

THURSDAY, SEPT. 26, 2013

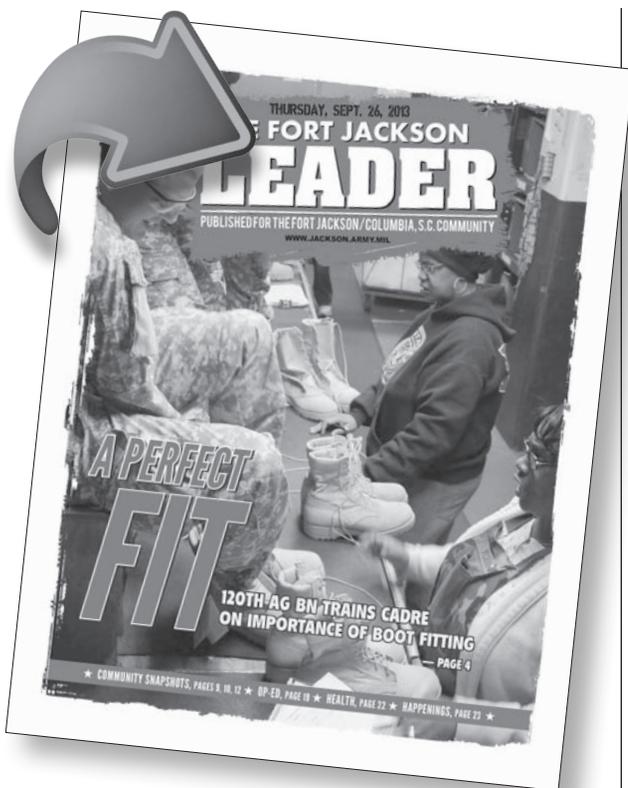
# THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. COMMUNITY  
WWW.JACKSON.ARMY.MIL

## A PERFECT FIT

**120TH AG BN TRAINS CADRE  
ON IMPORTANCE OF BOOT FITTING**

— PAGE 4



## ON THE COVER

Leader file photo

**A Soldier gets fitted for boots at the 120th Adjutant General Battalion (Reception). The unit hosted a leading Army podiatrist to discuss fitting issues and improve foot health.**

**SEE PAGE 4.**

## THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON, COLUMBIA, S.C. COMMUNITY  
WWW.JACKSONARMY.MIL

### Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Company of the firms, products or services advertised.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is published by Camden Media Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson. The civilian printer is responsible for commercial advertising.

For display advertising rates and information call (803) 432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29020. For classified advertising information only: call (800) 698-3514 or e-mail sbranham@ci-camden.com or fax (803) 432-7609.

For questions or concerns about subscriptions, call (803) 432-6157. To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@gmail.com.

Commanding General.....Brig. Gen. Bradley A. Becker  
Garrison Commander.....Col. Michael S. Graese  
Public Affairs Officer.....Michael B. Pond  
Command Information Officer.....Joseph Monchecourt  
Editor/Staff writer.....Susanne Kappler  
Staff writer.....Wallace McBride

Website: [www.jackson.army.mil](http://www.jackson.army.mil)

Facebook: [www.facebook.com/FortJacksonLeader](http://www.facebook.com/FortJacksonLeader)

Twitter: [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao)

Flickr: [www.flickr.com/photos/fortjacksonpao/](http://www.flickr.com/photos/fortjacksonpao/)

## OP-ED

# Why do I break dishes?

**“W**hy do you break dishes?”

It is a question I am often asked when talking about the work I do through Her War, Her Voice. My first instinct is usually, “Because that smash is fantastic.”

But it goes much deeper than that.

It started for me many years ago when I was dating the man who would become my husband. There were times when we were so frustrated in our college years and just wanted a way to release the anger and tension of deadlines and exams and, well, just life.

We would take our best pitching stance in front of a dumpster and say what was upsetting us. Out loud. Then, we would let loose and pitch it in. With each resounding smash, we got lighter and happier. We were free.

Sometimes in order to move forward out of extreme pain and hard times, it becomes important to remember who you are. At the heart of me, and at the heart of Her War, Her Voice, there is a woman who has a voice and an ability to help herself heal.

Through the years of war we have endured, I have learned how to survive and how to heal. I have learned that looks very different for each woman, and she deserves a chance to find that again.

In a society where we often pride ourselves in being put together and getting through and being very patriotic, sometimes you just need a release — and for someone to just put the release in your hands.

In remembering who I was I found a wonderful way to help other women find themselves again.

It isn't always dishes. Sometimes it is poetry. Sometimes it is boxing gloves. Sometimes it comes in the form of just sitting and breathing and laughing.

But it all begins with a release.

It all begins with letting go and just finding a chance to be without worries or fears of judgment.

I ask military spouses to break dishes, and many often worry or think they shouldn't. They shouldn't be angry. They shouldn't be upset. They shouldn't just be tired. Or, they shouldn't feel guilty for being OK while others are in pain.

We are should-ing all over ourselves.

With each dish they smash against the wall, with each issue they choose to let go of and release, they give themselves a chance to feel grounded again — like that woman they have been chasing in the mirror for a while now.

The best part about doing Her War, Her Voice is that it has a place for everyone. I am OK now. And I have found a way through. In doing so, I have promised to leave no military spouse behind. I just have to find the right dish. And I choose to be the change I want to see in this military community.

I challenge every person who has found a pathway through these years at war to dig in and be a part of our entire community healing as we push forward. You don't have to be struggling to help someone who is. You don't have to be angry to hear another person. And you certainly don't have to be broken to choose to fill in the cracks.

For me, breaking those dishes is about letting go of what holds us back and choosing to push forward and being all we were meant to be. It means smashing boundaries. It means taking control of what felt out of control. And it means giving permission to choose something else.

So, when someone asks me, “Why do you break the dishes?”

Perhaps the answer is actually in the question, “Why not?”

## Commentary

By  
**MELISSA SELIGMAN**

*Her War, Her Voice*



### ABOUT HER WAR, HER VOICE

“You might wonder what I do with all those broken dishes,” said Elizabeth Maher, outreach program manager with Fort Jackson's Army Community Services. “After all, Her War Her Voice has been breaking dishes at military installations all over the country for years. You may be thinking what a mess, but I see a great opportunity — an opportunity to create a work of art that represents growth born from adversity but symbolizes power and choice.”

Maher said she has a vision of a community work of art created from all these broken issues — a mosaic fashioned from struggle, anger, and frustration, into love, equality, and acceptance.

“For my vision to become reality, I need your help,” Maher said. “Please join me at the monthly Her War Her Voice meetings.”

Her War, Her Voice support group meetings are designed to be a safe place for military spouses dealing with

issues revolving around military separations and the emotional and logistical issues that occur. The group includes all military branches, is not affiliated with rank, unit/brigade, and judgment is not allowed.

“Her War, Her Voice is dedicated to listening when a military spouse needs a shoulder, empowering each other, building bonds, and paying it forward,” Maher said.

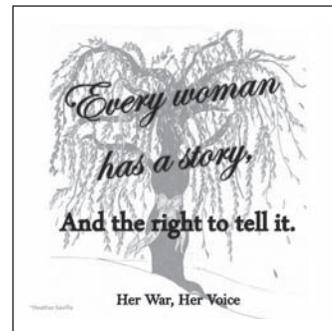
Her War Her Voice is sponsored by Army Community Services and hosts a variety of topics.

### UPCOMING SCHEDULE

☐ Sept. 30, 10:30 a.m., Family Readiness Center  
Breaking Issues — also known as breaking dishes and creating a visionary work of art.

☐ Oct. 28, 10:30 a.m., Lake Carolina Lake House  
Self-defense with Rolando, fifth-degree black belt in Taekwondo and Hapkido

☐ Nov. 25, 6:15 p.m., Lake Carolina  
Gratitude Journaling with Cassie Premo Steele. Premo Steele holds a Ph.D. in comparative literature and women's studies. Her work has been dedicated to the writing, research and practice about the ways writing and creativity can help heal from traumatic histories and live lives with greater meaning and joy.



# 'It's about retaining the best'

## Army Human Resources commander visits Fort Jackson

By **WALLACE McBRIDE**  
Fort Jackson Leader

Maj. Gen. Richard Mustion, commanding general, U.S. Army Human Resources Command, visited Fort Jackson last week to discuss upcoming changes in force structure and Officer Evaluation Report methodology.

"Soldiers here at Fort Jackson have expressed some concerns, as have other Soldiers I've talked to, as to the uncertainty of the future, the uncertainty of our Army getting smaller," Mustion said.

Just days before Mustion's visit, Chief of Staff of the Army Gen. Ray Odierno informed the House Armed Services Committee that the Budget Control Act, coupled with another potential sequestration, will continue to have an impact on the Army's readiness.

