

THURSDAY, NOV. 21, 2013

# THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. COMMUNITY

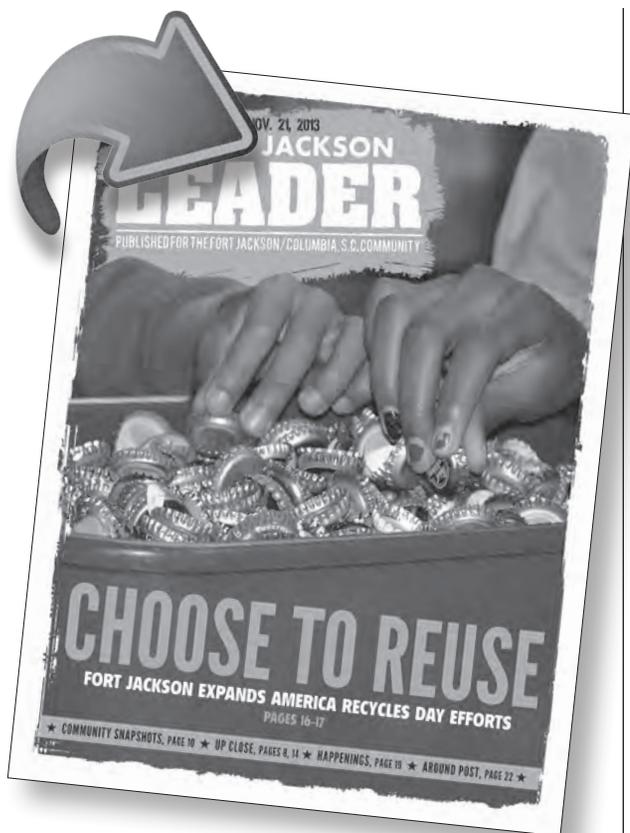


# CHOOSE TO REUSE

**FORT JACKSON EXPANDS AMERICA RECYCLES DAY EFFORTS**

**PAGES 16-17**

CLOSE, PAGES 8, 14 ★ HAPPENINGS, PAGE 19 ★ AROUND POST, PAGE 22 ★



## ON THE COVER

Photo by WALLACE McBRIDE

Students sort through bottle caps during last week's America Recycles Day event on post. **SEE PAGES 16-17.**

## THANKSGIVING MEAL SCHEDULE

The Thanksgiving dinner for retirees will be served from **1:30 to 3 p.m., Nov. 28 at Building 5455**, the dining facility for 3rd Battalion, 13th Infantry Regiment and 3rd Battalion, 60th Infantry Regiment. The cost is \$7.50 per meal. The discounted rate of \$6.45 is available to spouses and dependents of enlisted personnel in pay grades E-1 through E-4. For more information, call 751-7274.

### Thanksgiving meal schedule for units:

Nov. 27	11 a.m. to 1 p.m.	187th Ordnance Battalion	Bldg. 3210
Nov. 27	11 a.m. to 2 p.m.	120th Adjutant General Battalion (Reception)	Bldg. 1875
Nov. 27	11:30 a.m. to 1:30 p.m.	Drill Sergeant School	Bldg. 9572
Nov. 27	11:30 a.m. to 2 p.m.	2nd Battalion, 39th Infantry Regiment	Bldg. 10401
Nov. 27	4 to 6:30 p.m.	1st Battalion, 61st Infantry Regiment	Bldg. 11900
Nov. 28	11 a.m. to 4 p.m.	1st Battalion, 34th Infantry Regiment	Bldg. 11500
Nov. 28	11 a.m. to 4 p.m.	1st Battalion, 13th Infantry Regiment	Bldg. 11500
Nov. 28	11 a.m. to 4 p.m.	2nd Battalion, 60th Infantry Regiment	Bldg. 11500
Nov. 28	Noon to 3 p.m.	2nd Battalion, 13th Infantry Regiment	Bldg. 4270
Nov. 28	11:30 a.m. to 3 p.m.	3rd Battalion, 13th Infantry Regiment	Bldg. 5455
Nov. 28	11:30 a.m. to 3 p.m.	3rd Battalion, 60th Infantry Regiment	Bldg. 5455
Nov. 28	11:30 a.m. to 2 p.m.	369th Adjutant General Battalion	Bldg. 10791



## Career fair

Soldiers, veterans and their dependents meet with job recruiters Tuesday morning at the Solomon Center. More than 40 employers attended the job fair, which was tailored to meet the needs of military applicants.

Photo by WALLACE McBRIDE



### Fort Jackson, South Carolina 29207

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*Leader file photo*

**A Soldier in training prepares to throw a practice grenade during instruction at Remagen Hand Grenade Range on Fort Jackson in this 2008 file photo. Recent testing on Fort Jackson and McCrady Training Center found traces of Royal Demolition Explosive (RDX) in water taken from wells near the southern boundary of the installation. The chemical is believed to have found its way into the soil through hand grenade training at Remagen.**

# Study finds chemical in groundwater

## Fort Jackson plans to test water in private wells

**By WALLACE MCBRIDE**  
*Fort Jackson Leader*

Fort Jackson is planning to test private wells to determine if a chemical used in explosives has migrated off the installation.

The post is taking part in the federal Operational Range Assessment Program (ORAP), multi-phase environmental testing conducted in recent years on military installations nationwide. ORAP is part of the Department of Defense's Sustainable Ranges Initiative, designed to ensure the long-term viability and continuity of military training and testing ranges while providing good stewardship for the land.

Recent testing on Fort Jackson and McCrady Training Center found traces of Royal Demolition Explosive (RDX) in water taken from wells near the southern boundary of the installation. A man-made chemical, RDX is an explosive component used in explosives since World War II, but does not pose an explosive risk when found in water.

"The results of our assessment are encouraging," said Brig. Gen. Bradley Becker, Fort Jackson commanding general. "Although there are detectable levels of munitions components from operational ranges near the installation boundary, they are below the EPA health advisory

levels."

The amounts of RDX that have been detected in the monitoring wells on specific operational training ranges at Fort Jackson are well below Environmental Protection Agency lifetime health advisory levels. Although results from monitoring wells indicate that it is unlikely that RDX will be found in the private wells located outside the training range, Fort Jackson has committed to conducting a thorough assessment.

ORAP was established by the DoD in 2004 to determine if the chemicals used in military weapons training have had an impact on the environment. For the Army, this program is run by the U.S. Army Environmental Command.

