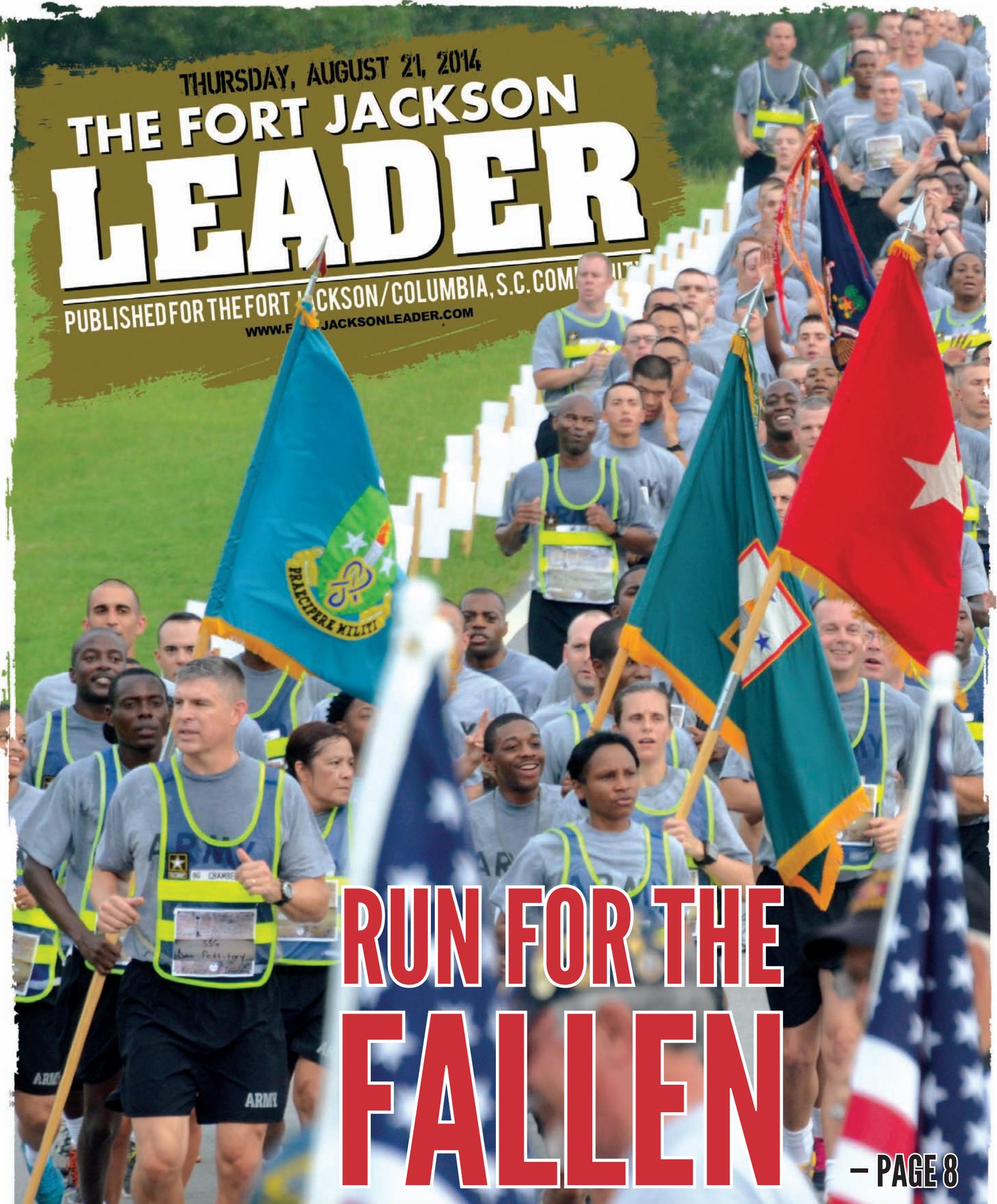


THURSDAY, AUGUST 21, 2014

THE FORT JACKSON LEADER

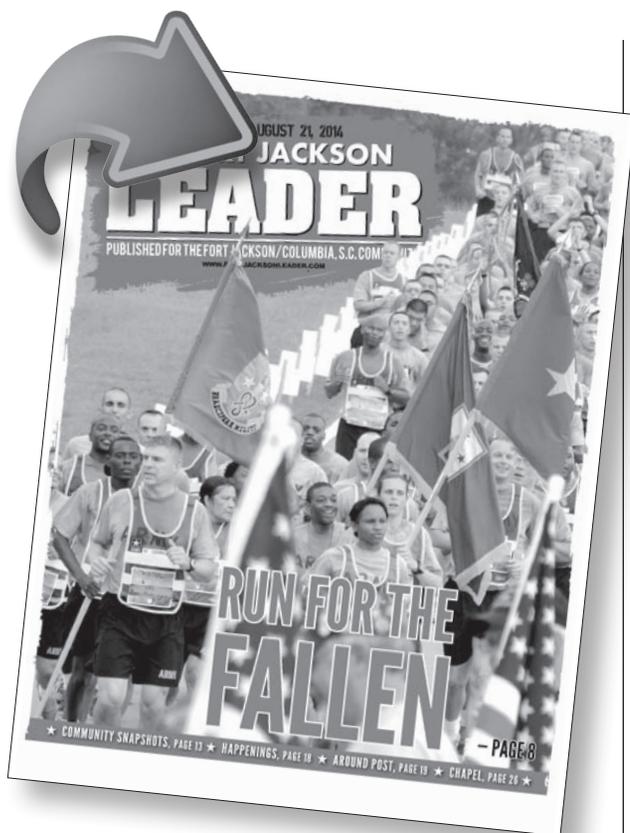
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RUN FOR THE FALLEN

— PAGE 8

OP-ED



ON THE COVER

Photo by SUSANNE KAPPLER

Brig. Gen. Paul Chamberlain, commanding general of the Soldier Support Institute, leads runners during the Run for the Fallen Saturday at Hilton Field. SEE PAGE 8.



Fort Jackson, South Carolina 29207

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Celebrating Women's Equality Day – 26 August 2014

The Nation's annual observance of Women's Equality Day commemorates the addition of the 19th Amendment to the Constitution, which guaranteed women the right to vote. This victory moved our Nation forward on the path towards equal civil and political rights for all Americans.

The roles of women in the Army have changed dramatically since 1775. Then, women only nursed the ill and wounded, laundered and mended clothing and cooked for the troops in camp on campaign – services that did not exist among the Army's uniformed personnel until the 20th Century. Now, women make up nearly 16 percent of the Active Army and serve in 95 percent of all Army occupations. Women continue to have a crucial role in current operations, and their contributions to defending freedom underscore their dedication and willingness to share great sacrifices.

We are incredibly proud of our courageous and patriotic Army personnel. Daily, each member proves people are the strength of our Army. Together, they make the Army the strength of our Nation. The Army has long been a leader in understanding the power and potential that is created by embracing diversity in the ranks. To that end, women of the highest caliber have served in our Army for generations and have proven that sacrifice and selfless service are genderless. We are a world-class force because we recruit and integrate the best talent in ways that enhance decision-making and inspire high performance.

This Women's Equality Day, join us in honoring those who fought tirelessly for women's right to vote. We are grateful for all who have helped to shape America and to make America's Army what it is today – a place where women and men from all walks of life stand proudly together in service to our Nation. Army Strong!

