

THURSDAY, JAN. 16, 2014

THE FORT JACKSON LEADER

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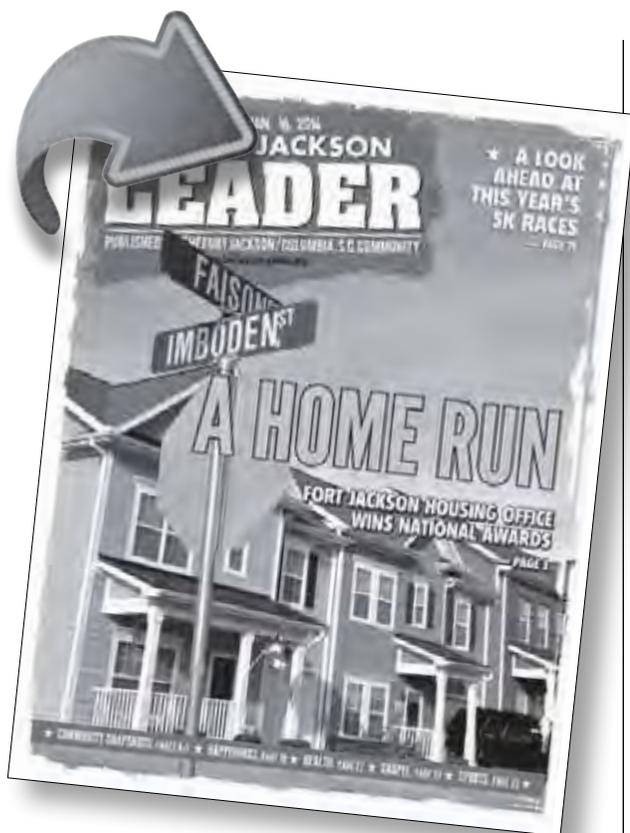
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ON THE COVER

Photo by WALLACE McBRIDE

The Fort Jackson Housing Office was recognized nationally for its accomplishments in 2013. SEE PAGE 3.



Fort Jackson, South Carolina 29207

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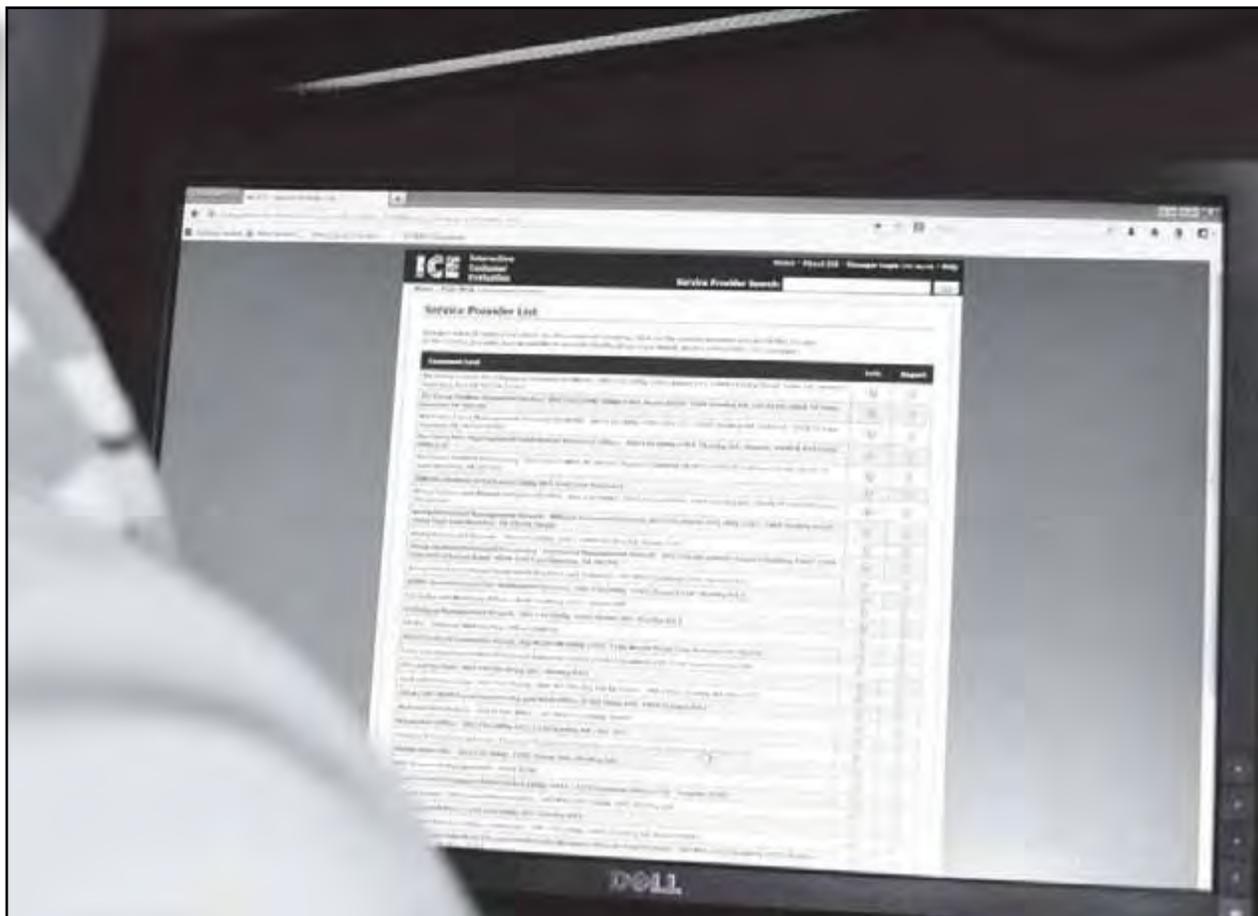
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OP-ED



Army photo by AMANDA KRAUS RODRIGUEZ

An IMCOM employee demonstrates the use of the Interactive Customer Evaluation system. Through ICE, customers can rate products, services and leave suggestions for IMCOM leaders.

Help IMCOM improve with ICE

SAN ANTONIO — Have you ever felt the need, as a customer, to have your voice heard — whether to recognize great service, point out a concern, or make a recommendation? Now is your chance to share your thoughts and help U.S. Army Installation Management Command provide world class customer service.

Customer feedback is a critical element to making sure that IMCOM provides the highest quality programs, services and facilities to service members, families and civilian employees — in keeping with their service and sacrifice.

The Interactive Customer Evaluation, or ICE, system is IMCOM's primary means of receiving feedback directly from its customers. In fact, IMCOM receives nearly half a million customer comments each year. ICE empowers customers to make a difference in how IMCOM delivers products and services by offering recommendations and bringing up issues. Customer comments also help the command to prioritize and refocus installation services and support to meet changing requirements.

Between August 2012 and July 2013, nearly 393,000 customers rated their satisfaction with IMCOM products and services at 93 percent overall. There's still room for improvement and with all IMCOM service provider managers engaged, your comments will be seen and heard.

