

THURSDAY, JAN. 15, 2015

# THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C. COMMUNITY

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★ **INSTALLATION  
PREPARING FOR  
SOFTWARE UPGRADE**

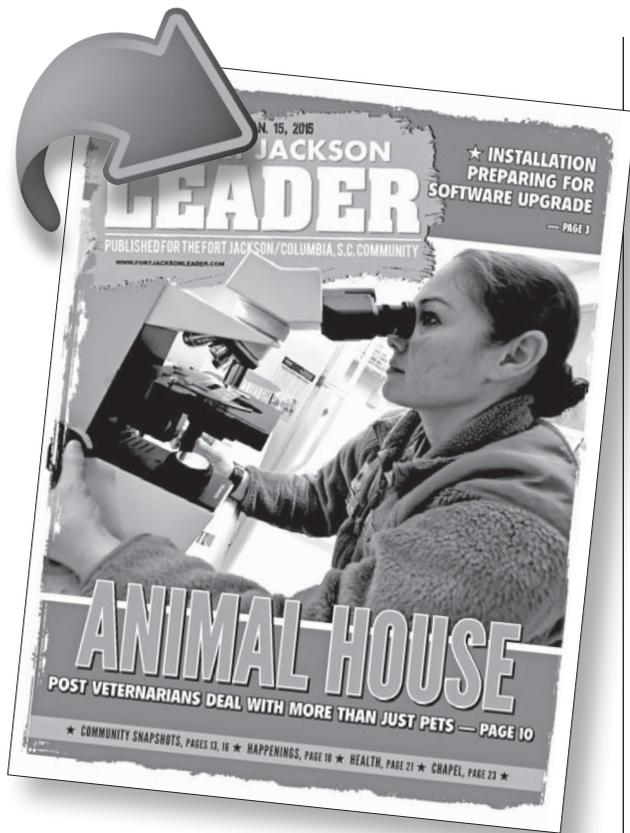
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# ANIMAL HOUSE

**POST VETERNARIANS DEAL WITH MORE THAN JUST PETS — PAGE 10**

★ **COMMUNITY SNAPSHOTS, PAGES 13, 16** ★ **HAPPENINGS, PAGE 18** ★ **HEALTH, PAGE 21** ★ **CHAPEL, PAGE 23** ★



## ON THE COVER

Photo by ANDREW McINTYRE

Sgt. Julie Rendon, a veterinary technician with the Fort Jackson Veterinary Clinic, examines the stool sample of a canine patient to recommend the proper medication. **SEE PAGE 10.**



### Fort Jackson, South Carolina 29207

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## NEWS



Photo by ANDREW McINTYRE

### New Financial Management School CSM

Command Sgt. Maj. Curtis Wesson addresses the audience in the Soldier Support Institute auditorium after accepting responsibility as the senior enlisted adviser for the Financial Management School and the Finance Corps and Regiment Friday. Wesson takes over for Command Sgt. Maj. Jeffrey Green, who retired after almost 30 years of service. Wesson previously served as command sergeant major of the U.S. Army Financial Management Command in Indianapolis.

## TOTAL ARMY STRONG

The strength of the Nation is built on the readiness and resilience of every member of the premier all-volunteer Total Army - every Soldier, civilian and Family member.

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- ★ Honor the service and sacrifices of those who serve our Nation

Raymond F. Chandler III  
Sergeant Major of the Army

Raymond T. Odierno  
General, United States Army  
Chief of Staff

John M. McHugh  
Secretary of the Army

# Software migration

## Fort Jackson PCs set to upgrade to Office 2013

By **WALLACE McBRIDE**  
Fort Jackson Leader

If you work on Fort Jackson, your computer desktops are about to get a lot more attractive.

Fort Jackson is in the early stage of upgrading Microsoft Office for more than 5,000 users on post. Although the official kickoff date for the software migration is Monday, the post's Network Enterprise Center has already targeted a handful of offices on post for trial runs.

The process involves updating Microsoft Office to the 2013 edition, which includes more recent versions of programs such as Microsoft Outlook, Word, PowerPoint, Excel and OneNote. The version currently in use on the installation is the 2007 edition.