Raymond F. Chandler III
 Raymond F. Chandler III
 Sergeant Major of the Army

Raymond T. Odierno
 Raymond T. Odierno
 General, United States Army
 Chief of Staff

John M. McHugh
 John M. McHugh
 Secretary of the Army

LETTER TO THE EDITOR

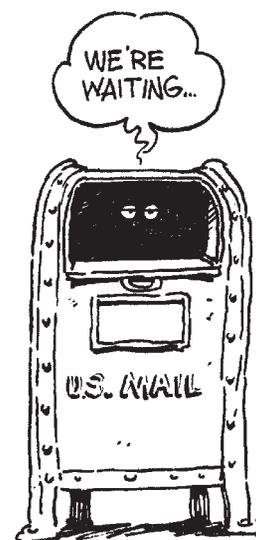
Don't take DPW work for granted

I work at the 120th Adjutant General Battalion (Reception) as a human resources lead. The lights in this office are detrimental to getting the job done. I placed a work order on June 27 (to have the lights fixed). I was told it takes at least 30 days for someone to fix the lights. The workers came July 13. The majority of the lights connected to the balusters had to be replaced. ... I would like to thank Kenneth Redden and Herbert Smith for doing an outstanding job in replacing the balusters and finally giving this office some much-needed lighting to do our job. They were very diligent in making sure all the lights were properly working before they left. I know we take the Directorate of Public Works for granted — the employees have to cater to all of Fort Jackson — but sooner or later we all will see the light.

Gladys Mericle
 Fort Jackson

LETTERS Editor

The *Leader* welcomes letters to the editor. All letters should include the name and address of the writer. Letters should also include a phone number for verification purposes.



The *Leader* reserves the right to edit letters for grammar, style, spelling and brevity.

Send your letter to FJLeader@gmail.com. Call 751-7045 for information.

Clergy attend ministry forum on post

By **ANDREW McINTYRE**
Fort Jackson Leader

Members of the local clergy and post chaplains gathered Tuesday at the Fort Jackson Officers' Club to learn about on- and off-post resources available to service members who worship at local churches.

"The Fort Jackson Soldier Family — Ministry Forum is a chaplain-led initiative designed to help meet the spiritual and other needs of service members and their families by partnering with religious or faith-based groups in the local community," said Chaplain (Col.) James Palmer, Fort Jackson installation chaplain.

The topic for the forum was "Domestic Violence and Sexual Assault: Prevention and Victim Advocacy."

"I want to be able to help pastors understand the importance of the cycle of violence and that most parishioners are not going to come to them and share that they are in an abusive relationship," said Yolanda White, a licensed independent social worker/clinical practitioner with Dorn VA Medical Center. "They need to know the early signs as they provide marital counseling and as they see people struggling with these issues.

"I think if the pastors continue to communicate that the man should love his wife as Christ loves the church, and that love shouldn't hurt, love shouldn't be name calling or tearing down someone's character, that will help communities, young people and those in relationships," White said.

More than 15 clergy members from the local community attended the forum.

"Each presenter was important, but I did not realize that (clinical practitioners) were available at the VA in regards to counseling for abuse and that sort of thing," said the Rev. Clarke McGriff, Greenhill Baptist Church. "This event was a great opportunity to also get diverse religious leaders to rub shoulders to see how we might now collaborate together in civilian ministries outside the gate,"



Photo by ANDREW McINTYRE

Military chaplains and members of the local clergy attend the Fort Jackson Soldier Family — Ministry Forum Tuesday at the Officers' Club. The forums aims to exchange information about on- and off-post resources available to Soldiers and their families.

McGriff said.

Palmer said he was pleased with the diversity of the clergy in attendance, which included non-denominational and denominational Christian pastors as well as Muslim imams.

"For our first one, I am pleased with our turnout and

with the presenters' information," Palmer said. "The intent is not to reach a particular group, but to reach all faith-based organizations regardless of their faith background."

Palmer said he plans to have similar forums twice a year.

Andrew.R.McIntyre.civ@mail.mil

Labor Day Gate Hours

Gate 1

- Closed

Gate 2

- Open around the clock

Gate 4

- Closed

Gate 5

- 5 a.m. to 1 p.m., inbound and outbound traffic
- 3:30 to 6 p.m., outbound traffic

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Counselors learn ScreamFree methods

By WALLACE McBRIDE
Fort Jackson Leader

Representatives of the ScreamFree Institute in Norcross, Georgia, hosted two days of training on Fort Jackson this week that focused on its brand of marriage and parenting initiatives.

The class was certified by the ScreamFree Institute using the principles outlined in Hal Edward Runkel's self-help book, "The Self-Centered Marriage." Students in the class represented a cross-section of life on Fort Jackson, including employees of Moncrief Army Community Hospital, an Army chaplain who works with Soldiers in Basic Combat Training, a counselor at the Family Life Center and post volunteers. An employee with the Charleston County Detention Center also took part in the sessions.

"We go to about 40 installations a year, and one of the key things we do is spend two days training the incredible family professionals that are already on post," said Jon Kaplan, managing director of the ScreamFree Institute. "Some of them are working with chaplains, some of them are working with substance abuse (specialists), some are with the different units and battalions ... we're trying to give each of them the background information to help them be more effective and give people the help they need."

Kaplan said the program is not tailored to specifically meet the needs of military families, which is something he said the Army finds appealing.

"One of the things that made us so attractive (to the Army) is that the program is not military specific," he said. "However, what we've tried to do in implementing the model is say, 'Look, we've never lived a day in your shoes. We are not the experts in this. None of us are military spouses. None of us are military professionals.'"

Kaplan said the principles of the ScreamFree Institute are universal, even if the stress placed on military families is unique.



Photo by WALLACE McBRIDE

Jon Kaplan, managing director of the ScreamFree Institute, addresses attendees of a two-day class teaching the principles of ScreamFree relationships to counselors, chaplains and volunteers Monday at the Solomon Center.

"What we do in training these people is train them in our principles because the principles are true in any relationship, regardless of where people are or what they do every day," he said. "I think that's helped the popularity of the program within the military."

"These principles are not just good for marriage, I think they're good for ... parenting, as well," Sarah Holley, director of leadership development, told the class. "They're good in lots of relationships. I want you to be thinking about how you can use these principles whether or not you're married."

The backgrounds of participants in this

week's program were as varied as their careers. They were asked to introduce themselves at the beginning of the first day of class and share some of their personal experiences with each other. Some were married, others were not. Some had children, some were divorced, but they all had one thing in common — a counseling relationship with people whose family backgrounds were as diverse as their own.

"Some of these people will go forth and lead ongoing classes," Kaplan said. "Others will meet one-on-one with people, to give people a different way to think about marriage."

ScreamFree activities at Fort Jackson

culminated in a "date night" event Tuesday at the Solomon Center. While it was designed for couples, Kaplan said individuals were welcome to attend, as well.

"What ScreamFree is about is teaching people to make staying calm their No. 1 priority," Kaplan said. "With all of the chaos of everyday life — let alone military life — what we teach people is that the only person they have any control over is themselves. Stop trying to control your spouse; stop trying to control your kids; and start focusing on the only person you can control."

Milton.W.McBride3.ctr@mail.mil

LEGAL NOTICE

Anyone with debts owed to or by the estate of Staff Sgt. Christopher M. Hall must contact Capt. Alex Creammer, the summary court martial officer for the Soldier. Hall passed away Aug. 9 in Greenville. To contact Creammer, call 751-0907 or email Alexander.J.Creammer.mil@mail.mil.

Follow the Leader

Twitter: www.twitter.com/fortjacksonpao.

LEADER DEADLINES

Article submissions are due two weeks before publication. For example, an article for the Sept. 4 Leader must be submitted by today.

Announcement submissions are due one week before publication. For example, an announcement for the Sept. 4 Leader must be submitted by Aug. 28.