All IMCOM service providers are required to review and follow up on every comment regardless of whether

COMMENTARY

By **RUSSELL MATTHIAS**
IMCOM
ICE Site Administration

the customer asks for a response or not. Though it's not required, we highly encourage customers to provide their contact information when submitting a comment card through ICE, so we can provide immediate feedback.

Every organization strives for 100 percent customer satisfaction, and continual feedback helps identify and work on those areas that need improvement.

ICE is available to every customer who uses IMCOM services — Soldiers, sailors, airmen, Marines, Coast Guardsmen (active duty, Guard, and Reserve), their families, as well as veterans, retirees and civilian employees. By sharing your honest feedback, together we can work to improve service delivery and achieve IMCOM's goal of providing world class customer service.

Visit www.ice.disa.mil and let your voice be heard.

If you have any IMCOM customer service related questions, comments or concerns, please contact your local garrison ICE program manager, or contact the IMCOM headquarters customer service excellence team at (210) 466-0284, (210) 466-0279, or (210) 466-0255.

LETTERS Editor

The Leader welcomes letters to the editor. All letters should include the name, hometown and phone number of the writer. The Leader reserves the right to edit letters for grammar, style, spelling and brevity. Send your letter to FJLeader@gmail.com. For more information, call 751-7045.



Photo by WALLACE McBRIDE

The Professional Housing Management Association has named Fort Jackson's housing division the 2013 U.S. Army Outstanding Housing Team (Privatized Location) of the year, while Division Chief Emma Watson, above, was selected as the year's U.S. Army Outstanding Senior Housing Manager.

'We've had a good year'

Fort Jackson Housing Division wins two national awards

By WALLACE McBRIDE
Fort Jackson Leader

Fort Jackson's Housing Division, Directorate of Public Works, has been honored for its work in 2013 by the Professional Housing Management Association.

The PHMA has named Fort Jackson's Housing Division the 2013 U.S. Army Outstanding Housing Team (Privatized Location) of the year, while Emma Watson, the division's chief, was selected as the year's U.S. Army Outstanding Senior Housing Manager.

"We've known for years on Fort Jackson that Emma and her entire team are totally focused on customer care and making sure Army families have every opportunity to make their house a home," said Col. Michael Graese, Fort Jackson garrison commander. "Now, the rest of the Army will also know."

The primary mission of the Housing Division is to assist Soldiers and families in securing off-post housing, Watson said. It's usually a lot more complicated than it sounds.

"We get involved with landlord-tenant disputes, in- and out-check inspections, and just helping families find suitable housing off post," Watson said.

But the office also has an oversight role in the post's First Sergeants Barracks Program, and assists barracks NCOs

Our Soldiers sacrifice so much for us and the families and spouses sacrifice somewhat equally to be a part of that military team.

— Emma Watson
Housing Division chief

with assignments, termination and management of unaccompanied housing.

The office also includes the Furnishings Management Branch, which provides furniture for permanent party and trainee barracks. Juggling these roles and responsibilities is a matter of employing skilled workers and then getting out of their way, Watson said.

"You rely on people who are the subject matter experts for that specific area," Watson said. "My role is easy: I have a management role and just make sure the team sticks together, doing the things we're supposed to do, taking care

of Soldiers and making sure their housing needs are met."

She said it might sound cliché, but the Housing Division routinely goes "above and beyond" to help Soldiers and their families.

"They really work hard to make sure the housing needs of the Soldiers and families are taken care of," she said. "Our Soldiers sacrifice so much for us and the families and spouses sacrifice somewhat equally to be a part of that military team. Everything we do should benefit that military team. I try to do my best to make sure military families are taken care of."

Watson said she believes it was this spirit of collaboration that won the office recognition from the PHMA in 2013. Last year, the office spent \$3.2 million renovating 32 homes for families on post. Senior NCO Housing was also completed during the year, as were planned improvements to children's playgrounds. The office also conducted classes for families looking to purchase homes or distressed properties off post.

"We've had a good year in the sense that we finished our privatized housing," she said. "We had several off-post housing-related seminars that talked about purchasing property, new homeowner classes, inspection classes ... we did a lot of housing-related tasks during the year. I attribute my award to all the hard work everybody else did."

News and Notes

MLK LUNCHEON SCHEDULED

Fort Jackson's luncheon in observance of Martin Luther King Day is scheduled from 11:30 a.m. to 1 p.m., Jan. 24 at the Solomon Center. The guest speaker is retired Maj. Gen. Abraham Turner. Turner is a former commander of Fort Jackson and currently serves as president and CEO of AT Consulting Group. Tickets cost \$10.50. For more information, call 751-4117 or 751-2990.

CFC VICTORY CELEBRATION ON TAP

The Combined Federal Campaign will come to a close with a victory celebration from 11:30 a.m. to 1:30 p.m., Jan. 23 at the Officers' Club. To RSVP, call 751-3890 or email matthew.maylel@us.army.mil.

SAMCA INDUCTION SCHEDULE

The Sergeant Audie Murphy Club Association will induct four Soldiers during a ceremony at 10:30 a.m., Jan. 31 at the NCO Club. The inductees are Sgt. 1st Class Matthew Torres, Staff Sgt. Ashley Tuggle, Staff Sgt. Juliana Morrison, all with the Drill Sergeant School, and Staff Sgt. Laketra Wilson, 369th Adjutant General Battalion.

NATIONAL PRAYER BREAKFAST SET

The Fort Jackson National Prayer Breakfast is scheduled for 8 a.m., Feb. 4 at the NCO Club. The guest speaker will be Air Force Chaplain (Col.) Douglas Slater Sr., commandant of the U.S. Air Force Chaplain Corps College. For tickets, see your unit's command sergeant major or chaplain's office personnel. The suggested donation is \$5.

Information subject to change.



Thursday, Jan. 16 — 3 p.m.
Best Man Holiday R

Friday, Jan. 17 — 6 p.m.
Catching Fire PG-13

Saturday, Jan. 18 — 6 p.m.
Frozen PG

Sunday, Jan. 19 — 2 p.m.
The Hobbit: Desolation of Smaug PG-13

Fort Jackson Reel Time Theater
(803) 751-7488

Ticket admission
Adults: \$5.50 (\$7.50 for 3D)
Children (6-11) \$3 (\$5 for 3D)

subject to change



Leader file photo

A 'Hiring Our Heroes' job fair is scheduled for Feb. 11 at the Solomon Center. Job seekers will have the opportunity to speak with more than 50 employers. A workshop preparing for the job fair is set for Feb. 3.

Job fair scheduled for Feb. 11

By **BARBARA MARTIN**

Army Community Services Employment Readiness Program

Are you looking for a job? Are you sending out numerous resumes and not getting invited for an interview? Did you know that networking is one of the fastest ways to land a job? Approximately 75 percent of jobs are found through personal contacts instead of responding to classified ads or posting resumes on the Internet.