Fort Jackson is one of many installations participating in the first phase of the ORAP initiative in 2006, as well as the second phase, which began in 2012. The levels of RDX detected in the most recent phase of the study do not exceed EPA health advisory levels.

Regardless, Fort Jackson took steps last week to notify nearby land owners of the test results, seeking permission to collect samples of their well water. Samples are expected to be collected during the first two weeks of December, by which time the results of the latest phase of on-post testing are expected to become available.

An initial 24 letters and RDX fact sheets were mailed to homeowners in the area of the post's southern boundary.

The goal is to conduct samples at 25 wells in that vicinity.

"We want to err on the side of caution and either confirm or deny munitions constituents are migrating off post," Becker said. "Groundwater samples near the Fort Jackson boundary indicate there is a small chance that certain compounds may be migrating off the installation. We simply want to be certain. If we determine there is a migration, we will take appropriate action to mitigate this finding."

"The lifetime level that might cause you to take action is the EPA's Health Risk Advisory, which is 2.0 parts per billion," said Barbara Williams, Environmental Management Branch chief, U.S. Army Garrison, Fort Jackson. Even at that level, though, RDX is not considered to be a health risk.

Levels found on Fort Jackson's range were a fraction of that level: 0.78.

"You could drink the water on our range for the rest of your life and it would not be considered a health risk," Williams said.

Fort Jackson also plans to conduct a public meeting to discuss plans and methods of action to address issues that were discovered during the operational range assessment. The meeting is scheduled to take place 6 p.m. this evening at the Weston lake Community House.

See **WATER:** Page 18



Photos by WALLACE McBRIDE

From left, Construction Project Manager Lavern Meggett, MACH Command Sgt. Major Vincent Bond, MACH Commander Col. Mark Higdon and Fort Jackson Commanding General Brig. Gen. Bradley Becker cut the ribbon Tuesday for a \$10 million Specialty Care and Women's Health Clinic at the hospital.

## MACH opens \$10 million women's clinic

### Leader staff report

Moncrief Army Community Hospital formally opened a \$10 million Specialty Care and Women's Health Clinic Tuesday morning.

The newly renovated clinic combines Gynecology, Surgery and Dermatology Clinics to create a one stop shop clinic for women.

The facility will provide care for women seeking breast care, to include mammograms, ultrasounds, stereotactic breast biopsies and well woman exams.

The co-location of services will enhance patient flow and provide a friendly environment for Soldiers, family members, retirees, beneficiaries and staff.

The women's health clinic is outfitted with the state of the art equipment and furnishings to include exam tables that will take the patient's weight, corian countertop hands free faucets, compass space saving workstations, on the right track cubicle curtains with grommet hooks, motion censored lighting with dimmers, unisex toilets, baby changing stations and automatic card swipe access control just to name a few.

"Our providers and administrative staff understand we are charged with providing the best healthcare our Soldiers, families and veterans deserve and expect," said Col. Mark Higdon, Moncrief Army Community Hospital commander. "And this multi-million dollar clinic shows our dedication to ensuring our patients receive that care."



Right, Sandra Prewitt, head nurse of GYN and Dermatology/Surgical, leads Diane McClora, program manager for Defense Medical Human Resource System, center, and Maj. Gwendolyn Whitcomb, a clinical nurse, on a tour of the new clinic following Tuesday's ceremony.



Photo by KARA MOTOSICKY, Public Affairs Office

Senior leadership and representatives from various directorates gather Nov. 13 at the Emergency Operations Center to field questions from Soldiers, family members, civilians and retirees during an hourlong town hall meeting conducted on one of the post's Facebook pages.

## Post conducts first 'virtual' town hall meeting

By WALLACE McBRIDE  
Fort Jackson Leader

Fort Jackson's final town hall meeting of 2013 was conducted last week via Facebook.

Senior leadership and representatives from various directorates gathered Nov. 13 at the Emergency Operations Center to field questions from Soldiers, family members, civilians and retirees during an hourlong session. The post's U.S. Army Garrison Facebook page was used as the platform for the evening's discussion.

"In the past, if people didn't come to the town hall meeting, they didn't get to listen to the briefing," said Lewis Kellam, supervisor operations officer with the Directorate of Plans, Training, Mobilization and Security. "The information is passed to a lot more people than during a town hall meeting in a fixed facility."

Representatives from 12 directorates answered questions on topics ranging from health and human services, holiday sales at The Exchange, and traffic issues.

Leadership was prepared to research and answer questions posted by visitors.

Kellam said the virtual town hall meeting was a success.

"We had 27 questions, and a total of 9,446 people viewing the posts as of Nov. 14," he said. "And, there have been people who have been signing in since then to look at the questions. People are continuing to view the posts. The Facebook town hall meeting has proven we can reach more folks through social media than have attended any of our town hall meetings in the past."

"Fort Jackson's Facebook Town Hall provided another avenue for us as leaders at Moncrief Army Community Hospital to reach out to our patients in the community," said Col. Mark Higdon, MACH commander. "Everything that happens in all of our medical facilities revolves around our staff providing the best possible patient- and family-centered care to our Soldiers, family members and retirees."

Interest in the evening's topics varied from directorate to directorate. Col. Jamie Houston, DENTAC commander, said he opted to share health tips with readers, who otherwise had few questions for him.

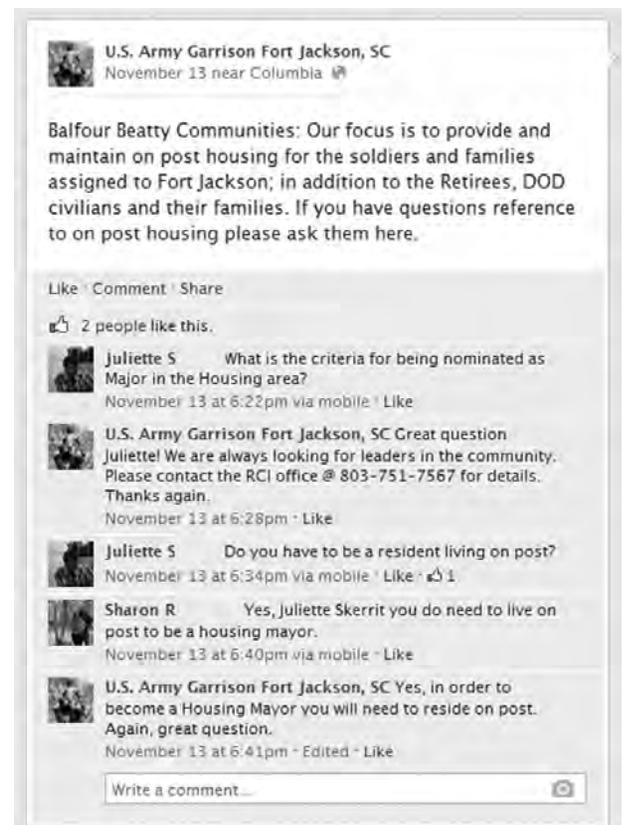
"Since DENTAC does not see family members, it was a quiet night, so I typed up my usually 'preventive trivia' and some guides to the best toothpastes on the market and why 'soft' drinks and energy drinks destroy enamel so effectively," Houston said.