Send your submissions to FJLeader@gmail.com. For more information, call 751-7045.



Team addresses POV shipping issues

By **MARK DIAMOND**

Military Surface Deployment and Distribution Command

SCOTT AIR FORCE BASE, Ill. — Transportation experts from U.S. Transportation Command and Military Surface Deployment and Distribution Command formed a fusion team Aug. 4 to more quickly evaluate and address critical issues affecting the military's privately owned vehicle shipping program.

On May 1, International Auto Logistics assumed responsibility for the Global Privately Owned Vehicle Contract, also known as GPC III. Under the terms of the contract, IAL is responsible for processing, transporting and storing vehicles owned by military personnel and Defense Department civilian employees bound for or returning from overseas duty locations.

The newly formed fusion team is a combination of experts familiar with the contract requirements. Air Force Brig. Gen. Paul Guemmer leads the team.

"We are working very closely with IAL, and we have put together a team to research

the issues and gain an understanding of how IAL intends to make the process more efficient and transparent," Guemmer said. "Our group's responsibility is to examine IAL's supply chain processes and provide contract oversight of the company's ability to meet the requirements for our military customers. We're not here to do IAL's job. We're here to look after the best interest of our military customers by highlighting issues that IAL needs to resolve."

Guemmer said the team has been working hard to understand and correct the most immediate issues that are affecting military customers.

"We've seen there is a constrained information flow to our military customers, and more importantly, if the process doesn't work, our customers need to know how to elevate their concerns," the general explained. "How can our customers reach an IAL representative, and at what point do they elevate the problem to a government representative who can intervene on their behalf?"

During the team's first week, it developed and distributed a customer advisory to all Defense Department transportation offices clarifying the level of service to which

customers are entitled, as well as to provide customers a better understanding of how they resolve issues within the vehicle shipping process.

The general said another area of concern is rental car expenses and other incidental expenses a customer incurs as a result of a missed vehicle delivery date.

"Our military POV customers are sometimes confused and frustrated," Guemmer said. "They need to know they will be taken care of throughout the entire process."

For military personnel, fusion team officials said, the first seven days of rental car expenses are reimbursed by the government, and IAL is responsible for rental car expenses beyond that period. DoD civilian employees are not entitled to rental car expenses from the government for the first seven days, but they may file an inconvenience claim through IAL for rental car expenses beginning the first day after the delivery date is missed.

Guemmer said the team spent much time during the first week understanding IAL's in-transient visibility, or ITV, processes. ITV is an organization's capability to provide the customer with maximum visibility and

near-real-time status on the movement of all classes of supply, from origin to destination.

According to Army Lt. Col. Michael Erhardt of SDDC's operations directorate, members of the fusion team believe the majority of customer concerns are a result of missing or incomplete ITV data. He said IAL's system, in some cases, may not accurately reflect where a vehicle is in the shipping process.

"Every customer should be able to easily and quickly determine where the vehicle is, and right now, that's not happening," Guemmer said.

As an interim fix, Erhardt said, the fusion team is adding contracting officer's representatives, known as CORs, at several VPCs within the continental United States. He said the increased onsite presence will be used to engage with customers, oversee contractor performance, and validate that accurate ITV information is being provided from each vehicle procession center.

"Again, we cannot do IAL's job," Guemmer said. "We can point out the areas that need to be improved, and it's up to IAL to put the right priority on providing those necessary capabilities."

Environmental News

TRAINING OPPORTUNITIES

■ Environmental Compliance Officer Course; Sept. 23-24; 3240 Sumter Street. For more information and to register, call 751-5011 or email pearline.jackson@us.army.mil. Include the attendee's full name, rank, job title, name of unit/activity, telephone number and email address.

■ Hazardous Substance Management Class; 8:30 a.m., Oct. 9; 2563 Essayons Way. This class is required annually for all personnel who manage hazardous waste or controlled waste or who have a high potential for hazardous waste generation or hazardous substance violations. For more information, call 751-4231 or email heather.s.thomas8.civ@mail.mil.

■ Spill Prevention Control and Countermeasures Training: This training is required annually for all personnel involved in oil handling, transfer, storage or maintenance of oil equipment. For more information and to schedule training, call 751-9511 or email mark.d.merritt6.civ@mail.mil.

SAVE THE DATE

■ Oct. 18; 10 a.m. to 2 p.m.: National Archaeology Month event at Twin Lakes. Activities include an open site excavation, artifact identification and flint knapping demonstrations. For more information, call 751-7153 or 751-5971.



Courtesy photo

The Smooth Coneflower is among the endangered species calling Fort Jackson home.

■ Nov. 14; 9 a.m. to 2 p.m.: America Recycles Day at the Fort Jackson Recycling Center. The event will include educational vendors and demonstrations. In addition to the items

currently collected at the Recycling Center, fire extinguishers, tires and electronic waste will be collected that day. To make a suggestion for an item to be collected that day and for more information, call 751-5971.

DID YOU KNOW ... ?

The Smooth Coneflower was added to the Federal Endangered Species list on Oct. 8, 1992. As is required of all federal entities, Fort Jackson must act as strong stewards of natural resources, preserving the habitat of endangered or threatened species and minimizing any adverse actions on vulnerable plants and animals.

Currently, Fort Jackson is required to restrict certain military activities to protect the Smooth Coneflower. These activities include military maneuvers and field training exercises that cause habitat and soil disturbance.

Biologists working for the Environmental Division monitor the population once a year, usually in the spring when the plant is flowering. Although Smooth Coneflower populations have varied over the last 20 years, on average they are increasing in numbers.

Fort Jackson has received national recognition for its restoration efforts on this species and many others. The Smooth Coneflower population is located on the east side of the installation. Before this area was annexed, families lived there who may have planted these flowers.

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Photos by Susanne Kappler

Soldiers with the Soldier Support Institute run in formation during the Run for the Fallen Saturday at Hilton Field. More than 325 Soldiers wore runner's bibs with the names of fallen service members from South Carolina. More than 3,000 Soldiers, civilians and family members participated.

'A most honorable event'

Thousands of runners pay tribute to fallen service members

By **SUSANNE KAPPLER**
Fort Jackson Leader

For the fourth year, Fort Jackson Survivor Outreach Services hosted its annual Run for the Fallen Saturday at Hilton Field. The 5K run/walk aims to commemorate the service members who have died since Sept. 11, 2001 while on active duty.

This year's event drew a record number of participants, said Leslie Smith, SOS coordinator. About 2,800 Soldiers running in formation were joined by more than 600 individual runners and walkers.

"For us to pull this off every year and people actually still wanting to do it, makes me happy," Smith said.

The run was led by more than 325 Soldiers from the Soldier Support Institute, who wore the names of fallen comrades from South Carolina on their runner's bibs.

"We proudly, but humbly and happily lend our support to helping ensure the success of this most honorable event," said Brig. Gen. Paul Chamberlain, SSI commanding general.

During his opening remarks before the start of the run, Chamberlain addressed the family members of 10 fallen Soldiers who were in attendance.



Surviving family members of fallen service members are recognized before the run.

Run

Continued from Page 8

“We sponsor events such as this because the Army is dedicated to providing consistently high levels of support and service to the survivors of our fallen Soldiers,” Chamberlain said. “Our intent is to increase awareness, to recognize, honor and show respect to those survivors who have had to bear unimaginable heartbreak over the loss of a loved one in defense of our country. We offer our heartfelt gratitude to the faithful, dedicated service and the ultimate sacrifice your loved ones made on behalf of our nation.”

Smith said planning for the event started in February and included many on- and off-post organizations.

“The Blue Star Mothers, for the third year in a row, have hosted the survivors,” she said. “

This year, the run included music from the 282nd Army Band and members of the Patriot Guard Riders for the first time.

