

THURSDAY, MAY 29, 2014

THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON / COLUMBIA
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COLD CASE

DES DEPUTY REVISITS 42-YEAR-OLD MYSTERY

PAGE 3

MISSING



What he might look like today.

Missing Since: **Apr 23, 1972**

Missing From: **Fort Jackson, SC**

DOB: **Mar 19, 1963**

Age Now: **51**

Sex: **Male**

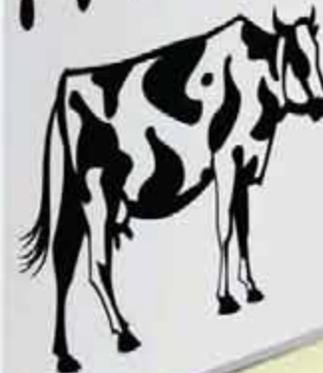
Race: **White**

Hair Color: **Blonde**

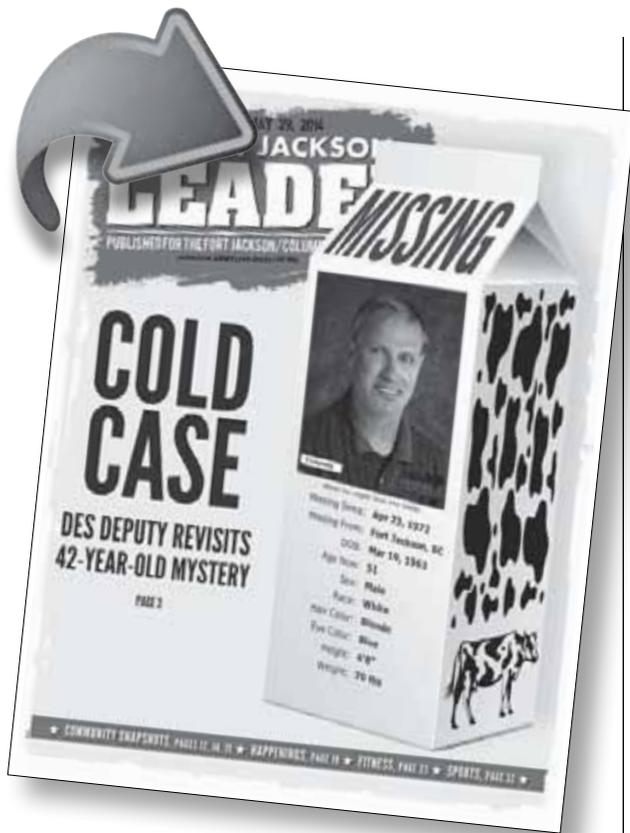
Eye Color: **Blue**

Height: **4'8"**

Weight: **70 lbs**



NEWS



ON THE COVER

Photo illustration by WALLACE McBRIDE

The case of a missing boy who disappeared from Fort Jackson 42 years ago was reopened by Military Police. **SEE PAGE 3.**



Photo by DAVID SHANES

Retiring from service

Fifteen Soldiers and DA civilians are honored in Tuesday's Retirement Review at the Post Theater. The retirees are Mary Jones; Col. Mona Henry Bennett; Sgt. 1st Class Roger Acco; Sgt. 1st Class Colin Gilman; Col. Lawanda Holliman; Lt. Col. James Galluzzo III; Sgt. 1st Class Daniel Garvito; Sgt. 1st Class Christopher Garza; Lt. Col. Steven Wright; Maj. Erik Booker; Master Sgt. Natanael Lebron; Sgt. Maj. Roscoe Gudger Jr.; Maj. Maria Lindsey; Maj. Brian Gaddis; and Capt. Marshall Farris.

THE FORT JACKSON LEADER

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MISSING



missingkids.com

HELP BRING ME HOME

NCMEC: 604941

Michael Woodward



Missing Since: **Apr 23, 1972**
 Missing From: **Fort Jackson, SC**
 DOB: **Mar 19, 1963**
 Age Now: **51**
 Sex: **Male**
 Race: **White**
 Hair Color: **Blonde**
 Eye Color: **Blue**
 Height: **4'8"**
 Weight: **70 lbs**

Age Progressed



The picture on the right is a composite of what Michael may look like at 50 years old. He was last seen playing in the yard of his home on April 23, 1972. Michael was wearing brown striped pants and blue tennis shoes. Michael sustained an injury which may have left him blind in his left eye.

DON'T HESITATE!

CALL 911 or
 1-800-843-5678 (1-800-THE-LOST®)

ANYONE HAVING INFORMATION SHOULD CONTACT

Fort Jackson Army Base Military Police (South Carolina)
 1-803-751-1418

Case handled by



Follow us twitter.com/missingkids facebook.com/missingkids

Graphic by the NATIONAL CENTER FOR MISSING AND EXPLOITED CHILDREN

Michael Woodward disappeared from the Fort Jackson housing area in 1972. His case was reopened by the Fort Jackson Military Police.

Where is Michael Woodward?

MPs reopen case of boy who disappeared 42 years ago

By **SUSANNE KAPPLER**
 Fort Jackson Leader

What started out as an ordinary spring Sunday on Fort Jackson ended up as a day shrouded in mystery that still occupies hearts and minds 42 years later.

On April 23, 1972, Maj. Joe Woodward, then the staff judge advocate on post, was mowing the grass outside his home in the officers' housing area. His 9-year-old son, Michael, was playing outside nearby. At some point, just before noon, Michael disappeared without a trace. The case of the missing boy attracted widespread media attention, but despite the efforts of local and national law enforcement agencies, Michael was never found and the case went cold.

Forty-two years after Michael's disappearance, the case is open again because of the perseverance of two former investigators and the insistence of Patrick O'Connor, deputy director for emergency services.

O'Connor said he first came across the case after hearing about it from the former case investigator and another former law enforcement officer who is volunteering to review cold cases with the Richland County Sheriff's Department.

"I started reviewing the case file on my own and working with the former investigator and ... the cold case investigator and just started building theories. And we've done a few things along the way," O'Connor said.

After five years of reviewing the file in his spare time, O'Connor received permission from Fort Jackson commanders to reopen the case, which allowed him to enlist the help of Military Police Investigator Carlos Monday. O'Connor was able to get the case listed on the National Crime Information Center database and with the National Center for Exploited and Missing Children, which means that the case is visible to law enforcement agencies across the nation.

Michael's parents are no longer alive, but investigators have been working with other family members who remain hopeful about getting closure.

"Investigator Monday and I went to Greer, South Carolina, where Michael's uncle currently lives, and took a DNA sample from his uncle," O'Connor said. "Then the National Center for Missing and Exploited Children coordinated with the sister, who lives in Texas and did some DNA testing with her. So now there's a DNA profile in the system. So, if we ever find any remains or a person who we think might be Michael, we could test that."

