



**“What can I do?”**  
**NOT**  
**“What I should have done ...”**



**“What can I do?”**  
**NOT**  
**“What I should have done ...”**

**INTERVENE** When I recognize a threat to my fellow Soldiers, I will have the personal courage to INTERVENE and prevent Sexual Assault.

**ACT** You are my brother, my sister, my fellow Soldier. It is my duty to stand up for you, no matter the time or place. I will take ACTION.

**MOTIVATE** We are American Soldiers, MOTIVATED to keep our fellow Soldiers safe. It is our mission to prevent Sexual Harassment and Assault. We are strongest ... together.

**Restricted Reporting**

Allows a military member, who is a victim of sexual assault to **confidentially** report and receive medical treatment and counseling without an official investigation. To receive a Restricted Report, the military member must report to the **IVA, Victim Advocate, Health Care Provider, or Chaplain.**

**Unrestricted Reporting**

Allows a military member, who is a victim of sexual assault to receive medical treatment, counseling as well as a law enforcement investigation. To receive an Unrestricted Report, the military member can report to the IVA/UVA, chain of command, or law enforcement.



**YOU ARE NOT ALONE**

IF YOU OR A FELLOW SOLDIER  
 NEED HELP, SCAN OR DIAL NOW:

**(804) 586-0924**  
**CHAPLAIN (24/7)**



[www.armyg1.army.mil/hr/suicide](http://www.armyg1.army.mil/hr/suicide)

It takes **COURAGE** to ask for help when needed





**“What can I do?”**  
**NOT**  
**“What I should have done ...”**



**“What can I do?”**  
**NOT**  
**“What I should have done ...”**

## **ACE SUICIDE INTERVENTION**

### **ASK YOUR BUDDY**

- Have the courage to ask the question, stay calm
- Ask directly: Are you thinking of killing yourself?

### **CARE FOR YOUR BUDDY**

- Calmly control the situation; don't use force; be safe
- Actively listen to show understanding and produce relief
- Remove any means of self-injury

### **ESCORT YOUR BUDDY**

- Never leave your buddy alone
- Escort to chain of command, Chaplain, behavioral health professional, or primary care provider
- Call for help

**CHAPLAIN: (804) 586-0924**

Suicide Lifeline: 1-800-273-TALK (8255) Press “1”  
 Military One Source Consultant: 1-800-342-9647

## **ARE YOU A VICTIM OF SEXUAL HARASSMENT/ASSAULT?**

**Report it! We will NOT tolerate it!**



**SCAN OR DIAL NOW:**  
**Call the Fort Lee Sexual Assault  
 and Domestic Abuse Hotline**  
**(804) 894-0029**  
*Help is available 24/7!*

Fort Lee victim advocates also available during duty hours at:  
 (804) 734-7083 / 734-6378 / 765-3717

www.**PREVENTSEXUALASSAULT**.army.mil