"Our Soldiers heard our chief of staff talk about the drawdown, the reduction in the Army's size," Mustion said. "So there's uncertainty as to how that will affect our Soldiers. What we've conveyed to them is that the Army leadership has developed a strategic plan that will allow us to shape and bring our Army down in an orderly manner by reducing the strength and, at the same time, maintaining readiness so it's capable of executing any mission

we're given in the foreseeable future."

The drawdown will not be conducted by politicians, he said. Part of the motive for his visit to Fort Jackson was to maintain transparency in the Army's strategy to implement these changes.

"The Army will make the decision about who stays in our Army," Mustion said. "It's about retaining the best of this extraordinarily great Army that we have. The Army would like to retain every single Soldier that we have. Unfortunately, we're not going to be able to do that. So we're going to retain the very best."

Part of that process will be the implementation of a new Officer Evaluation Report, which will affect officers in all branches and all components of the Army.

"We're going to reform how we evaluate officers and focus on evaluating officers consistent with Army Leadership Doctrine," he said. "We're going to focus on evaluating officers based on their leadership attributes and competencies. These changes are designed to build and identify better leaders, to evaluate performance and to evaluate potential, in a manner consistent with that in our doctrine."

Human Resources Command will play a "significant role" in the implementation of the new Officer Evaluation Report, Mustion said. It will be responsible for



**MUSTION**

building the interactive information technology tool that will eventually become the new Officer Evaluation Report, but will also develop the Army pamphlet that will govern the report.

"And they'll also handle training the field on the new evaluation report," he said. "We'll probably begin that with mobile training teams in January, 2014."

Mustion said the Army is also working to maintain its focus on both Soldiers and their families. The Army owes a debt of gratitude to them all, he said.

"Just as the chief says, the strength of our Soldiers is our families," Mustion said. "We recognize that, particularly as we draw our Army down in the future. It's not just about our Soldiers, it's about families, and making (them) Soldiers for life. So, when they take the uniform off, the Soldiers and their families still realize they're part of the Army team."

*Milton.W.McBride3.ctr@mail.mil*

Army
Antiterrorism

### Suspicious Activity Reporting

Indicators of potential terrorist behavior or activities should be reported to Military Police or local law enforcement officials immediately. Examples of suspicious activities include.

- People drawing or measuring important buildings
- People asking questions about security forces, security measures, or sensitive information
- Briefcase, backpack, suitcase, or package left unattended
- Vehicle parked in NO PARKING ZONES in front of an important building
- People in restricted areas where they are not supposed to be
- A person wearing clothes that are too big and too hot for the weather
- Chemical smells or fumes that worry you
- People purchasing supplies or equipment that can be used to make bombs
- People purchasing weapons or uniforms without proper credentials

<p><b>Primary Reporting Methods:</b></p> <ul style="list-style-type: none"> <li>• Military Police</li> <li>• Local law enforcement</li> <li>• Security forces</li> <li>• Chain of command</li> </ul>	<p><b>What to Report</b></p> <ul style="list-style-type: none"> <li>• Day &amp; time activity occurred</li> <li>• Where activity occurred</li> <li>• How many people were involved</li> <li>• How many and type of vehicles involved</li> <li>• What type of activity</li> <li>• Describe what you saw or heard</li> <li>• Provide pictures if you took any</li> </ul>
--	--

1

iWATCHARMY information available at:  
<https://www.us.army.mil/suite/page/605757>
Always Ready, Always Alert
Because someone is depending on you

Army
Antiterrorism

### 10 Indicators of Terrorist Associated Insider Threat

The following behavior may be indicators of potential terrorist activity and should be reported immediately to the local counterintelligence office, Military Police, local law enforcement, or military chain of command:

1. Advocating violence, the threat of violence, or use of force to achieve goals that are political, religious or ideological in nature
2. Advocating support for international terrorist organizations or objectives
3. Providing financial or other material support to a terrorist organization or to someone suspected of being a terrorist
4. Association with or connections to known or suspected terrorist
5. Repeated expression of hatred and intolerance of American society, culture, government, or principles of the U.S. Constitution
6. Repeated browsing or visiting internet websites that promote or advocate violence directed against the United States or U.S. forces, or that promote international terrorism or terrorist themes without official sanction in the performance of duties
7. Expressing an obligation to engage in violence in support of international terrorism or inciting others to do the same
8. Purchasing bomb making materials or obtaining information about the construction of explosives
9. Active attempts to encourage others to violate laws, disobey lawful orders or regulations, or disrupt military activities
10. Family ties to known or suspected international terrorist or terrorist supporters

2

Always Ready, Always Alert
Because someone is depending on you

# Boots on the Ground

Army podiatrist helps Soldiers stay fit, avoid injury

By **SUSANNE KAPPLER**  
Fort Jackson Leader

After their arrival on Fort Jackson, new Soldiers are fitted for an Army uniform and corresponding combat boots.

Finding the right fit for footwear is an important component in making sure the Soldier is able to train at maximum capacity.

Col. Michael Neary, chief of podiatry at Army Community Hospital at West Point, N.Y., visited the 120th Adjutant General Battalion (Reception) Monday to talk about his experiences with fitting boots for cadets at the U.S. Military Academy.

Neary emphasized the need to measure feet for the right fit both for boots as well as running shoes.

“People don’t always know what a good boot fit should feel like,” he said.

He said Soldiers frequently think if a boot or shoe doesn’t feel like it fits, they need a bigger size, but often they need a wider boot.

Research done as far back as 1912 supports the finding that correct fitting of boots has a significant impact on injury reduction during long road marches.

The right fit is especially important for Soldiers in Basic Combat Training who are not yet accustomed to the workouts.

According to various studies, between 48 and 77 percent of Soldiers in Basic



Photo by *SUSANNE KAPPLER*

**Col. Michael Neary, chief of podiatry at West Point, N.Y., addresses Soldiers of the 120th Adjutant General Battalion (Reception) Monday. Neary talked about how fitting boots and running shoes for Soldiers can prevent injuries.**

Combat Training develop blisters. Between 2.5 and 5 percent of those affected require hospitalization because of associated complications.

Neary said that blisters have serious consequences on a Soldier’s readiness. They reduce the Soldier’s mobility in the field, lessen his or her concentration and affect critical decision-making skills.

They may also lead to musculoskeletal overuse injuries, which are common in basic training, Neary said. He said

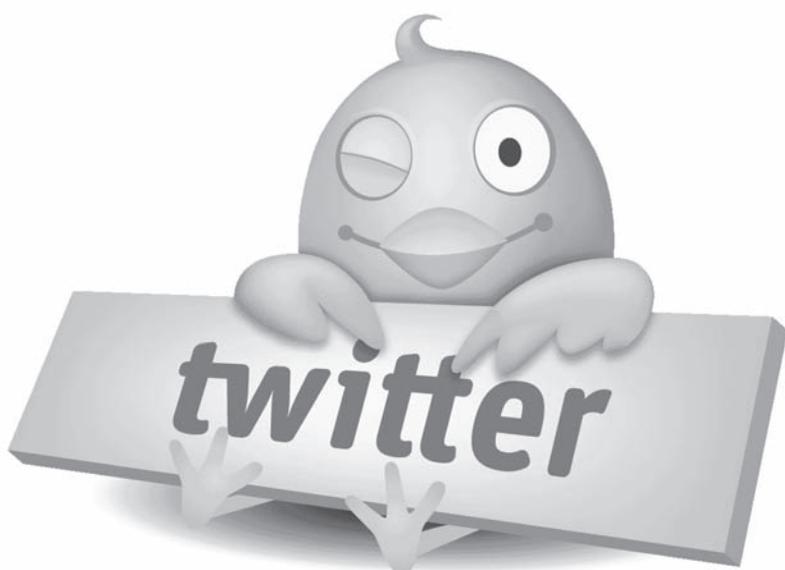
that Soldiers with foot blisters have an 85-percent chance of developing such injuries.

During his presentation, Neary exchanged ideas with cadre from the 120th and employees in the Clothing Initial Issue Point.

Lt. Col. Vincent Valley, 120th commander, said the exchange of information between Neary and the 120th cadre was invaluable education in setting up Soldiers for success.

“Having a set way that we fit the boots and that we fit the shoes — it just underscores the importance of getting it right the first time,” Valley said. “Because if we don’t, we’re going to see the Soldier again come back to us in the form of a rehab, transfer into the Fitness Training Company, or — God forbid — if the person gets so injured, he or she could potentially come back here as a person separating through our (holding unit).”

*Susanne.Kappler1.ctr@mail.mil*



Follow the Leader on

**TWITTER**

for breaking news  
and updates

[www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao)

# SSI recognized for training overhaul

By WALLACE McBRIDE  
Fort Jackson Leader

The Soldier Support Institute recently received the Pike's Peak Performance Award following a remodeling of the school's Advanced Leaders Course and Senior Leaders Course.