Col. Michael Graese, Fort Jackson garrison commander, said he was pleased with the response to last week's experiment, which was the post's first "virtual" town hall meeting.

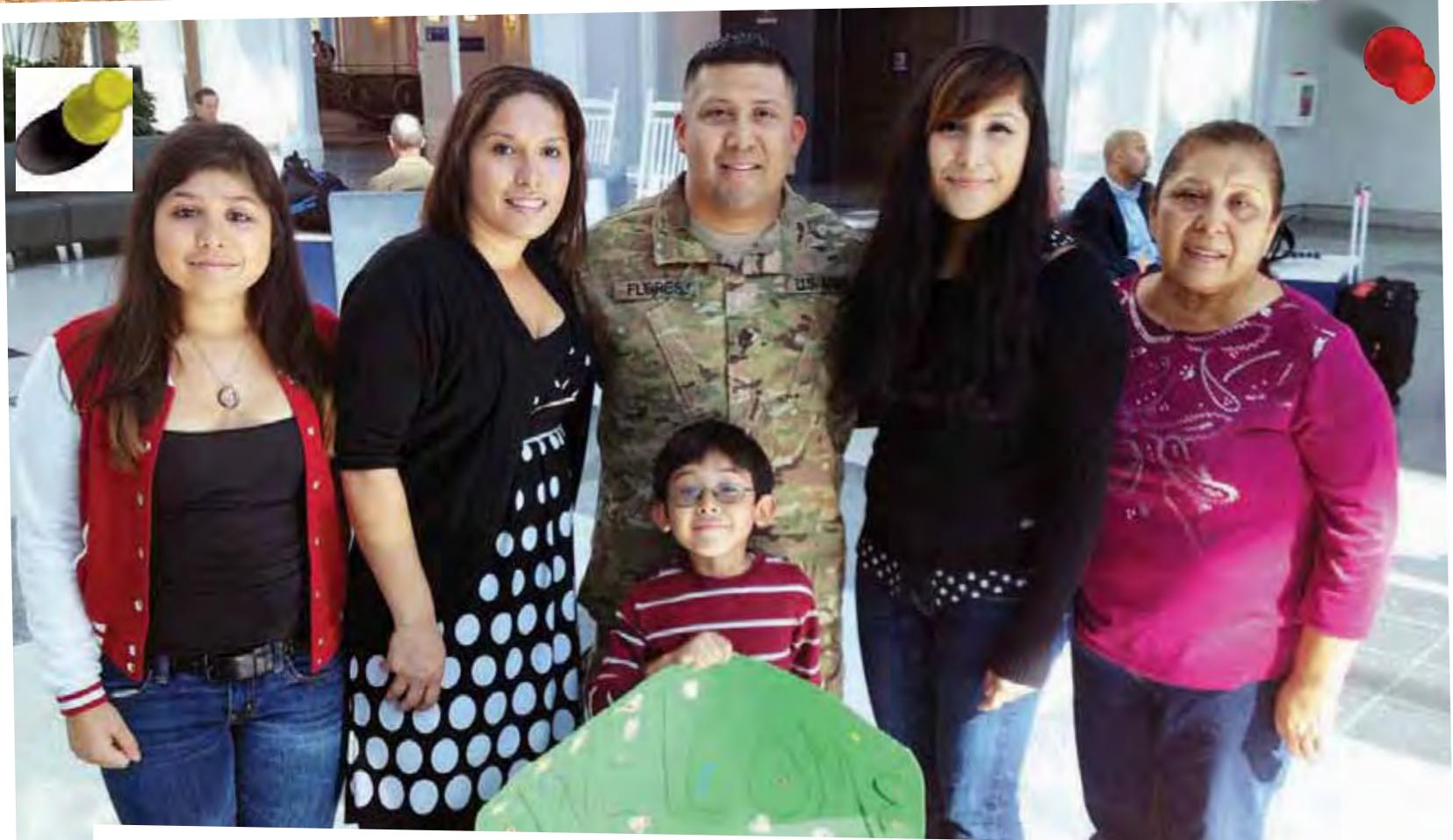
"I was extremely pleased with the participation and ability to provide near instant feedback to folks from the comfort of their homes or work," Graese said. "We will continue to improve the method of delivery to garner as much support as possible. Participation far exceeded the traditional town halls conducted over the last few years."

"Facebook enabled us to give immediate feedback our beneficiaries without them having to leave the comfort of their homes," Higdon said. "It also gave us the forum to address their concerns openly and honestly."

Milton.W.McBride3.ctr@mail.mil



Visitors were invited Nov. 13 to ask questions of Fort Jackson's various directorates during a town hall meeting conducted via the post's U.S. Army Garrison Facebook page.



## Welcome home

*Courtesy photo*

Staff Sgt. Charles Flores, 17th Military Police Detachment, returned to Fort Jackson Nov. 5 following a year-long deployment. Flores served as a Physical Security NCO and Protective Security Detail NCOIC in Afghanistan in support of Operation Enduring Freedom. He's pictured here with his wife, Nancy, daughters Melissa and Allison, son Caleb, and mother Carmen. The Command Team gathered to welcome him at the airport.



*Courtesy photo*

## Visiting artist

Don Moore, center, an Army veteran and artist, visited Fort Jackson Nov. 15 to visit his daughter, Sgt. Rachel Kozak, a drill sergeant with Co. F, 1st Battalion, 13th Inf. Reg. While he was at Fort Jackson, Moore visited SAMC members at the Officer's Club and spoke to the group. Moore is the artist who conceived and drew the original Sergeant Audie Murphy Club crest, left. Moore served with the since inactivated 3rd Corps, where the original SAMC chapter was established in 1986.

