Victor	SSG		

Calendar

Today

National Day of Prayer service
11:45 a.m. to 12:15 p.m., Main Post Chapel

Friday and Saturday, May 18-19

Case lot sale
8 a.m. to 6 p.m., Commissary

Saturday, May 19

SKIESUnlimited performing arts recital
2 p.m., Soldier Support Institute auditorium
For more information, call 751-6777.

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Monday, 3 p.m.

Sidewalk chalk party

Children are invited to decorate the sidewalk in front of the Community Center. Juice boxes and sidewalk chalk will be provided.

Wednesday, May 16, 3 p.m.

Mini birdhouse painting

Children 2-10 years old are invited to paint a mini birdhouse. To register, call 738-8275 or email mrobinson@bbcgrp.com.

New service

Plastic bag recycling

Plastic bag recycling is now a permanent service offered by Balfour Beatty Communities. Residents can drop off plastic bags during regular hours at the Community Center.

Throughout the summer

Free popsicle Fridays

Beginning in May, children can stop by the Community Center every Friday this summer for a free popsicle while supplies last.

Announcements

FURNITURE DONATION EVENT

DLA Disposition Services has scheduled a furniture donation event, from 8 a.m. to 1 p.m., May 12 at 1902 Ewell Road. The event is open to DoD ID card holders. Items include beds, tables and night stands. For more information, call 751-1875/7698.

WARRANT OFFICER RECRUITING

Warrant officer recruiting briefs are scheduled for 11 a.m. and 1:30 p.m., May 10 at the Education Center, Room B308. For more information, visit www.goarmy.com/warrant or call (706) 464-6154.

THIRD ARMY AP HERITAGE EVENT

Third Army/ARCENT will celebrate Asian Pacific Islander Heritage Month with an event from 11:30 a.m. to 1 p.m., May 18 in the Lucky Conference Room at Patton Hall, Shaw Air Force Base. Soldiers, Airmen and civilians interested in participating, should call 885-8636/8653.

MACH NUTRITION CLINIC

The following classes are scheduled for May:

- Diabetes class, 8 a.m. to noon, today
 - Cholesterol and high blood pressure class, 2 to 3 p.m., May 10 and 10:30 to 11:30 a.m., May 24
 - Army Move! 2-4 p.m., Monday and May 21
 - Victory nutrition wellness, 1 to 2 p.m., May 16
 - Bariatric initial appointment class (by referral only), 10 a.m. to noon, May 15
- All classes take place at Moncrief Army Community Hospital, Room 8-85. For more information and to register, call 751-2115/2363/2273.

OPM SURVEY UNDER WAY

The Office of Personnel Management has begun its 2012 Federal Employee Viewpoint Survey. The survey runs through June 18.

FATHERS RECOGNIZED

This year's fatherhood recognition ceremony is scheduled for June 12. Nominations for outstanding fathers are due by May 11. For more information, email Charles.G.Lewis4.civ@mail.mil.

FCC PROVIDERS NEEDED

The next Family Child Care orientation is scheduled from 8 a.m. to 4 p.m., May 14-18, at the Joe E. Mann Center. Military spouses living on post and registered off-post child care providers may apply to provide child care to military families in their homes. Applications will be accepted through Tuesday. For more information, call 751-6234.

VOLUNTEENS SOUGHT

The Fort Jackson Red Cross will accept application for its VolunTEEN summer program beginning Tuesday. Applicants must be 14 or older. VolunTEENS work at Moncrief Army Community Hospital alongside medical professionals. Applications can be submitted through May 21. For more information, call 751-4329.

NEW SKIES CLASSES

SKIESUnlimited will offer creative movement and pre-ballet classes beginning Saturday. Creative movement is for children 2 to 4 years old and is scheduled from 10 to 10:30 a.m., Saturdays.

Pre-ballet is for children 4 and 5 years old and is scheduled from 10:45 to 11:30 a.m. A parent and child tumble tots class will take place from 10 to 10:30 a.m., Fridays. For more information, call 751-6777.



Courtesy photo

Distinguished child

Moriah Ross, 5, is the winner of April's Distinguished Child Award. Ross is a student at Pierce Terrace Elementary School. She was nominated by her teacher for being a leader among her peers. Ross is described as kind, compassionate and a friend to all. She enjoys reading and loves to learn.