The award was issued by the Bob Pike Group, an organization that provides training for trainers, as well as consulting services to individuals and corporations. SSI revamped its leadership courses using many of Pike's instructional methods, said L.Z. Harrison, supervisory instructional systems specialist for SSI. Neither course was "hands on," he said, nor considered within the Army's established learning models.

"We created a learner-centered environment, which moved the onus of instruction from the instructor to the students," he said.

The SSI team made changes to more than 600 hours of instruction between the two courses, which were redesigned to use the latest principles, techniques, and procedures to ensure that Noncommissioned Officer Education System training was keeping it REAL, an anagram that stands for:

- Relevant, through a continuous adaptive learning model;
- Engaging adult-learning, experiential learning opportunities, that creates;
- Adaptive Leaders who possess 21st century Soldier competencies;
- Learner-centric context-based, facilitated problem-solving environment.

The educational outcomes of the courses needed refocusing to ensure alignment with 21st century Soldier competencies and the Human Resources core competencies found in Army doctrine.

"We redesigned the classroom from a linear classroom into what we call a 'pod format,' which is four groups of four students that work in small groups," Harrison said. "The bulk of their instruction is dealing with their educational experience and learning how to apply it."

Instructors also took advantage of blended learning opportunities that existed between classroom instruction and technology-based instruction. Students now can prepare for attendance by using mobile applications, which can be downloaded to smart devices and home computers, giving them immediate access to the course materials.

The use of PowerPoint slides was reduced by 50 percent through the leveraging of participant-centered learning activities that reinforced the teaching points throughout the curriculum, Harrison said.

The Pike's Peak Performance Award is a formal recognition of trainers and organizations for their implementation of participant-centered training that improves performance. Award winners are nominated by colleagues, learning professionals and Bob Pike Group Trainer Consultants.

*Milton.W.McBride.ctr@mail.mil*



*Courtesy photos*

**Advanced Leaders Course instructor Joseph Commander with the Soldier Support Institute teaches officers in a new learner-centric classroom, which divides students into groups of four.**



**The Soldier Support Institute recently received the Pike's Peak Performance Award. Wanda Blackmon, left, team chief of Noncommissioned Officer Education System Training Development, and L.Z. Harrison, right, supervisory instructional systems specialist for the SSI, receive the award from Bob Pike, founder of the consulting firm The Bob Pike Group.**

## LEADER DEADLINES

Article submissions are due two weeks before publication. For example, an article for the Oct. 10 Leader must be submitted by today. Announcement submissions are due one week before publication. For example, an announcement for the Oct. 10 Leader must be submitted by Oct. 3. Send your submissions to [FJLeader@gmail.com](mailto:FJLeader@gmail.com). For more information, call 751-7045.





Photos by SUSANNE KAPPLER

# Tickled PINK

Annual aerobathon raises awareness of breast cancer

Participants in Fort Jackson's fourth annual Do it in Pink aerobathon show up in pink clothes and ready to sweat to raise awareness for breast cancer Saturday at the Solomon Center. The Family and Morale, Welfare and Recreation event drew about 150 men, women and children of all ages who showed their support for the cause.





## Never forgotten

Photo by WALLACE McBRIDE

Staff Sgt. Saamab Green, Headquarters and Headquarters Company, 3rd Battalion, 13th Infantry Regiment, cases the POW/MIA flag after the battalion's graduation ceremony Sept. 19. The flag was flown in honor of National POW/MIA Day Sept. 20, which honors service members who were prisoners of war or are missing in action.



Photo by DAVID SHANES, command photographer

## Capital City Classic

Brig. Gen. Bradley Becker, Fort Jackson's commanding general, flips a coin before the Palmetto Capital City Classic game between South Carolina State University and Benedict College at Williams Brice Stadium Saturday. Fort Jackson Soldiers provided the color guard. The S.C. State Bulldogs beat the Benedict Tigers, 59-6.



Photo by DAVID SHANES, command photographer

### Retiring from service

Four Soldiers are recognized by Brig. Gen. Bradley Becker, left, Fort Jackson's commanding general, and Post Command Sgt. Maj. Kevin Benson, right, during Retirement Review Tuesday at the Post Theater. The retiring Soldiers are Lt. Col. Theodore Sellers Jr.; Maj. Scott Smith; 1st Sgt. Shaun Pannell; and Staff Sgt. Latosha Quattlebaum.



### Welcome home!

Courtesy photo

Sgt. 1st Class Ted Perry is welcomed home at the Columbia Metropolitan Airport Sept. 18 by his wife, Tonya, and his daughter, Willow, after a yearlong deployment to Afghanistan. Perry, with the 208th Military Working Dog MP Detachment, served as a kennel master, responsible for the health and welfare of 40 military working-dog teams and oversaw a major military working-dog support hub in support of Operation Enduring Freedom.

# PSA screenings mix up identified

*From Europe Regional Medical Command*

SEMBACH, Germany — Europe Regional Medical Command is notifying beneficiaries who received an incorrect prostate cancer screening blood test between August 2009 and May 2012 at military medical treatment facilities in Germany, Italy, Belgium, Kosovo and U.S. Central Command that are supported by the Landstuhl Regional Medical Center laboratory.

Approximately 3,280 patients have been identified and should receive a letter in the next seven to 10 days informing them of the error and to facilitate a retest to best meet their needs.

“We are working diligently to notify every person who did not receive the correct screening test,” said Col. John Collins, commander of Europe Regional Medical Command. “Our patients are our Number One priority, and we sincerely apologize for any stress this error may create for them.”

Europe Regional Medical Command has since conducted a comprehensive review of all prostate screening test procedures to make sure that the problem has been corrected and implemented new guidelines to prevent future errors from occurring.

The problem occurred when health care providers ordered an incorrect prostate-specific antigen, or PSA, test intended

to help detect prostate cancer. The incorrect test was ordered because of how the PSA tests appeared in the Composite Health Care System, or CHCS, medical database. Patients should have first been screened with the “Total PSA” test used to detect elevated levels of PSA, a protein produced by prostate gland cells. Instead, their providers ordered the “Free PSA” test which is sometimes used as a follow-on test depending on the results of the Total PSA test results.

When doctors ordered a PSA test for a patient through CHCS, the Free PSA appeared as the first option and Total PSA was the second option. Some health care providers inadvertently selected the first option (Free PSA), believing it to be the comprehensive test they wanted.

The issue was detected in February 2012 by medical staff at Landstuhl Regional Medical Center, Germany, where PSA screening tests are analyzed in the medical center laboratory for military medical treatment facilities supported by Europe Regional Medical Command. The problem was corrected in the CHCS medical database within a month, but the scope of beneficiaries affected by the error was not recognized until May 2013 after an analysis of CHCS data for all tests was conducted. This analysis was prompted by a patient who notified Landstuhl Regional Medical Center Patient Advocacy that his medical provider informed him that he had been given the wrong PSA screening test.

“After a thorough review of our laboratory ordering pro-

cedures, we can confidently say no similar problems were found,” Collins said. “Our main priority is the health and well-being of our patients, and we will continue working to notify those affected and offer any assistance we can. The computer database has been corrected, and our providers have been made aware of how the discrepancy in the system led to the widespread error so they can be vigilant in avoiding similar issues in the future.”

Beneficiaries affected by this issue who are still living in Europe are asked to discuss any concerns or questions with their Primary Care Provider. U.S. Army Medical Command has also notified Defense Department health care agencies to provide support for beneficiaries not living in Europe.

Beneficiaries can also call the Europe Regional Medical Command PSA advice line at DSN 314-590-8889; within Germany at 06371-9464-8889; or from the United States at 01149-6731-9464-8889. Callers will reach an automated voice mailbox, which will collect their contact information and record their questions. Callers should receive a response within two business days. Beneficiaries can also call the around-the-clock stateside PSA Advice Line (Wounded Soldier Family Hotline) at DSN (312)-421-3700 or toll free at (800)-984-8523. Beneficiaries can also reach Army health officials by email at [usarmy.landstuhl.medcom-ermc.list.psa-advice@mail.mil](mailto:usarmy.landstuhl.medcom-ermc.list.psa-advice@mail.mil) or via a link on the U.S. Army Medicine Website at: [www.armymedicine.army.mil](http://www.armymedicine.army.mil).