Job fairs are excellent places to learn, network and land a job. Start your networking strategy by attending the Fort Jackson "Hiring Our Heroes" job fair from 10 a.m. to 1 p.m., Feb. 11 at the Solomon Center. This event is open to all military personnel, military spouses, veterans and Department of Defense employees.

More than 50 employers who are hiring will be represented. This event will provide the opportunity for job seekers to talk face-to-face with employers. Job seekers are encouraged to bring plenty of copies of their resume. Resumes should be limited to one to two pages. Resumes can even be targeted to a specific career field and a company that you are interested in working for.

Job seekers should create an "elevator speech" or an

"infomercial" to use when introducing themselves to employers. An elevator speech tells who you are, what you've done, what you want to do and how you can be a valuable asset. The speech should be about 30 seconds long.

Here is an example: "Hello, I am John Smith, I have four years of plant management experience plus military-related training. I supervise more than 200,000 square feet in industrial and warehouse facilities and eight staff members. I've also implemented an energy savings program that reduced cost by more than \$70,000 per year. I would like to talk to you about how my background relates to the work that you do."

Attendees are encouraged to collect business cards or contact info and follow up within 24 to 48 hours with a thank you letter to each of the representatives they spoke with at the job fair.

Preparation and practice can increase success at job fairs. The Army Community Services Employment Readiness Office offers the workshop "How to make a job fair work for you," from 9 to 11 a.m., Feb. 3 at the Strom Thurmond Building, Room 222. Participants practice their elevator speech and can learn new ways to network. To register, call 751-4862/5256.

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Warrior Transition Command restructuring

Fort Jackson WTU to deactivate this year

By J.D. LEIPOLD
Army News Service

WASHINGTON — With the numbers of wounded, ill and injured Soldiers steadily declining over the last 14 months to its lowest levels since 2007, the Warrior Transition Command, or WTC, will restructure over the next nine months.

Five of the 29 warrior transition units, known as WTUs, and all nine community-based warrior transition units, or CBWTUs, will be deactivated due to the falling numbers, said Brig. Gen. David Bishop, WTC commander, during a media roundtable today. Fort Jackson's WTU will be among those that will deactivate. Bishop added that 13 community care units would be formed and embedded within warrior transition battalions and brigades at 11 installations.

"The decision to reorganize was also based on periodic reviews and lessons learned over the last few years," Bishop said

He emphasized that WTC remains fully funded and upcoming changes "are not related to budget cuts, sequestration or furloughs."

The WTUs being shut down are located at Fort Huachuca, Ariz.; Fort Irwin, Calif.; Fort Jackson; West Point, N.Y.; and Joint Base McGuire-Dix-Lakehurst, N.J. As of Jan. 2, the total number of Soldiers assigned to those five units stood at only 62. As of Monday, 36 Soldiers were assigned to the Fort Jackson WTU.

Bishop said the Soldiers are anticipated to transition naturally as part of their healing plan by the end of September. If they haven't, they'll be assigned to a community care unit or WTU at another installation.

The nine CBWTUs in Alabama, Arkansas, California, Florida, Illinois, Massachusetts, Utah, Virginia and Puerto Rico will all be deactivated, but Puerto Rico will have a community care unit detachment under the mission command of the Fort Gordon, Ga. Warrior Transition Battalion.

Before the 13 community care units begin receiving Soldiers from the CBWTUs, they will be certified at their initial operating capability by the commanding generals of regional medical commands to ensure resources and training is in place.

"Every Soldier will go through a series of interactions with both their gaining and losing cadre to ensure their complete care and transition plan is fully understood, and accountability is maintained, and continuity is sustained throughout the process," Bishop said.

WTC began looking at ways it could improve the transition process in July 2012. While the command had capacity to handle 12,000 Soldiers, the population had dropped to 7,070. Bishop said it was appropriate to reduce capacity given the population decrease, but feedback from oversight agencies, Soldiers and their families identified improvements that could be made.



Photo by SGT. BRENT POWELL, 210th Mobile Public Affairs Detachment

The Warrior Transition Command's mission is to develop, coordinate, and integrate the Army's Warrior Care and Transition Program for wounded, ill or injured Soldiers, veterans, and their families or caregivers, to promote success in the force or civilian life. One of the events the command supports is the Warrior Games competition. Pictured here, retired Spc. Luis Puertas, a native of Orlando, Fla., celebrates as he crosses the finish line first after completing the Men's 1500 meter (above the knee single and double amputee) race at the U.S. Air Force Academy in Colorado Springs, Colo., May 14 during the 2013 Warrior Games.

"We were able to add capabilities to units as well as occupational therapists, occupational therapist assistants, physical therapists, transition coordinators and nurse case managers to improve the experience of Soldiers going through the program," he said.

"For example, nurse case managers have a ratio of one to 20 Soldiers across the program. In battalion headquarters companies, we're now going to improve that to one to 10, and squad leaders will go from a ratio of one to 10 across the program to one to eight within battalion headquarters," Bishop added, noting that in the CBWTUs the ratio of platoon sergeants to Soldiers was one to 40 and that will change to one to 33.

That will increase the capacity of leadership to take care of Soldiers, and it should be felt positively by Soldiers and cadre members, he said.

WTC is also working to reduce the transfer and evaluation time, Bishop said. Now when Soldiers go to a CBWTU, they must first in-process at a WTU on an installation and after evaluation and assessment go through several medical appointments until the commander deems them prepared to go home. That takes an average of 107 days, he said.

"The community care model is going to help the cadre and the Soldier by virtue of being on an installation within the footprint and leadership of a warrior transition battalion," Bishop said. "Right now, the CBWTU cadre are

on leased space or on some military space, but separate from WTUs on the installations; but under the community care model, they're going to leverage the command structures, the staff of the WTB, the military treatment facility clinical staff and the senior commander who is overseeing the WTU.

"We think the increased standardization, reduction in transfer time, improvement in our simplification of the command structure and the provision and leveraging of installation command structures and resources will help very much," he added.

Addressing the nearly 4,000 military and civilian personnel required as cadre at WTUs and CBWTUs across the Army, the general said the force structure modifications would result in 549 fewer personnel requirements — 36 fewer civilians and 513 fewer military, most of the latter from the Reserve component. At Fort Jackson, the WTU is supported by 14 civilians and nine military cadre.

"Commanders will be managing the transitions to these new unit structures, and Medical Command will do everything within its power to take care of its employees — mobilized Reserve-component cadre on active-duty orders will have the option of being released or applying for other Reserve-component positions elsewhere or in this program," he said. "The same will be true for our Army civilians."



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The post's best-decorated dining facilities

Photo by DAVID SHANES, command photographer

Brig. Gen. Bradley Becker, Fort Jackson's Commanding General, presents the post's dining facility managers their awards for last fall's Best Decorated Dining Facility Competition on Jan. 9 at the Post Conference Room. Dining facilities compete each Thanksgiving to bring Fort Jackson Soldiers and families the best culinary experience during the holiday.