O'Connor said that, to his knowledge, Michael is the only missing person in the history of Fort Jackson. He said he hopes that people who were on or near Fort Jackson at the time still remember the case.

"It was a pretty significant event, even though the amber alert system didn't exist back then," O'Connor said. "But for the installation it was a pretty significant event."

After the boy was reported missing, a massive search was conducted. The search party included more than 400

Soldiers; volunteers on horseback, on motorcycles and in jeeps; and three helicopters from the 498th Medical Unit and the Fort Jackson Aviation Division.

"(The case) stays on my mind. Almost every day I'm thinking about it," O'Connor said. "I still want to get (the information about the case) out there and see who can help us or if there's anybody (with information) — somebody's mother told a story or somebody's uncle passed the story on or even somebody who's still alive who used to work here or went to school with Michael."

Monday said he hopes the popularity of TV shows about cold cases might revive the public's interest in the case.

"(Because of) TV and modern television shows some of these cold case files are very intriguing. The public has an interest in them that maybe wasn't there 20 years ago," Monday said.

He said he encourages everyone with any information about the case to come forward. Tips may be submitted anonymously.

"Just one phone call could change everything," Monday said. "No matter how insignificant (people) think something might be that they know about it, it's not insignificant to us for solving the case."

Anyone with information about the disappearance of Michael Woodward should call the Fort Jackson Military Police at (803) 751-1418, the National Center for Missing and Exploited Children at (800) THE-LOST (843-5678) or Midlands Crimestoppers at (888) CRIME-SC (274-6372).

Susanne.Kappler1.ctr@mail.mil



Photo by WALLACE McBRIDE

A team of developers with the Soldier Support Institute is responsible for translating Field Manual 7-22 into an interactive mobile app for Army Physical Readiness Training. Pictured are (front row, from left) Keri Boyce, Julie Prickett, Michelle Irick, (back row, from left) J.J. Dunlap, Denver Hunter, Eric McDaniel and Josh Bailey. Not pictured are Briseth Neal, Kevin Johnson, Trevor Shake and Holly Stiles.

SSI team develops interactive APRT app

By WALLACE McBRIDE
Fort Jackson Leader

An interactive mobile app being used by the Master Fitness Trainer Course was developed here at Fort Jackson.

The app is a digital translation of Field Manual 7-22, a publication that spans more than 400 pages detailing the core requirements of Army Physical Readiness Training. The print edition of FM 7-22 is accompanied by online supplements, a strategy which was cutting edge several years ago, but has gradually grown more cumbersome in recent years.

“TRADOC requested a proponent-approved app for the Physical Fitness School that mirrored FM 7-22,” said Steve Northrop, Education Technology Branch chief of the Soldier Support Institute. “It’s very specific in that it follows FM 7-22 to a tee. There are no modifications to it.”

The Master Fitness Trainer Course certifies Soldiers who then serve as physical fitness advisers to unit commanders. Although TRADOC was satisfied with the information used to train these Soldiers, command was interested in creating a mobile application which would make information in the field manual available anywhere.

FM 7-22 was initially made available as a digital download in the PDF format — a file that was once 158 megabytes in size, Northrop said. Although the document was portable on mobile devices, it still provided no features beyond that of



Screen shot

Developers with the Soldier Support Institute created an app that teaches the ins and outs of Army Physical Readiness Training.

the print edition.

“And that was just a PDF, so you had to scroll through pages of text,” said Keri Boyce, an IMI training developer for Logistics Systems Inc., a contractor for the Education Technology Branch of the SSI. “With an app, it’s organized in a way that you can find what you want by touching (the screen) as opposed to wading through a PDF.”

The concept behind the mobile app is

to make the FM 7-22 available to Soldiers in the field and classroom in a dynamic, practical manner to fully familiarize them with the manual’s exercises, drills and training schedules in a way that meets individual needs.

In addition to being a faithful recreation of the field manual, the app is accompanied by enhancements that cannot be included in any print publication. Among those is a metronome feature,

which allows Soldiers to properly pace themselves during workouts.

“What Soldiers used to have were videos on a disc, or videos on YouTube,” Northrop said. “We took all of those videos, put them under a Vimeo account for the Master Fitness Training Course and linked (the app) to the videos.”

Boyce said those videos had previously not been made publicly available.

“If you were taking a master fitness class, that was the only time you would see the videos,” she said. “Now, Soldiers can access them from wherever as long as they have an Internet connection.”

“And you can see how the exercises are done correctly,” Northrop said. “The videos are from the Master Fitness Training Course, so (the people in the videos) know exactly what the repetitions look like.”

The app also includes training schedules, an APFT Score calculator, the official Army Body Composition Calculator and a run timer.

Since its launch in April, 2013, the Army PRT has been downloaded 70,000 times. It is a free download and available for most mobile platforms.

Although the information hasn’t changed, the app has continued to shrink since its launch, as well. It is now down to 28 megabytes.

“The goal was to keep the app small enough that people would want to keep it on their device, but keep all of the information in the app,” Northrop said.

Milton.W.McBride3.ctr@mail.mil



Courtesy photo

Outgoing and incoming VolunTeen leaders are honored during the program's end-of-year recognition ceremony May 17.

VolunTeens recap year's activities

From the Fort Jackson American Red Cross

The Fort Jackson Red Cross VolunTeens program conducted its end-of-year recognition ceremony May 17. Outgoing leaders received a red rose; incoming leaders received a yellow rose.

The following youth volunteers were honored for their service:

- Tatiana LeGrand, outgoing VolunTeen president;
- Megan Reardon, outgoing vice president and incoming president;
- Phillip Lyew-Daniels, incoming vice president;
- Ava Medina, outgoing secretary;
- Alyssa Shields, outgoing reporter/historian; incoming secretary 1;
- Chanse Sonsalla, incoming secretary 2.

The Fort Jackson Red Cross recognized the dedication and commitment of all VolunTeens. The VolunTeens is a unique military service organization that promotes the Red Cross mission. It comprises 34 teens, ranging from 13 to 18 who attend several different middle school, high school and home school programs. They represent a diverse cross section of the local military and civilian communities.

The school year VolunTeen program runs from September to May. The volunteers meet Tuesday evenings and conduct a service project one Saturday per month. Collectively, the VolunTeens tallied more than 1,000 service hours last year. The teens gained experience and supported the local communities by participating in a variety of events. Events included:

- September: Health promotion event — influenza prevention;

- October: Fire safety event at the Fort Jackson Directorate of Emergency Services;

- November: USO fundraising event — Runway Fun Run and 5K at Columbia Metropolitan Airport;

- December: Holiday tree lighting event at Fort Jackson;

- December: Gift wrap fundraiser at Fort Jackson;

- February: Military appreciation event — “Valentines for Vets” at Dorn VA Hospital;

- March: Disaster preparedness event at the St Patrick's Day Parade in Five Points;

- March: Health training event — baby sitter certification training;

- April: Red Cross information booth at the Columbia International Festival;

- May: South Carolina Special Olympics support, olympic village activities.