“Those were little last-minute (additions), but I thought they were great touches for (the event),” Smith said. “It just steps it up a little bit more, which means we’ll probably have something even better next year.”

Susanne.Kappler1.ctr@mail.mil



Photos by SUSANNE KAPPLER

Soldiers with the Soldier Support Institute hold up the bibs with the names of fallen service members as they approach the finish line of the Run for the Fallen Saturday at Hilton Field.



Above, members of the Patriot Guard Riders stand guard before the run. Left, Soldiers with the 2nd Battalion, 60th Infantry Regiment pass the Patriot Guard Riders as they return to Hilton Field at the end of the 5K run.



Visit the Fort Jackson Leader website at www.fortjacksonleader.com



Photo by WALLACE McBRIDE

First-grade students of Pierce Terrace Elementary School sit in the hallway before the start of class Monday, the first day of the new school year.

BACK TO SCHOOL ☺



Photo by ANDREW McINTYRE



Photo by WALLACE McBRIDE



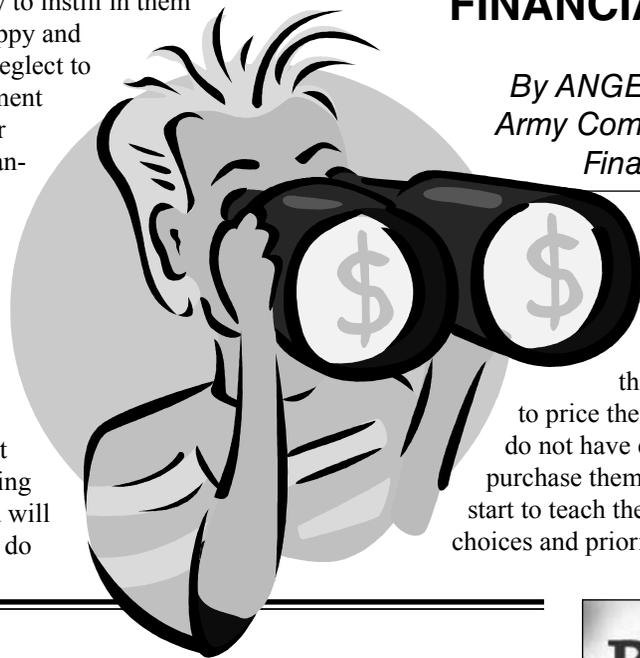
Photo by WALLACE McBRIDE

Photos above, from left: Deborah Scobey, media specialist at C.C. Pinckney Elementary School, puts the final touches on a display at the school Monday. Families arrive at Pierce Terrace Elementary School Monday to begin the new school year. Sgt. 1st Class Manuel Sahagun, 4th Battalion, 10th Infantry Regiment, says goodbye to his daughter Naomiannam, 5, Monday as the new school year begins at Pierce Terrace Elementary School.

Teaching children financial responsibility

As parents, we teach our children about life, push them to get educated and try to instill in them values that will lead to a happy and prosperous life. Too often, parents neglect to teach their children money management skills that will be useful later in their lives. Omitting lessons on being financially responsible can have lifelong consequences. Children need to understand the value of money and how it can have a great impact on their way of life.

Parents can begin by teaching children how money is used and how to acquire it. Children need to know that money is scarce and is not an unlimited resource. Practice playing simple money games that your child will enjoy. For example, have your child do



FINANCIAL ADVICE

By ANGELA CROSLAND
Army Community Services
Financial Readiness

something to earn money and then go “shopping” for toys around the house. Place a price tag on the toys, but be sure to price them in a way that they do not have enough money to purchase them all. This will also start to teach the concept of making choices and prioritization. Depending

on your child’s age, you can add features into the game. For example, have them first put some of their earnings into savings, then pay bills followed by purchasing the fun items.

Children absorb information, verbally and nonverbally, from their parents. They will mimic good habits and bad habits displayed by parents. If, as a parent, your money management skills are not where they should be, seek assistance from a financial counselor. Taking care of yourself is a very important part of taking care of your children. For money management advice, contact a financial counselor at Army Community Service by calling 751-5256.

Help your children be financially secure adults. Teaching them the importance of managing their money is a gift that will continue to give throughout their lives.

For more information on the services offered by the ACS Financial Readiness Program, visit http://fortjacksonmwr.com/acs_fin/index.html.

News and Notes

WOMEN’S EQUALITY DAY

A luncheon in observance of Women’s Equality Day is scheduled from 11:30 a.m. to 1 p.m., Tuesday at the NCO Club.

FACEBOOK TOWN HALL MEETING

The next garrison Facebook town hall meeting is scheduled from noon to 1 p.m., Sept. 17. Community members may submit questions to garrison directors and staff via Facebook or via email. Log on to Facebook and search for “U.S. Army Garrison Fort Jackson, SC.” Email questions to [usarmy.jackson.93-sig-bde.list.jackson-dptms-](mailto:usarmy.jackson.93-sig-bde.list.jackson-dptms-townhall@mail.mil)

townhall@mail.mil. Email questions will be accepted starting Tuesday.

HISPANIC HERITAGE MONTH

A luncheon in observance of Hispanic Heritage Month is scheduled from 11:30 a.m. to 1 p.m., Sept. 19 at the NCO Club. The theme is, “Hispanics: A legacy of history, a present of action and a future of success.” For more information, call 751-4591.

*Information subject to change.
To submit an announcement, email fjlead-er@gmail.com.*

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Reel Time Theaters

We're saving a seat for you.

Ft. Jackson Movie Schedule

PH (803)751-7488

Adult \$5.50/Child (6-11): \$3.00

3D: Adult \$7.50/Child (6-11): 5.00

3319 Jackson BLVD

Ticket sales open 30 minutes prior to each movie

Movie times and schedule are subject to change without notice

Friday August 22

Planes: Fire and Rescue (PG) 7 p.m. 1h 23m

Saturday August 23

Sex Tape (R) 1 p.m. 1h 34

Dawn of the Planet of the Apes (PG-13) 4 p.m. 2h 10m

Sunday August 24

Dawn of the Planet of the Apes (PG-13) 1 p.m. 2h 10m

Planes: Fire and Rescue (PG) 4 p.m. 1h 23m

Wednesday August 27

The Purge: Anarchy (R) 1 p.m. 1h 43m

Transformers: Age of Extinction (PG-13) 4 p.m. 2h 45m

Friday August 29

Dawn of the Planet of the Apes (PG-13) 7 p.m. 2h 10m

Saturday August 30

Lucy (R) 1 p.m. 1h 39m

Guardians of the Galaxy (PG-13) 4 p.m. 2h 1m

Sunday August 31

Guardians of the Galaxy (PG-13) 1 p.m. 1600 2h 1m

Hercules (PG-13) 4 p.m. 1h 38m



Photos by WALLACE McBRIDE

First Sgt. Robert Vose, Company A, 4th Battalion, 10th Infantry Regiment, collects trash along the shore of Semmes Lake during the battalion's cleanup effort Tuesday. Soldiers with the 4-10th collected 30 bags of trash near Semmes and Legion lakes.



Staff Sgt. Timothy Earhart, 4-10th, and Stephanie Gillian, the post's Solid Waste Program manager, identify collect trash and recyclable items from Semmes Lake Tuesday.

Trash patrol

4-10th tackles post beautification

By WALLACE McBRIDE
Fort Jackson Leader

Soldiers with the 4th Battalion, 10th Infantry Regiment volunteered Tuesday morning to collect trash from around some of the post's recreational areas.