Change of Responsibility

Lt. Gen. James Terry, commanding general U.S. Army Central, passes the USARCENT colors to incoming Command Sgt. Maj. Ronnie Kelley during a ceremony at Shaw Air Force Base Jan. 8. Kelley replaces Command Sgt. Maj. Stephen Frennier, who retired after 33 years of service.

Photo by STAFF SGT. TAIKEILA CHANCEY, U.S. Army Central



Photo by STAFF SGT. CARLOS CAMPOS, USARCENT

A gesture of appreciation

Chief Warrant Officer 3 Jerry White, right, USARCENT information services technician and chapter vice-president, gives a certificate of appreciation to retired Chief Warrant Officer 3 Eugene Perrino Sr., Southeastern Region director, U.S. Army Warrant Officer Association, for his efforts in establishing the Palmetto State chapter of the USAWOA during a ceremony Friday at Shaw Air Force Base.

New mortgage rule resources released

From the Consumer Financial Protection Bureau

WASHINGTON — The Consumer Financial Protection Bureau, or CFPB, released new resources for consumers as part of its campaign to educate the public about the new protections provided by the bureau's mortgage rules, which went into effect Jan. 10. These new materials include sample letters that consumers can send to their mortgage service providers.

"Taking out a mortgage to buy a home is one of the biggest decisions a consumer can make," said CFPB director Richard Cordray. "We want to make sure that people are aware of their new protections so they have the knowledge to make sound decisions about their financial futures."

The CFPB's mortgage rules protect consumers by requiring that mortgage lenders evaluate whether borrowers can afford to pay back the mortgage before signing them up. The rules also establish new, strong protections for struggling homeowners, including those facing foreclosure. Under the rules, mortgage borrowers will be protected from costly surprises and runarounds by their service providers.

The bureau is working with industry, housing counselors, and consumer groups to promote a smooth implementation of these rules. The bureau has released many different educational materials to improve the public's understanding of the new rules and their protections. These materials include sample letters, mortgage tips, answers to consumer questions, consumer tools, and fact sheets on the rules.

Print copies of the mortgage materials will be available in seven languages: Spanish, Tagalog, traditional Chinese, Haitian Creole, French, Korean, and Vietnamese. English language materials can be found at www.consumerfinance.gov/mortgage.



Photo illustration by METRO CREATIVE GRAPHICS

The Consumer Financial Protection Bureau offers resources for consumers about its new mortgage rules, which went into effect Jan. 10.

Empower yourself to a better health

There are many things we don't have control over when it comes to health care. For example, the number of specialty doctors in your region, out-of-pocket expenses, proximity of medical treatment facilities, amount of time it takes to see your health care provider, and more.

Luckily, health is more than just good health care. It's about the decisions and choices we make every day. Most health decisions do not happen in the doctor's office or hospital. Instead, they are made when people are at work or at home with their families. It is in this "life space" where the daily choices people make impact their health.

So make this upcoming year your year to empower yourself and know that each day you can make a difference in your quality of life. No matter who you are, how old you are or what you do, you need a balance of sleep, activity and nutrition to build and sustain great health. This triad of sleep, activity and nutrition was initiated by the Army surgeon general in 2012 and is called the Performance Triad. In the spring and summer of 2014, installations Armywide will be deploying the Army Family Performance Triad Campaign. The campaign aims to bring Soldiers and retirees, their families, and civilians the tools and resources needed to make better sleep, activity and nutrition choices to improve their health and performance.

To kick-start your own healthy habits, Army Medicine experts in sleep, activity and nutrition have provided some daily targets to start improving performance and health. These daily targets for adults are:

- Get at least seven to eight hours of sleep each night.
- Remove all electronics from your bedroom.
- Take 10,000 steps during your everyday routine.

Consider getting a pedometer, using your smart phone or using a personal fitness device to track your steps each day.

- Get at least 150 minutes (two hours and 30 minutes) of moderate-intensity activity and two days of muscle-strengthening activity per week.

- Build your plate with whole grains, lean proteins, fruits, vegetables and low-fat dairy at each meal.



COMMENTARY

By **CARRIE KILBY**
and **ESTHER PFAU**

U.S. Army Public Health Command

- Make half your plate a variety of brightly colored fruits and vegetables.
- Refuel every four to five waking hours; don't skip meals.
- Make water your first choice for hydration.

If you don't know where to start, have an injury, or would like additional one-on-one support no matter your current fitness level, contact your primary-care manager at

your medical treatment facility or contact an Army Wellness Center. Army Wellness Centers, or AWCs, provide the following wellness services to Soldiers and retirees, their families, and Army civilians at no cost:

- Sleep education
- Weight management and metabolic testing
- Exercise testing and exercise prescription
- Stress management education and biofeedback
- Nutrition education
- Wellness coaching
- Body composition analysis
- Health assessments

To locate the AWC nearest you, visit: <http://phc.amedd.army.mil/organization/institute/dhbw/Pages/ArmyWellnessCentersOperation.aspx>. If you don't have an AWC near you, you can contact your local medical treatment facility to learn about the wellness services it provides.

Post offers seminars on scholarships

By **BARBARA MARTIN**

Army Community Services Employment Readiness Program

Now is the time to start your college scholarship search. Deadlines for scholarships for the 2014/2015 college academic year have started cropping up this month and will culminate, for the most part, by May.

Scholarships are free money that can help offset the cost of college expenses. According to student-loan provider Sallie Mae, 45 percent of students receive at least one scholarship. The average total amount is \$7,677. Bloomberg News said that in 2012, tuition rates rose by an average of 4.8 percent, outpacing inflation.

This trend means that now, more than ever, students need to consider their finances long before stepping foot on campus. By investing time in applying for scholarships, you can avoid being handed a huge bill alongside your diploma.

An easy way to discover educational assistance is by taking advantage of free online scholarship searches. Military families should visit www.military.com and click on "Scholarship Finder." You can set up a profile to meet your specific needs and you will receive daily emails from a variety of sources.

Remember, not applying for scholarships is like turning down free money. Get started on your search today. Do not limit yourself to only military scholarships. You qualify for non-military related scholarships, too. Civilian scholarship finder websites www.careerinfonet.org (click on Scholarship Search) and www.fastweb.com (click on Scholarship Search).

The Army Community Services Employment Readiness Program Job Center has scholarship resources at your fingertips. You can browse through Peterson's book, "Scholarship, Grants, & Prizes," containing information on more than 3,600 scholarships or pick up a list of military scholarship websites. ERP staff can also assist you



U.S. Army Department of Education photo

Beginning this month, the Fort Jackson Employment Readiness Program is offering seminars on college scholarship opportunities for the 2014/2015 academic year.

on how to set up an effective scholarship search.

The Fort Jackson ACS Employment Readiness Program and the TRIO Program will co-sponsor scholarship seminars through March to provide information on military and civilian scholarships. Preregistration is requested.

To register, call 751-4862. Seminars will take place in

the Strom Thurmond Building, Room 222.