## Preventing suicide

**Helen Pridgen, South Carolina area director of the American Foundation for Suicide Prevention, addresses Soldiers and DA civilians Tuesday at the Solomon Center. Pridgen talked about understanding, preventing and coping with suicide. The event was part of the installation's efforts during Suicide Prevention Month.**

*Photo by VERAN HILL,  
Public Affairs Office*



**vimeo**

Watch Fort Jackson video news stories and Victory Updates  
at <http://www.vimeo.com/user3022628>



### Finally home

*Courtesy photo*

From left, 1st Sgt. Sean Sellers, Company B, 4th Battalion, 10th Infantry Regiment; Capt. Martin Vanderhoek, commander of Co. B, 4-10th; Lt. Col. Keith Purvis, 4-10th commander; and Col. Mark Bieger, 171st Infantry Brigade commander, cut the ribbon to the new headquarters building for Co. B, 4-10th. The 140 Soldiers of the unit provide training on various ranges and were previously headquartered in a building without running water, inadequate lighting and a slow Internet connection. The new building on Dixie Road will increase the capabilities of the company and subsequently its supported ranges on Fort Jackson through a centralized operations and headquarters cell, a range targetry and telemetry warehouse, and an improved range facilities maintenance bay. Additionally, Soldiers will now have the ability to complete professional development and administrative duties with the partial restructuring of the old headquarters building into a company-level Soldier Development Center.



### Vietnamese visit

*Photo by ANDRE BUTLER, Moncrief Army Community Hospital*

Twenty-one health administrators from Vietnam visit Moncrief Army Community Hospital Friday. The Vietnam delegation was interested in advanced concepts concerning behavioral health and treatment procedures. Vietnam is currently in a developmental transition of understanding behavioral health. The country is in search of ideas on how to implement state-of-the-art practices concerning behavioral health in their hospitals and clinics.

## News and Notes

### HISPANIC HERITAGE CELEBRATED

The Fort Jackson community will celebrate Hispanic Heritage Month with a luncheon from 11:30 a.m. to 1 p.m., Friday at the NCO Club. The guest speaker is Ivan Segura, president of the Council of Mexicans in the Carolinas. Tickets cost \$10. For more information, contact an equal opportunity adviser, the Equal Employment Opportunity Office or unit EO leaders.

### GATE 4 HOURS CHANGE SATURDAY

Gate 4 off Percival Road will be open from 4 p.m. Saturday, to 12:01 a.m., Sunday to accommodate concert traffic on Fort Jackson.

### CENTURY LANES CLOSED

Century Lanes Bowling Center will be closed today and Friday to install new carpets and other equipment. Century Lanes is scheduled to reopen Saturday.

### RUN FOR THE FALLEN

The Fort Jackson 5K run/walk for fallen Soldiers is scheduled for 8 a.m., Oct. 19 at Hilton Field. Online pre-registration is available through Oct. 7 at <https://webtrac.mwr.army.mil/webtrac/Jacksonretrac.html>. Registration packets are available for pickup from 9 a.m. to noon, Oct. 17 and 18 at the Family Readiness Center.

### FIRE PREVENTION WEEK

The Fort Jackson Fire Department and Family, Morale, Welfare and Recreation will start off Fire Prevention Week from 10 a.m. to 2 p.m., Oct. 5 with an event at the fire station. Visitors can tour the station, visit the smoke house safety trailer and meet Sparky the Fire Dog. Other activities include a bounce house, tug of war, a rock wall and games. For more information, call 751-1610.

### LEGAL NOTICE

Anyone with debts owed to or by the estate of Staff Sgt. Kyle L. McGrail Jr. should contact Capt. Alex Creammer, the summary court officer for the Soldier. McGrail passed away Aug. 24 in Michigan. Creammer can be reached at 751-0907 or email [alexander.j.creammer.mil@mail.mil](mailto:alexander.j.creammer.mil@mail.mil).

## Reel Time Theaters

We're saving a seat for you.

Saturday, Sept. 28 — 2 p.m.

Planes PG

Sunday, Sept. 29 — 2 p.m.

We're the Millers R

Wednesday, Oct. 2 — 1:30 p.m.

Red 2 PG-13

Wednesday, Oct. 2 — 4:30 p.m.

The Wolverine PG-13

Fort Jackson Reel Time Theater  
(803) 751-7488

### Ticket admission

Adults: \$5.50 (\$7.50 for 3D)  
Children (6-11) \$3 (\$5 for 3D)

subject to change

# Protect your online identity

From the Criminal Investigation Command

QUANTICO, Va. — Now more than ever, Soldiers, Army civilians, and family members rely on the Internet to work, study, stay connected with family and friends, pay their bills or simply unwind. For criminals, the Internet provides an endless stream of potential targets to be victimized.

The U.S. Army Criminal Investigation Command, commonly known as CID, continually receives reports ranging from identity theft to Internet scams, perpetrated by cyber criminals operating throughout the world. Law enforcement's ability to identify these perpetrators is limited, so Internet users must stay on the alert and be personally responsible for their online presence to protect both themselves and their loved ones.

CID is providing the following information to help the greater Army community protect itself online and significantly reduce the chance of becoming a victim of cyber crime.

### ONLINE

**Know the terms on social networking websites.** Facebook, Twitter, LinkedIn and other social networking sites set default privacy settings to "everyone." This means anyone can view your profile, not just people you know. Users can and should change this by accessing the Privacy Settings/Profile Information usually found under the respective Account tab.

**Sample social networking safely.** Never disclose private information when using social networking websites. Be very selective about who you invite or accept invitations from as cyber criminals use false profiles to gain access to personal and private information, such as birth dates, marital status and personal photographs. Posts containing personal identifying information (PII), including pictures containing metadata, can be used against you and your family.

**Click with caution.** Always use caution when clicking on links in an email or a social networking post, even from someone you know. Reports of personal social networking accounts being hacked and taken over by criminals have increased in recent years. A link that appears to be benign in nature may in fact contain embedded malware that can compromise your computer. Once compromised, the data on your computer can be exploited. Your computer can even be remotely operated as a surrogate in online attacks against others.

**Hide your profile from search engines.** This can be accomplished by going to the Account/Privacy Settings/Search and unchecking the "Public Search Results" box. This will remove your public preview from Google, Bing and Yahoo search returns.

**Prevent people from "tagging" you in photos and videos.** To do this, go to the Account/Privacy Settings/Profile Information/Photos and Videos of Me and deselect the "everyone" default.

**Keep your personal information safe.** Don't provide personal or financial information, user names or passwords in response to an email. Legitimate companies generally don't seek such information in this manner.

**Install/update your anti-virus/firewall software.** Antivirus and firewall software is a must for anyone to safely navigate online. Always keep your security software up to date in order to provide the most complete protection from malicious programs as thousands of new viruses are detected every year. Also, ensure your antivirus software program updates automatically and scans your computer on a recurring schedule. Current Department of Defense employees (excluding contractors, retirees and family members) with an active AKO account can download antivirus software



for free by logging in to the United States Army Computer Emergency Response Team website and selecting the Anti-virus link.

### SMARTPHONES/MOBILE DEVICES

**Know your apps.** When signing up with an app store or downloading individual apps, you may be asked for permission to let them access information on your device. Some apps may be able to access your phone and email contacts, call logs, Internet data, calendar data, data about the device's location, the device's unique ID, and information about how you use the app itself. If you are providing information when you are using the device, someone may be collecting it.

**Password-protect all devices.** The time to safeguard the information on your portable electronic device is not after it has been lost or stolen. Make sure all portable electronic devices are properly password protected, especially any device with personal communications account information (email, Facebook, Twitter, LinkedIn, etc.).

**"Brick" a stolen device.** In recent years, roughly 40 percent of all robberies have involved smart phones and/or tablet computers (iPad, Kindle Fire, etc.), thus endangering the security of the personal information on the stolen devices. If a person's smartphone is lost or stolen, he or she can contact the carrier and ask to have that device remotely disabled. These "bricked" phones are of little or no use to thieves because they can't be reactivated after being sold on the black market.

### WHERE TO GO FOR HELP

If you are a victim of an online scam that used the likeness of a Soldier (false social media/dating profiles, photographs, etc.) with no further Personally Identifiable Information disclosed, report the theft to the Internet Crime Complaint Center, or IC3 — an FBI-NW3C partnership — at [www.ic3.gov/default.aspx](http://www.ic3.gov/default.aspx).

If you suspect you are a victim of identity theft, you should report the crime to the FBI IC3, as well as report the theft to the Federal Trade Commission at [www.ftc.gov/idtheft](http://www.ftc.gov/idtheft). Your report helps law enforcement officials across the United States in their investigations. You can also call 1-877-ID-THEFT (438-4338) or TTY, 1-866-653-4261. You can mail in a complaint to Identity Theft Clearinghouse, Federal Trade Commission, Washington, DC 20580.

CID strongly recommends that Soldiers, civilians and family members who have information on any known crime committed by a Soldier or a crime that occurred on their post, camp or station report the incident to their local CID office or email CID at [Army.CID.Crime.Tips@mail.mil](mailto:Army.CID.Crime.Tips@mail.mil).

## This week in history

On Oct. 1, 1987, Fort Jackson implemented an Initial Entry Training strategy that made the chain of command responsible for the training of Soldiers. Previously, centralized committee groups would train Soldiers on all subjects, including first aid and map reading. The new strategy shifted most instruction to drill sergeants teaching at the platoon level. Trainers emphasized hands-on skill development, rather than platform instruction where Soldiers would simply watch and learn. The decentralized concept placed more responsibility with the drill sergeants and improved the quality of instruction. For more information on changes made to Basic Combat Training over the years, visit the Basic Combat Training Museum.