Soldiers specifically concentrated their efforts around Fort Jackson's lakes and ponds, collecting 30 bags of garbage, each holding 13 gallons. Much of the refuse that was collected is recyclable, said Stephanie Gillian, the post's Solid Waste Program manager.

"The trash collected is going to be disposed of, but the recyclable material is going to be separated and taken to the recycling center," Gillian said. "Most of what we're finding is plastic and aluminum."

"We're focusing our efforts on Semmes Lake and Legion Lake, trying to give back to the community where we work," said Chaplain (Capt.) Ronnie

Irwin, 4th Battalion, 10th Infantry Regiment. "As a chaplain, what it brings to the unit ministry team is a great opportunity to work with Soldiers and conduct a project shoulder-to-shoulder with them. It helps me build relationships with Soldiers."

About 90 Soldiers collected trash from around the banks of the two lakes and used canoes to collect hard-to-reach trash floating away from shore. Irwin estimated more than 100 volunteer hours were donated to the cause.

Most of the trash collected Tuesday had been floating in the two lakes. In addition to the bottles and cans, volunteers found a tennis ball, golf balls, a football, a small wheel and a bicycle seat. Irwin said clean-up efforts will soon expand to other areas on Fort Jackson.

"Our intention is to clean up the other lakes, but right now we're going to focus on the cantonment area," he said. "We still have Twin Lakes, Heise Pond and Boyden Arbor that we'll schedule in the near future to clean up."

Milton.W.McBride3.ctr@mail.mil



SSI honors

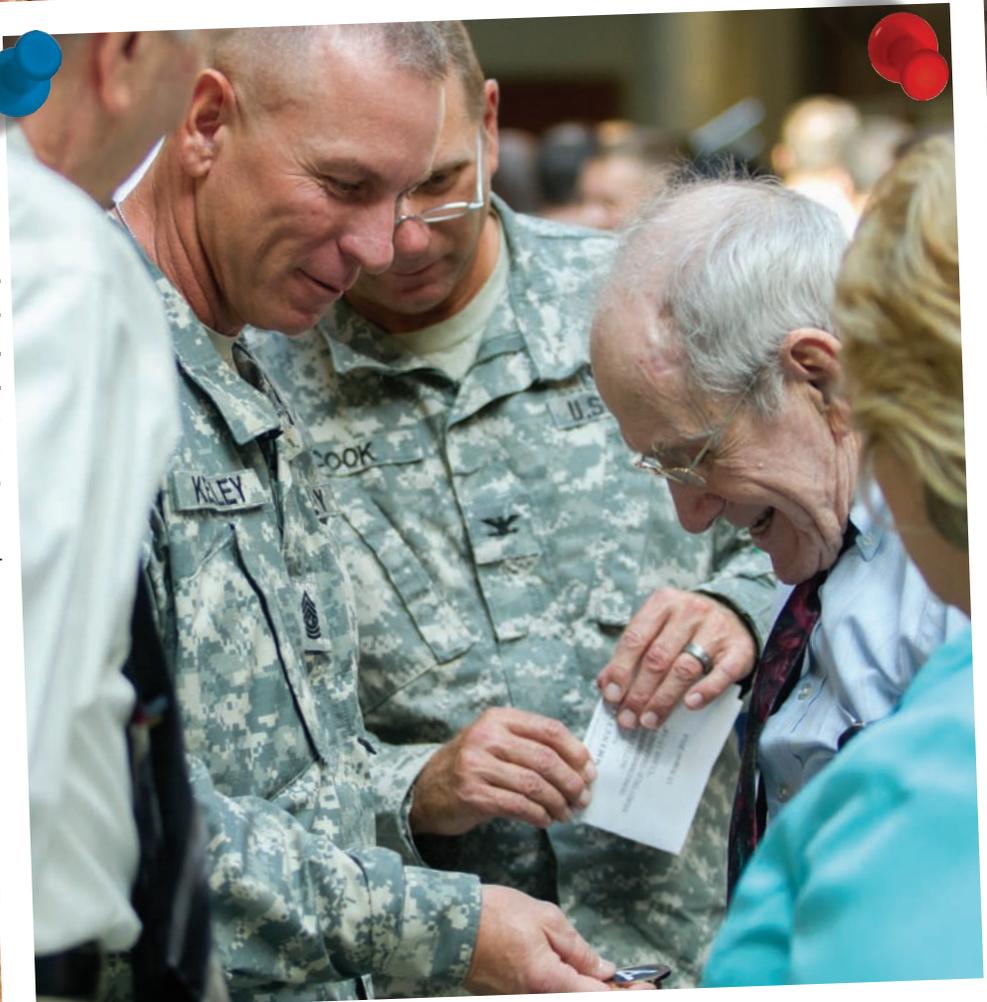
Photo by ANDREW McINTYRE

Brig. Gen. Paul Chamberlain, front left, commanding general of the Soldier Support Institute, and SSI Command Sgt. Maj. Annette Webber, front right, present awards for outstanding efforts by SSI Soldiers and civilians Monday at the SSI auditorium. Among those honored were Donald Copely, who received the Superior Civilian Service Award, and Sgt. 1st Class Matthew Tovar, who received the Army Commendation Medal for winning the SSI Platoon Sergeant of the Year competition.

WWII vet visits USARCENT

Command Sgt. Maj. Ronnie Kelley, U.S. Army Central command sergeant major, presents retired Col. William Reynolds, the USARCENT command coin at Patton Hall, Aug. 13. Reynolds is a Sumter native who served with Gen. George Patton's Third Army in World War II. Third Army is the historical name and heritage of USARCENT. The coin resembles the unit patch not only worn now, but also worn by Reynolds during the war

Photo by SGT. 1ST CLASS NICHOLAS SALCIDO, USARCENT



Feedback welcome on Performance Triad app

By DAVID VERGUN
Army News Service

WASHINGTON — Important information and helpful links on sleep, activity and nutrition — the three components of Performance Triad — are now available as an app that can be downloaded to any smartphone.

While the Performance Triad version 1.0 is useful in its current form, future versions will contain interactive features, according to Lt. Col. Myong Woo, Health Informatics officer, technical lead for Performance Triad.

The Army Office of the Surgeon General would like to receive feedback from Soldiers, Army civilians and family members about exactly what they would like the app to feature, she said, as app developers are meeting next month to discuss future versions.

Commanders have already expressed interest in an interactive dashboard feature that would allow them to provide guidance to their troops or answer any questions or concerns they might have, she said, adding that Soldiers would have complete control of their confidentiality.

Perhaps Soldiers would like a daily inspirational message or tips on managing work, while getting the proper amount of sleep, or a nutritional tip of the day. Other possibilities, she said, include entering steps taken per day and hours of sleep or food eaten to track sleep wellness or calories.

Feedback like this will help guide future app development, Woo said, noting that “it’s now very much a work in progress.”

Users can visit their app store for this free app for iPhone, Android or Windows. Search for “Performance Triad” and download the app to the smartphone.

Once the app is downloaded, avatars of a Soldier, Army civilian, family member and retiree will be displayed.