The dates are:

- Jan. 27, 9 to 10:30 a.m. and 1 to 2:30 p.m.
- Feb. 24, 9 to 10:30 a.m.
- Feb. 28, 9 to 10:30 a.m.
- March 10, 9 to 10:30 a.m.
- March 31, 9 to 10:30 a.m.

Award

Continued from Page 3

Watson said the office is already moving on projects slated for 2014, though funding remains a concern.

"We were able to sell some land (off post), so that's going to bring some revenue to on-post housing," she said. "We'll look at the best way to spend that money ... it could be upgrading or installing additional playgrounds, renovating additional homes, or putting more money into on-post housing."

The year's first seminar is schedule to take place next month. Titled, "Renters 101," the class will focus on the responsibilities of property managers and renters.

"It's kind of two-fold," she said. "It talks about property management responsibilities, because a lot of our military members are property managers by default because they have a home in one location but have (received Permanent Change of Station orders) to another location and want to rent it. The class talks about what the property manager's responsibilities are, as well as what the renters' responsibilities are."

Another home buyer class is set for June, and other training classes will be conducted throughout the year.

"We want to provide training and classes that our residents, Soldiers and families are interested in, so we're waiting on some feedback from them," Watson said.

Milton.W.McBride3.ctr@mail.mil

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Calendar

Today

Victory Spouses Club membership drive
10 a.m. to 1 p.m., Balfour Beatty Community Center

Monday

Martin Luther King Day bike ride
8 a.m., Marion Street Station
For more information, call 751-5768.

Tuesday

Helping Hands award presentation
9 a.m., Joe E. Mann Center

Thursday, Jan. 23

Combined Federal Campaign victory celebration
11:30 a.m. to 1:30 p.m., Officers' Club
To RSVP, call 751-3890.

Friday, Jan. 24

Martin Luther King Jr. Day observance
11:30 a.m. to 1 p.m., Solomon Center
The guest speaker will be retired Maj. Gen. Abraham Turner

Tuesday, Jan. 28 — Thursday, Jan. 30

Comprehensive Soldier and Family Fitness — Spouse course
8:30 a.m. to 12:30 p.m., 3301 Magruder Ave., Classroom 2
For more information and to register, call 751-9720.

Friday, Jan. 31

Sergeant Audie Murphy Club induction ceremony
10:30 a.m., NCO Club

Friday, Jan. 31

CYSS penny carnival
5 to 9 p.m., Solomon Center

Tuesday, Feb. 11

Hiring our Heroes job fair
10 a.m. to 2 p.m., Solomon Center
To register, visit www.hoh.greatjob.net.

Wednesday, Feb. 19

Shred day
9 a.m. to 1 p.m., Recycling Center
All types of paper with sensitive information will be accepted. For more information, call 751-4208.

Thursday, Feb. 20

Renters 101 seminar
11:30 a.m. to 1:30 p.m., Post Conference Room
A light lunch will be provided. For more information and to register, call 751-9339/5788/7566/9323.

Announcements

LIBERTY LOUNGE CLOSED

The Liberty Lounge at the NCO Club is closed until further notice because of water damage. Magruder's Club and Pub opens at 4:30 p.m., Monday through Saturday and at noon, Sundays. Magruder's Club and Pub

offers a full-service bar, full menu, pool tables, dart boards and more than 20 full-screen TVs.

BEST RANGER TRYOUTS

Tryouts to select the Fort Jackson representatives for the Army Best Ranger Competition are scheduled for Wednesday. Tryouts will consist of a Ranger APFT, foot march, stress shoot, obstacle course events and various military skills events. Candidates should call Sgt. 1st Class Adam Dobson at 751-3561 by Jan. 17.

GARDEN PLOTS RENEWAL

Permits for Victory Gardens and Family Housing garden plots may be renewed this month. Permits are valid from Feb. 1 through Jan. 31, 2015. Garden plots are issued first to permanent party Soldiers, next to retired military. Remaining garden plots are available to civilian personnel.

SPORTS SHORTS

The New Year's 5K walk/run is scheduled for 8 a.m., Saturday at Semmes Lake. Runners are asked to be there by 7:30 to get their numbers. Registration on race day runs from 6:30 to 7:30 a.m.

In other news:

■ Letters of intent for recreational and active-duty darts are due Jan. 23. The league plays on Thursdays at Magruder's Club and Pub.

■ Letters of intent 6/6 soccer are due Jan. 28. The league is open to all adult ID card holders.

■ The President's Day 5K walk/run is scheduled for 8 a.m., Feb. 15 at Twin Lakes.

For more information, call the Sports Office at 751-3096.

YOUTH SPORTS REGISTRATION

Youth Sports registration is now open for spring soccer for children 3 to 5 (\$20); and for children 6 to 16 (\$40). Registration is also open for track and field (6-14, \$40); and traveling baseball (9-14, \$45). Registration runs through Feb. 28.

SAT/ACT TESTING

The Education Center will administer SAT testing on Jan. 30, May 29 and Oct. 30. ACT testing will be available July 31. Testing is available to eligible service members only. For more information and to register, call 751-5341.

EXCHANGE RETURN PERIOD

The Exchange has extended its return/exchange period for all items purchased between Nov. 1 and Dec. 24. Items may be returned until Jan. 31 with a sales receipt.

SCHOLARSHIP OPPORTUNITIES

■ The Army Engineer Spouses' Club announced the 2014 Army Engineer Memorial Awards and the 2014 Geraldine K. Morris Award. For more information on the scholarships, visit www.armyengineerspouses.com/scholarships.html.

■ Applications for the 2014 Scholarships for Military Children program are available at commissaries worldwide or at www.militaryscholar.org.

Applications must be turned in to a commissary by close of business Feb. 28. For more information, call (856) 616-9311 or email militaryscholar@scholarshipmanagers.com.

THRIFT SHOP NEWS

■ The Thrift Shop is looking for a cashier and a floor monitor.

■ Units can pick any business day to work at the Thrift Shop. Units who supply at least four people to work for two hours will receive a donation. For more information, contact Kim at the store.

■ Consignments will be accepted starting Tuesday.

Information is subject to change. Visit the community calendar at www.jackson.army.mil for a full listing of calendar events. Send your announcements to fjleader@gmail.com. Announcements are due one week before the publication date.

CPAC CORNER WEINGARTEN NOTICE

When an employee whose position is included in a bargaining unit reasonably believes that discipline may result from an investigative interview or examination by an agency representative, the employee may request union representation before proceeding with the investigative interview or examination.

Under the provisions of Chapter 71 of Title 5 of the US Code (5 USC 7114), the Union which serves as the exclusive representative of a recognized bargaining unit in an agency shall be given the opportunity to be represented at such investigative interview or examination if the employee reasonably believes that the examination may result in disciplinary action against the employee or the employee requests representation.