"We've already started (moving data) for the classrooms," said Lashanda Howard, NEC Customer Management Branch chief. "We did a pilot program in December, but the actual rollout begins Jan. 19 and runs until April 15. The Army is expecting us to be fully (compliant) by July 15."

The software migration is a joint effort between the Army, Air Force and Defense Information Systems Agency, which provides communications support to federal agencies. The Joint Enterprise Licensing Agreement lasts for three years and provides the three participating organizations with access to the latest Microsoft technology.

It's an easy task, but one made challenging by the



Photo by **WALLACE McBRIDE**

**Adrienne Byrd, a video teleconference specialist with the Network Enterprise Center, prepares a computer for migration to Office 2013.**

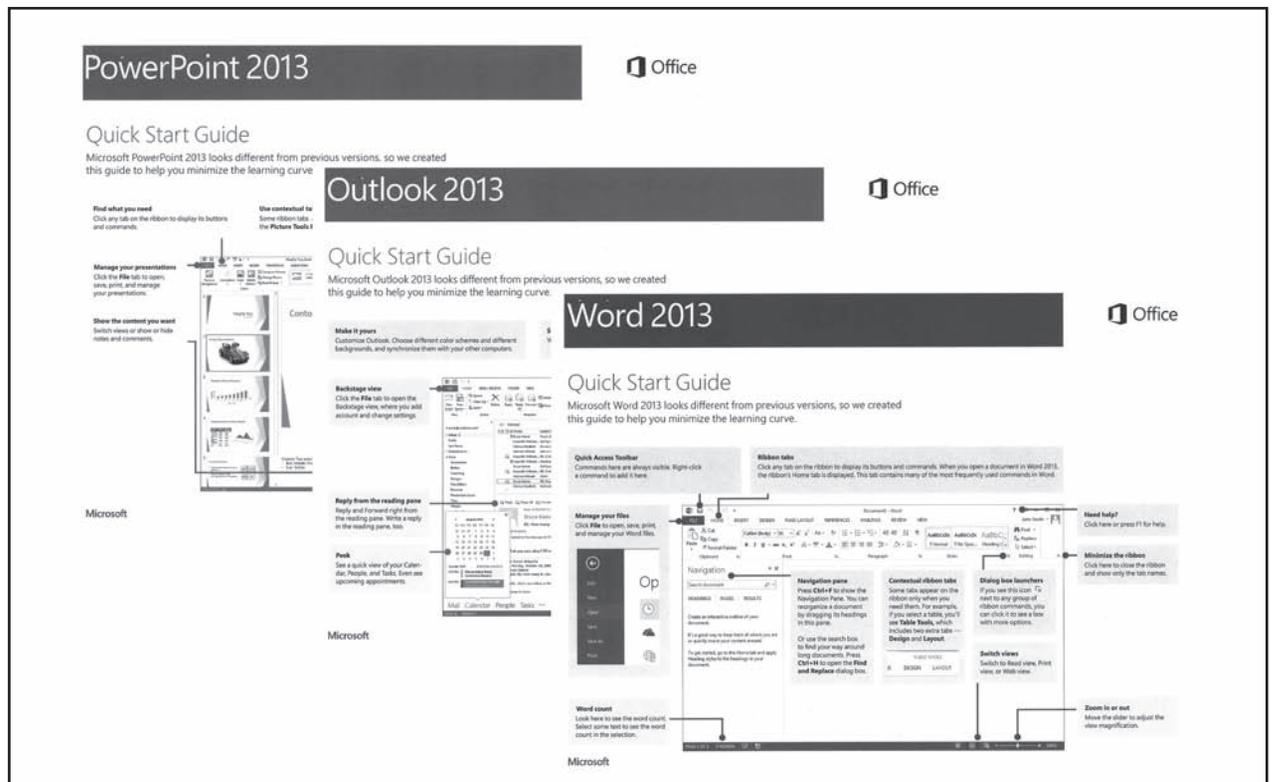


Photo illustration by **SUSANNE KAPPLER**

**The Network Enterprise Center will migrate Fort Jackson computers to Office 2013 products beginning Monday. Guides to use the new software are available on the Fort Jackson common drive.**

number of users involved and the sheer bulk of data that has to be transferred, Howard said. She said computer users can help make the transition smoother.