EXTENDED CHILD CARE

Imboden Street Child Development Center now offers enhanced extended hours care to provide overnight and weekend child care. The service is available to Soldiers who have verification from their chain of command that mission requirements necessitate the child care. For more information, call 751-1672 or email Rose.Edmond@us.army.mil.

THRIFT SHOP NEWS

Applications for the Summer Youth Program are available through May 17. The program will run June 5 through July 26. It is open to students, 17-21 years old. The Thrift Shop has a number of gowns available as part of its Golden Carriage Program. The program provides formal wear for female sergeants and below and wives of sergeants and below. The Thrift Shop is open from 9 a.m. to 3 p.m., Tuesdays and Thursdays, and from 9 a.m. to 5 p.m., Wednesdays. Organizations may submit welfare applications throughout the year. Anyone can shop at the Thrift Shop, but only military ID card holders can consign items.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.

Send your announcements to fjleader@gmail.com. Community announcements may be edited to comply with Leader style and Public Affairs regulations.

School notes

RICHLAND ONE PRE-K DEADLINE

The deadline for parents to register their children for Richland One's pre-kindergarten program has changed. Parents now have until June 1 to enroll their 4-year olds. For more information, call 231-6882/6709.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

ADVENTURE CAMPS

Military children 14-18 years old are invited to participate in adventure camps hosted by Purdue University in partnership with the Office of the Secretary of Defense Military Community and Family Policy. For more information, visit https://www.extension.purdue.edu/Adventure_camps/campshome.html.

DRILL SERGEANT REUNION

A reunion for drill sergeants and support staff assigned at Fort Jackson during the 1970s and 1980s is planned for June.

For more information, call (785) 375-1433. or email rubyrobinson60@yahoo.com.

FUN IN THE SUN

Fort Jackson children turn out for annual Family Fun Fair

Photos by ANDREW McINTYRE



Isela Benitez, 5 years old, catches a toy-fish at the Army Community Service water pond set-up to show appreciation for military children, Saturday at the Family Fun Fair.



Olivia Moore, 3 years old, enjoys the shade and her toys at the toddler center station set-up for children at Saturday's Family Fun Fair, an event to celebrate Month of the Military Child.



Children enjoy one of the many rides brought to Hilton Field on Fort Jackson, Saturday to show appreciation to military children during the Month of the Military Child, Family Fun Fair.



Harlyn Townsend, 3 years old, waits patiently for face-paint.



Ahnyiah Pinckney, 9 years old, looks back at her mother for a photo as she climbs the wall Saturday at the Family Fun Fair, celebrating Month of the Military Child.

CMYK

CMYK

27" WEB-100

Stuff-induced happiness not as advertised

By **CHAPLAIN (CAPT.) AARON WHITE**
1st Battalion, 61st Infantry Regiment

Some days I am just overwhelmed by the number of advertisements, billboards, emails, text messages, etc. that I have to see or hear every day for stuff I don't even want or need.

I turn on my TV, and I am blasted with sales pitch after sales pitch. Sometimes it feels like the commercials are longer than the program I tuned in to watch. The same thing happens as I am driving my car. I turn on the radio and am bombarded with radio advertisements while at the same time my eyes are soaking up the billboards stacked up one after another on the road side. The majority of my mail is nothing but advertisements, credit card offers, bank loan offers, sales flyers, and all of it for things I do not need. Recently, I was in a restroom that had televisions playing advertisements. Isn't any place safe from marketing anymore?