In addition to investigations or examinations conducted by supervisors, this right can also apply to investigations or examinations conducted by Army or DoD representatives of the Inspector General, Military Police, or Criminal Investigation Division if the employee reasonably believes that such investigation may result in discipline, and the employee requests representation.

Some points to remember about Weingarten Rights:

- Examinations may include criminal and non-criminal investigations.
- Representation may be requested at any time during the interview.

Performance discussions and counseling sessions ARE NOT considered to be investigations or examinations; nor are meetings held only for the purpose of imposing disciplinary action, which do not involve the gathering of information, nor any examination or interview of employee.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

VICTORY SPOUSES CLUB OUTING

The Victory Spouses Club Diners & Dives Club meets at 11:30 a.m., Wednesday at Little Pigs Barbecue. The event is open to VSC members only.

AIRPORT OFFERS TSA PRE-CHECK

Columbia Metropolitan Airport is now providing expedited screening for service members. For more information, visit www.tsa.gov.

SPOUSE OF THE YEAR SOUGHT

Nominations for the Armed Forces Insurance Military Spouse of the Year are accepted through Friday. For more information, visit <http://msoy.militaryspouse.com>.

Housing happenings

MAYORS NEEDED

The mayoral council is looking for volunteers to serve as mayors for the Fort Jackson housing communities. Being a part of the council allows residents to be a voice for the community. Child care is provided while performing mayoral duties. Positions are currently available in Pierce Terrace 1, Pierce Terrace 2, Pierce Terrace 3, Pierce Terrace 5, Pierce Terrace 6, Pierce Terrace 7 and Howie Village. Interested residents should contact Vickie Grier at 751-7567.

HOUSING ON FACEBOOK

The Housing Services Office is now on Facebook. Look for "Fort Jackson Housing Division."

2014 SEMINAR SCHEDULE

The Housing Services Office is in the process of developing housing seminars for 2014. Community members can provide feedback about which classes they are interested in. Topics may include homeownership, short sales, purchasing distressed properties, for sale by owner, etc.

BALFOUR BEATTY HOURS

Effective Jan. 18, Saturday operating hours for Balfour Beatty Communities will be 10 a.m. to 4 p.m.

RV LOT

Recreational vehicles are not allowed to remain in the housing area except for loading and unloading. The Housing RV Storage Lot is authorized only for on-post residents who have registered their RV with the Housing Office at 4514 Stuart Ave. Registration of your RV is required before using the facility. Proof of residency, insurance and registration is required. Unauthorized RVs found in the storage lot will be towed at the owner's expense. For more information or to register your vehicle, call 751-9339.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE

Photos by OITHIP PICKERT, Public Affairs Office



Staff Sgt. David Joy
Company A
1st Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Victoria Padua

STUDENT LEADER OF THE CYCLE

Spc. Meghan Perkins

HIGH BRM

Pvt. Sykira Thompson

HIGH APFT SCORE

Pvt. Manessa Dalton



Staff Sgt. Francisco Santiago
Company E
1st Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Matthew Hamlin

STUDENT LEADER OF THE CYCLE

Pvt. Waldo Fargas

HIGH BRM

Spc. James Mullis

HIGH APFT SCORE

Pvt. Jose Perez



Sgt. 1st Class Devere Yarbrough
Company F
1st Battalion,
34th Infantry Regiment

HONOR GRADUATE OF THE CYCLE

Pvt. Joshua Cheeseman

STUDENT LEADER OF THE CYCLE

Sgt. Devon McNew

HIGH BRM

Pvt. Jessie Hansz

HIGH APFT SCORE

Pvt. Jon Johnson

Weekly honors



Spc. Raven Costilla
Soldier of the Week
USARCENT

LEGAL NOTICE

Anyone with debts owed to or by the estate of Pvt. Justin L. Curry must contact 1st Lt. Lepolia W. Wiggins the summary court martial officer for the Soldier. Curry passed away Jan. 3 in Laurel, Miss. To contact Wiggins, call 751-1630 or email lepolia.w.wiggins.mil@mail.mil.



iSALUTE

(U) The US Army launched the first iSALUTE online reporting tool in December of 2010 on Army Knowledge Online (AKO). A second iSALUTE portal was created in July 2011 on the public-facing Intelligence and Security Command (INSCOM) website. iSALUTE was initially launched in response to the Fort Hood shootings as a tool to report insider threats to the US Army. The term "iSALUTE" was coined from the Army's "SALUTE" report that Soldiers submit in the field when in contact with the enemy. iSALUTE allows US Army personnel to submit a SALUTE report "inside the wire" and notify US Army Counterintelligence (CI) of the threat. US Army CI can then take proactive measures to investigate and mitigate the threat to US Army personnel and equities. iSALUTE, as an online reporting tool, is analogous to 1-800-CALL-SPY and is an official reporting mechanism as instructed in annual Threat Awareness and Reporting Program (TARP) training. Currently, iSALUTE exists as two separate versions, one on AKO and one on the public INSCOM website. The public version was created so Army personnel can submit a report anywhere and anytime without relying on AKO, which requires a Common Access Card (CAC). The public version can be accessed from any major US Army website from the iSALUTE link. iSALUTE provides a means for US Army military, civilian, and contractor personnel to report CI incidents or terrorist threats directly to US Army CI in accordance with Army Regulation (AR) 381-12, TARP.

(U) AR 381-12 requires US Army personnel to report CI incidents or foreign terrorist threats directly to their supporting US Army CI office. iSALUTE provides a direct and easy means for personnel to submit a report and request an interview with an Army CI agent, fulfilling their requirements under AR 381-12, TARP. iSALUTE reports are submitted to US Army CI and forwarded to field agents, who in turn contact the individual who submitted the report. If a field agent determines that the information provided in the interview meets the reporting threshold, as described in AR 381-12, US Army CI will take appropriate investigative actions. iSALUTE reports have provided a number of investigative leads to US Army CI since the program's inception. iSALUTE receives reports from all over the world from US Army personnel, including deployed Soldiers. iSALUTE's wide availability and ready access on the public portal allows for quick and responsive threat reporting. iSALUTE is complementary to the Provost Marshal's iWATCH program. iSALUTE's ability to rapidly provide information to US Army CI will continue to enhance Army CI agents' ability to identify and mitigate threats, contributing to the safety and security of the Army as a whole.

UNCLASSIFIED

WANT MORE FORT JACKSON NEWS?

Follow us on Twitter at www.twitter.com/fortjacksonpao.

For more photos, visit www.flickr.com/fortjacksonpao

Like us on Facebook. Log on to your account and search for "FORT JACKSON LEADER."

Save time with TRICARE online tools

From TRICARE

Military life is full of change and transition. From permanent change of station moves to dis-enrolling and re-enrolling children in school — service members and their families have a list of tasks to complete to make sure their families have everything they need when they need it, including access to health care.

TRICARE eliminates some of this stress with tools that give beneficiaries the power to learn about the plans they qualify for, and then compare plans to make sure they have the health care coverage they need.