ACS counselors provide financial checkup

The key to avoiding financial disaster is knowing when to ask for help. For many, that means waiting until the pressure is unbearable. Instead of feeling overwhelmed in a reactionary mode, become proactive and seek assistance at the earliest signs of financial distress. If you answer "yes" to any of these questions, I'm talking to you:

- Do you use your credit cards to pay for basic necessities (food, gas, etc.) or inexpensive items because you do not have the available cash?
- Do you pay the minimum balances on your credit cards?
- Do you have more than four credit cards?
- Do you hide purchases or the true cost of items from your spouse or significant other?
- Is your current financial situation the root cause of arguments with your spouse or significant other (discussions about bills become arguments)?
- Do you rely on others for financial assistance when you get into a financial bind?
- Are you juggling your bills (pay this one now then pay the other next month)?
- Are your credit cards maxed out or over the limit?
- Are you receiving phone calls or letters about delinquent bills?
- Do you dip into your savings or investment accounts to pay bills?

One of the key components that may lead to financial downfall is pride. Many times we may say, "I've been managing for years," or, "What can they teach me that I don't already know?" or, "It's embarrassing," or, "I don't want anyone to know my personal business."

Instead of looking at the negative aspects, think of it as a financial checkup similar to a visit to the dentist. You probably don't enjoy someone probing in your mouth or

FINANCIAL ADVICE

By SHAWN SMITH
Army Community Services
Financial Readiness

that unpleasant drilling sound, but if you do not take care of the issue now, think of the trouble you will have later. The same concept applies to finances — what you fail to do today will only lead to misery later.

What does a financial counselor do? One of the first things a financial counselor does is a budget, which provides an assessment of the client's current financial picture. Financial counselors also need a clear understanding of the client's short-, medium- and long-term financial goals to determine the best possible solutions to allow him or her to achieve those goals. Once the counselor has all the information, the review of the information begins.

The first item a financial counselor review is the client's surplus or deficit. The second item to look at is the debt-to-income ratio, which tallies monthly debt payments (auto loan, credit cards, personal loans, student loans, etc.; does not include mortgages) and monthly net pay (all income minus taxes). Next are the ideal spending guidelines. This typically allows financial counselors to focus on specific spending areas.

Once the initial review is complete, the counselor will work with the client to develop a plan of action to begin working on the client's goals and schedule a follow-up appointment.

The follow-up appointment may consist of reviewing spending in order to update the budget, pulling and re-



viewing credit reports and addressing any other miscellaneous finance-related issues.

The financial counselor's goal is to get the client's finances stabilized (present), improve his or her credit report/score (past) and help the client achieve his or her financial goals and dreams (future).

Call Army Community Services at 751-5256 to schedule an appointment with a financial counselor. Appointments are confidential.

News and Notes

DINNER WITH DAD

Fort Jackson fathers are invited to have dinner with their children (preschool through sixth grade) from 6 to 8:30, today at C.C. Pinckney Elementary School. The Saint John's puppet crew will provide entertainment. For more information and to register, call 751-6325 or email charles.g.lewis4.civ@mail.mil.

VCSA FACEBOOK TOWN HALL

Vice Chief of Staff of the Army Gen. John Campbell is hosting a town hall meeting on Facebook today from 11 a.m. to noon. The meeting's theme is, "Soldier for life." To participate, visit www.facebook.com/vcsajohnccampbell.

HERITAGE MONTH OBSERVANCE

Fort Jackson will celebrate Asian American/Pacific Islander Heritage

Month with a luncheon from 11:30 a.m. to 1 p.m., May 30 at the NCO Club. This year's theme is "I Am Beyond!" The guest speaker will be Lt. Col. Michael Quitania, commander of the 3rd Battalion, 13th Infantry Regiment. Tickets cost \$10.50 and can be purchased through brigade equal opportunity advisers, unit equal opportunity leaders and the Equal Employment Opportunity Office. For more information, call 751-8863/2990.

ARMY BALL SCHEDULED

Fort Jackson will celebrate the Army's 239th birthday with a ball June 21 at the DoubleTree by Hilton. Social hour will begin at 5 p.m. Tickets cost \$50. Child care will be available at the Hood Street Child Development Center. For tickets, contact your unit representative. To register for child care, call 751-1970.

Information subject to change.

Reel Time Theaters

We're saving a seat for you.

Ft. Jackson Movie Schedule

PH (803)751-7488

Adult \$5.50/Child (6-11): \$3.00

3D: Adult \$7.50/Child (6-11): 5.00

3319 Jackson BLVD

Ticket sales open 30 minutes prior to each movie

Movie times and schedule are subject to change without notice

Saturday May 17
Oculus (R) 1300
Need for Speed (PG-13) 1600

Sunday May 18
Mr. Peabody and Sherman (PG) 1300
Heaven is for Real (PG) 1600

Wednesday May 21
Heaven is for Real (PG) 1300
Draft Day (PG-13) 1600

Friday May 23
Mr. Peabody and Sherman (PG) 1900

Saturday May 24
Draft Day (PG-13) 1300
Transcendence (PG-13) 1600

Sunday May 25
Captain America: Winter Soldier (PG-13) 1300

Wednesday May 28
Son of God (PG-13) 1300
Transcendence (PG-13) 1630

Friday May 30
Rio 2 (G) 1900

Saturday May 31
Studio Appreciation Advance Screening – Free Admission – Rated (PG-13) 1400.
Edge of Tomorrow

Advertising in the Leader

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For display ads, call Betsy Greenway at 432-6157 or email bgreenway@chronicle-independent.com.



Photos by DAVID SHANES, command photographer

Brig. Gen. Bradley Becker, right, Fort Jackson's commanding general, and Post Command Sgt. Maj. William Hain, center, lay down a Memorial Day wreath at the Fort Jackson National Cemetery Monday. Memorial Day is a federal holiday to commemorate those who have died while serving the nation.

Remembering those who gave all



Above, Brig. Gen. Bradley Becker, Fort Jackson's commanding general, pays his respects to the fallen at Fort Jackson National Cemetery Monday. Right, each headstone at the cemetery is marked with an American flag in celebration of Memorial Day.



Photo by LATALYIA QUTAISHAT/C.C. Pinckney student



Photo by WALLACE McBRIDE

Students at C.C. Pinckney Elementary School create a 'Living Museum' in the school's hallways last Friday, portraying people, characters and professions from throughout history. Above, 'lawyer' Chris Cox, 12, pals around with 'Apollo,' played by Riley Stevenson, 11. Left, Meadow Novotny, 12, portrays the goddess Hera.