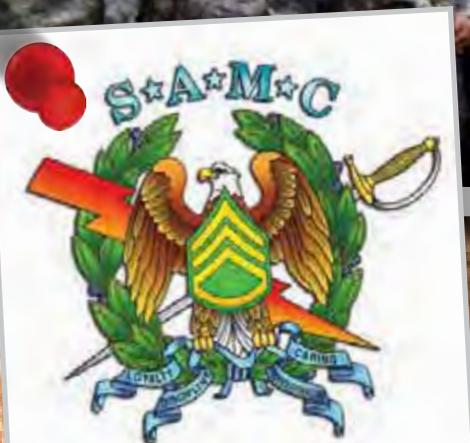




Photo by STAFF SGT. AMANDA SMOLINSKI, Army News Service

A 2013 U.S. Army Reserve Best Warrior competitor, Sgt. Camille Kleparek, 63rd Regional Support Command, fires her M4 rifle during the night fire qualification event at Fort McCoy, Wis., in June.

## Soldiers converging on Fort Lee for Best Warrior Competition

By **LISA A FERDINANDO**  
Army News Services

WASHINGTON — Twenty-four elite warriors have converged on Fort Lee, Va., this week for the Best Warrior Competition in which tough challenges, both day and night, pushing their limits physically and mentally as they vie to be the best of the best.

The Soldiers, who arrived Monday, will be at Fort Lee for the competition until tomorrow. Two winners — the Army Soldier of the Year and the Non-Commissioned Officer of the Year — will be announced tomorrow.

Sgt. Maj. of the Army Raymond F. Chandler III will oversee the competition.

The challenges include Army aptitude tests, conquering urban warfare simulations, land navigation, marksmanship, board interviews, physical challenges, written exams, and battle drills relevant to today's operating environment.

The physical fitness challenge includes two minutes of push-ups, two minutes of sit-ups, and a two-mile run.

Soldiers will also compete in a mystery event.

The warriors mastered a series of benchmarks and subordinate command competitions throughout the year to qualify. The competition is open to all active-duty, National Guard and Reserve Soldiers.

"I chose to compete in the Best Warrior Competition because I wanted to push myself to the next level, and to see my true potential," said Sgt. Jacob Refugio Valderrama, with the 555th Engineer Brigade, at Joint Base Lewis-McChord, Wash.

The competition puts the "best of the best" against each other, said Staff Sgt. Cory Schmidt, with the 82nd Airborne Division at Fort Bragg, N.C.

"I believe this competition will be extremely challenging because of the high level of skill and professionalism

among the competitors," said Schmidt. "Every event will be a very close battle for the title of Best Warrior."

The Soldiers represent 12 commands from across the Army. While women have competed previously in the Best Warrior Competition, only males made it to the finals this year.

Spc. Jesse Kane, with the U.S. Army Garrison Military Police Company at West Point, N.Y., looks forward to the board interview portion of the competition to demonstrate his knowledge of the Army.

The board, chaired by Chandler, consists of six senior sergeants major from across the Army.

"Getting direct feedback from the sergeant major of the Army will be something that most Soldiers will never get," said Kane.

With the rigors of training, being disciplined, and advancing this far, competitors said family is a source of inspiration.

"They are the ones who keep me going when I am running low on fuel," said Spc. Erik Eaton, with the Army Medical Research Institute of Chemical Defense, Aberdeen Proving Ground, Md.

"Without their support and mentorship, I wouldn't be here today," he said.

The Best Warrior Competition had been scheduled for October, but the partial government shutdown and federal budget crisis forced it to be postponed.

The warriors represented in the competition are competing on behalf of these commands: U.S. Army Forces Command, U.S. Army Training and Doctrine Command, U.S. Army Europe, U.S. Army Materiel Command, U.S. Army Medical Command, U.S. Army Pacific Command, U.S. Army Space and Missile Defense Command, U.S. Army Special Operations Command, U.S. Army Installation Management Command, U.S. Army Reserve Command, U.S. Army National Guard, and the National Capitol Region.

## News and Notes

### HAMPTON PARKWAY PAVING

A Hampton Parkway repaving project will begin Nov. 25, DPW has announced. The plan is to pave one lane at a time so that traffic can flow on the other three lanes. The project is scheduled to be completed no later than Dec. 30. Any questions or concerns, should be directed to Danny Moss at 751-1409.

### ACTIVE SHOOTER EXERCISE

Moncrief Army Community Hospital will conduct an active shooter exercise Dec. 20 from 8 to 8:30 a.m. This exercise will reinforce employee training on responding to an active shooter in the facility. Remember, this is only an exercise.

### MILITARY FAMILY APPRECIATION FUN FAIR

A military family appreciation fun fair featuring rides, games and other attractions is scheduled from 11 a.m. to 2 p.m., Nov. 23 at the Solomon Center.

### CDC CHANGES

Lee Road Child Development Center is now providing overnight and weekend care. It also provides hourly child care from 7:30 a.m. to 5:30 p.m. until Hood Street CDC reopens. After the reopening of Hood Street CDC, Lee Road CDC will accept children for care whose parents work rotating or night shifts. For more information, call 751-4865.

### COLEMAN GYM ADJUSTS HOURS

Effective Friday, Coleman Gym will change its operating hours. The gym will be open from 4 a.m. to 9 p.m., Monday through Friday and 6 a.m. to 2 p.m., Saturday, Sunday and on holidays.



**Friday, Nov. 22 — 7 p.m.**

*Cloudy With A Chance Of Meatballs 2* PG

**Saturday, Nov. 23 — 2 p.m.**

*Don Jon* R

**Sunday, Nov. 24 — 2 p.m.**

*Gravity* PG-13

**Tuesday, Nov. 26 — 1 p.m.**

*Captain Phillips* PG-13

**Tuesday, Nov. 26 — 4 p.m.**

*Prisoners* R

**Friday, Nov. 29 — 7 p.m.**

*Battle of the Year* PG-13

**Saturday, Nov. 30 — 2 p.m.**

*Captain Phillips* PG-13

**Sunday, Dec. 1 — 2 p.m.**

*Carrie* R

**Fort Jackson Reel Time Theater**  
(803) 751-7488

### Ticket admission

Adults: \$5.50 (\$7.50 for 3D)  
Children (6-11) \$3 (\$5 for 3D)  
*subject to change*



Photo by KARA MOTOSICKY, Public Affairs Office

Fort Jackson celebrated National American Indian Heritage Month Friday at the Officers' Club. Lower left, Courtney Lewis, assistant professor at the University of South Carolina, author and citizen of the Cherokee Nation of Oklahoma, speaks to the audience about the history of the Cherokee Nation. Caitlin Hagins (above) and Kevin Chavis (lower right), members of the Lumbee Tribe of North Carolina, perform a healing dance for the audience.