Although the Defense Enrollment Eligibility Reporting System, DEERS, determines eligibility, beneficiaries can find out which TRICARE plans their family may be qualified to use with the TRICARE Plan Finder. Log on to www.tricare.mil/planfinder to use the Plan Finder tool. It can be completed by the sponsor or a family member. After answering a series of questions, the tool displays a list of plans beneficiaries may be eligible to use based on the responses provided. To compare plans, visit www.tricare.mil/compareplans to learn the differences between the plans available. The tool features side-by-side comparisons of the TRICARE plans to make sure beneficiaries have the information to make the best decision for their family.

To be eligible for any TRICARE plan, beneficiaries must be registered in DEERS. New members should be registered in DEERS as soon as possible, including new-



borns. It's also important to update contact information. To do this, sign into milConnect at <https://www.dmdc.osd.mil/milconnect>. Choose "My Profile," click "Update and View My Profile," make the necessary changes and press submit.

Beneficiaries must add or remove family members to

their DEERS record in person at the nearest military ID card issuing facility, however, appointments can be made online at <https://rapids-appointments.dmdc.osd.mil>. Military transitions can leave beneficiaries feeling stressed with many things to be done and no time to do them. Save some time by using TRICARE's online tools.

MACH UPDATES

MACH MAIN ENTRANCE CLOSED

The main (ground floor) entrance at Moncrief Army Community Hospital will be closed for renovation through July 31. Visitors are asked to pay attention to the signs posted for entry into the hospital and patient drop-off.

URGENT CARE HOURS CHANGE

The Urgent Care Clinic at Moncrief Army Community Hospital is now open from 6 a.m. to 10 p.m. Patients need to sign in before 9:30 p.m. Patients who need emergency care should call 911 or proceed to the nearest emergency room. Patients enrolled in TRICARE Prime who need non-emergency care can schedule an appointment online at www.tricareonline.com, call their primary care provider or call 751-CARE (2273) during regular duty hours.

IMMIGRATION EXAMS

The Department of Preventive Medicine at Moncrief Army Community Hospital provides complete immigration exams, including physical exams, tuberculosis screening, laboratory tests and immunizations for TRICARE-eligible beneficiaries. To schedule an appointment, call 751-5251.



Your health care is a click away

Moncrief Army Community Hospital Integrated Health Clinic Medical Home

With online services from Army Medicine Secure Messaging Service you can:

- Book appointments
- Request/review lab and test results
- Request medication refills
- Request a referral
- Email your doctor a question
- Schedule web visits with your doctor

It's health care that clicks.

To register for online services ask your health care team in the Integrated Health Clinic Medical Home or visit: <http://www.relayhealth.com>.

Like the Leader on Facebook.
Log on to your account
and search for "Fort Jackson Leader."

Leader deadlines

Article submissions are due two weeks before publication. For example, an article for the Jan. 30 Leader must be submitted by today.

Announcement submissions are due one week before publication. For example, an announcement for the Jan. 30 Leader must be submitted by

Jan. 23.

Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

PROTESTANT

- Sunday
 - 8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
 - 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
 - 9:30 a.m. Hispanic, Post Theater
 - 9:30 a.m. Main Post Chapel
 - 10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
 - 10:45 a.m. Sunday school, Main Post Chapel
 - 11 a.m. Memorial Chapel
 - 11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

- Monday
 - 7 p.m. Women's Bible study (PWOC), Main Post Chapel
- Tuesday
 - 9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel
- Wednesday
 - 6 p.m. Gospel prayer service, Daniel Circle Chapel
 - 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Thursday
 - 11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

Protestant Youth of the Chapel

- Saturday
 - 11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)
- Sunday
 - 5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

- Monday through Thursday

11:30 a.m. Mass, Main Post Chapel

- Sunday
 - 7:30 a.m. Confessions, Solomon Center
 - 8 a.m. IET Mass, Solomon Center
 - 9:30 a.m. CCD (September through May), Education Center
 - 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
 - 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
 - 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
 - 11 a.m. Mass (Main Post Chapel)
 - 12:30 p.m. Catholic youth ministry, Main Post Chapel
- Wednesday
 - 7 p.m. Rosary, Main Post Chapel
 - 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL

- Sunday
 - 8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
 - 8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
 - 12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
 - 9:30 to 10:30 a.m. Worship service, Memorial Chapel
 - 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

- Sunday

11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

- Sunday
 - 9:30 to 11 a.m. Anderson Street Chapel
- Wednesday
 - 3 to 5 p.m. LDS family social, Anderson Street Chapel
- Wednesday
 - 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Chaplain Family Life Center**
5460 Marion Ave (to the side of the POV lot), 751-4961
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318



Leader file photo

The annual Run for the Fallen was among Fort Jackson's more popular 5K events in 2013. This year's event is scheduled to take place in August.

Cool Runnings

A year of 5K races kicks off this weekend

By **WALLACE MCBRIDE**
Fort Jackson Leader

Fort Jackson has scheduled a year's worth of 5K races to help you get fit — and stay fit — in 2014.

At least one 5K event per month is scheduled to take place on Fort Jackson throughout the year, with the first slated for this weekend. The year got off to a rocky start when the first scheduled run was postponed because of inclement weather. The event is now set to begin at 8 a.m., Saturday, at Semmes Lake.

Runners and walkers are encouraged to arrive between 6:30 and 7:30 a.m. for registration, said Cindi Keene, Fort Jackson Sports Coordinator. Participants can also register before race day by calling the sports office at 751-3096.

This weekend's race is the first of 12 scheduled to take place on post in 2014.

"(The runs) draw a lot of families, as well as people who don't necessarily do a lot of walking," Keene said. "These races encourage them to get out and get a little exercise once a month, at least."



Leader file photo

December's 'Jingle Bell Run' was the post's most popular 5k of 2013.

The races are also used by runners who are training for other events, she said.

"Plus, we find people enjoy doing it once a month because they're starting to lose weight and like the physical activity," Keene said. "Our runs have increased substantially month to month. We're averaging about 200 to 250 people per race."

Last year's most popular race was December's "Jingle Bell Run," which attracted more than 400 people. The races

have become popular enough for the installation to consider creating an online registration platform for future events. Though a launch date has not been announced, Keene said online registration will become available later in the year.

Holidays also play an important role on many of the monthly races. Organizers will also be moving race locations periodically, to add more diversity to the program. Whereas this month's 5K takes place at Semmes Lake, February's "Presi-



THIS YEAR'S RACES

- Jan. 18 - New Year's 5K
- Feb. 15 - President's Run
- March 15 - St. Patrick's Day Run
- April 19 - Fun Run
- May 24 - Memorial Day Run
- June 14 - Army Birthday Run
- July 4 - 4th of July Run
- Aug. 16 - Run for the Fallen
- Sept. 13 - 9/11 Run
- Oct. 25 - Halloween Howl
- Nov. 22 - Turkey Trot
- Dec. 13 - Jingle Bell Run

dent's Run" is scheduled to take place on an all-terrain course, starting at Firebreak Road.