*Photo courtesy of the  
BASIC COMBAT TRAINING MUSEUM*



## Shoplifting damages career, community

From AAFES

A young, up-and-coming Soldier stops by the Fort Jackson Exchange to pick up his weekly necessities. While browsing through the store, he stops to admire the assortment of wallets.

With money tight, he decides to slip one into his pocket while no one else is around. What he may not realize is that the Exchange is equipped with closed circuit televisions with DVR technology and high-tech Electronic Article Surveillance. As a result, the Soldier is apprehended by Exchange Loss Prevention professionals and turned over to the MPs.

With one, split-second poor decision, this young Soldier's promising career took a drastic turn. Consequences of being caught shoplifting for active duty members can include a reduction in rank, an other-than-honorable discharge, forfeiture of pay and allowances and possible confinement.

In addition to possible disciplinary action and criminal prosecution, the Federal Claims Collection Act allows the Exchange to enact a flat, administrative cost (Civil Recovery) of \$200. There may be more fees, in addition to the Civil Recovery Program, depending on the condition of the stolen merchandise.

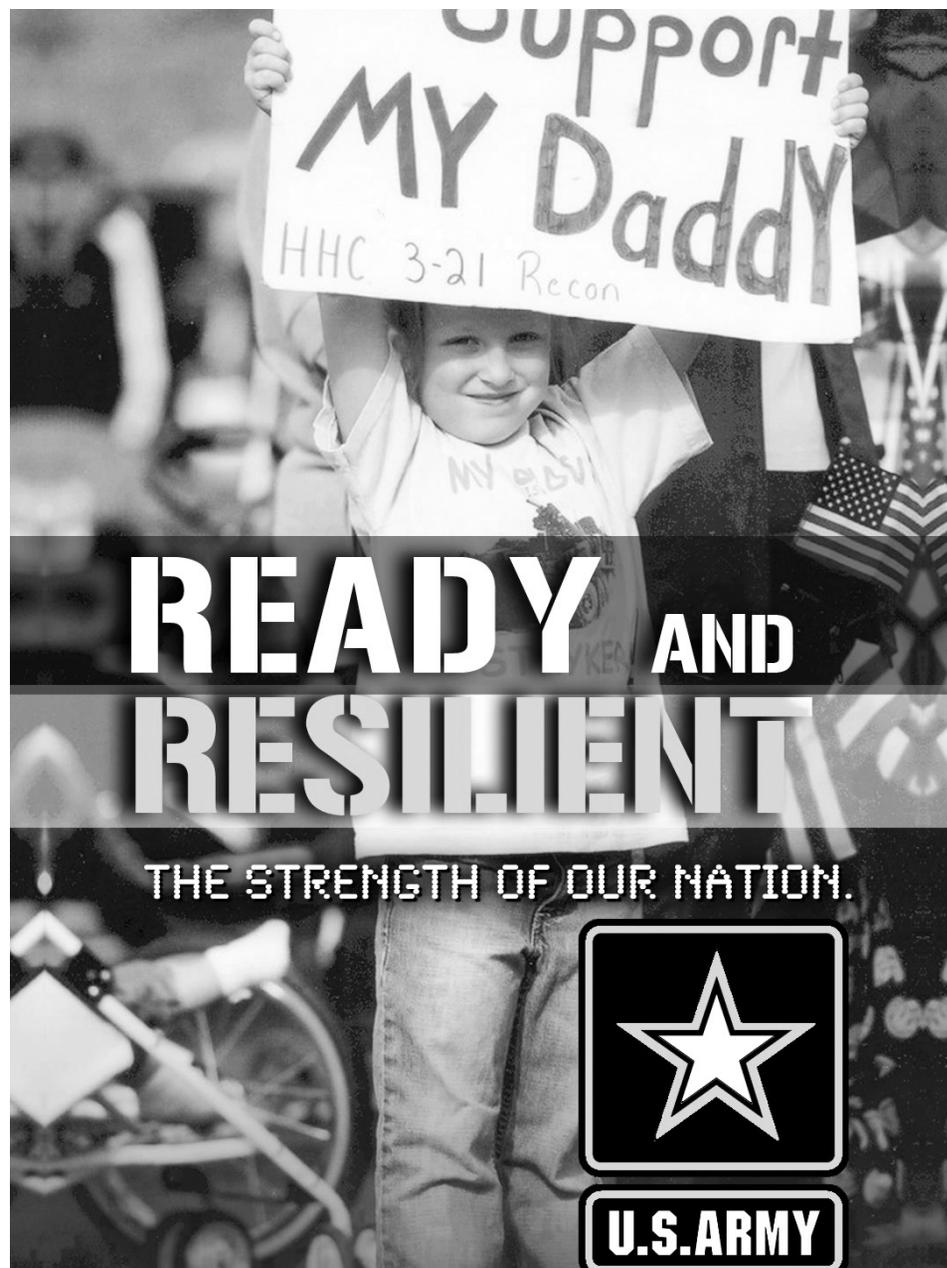
"The bottom line is that it's just not

worth it," said the Fort Jackson Exchange's General Manger Don Sydlik. "Throwing away your future to try and save a few bucks is a tremendous price to pay."

In addition to the repercussions to shoplifters, the military community as a whole suffers as a result of those stealing from the Exchange. With a dual mission to provide quality goods and services at competitively low prices and generate earnings to support morale, welfare and recreation installation programs for its shareholders, the Exchange has contributed more than \$2.4 billion to military quality of life programs in the past 10 years.

"Shoplifting at the Fort Jackson Exchange results in a reduced return on investment to our primary shareholders — the military community," Sydlik said. "Because the Exchange is a command with a mission to return earnings to quality of life programs, people who steal from the Exchange don't only harm themselves but negatively impact FMWRC and service programs."

Despite an aggressive shoplifting deterrence program, the Fort Jackson Exchange shoplifting cases increased by 41 percent, from 59 in 2011 to 83 in 2012. The value of merchandise involved in these incidents also increased from more than \$5,900 in 2011 to more than \$7,800 in 2012.



# Veteran returns 60 years after graduating

By WALLACE McBRIDE  
Fort Jackson Leader

Public service brought Edsel Ward to Fort Jackson in 1953. Last week, family brought him back.

The post looked a little different 60 years ago, he said.

“We rode around some, and I saw one or two buildings that looked kind of familiar,” said Ward, 78. “But, the neatest thing about it was that my grand-nephew and I were in the same regiment. Sixty years apart, and we wound up in the same regiment.”

Pfc. Kyle Brogden graduated from Basic Combat Training with the 3rd Battalion, 13th Regiment, and didn’t argue with his great-uncle’s assertions that modern barracks looked like college dormitories.

“It was a lot easier than I expected, if I can say that,” said Brogden, of Charleston. “I guess the hardest part was learning how to work with strong-minded people from all over the world. The benefits were a huge factor in my enlistment. Plus, I love aviation and working on cars. I tried to put the two together and am becoming a Black Hawk mechanic.”

The graduation connection came as a surprise to everybody, said Kyle’s father, Stacy Brogden.

“I knew that Uncle Edsel had gone to Fort Jackson,” he said. “Then I found out that he was in the 13th Infantry Regiment. I said, ‘What do you know? That’s what Kyle’s unit is.’ The lineage — 60 years apart — is really cool.”