## Post observes Native American Heritage Month



Photo by DAVID SHANES, command photographer



Photo by KARA MOTOSICKY, Public Affairs Office



Photo by WALLACE McBRIDE

Cindy Morrison, an administrative assistant at the Fort Jackson Veterinary Treatment Facility was recently named Veterinarian Hospital/Clinic Employee of the Year by the S.C. Association of Veterinarians. She was presented the award last week at the clinic. Pictured, from left, are John Thomas, of Sandhills Veterinary Hospital, Morrison, Tim Loonam, of Grace Animal Hospital, and Elizabeth Slade, Fort Jackson veterinarian.

# Veterinary employee wins professional award

By WALLACE McBRIDE  
Fort Jackson Leader

Cindy Morrison has spent her entire career caring for animals on Fort Jackson.

Morrison was recently named Veterinarian Hospital/Clinic Employee of the Year by the South Carolina Association of Veterinarians. She's an administrative assistant at the Fort Jackson Veterinary Treatment Facility, where she has provided veterinary support for both the post and the Shaw Air Force Base communities for 21 years.

"I work with some wonderful people, and I love being around the dogs and the cats," Morrison said. "And I've got some really wonderful clients whom I've known for quite a few years now."

She said her arrival at the animal clinic more than two decades ago was a matter of chance.

"My husband's military, and we were stationed in Germa-

ny prior to this," she said. "It was luck: I walked in here one day when I brought my dog for an appointment. I thought, 'This would be a great job.' A month later the job opened. I applied for it, got it and have been here every since."

Tim Loonam began his veterinary career at Fort Jackson and said he first met Morrison shortly after he completed veterinarian school. Despite his confidence and new degree, he discovered he still had a lot to learn. Early in his career, he ignored Morrison's warnings and attempted to treat a noncommissioned officer's pet cat, which had been brought to the clinic with a bite wound. It wasn't the kind of injury routinely treated at the clinic, but Loonam said he gave it his best shot.

He shared the anecdote with Morrison's co-workers last week during an award presentation at the clinic. The story did not have a happy ending, at least for the cat.

"The good news was that Cindy introduced me to a very good veterinarian here in town, and he became my mentor," Loonam said. "We had nowhere to go but up from there. I

grew up a lot as a veterinarian, and a lot of that was because of Cindy."

Loonam said the South Carolina Association of Veterinarians offers three awards each year: Veterinarian Hospital/Clinic Employee of the Year; Veterinarian of the Year; and Veterinary Technician of the Year. Morrison was nominated by her colleagues for the award, submitting letters about her contributions to the clinic and its clients.

"Cindy gets forgotten," Loonam said. "When you're in a clinic like this, and there are people in and out of here every 18 months, it's easy to forget how much Cindy does. It was our pleasure to put this together."

"I want to thank you guys for writing those wonderful letters for me," Morrison told her co-workers during last Friday's award presentation. "You have no idea what this means. If it wasn't for the great doctors and technicians I've worked with over the years, I never would have gotten this. I thank you all very much."

*Milton.W.McBride3.ctr@mail.mil*



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# DA civilians attend resilience training



*Photo by DAVID SHANES, command photographer*

**DA Civilians attend resiliency training taught by Comprehensive Soldier and Family Fitness Training Center staff. The course includes portions of the Master Resilience Training modules to encourage self-awareness of how thoughts impact our emotions, and our responses to events.**

Recently, DA civilians had the opportunity to attend resilience training taught by Comprehensive Soldier and Family Fitness Training Center staff. The manager of the CSF2TC Program, Mike Brown, described the curriculum as training, “designed to provide practical thinking skills to individuals to improve levels of resilience and maximize performance in their professional and personal lives.

“The course includes portions of the Master Resilience Training modules to encourage self-awareness of how our thoughts impact our emotions and thus our responses to events,” Brown said. “The modules provide individuals with the coping skills to achieve positive outcomes, adapt to the ever changing environment, and grow from experiences. During these uncertain budgetary times these skills can help attendees grow rather than get stuck in counterproductive thinking habits.”

Those in attendance said they had a very positive learning experience.

“Practicing the tools taught in this class will help myself as well as others to learn to deal with adversity, government uncertainty, working with reduced manpower or even dealing with personal issues,” said John Gleaton, a support services supervisor with the G6.

“(The training) uses basic tools, such as thought processing and controlling your emotions and feelings to become more productive in prioritizing work and interacting with the people you work and deal with daily,” said Larry Keys, the lead supply technician for Company B, 4th Battalion, 10th Infantry Regiment.

“The training provides our civilians with the same type of skills that we are providing Soldiers and their families,” said Gerald Henderson, deputy chief of staff Army Training Center and Fort Jackson. “Many of our civilians are veterans, most have brought experiences with them, both good and bad, to their jobs. Most choose continued service with the Army because they love the Army, coupled with the security and stability of government service. With the uncertainty of the past couple of years and the same for the future, providing our civilians with as many tools as possible to cope with — that and the abilities to perform at a higher level and work better with others — is critical to us.”

Anyone interested in the training can contact Mike Brown at 751-5913.

# Be prepared for winter storms

*From the Emergency Management Office*

Heavy snowfall and extreme cold can immobilize an entire region. Even areas that normally experience mild winters can be hit with a major snowstorm or extreme cold. Winter storms can result in flooding, storm surges, closed highways, blocked roads, downed power lines and hypothermia.

Snow and ice storms, coupled with cold temperatures, periodically threaten South Carolina. Winter storms can damage property, create safety risks, destroy crops and timber, damage infrastructure components such as power lines and have enormous economic impacts.

## Winter Weather: Know the Terms

- **Winter storm watch:** A winter storm is possible in your area. Tune in to your NOAA weather radio, commercial radio or television for more information.

- **Winter storm warning:** A winter storm is occurring or will soon occur in your area.