History comes to life

Students stage 'Living Museum' in halls of C.C. Pinckney



Photo by WALLACE McBRIDE



Courtesy photo

Students at C.C. Pinckney take turns throughout the day Friday wearing costumes and masks as part of the 'Living Museum' exhibit. As other students toured the halls, the museum participants presented brief histories of their topics, which included people such as the musician Prince, Sacagawea, professional football player Tom Brady, and sports coach James Naismith, above right.

165th families experience BCT



Courtesy photos

The 165th Infantry Brigade conducts its annual 'John & Jane Wayne Day' for families and friends of the brigade's battalions and Headquarters and Headquarters Company cadre May 17. Family members had the opportunity to share in the experiences of their service members and conduct various activities that Soldiers go through in Basic Combat Training. More than 250 spouses, children and friends rappelled off Victory Tower, ran the Fit-to-Win obstacle course, shot an M4 rifle and threw practice grenades. The day ended with a barbecue for the families at Twin Lakes.



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Courtesy photos

Book float parade

Third graders with C.C. Pinckney Elementary School participate in a book float parade May 21 at the school's gymnasium. The students decorated a shoe box to look like a float in a parade. The floats featured a scene from a recently read book or the book's general theme such as plants, pioneers or horses. The students started the parade in the gym and then walked the book floats through the hallways of the school.



Job well done

Four Soldiers are honored by the post's Reserve Liaison Office for their outstanding support to the Army Reserve and Army National Guard liaison team at Fort Jackson in a ceremony May 22 at the 193rd Infantry Brigade headquarters. From left, Spc. Jeannine Valencia, Moncrief Army Community Hospital; Spc. Wendolin Council, 193rd Infantry Brigade; Staff Sgt. Sean Jeffers, Company F, 3rd Battalion, 13th Infantry Regiment; and Staff Sgt. Cedric Dean, Company E, 3-13th, receive certificates of achievement.

Photo by WALLACE McBRIDE

Sign up, save with Thrift Savings Plan

By **ABIGAIL REID**

Federal Retirement Thrift Investment Board

The Thrift Savings Plan is a retirement savings plan that you can keep no matter where your career takes you. Below are answers to some common questions about signing up for the TSP, how to keep your information current, and about your investment options.

HOW DO I SIGN UP FOR THE TSP?

Log into myPay. Click on the TSP section.

Then you can make a contribution election. A contribution election tells your service how much of your pay you want to contribute to your TSP account, and if that money should be considered pre-tax (traditional) or after-tax (Roth).

When you make traditional contributions, you don't pay taxes on your contributions and their earnings until you withdraw them. You can choose any percentage of your basic pay to make traditional contributions.

When you make Roth contributions, you pay taxes on your contributions as you make them. You can choose any dollar amount from your basic pay to make Roth contributions.

While you are in the TSP section of myPay, don't forget to enter your birth date and current mailing address. The "Correspondence Address" section of myPay will not update your information with the TSP. It's crucial that you keep your mailing address up-to-date to receive important TSP account information.

HOW DO I ACCESS MY TSP ACCOUNT?

After you sign up for your TSP account in myPay, the TSP will mail an online password to the address the TSP has on file. Use this password with your TSP account number when you log into the "My Account" section of tsp.gov.

You will also receive a ThriftLine Personal Identification Number, or PIN, in the mail shortly after you sign up for the TSP. You'll need this PIN to access your account information and perform certain transactions on the ThriftLine, the TSP's automated telephone service. Your ThriftLine PIN is not the same as your myPay PIN.

WHERE DO I FIND MORE INFORMATION ABOUT INVESTING MY TSP CONTRIBUTIONS?

Try starting in the "Planning & Tools" section of tsp.gov. The section includes information about investment strategy as well as questions to ask yourself before you make your decision. Then visit "Investment Funds," where you will find an overview of all of the TSP funds, including the Lifecycle funds, or L Funds, which take away a lot of the investment guesswork. To invest in the L Fund that's right for you or to choose your own investment mix of the TSP's five individual funds, log into My Account.

ARE ROTH TSP AND ROTH IRA CONTRIBUTIONS THE SAME THING?

No. There are some important differences between

You signed up to serve.

NOW sign up to save.

It's as easy as TSP.

Go to myPay.

THRIFT SAVINGS PLAN
YOUR PLAN • YOUR FUTURE

Roth TSP and Roth IRA contributions:

- Roth TSP contributions are available to all participants regardless of income; however, Roth IRAs are not available to taxpayers with income above certain IRS limits.
- Your contribution limit for the TSP is \$17,500 in 2014 (\$23,500 if you are 50 or older); your contribution limit for a Roth IRA is \$5,500 for 2014 (\$6,500 if you are 50 or older).
- Your Roth TSP contributions can be rolled into another

eligible Roth employer plan or Roth IRA; Roth IRAs can only be rolled into another Roth IRA. Be aware that Roth IRAs cannot be rolled into your Roth TSP account.

■ Roth TSP contributions are subject to required minimum distributions, or RMDs; Roth IRAs are not subject to RMDs until the account owner dies.

For more information visit tsp.gov or call the ThriftLine at 1-TSP-YOU-FRST. Check out the TSP YouTube channel, TSP4gov. Follow the TSP on Twitter [@tsp4gov](https://twitter.com/tsp4gov).