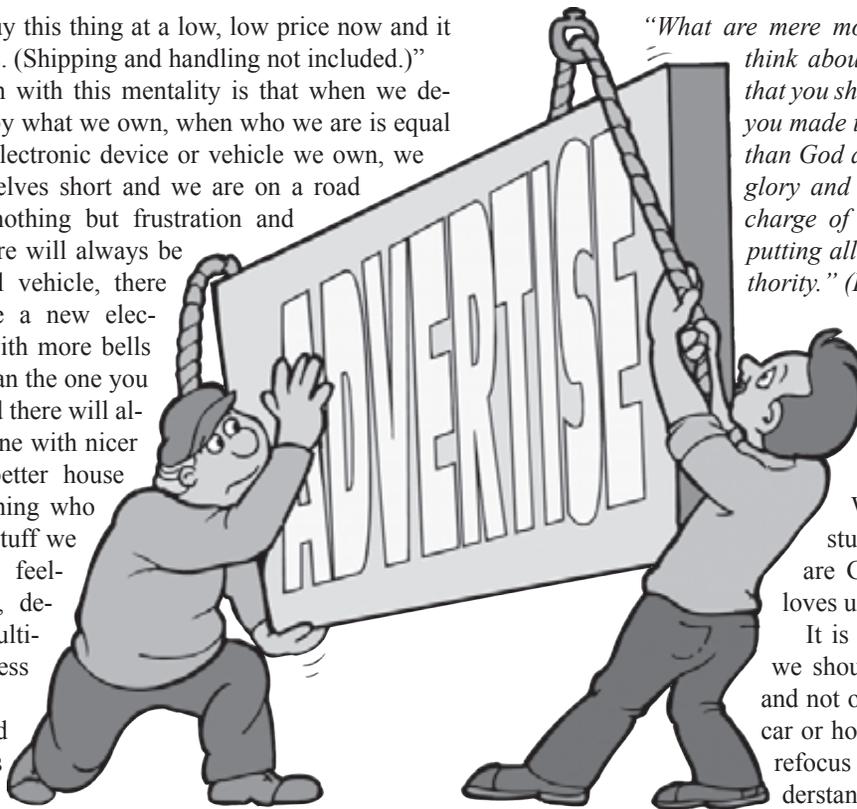
It has been estimated that the average American is exposed to more than 3,000 marketing messages a day. That is 1,095,000 marketing messages to which we, on average, are exposed to in a year. Now, there's nothing inherently evil or wrong about marketing. Businesses need to sell their products, and our economy runs on people buying things. The problem comes when so many of these advertisements keep telling us over and over and over that we are defined by the stuff we own.

"Want to be better looking? Want to be more successful? Want to be a person worthy of the world's notice?"

Then simply buy this thing at a low, low price now and it can all be yours. (Shipping and handling not included.)"

The problem with this mentality is that when we define ourselves by what we own, when who we are is equal to the newest electronic device or vehicle we own, we have sold ourselves short and we are on a road that leads to nothing but frustration and emptiness. There will always be a newer model vehicle, there will always be a new electronic gizmo with more bells and whistles than the one you just bought, and there will always be someone with nicer clothes or a better house than you. Defining who we are by the stuff we own leaves us feeling inadequate, depressed and, ultimately, worthless and empty.

The good news though is that we are not defined by our possessions. Stuff we own is nothing but stuff. The Bible tells us over and over that we as human beings are of great value — not because of our possessions, but because God created us.



"What are mere mortals that you should think about them, human beings that you should care for them? Yet you made them only a little lower than God and crowned them with glory and honor. You gave them charge of everything you made, putting all things under their authority." (Psalm 8:4-6)

God made us, crowned us as his children with glory and honor, and put the rest of creation under our authority. We own our stuff; our stuff does not own us. We are God's children, and he loves us.

It is that identity on which we should define who we are and not on what newest gadget, car or home we own. If we can refocus ourselves and truly understand that our identity is "child of God" and not "consumer of stuff," then we will find the happiness, the joy and the contentment that all the advertisements have been promising us but never deliver.



PROTESTANT

- Sunday
 - 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
 - 9:30 a.m. Hispanic, Post Theater
 - 9:30 a.m. Main Post Chapel
 - 8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
 - 10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
 - 10:45 a.m. Sunday school, Main Post Chapel
 - 11 a.m. Memorial Chapel
 - 11 a.m. Chapel Next and Children's Church, Bayonet Chapel
- Wednesday
 - 6 p.m. Prayer service, Magruder Chapel

Protestant Bible Study

- Sunday
 - 9:30 a.m. Chapel Next Bible study, Bayonet Chapel
- Monday
 - 7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
 - 9:30 a.m. to noon Women's Bible study

