

THURSDAY, SEPT. 25, 2014

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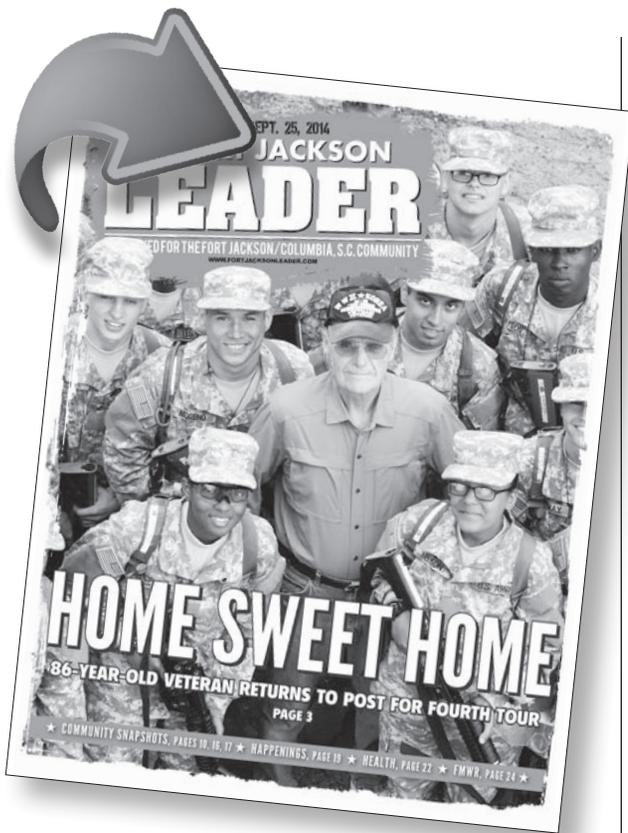
HOME SWEET HOME

86-YEAR-OLD VETERAN RETURNS TO POST FOR FOURTH TOUR

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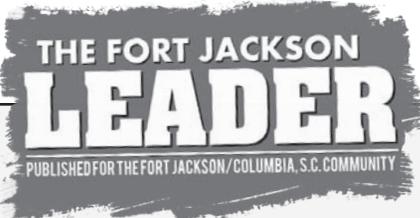
NEWS



ON THE COVER

Photo by WALLACE McBRIDE

Retired Sgt. Maj. Herbert Jeffers, a World War II and Korean War veteran, calls Fort Jackson his home as a retiree. **SEE PAGE 3.**



Fort Jackson, South Carolina 29207

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For questions or concerns about subscriptions, call (803) 432-6157. To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@gmail.com.

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Photo by ANDREW McINTYRE

Season of giving

Spc. Paul Allen adjusts the sign for the Combined Federal Campaign Sept. 17 on Strom Thurmond Boulevard. The CFC, which is an authorized fundraising campaign for federal employees, runs through Dec. 15. For more information, contact your organization's CFC representative.

LETTERS

The Leader welcomes letters to the editor. All letters should include the name, hometown and phone number of the writer. The Leader reserves the right to edit letters for grammar, style, spelling and brevity. Send your letter to FJLeader@gmail.com. For more information, call 751-7045.

Taking the long way home

86-year-old veteran moves back to Fort Jackson housing

By WALLACE McBRIDE
Fort Jackson Leader

Herbert Jeffers was born in Georgia, but says he has always thought of Fort Jackson as his home.

Two years ago, the 86-year-old veteran decided it was time to return to Fort Jackson, which served as home for three tours during his 26-year Army career. He and his wife, Vonceil, moved into post housing as a means of simplifying their lives, though it's a much different place than it was when last they lived here.

Jeffers joined the Army during the close of World War II, a distinguished moment in his life that saw him assigned as a driver for Gen. Douglas MacArthur's wife, Jean, in Japan. Despite the hardships endured by everyone involved on both sides of the war, he said it was an otherwise pleasant experience. The city where Jeffers was stationed had avoided much of the destruction visible elsewhere in the country, and he said he remembers liking Jean MacArthur and the Japanese people.

His military service in World War II was less a career decision than a moral obligation, he said. It wasn't until he re-enlisted a few years later that he considers his military career to have truly begun.

The decision to re-enlist also brought him to Fort Jackson for the first time. He was assigned for a brief time to Tank Hill in 1948, but a change in national priorities forced a change in his circumstance.

"They started closing Fort Jackson down," he said. "By the end of 1949, it was closed down and I was shipped to Fort McPherson, (Georgia). Then, in 1950 the Korean War broke out, so I was shipped back to Fort Jackson to process the new draftees that were coming in."

Jeffers would see two more wars before returning to Fort Jackson. He left the post in 1954 for a tour in Korea, and was sent to Vietnam a decade later. In 1966, he returned to Fort Jackson, where he was assigned to the administrative school where he taught new Soldiers to be clerks.

"I made all of my promotions at Fort Jackson," he said. "I consider it my home. My wife and I both love this area, so we just stayed here."

Naturally, life at Fort Jackson during his early tours was much different than it is today.

"I tell people we used to live in the Walmart parking lot," he said. "That area was all part of Fort Jackson before they built the interstate. They cut it off and sold the property, and contractors built it into what you see nowadays."

His home was heated with a coal-burning furnace. There was a method of "banking"



Photo by WALLACE McBRIDE

Herbert Jeffers visits with new Soldiers from the 2nd Battalion, 60th Infantry Regiment Tuesday morning. Jeffers did three tours at Fort Jackson during his Army career and moved to post housing two years ago.



Herbert Jeffers receives his sergeant major insignia during a 1968 promotion ceremony at Fort Jackson. Left is his wife, Vonceil, and right is Maj. Gen. Gines Perez, then commanding general of Fort Jackson.

the coals so they burned slowly throughout the night. Many Soldiers and their families woke in the morning to find the remains of the coals still glowing hot. Jeffers said he was rarely so lucky.

"You were supposed to be able to keep it lit so the home stayed warm throughout the night," he said. "I never did master that."

Air conditioning was easier to manage, mostly because there wasn't any.

"The only thing we had for cooling was a big window fan upstairs," he said. This became a serious problem in 1952, he said, when a major heat wave hit South Carolina. That year, counties across the state reached temperatures that remain among the hottest recorded by the South Carolina Department of Natural Resources. Temperatures inched close to 110 degrees in some counties.

"Imagine us in a wooden building with

just a window fan, trying to stay cool," Jeffers said.

Some of the younger Soldiers had it even rougher, he said. During one of his tours on post, there were two Infantry divisions assigned to Fort Jackson.

"You can picture how crowded that was," he said. "They put one division in tents. They laid down concrete floors over by post headquarters where they've got those brand new barracks where trainees live."

Jeffers retired from the Army as a sergeant major in 1973. A desire to return to Columbia was behind the decision.

"I was going to stay active duty for 30 years," he said. "I was stationed in Hawaii and wanted to come back to Fort Jackson, but they sent me to Fort Bragg, (North Carolina). I said, 'I'm not moving my family anymore.' It turned out to be a good move for me."

Two years ago, Jeffers and his wife decided to sell their home and move back to Fort Jackson housing as a way to reduce day-to-day responsibilities.

"We decided we wanted to downsize, sell our house and move to post," he said. "I like the convenience. We don't have to worry about maintenance and repairs, and everyone's nice. We're close to the facilities on post and use all of them. We just love it. I tell people, 'I'm making one more move, and that's it.'"

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MRT expert to participate in Warrior Games

By **ANDREW McINTYRE**
Fort Jackson Leader

Each year, hundreds of wounded warriors gather to compete in archery, shooting, volleyball, wheelchair basketball and track and field events. All of the athletes are injured, ill or wounded Service members.

This year, John Evans, a master resilience trainer/performance expert from Fort Jackson, is part of the support staff for the U.S. Army wheelchair basketball team at the Warrior Games in Colorado Springs, Colorado.

Evans said his job as a master resilience trainer/performance expert on the team includes, but is not limited to, setting team goals, building confidence and motivation, minimizing performance anxiety, building team cohesion and pre-game routines.



EVANS

“I chose to help out with the wheelchair basketball sport because I relate well with team sports,” Evans said. “I like the idea of taking the team and building cohesion. Also, building a team of people who play at a

pretty high level internationally and getting them to jell in about a two to three week time period to win the gold at the Warrior Games.... I really like that idea.”