- **Freezing rain:** Rain that freezes when it hits the ground, creating a coating of ice on roads, walkways, trees and power lines.

- **Sleet:** Rain that turns to ice pellets before reaching the ground. Sleet also causes moisture on roads to freeze and become slippery.

- **Frost/freeze warning:** Below freezing temperatures are expected.

## Before a Winter Storm

- Add winter supplies like rock salt to melt ice and shovels to your disaster supply kit.

- Prepare for possible isolation in your home by having sufficient heating fuel. Regular fuel sources may be cut off.

- Insulate pipes with insulation or newspapers and plastic and allow faucets to drip a little during cold weather to avoid freezing.

- Learn how to shut off water valves in case a pipe bursts.

- Have your vehicle serviced to make sure it is prepared for the winter season.

- Place a winter emergency kit in every vehicle that includes: a shovel; windshield scraper and small broom; flashlight; battery-powered radio; extra batteries; water; snack food; matches; extra hats, socks and mittens; first aid kit with pocket knife; necessary medications; blankets; tow chain or rope; road salt and sand; booster cables; emergency flares; fluorescent distress flag.

## During a Winter Storm

- Stay indoors. If you must go outside, dress in layers of loose fitting, lightweight clothing. Wear a hat that covers your ears. Wear mittens and cover your mouth with a scarf to protect your lungs. Wear waterproof, insulated boots to keep your feet warm and dry



*File photo*

**The road near Gate 1 is covered with snow in this file photo from 2011. Fort Jackson suspended nonessential operations during a winter storm that struck at the start of that year.**

and to maintain your footing in ice and snow.

- Avoid overexertion when shovelling snow. Overexertion can bring on a heart attack — a major cause of death in the winter. If you must shovel snow, stretch before going outside.

- Keep dry. Change wet clothing frequently to prevent a loss of body heat. Wet clothing loses all of its insulating value and transmits heat rapidly.

- Watch for signs of frostbite such as the loss of feeling and white or pale appearance in extremities such as finger, toes, ear lobes and the tip of your nose.

- Drive only if it is absolutely necessary. If you must drive, travel in the day, don't travel alone and keep others informed of your schedule. Decrease your speed and leave plenty of room to stop the vehicle on icy roads.

- If trapped in your car during a blizzard, pull off of the highway and turn on your hazard lights. Remain in your vehicle where rescuers are most likely to find you. Run the engine and heater about 10 minutes each hour to keep warm. When the engine is running, open a downwind window slightly for ventilation and periodically clear snow from the exhaust pipe. This will protect you from possible carbon monoxide poisoning.

- Exercise to maintain body heat, but avoid over-

exertion. Drink fluids to avoid dehydration.

## After a Winter Storm

- Listen to your local radio or television station for the latest weather and traffic reports.

- Go to a designated shelter if your home loses power or heat during periods of extreme cold.

- Check on you animals and make sure that their access to food and water is not blocked by snow drifts, ice or other obstacles. Bring them indoors if possible.

- Be aware of possible carbon monoxide poisoning, electric shock and fire if using alternative sources for electricity, heating or cooking.

Brochures on winter weather preparedness are available at The Exchange and the Solomon Center. In case of severe weather, Fort Jackson commanders will disseminate delayed work call notices. Desktop alerts and the mass warning system will be activated as necessary. All means will be taken to make sure the community is informed of any severe weather activity.

For more information, visit <http://scemd.org/planand-prepare/disasters/severe-winter-weather>. For information on winter weather road conditions, visit <http://www.scdot.org/winterweather/>. This page will be activated when snow and ice affect travel on South Carolina highways.

## Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the Dec. 5 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the Dec. 5 Leader must be submitted by Nov. 28.

Send submissions to [FJLeader@gmail.com](mailto:FJLeader@gmail.com).

For more information, call 751-7045.

# Reduce, reuse, recycle

## Post expands collections for annual recycling event

By WALLACE McBRIDE  
Fort Jackson Leader

Fort Jackson recognized America Recycles Day last week by collecting old mattresses, batteries, tires and at least one broken toilet bowl.

America Recycles Day, which takes place every year on Nov. 15, is a national campaign to raise awareness about the benefits of recycling and buying products made with recycled materials. This year's event on Fort Jackson included the kinds of things traditionally accepted for recycling, and also opened the door for a few new items.

"This year, it's more about hard-to-recycle items," said Stephanie Gillian, Solid Waste Program manager for Fort Jackson. "We've got our Habitat for Humanity Re-Store here, which is taking items like furniture, building materials and things of that sort. We have the Alliance Club International, which is accepting hearing aids and eyeglasses. These types of things aren't readily available for recycling on post."

Last week's effort also let Soldiers and family members dispose of mattresses, which had not been allowed at previous America Recycles Day events.

"All of the mattresses go to be recycled," Gillian said. "Also, for the first time, we're accepting personal e-waste along with government e-waste, and tires. These are items that are banned from landfills. It gives everybody the opportunity to get rid of these items free of charge."

Students from Fort Jackson schools also visited the event, held inside and outside the post's NCO Club. Art made by students from recycled materials was also on display inside the club.

"The kids are taking tours to see what kind of items are being collected, and they're taking that message back home with them," Gillian said.

This year, the on-post effort collected 385 pounds of tires, 240 pounds of batteries, and 6,000 pounds of e-waste. Also among the items dropped off was a broken toilet bowl, delivered to be recycled from the Soldier Support Institute.

Milton.W.McBride3.ctr@mail.mil



Students from Fort Jackson schools tour America Recycles Day efforts outside the post's NCO Club on Nov. 15.



Photos by WALLACE McBRIDE

Signs direct visitors to collections areas during last week's recycling event at the NCO Club.



Left, Fort Jackson students interact with the various recycling displays inside the NCO Club last week, which included vendors, campaign information, and artwork created by children using recycled materials, above.

CMYK

CMYK

27" WEB-100

## This week in history

In response to a growing threat from the Nazi Party in Germany, President Franklin D. Roosevelt initiated a major expansion of the Army on Nov. 14, 1938. In the president's expansion plan, the Army Air Corps expanded from 20,000 to 50,000 Soldiers, the regular Army expanded from 167,000 to 280,000 Soldiers, and the National Guard expanded from 190,000 to 240,000 Soldiers over a two-year period. As a result of the growth, the training time for Soldiers doubled and new field manuals and training aids were developed. The reopening of Fort Jackson in 1939 and an \$18-million reconstruction project of the installation between 1939 and 1941 were both results of the 1938 expansion program. As this picture from 1941 shows, Fort Jackson added or replaced more than 2,000 buildings and 6,000 tent frames during this time period.