- (PWOC), Main Post Chapel
- Wednesday
 - 6 p.m. Gospel prayer service, Daniel Circle Chapel
 - 7 p.m. Gospel Bible study, Daniel Circle Chapel
 - 7 p.m. LDS scripture study, Anderson Street Chapel
- 11:30 a.m. to 12:45 p.m. Fresh Encounter Bible Study, Family Life and Resiliency Center (5460 Marion Ave., left of the POV lot)
- Saturday
 - 8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

Protestant Youth of the Chapel

- Sunday
 - 5 to 6:30 p.m. Club Beyond youth group, Main Post Chapel
- Saturday
 - 11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

CATHOLIC

- Monday through Thursday
 - 11:30 a.m. Mass, Main Post Chapel
- Sunday
 - 9:30 a.m. CCD (September through May), Education Center
 - 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
 - 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
 - 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel

- 11 a.m. Mass (Main Post Chapel)
- 12:30 p.m. Catholic youth ministry, Main Post Chapel
- 7 p.m. Women's scripture study, Main Post Chapel

- Wednesday
 - 7 p.m. Rosary, Main Post Chapel
 - 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel
- Friday
 - 11:30 a.m. Ladies of the parish, Main Post Chapel (first Friday of each month)

ANGLICAN/LITURGICAL

- Sunday
 - 8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
 - 8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
 - 1 to 2 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
 - 9:30 to 10:30 a.m. Worship service, Memorial Chapel
 - 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

LATTER DAY SAINTS

- Sunday
 - 9:30 to 11 a.m. Anderson Street Chapel

- Thursday
 - 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

CHURCH OF CHRIST

- Sunday
 - 11:30 a.m. Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Family Life Chapel**
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao.



Use right foods to fuel your active lifestyle

With all the effort you are putting into your workouts, there is one key element that would put your results in high gear. If you want to make your time spent more effective and more noticeable on the scale and in your blue jeans, you must check out your source of fuel.

For many of us, what to eat is just as confusing as what type of workouts to do. Educated eating is profound, because what you choose to eat and when you eat it are important to the success of those intense workouts you've been doing.

As a matter of fact, what you eat has a profound effect on how your body uses the calories you just consumed. Because of this, it is vital that we learn how to eat to fuel our active lifestyle.

The first rule to fueling effectively is to fuel. Many people believe that starving is the answer, but it is not. I am sure we have all heard the story of how our body's metabolism slows down when we refuse to feed it. This is a recipe for weight gain.

In addition, if we perform intense exercising on empty, our bodies must find a source of fuel since what it is typically used to (glucose) is not available. So it begins to breakdown valuable muscle tissue. We don't want to get rid of muscle that gives us shape and definition. However, our body has no choice if we are not fueling prior to our workout.

I am not recommending eating a full course meal either. That is a recipe for cramps, sluggishness and flat-out fatigue. Again, what you eat will determine how effective and productive your workout will be.

If you have been exercising regularly and are ready to bring more balanced eating to your lifestyle, the following tips should help you develop an eating plan that is right for you.

A plan that is right for you should be a plan that you can remain faithful to for the most part. If you create an eating regimen that is too restrictive or boring you set yourself up for failure.

However, if you become just a bit more food savvy and take some time to prepare your food; you will be surprised that it is not as difficult as you once believed.

First, you want to break your meals into five or six smaller meals throughout the day. You do this to keep your metabolism revved. The more even we can keep our blood sugar; the more likely we are to avoid compulsive eating. Foods high in fiber and protein fall into this

The Weigh It Is

By **PAMELA LONG**

*Fitness programmer,
Family and Morale, Welfare
and Recreation*



category. When you eat these types of foods 30 minutes to an hour before your workout routine you give yourself a supply of steady energy. This type of fuel is what we need to make our workouts more efficient and more effective.

If you are taking part in a more intense style of workout, such as interval training, your meal choices can contribute to achieving greater weight loss results. For maximum benefit, your commitment to working out regularly, fueling on clean healthy foods, and drinking water as your primary beverage must go hand in hand if you are seeking specific results from your healthier lifestyle habits.

Even if you cannot keep up with the demands of stern healthy eating and strict workout schedules, just making some of the changes and incorporating some of the food selections should still yield rewarding accomplishments.