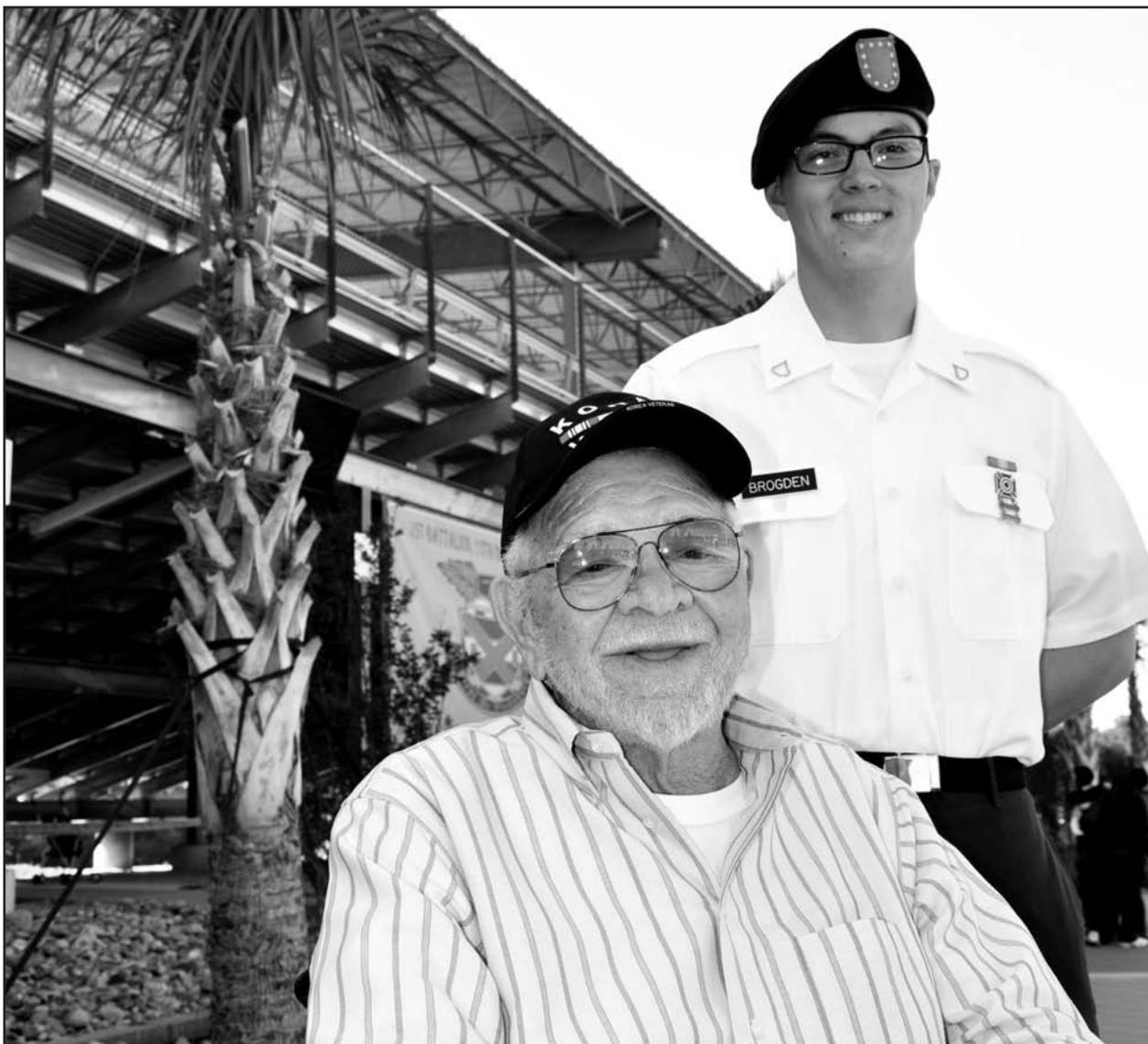
Ward traveled from his home in Pensacola, Fla., for last week’s ceremony. His own graduation was less formal, he said.

“I just wanted to see what it looked like,” he said. “There’s no comparison, really. Back then, they said, ‘OK boys, here are your orders. Don’t get seasick.’ And I took my boat ride to Korea. All my buddies, I think, went to Germany. I got there in 1953 and left the next year.”

Ward served in the Army for three years.

“I thoroughly enjoyed this,” Ward said of his visit. “It was nothing even close to what we had, but it’s all right. And I couldn’t be prouder of Kyle.”

*Milton.W.McBride3.ctr@mail.mil*



*Photo by WALLACE McBRIDE*

**Pfc. Kyle Brogden poses with his great-uncle Edsel Ward after Brogden graduated from Basic Combat Training Sept. 19. Ward was here at basic training 60 years ago and, like his great-nephew, graduated with a unit belonging to the 13th Infantry Regiment. It was Ward’s first return visit to Fort Jackson.**

# Sukkot: festival for the entire community

Immediately following the Jewish High holidays is Sukkot — the Feast of the Booth. It is an unusual name for a festival, until we think it through. In Hebrew, “sukkot” means booth, tabernacle or hut. This is harvest time in the holy land, and farmers used to devote all their waking hours to bringing in the crops. They erected, ate and slept in small huts in the fields to avoid wasting any daylight hours traveling from their homes to the fields.

To remember these bygone days, Jews around the world celebrate this festival by constructing their own hut, or sukkah. All meals are taken inside this hut, and the ceiling to the hut is constructed so one can enjoy the daylight or the night sky. The roof must be of organic material, generally, and constructed using reeds or palm fronds. Today we use bamboo, trying to capture and relive the days of our forefathers.

At Fort Jackson, a sukkah has been built on the grounds of the U. S. Army Chaplain Center and School by Chaplain (1st Lt.) David Gingold, a student enrolled in the Chaplain Officer Basic Leadership Course. The sukkah is open to all who need to fulfill the biblical mandate of dwelling and eating in the sukkah.

Sukkot is one of the three major festivals of the Jewish calendar; the other two being Passover — celebrating and remembering the Exodus from Egypt after almost 400 years of slavery — and Shavouth — celebrating and remembering Moses receiving God’s word etched in stone tablets at Mount Sinai seven weeks after the Exodus from

---

## COMMENTARY

By  
**STEPHANIE ALEXANDER**  
*U.S. Army Chaplain Center and School*

---

Egypt. Sukkot is a seven-day celebration, with the last day being a celebration of the Torah — Simchat Torah or Joy of the Torah — at which time the last portion of the scroll is read and the first portion, Genesis, is begun — “In the beginning, God created the heavens and the earth ...”

Some of us might remember the story of Ruth, the idol-worshipping priestess of Baal who stated to her former mother-in-law Naomi, “Whither thou goest, I shall go ...” and spends the night with her newly-intended husband in a sukkah in the field during the autumn harvest.

Sukkot is a festival including the entire community. Children create decorations and decorate the sukkah adding to the festive tone. But what transcends the celebration of the harvest, the fellowship of gathering together in the sukkah, is fulfilling the obligation to partake in a meal — the chance to relive and experience that which the children of Israel experienced. There is no dark side to this festival. It is a celebration of heritage, history and life itself.



*Photo by JULIA SIMPKINS, USACHCS*

**Chaplain (1st Lt.) David Gingold, a student enrolled in the Chaplain Officer Basic Leadership Course, has built a sukkah on the grounds of the U. S. Army Chaplain Center and School.**

# Protect yourself from flu this season

From Moncrief Army Community Hospital

Influenza is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness. Serious flu infection can result in hospitalization or death. Some people, such as older people, young children and people with certain health conditions, are at high risk for serious flu complications. The best way to prevent the flu is by getting vaccinated each year.

The upcoming season's flu vaccine will protect against the influenza viruses that research indicates will be most common during the season. This includes an influenza A (H1N1) virus, an influenza A (H3N2) virus and one or two influenza B viruses, depending on the flu vaccine.

## HOW TO PREPARE FOR THIS FLU SEASON?

The Centers for Disease Control and Prevention recommend a yearly flu vaccine for everyone 6 months and older as the first and most important step in protecting against the flu. Although there are many different flu viruses, the flu vaccine is designed to protect against the three main flu strains that research indicates will cause the most illness during the flu season. Getting the flu vaccine as soon as it becomes available each year is always a good idea. The protection you get from vaccination will last throughout the flu season.

In addition, you can take everyday preventive steps like staying away from sick people and washing your hands to reduce the spread of germs. If you are sick with flu, stay home from work or school to prevent spreading influenza to others.

## INFLUENZA PREVENTION TIPS

Cover your nose and mouth with a tissue when you cough or sneeze. Throw the used tissue in the trash. If tissue is not available, sneeze or cough into the inside of your



Photo by ANDRE BUTLER, Moncrief Army Community Hospital

**Post Command Sgt. Maj. Kevin Benson, left, and Moncrief Army Community Hospital Command Sgt. Maj. Vincent Bond receive flu vaccinations at Post Headquarters Sept. 11.**

elbow, not your hand.

- Wash your hands often, especially after you cough or sneeze.
- Avoid touching your eyes, nose or mouth.
- Stay away from people who are sick.
- Symptoms of influenza can include fever, cough, sore throat, body aches, headaches, chills and fatigue. If you feel sick contact your health care provider.

- If you are sick, limit your contact with other people as much as possible. Stay home from work or school.
- Clean high touch surfaces daily (such as doorknobs, handles, light switches and desks) with a household disinfectant.
- Try to stay in general good health. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat healthy food.

## MACH UPDATES

### BREAST CANCER AWARENESS 5K

Moncrief Army Community Hospital and Army Public Health Nursing will host a free breast cancer awareness 5K walk/run at 9 a.m., Oct. 5 at Hilton Field. Registration is open from 7:30 to 8:30 a.m. To pre-register, call 751-5200/5251.

### MEDICAL HOME CLOSURE

Moncrief Medical Home will be closed Oct. 11 of the Moncrief Army Community Hospital organizational day. MMH will also be closed Oct. 14 for Columbus Day.