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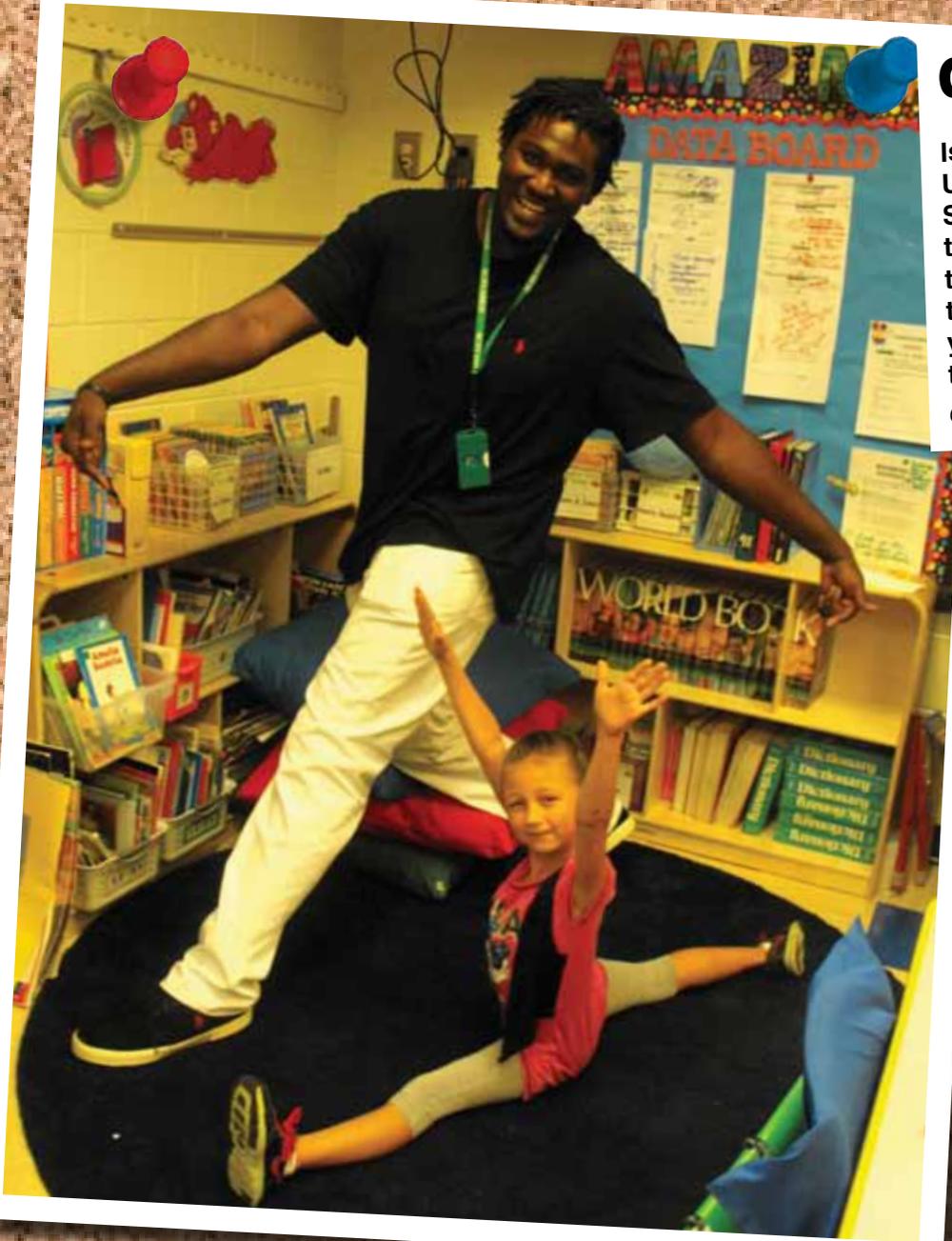
www.twitter.com/fortjacksonpao



Staying in

Two drill sergeants with Company A, 120th Adjutant General Battalion (Reception) re-enlist during a ceremony at the unit May 15. Above, Staff Sgt. Jason Boucher is re-enlisted by his company commander, Capt. Johanna Johnson. Boucher has been with the unit since August. He will move to Fort Bragg, N.C., in August. Left, Staff Sgt. Jaime Augustine is re-enlisted by her mentor, Capt. Joe Madison, commander of Company E, 2nd Battalion, 13th Infantry Regiment. Augustine has been with the unit since December. She will move to Fort Riley, Kan., in September.

Courtesy photos



Guest reader

Isaac Thomas Harris III, an offensive tackle with East Carolina University, visits third graders at C.C. Pinckney Elementary School, May 16. Harris read stories to the children; awarded them with 'pirate's gold' for answering questions correctly; talked about bullying, staying in school and listening to their teachers; and signed autographs. It was Harris' third year visiting Pinckney where his aunt, Erika Jackson, is a teacher. He is pictured with third grader Charity Dumar.

Courtesy photo

Dining in

Soldiers with Company A, 120th Adjutant General Battalion (Reception) are having a good time at the battalion's dining in.

Courtesy photo



Commissary to offer healthy lifestyle festival

By **KEVIN ROBINSON**

Defense Commissary Agency

FORT LEE, Va. — The Defense Commissary Agency will unveil the Your Healthy Lifestyle Festival June 6 through July 6 at 236 installations worldwide. The Fort Jackson event is scheduled for June 26-28.

This inaugural event will allow patrons to see discounted prices on produce at commissary farmers markets, savings on workout equipment at exchanges and fitness events hosted by base morale, welfare and recreation activities.

With the theme “Shop Healthy! Eat Healthy! Be Healthy!,” the festival reinforces the health and wellness goals of the military community, said DeCA Director and CEO Joseph Jeu.

“We all have a vested interest in helping service members and their families improve their health and wellness,” Jeu said. “Together, the synergy of military resale makes the installation the No. 1 destination for collaborative events such as the Your Healthy Lifestyle Festival.”

The festival combines commissary farmers markets, exchange sidewalk sales, MWR fitness events, demos, music, free nutritious food samples, prize giveaways,



discount coupon offers, health and wellness information and children’s programs.

It’s no coincidence that health and wellness is a dominant theme, especially as the Department of Defense continues to roll out its Healthy Base Initiative. HBI is a project of DoD’s Operation Live Well, an initiative to boost the nutrition and fitness of service members, retir-

ees, their families and military civilians.

“There’s a special ‘take care of our own’ mentality about military communities, and this festival embodies the best of that philosophy,” said DeCA Sales Director Randy Chandler. “Whenever commissaries, exchanges, MWR services and our industry partners collaborate like this, our customers benefit the most.”

For DeCA, the Lifestyle Festival also gives the commissary agency an opportunity to showcase its worldwide farmers market program, an event that has offered plenty of tasty fruits and vegetables for the past three years, Chandler said.

“Our commissary associates and industry partners work hard to offer quality, healthy fruits and vegetables,” Chandler said. “The creativity, imagination and excitement of the farmers markets, combined with the Exchange sales and the MWR fitness events, will make this festival something our military customers cannot afford to miss.”

A schedule listing installations and dates can be found on the DeCA website at www.commissaries.com/healthy-lifestyle-festival.cfm. Commissary patrons should also check the individual store Web pages for more information on farmers market dates and other scheduled events.

ARMY BALL SCHEDULED

Fort Jackson will celebrate the Army’s 239th birthday with a ball June 21 at the DoubleTree by Hilton.

Social hour will begin at 5 p.m. Tickets cost \$50.

Child care will be available at the Hood Street Child Development Center.

For tickets, contact your unit representative.

To register for child care, call 751-1970.



Calendar

Today

Carolina Maude Foundation Golf Tournament

1:30 p.m., Fort Jackson Golf Course
For more information, call 767-6545.