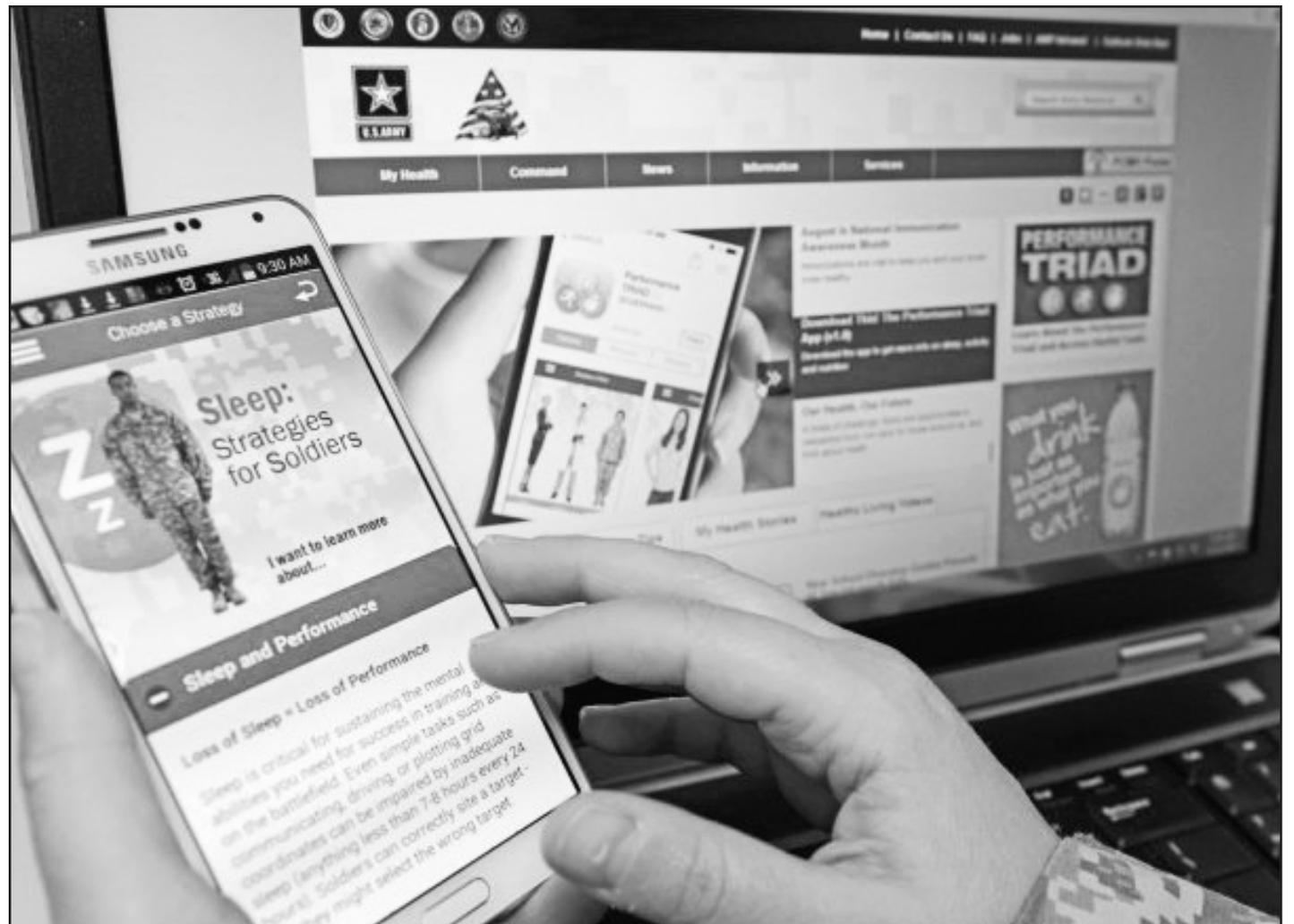


Photo by DAVID VERGUN, Army News Service

Important information and helpful links on sleep, activity and nutrition — the three components of Performance Triad — are now available as an app that can be downloaded to any smartphone. While the Performance Triad version 1.0 is useful in its current form, future versions will contain interactive features.

Users should click on their avatar, which will open up content most applicable to them, she said.

Content in the app is organized by the three sleep, activity and nutrition categories. Within each category are such things as frequently asked questions and links to helpful sites like Army wellness centers, the Human Performance Resource Center and Operation Supplement Safety.

After reviewing the content, users should click on “review” to provide feedback, she said, adding that it would be excellent if squad leaders and other leaders can promote the app to their Soldiers and their own family members.

The app supports the Army’s Ready and Resilient Campaign by giving Soldiers and family members the tools they need to maintain peak performance, Woo concluded, adding that August is

Performance Triad month, and it’s also the one-year anniversary when the first Performance Triad pilot course started.

The Army Public Health Command, U.S. Army Training and Doctrine Command, U.S. Army Combined Arms Support Command and U.S. Army Sustainment Center of Excellence also participated in the app’s development and will participate in future revisions, Woo said.

Tobacco use harms military readiness

By **CLAUDETTE ROULO**

DoD News

WASHINGTON — Because tobacco use is harmful to military readiness, the Defense Department has an added responsibility to curb its use, the assistant secretary of defense for health affairs said, noting that service members are more likely to use tobacco products than civilians.

Tobacco use can lead to excess oral cavity disease and morbidity, Dr. Jonathan Woodson said.

“It affects dental readiness, which is very important in making sure that we have a healthy force ready to deploy for the nation’s defense,” he explained.

“We know that tobacco use figures prominently in development of cancers, but also there are many other health related consequences — (decreased) lung function, heart function, excess heart attacks and strokes,” Woodson said. “And so it’s something that we really do need to concentrate on as a public health issue for the services.”

In the coming decades, 171,000 of the personnel currently serving are likely to die prematurely due to tobacco use, he added.

“We have an extra responsibility to address this problem,” Woodson said. “The way I look at it is, just as we would leave nobody behind in the combat zone (and) we expend every effort to save the life of a battle buddy that’s on our right or on our left, we need to do the same with tobacco use.”

The Military Health System is partnered with tobacco cessation programs Action to Quit and U Can Quit 2 and has developed Operation Live Well, all in an effort to provide encouragement and resources to tobacco users looking to quit, he said.

The campaigns are more than just buzzwords, Woodson said.

“It’s about a concentrated effort to support the health of the men and women who serve — both immediately and long-term — by reducing the use of tobacco products,” he said.

This effort isn’t about denying the rights of service members, Woodson stressed, rather “it is about en-



Army photo by RACHEL LARUE

Army officials warn about the dangers of tobacco use to military readiness.

couraging and creating environments to make healthy choices.

“It’s also about protecting the nonsmoker,” he added. “We know the issues that occur in terms of health-related effects from ambient smoke for nonsmokers and so we need to look at the issue of smoking in housing and smoking on installations, again, to protect the health of the entire force.”

Tobacco use is pernicious, Woodson said.

“Individuals start and then they get addicted to it and then it becomes a lifelong habit,” he said.

“You know, at one point in our history when we didn’t know so much about tobacco and its health effects, we actually supplied cigarettes in our rations,”

Woodson said.

But, he noted, as science demonstrated the harmful effects of tobacco use, the department reformed its policies to better serve the health of service members.

And concern for the health of the entire force is at the heart of the Military Health System’s efforts, Woodson said.

“We need to address all potentially health-related habits that adversely affect the health of our servicemen and women,” he said. “... We want to encourage the development of more smoke-free installations, particularly where children learn, work and play — that’s very important for their health — but also we want to encourage ... healthy behaviors.”