This year’s Army wheelchair basketball team comprises eight players, who will also compete in other sports that require the same level of energy, Evans said.

“I think, in the long-term perspective, when Soldiers participate in something like this it gives them some great goals and a lot of motivation,” Evans said. “If they can build confidence in an adaptive sport and see that they can participate at a high level in an adaptive sport like swimming, wheel chair basketball as an amputee — that’s a great accomplishment.”

Evans said sports can affect other areas of the Service members’ lives.

“That type of goal setting, confidence and motivation bleeds into other areas of their life and starts to affect them in a positive way and their ability to stay positive, be a confident individual, be motivated and set higher goals in their personal life,” he said.

Evans said this is his second year helping the team with the competition. Last year, he assisted his co-worker, and so he has had the opportunity to see players go on to participate at an international level.

“We have an athlete on the team who has also gone on to represent the U.S. in the Invictus Games in London, England. He is also playing in full-able-body baseball



Photo by DAVID VERGUN, Army News Service

Soldiers participate in the wheelchair basketball contest during the 2013 Warrior Games. For the second year, John Evans, a master resilience trainer/performance expert from Fort Jackson, will be on the support staff for the team. The Warrior Games are set to start Sunday in Colorado Springs, Colo.

and making an impact as an amputee athlete,” Evans said. “When these athletes are playing any sport, especially at this level, it gives them an outlet to focus on and learn how to deal with their personal challenges a lot better.”

Evans said athletes share how much their personal lives have improved because of their involvement in sports and their ability to play at such a high-level.

“These are some phenomenal people and athletes, Evan said. “They are all so dedicated to their sport and their branch of service. This is a great opportunity for them and they have earned every ounce of it.”

The Warrior Games will take place Sunday through Oct. 4.

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LEADER DEADLINES

Article submissions are due two weeks before publication. For example, an article for the Oct. 9 Leader must be submitted by today.

Announcement submissions are due one week before publication. For example, an announcement for the Oct. 9 Leader must be submitted by Oct. 2.

Send your submissions to FJLeader@gmail.com. For more information, call 751-7045.

Garrison holds Facebook town hall

By WALLACE McBRIDE

Fort Jackson Leader

Fort Jackson conducted its semi-annual Facebook town hall meeting last week. Post leadership manned computers for an hour at noon Sept. 17, prepared to answer almost any question posed by Soldiers, family members, retirees, veterans and anyone else in need of information.

Among the participating agencies were representatives of the U.S. Army Garrison Fort Jackson, Moncrief Army Community Hospital and DENTAC. The level of engagement varied from topic to topic, and some questions were more challenging than others. One resident wanted to know whom to contact to have the lawn mowed, whereas another community member had questions about her employment status.

Representatives from activities as varied as FMWR, Army Community Service, Housing, the Religious Service Office, the Staff Judge Advocate Office and the Directorate of Emergency Services fielded questions during the event. Participants were asked to post their questions in the relevant thread.

It's difficult to track involvement in last week's event because not everyone participating needed to ask a question, while others asked more than one question, said Col. Michael Graese, Fort Jackson garrison commander.

"The number of people viewing directorate/agency-specific posts ranged from 369-985 people," Graese said. "These 'views' also likely indicate multiple views by the same person."

In addition to answering questions, officials posted an assortment of information about topics such as the New Parent Support Program, the Post Newcomer Orientation and the Financial Readiness Program.

Graese said participation in last week's afternoon event was similar to previous sessions, which took place early in the evening.

"We continue to solicit feedback to make the town halls as productive and informative as possible," Graese said. "Thanks to everyone who participated."

Milton.W.McBride3.ctr@mail.mil



U.S. Army Garrison Fort Jackson, SC

56 minutes ago

Directorate of Human Resources (DHR) provides technical oversight and integrated Military Human Resources support for Fort Jackson and partner organizations. Major services areas are: Military Personnel Division (includes Soldier for Life: Transition Assistance Program), Administrative Services Division, Army Continuing Education System, and Army Substance Abuse Program. Hours of operations: Monday thru Friday, 0730-1700

Like · Comment · Share

2 people like this.



Is the problem issuing CAC at the ID Section reference to encoding the certificates on the chip?

51 minutes ago · Like



I would like to know how long will it be before those of us who are mis-aligned will be accepted into premanent postions?

49 minutes ago · Like



U.S. Army Garrison Fort Jackson, SC Ms. [redacted] -- Encoding does not have anything to do with certificates on the chip

22 minutes ago · Like



U.S. Army Garrison Fort Jackson, SC Ms. [redacted] -- This question is not in our lane. Recommend you contact the Civilian Personnel Advisory Center

21 minutes ago · Like

Photo illustration by SUSANNE KAPPLER

Fort Jackson conducted its semi-annual Facebook town hall meeting Sept. 17.



Photos by WALLACE McBRIDE

Performers from the International Dance Academy of Greenville provide entertainment during the Hispanic Heritage Month luncheon Friday at the NCO Club. The event marked the beginning of Hispanic Heritage Month, which runs through Oct. 15.

Post celebrates Hispanic heritage



First Lt. William Medina is one of the guest speakers at the luncheon. Medina was born in Cuba and is now a student in the Financial Management School's Captain Career Course.



Evelyn Lugo, president and founder of the South Carolina Hispanic Chamber of Commerce, addresses the attendees of Friday's luncheon at the NCO Club.



A number of items are on display during the event representing various Latin American countries and highlighting the diversity of Hispanic American culture.



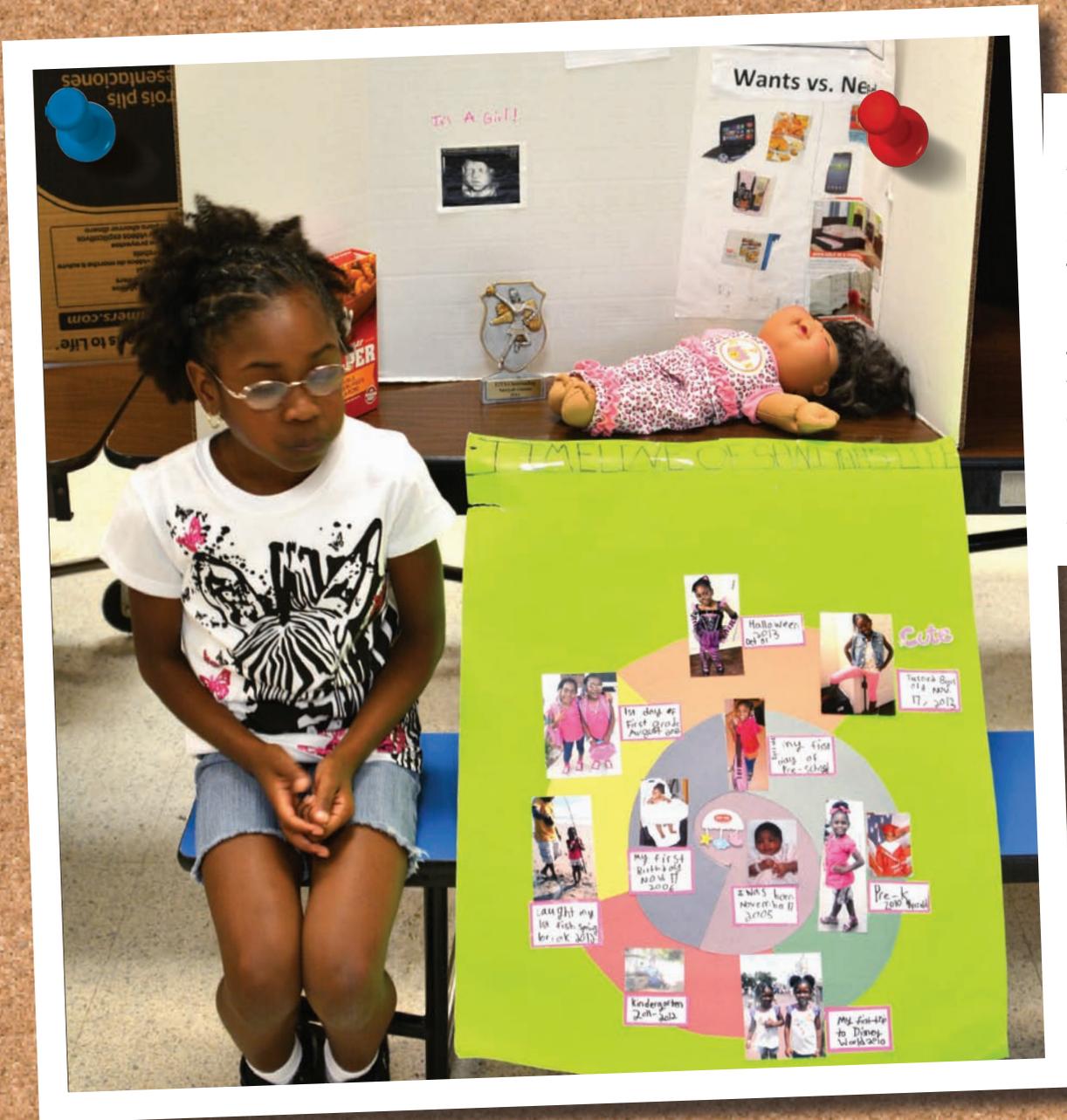
Photos by ANDREW McINTYRE

Fort Jackson fitness instructors demonstrate kickboxing moves as part of the Do it in Pink aerobathon Saturday at the Solomon Center.