"Reducing your mailbox is the most important part of the process prior to conducting the installation," Howard said. "We have data on the server for Outlook, and it's maintained in Montgomery, Alabama. That amount of data could be eight gigabytes of information, and it takes time to download."

Ordinarily, archived information is cached daily as data accumulates, but the software update requires all of this information to be moved at once. Users are required to reduce their mailbox storage to 50MB or less, or to fewer than 2,000 items prior to the upgrade.

Depending on how much is backed up to the storage cloud, it could take between six and eight hours per user to retrieve this information if it is not trimmed in advance.

Howard said you don't necessarily have to delete older information from Outlook to expedite the process.

"We're asking users to make sure their mailboxes are down prior to the timeline in which they're going to migrate," Howard said. "If you're supposed to migrate on Jan. 19, by then you need to go into your mailbox and move or delete everything in your inbox so that, once the migration is over, you're not waiting for that information to download."

"Just move it to a personal folder," she said. "You can keep it, just move it to a personal folder that's maintained on your C drive."

The NEC has already begun deploying this software to users, she said, so people can get experience in advance with its newer elements. Although many of the changes are superficial — Outlook 2013 has an icon-based interface — there are also new features available on the software, she said. Regular features might no longer be located where users are accustomed to finding them.

"The information management officers are going to be engaging with each customer at the unit level, or the users will have an option to go in and run the advertised program on their PC," Howard said. "Some users have the ability to go in and install the program, so that we have instructions, checklists, in order to get all of Fort Jackson on that system."

There are also a variety of PDF documents on the installation's shared drive that illustrate how the software is used. Each brigade has a point of contact assigned for their unit to answer questions about the migration.

"I've had it on my machine since November, and I like it," Howard said. "It takes a little while to figure things out, as with any new technology, but it's a great program."

*Milton.W.McBride3.ctr@mail.mil*



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Fort Jackson Leader file photo

A Soldier maneuvers a pedal cart while wearing blurry vision goggles that simulate a person's vision while under the influence of alcohol during a safety day for the Soldier Support Institute. In addition to the safety risks, driving under the influence could have serious consequences on a Soldier's career.

# DUIs risk lives, ruin careers

By **ANDREW McINTYRE**  
Fort Jackson Leader

Driving while under the influence of alcohol may not only be risky behavior, it also may severely affect the career of Soldiers and DOD civilians.

Jacob White, Fort Jackson Police Station commander, said driving while under the influence results in the loss of multiple privileges.

"South Carolina leads the nation in deaths by drivers under the influence," White said. "If (drivers are) caught they could lose their driver's license. If they refuse to take the alcohol test they will receive an automatic six months loss of driving privileges."

Nick Walters, a statistician assistant with the Department of Emergency Services, said the legal alcohol blood content for South Carolina is 0.08 percent.

"However, anything under the legal limit is still considered driving with unlawful alcohol concentration," Walters said. "If the offender is a Soldier (he or she) can lose rank, money, duty position. The Soldier has a lot to lose because it's (his or her) career."

"The post commander has a zero-tolerance policy on drinking and driving so if you're an offender you're pretty much guaranteed a general letter of reprimand in your personnel file," Walters said. "The Soldier can also face federal magistrate court action."

White said the punishment is nearly the same for civilians who are caught driving under the influence on

post.

"The punishment may vary based upon the civilian's directorate's decision on how to punish the individual, but overall the punishment is left up to the judge," White said.

Walters said DUI laws set a parameter for offenders.

"For example, based upon the charges, the offender can receive a fine of up to \$1,000 or jail time up to 30 days and/or not to exceed a certain number of days," Walters said.

Walters said the zero-tolerance policy for DUIs helps improve the Fort Jackson community and the surrounding communities.

"If we can keep (our) community safe this will only help those outside the gate as well as inside the gate," Walters said. "Our goal is zero DUIs across the installation."

*Andrew.R.McIntyre.civ@mail.mil*

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Photos by WALLACE McBRIDE

The 187th Ordnance Battalion is the winner of the 2014 Commander's Cup. The battalion received the award during the installation's annual sports banquet Tuesday at the Solomon Center. Pictured are, from left, Chad Holbrook, baseball head coach at the University of South Carolina; 187th Command Sgt. Maj. Bryan Kernen; Lt. Col. Dennis Kerwood, 187th commander; Capt. Harold Thibodeaux, 187th operations officer; and Maj. Gen. Bradley Becker, Fort Jackson's commanding general. The runner-up was the 165th Infantry Brigade, followed by the Soldier Support Institute.