Friday

Adjutant General's Corps Regimental Hall of Fame induction

10 a.m., Soldier Support Institute auditorium

Friday

Asian American and Pacific Islander Heritage Month luncheon

11:30 a.m., NCO Club

Friday, June 27

Victory Thunder motorcycle rally

9:30 a.m., Hilton Field

Announcements

CHILD RESTRAINT SAFETY CHECK

The Directorate of Emergency Services will conduct child restraint safety checks from 10 a.m. to 2 p.m., June 5 at Semmes Lake. The safety checks are free.

YOUTH FOOTBALL CAMP

Washington Redskins wide receiver Andre Roberts will conduct a football camp at the Youth Sports Complex for military children June 21 and 22. The camp is open for students in kindergarten through eight grade. The first 100 campers to complete registration forms will be accepted. For more information, call 751-7451.

WILDERNESS ESCAPE VBS

The Main Post Chapel will host a summer family event called "Wilderness Escape: Where God Guides and Provides." The event is scheduled from June 16-20 at the Main Post Chapel. Children and adults participate at the Israelite camp, sing songs, play team building games, dig into Bible-time snacks and participate in other activities. Camp runs from 9 a.m. to noon every day. For more information, call 751-6681.

CIF CLOSURE

The Central Issue Facility will be closed June 9-13 for its annual inventory. During this time, CIF will only accept emergencies.

YOUTH VOLUNTEERS SOUGHT

The Fort Jackson Red Cross is accepting summer youth volunteer applications for 14 to 19 year olds. Preference for volunteer positions at the hospital is given to students interested in a career in the health care field. Administrative positions are also available.

Volunteers typically work each day from early June until the beginning of August for 20 hours per week. For more information, call 751-4329.

LAW SCHOOL FOR OFFICERS

The Office of the Staff Judge Advocate General is accepting applications for the Army's Funded Legal Education Program. The program is open to commissioned officers in the rank of second lieutenant through captain. Selected officers will begin law school in the fall of 2015. For more information on eligibility requirements, see Army Regulation 27-1, Chapter 14. Eligible officers interested in applying should contact the Staff Judge Advocate office as soon as possible.

AAFES HONORS VIETNAM VETS

The Army and Air Force Exchange Service will honor Vietnam War veterans Friday through Friday with a virtual Wall of Gratitude and Remembrance. Exchange shoppers may express their gratitude on the wall, and veterans may share their stories of service. For more information, visit www.shopmyexchange.com/Community/patriotfamily/.

C2RE CLASS

The Education Center will offer an accelerated Collegiate and Career Readiness Enhancement class (formerly Basic Skills Education Program) for Soldiers who wish to raise their GT score but are unable to attend a four-week course. The class will run June 2-13 from 8 a.m. to 4 p.m., Monday through Friday. For more information, call 751-5341.

SPORTS SHORTS

- Boxing smoker, 6 p.m., Saturday, Solomon Center.
- Letters of intent for intramural and recreational golf are due June 12.
- Army Birthday 5K fun run/walk, June 14, Semmes Lake
- Letters of intent for intramural and recreational softball are due June 19.

For more information, call the Sports Office at 751-3096.

COMMISSARY NEWS

■ Throughout May, Commissary shoppers may enter the "Win a Family Fourth of July in Washington, D.C." sweepstakes. For more information, visit www.commissaries.com.

■ Commissary Reward Card users may now download an Android or iPhone/iPad app to access and clip digital coupons.

100TH INFANTRY SCHOLARSHIPS

The Virginia Military Institute Foundation and the 100th Infantry Division offer two scholarship awards for qualifying Soldiers. Active duty Soldiers in the grade of E5 or E6 may pick up an education at the Education Center, Room A100.

LIFEGUARD TRAINING

The next lifeguard training class is scheduled for June 9-12. For more information, visit <https://webtrac.mwr.army.mil/webtrac/jacksonrectrac.html>.

SAT/ACT TESTING

The Education Center will administer SAT testing today and Oct. 30. ACT testing will be available July 31. Testing is available to eligible service members only. For more information and to register, call 751-5341.

THRIFT SHOP NEWS

The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

YOU MADE THE GRADE PROGRAM

Students who maintain a B average or higher can receive a special coupon booklet at the Exchange as part of AAFES' You Made The Grade program.

Information is subject to change.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events. Send your announcements to fjleader@gmail.com. Announcements are due one week before the publication date. Community announcements may be edited to comply with Leader style and Public Affairs regulations.

Housing happenings

YARD OF THE MONTH

The annual Yard of the Month program is under way. To submit a yard as a contender, to include yours, call Ericka McDaniel at 738-8275, email emcdaniel@bbcgrp.com, or call RCI Housing at 751-7567.

One winner from each neighborhood submitted will be chosen.

Visit the Self Help Center and check out lawn and garden tools that will assist you in having a beautiful yard that could be a Yard of the Month winner. The Self Help Center, located on Ivy Road, is open Monday through Friday, 8 a.m. to 4 p.m.

Monthly winners receive recognition in the *Leader*, are featured on the Balfour Beatty Communities website and in the newsletters. The grand prize winner also receives a \$50 gift card courtesy of BBC.

DRYER VENT SAFETY

As a safety precaution, dryer vents should be checked periodically for air flow and to ensure the vents are not clogged. A clean dryer vent can prevent fire and carbon monoxide poisoning and can extend the life of your dryer while saving energy. To have your dryer vent cleaned, call the service desk at 787-6416.

PARKING UPDATE

Parking continues to be a problem in many areas, especially during school drop off and pick up. Please be mindful not to park in someone else's driveway, park on people's yards or block other cars. Should you do so, parking citations will be issued which may cause you to lose the privilege of residing on post.

REFERRAL BONUS

If you are a current resident with Balfour Beatty Communities, invite a friend to live on post. When your invited friend signs a one-year lease with BBC, we will take \$500 off your next month's rent.

For more information, call 803-738-8275.

Leader deadlines

Article submissions are due two weeks before publication. For example, an article for the June 12 Leader must be submitted by today.

Announcement submissions are due one week before publication. For example, an announcement for the June 12 Leader must be submitted by June 5.

Send your submissions to FJLeader@gmail.com.

For more information, call 751-7045.



Peak Exercise Performance coming to post

A new level of group exercise training called Peak Exercise Performance will soon be coming to Vanguard Gym. Classes will begin 11:45 a.m., June 16. Evening classes are offered at 5:30 p.m. The complete lineup of classes will be available in July. For a calendar and additional information, visit www.fortjacksonmwr.com/fitness.

Peak Exercise Performance, or PEP, is about people getting in their best shape ever. The challenge meets

THE WEIGH IT IS

By PAMELA J. LONG

*Fitness programmer,
Family and Morale, Welfare
and Recreation*



participants where they are, allowing them to grow with every performance. Participants are encouraged to exercise from their level. PEP is a blend of several exercise techniques: interval, cross training, circuit training and power lifting.