'I am an AMERICAN SOLDIER'

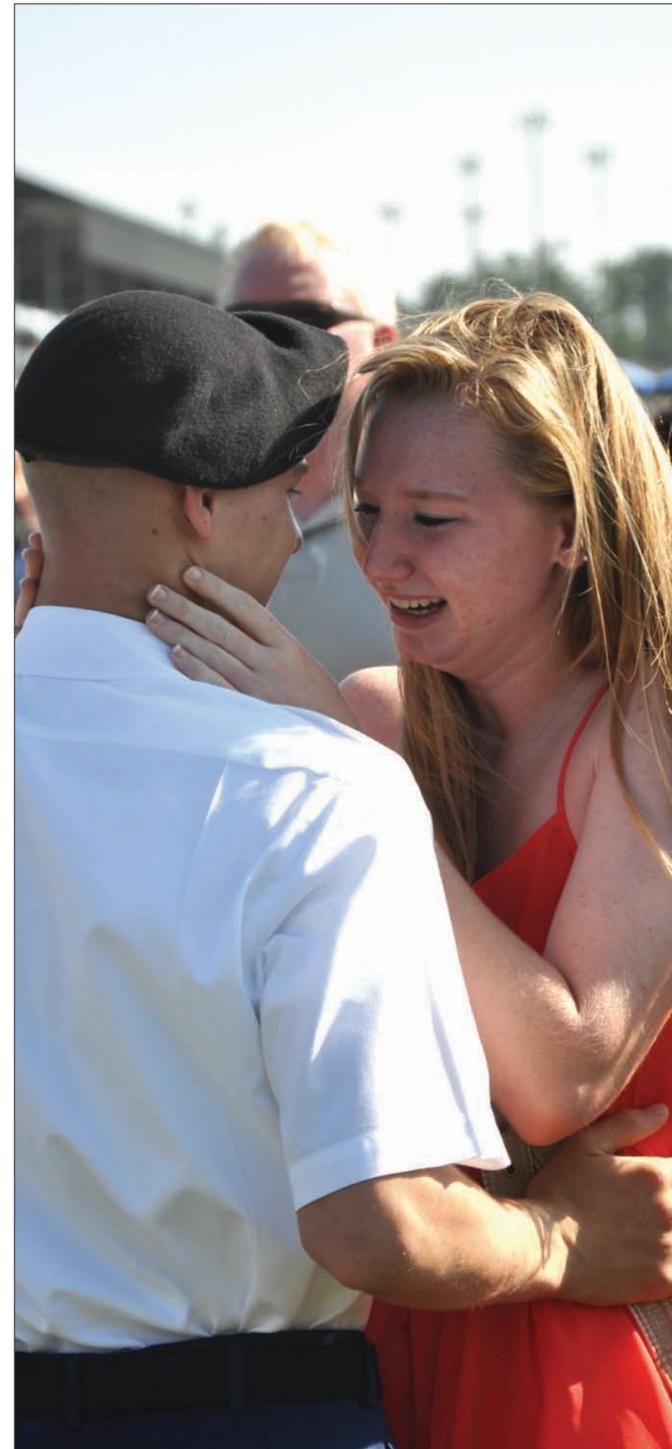
Graduation ceremony draws families from around U.S.



Pvt. Eduardo Liz was reunited with his girlfriend, Sharon Peña Herrera, on Family Day last week at Fort Jackson. Herrera traveled from New York for last week's graduation.



Above, friends and family of Pvt. Isaac Rojas visit with their Soldier at Semmes Lake during last week's Family Day activities. They traveled from New York and Indiana to witness Rojas graduate from Basic Combat Training. Below, Pvt. Bre'Anna Smith, of North Carolina, and Pvt. Shaneequa Matthews, of Virginia, pose for photos following graduation ceremonies at Hilton Field.



Pvt. Garrett DeYoung, of Iowa, has an emotional reunion with girlfriend Connor Wood after graduation ceremonies.



Above, Courtney Mention and Cheyenne O'Keefe look for their Soldier in the crowds on Hilton Field following graduation ceremonies. Below, Nancy Barton takes a photo of son Spc. Trevor Barton, of Utah, with his father, Matt, on Hilton Field.



CMYK

CMYK

27" WEB-100

Photos by WALLACE McBRIDE

Calendar

Wednesday

Adjutant General's Corps Regimental Association, Carolina Chapter breakfast
7 to 8:30 a.m., NCO Club

The guest speaker will be Sgt. Maj. Stephen McDermid, Evaluations Branch, Human Resources Command. For more information, call 751-3014 or 751-3276.

Tuesday, Sept. 2

PWOC fall kickoff

9 a.m., Main Post Chapel

The start of the Protestant Women of the Chapel fall season will include a lively program around the new theme, "Living a Life That Reflects Christ's Love." A catered lunch will be served. Free child care is available. PWOC also offers evening fellowship/Bible study Mondays at 6 p.m. For more information, email jacksonpwoc@gmail.com.

Saturday, Sept. 27

National Prescription Drug Take Back Day

10 a.m. to 2 p.m., Main Exchange

Announcements

SECURITY OFFICE CLOSURE

The Installation Security Office will be closed from 7:30 a.m. to 1 p.m., Wednesday, for training. For emergency assistance during that time, call 238-4404.

PHYSICAL SECURITY CLOSURE

The Directorate of Emergency Services Physical Security Office will be closed Aug. 29. Normal hours will resume Sept. 2.

SCHOOL BOARD MEMBERS NEEDED

The Fort Jackson School Board is looking for four new members. The board consists of seven members and meets the first Thursday of the month. School Board members serve as a liaison between parents, the superintendent and faculty and staff of C.C. Pinckney and Pierce Terrace elementary schools. Nominations are due by Aug. 29. Election results will be released Sept. 15. For more information, email fjschoolboard@gmail.com or call (210) 863-4332.

CFPB STOPS MILITARY SCAM

The Consumer Financial Protection Bureau put an end to a service member fee scam run by USA Discounters, Lt., a company that operates a chain of retail stores

near military bases and offers financing for purchases. USA Discounters tricked thousands of service members into paying fees for legal protections service members already had and for certain services that the company failed to provide. The CFPB has obtained more than \$350,000 in refunds for service members harmed by this scam. USA Discounters will pay an additional \$50,000 civil penalty. For more information, visit <http://1.usa.gov/1pGqnbJ>.

TRICARE WEBSITE CHANGES

The TRICARE website has been redesigned. A login button for quick access to services was added, and the navigation menu was simplified. Visit www.tricare.mil.

ACS NEEDS ASSESSMENT SURVEY

The Army Community Services needs assessment survey is under way through Sept. 15. The survey aims to measure usage and helpfulness of ACS programs and services. Its purpose is to identify emerging needs related to the Army way of life. To access the survey, visit www.armymwr.com/ACS-survey.

AAFES NEWS

- The Main Exchange will have a hunting sale Aug. 22-28.
- A free food tasting truck will be at the Gate 2 Express from 9 a.m. to 2 p.m., Wednesday.

CYSS TRANSPORTATION SIGN-UP

Child, Youth and School Services offers transportation to and from CYSS before- and after-school care locations for certain Richland 1 and 2 schools. For more information, call 751-4865.

COMMISSARY NEWS

Commissary gift cards may be purchased by anyone, but only authorized patrons are able to redeem them. Gift cards are available at commissaries worldwide and online at www.commissaries.com.

YOUTH SPORTS REGISTRATION

Registration for cheerleading (ages 3-12); flag football (ages 4-8); soccer (ages 3-16); and cross country (ages 7-14) is under way through Friday. Coaches are needed. For more information, call 751-5040/7451.

AMU SHOOTING CLINIC

The U.S. Army Marksmanship Unit at Fort Benning, Georgia, will host the seventh annual USAMU Action Shooting Junior Clinic Oct. 30 through Nov. 2. The clinic is an advanced workshop open to children and youth 9-18 with experience in

action shooting disciplines. The deadline to apply is Oct. 1. For more information, visit www.usamu.com or call 706-545-9402.