Watch Fort Jackson video news stories at <http://www.vimeo.com/user3022628>

## FLU VACCINATIONS

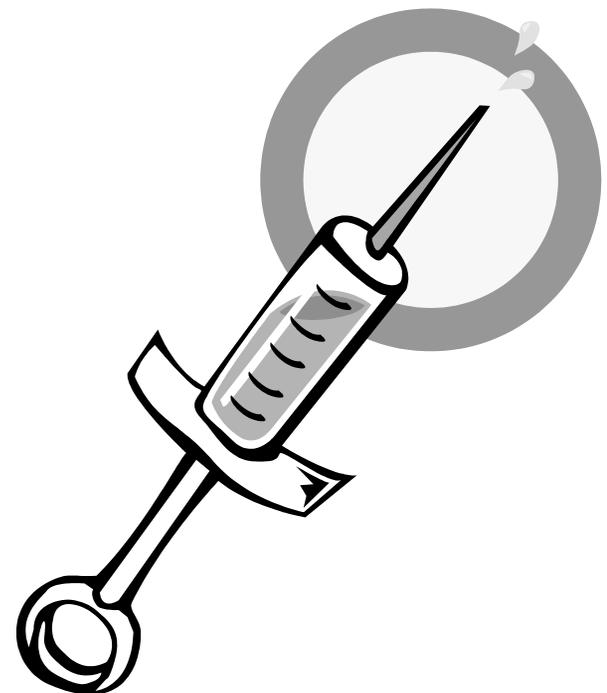
Seasonal flu vaccinations are now available to eligible beneficiaries 4 and older. Flu mist is available for healthy beneficiaries 2 to 49 years old. Flu shots are currently available for beneficiaries 6 months to 17 years old. Flu shots for people 18 and older are not yet available. Updates will be published once the vaccines are available.

Children between 6 and 36 months will be given flu shots on a walk-in or appointment basis at the Family Health Clinic. For more information, call 751-2210.

Flu vaccinations are available at Moncrief Army Community Hospital, sixth-floor Immunization Clinic, Room 6-5, from 8 a.m. to 4 p.m., Monday through Friday. On Oct. 2, 16 and 30 the clinic will be open from 8 a.m. to 7 p.m. The clinic will be closed Oct. 14 for Columbus Day.

Other flu vaccination sites are:

- Solomon Center; 8 a.m. to 2 p.m., Oct. 21
- Commissary; 10 a.m. to 2 p.m., Oct. 22
- Post Exchange; 10 a.m. to 2 p.m., Oct. 29



Like the Leader on Facebook.  
Log on to your account  
and search for "Fort Jackson Leader."

facebook

## Calendar

### Today

**Victory Spouses' Club welcome reception**  
7 to 8:30 p.m., Dozier House, 4415 Greene St.

Welcome reception for Sherri Becker, wife of Brig. Gen. Bradley Becker, and Lara Chamberlain, wife of Col. (P) Paul Chamberlain. Desserts and drinks will be served. RSVP is not required.

### Sunday

**Gold Star Mother' Day observance**  
7 p.m., Semmes Lake

### Monday

**Her War, Her Voice support group**  
10:30 a.m., Family Readiness Center  
The theme is "breaking issues."

### Tuesday

**Protestant Women of the Chapel: Oh, the Places You Have Been**

9 to 11:30 a.m., Main Post Chapel  
The guest speaker will be Bonnie Riley. Lunch, child care and homeschool room will be provided.

### Wednesday

**Victory Spouses' Club luncheon**

11 a.m. to 1 p.m., NCO Club  
The theme is "Cupcake Wars." To RSVP, email [victoryreservations@gmail.com](mailto:victoryreservations@gmail.com) by Sept. 26.

### Tuesday, Oct. 8

**LTG Timothy J. Maude Leadership Lecture**

3 p.m., Solomon Center  
The guest speaker will be Air Force Lt. Gen. Darrell Jones, deputy chief of staff for Manpower, Personnel and Services, Headquarters U.S. Air Force.

### Sunday, Oct. 13

**Girl Scouts tribute to Norma Ferguson**

2 to 4 p.m., 5957B Parker Lane  
The Fort Jackson Girl Scouts will pay tribute to the more than 25 years of leadership and mentoring of the late Norma Ferguson. For more information, email [fjacksongs@outlook.com](mailto:fjacksongs@outlook.com).

### Saturday, Oct. 19

**National Archaeology Month celebration**

10 a.m. to 2 p.m., Twin Lakes  
Activities include an open-site excavation, artifact identification and flint knapping demonstrations. For more information, call 751-7153/5971.

**Saturday, Oct. 26, Wednesday, Oct. 30 and Thursday, Oct. 31**

**Terror at Twin Lakes/What's in the Water**  
6 to 9 p.m., Twin Lakes  
For more information, call 751-8707.

**Friday, Nov. 4 and Saturday, Nov. 5**

**Military clothing reclamation sale**  
8 a.m. to 3 p.m., 2570 Warehouse Row  
This cash-only sale is open to military of all ranks and military retirees. For more information, call 751-7213.

## Announcements

### DHR CLOSURE

The Directorate of Human Resources, including the ID card offices at the Strom Thurmond Building, will close at 11:30 a.m., Oct. 11 for an organizational day. In the event of an ID card emergency, customers can request assistance at the Soldier Family Assistance Center on 9810 Lee Road, 751-1198; at Shaw Air Force Base in Sumter, 895-1596; or at the South Carolina National Guard on Bluff Road, 806-2078.

### RED CROSS VOLUNTEERS

Community members interested in volunteering for the American Red Cross on Fort Jackson should call 751-4329. Volunteer orientation is offered online. Additional training is necessary for those volunteering in a clinical setting.

### CALL FOR ARTISTS

The Environmental Office is looking for submission by crafters and artists for its upcycling contest Nov. 15 during America Recycles Day.

Entries have to be created from recycled or reused items. For more information, call 751-5971.

### FREE COMIC BOOK

A free Iron Man comic book exclusively for military readers is now available at the Exchange.

### SPORTS BRIEFS

■ Brigade games for active duty teams in flag football, softball and cross country will be held through Oct. 3. Flag football games are Tuesdays and Thursdays. Cross country will be 6 p.m., Monday at Hilton Field. Awards will be presented Oct. 3 after the championship flag football game.

■ Reverse sprint triathlon, Saturday, 8 a.m., Knight Pool. Open to all ID card holders. Registration available on the day of the event.

■ Sand volleyball starts Oct. 7. Games will be played Mondays.

■ Intramural football will begin Oct. 8.

■ Halloween Howl 5K, 8 a.m., Oct. 26 at Twin Lakes. Sign up at the Sports Office or on race day from 6:30 to 7:30 a.m.

For more information, call the Sports Office at 751-3096.

### GIRL SCOUT MEETINGS

The Fort Jackson Girl Scouts meet regularly at 5957 Parker St. Girls of all school ages are welcome. For more information, call 708-9255 or email [fjacksongs@outlook.com](mailto:fjacksongs@outlook.com).

### THRIFT SHOP NEWS

■ A volunteer training session is scheduled from 9 to 11 a.m., Oct. 4.

■ The Thrift Shop is asking for feedback on extending its hours and opening on Saturdays. Feedback can be dropped off in the suggestion box at the store.

■ No summer clothes will be accepted after today.

■ Winter clothes will be accepted starting Oct. 1.

■ Halloween items will be accepted through Oct. 17.

■ Thanksgiving items will be accepted Oct. 15 through Nov. 14.

■ Christmas items will be accepted Nov. 19 through Dec. 12.

■ The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

### RETIREMENT CEREMONY

The next Third Army/ARCENT retirement ceremony is scheduled for 2 p.m., Oct. 10 at Patton Hall.

### BOY SCOUT MEETINGS

The Fort Jackson Boy Scouts and Cub Scouts meet each week at various times. For information about the troop or pack, call 409-9568.

### TARP BRIEFINGS

Annual Threat Awareness and Reporting Program briefings are offered monthly at the Post Theater. For more information, call 751-7852/3366/3802.

### AA MEETINGS

Alcoholics Anonymous meetings take place at 9 a.m., Mondays, Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

Visit the community calendar at [www.jackson.army.mil](http://www.jackson.army.mil) for a full listing of calendar events. Send your announcements to [fjleader@gmail.com](mailto:fjleader@gmail.com). Announcements are due one week before the publication date. For more information, call 751-7045.

Community announcements may be edited to comply with Leader style and Public Affairs regulations.

## Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

### MILITARY INSIGNIA COLLECTORS

Military insignia collectors meet every month to trade and identify patches and crests and discuss the history of the items. For more information, call 419-9247. Leave a message after 6 p.m.

## COMMANDER'S CUP STANDINGS

MEDDAC	1,455 points
SSI	1,125 points
187th	585 points
1-34th	545 points
2-60th	505 points
MPs	455 points
USADSS	390 points
3-34th	280 points
2-13th	215 points
171st	180 points
4-10th	135 points
120th	130 points
1-13th	130 points
3-60th	130 points

Standings as of Sept. 23

Follow the Leader on Twitter  
at [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao).