Do it in pink!



Above, the pink ribbon is a worldwide symbol used to honor breast cancer survivors, remember those lost and raise awareness. This pink ribbon photo wall gave aerobathon participants the chance to take photographs with pink ribbons to show their support. Left, more than 100 Soldiers, family members and civilians participate in the Do it in Pink aerobathon, which raised awareness for breast cancer. The event featured Zumba, kickboxing and high-intensity training classes.



All about me

Saniyah Gaines, 8, is among the third-grade students to create exhibits detailing their lives as part of C.C. Pinckney Elementary School's 'All About Me Museum' event Friday. Students and family members toured the exhibits, which were on display in the cafeteria, and included photos, artwork and other items the students selected to tell their life stories.

Photo by WALLACE McBRIDE



Employee of the year

Col. Bryan Hernandez, commander of the 165th Infantry Brigade presents the Achievement Medal for Civilian Service to Coreen Skaggs Friday at the brigade headquarters. Skaggs was named the unit's civilian employee of the year for her high level of motivation and professionalism. Skaggs works as an operations assistant with the 1st Battalion, 34th Infantry Regiment.

Photo by SUSANNE KAPPLER



Kids' hunting clinic to honor fallen Soldier

By **ANDREW McINTYRE**
Fort Jackson Leader

Fort Jackson youth are invited to take free hunting lessons with the South Carolina Department of Natural Resources, Take One, Make One youth hunting program, which also honors the memory of a Lexington County Reserve Soldier who died in Operation Iraqi Freedom.

"With the 'Take One, Make One' program, the South Carolina DNR provides all of the food, ammo, camouflage and even an expert guide for youth who are between the ages of 10 and 18," said Mark Smyers, director of Outdoor and Recreation.

"All of our hunts are geared toward children who have little experience in hunting. We have about two to three hunts per year," said Kim Leverich, supervisor of the Hunter Outreach Program with DNR. "We want to include military children on these hunting opportunities be-

cause it gives military children of single parents, deployed parents and all military children the opportunity to gain hunting skills and learn conservation of natural wildlife."

Leverich said the next scheduled hunt is Oct. 10.

"This hunt will also honor the memory of Spc. Thomas D. Caughman, who died in combat while serving in Operation Iraqi Freedom in June 2004," Leverich said.

Caughman, a native of Lexington, was assigned to the 458th Engineering Battalion in Baghdad. While on patrol, his platoon was ambushed by insurgents and Caughman's Humvee was struck by two rocket-propelled grenades.

"We've had numerous hunts in Thomas' honor," said Hampton Caughman, Thomas' father. "We set up a memorial fund in his honor with the TOMO program because Thomas loved hunting, fishing and being outdoors."

The hunt in Caughman's memory is an annual event.

"Normally, we get up and meet very early in the morning. We talk about safety, wildlife and then provide a lunch," Caughman said. "Then the children go out on to

the land with their professional hunting guide and hunt. Afterwards, I talk about Thomas and how he came about loving hunting, fishing and being outdoors."

Caughman said these types of hunts encourage children to get outdoors, look, listen and learn about the outdoors.

Smyers said these types of hunts have a high potential for success because the students are hunting on private lands. Only the instructors have access to those areas, and they know who is in the area.

"These hunting areas are within a controlled environment, and we encourage the parents to come along as well," Smyers said.

The South Carolina hunting season began Sept. 15. The Fort Jackson hunting season began Aug. 15 and ends Jan. 1.

For more information on the "Take One, Make One" program, contact Mark Smyers at 751-8707.

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News and Notes

ROSH HASHANAH CELEBRATION

Services in celebration of Rosh Hashanah, the Jewish New Year, are scheduled from 5 to 7 p.m., today and Friday at Memorial Chapel. A Yom Kippur service is scheduled from 6 to 8 p.m., Oct. 4 at Memorial Chapel. For more information, call 751-3979.

SESAME STREET PERFORMANCE

The Sesame Street/USO Experience for Military Kids will be on Fort Jackson for four shows. Performances are scheduled at 2 and 5 p.m., Oct. 5; and at 4:30 and 7 p.m., Oct. 6 at the Solomon Center. For more information, visit www.uso.org/sesame.

BREAST CANCER AWARENESS

Moncrief Army Community Hospital will host two events in observance of Breast Cancer Awareness Month. A 5K run/walk is scheduled for 8 a.m., Oct. 4 at

Hilton Field Softball Complex. To preregister, call 751-5251. Race-day registration will be from 7 to 7:45 a.m. A breast cancer awareness banquet is scheduled from 6 to 9 p.m., Oct. 17 at the NCO Club. Tickets cost \$16. For more information and to register, call 751-5251.

FAMILY FIELD DAY

Fort Jackson's 2014 Archaeology Month celebration is scheduled from 10 a.m. to 2 p.m., Oct. 18 at Twin Lakes. The event will include artifacts, displays, posters and activities. For more information, call 751-7153.

HEALTHY RELATIONSHIP BINGO

Army Community Service is hosting a healthy relationship bingo event from 6 to 7:30 p.m., Oct. 21 at the Joe E. Mann Center. Registration is required by Oct. 17. Limited child care is available. For more information and to register, call 751-6316.

Information subject to change.

Reel Time Theaters

We're saving a seat for you.

Ft. Jackson Movie Schedule

PH (803)751-7488

Adult \$5.50/Child (6-11): \$3.00

3D: Adult \$7.50/Child (6-11): \$5.00

3319 Jackson BLVD

Ticket sales open 30 minutes prior to each movie

Movie times and schedule are subject to change without notice

Friday September 26
The Giver (PG-13) 7 p.m. 1h 37m

Saturday September 27
Frank Miller's: Sin City: A Dame to Kill For (R) 1 p.m. 1h 42m
The Giver (PG-13) 4 p.m. 1h 37m

Sunday September 28
The Giver (PG-13) 1 p.m. 1h 37m
Expendables 3 (PG-13) 4 p.m. 2h 6m

Wednesday October 1
Teenage Mutant Ninja Turtles (PG-13) 1 p.m. 1h 41m
The Giver (PG-13) 4 p.m. 1h 37m

Friday October 3
The November Man (R) 7 p.m. 2h 18m

Saturday October 4
As Above So Below (R) 1 p.m. 2h 20m
The November Man (R) 4:30 p.m. 2h 18m

Sunday October 5
The November Man (R) 1 p.m. 2h 18m
When the Game Stands Tall (PG) 4:30 p.m. 1h 55m

Wednesday October 8
The Giver (PG-13) 1 p.m. 1h 37m
The November Man (R) 4 p.m. 2h 18m

Friday October 10
When the Game Stands Tall (PG) 7 p.m. 1h 55m



Photos by ANDREW McINTYRE

Sgt. Dennie Taylor, assigned to Moncrief Army Community Hospital, prepares a plate of meatballs provided by one of the 50 food vendors who participated in the Soldier Appreciation Food Exposition Tuesday at the NCO club. Fort Jackson community members were invited to try free samples of various foods.

Free food fun



Above, Darrell Cole, right, a food service specialist, discusses with Gary Hosie, dining facility manager, 120th Adjutant General Battalion (Reception), the type of meat he has prepared for the food exposition. Left, Robert Cook, quality assurance evaluator at Fort Jackson, prepares to pull a raffle ticket number during the Soldier Appreciation Food Exposition.