# 187th wins Commander's Cup

By WALLACE McBRIDE  
Fort Jackson Leader

Fort Jackson's highest sports honor, the Commander's Cup, was awarded Tuesday to the 187th Ordnance Battalion.

The winner of the Commander's Cup is determined by the number of points scored by participating units throughout the year. Those points account for a lot of games of darts, flag football, basketball and almost a dozen fun runs throughout 2014. Soldiers compete in a variety of team and individual sports, and the unit with the highest cumulative point total at the end of the year wins the cup.

The battalion took third place during the last two years, but in 2014 the scores weren't even close. The 187th Ordnance Battalion received 1,490 points followed by the 165th Infantry Brigade (1,180 points) and the Soldier Support Institute (1,115 points).

"I have the distinct privilege and honor of coaching a great team and a great family," Lt. Col. Dennis Kerwood, 187th battalion commander, told the gathering at the Solomon Center shortly after the award was announced.

The guest speaker for the day was Chad Holbrook, baseball head coach at the University of South Carolina. He admitted he felt a little out of place at the event.

"Thanks for having an old University of South Carolina baseball coach talk to the people that are much, much more important than myself," he told the audience. "Thanks so much for all that you do for us, our student athletes, our community and, most importantly, what you do for our country."

Maj. Gen. Bradley Becker, Fort Jackson's commanding general, said the awards and related activities were about much more than playing games, and helped promote teamwork and cohesion among Soldiers across the installation. Competitive athletics have lost some of their urgency for Soldiers in recent years, he said, and other demands have taken precedence.

"We've all been busy in Iraq and Afghanistan and all around the world. In a lot of installations unit sports has fallen off," he said. "People were just too busy. Thankfully, here at Fort Jackson, it hasn't fallen off. We've got a great crew here at FMWR that keeps this sports program going and keeps this competition going.

*Milton.W.McBride3.ctr@mail.mil*



Chad Holbrook, baseball head coach at the University of South Carolina, addresses the crowd as the guest speaker during the sports banquet Tuesday at the Solomon Center.

Follow the Leader on Twitter at [www.twitter.com/fortjacksonpao](http://www.twitter.com/fortjacksonpao) for breaking news and updates.

# Tips for dealing with debt collectors

Debt collectors are calling for one thing — money. There are more than 4,500 debt collection agencies in the United States, earning more than \$12 billion dollars in revenue per year. When debts are uncollectable, creditors may assign the debt to a collection agency. As a result, the debt collection agency will do almost anything they need to do to collect the debt.

The Fair Debt Collections Practices Act was created to eliminate abusive debt collection practices by debt collectors, to make sure that those debt collectors who refrain from using abusive debt collection practices are not competitively disadvantaged, and to promote consistent state action to protect consumers against debt collection abuses.

Below are a few guidelines from the Fair Debt Collections Practices Act that consumers should be aware of when being contacted by a collection agency.

■ **Verify the debt.** Always dispute the validity of the debt. Send a letter to the collection agency requesting that it provides documentation showing the date of last activity, which will help determine the age of the debt. Also request the name, address and phone number of the original creditor along with the original amount of the debt. Send your letter certified return receipt so that you will have proof that the collection agency received the letter.

■ **Cease and desist.** Receiving annoying calls robo-calls can be frustrating. Be sure to get the caller's first and last name, company's name and address, as well as the phone number. Send a letter demanding that the caller stop contacting you, and keep a copy for your files. By law, real debt collectors must stop calling you if you ask them to in writing. The letter should be sent certified return

## FINANCIAL ADVICE

By **CHRISTINE JULIUS**  
Army Community Services  
Financial Readiness

receipt.

■ **Contact with you.** Debt collectors must not contact you at certain times or places. Debt collectors may only call between 8 a.m. and 9 p.m. In addition, collectors must not contact you at your place of employment unless you provide them permission to do so.