## Leader deadlines

Article submissions are due two weeks before publication. For example, an article for the Oct. 10 Leader must be submitted by today.

Announcement submissions are due one week before publication. For example, an announcement for the Oct. 10 Leader must be submitted by Oct. 3.

Send your submissions to [FJLeader@gmail.com](mailto:FJLeader@gmail.com). For more information, call 751-7045.



Watch Fort Jackson video news stories  
and Victory Updates  
at <http://www.vimeo.com/user3022628>

Like us on Facebook. Log on to your account and search for "Fort Jackson Leader."

# Saluting this Basic Combat Training cycle's honorees

## DRILL SERGEANTS OF THE CYCLE



**Staff Sgt.  
David Santana**  
Company D  
3rd Battalion,  
13th Infantry Regiment

### SOLDIER LEADER OF THE CYCLE

Pvt. Derrick Harris

### SOLDIER OF THE CYCLE

Spc. Italy Taylor

### HIGH APFT SCORE

Pvt. Robert Gunn

### HIGH BRM

Pvt. Alex Falcon



**Staff Sgt.  
Ivan Martinez**  
Company E  
3rd Battalion,  
13th Infantry Regiment

### SOLDIER LEADER OF THE CYCLE

Spc. Aliana Mariano

### SOLDIER OF THE CYCLE

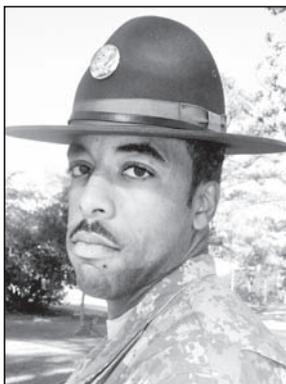
Pvt. Patule Shabbar

### HIGH APFT SCORE

Pvt. Jessica Gregg

### HIGH BRM

Pvt. Jesse Koury



**Staff Sgt.  
Tyrone Rixey**  
Company F  
3rd Battalion,  
13th Infantry Regiment

### SOLDIER LEADER OF THE CYCLE

Pfc. Eldridge Reese

### SOLDIER OF THE CYCLE

Pfc. Shanita Polite

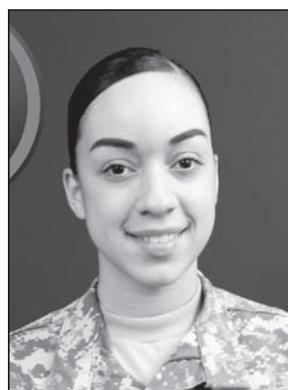
### HIGH APFT SCORE

Pfc. Maryna Lozenko

### HIGH BRM

Pvt. Daniel Connors

## Weekly honors



**MOORE**

**Spc. Christina Moore**  
Soldier of the week  
Third Army/ARCENT



**HENNING**

**Staff Sgt.  
William Henning**  
Dril sergeant of the cycle  
Company A  
Task Force Marshall



**HAMILTON**

**Sgt. 1st Class  
Matthew Hamilton**  
Dril sergeant of the cycle  
Company B  
Task Force Marshall

**vimeo**

Watch Fort Jackson video news stories and  
Victory Updates  
at <http://www.vimeo.com/user3022628>.

## ACS Calendar of Events — October

### TUESDAY, OCT. 1

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### WEDNESDAY, OCT. 2

- ☐ **Post newcomer orientation** — 9 to 11 a.m.; Post Conference Room
- ☐ **Steps to federal employment for military spouses** — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, OCT. 3

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stress management class** — 11 a.m. to noon; 5614 Hood Street, Classroom 10; for more information, call 751-6325
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### FRIDAY, OCT. 4

- ☐ **Teen dating violence awareness** — 4 to 5 p.m.; call 751-6325 for more information

### MONDAY, OCT. 7

- ☐ **Military spouse employment assistance** — 9 to 11 a.m. (walk-in anytime during these hours); Strom Thurmond Building; Room 222; post a resume before the event at <https://jobs.scworks.org/vosnet/Default.aspx>, for more information, call 751-4862
- ☐ **Child safety/abuse awareness** — 5 to 7 p.m.; 5614 Hood Street, Classroom 10; for more information, call 751-6325

### TUESDAY, OCT. 8

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### WEDNESDAY, OCT. 9

- ☐ **Job searching strategies for military spouses** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to register, call 751-4862
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, OCT. 10

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Instructor-led computer training — introduction to MS Powerpoint** — 9 a.m. to noon; for more information and to register, call 751-4862
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222; to register, call 751-1124
- ☐ **Richland One adult education** — 5:30 to 8 p.m.;

2612 Covenant Road, call 343-2935

### FRIDAY, OCT. 11

- ☐ **Teen dating violence awareness** — 4 to 5 p.m.; call 751-6325 for more information

### TUESDAY, OCT. 15

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### WEDNESDAY, OCT. 16

- ☐ **FRG leadership and treasurer/funds control/fundraising training** — 9 a.m. to 1 p.m.; Family Readiness Center; call 751-7220 for more information and to register
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, OCT. 17

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Instructor-led computer training — intermediate MS Powerpoint** — 9 a.m. to noon; for more information and to register, call 751-4862
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Anger management class** — 11 a.m. to noon; 5614 Hood St., Classroom 10; for more information, call 751-6325
- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222; to register, call 751-1124
- ☐ **EFMP pumpkin patch outing** — 4:30 p.m.; Trenholm Road United Methodist Church, 3401 Trenholm Road; call 751-5256 to RSVP
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### FRIDAY, OCT. 18

- ☐ **Fort Jackson teen summit** — 10 a.m. to 2 p.m.; Solomon Center; call 751-6325 for more information

### SATURDAY, OCT. 19

- ☐ **Run/Walk for the Fallen 5K** — 8 a.m.; Hilton Field; visit <https://webtrac.mwr.army.mil/webtrack/Jacksonrec-trac.html> to register.

### MONDAY, OCT. 21

- ☐ **Education assistance for military spouses** — 9 to 11 a.m.; Strom Thurmond Building; Room 222; call 751-4862 for more information
- ☐ **Child safety/abuse awareness** — 5 to 7 p.m.; 5614 Hood St., Classroom 10; to register, call 751-6325.

### TUESDAY, OCT. 22

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Starting and running a small business** — 9 to 11:30 a.m.; Education Center, call 751-4109/6062
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### WEDNESDAY, OCT. 23

- ☐ **Job searching strategies for military spouses** — 8:30 a.m. to noon; Strom Thurmond Building, Room 222; to

register, call 751-4862

- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location

### THURSDAY, OCT. 24

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Explore careers in the information technology field** — 9 to 11 a.m.; Education Center, Room B-110; to register, call 751-4862.
- ☐ **Phase II Levy overseas brief** — 10 to 11 a.m.; Strom Thurmond Building; Room 222
- ☐ **Bright Honeybee Explorers play group** — 10 to 11:30 a.m.; call 751-6304/1071/6868 for location
- ☐ **Stateside Levy brief** — 11 a.m. to noon; Strom Thurmond Building; Room 222
- ☐ **Budgeting, banking and checkbook maintenance** — 11:30 a.m. to 1 p.m.; Strom Thurmond Building, Room 222; call 751-5256
- ☐ **English as a second language class** — 12:30 to 3 p.m.; Strom Thurmond Building, Room 222; to register, call 751-1124/5256
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### FRIDAY, OCT. 25

- ☐ **Teen dating violence awareness** — 4 to 5 p.m.; call 751-6325 for more information

### SATURDAY, OCT. 26

- ☐ **EFMP bowling outing** — 11 a.m. to 12:30 p.m.; Century Lanes; call 751-5256 to RSVP

### MONDAY, OCT. 28

- ☐ **Military spouse employment assistance** — 9 to 11 a.m. (walk-in anytime during these hours); Strom Thurmond Building; Room 222; post a resume before the event at <https://jobs.scworks.org/vosnet/Default.aspx>, for more information, call 751-4862
- ☐ **Her War, Her Voice support group** — 10:30 a.m.; Lake Carolina; self defense class with Rolando; call 751-7220/7352 to register

### TUESDAY, OCT. 29

- ☐ **Inprocessing/re-entry brief** — 7:30 a.m.; Strom Thurmond Building, Room 222
- ☐ **Resume writing/interviewing skills workshop** — 9 a.m. to noon; Strom Thurmond Building, Room 222; call 751-4862 to register
- ☐ **Richland One adult education** — 5:30 to 8 p.m.; 2612 Covenant Road, call 343-2935

### WEDNESDAY, OCT. 2

- ☐ **Steps to federal employment for military spouses** — 9 to 11:30 a.m.; Strom Thurmond Building, Room 222; to register, call 751-4862

*All ACS classes require registration and are subject to change. To register, call 751-5256/4862/6325.*

*Free child care may be available for events. For more information on child care, call 751-1124.*