Softball champions

This year's softball champions are DENTAC, above, who won in the active-duty league, and Moncrief Army Community Hospital, who won in the co-ed recreational league.

Courtesy photos



Stopping the clock at 39 seconds

81st RSC hosts Suicide Prevention Month discussion

By MICHAEL MASCARI

81st Regional Support Command

Every 40 seconds, someone in the world commits suicide. Every 41 seconds, a loved one is left to deal with the aftermath.

Helen Pridgen is one of those left, and she is spreading the message to others.

“The right person at the right place and the right time can save a life,” she said. “It is important that we all learn the warning signs of suicide and how to respond to someone who may be at risk, to be present to them.”

Pridgen addressed Soldiers and civilians in the 81st Regional Support Command Sept. 17, as part of her work with the American Foundation for Suicide Prevention, or AFSP. Pridgen, a social worker, shared her own experience as a survivor. September is Suicide Prevention and Awareness Month in the Army, and the event was part of the 81st RSC’s annual observance.

Pridgen’s 25-year-old son Clay took his own life in 2000. Clay was, by most accounts, a very happy and positive person, but he succumbed to deep-seeded symptoms of depression.

Every 15 minutes, somebody takes his or her own life in the United States, accounting for 39,000 people annually. Pridgen is determined to reduce this number. She speaks to groups in the Southeastern United States with the hope others won’t have to experience the same pain that she went through.

AFSP organizes a series of Out of the Darkness Community Walks. These walks honor loved ones and raise awareness and funds for research and advocacy. They are also designed to eradicate the stigma of suicide.

Pridgen said there is a stigma attached to depression and other mental health issues, and efforts to prevent suicide brings those to the forefront. AFSP works with the military and community organizations to break down those barriers in order to save lives.



Photo by MICHAEL MASCARI, 81st Regional Support Command

Helen Pridgen shares her experience about her son’s suicide to the audience during a presentation at the 81st Regional Support Command. Pridgen, a social worker and representative from the American Foundation for Suicide Prevention, spoke as part of the unit’s Suicide Prevention Month.

The 81st RSC is hosting several events during September in observance of Suicide Prevention and Awareness Month.

Pridgen said she is thankful for prevention efforts by Fort Jackson and the 81st RSC in reducing suicide.

“I’m honored to be here and thankful for the invitation,” she said. “I feel like it’s all of working

together that can make a difference. Our organization has the goal of reducing the suicide rate by 20 percent by 2025, and it’s going to take everyone working together.”

For more information and resources, visit www.afsp.org. People in need of immediate assistance can call (800) 273-TALK.



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New NCOER to improve accuracy

By **DAVID VERGUN**
Army News Service

WASHINGTON — On Aug. 1, the secretary of the Army approved the new Non-Commissioned Officer Evaluation Report. Implementation will be in September 2015.

“The new NCOER will come out in five phases: inform, educate, train, roll-out and after-action review. Human Resources Command is beginning to build the NCOER into the evaluation system now,” said Command Sgt. Maj. Charles Smith, senior enlisted adviser for Human Resources Command, known as HRC.

Sgt. Maj. of the Army Raymond Chandler III provided his take on the new NCOER:

“The biggest challenge during the preparation and transition of the new NCOER over the next year will be to ensure NCO leaders at all levels clearly understand the new report, and its role in evaluations. We must ensure the new NCOER is perceived as a tool that delivers the best measures available to review and evaluate performance,” Chandler said.

“NCO leaders must understand the process on how to effectively manage rating profiles,” Chandler continued. “It is very important to the future of the Army that Soldiers view the Army as an institution, which is clearly able to identify premier leaders in a highly competitive environment. Therefore, as we prepare for the system to roll out around September 2015, I expect all NCOs to take the time to learn and understand how the evaluation system works and how it supports the selection and promotion processes.”

The new NCOER will require insightful narratives instead of what are often nondescript, bulleted lists in the current NCOER and the evaluations themselves will be different for junior and senior NCOs, explained Sgt. Maj. Stephen McDermid, with the Human Resources Command Evaluations Selections & Promotions Division, Evaluations Branch.

The interval between approval and implementation will allow enough time for training on how to use the new NCOER. The months ahead will also ensure that the critical information technology portion of the implementation goes smoothly upon launch, he said.

In the coming weeks and months, regulations and pamphlets will be updated and Soldiers from installations Armywide will travel to HRC at Fort Knox, Kentucky, for two weeks of training so they can go back and train their assigned units and personnel, he said.

Besides training at Fort Knox, HRC will send out mobile training teams Armywide, to include the Active Component, Guard and Reserve,” to train the whole force from sergeants through general officers in this process,” said Smith.

“If more training is required, we’ll send out additional teams because we’ve got to make sure the foundation is done properly,” he added.

WHY CHANGE?

In 2010, the chief of staff of the Army directed a review of the current NCOER, which has been in place since 1987, McDermid said. The CSA had concerns that it did not reflect current leadership doctrine and was over-inflated. He also wondered whether or not there needed to be more than one type of NCOER, instead of just one, which is currently used for all ranks.

By 2012, the sergeant major of the Army, his board of directors, and NCO working groups had reviewed the process and came up with some recommendations, which were then validated by a CSA-appointed council of colonels and general officer steering committee.

HRC was then tasked with gathering feedback from the



Photo by DAVID VERGUN, Army News Service

The new Non-Commissioned Officer Evaluation Report will be implemented in September 2015.

field and reviewing the Department of the Army Centralized Selection Board after-action reviews and also leader engagements with general officers and command sergeants major.

Earlier this year, the new Officer Evaluation Report was implemented. It has some similarities to the new NCOER so feedback and after-action reviews on that were helpful in preparing the launch of the NCOER, McDermid said.

HOW IT WORKS

There will actually be three different NCOERs, McDermid said.

The direct level form is for sergeants, and it's pretty straightforward. It will have only two categories: “Met Standard” or “Did Not Meet Standard.” Whichever category is selected for this NCOER will require a bullet comment, also called a “task statement,” to support the checked category, he said.

The organizational level form is for staff sergeants through first sergeants/master sergeants and it will have four categories. “Far Exceeded Standard” is the highest or best, he said.

The next highest category is “Exceeded Standard.”

The third category is “Met Standard.”

The least desirable category is “Did Not Meet Standard.”

The strategic-level form is for command sergeants major/sergeants major. It will contain an in-depth narrative on his or her effectiveness to the organization.

Because a narrative style of writing is much different than bulleted lists, training will focus on effective writing and how to write clear, accurate, descriptive and thorough assessments, McDermid said.

RATER RESPONSIBILITIES

There will be “a delineation of rating roles and responsibilities for the raters and senior raters,” McDermid said. The current NCOER has both rater and senior rater assessing performance and potential. In the new NCOER, the rater will focus only on “performance” and the senior rater only on “potential.”

“Senior raters will provide an assessment of the rated

NCO's overall potential compared to NCOs in the same grade, establishing a senior rater profile for senior raters of staff sergeant to command sergeant major. Similar to the Officer Evaluation Report, each senior rater's profile will limit assessments of ‘most qualified’ to ‘less than 50 percent.’ The supporting comments from the senior rater must send a clear message through enumeration, performance and potential. When properly articulated, this will assist the selection boards in selecting our top athletes to serve in positions of increased responsibilities,” Smith said.

A supplementary reviewer will be used in two situations, he added. The first is when there are no uniformed Army advisers or rating officials within the rating chain and second is when the senior rater or someone outside the rating chain directs a relief for cause.

Doctrinally, the new NCOER is expected to benefit the Army by better identifying talent within the Army, moving that talent to the best location and billet, and providing the Army with a better means of identifying which Soldiers should be put in key assignments. The new NCOER will also identify top-notch performers and provide them with educational and professional development opportunities. The NCOER will also be a useful tool in moving Soldiers around in the Army as they change assignments, McDermid said.

One of the key advantages of the new NCOER, is that it will “ensure depth and experience are met before an individual is promoted,” Smith said. “Once a leader is selected for the next grade, that person will be developed and mentored to assume that next highest grade.”

Smith said that “in the past, rating officials were not held accountable.” The new evaluation and assessment tools will ensure rating officials assess more accurately.

Successful training and IT efforts in the coming months alone will not ensure that the NCOER is a success, Smith cautioned. Leaders have to buy in and take ownership of it.