The "St. Patrick's Day Run" in March will see the race begin again at Semmes Lake, but lead through the pecan orchard behind Marion Street.

"Water points will be established on the courses," she said. "All you need to bring is a pair of shoes ... and a jacket, if it's cold."

Milton.W.McBride3.ctr@mail.mil

Recurring meetings

WEEKLY MEETINGS

- Alcoholics Anonymous open meeting**.....Wednesdays and Fridays, 9 to 10 a m., 9810 Lee Road., 751-6597.
- Columbia Composite Squadron (Civil Air Patrol)**.....Mondays, 6:30 p m., Owens Field, main conference room, *Tom.Alsup@gmail.com* or *www.scwg.cap.gov*.
- Helping Everyone Reach Optimum Strength**.....Tuesdays, 5 to 6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members.
- Play group**.....Wednesdays, 10 to 11:30 a m., Room 8, 5615 Hood St., for children 3 and younger, 751-9035/6325.
- Protestant Women of the Chapel**.....Mondays, 7 to 8:30 p m., and Tuesdays, 9 a m. to noon, Main Post Chapel, *jackson@pwoc.org*.
- Range control briefing**Mondays and Fridays, 1 p m., Education Center, Room 302, 751-7171.
- Sergeant Audie Murphy Club Association study hall**.....Thursdays, noon, NCO Academy conference room, *www.facebook.com/FJSAMCA*.
- Toastmasters International**Wednesdays, 11:40 a m. to 12:45 p m., Main Post Chapel, 629-7696 or (910) 224-8307.
- Veterans of South Carolina**Tuesdays, 9 a m., Flying J truck stop at 5901 Fairfield Road, *VOsc@sc.rr.com*.
- Walking away stress**.....Mondays and Fridays, 9 a m., at the pecan orchard near the post office on Early Street, 751-6325.

MONTHLY MEETINGS

- 92nd Buffalo Chapter 20 DAV**Third Saturday of the month, except July and August, 11 a m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.
- Adjutant General's Corps Regimental Association, Carolina Chapter**Second Tuesday of the month, 11:30 a m. to 1 p m., NCO Club, 751-3014.
- American Legion Post 182**.....First Tuesday of the month, 6 p m., Officers' Club, 351-2333.
- American Legion Post 195**.....Fourth Thursday of the month, 7 p m., 534 Wildwood Lane, Lugoff.
- American Legion Louis D. Simmons Post 215**Fourth Sunday of the month, 5 p.m., 2432 Chappelle St., 765-0175.
- American Legion Riders Motorcycle Group (ALR Chapter 195)**Second Tuesday of the month, 7:30 p.m., American Legion Post 195, 534 Wildwood Lane, Lugoff, 699-2598 or *alrpost195@gmail.com*.
- American Legion Riders Motorcycle Group**Third Thursday of the month, 7 p m., American Legion Post 6, 200 Pickens St., 360-3830.
- Better Opportunities for Single Soldiers**.....First and third Wednesday of the month, 11:45 a m. to 12:45 p m., Single Soldier Complex, Building 2447, 751-1148.
- Better Opportunities for Single Soldiers Adopt-A-School program**Second Wednesday of the month during the school year, 11:30 a m. to 1 p.m., meeting at the Single Soldier Complex, Building 2447, for transportation to Forrest Heights Elementary School, 751-1148.
- Combat Vets Motorcycle Association**Third Sunday of the month at noon, (774) 451-7504, e-mail *armyaguair@yahoo.com* or visit *www.combatvet.org*.
- Disabled American Veterans Chapter and Auxiliary, Woodrow Wilson Chapter #4**Second Monday of the month (September through June), 6 p m., 511 Violet St., West Columbia, 467-8355 or *gblake12@sc.rr.com*.
- Fleet Reserve Association Branch and Unit 202**.....Third Tuesday of the month, 12:30 p.m., 2620 Lee Road, 647-0040 or *turner6516@gmail.com*.
- Fort Jackson Bass Club**.....First Monday of the month, 7 p m., Joe E. Mann Center, *www.jacksonanglers.com*.
- Fort Jackson Homeschoolers**Second and fourth Tuesday of the month. For time and location, call 419-0760 or email *johnlazzi@yahoo.com*.
- Gold Star Wives, Palmetto Chapter**Second Sunday of the month, 3 p m., Moncrief Army Community Hospital, Third Floor conference room, 695-5345.
- Ladies Auxiliary Louis D. Simmons Post 215**.....Fourth Sunday of the month, 3 p.m., 2432 Chappelle St., 765-0175.
- Ladies Auxiliary VFW Post 641**.....Second Sunday of the month, 3 p m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Ladies Auxiliary VFW Post 4262**.....Second Sunday of the month, 5 p m., 5821 North Main St., 754-1614.
- MEDPROS training**Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. E-mail *Erica.Aikens@amedd.army.mil*.
- National Federation of Federal Employees**Second Tuesday of the month, 11:30 a m., 4405 Forney St., first floor, 751-2622.
- National Active and Retired Federal Employees Chapter 87**Second Friday of the month, 11:30 a m., Seawell's, 1125 Rosewood Dr., *kathrynhensley@hotmail.com* or *gilltinelc803@aol.com*.
- Purple Heart #402**Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.
- Retired Enlisted Association**Third Friday of the month, 5:30 p m., Moncrief Army Community Hospital, third floor, 740-2319 or e-mail *jrodgers11@sc.rr.com*.
- Seabees**Second Monday of the month, 7 p m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.
- Sergeant Audie Murphy Club Association**First Tuesday of the month, noon, NCO Club, *www.facebook.com/FJSAMCA*.
- Sergeants Major Association**.....Last working Thursday of the month, 4:30 p.m., Magruder's Pub, 338-1904, *William.huffin@us.army.mil*.
- Society of American Military Engineers**.....Fourth Thursday of the month, 11:30 a m., 254-0518 or 765-0320.
- SWAMPFOX Warrant Officer Association**First Thursday of the month, 11:30 a m. to 12:45 p m., Officers' Club, *johnny.myers@us.army.mil*.
- The Rocks Inc., James Webster Smith Chapter**.....Third Tuesday of the month, 6 p.m., Post Conference Room.
- Veterans of Foreign Wars Gandy-Griffin Post 4262**.....Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.
- Veterans of Foreign Wars Post 641**.....Second Monday of the month, 7:30 p m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Veterans of South Carolina**First Tuesday of the month, 7 p m., Reflection Club House at 2 Cassia Ct., *VOsc@sc.rr.com*.
- Victory Riders Motorcycle Club**.....First and third Thursday of the month, 5 p m., Magruder's Club. E-mail *sec@fvictoryriders.com*.
- Vietnam Veterans of America Chapter 303**Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.
- Weight Loss Surgery Support Group**Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.; Second Monday of the month, 6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

To submit a recurring meeting, email the name of the group, when and where the meeting takes place and contact information to *fjleader@gmail.com*.