ID CARD OFFICE HOURS

The ID card offices at the Strom Thurmond Building in rooms 109, 114 and 200 will continue to operate on an appointment-only basis. Limited walk-in slots are available Monday through Friday from 8 to 9:20 a.m. in Room 109. Once walk-in slots are filled, customers will be given the option to make an appointment or visit an alternate ID card facility for service. Appointment hours are from 9:40 a.m. to 4:10 p.m., Monday through Friday in rooms 109 and 200. To make an appointment, visit <https://rapids-appointments.dmdc.osd.mil>. For more information, call 751-6024.

SAT TESTING

The Education Center will administer SAT testing Oct. 30. Testing is available to eligible service members only. For more information and to register, call 751-5341.

THRIFT SHOP NEWS

- The Thrift Shop will not accept summer clothes after Sept. 4. Winter clothes will be accepted after Sept. 9.
- September through November are college months at the Thrift Shop. Customers wearing a college shirt or hat will receive a discount.
- The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

Information is subject to change.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.

Send your announcements to fjleader@gmail.com.

Announcements are due one week before the publication date.

Community announcements may be edited to comply with Leader style and Public Affairs regulations.

For more information, call 751-7045.

Housing happenings

COMMUNITY YARD SALE

A community yard sale is scheduled from 7 a.m. to 2 p.m., Sept. 13. The registration deadline is Sept. 10. For more information and to register, email emcdaniel@bbcgrp.com or call 738-8275.

BBC OFFICE CLOSURE

Balfour Beatty Communities offices will be closed from 10 a.m. to 2 p.m. Tuesday for professional development. Emergency maintenance will be available by calling 787-6416.

SATISFACTION SURVEY EVENT

Residents are invited to participate in the Resident Satisfaction Survey event from 11 a.m. to 2 p.m., Sept. 6 at the Community Center. The annual Resident Satisfaction Survey is an opportunity to share feedback with Balfour Beatty Communities. The event will include music, prizes, food and fun activities. Families that complete their survey before Sept. 8 will be entered into an early bird prize drawing. The deadline to complete the survey is Sept. 15. For more information, call 738-8275.

LIFEWORKS EVENTS

- Aug. 28, noon to 1 p.m., neighborhood huddle for PT5 and PT7, Carter Road pavilion
 - Aug. 29, 5-7 p.m., bingo night
- All events take place at the Community Center unless otherwise noted. For more information and to register, email emcdaniel@bbcgrp.com or call 738-8275.

RENT CONCESSIONS

Current residents who refer a friend to live on post will receive \$600 when the friend moves in. Other concessions include reduced rent for non-renovated homes in PT5 if you move in during August; and free prorated rent for August for homes in PT5 and PT7. For more information, call 738-8275.

Weekly honors



Staff Sgt. Michael Bookman
Drill sergeant of the cycle
Task Force Marshall



David Foltz
Civilian of the cycle
Task Force Marshall



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Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE

Photos by OITHIP PICKERT, Public Affairs Office



**Sgt. 1st Class
Luis Figueroa**
Company A
2nd Battalion,
60th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Pvt. Lindsay Keller

SOLDIER OF THE CYCLE
Pvt. Monique Jasso

HIGH APFT SCORE
Pvt. Joshua Ritter

HIGH BRM
Pvt. Jack Lee

**Sgt. 1st Class
Jason Hennig**
Company C
2nd Battalion,
60th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Pvt. Aaron Sowers

SOLDIER OF THE CYCLE
Pvt. Adrea Acevedo

HIGH APFT SCORE
Pvt. Daniel Pepin

HIGH BRM
Pvt. Andrew Low

**Staff Sgt.
Roger Webber**
Company D
1st Battalion,
13th Infantry Regiment

**SOLDIER LEADER
OF THE CYCLE**

Pvt. Sirdarrell Bridges

SOLDIER OF THE CYCLE
Pvt. Francisco Sanchez Davalos

HIGH APFT SCORE
Pvt. Daylan Bentley

HIGH BRM
Pvt. Tyler St. Jaques

DRILL SERGEANT ANNIVERSARY

In celebration of the 50th anniversary of the Army's drill sergeant program, TRADOC will host several events Sept. 12 at the U.S. Army Drill Sergeant School.

The Drill Sergeant School will host an outdoor social with catered dinner, various vendors, static displays and other activities. All past and present drill sergeants are asked to bring their campaign hats to the drill sergeant hat social. This event will be capped off with a mass formation photo, followed by a cake-cutting ceremony to officially celebrate the program's anniversary.

A time capsule will be unveiled that allows drill sergeants to add their own piece of history. The time capsule will be sealed and won't be opened for 25 years. Drill sergeants may also purchase a personalized drill sergeant brick paver with their names and dates served on the trail engraved. The brick pavers will be placed near the drill sergeant time capsule.

To register for the hat social, visit www.armydrillsergeants.com

The events scheduled for Sept. 12 are:

- Run with the drill sergeants, 6 a.m., Hilton Field
- Breakfast, 7 a.m., NCO Club
- Drill sergeant Hall of Fame induction ceremony, 11 a.m., Drill Sergeant School
- Drill Sergeant School tour and history showcase, 1 p.m., Drill Sergeant School
- Drill sergeant hat social and photo, 4 p.m., Drill Sergeant School





W O R S H I P SCHEDULE

PROTESTANT

■ Sunday

8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
9:30 a.m. Hispanic, Magruder Chapel
9:30 a.m. Main Post Chapel
10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel

Protestant Bible Study

■ Monday

7 p.m. Women's Bible study (PWOC), Main Post Chapel

■ Tuesday

9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel

■ Wednesday

6 p.m. Gospel prayer service, Daniel Circle Chapel

7 p.m. Gospel Bible study, Daniel Circle Chapel

■ Thursday

11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

Protestant Youth of the Chapel

■ Saturday

11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

■ Sunday

5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

CATHOLIC

■ Monday through Thursday

11:30 a.m. Mass, Main Post Chapel

■ Sunday

7:30 a.m. Confessions, Solomon Center

8 a.m. IET Mass, Solomon Center

9:30 a.m. CCD (September through May), Education Center

9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel

9:30 a.m. Religious ed class for children (September through May), Main Post Chapel

10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel

11 a.m. Mass (Main Post Chapel)

12:30 p.m. Catholic youth ministry, Main Post Chapel

■ Wednesday

7 p.m. Rosary, Main Post Chapel

7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

ANGLICAN/LITURGICAL/EPISCOPAL

■ Sunday

8 a.m. Anderson Street Chapel

ISLAMIC

■ Sunday

8 to 10 a.m. Islamic studies, Main Post Chapel

■ Friday

12:45 to 1:30 p.m. Jumah services, Main Post Chapel

JEWISH

■ Sunday

9:30 to 10:30 a.m. Worship service, Memorial Chapel

10:30 to 11:30 a.m. Jewish book study, Post Conference Room

CHURCH OF CHRIST

■ Sunday

11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

■ Sunday

9:30 to 11 a.m. Anderson Street Chapel

■ Wednesday

3 to 5 p.m. LDS family social, Anderson Street Chapel

■ Wednesday

7 to 8 p.m. LDS scripture study, Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel

2335 Anderson St., 751-7032

Bayonet Chapel

9476 Kemper St., 751-6322/4542

Daniel Circle Chapel

3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478

Education Center

4581 Scales Ave.

Chaplain Family Life Center

5460 Marion Ave (to the side of the POV lot), 751-4961

Magruder Chapel

4360 Magruder Ave., 751-3883

Main Post Chapel

4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681

McCrady Chapel (SCARNG)

3820 McCrady Road (located at McCrady Training Center)

Memorial Chapel

4470 Jackson Blvd., 751-7324

Warrior Chapel (120th AG Bn.)

1895 Washington St., 751-5086/7427

Installation Chaplain's Office

4475 Gregg St., 751-3121/6318