“I recommend the top leader in each formation serve as the master trainer during this critical time,” Smith said. “We’ve got to get this right. Folks’ careers are on the line as we write these new evaluation reports. If we do this right, it will lay the foundation for success in the future.”



NFL team honors FJ Soldiers

Six Fort Jackson Soldiers received special honors for the Carolina Panthers game against the Pittsburgh Steelers Sunday in Charlotte, N.C. Above, from left, Spc. Javier Husband, Lt. Col. James Karcanes, Sgt. 1st Class Ryan Degner, Sgt. 1st Class Luis Figueroa and Staff Sgt. Diego Soares pose for a group shot before the game. The five Fort Jackson Soldiers were offered seats in the 'Row of Honor.' The Soldiers were able to watch the game in the front row on the 50-yard line. Right, Staff Sgt. Elijah Coone, his wife, Kelly, and their daughters Natalie, 5, and Haylee, 4, are recipients of the Carolina Panthers Weekend Getaway. The family was invited to watch a practice from the sideline, receive a tour of the stadium, have a meal with Panthers players and attend the game. The Steelers won, 37-19.

Courtesy photos



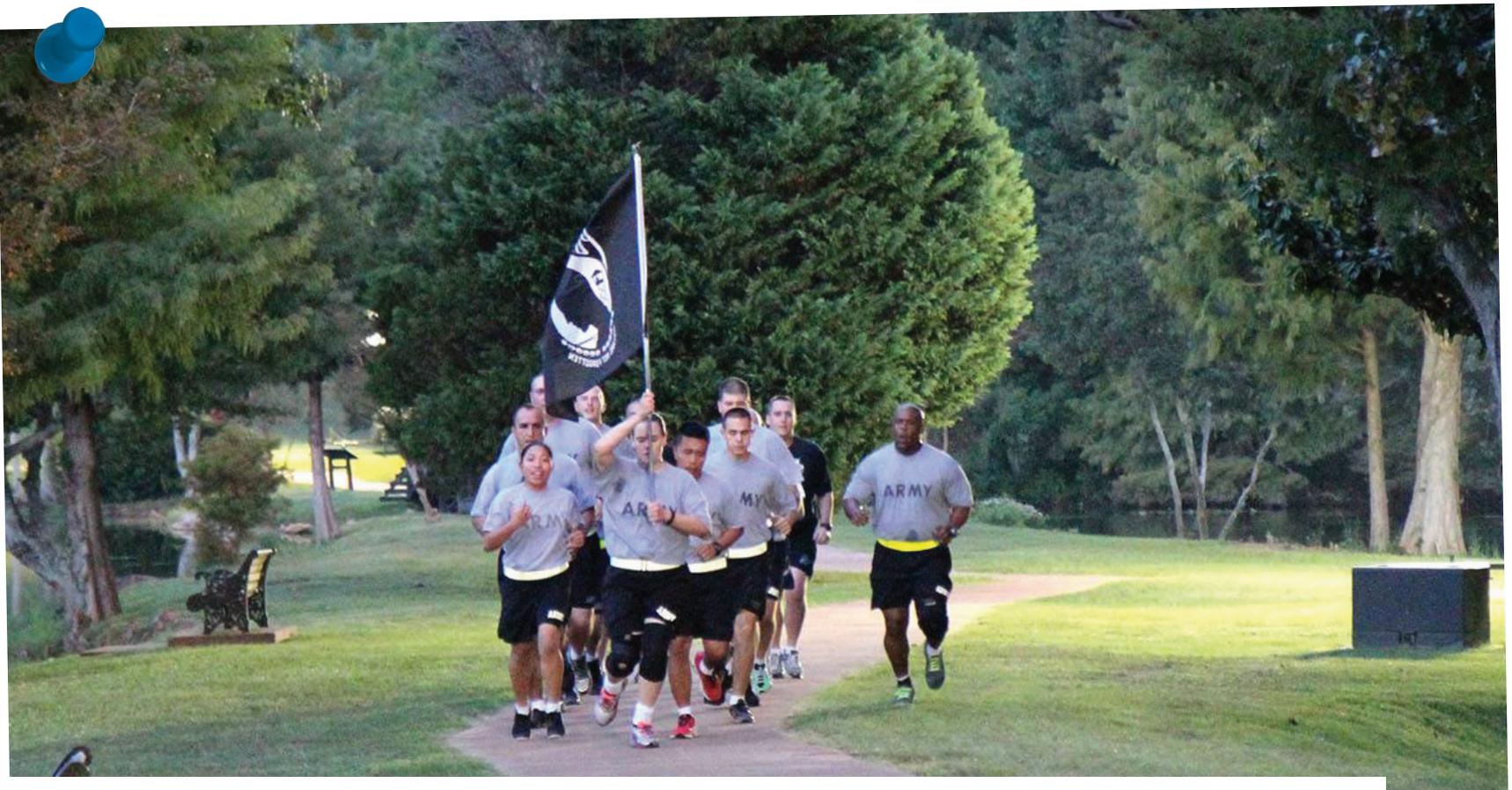


Photo by STAFF SGT. TAIKEILA CHANCEY, USARCENT

Never forgotten

Soldiers from U.S. Army Central along with their Air Force partners, known as 'Team Shaw,' commemorate Prisoners Of War and Missing In Action Service members with a 24-hour run at Memorial Lake on Shaw Air Force Base, Sept. 18-19.

Community partners

Staff Sgt. Charles Gibson, Company D, 1st Battalion, 34th Infantry Regiment, interacts with parents and students at Killian Elementary School's back-to-school festival. The battalion set up static displays of military vehicles and provided Soldiers to help with the events, such as face painting and bean bag toss. Killian Elementary is the partner school for the 1-34th.

Courtesy photo



Army releases update to appearance policy

By LISA FERDINANDO
Army News Service

WASHINGTON -- The Army published revisions to Army Regulation 670-1, its policy for "Wear and Appearance of Army Uniforms and Insignia," which included changes to female hairstyles and tattoo standards.

The revisions, dated Sept. 15, were effective immediately.

The service determined in a review that authorized hairstyles announced earlier this year limited female Soldiers' hair grooming options. The policy authorizes temporary, two-strand hair twists for women, and includes a number of updates to hairstyles for women. Dreadlocks or locks remain an unauthorized hairstyle.

As for tattoos, the new regulation allows enlisted Soldiers who have "grandfathered" tattoos to be considered for officer candidate school or warrant officer appointment without needing an exception to the policy.

A training package for Army leaders and Soldiers is available online at <http://www.armyg1.army.mil/hr/uniform/>.

The Army plans to continue its long-standing practice of conducting perpetual reviews of its policies. In fact, Soldiers are encouraged to submit a DA Form 2028 to recommend changes. Requests with significant wear or policy changes should be endorsed through the Soldier's senior level chain of command to the Army G-1.

"Wearing of the uniform as well as our overall military appearance should be a matter of personal pride for Soldiers," said Sgt. Maj. of the Army Raymond Chandler. "Our commitment to the uniform and appearance standards is vital to your professionalism."

"Every Soldier has the responsibility to know and follow these standards. Leaders at all levels also have the responsibility to interpret and enforce these standards, which begins by setting the appropriate example," Chandler added. "Your actions help to ensure we continue to be trusted and revered by the American people we serve."

FEMALE HAIRSTYLES

The Army began reviewing its policies on female hairstyles soon after releasing the March 28 version of the regulation. In conjunction with the service's review, the Department of Defense also requested a review in light of concerns that the hairstyle policies were too restrictive for African American women.

This review included feedback from a panel of Soldiers comprising the various demographics represented in the Army. Subsequently, Army officials believe the updated policy gives female Soldiers more options while maintaining a professional appearance.

The new regulation allows female



U.S. Army photo by STAFF SGT. STEPHANIE VAN GEETE

The Army published an update to Army Regulation 670-1, which addresses changes to female hairstyles and tattoo standards. The revisions are effective immediately.

Soldiers to have temporary twists or two pieces of hair neatly twisted together. Twists, cornrows and braids can be up to 1/2 inch in diameter. The previous maximum was a diameter of approximately 1/4 inch.

The Army removed the requirement that no more than 1/8 of an inch of scalp could show between braids. The Army requires braids, twists and cornrows worn against the scalp be uniform in appearance and have the same general size of spacing between them.