*Photo courtesy of the  
BASIC COMBAT TRAINING MUSEUM*



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## Water

Continued from Page 3

The EPA has classified RDX as a possible human carcinogen based on animal studies. To date there have been no studies that reported cancer in people who were exposed to RDX.

Environmental sampling and tests in the ORA program are extensive. They include a comprehensive battery of tests in training areas throughout the installation on soil, sediment, ground and surface water, for multiple chemicals and heavy metals found in munitions used for decades during training here at Fort Jackson and McCrady Training Center.

Becker noted that RDX might have had a presence in Basic Combat Training of Fort Jackson dating back to the 1940s, when the component was first introduced. It's believed that RDX is a byproduct of hand grenade training, because that is the primary purpose of the range in which RDX was detected.

"It's just one range that we use (grenades) on, so it's not a large-scale problem," Becker said. "But, it's critical to our training. This is Basic Combat Training, and that's why we go out and do these assessments. Fifty-four percent of the Army's Soldiers are trained here at Fort Jackson, so the training we do is critical. That's why we need to go out and proactively test — to make sure we aren't harming the environment in such a way that would negatively impact our ability to train in the future."

## Calendar

### Today

**Adjutant General's Corps Regimental Association, Carolina Chapter breakfast** 7 to 8:30 a.m., NCO Club

For more information, email [Eldora.E.Johnson.civ@mail.mil](mailto:Eldora.E.Johnson.civ@mail.mil).

### Friday, Dec. 13

**Hearts Apart/Foreign-Born Spouses holiday celebration**

5:30 to 8 p.m., Main Post Chapel, multipurpose room

For more information and to register, call 751-9770. RSVP is required by Nov. 25.

## Announcements

### HOLIDAY HOURS

■ **AAFES:** The Exchange will be closed for Thanksgiving on Nov. 28. It will open 4 a.m., Nov. 29.

#### ■ Commissary:

- Nov. 25, open from 9 a.m. to 8 p.m.
- Nov. 28, closed
- Nov. 29, closed
- Dec. 23, open from 9 a.m. to 8 p.m.
- Dec. 24, open from 9 a.m. to 4 p.m.
- Dec. 25, closed
- Dec. 26, closed
- Dec. 31, open from 9 a.m. to 8 p.m.
- Jan. 1, closed

■ **Dental clinics:** Closed Nov. 29, Dec. 24 and Dec. 31. The dental clinics will also be closed from 12:30 to 4:30 p.m., Dec. 6 and 13. All dental emergencies should report to the Urgent Care Clinic.

■ **Housing office:** Housing services, furnishings and administrative offices for the Single Soldier Complex will be closed Nov. 28 and 29. Balfour Beatty Communities will be closed Nov. 28 and open Nov. 29.

■ **Army Community Services:** Army Community Services will be closed Nov. 29. An on-call emergency caseworker will be available to cover valid and unforeseen financial emergencies. A victim advocate will also be on call. For financial assistance between 8 a.m. and 4 p.m., call 751-5256 and leave a message. To speak to a victim advocate, call 429-4870.

### COLEMAN GYM HOURS

Coleman Gym now opens at 4 a.m., Monday through Friday.

### HAND BELL CHOIR

The Main Post Chapel hand bell choir is rehearsing Thursdays at 5:30 p.m. at the chapel. The first performance is scheduled for 9:30 a.m., Dec. 22. For more information, email [paul.d.fritts@mail.mil](mailto:paul.d.fritts@mail.mil) or [deborah.f.lyle.civ@mail.mil](mailto:deborah.f.lyle.civ@mail.mil).

### ENGLISH CLASS DISCONTINUED

The Army Community Services English as a Second Language class, previously scheduled for 1 p.m., Thursdays, has been discontinued. If there is enough interest, classes may start again. For more information, call 751-1124 or email

[Miranda.O.Broadus.civ@mail.mil](mailto:Miranda.O.Broadus.civ@mail.mil).

### EDUCATION WEEK

Army Continuing Education will celebrate American Education Week Nov. 18-22. This year's theme is, "Army Continuing Education — Strength and Resilience through Education." For more information on ACES programs and services, call 751-5341.

### WINTER SPORTS REGISTRATION

Registration for winter youth sports is open through Dec. 31. The sports offered are basketball (for ages 4 to 15) and cheerleading (for ages 3 to 13). For more information, call 751-3807.

### CHANGES IN ID CARD OFFICE

The ID Card Office has changed hours of operation to ensure the best possible service for customers. The ID card offices now operate on an appointment-only basis Monday-Friday, from 9:30 a.m. to 4:10 p.m. Walk-in hours will be from 8 to 9:15 a.m. Walk-ins who cannot be accommodated during walk-in hours will be asked to make an appointment or provided information to visit a different facility.

ID card appointments can be scheduled by using the ID Card Appointment Scheduler System at <https://rapids-appointments.dmdc.osd.mil>. Only one customer may be scheduled per appointment. Each customer must bring two valid forms of identification. One must be a valid federal or state picture ID and the other may be a valid driver's license, social security card, birth certificate, passport, or voter's registration card. Customers who need to update/enroll in the Defense Enrollment Eligibility Reporting System (DEERS), reset a Personal Identification Number (PIN), or a DD Form 1172-2, an appointment is not necessary. Soldiers-in-Training do not need to schedule an appointment; however, it is highly encouraged to expedite the process.

For more information, call Sharon Jackson at 751-6024 or email [sharon.l.jackson2.civ@mail.mil](mailto:sharon.l.jackson2.civ@mail.mil).

### LEGAL OFFICE CLOSURE

The Office of the Staff Judge Advocate, including Claims and Legal Assistance, will close Friday at 11 a.m. for an office event. Normal business hours will resume Monday.

**Retirement ceremony** The next retirement ceremony for U.S. Army Central is scheduled for 2 p.m., Dec. 13 at Patton Hall, Shaw Air Force Base.

### MENTORSHIP NETWORK EVENTS

The following event is scheduled for the Professional Mentorship Network (female forum):

Nov. 26, 11:30 a.m. to 12:30 p.m., NCO Club: Cassie Premo Steele, Ph. D., creativity coach and author of 12 book and audio publications, will speak about "journaling your way to gratitude — how writing can help you feel more thankful and full."