Start by making sure that most meals and snacks contain lean protein, complex carbohydrates, fiber and a small amount of healthy fat. This type of meal or snack will help slow down food absorption, help you feel satisfied, and provide fuel to energize your physical activities. Eating more frequent, smaller meals and snacks keep your energy level high (to produce killer workouts) and your hunger in check (to make the scale go down).

Here are 10 top picks for healthy snacks and meals to fuel your active lifestyle:

- ❑ Whole-grain cereal, berries and skim or low-fat milk,
- ❑ Oatmeal slow cooked with low fat cheese,
- ❑ 1/2 whole-grain bagel with peanut butter and banana slices,
- ❑ Smoothies made with low-fat yogurt, fresh fruit and orange juice,
- ❑ Poached egg on whole-wheat toast with 1/2 grapefruit,
- ❑ Garden salads with mandarin orange slices (instead



Photo by JENNY PRATHER, special to the Leader

Drinking smoothies is one way to fuel the body without causing sluggishness or weight gain.

of dressing),

- ❑ Low fat yogurt with low-fat granola,
- ❑ Apple or celery slices with peanut butter and raisins,
- ❑ Meal replacement bar (check the label to make sure it contains approximately 220 calories or less.),
- ❑ Brown rice and steamed veggies with lean protein.

Successful weight loss is all about figuring out what we are willing to eat and how can we make it healthier. You must find foods that you enjoy, that are satisfying, and that will keep you away from the temptations of the kitchen, break room, vending machines and the drive-thru line.

Simply eating the right kinds of foods in the right amounts will give you the kind of control that leads to permanent weight loss. Add healthier eating to your workout program gradually, and you will truly be embracing your new active lifestyle.

FIRST RESPONDER

Lt. Col. Raymond Simons
Director, Emergency Services

Maj. Bradford Fisher
Provost Marshal

Sgt. Maj. Bruce Sirois
Provost Sergeant Major

Bill Forrester
Fire Chief



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

CASES OF THE WEEK

❑ A single-car accident in the parking lot of Pierce Terrace Elementary School resulted in minor damage to the vehicle, police said. According to reports, the driver of the car made a turn into the parking lot when the vehicle struck a metal pole.

❑ A civilian was arrested in connection with a theft at the Main Exchange. Police reports indicate that a store employee ob-

served the person removing a shirt from a display shelf and leaving the store without paying.

❑ A driver was cited for trying to enter the installation without proper vehicle registration and for driving with a suspended driver's license. Officials said that security personnel at Gate 2 contacted police who confiscated the vehicle's plates and the driver's license. The vehicle was towed to an off-post location, police said.



Follow the Leader on Twitter
at www.twitter.com/fortjacksonpao.



Report Suspicious Activity

Indicators:

- People drawing or measuring important buildings.
- Strangers asking questions about security or building security procedures.
- Briefcase, suitcase, backpack, or package left behind.
- Cars or trucks left in No Parking zones in front of important buildings.
- Intruders in secure areas where they are not supposed to be.
- A person wearing clothes that are too big and too hot for the weather.
- Chemical smells or fumes that worry you.
- People asking questions about sensitive information such as building blueprints, security plans, or VIP travel schedules without a right or need to know.
- Purchasing supplies or equipment that can be used to make bombs or weapons or purchasing uniforms without having the proper credentials

Also Report Situations Where:

- Individuals have isolated themselves or are emotionally withdrawn from friends/community
- Individuals are absent from the workplace for seemingly no reason
- Individuals with apparent grievances

Primary Reporting Methods

- Law enforcement official or agency
- Security force or guard members

Alternative Reporting Methods

- DA Civilians/Soldiers: your chain of command
- Spouses: your military member/FRG Leader
- Children: your parents or teachers
- Contractors: contract agency or COTR

What to Report

- When did suspicious activity occur
- Where did activity occur
- How many people involved
- How many vehicles involved
- What type of activity
- Describe what you saw
- Provide pictures if you took any

Organized team or lone wolf, foreign or home-grown, targeting many places or just one, using available technology or weapons made with their own hands—the fluid, obscure nature of the terrorist threat demands that we know what to look for and where to look. Familiarize yourself with indicators of suspicious activity and be ready to report such activity to proper authorities.