This blend of exercises has often been the process necessary for results. The more multi-dimensional the training, the more effective it can be on the body. PEP recognizes that when we do the same exercises over and over we run the risk of repetitive injury. We overuse some muscles and under use other muscles.

PEP offers a Performance of the Day, or POD, so the body does not get accustomed to a routine. This also



keeps the workouts fresh.

PEP coaches teach participants how to train harder and smarter. The POD is posted daily. PODs are designed to deliver performance workouts that effectively target all major muscle groups for maximum results from each training session.

Exercisers can participate in a performance class or

just follow the POD and fit it into their schedules. All of the exercises are easy to perform. All routines are performed on state-of-the-art equipment and conducted by coaches.

Get involved in a workout program that will change the way you look at training. Peak Exercise Performance will help you take your body to the next level.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Jason Burger
Company A
1st Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Melissa Gibson

SOLDIER OF THE CYCLE
Spc. Bradley Kostreva

HIGH APFT SCORE
Pfc. Jordan Dillahunt

HIGH BRM
Spc. Kyle Donahue



Staff Sgt. Heather Herndon
Company B
1st Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Edward Mercer

SOLDIER OF THE CYCLE
Pvt. Kelton Heinemann

HIGH APFT SCORE
Pvt. Kelton Heinemann

HIGH BRM
Pvt. David Syc



Sgt. 1st Class Christopher Lumpiesz
Company C
1st Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Christopher Johnson

SOLDIER OF THE CYCLE
Pvt. Cody Bush

HIGH APFT SCORE
Pvt. Joseph Guzman

HIGH BRM
Pvt. Stevon Walker



Staff Sgt. Brian Jones
Company D
1st Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Elizabeth Berezniak

SOLDIER OF THE CYCLE
Pvt. Diane Mendoza

HIGH APFT SCORE
Pfc. Robert King

HIGH BRM
Pvt. Juan Ortega



Staff Sgt. Jason Adams
Company E
1st Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Spc. Daniel Bentley

SOLDIER OF THE CYCLE
Spc. Claton, Carroll

HIGH APFT SCORE
Spc. Daniel Bentley

HIGH BRM
Pvt. Steven Lopez



Staff Sgt. Matthew Sitz
Company F
1st Battalion,
13th Infantry Regiment

SOLDIER LEADER OF THE CYCLE
Pvt. Richard Blount

SOLDIER OF THE CYCLE
Pvt. Leanne Werner

HIGH APFT SCORE
Spc. Colin McKenzie

HIGH BRM
Pvt. Jordan Romig



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Taken at face value?
It might not be worth much.

The Face of Indiscipline
When he was in Afghanistan, you couldn't get him to take off his helmet. He knew the enemy was capable of dropping mortars or rockets on his FOB at any time. He knew wearing his helmet was one of the greatest preventive measures he could take to stay alive. He was always thinking ahead. Now, he's back at home station. An avid cyclist, he puts about 100 miles on his bike every week. Unfortunately, now you can't get him to put on his helmet. What happened to thinking ahead?

Each year, approximately 1,000 cyclists are killed in accidents in the United States. More than half die from head injuries. Wearing a helmet is the single-most important step a cyclist can take to prevent serious injury. Think ahead.

KNOW WHAT'S RIGHT
know the signs
DO WHAT'S RIGHT

U.S. ARMY
ARMY CYCLING
U.S. ARMY CYCLING RESOURCE CENTER
<http://safty.army.mil>

ACS Calendar — June 2014

EMPLOYMENT READINESS PROGRAM

Job searching strategies for military spouses	Strom Thurmond Building, Room 222	June 11, 25	8:30 a.m. to noon	751-5256
Steps to federal employment for military spouses	Strom Thurmond Building, Room 222	June 18	9 to 11:30 a.m.	751-5256
Self-paced computer training: MS Word or Excel	TBD	June 2, 9, 10, 16, 17, 23, 30	8:30 to 11:30 a.m. or 1 to 3:30 p.m.	751-5256

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP bowling outing	Century Lanes Bowling Center	June 14	1 to 2:30 p.m.	751-5256
EFMP support group — creative journey	Joe E. Mann Center ballroom	June 19	5 p.m.	751-5256
EFMP movie outing	Regal Cinemas Sandhills	June 28	TBA	751-5256

FAMILY ADVOCACY PROGRAM

Child safety awareness initial training	5614 Hood St., Room 10	June 2	5 to 7 p.m.	751-6325
OB maternity briefing	MACH, Room 8-85	June 4, 11, 18, 25	9 to 9:15 a.m.	751-9035
Bright Honeybee Explorer play group	5614 Hood St., Room 8	June 4, 11, 18, 25	10 to 11:30 a.m.	751-9035
Stress management class	5614 Hood St., Room 10	June 5	11 a.m. to noon	751-6325
Baby basics class	5614 Hood St., Room 10	June 12	11 a.m. to noon	751-6325
Child safety awareness annual refresher	5614 Hood St., Room 10	June 16	5 to 6 p.m.	751-6325
Anger management class	5614 Hood St., Room 10	June 19	11 a.m. to noon	751-6325
Triple P Positive Parenting Program class	5614 Hood St., Room 10	June 26	10 a.m. to noon	751-6325

FINANCIAL READINESS PROGRAM

Credit report reviews	Strom Thurmond Building, Room 120	June 9, 10	8:30 to 11 a.m. and 1 to 3 p.m.	751-5256
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RELOCATION READINESS PROGRAM

In-processing/re-entry brief	Strom Thurmond Building, Room 222	Tuesday and Thursday	7:30 a.m.	751-5256
Out-processing	Strom Thurmond Building, Room 222	Monday through Thursday	3 to 3:30 p.m.	751-5256
English as a second language	2612 Covenant Road	Monday through Thursday	9 a.m. to 1 p.m.	343-2935
English as a second language	750 Old Clemson Road	June 6 through July 31	10:30 a.m. to 12:30 p.m.	736-8787
Post newcomers orientation	NCO Club	June 4	9 to 11 a.m.	751-1124
Phase II levy overseas brief	Strom Thurmond Building, Room 222	June 5, 12, 19, 26	10 to 11 a.m.	751-1124
Stateside levy brief	Strom Thurmond Building, Room 222	June 5, 12, 19, 26	11 a.m. to noon	751-1124

For more information and to register, call the phone number corresponding to the event. Information subject to change.