To RSVP, email [Tracy.D.Ariza@mail.mil](mailto:Tracy.D.Ariza@mail.mil)

[mail.mil](mailto:mail.mil).

### REDBOX LOCATIONS

Redbox movie rental kiosks are now located at the Gate 1 and Gate 2 Express locations. Movies cost \$1.20 a day. Games vary in price.

### SPORTS BRIEFS

The annual Turkey Trot 5K is scheduled for Nov. 23. For more information, call the Sports Office at 751-3096.

Other events are:

- Sand volleyball, Mondays at the court behind Palmetto Falls
- Flag football, Tuesday and Thursday nights, Hilton Field Softball Complex
- Jingle Bell 5K, 8 a.m., Dec. 7, Semmes Lake
- Sports banquet, 11:30 a.m., Dec. 11, Solomon Center, RSVP by Dec. 4

### EXCHANGE SWEEPSTAKES

AAFES is seeking the 10 best pictures in its "Mom and Baby Photo" sweepstakes. The winners will win a diamond pendant. The deadline to enter is today. For more information, visit [www.shopmyexchange.com/patriotfamily](http://www.shopmyexchange.com/patriotfamily).

### COMMISSARY SPECIALS

The Commissary will offer special discounts throughout November for holiday shoppers. For more information, visit [www.commissaries.com](http://www.commissaries.com).

### RED CROSS VOLUNTEERS

Community members interested in volunteering for the American Red Cross on Fort Jackson should call 751-4329. Volunteer orientation is offered online. Additional training is necessary for those volunteering in a clinical setting. The Red Cross is looking for volunteers to work at Moncrief Army Community Hospital's transportation department on Tuesdays and Thursdays from 8 a.m. to noon. Primary duties are assisting patients in wheel chairs and transporting paperwork. The Red Cross is also in need of golf cart drivers to take patients from their cars to the hospital entrance. A valid driver's license is needed.

### FREE COMIC BOOK

A free Iron Man comic book exclusively for military readers is now available at the Exchange.

### AAFES PICTURE CONTEST

The Army and Air Force Exchange Service's Homeward Bound picture contest is open through Dec. 31. Authorized shoppers can submit a photo or video of a military welcome home experience for a chance to win a \$10,000 Exchange gift card. For more information, visit [www.shopmyexchange.com/homewardbound](http://www.shopmyexchange.com/homewardbound).

### PWOC MEETINGS

The Protestant Women of the Chapel meet Mondays from 7 to 8:30 p.m. and Tuesdays from 9 to 11:30 a.m. at the Main Post Chapel fellowship hall. For more information, email [Jackson@pwoc.org](mailto:Jackson@pwoc.org).

### FIRST TIMER CLINICS

The Fort Jackson Education Center will offer First Timer Clinics for service members needing assistance navigating the GoArmyEd Portal. The sessions will be held every other Friday at 9:15 a.m. On alternating Fridays, clinics will be held for service members seeking to transfer educational benefits to dependents and complete a 22-1990 to initiate benefits will be held at 9:15 a.m. Both clinics will take place at the Education Center's Multi-Use Learning Facility. For more information, call 751-5341.

### THRIFT SHOP NEWS

- The Thrift Shop is looking for a cashier. Apply at the store during business hours.
- The Thrift Shop will be closed the week of Thanksgiving and Dec. 20 through Jan. 7.
- Winter clothes are now accepted.
- Thanksgiving items will be accepted through today.
- Christmas items will be accepted Nov. 19 through Dec. 12.

## Housing happenings

### MAYORS NEEDED

The mayoral council is looking for volunteers to serve as mayors for the Fort Jackson housing communities. Being a part of the council allows residents to be a voice for the community. Child care is provided while performing mayoral duties. Positions are currently available in Pierce Terrace 1, Pierce Terrace 2, Pierce Terrace 3, Pierce Terrace 5, Pierce Terrace 6, Pierce Terrace 7 and Howie Village. Interested residents should contact Vickie Grier at 751-7567.

### MILITARY CLAUSE

The Service Member Civil Relief Act (military clause) is a federal law that protects service members from being sued while on an active duty. Service members may terminate their lease obligations upon presenting Permanent Change of Station orders that will require the service member to PCS or deploy to a location outside the area for a period of not less than 90 days and a 30-day written notice to the landlord. Service members should read their lease to make sure that the military clause is included. If you have questions or would like a housing counselor to review your lease, contact the housing services office by calling 751-5788/7566/9323.

### LANDLORD/TENANT DISPUTES

If you have dispute with your landlord you cannot resolve, contact the Housing Services Office for assistance. For more information, call 751-9323/5788/7566.

### MAINTENANCE CALLS

Emergency work orders should not be submitted online. For emergency work orders, call 787-6416 around the clock.

# Saluting this Basic Combat Training cycle's honorees

## DRILL SERGEANTS OF THE CYCLE



**Sgt. 1st Class Shandra Roberts**  
Company B  
3rd Battalion,  
60th Infantry Regiment

### HONOR GRADUATE OF THE CYCLE

Pvt. Aaron Engle

### STUDENT LEADER OF THE CYCLE

Pfc. Matthew Crump

### HIGH BRM

Pvt. Deandra Michael

### HIGH APFT SCORE

Pvt. Aaron Engle



**Staff Sgt. Chad Sage**  
Company C  
3rd Battalion,  
60th Infantry Regiment

### HONOR GRADUATE OF THE CYCLE

Pvt. Dominic Basso

### STUDENT LEADER OF THE CYCLE

Pvt. Lorenzo Vazquez

### HIGH BRM

Pvt. Scottie Pittman

### HIGH APFT SCORE

Pvt. Jessica Scott



**Staff Sgt. Terri Morgan**  
Company D  
3rd Battalion,  
60th Infantry Regiment

### HONOR GRADUATE OF THE CYCLE

Pvt. Cullen Burnett

### STUDENT LEADER OF THE CYCLE

Kalen Thacher

### HIGH BRM

Pfc. Devon Henderson

### HIGH APFT SCORE

Pvt. Aaron Brumley

## Weekly honors



**BANKS**

**Spc. Jashon Banks**  
Soldier of the week  
USARCENT

**vimeo**

Watch Fort Jackson video news stories and Victory Updates at <http://www.vimeo.com/user3022628>.



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