Always Ready, Always Alert
Because someone is depending on you



Young Fort Jackson runners hit their stride

By **LT. COL. JOE WYSZYNSKI**
Special to the Leader

Three evenings a week, a group of dedicated young athletes, 8 to 14 years old, prepare for competition at the 193rd Infantry Brigade track or on the hills behind Hilton field.

Midway through this year's track season, the team sponsored by Child, Youth and School Services has turned in impressive performances against runners from much larger teams from across the Midlands. The team, which had only nine members last year, has grown to 41 athletes this season and will be sending seven runners to the South Carolina State Championships in June.

Head coach Ken Covington attributes the success to two factors — dedicated athletes and parental support.

"We focus on teaching the fundamentals and character, but these kids have discipline and are putting in the hard work, pushing themselves in training," Covington said. "Also, we have great support from active duty military volunteers, giving their time and experience to all of these kids, enabling us to tailor training for individual runners. It's a community effort, and great to see the teamwork. These kids are having fun, and you can see the pride in their faces at the finish lines on Saturday mornings."

The athletes' dedication has paid dividends, as 26 Fort Jackson boys and girls earned an invitation to the district invitational competition Saturday. Team members participated in track events ranging from the 50-meter to 1-mile races, and field events such as the standing long jump and the softball throw. Although the competition at the district invitational was known to be steep, the team looked forward to the challenge.

"I am ready," said 10-year old sprinter Blake Willis before the meet.

"I have already improved so much this season, but I am going to break my record in the 400 meter," predicted DeShaun Scott, 11.

The Fort Jackson team members ran fast at this meet,



Photo by **LAURIE KELLEY**, special to the Leader

Noah Kelley, 13, warms up before the district invitational in Lexington Saturday. Kelley was one of 26 Fort Jackson athletes who participated in the meet. Five runners advanced to the South Carolina State Championships, which will take place June 9 in Mount Pleasant.

with nearly all runners turning in their best performances of the season, including Scott. Seven runners earned top place finishes and a berth in the South Carolina State Championships, which will take place in Mount Pleasant June 9.

Eleven-year old Jaden Young summed up this season so far.

"It is hard work, pulling each other along, and sometimes those practices hurt, but we are almost at the finish line, and I'm going to the states," Young said.

Sports shorts

LETTERS OF INTENT DUE

Letters of intent for the following sports are now accepted by the Sports Office:

☐ Recreational and intramural basketball open to all ID card holders 18 and older; due May 15. League play will begin in June.

☐ Strongman competition; open to active duty military only (men and women); sign up by May 8. Weigh-ins are scheduled for May 16, the competition will take place May 17. The

event includes a Hummer pull, stone carry and tire flip.

For more information, call 751-3096.

ARMED FORCES DAY WALK/RUN

The Armed Forces Day 5K fun run/walk and 10K run is scheduled for 8 a.m., May 19. Registration is open now or from 6:30 to 7:30 a.m. the day of the race. The event is open to all ID card holders.

SPRING SOFTBALL STANDINGS

Monday/Wednesday league		Tuesday/Thursday league	
MEDDAC	4-0	1-61st	3-0
120th	3-1	RRS	2-1
3-34th	2-1	187th	1-2
2-60th	2-2	2-39th	1-2
3-60th	1-2	81st RSC	0-1
TFM	1-3	CP	0-1
4-10th	1-3	McEntire	0-1
USADSS	0-2	The Wreck	0-2

Standings as of Tuesday

GOLF STANDINGS

Active duty		Recreational	
3-34th	1373.5	Heavy Hitters	1037.5
120th	1266.0	Even Par	1008.0
187th	996.0	DPW	903.5
TFM	987.5	Sand Baggers	897.0
4-10th	981.0	Hit Squad	894.0
1-61st	903.0	9 Hole Bandits	894.0
MEDDAC	899.5	That's Good	888.5
2-39th	858.0	SSI Hack Attack	784.5
G-3	857.5	FMS	687.0
2-60th	786.5	SCANG	542.5
3-60th	738.5	Those Guys	194.5
1-34th	394.5		
165th	262.5		

Standings as of Tuesday

Follow the Leader on Twitter
at www.twitter.com/fortjacksonpao

For more Fort Jackson photos,
visit www.flickr.com/fortjacksonpao