Previously, the Army required that the ends of hair in braids be secured with inconspicuous rubber bands. The reference to rubber bands was removed, now the ends just have to be secured inconspicuously.

Braids and cornrows worn against the scalp previously had to be worn in a straight line from the front and go all the way to the back of the head. Now, the language has been changed to say the braids need to follow the natural direction of the hair when worn back or in the natural direction using one part in the hair.

Styles, such as braids, cornrows or twists worn against the scalp may still stop at one consistent location of the head. When such styles are worn loosely or free-hanging, they must encompass the whole head.

Although dreadlocks or locks are still not authorized, their definition has been

changed to remove the words "matted and unkempt."

Another change includes increasing the allowable size of a bun, measuring from the scalp out, from three inches to three-and-a-half inches.

The allowable amount of bulk of hair remains two inches.

The shortest hair a female Soldier can have is 1/4 inch from the scalp, which can be tapered to the scalp along the hairline. There is no maximum length a female Soldier's hair can be, as long as it is within regulation and can be worn up to meet the guidance for bulk and bun size.

The new rules clarify that braids, cornrows and now twists can be worn in a ponytail during physical training; it also specifies that wigs, which were previously authorized, cannot be worn to cover up an unauthorized hairstyle.

No matter what the authorized hairstyle, it must allow for the Soldier to be able to properly wear all types of headgear and protective equipment.

TATTOOS

As part of efforts to maintain the professional appearance of the force, the Army dialed back the number, size and placement of tattoos in the March regulation.

Previously authorized tattoos were "grandfathered" in, but Soldiers hoping to become an officer had to get an exception

to the policy.

The updated regulation takes into account that previously authorized tattoos should not prevent a Soldier from becoming an officer, but that candidates are to be evaluated based on the whole Soldier concept, or all characteristics of a Soldier.

The rest of the regulation from March remains in place, including the restriction on sleeve tattoos and allowing no more than four tattoos below the elbows or knees. Tattoos below the knees or elbows must be smaller than the size of the Soldier's palm with fingers extended.

Permanent ink or branding on the face, neck, and hands, as well as tattoos that can be deemed extremist, indecent, sexist or racist in nature remain banned.

OTHER CHANGES

The regulation provides additional clarification that Soldiers who entered the Army with body mutilation prior to March 2014 may request an exception to Army G-1.

Another change of note is that Soldiers can wear a "Next of Kin" lapel pin on their Army service and dress uniforms. The pin is for the immediate family of military members who were killed on duty, outside of combat operations.

Soldiers are already authorized to wear the "Gold Star" lapel pin, which is for the immediate family of service members who were killed in combat.

Calendar

Saturday

National Prescription Drug Take Back Day

10 a.m. to 2 p.m., Main Exchange

Saturday, Oct. 4

Fire Prevention Week carnival

10 a.m., Fire Station

Sunday, Oct. 5

Victory Spouses' Club welcome event

2 to 4 p.m., 107 Pershing Road

Welcome event for Lee Anna Suggs, spouse of the Soldier Support Institute's incoming command sergeant major. Light appetizers and drinks will be served. To RSVP, email vscreervations@gmail.com.

Tuesday, Oct. 21

Victory Spouses' Club luncheon

11 a.m. to 1 p.m., NCO Club

Special guests will be Linda Schaertl of Moncrief Women's Clinic and Lisa Hartzog of the American Cancer Society. To RSVP, email vscreervations@gmail.com. Reservations are required by noon, Oct. 16.

Announcements

MARRIAGE RESILIENCY CLASSES

ScreamFree marriage classes will be offered Thursdays, Oct. 2 to Nov. 6, from 6 to 8 p.m. at the Chaplain Family Life Center. Meals will be provide. For more information, call 751-4966.

SPORTS SHORTS

■ Sand volleyball games take place at 6 p.m., Mondays and Tuesdays at the sand volleyball court behind Palmetto Falls Water Park. The championship game is scheduled for Oct. 15.

■ Competition for flag football, softball and cross country for active-duty brigade-level teams will start Tuesday. Team meetings are scheduled for Monday at 2, 3 and 4 p.m. Contact your brigade sports representative to participate.

For more information, call the Sports Office at 751-3096.

BREAST CANCER AWARENESS RUN

Moncrief Army Community Hospital will host a breast cancer awareness 5K run/walk at 8 a.m., Oct. 4 at the Hilton Field Softball Complex. To preregister, call 751-5251. Race-day registration is available from 7 to 7:45 a.m.

TSC MOVE

The Training Support Center will move to 1565 Washington St., Oct. 8. Limited staffing and services will be available Oct. 9-17. Local device fabrication stopped Sept. 8 and will reopen Oct. 17. DA photos will continue to be taken in Building 12-650 until Oct. 9 and will be taken at the new location beginning Oct. 14. For more information, call 751-4619.

DANIEL CIRCLE CHAPEL POSITIONS

Daniel Circle Chapel is looking for service contractors for the following positions: chapel musician (piano/organ); chapel musician (drummer); parish coordinator; and audio technician. Bids must be submitted by Friday. Applications are available at Daniel Circle Chapel.

PWOC MEETINGS

The Protestant Women of the Chapel meet Tuesdays from 9 to 11:30 a.m. and Mondays at 7 p.m. at the Main Post Chapel. Free child care is available. The group offers outreach and ministry to women associated with the military. For more information, email jacksonpwoc@gmail.com.

SOLSE LOOKING FOR SOLDIERS

The Special Operations Logistical Support Element is looking for active-duty Soldiers (with the MOS 88M, 88N, 92A, 92F, 92Y or 92W) who are airborne qualified or willing to go to airborne training. Eligible Soldiers must qualify for a Permanent Change of Station move; be in the rank of E5 through E7; have no physical limitations; have a General Technical score of at least 100; and possess a secret clearance with the ability to get a top secret clearance. If interested, submit your Enlisted Record Brief to SOLSERecruiting@jdi.socom.mil.

AAFES NEWS

■ AAFES has started its free layaway program for holiday shoppers.

■ Students in grades six through 12 may enter in the AAFES Unilever Rewards of Caring scholarship contest. To enter, students must submit an essay of no more than 500 words explaining their involvement in the community and why community is important to them. Four winners will each be awarded a \$5,000 scholarship. Essays are due Oct. 2. For more information, visit www.shopmyexchange.com.

COMMISSARY NEWS

■ The Commissary rewards card allows shoppers to use digital coupons at any commissary. For more information, visit www.commissaries.com/rewards_subscribe.cfm.

■ The Commissary will mark September with National Breakfast Month food samplings and Oktoberfest celebrations. For more information, visit www.commissaries.com.

SAT TESTING

The Education Center will administer SAT testing Oct. 30. Testing is available to eligible service members only. For more information and to register, call 751-5341.

THRIFT SHOP NEWS

■ Consignors are eligible for the Thrift Shop's new layaway and credit program.

■ Halloween items will be accepted through Oct. 16. They will expire Oct. 23.

■ Thanksgiving items will be accepted Oct. 14 through Nov. 13. They will expire Nov. 20.

■ Christmas items will be accepted Nov. 18 through Dec. 11. They will expire Dec. 18.

■ September through November are college months at the Thrift Shop. Customers

wearing a college shirt or hat will receive a discount.

■ The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

Information is subject to change.

Visit the community calendar at <http://jackson.armylive.dodlive.mil/> for a full listing of calendar events.

Send your announcements to fjleader@gmail.com. Announcements are due one week before the publication date.

For more information, call 751-7045.

Community announcements may be edited to comply with Leader style and Public Affairs regulations.

Housing happenings

OFFICE CLOSURE

The housing office will close at 2 p.m., today to allow employees to attend the garrison employee town hall meeting. Normal hours will resume Friday.

LIFEWORKS EVENTS

■ Today, noon, neighborhood huddle for Howie Village and Mabry Manor, McLeod Court playground

■ Friday, 5 to 7 p.m., bingo night

All events take place at the Community Center unless otherwise noted. For more information and to register, email emcdaniel@bbcgrp.com or call 738-8275.

RENT CONCESSIONS

Rent concessions include reduced rent for non-renovated homes in PT5 if you move in during September; and prorated rent for September for homes in PT5 and PT7. For more information, call 738-8275.