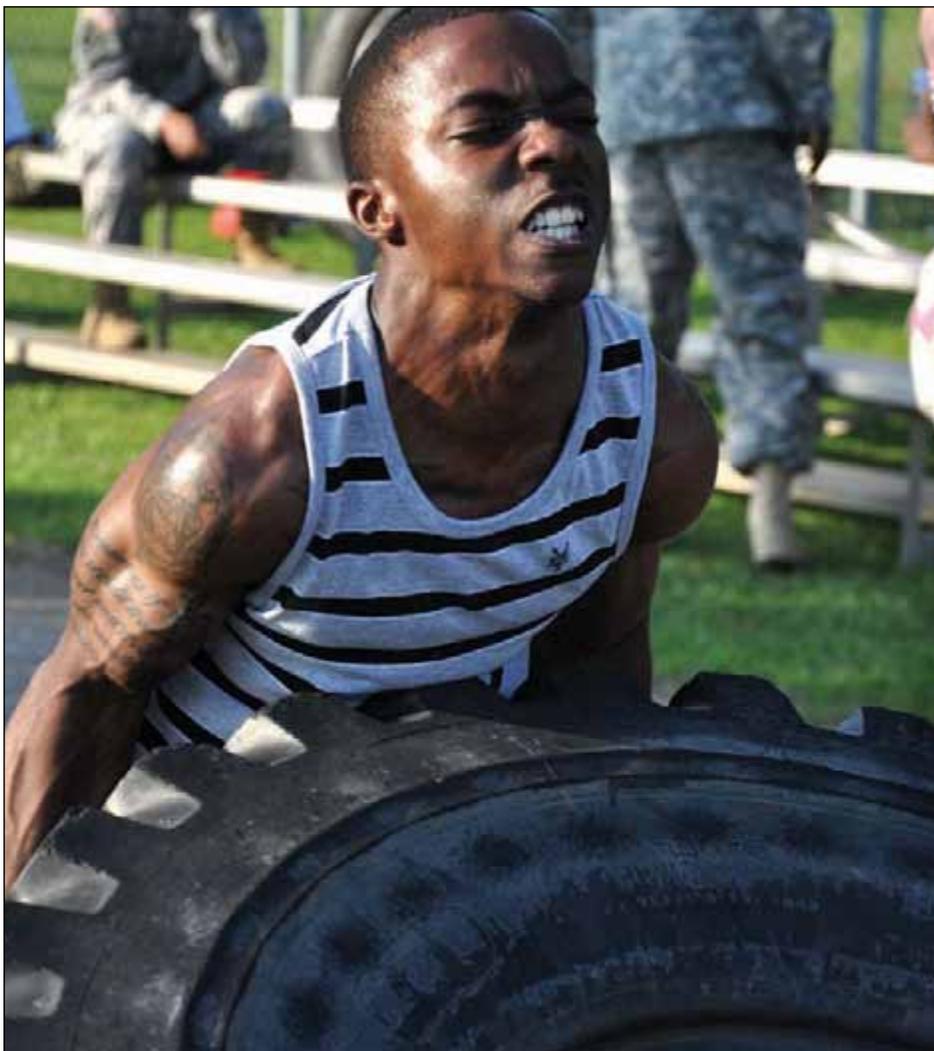


Photos by WALLACE McBRIDE

Maria Dievers, of the 17th MP Detachment/Physical Security, pulls a Humvee 100 feet during the May 17 Fort Jackson Strongman Competition at Hilton Field. Dievers took first place in the Female Lightweight Division during last week's event.

Feats of Strength

Soldiers take part in annual Strongman Competition



Adrian Hodges, U.S. Army Drill Sergeant School, competes in the tire flipping contest during last week's competition.

2014 WINNERS

MALE LIGHTWEIGHT

- 1st — Brandon Meyer, 208th MP
- 2nd — Adrian Hodges, USADSS

MIDDLEWEIGHT

- 1st — Michael Petty, 175th
- 2nd — Jonathan Romero, HQ 165th

HEAVYWEIGHT

- 1st — Antonio Green, 1/13th
- 2nd — John Larkin, 4/10th

SUPER HEAVYWEIGHT

- 1st — Joshua MacNary (Overall Male), 2/39th
- 2nd — Orlando Soto, 2/39th

FEMALE LIGHTWEIGHT

- 1st — Maria Dievers, 17th MP
- 2nd — Seanna Jardin, TSB

MIDDLEWEIGHT

- 1st — Lauren Hebrank, 2/39th
- 2nd — Amanda VanDuynHaven, 2/39th

HEAVYWEIGHT

- 1st — Melissa Comiskey, TSB
- 2nd — Hanna Moorscoudle, 1/13th

SUPER HEAVYWEIGHT

- 1st — Marilyn Rattler (Overall Female), 2/39th



Michael Petty, of the 175th Support and Maintenance Company prepares to run while carrying a 100-pound weight in the shape of South Carolina during one of last week's timed challenges.

W O R S H I P
SCHEDULE

PROTESTANT

■ Sunday

8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
9:30 a.m. Hispanic, Post Theater
9:30 a.m. Main Post Chapel
10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

■ Monday

7 p.m. Women's Bible study (PWOC), Main Post Chapel

■ Tuesday

9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel

■ Wednesday

6 p.m. Gospel prayer service, Daniel Circle Chapel

7 p.m. Gospel Bible study, Daniel Circle Chapel

■ Thursday

11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

Protestant Youth of the Chapel

■ Saturday

11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

■ Sunday

5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

■ Monday through Thursday

11:30 a.m. Mass, Main Post Chapel

■ Sunday

7:30 a.m. Confessions, Solomon Center

8 a.m. IET Mass, Solomon Center

9:30 a.m. CCD (September through May), Education Center

9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel

9:30 a.m. Religious ed class for children (September through May), Main Post Chapel

10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel

11 a.m. Mass (Main Post Chapel)

12:30 p.m. Catholic youth ministry, Main Post Chapel

■ Wednesday

7 p.m. Rosary, Main Post Chapel

7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL

■ Sunday

8 a.m. Anderson Street Chapel

ISLAMIC

■ Sunday

8 to 10 a.m. Islamic studies, Main Post Chapel

■ Friday

12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

■ Sunday

9:30 to 10:30 a.m. Worship service, Memorial Chapel

10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

■ Sunday

11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

■ Sunday

9:30 to 11 a.m. Anderson Street Chapel

■ Wednesday

3 to 5 p.m. LDS family social, Anderson Street Chapel

■ Wednesday

7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel

2335 Anderson St., 751-7032

Bayonet Chapel

9476 Kemper St., 751-6322/4542

Daniel Circle Chapel

3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478

Education Center

4581 Scales Ave.

Chaplain Family Life Center

5460 Marion Ave (to the side of the POV lot), 751-4961

Magruder Chapel

4360 Magruder Ave., 751-3883

Main Post Chapel

4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681

McCrady Chapel (SCARNG)

3820 McCrady Road (located at McCrady Training Center)

Memorial Chapel

4470 Jackson Blvd., 751-7324

Warrior Chapel (120th AG Bn.)

1895 Washington St., 751-5086/7427

Installation Chaplain's Office

4475 Gregg St., 751-3121/6318