FLAG FOOTBALL STANDINGS

MONDAY/WEDNESDAY

3-34th 1-0
1-34th 0-1
120th 0-0
USADSS 0-0
2-13th 1-0
3-13th 0-0
TFM 0-1

Standings as of Sept. 22.

SAND VOLLEYBALL STANDINGS

Jammers 5-1
187th 5-2
165th 4-2
3-60th #1 4-3

TUESDAY/THURSDAY

MACH 1-0
175th 2-0
369th 2-0
2-60th 0-2
187th 1-1
2-39th 0-1
4-10th 0-2
3-60th 0-0

Standings as of Sept. 17.



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PTSD patients urged to continue treatment

By **DAVID VERGUN**
Army News Service

WASHINGTON — The most effective way to treat post-traumatic stress disorder is to stay in treatment and, if possible, attend therapy with a friend or loved one, said Lt. Col. (Dr.) Gary Wynn.

Wynn, who is assistant chair, Department of Psychiatry at the Uniformed Services University of the Health Sciences and a scientist at the Center for the Study of Traumatic Stress, spoke Sept. 18 at the Psychological Health and Resilience Summit at Defense Health Headquarters, Falls Church, Virginia. His topic was “Post-Traumatic Stress Disorder.”

A survey of some 400 Iraq and Afghanistan veterans revealed that “by session eight, 70 percent were out the door,” he said, adding that treatments typically take about 12 sessions. “They won’t see the benefits if they don’t stay.”

Staying in treatment is “even more important than what kind of treatment you give them,” he added.

Another word of advice from the doc: Therapy “works better when you do it together with a partner.” When patients stay in treatment, the healthful benefits have been shown to be longer lasting than those who skip out, and partnering with someone in treatment adds to the effectiveness.

There are so many types of treatment that it can be confusing for doctors, not to mention patients, Wynn said, citing three categories with many choices within each.

DRUGS

At this time, only two drugs are approved for post-trau-

matic stress disorder, known as PTSD, by the Food and Drug Administration, Wynn said: Paroxetine, or Paxil, and Sertraline, or Zoloft.

However, there are a lot of other drugs in use and a lot of trials currently taking place, so a lot more information will be known about those drugs in the future. Some are showing promise.

The best advice for now: “Find a physician who specializes in PTSD psychopharmacology before thinking about anti-psychotic drugs,” he said.

NON-CONVENTIONAL

Think herbal remedies, mind and body “hands-on stuff,” he said.

Do they work?

Some of them do, “but we’re really not sure why,” he admitted.

It’s hard to get clinical trials with limited research dollars, he said. It’s also hard to measure and track.

For instance, some have found Brazilian Jujitsu Therapy to be effective, Wynn said. But, just what types of moves and how many moves are needed for it to work are just two of many variables that would need to be controlled for, he said.

Aroma Therapy is another. It’s effective in some “but we’re not sure why.” Homeopathy can be effective but it too is hard to test, he said.

So far, there have been very few studies on non-traditional treatments, he said.

However, that doesn’t mean they should all be rejected out of hand. Again, more will be learned in time, he predicted.

Wynn himself said he advocates some of these non-tra-

ditional approaches. “Virtual reality is probably the most robust and very compelling” and as a bonus, more patients stay in treatment.

Besides Virtual Reality Therapy, Wynn said he often suggests yoga. “It definitely does no harm, but we’re not sure of its specific mechanisms of helping.” It seems to work though.

Acupuncture seems effective as well, he said, as is Art Therapy.

PSYCHOTHERAPY

Psychotherapies almost all have good evidence of being effective, Wynn said. These therapies include: Trauma-Focused, Image Rehearsal, Web-based Cognitive Behavioral, Dialectical Behavior, Acceptance and Commitment, Exposure, Cognitive, Stress Management, Eye Movement Desensitization and Preprocessing and on and on.

Which psychotherapy to choose then?

“The patient’s preference is most important,” he said. “The patient should feel empowered.”

Wynn explains that he often offers the patient a choice between two therapies. “They may not completely understand the choice. I just want them to make the choice so they feel like they own it.”

Another thing about treatments, he said, is that veterans from Vietnam, the Gulf War, Iraq and Afghanistan all respond similarly to therapy, as long as they attend all of the required sessions.

One last prescription from the doc: Don’t be afraid to seek help.

Wynn has dealt with a number of Soldiers suffering from PTSD and their initial response is to deny having any problems. Admitting the need for help is the first step.

Prescription home delivery available

TRICARE beneficiaries can switch to home delivery for any medication taken regularly. There are several ways to switch:

- Call Express Scripts at (877) 363-1303.
- Ask your provider to fax your prescription to Express Scripts at (800) 895-1900.
- Ask your provider to e-Prescribe to “Express Script Mail Pharmacy.”
- Mail your prescription along with a completed mail order form to Express Scripts Inc., P.O. Box 52150, Phoenix, Az. 85072-9954.

The first shipment will usually arrive within two weeks. Switching to home delivery can also save money — \$38 for every brand-name drug compared to using a network pharmacy. In addition, there is no copay for a 90-day supply of generic drugs. Express Scripts stocks all drugs on the TRICARE formulary.



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Runs' popularity forces shirt policy change

FMWR Community Recreation Division

Family and Morale, Welfare and Recreation's monthly 5k fun runs continue to grow in popularity with the Fort Jackson community. According to Mike Elkins, chief of the FMWR Community Recreation Division, the monthly fun runs average 50 to 60 runners.

Elkins said that Mike Garcia, manager of FMWR Sports, Fitness and Aquatics, started adding monthly themes to the races, added a few new race routes, added music, automated timing, balloon arches and a few more special race day improvements.

"With the added touches, the monthly race participation started growing and growing. Over the last 18 months, the races have averaged 250 to 300 runners. We have had two races in the last three months that had 750 and 950 runners, and this does not include Soldiers running in formation," Elkins said.

With the races growing in popularity, and the changing financial environment, FMWR has announced that it cannot continue to give each runner a free post-race T-shirt. Beginning with the next race Oct. 25, runners and walkers will be able to purchase a race T-shirt online when they register for the upcoming race. T-shirts must be ordered no later than 10 working days before the day of the race. T-shirts for the October race can be ordered beginning Oct. 1 through noon, Oct. 10.

When a runner pre-registers online, a T-shirt link will be visible. By clicking on the link, the runner will be able to order and pay for the shirt. Race staff will have the shirts on site, and runners can pick up their T-shirts after the race.

The Saturday morning fun runs have turned into a great community-wide event," Garcia said. "We have the serious runners, runners working on becoming more competitive, folks that just want a no stress casual run, families with strollers, retirees, and units running in formation. It is a great way to start a Saturday morning!"

Upcoming races are the Halloween Howl, Oct. 25 at Twin Lakes; the Turkey Trot, Nov. 22 at Semmes Lake; and the Jingle Bell Run, Dec. 13 at Twin Lakes.

All races begin at 8 a.m. Pre-registration is from 6:30 to 7:30 a.m. Runners are asked to arrive early enough to get



Courtesy photo

The Fort Jackson fun runs, hosted by Family and Morale, Welfare and Recreation, will remain free events. However, starting in October, runners will have to pay for commemorative shirts.

a race bib, stretch and meet a new friend.

The FMWR online registration site is [https://webtrac.](https://webtrac.mwr.army.mil/webtrac103/wbws/Jacksonretract.wsc/wbsplash.ht)

[mwr.army.mil/webtrac103/wbws/Jacksonretract.wsc/wbsplash.ht](https://webtrac.mwr.army.mil/webtrac103/wbws/Jacksonretract.wsc/wbsplash.ht).

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE

Photos by OITHIP PICKERT, Public Affairs Office



Staff Sgt. John Barnebey
Company A
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. David Day

SOLDIER OF THE CYCLE
Spc. Morgan Skinner



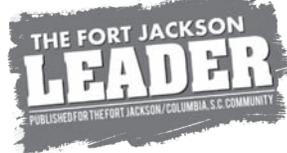
Staff Sgt. Robert Speier
Company E
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Courtney Gower

SOLDIER OF THE CYCLE
Pvt. Kile Vierling



Staff Sgt. Andrea Martin
Company F
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Keeana Benway

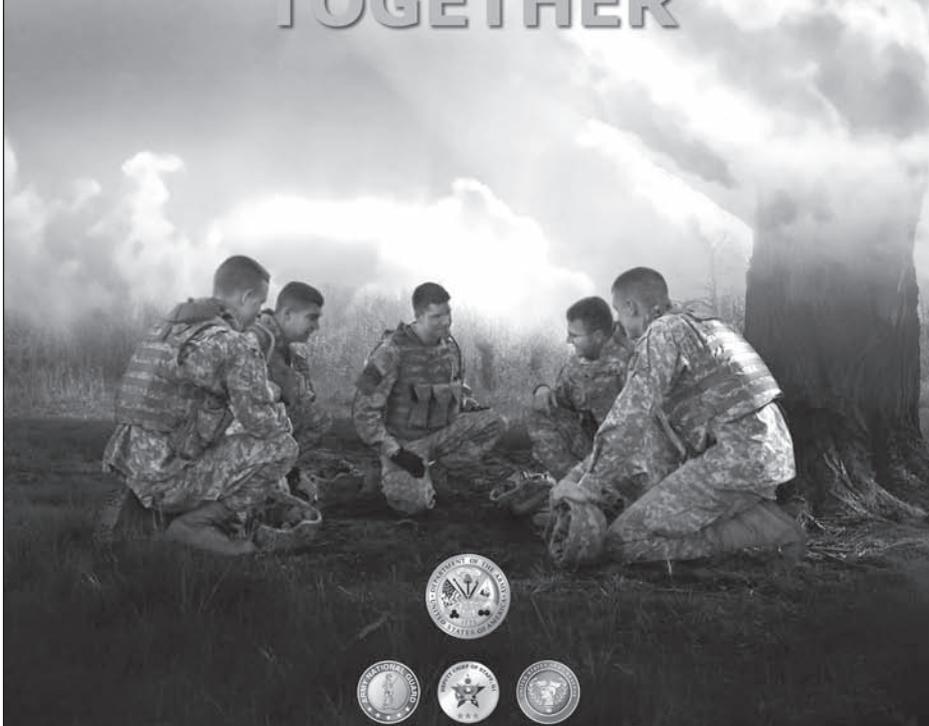
SOLDIER OF THE CYCLE
Pvt. Michale Soto



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www.suicidepreventionlifeline.org www.militaryonesource.com
www.preventsuicide.army.mil

ACS Calendar — October 2014

EMPLOYMENT READINESS PROGRAM

Job searching strategies for military spouses	Strom Thurmond Building, Room 222	Oct. 6, 28	8:30 a.m. to noon	751-5256
Resume writing and interviewing skills workshop	Strom Thurmond Building, Room 222	Oct. 7	9 a.m. to noon	751-5256
PowerPoint (instructor-led workshop)	Education Center, Room B-110	Oct. 9	9 a.m. to noon	751-5256
Steps to federal employment for military spouses	Strom Thurmond Building, Room 222	Oct. 10, 24	9 to 11:30 a.m.	751-5256
Starting and running a small business	Education Center, Room B-204	Oct. 21	9 to 11:30 a.m.	751-4109
Introduction to 2010 Excel (instructor-led workshop)	Education Center, Room B-110	Oct. 23	9 a.m. to noon	751-5256
Intermediate level 2010 Excel (instructor-led workshop)	Education Center, Room B-110	Oct. 30	9 a.m. to noon	751-5256

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP support group — creative journey	Joe E. Mann Center ballroom	Oct. 16	5 p.m.	751-5256
EFMP bowling outing	Century Lanes Bowling Center	Oct. 18	11 a.m. to 12:30 p.m.	751-5256

FAMILY ADVOCACY PROGRAM

OB maternity briefing	MACH, Room 8-85	Oct. 1, 8, 15, 22, 29	9 to 9:15 a.m.	751-6325
Bright Honeybee Explorer play group	5614 Hood St., Room 8	Oct. 1, 8, 15, 22, 29	10 to 11:30 a.m.	751-9035
Stress management class	5614 Hood St., Room 10	Oct. 2	11 a.m. to noon	751-6325
Child safety awareness initial training	5614 Hood St., Room 10	Oct. 6	5 to 7 p.m.	751-6325
Healthy relationships	5614 Hood St., Room 10	Oct. 7	11 a.m. to noon	751-6325
Baby basics class	5614 Hood St., Room 10	Oct. 9	10 a.m. to noon	751-9035
Anger management class	5614 Hood St., Room 10	Oct. 16	11 a.m. to noon	751-6325
Child safety awareness annual refresher	5614 Hood St., Room 10	Oct. 20	5 to 6 p.m.	751-6325
Healthy relationships bingo	Joe E. Mann Center ballroom	Oct. 21	6 to 7:30 p.m.	751-6316
Triple P Positive Parenting Program class	5614 Hood St., Room 10	Oct. 23	10 a.m. to noon	751-6325

FINANCIAL READINESS PROGRAM

Budgeting, banking and checkbook maintenance	Education Center, Room B206	Oct. 23	11:30 a.m. to 1 p.m.	751-5256
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RELOCATION READINESS PROGRAM

In-processing/re-entry brief	Strom Thurmond Building, Room 222	Tuesdays and Thursdays	7:30 a.m.	751-5256
Out-processing	Strom Thurmond Building, Room 222	Monday through Thursday	3 to 3:30 p.m.	751-5256
English as a second language	2612 Covenant Road	Monday through Thursday	8:30 to 11:30 a.m.	343-2935
English as a second language	2612 Covenant Road	Tuesday and Thursday	5:30 to 8 p.m.	343-2935
English as a second language	750 Old Clemson Road	Tuesday and Thursday	6 to 8 p.m.	736-8787
Post newcomer's orientation	NCO Club	Oct. 2	7:45 a.m. to 1 p.m.	751-1124
Phase II levy overseas brief	Strom Thurmond Building, Room 222	Oct. 9, 16, 23, 30	10 to 11 a.m.	751-1124
Stateside levy brief	Strom Thurmond Building, Room 222	Oct. 9, 16, 23, 30	11 a.m. to noon	751-1124

For more information and to register, call the phone number corresponding to the event. Information subject to change.



W O R S H I P SCHEDULE

PROTESTANT

■ Sunday

8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
 9:30 a.m. Hispanic, Magruder Chapel
 9:30 a.m. Main Post Chapel
 10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
 10:45 a.m. Sunday school, Main Post Chapel
 11 a.m. Memorial Chapel
 11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

■ Monday

7 p.m. Women's Bible study (PWOC), Main Post Chapel

■ Tuesday

9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel

■ Wednesday

6 p.m. Gospel prayer service, Daniel Circle Chapel

7 p.m. Gospel Bible study, Daniel Circle Chapel

■ Thursday

11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

Protestant Youth of the Chapel

■ Saturday

11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

■ Sunday

5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

■ Monday through Thursday

11:30 a.m. Mass, Main Post Chapel

■ Sunday

7:30 a.m. Confessions, Solomon Center

8 a.m. IET Mass, Solomon Center

9:30 a.m. CCD (September through May), Education Center

9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel

9:30 a.m. Religious ed class for children (September through May), Main Post Chapel

10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel

11 a.m. Mass (Main Post Chapel)

12:30 p.m. Catholic youth ministry, Main Post Chapel

■ Wednesday

7 p.m. Rosary, Main Post Chapel

7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL/EPISCOPAL

■ Sunday

8 a.m. Anderson Street Chapel

ISLAMIC

■ Sunday

8 to 10 a.m. Islamic studies, Main Post Chapel

■ Friday

12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

■ Sunday

9:30 to 10:30 a.m. Worship service, Memorial Chapel

10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

■ Sunday

11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

■ Sunday

9:30 to 11 a.m. Anderson Street Chapel

■ Wednesday

3 to 5 p.m. LDS family social, Anderson Street Chapel

■ Wednesday

7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel

2335 Anderson St., 751-7032

Bayonet Chapel

9476 Kemper St., 751-6322/4542

Daniel Circle Chapel

3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478

Education Center

4581 Scales Ave.

Chaplain Family Life Center

5460 Marion Ave (to the side of the POV lot), 751-4961

Magruder Chapel

4360 Magruder Ave., 751-3883

Main Post Chapel

4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681

McCrady Chapel (SCARNG)

3820 McCrady Road (located at McCrady Training Center)

Memorial Chapel

4470 Jackson Blvd., 751-7324

Warrior Chapel (120th AG Bn.)

1895 Washington St., 751-5086/7427

Installation Chaplain's Office

4475 Gregg St., 751-3121/6318