■ **Contact with other people.** Debt collectors may contact other people, but only for information to locate you (such as your address, home phone number and place of employment). They must not discuss your debt. A debt collector can only discuss your debt with you, your spouse or your attorney.

■ **Unfair collection practices:** Debt collectors must not engage in unfair practices when they try to collect a debt. They must not harass, oppress or abuse you or any third parties they contact. Debt collectors must not lie when they are trying to collect a debt. Debt collectors also are prohibited from saying that you will be arrested if you don't pay your debt. Debt collectors must not give false credit information about you to anyone, including a credit reporting company.

■ **Recourse:** You have the right to sue a collector in a state or federal court within one year from the date the law was violated. If you win, the judge can require the collector to pay you for any damages you can prove you



suffered because of the illegal collection practices, like lost wages and medical bills. The judge may require the debt collector to pay you up to \$1,000, even if you cannot prove that you suffered actual damages. You also may be reimbursed for your attorney's fees and court costs.

After you have gone through the verification process and are ready to pay the debt, consult with a financial counselor at Army Community Service before you pay. You may be able settle for a lesser amount because of the age of the debt.

For more information regarding debt collection or to schedule an appointment with a financial counselor, contact Army Community Service at 751-5256.

## News and Notes

### CIF RELOCATION

The Central Issue Facility has relocated to 12650 Jackson Blvd., the former TSC building. All administrative transactions will be conducted in the main office. In- and out-processing; direct exchange; student class issue; safety boot issue; maternity uniform issue; and additional issue will be processed on the north side of the building. The operating hours for the administrative offices are 7:30 a.m. to noon and 12:45 to 3 p.m. Additional issue is open from 12:45 to 3 p.m.; in- and out-processing by appointment only; all other offices are open from 8 a.m. to noon.

### OUTPATIENT PHARMACY HOURS

Effective immediately, Moncrief Army Community Hospital's Outpatient Pharmacy will open at 9 a.m., every third Thursday of the month. Regular opening hours are from 7:30 a.m. to 5:30 p.m., Monday through Friday and from 7:30

a.m. to noon, Saturday.

### MLK BIKE RIDE

Family and Morale, Welfare and Recreation will host a free bike ride at 8 a.m., Monday at Marion Street Station in recognition of Martin Luther King Day. Bikes and helmets will be provided. Advance and same-day registration is available.

### MLK DAY OBSERVATION

A luncheon in observance of Martin Luther King Jr. Day is scheduled from 11:30 a.m. to 1 p.m., Jan. 23 at the NCO Club. The guest speaker will be Charlene Keys, vice president of the South Carolina Division of Time Warner Inc. Tickets cost \$10.50 and may be purchased through the Equal Opportunity Office, brigade equal opportunity advisers and unit equal opportunity leaders. For more information, call 751-4117/2990.

*Information subject to change.*

*To submit an announcement, email [fjleader@gmail.com](mailto:fjleader@gmail.com).*

## Reel Time Theaters

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### Ft. Jackson Movie Schedule

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Adult \$5.50/Child (6-11): \$3.00

3D: Adult \$7.50/Child (6-11): \$5.00

3319 Jackson BLVD

\*\*Ticket sales open 30 minutes prior to each movie\*\*

\*Movie times and schedule are subject to change without notice\*

Friday January 16

**The Pyramid** (R) 7 p.m. 1h 29m

Saturday January 17

**Wild** (R) 2 p.m. 1h 55m

**Top Five** (R) 4:30 p.m. 1h 42m

Sunday January 18

**Top Five** (R) 2 p.m. 1h 42m

**The Pyramid** (R) 4 p.m. 1h 29m

Wednesday January 21

**Hunger Games Mocking Jay Part 1** (PG-13) 2 p.m. 2h 3m

**Top Five** (PG-13) 4:30 p.m. 1h 42m

Friday January 23

**Night At The Museum: Secret Of The Tomb** (PG) 7 p.m. 1h 38m

Saturday January 24

**The Imitation Game** (PG-13) 2 p.m. 1h 54m

**The Hobbit: The Battle Of The Five Armies** (PG-13) 4 p.m.

Sunday January 25

**The Hobbit: The Battle Of The Five Armies** (PG-13) 2 p.m. 2h 24m

**Night At The Museum: Secret Of The Tomb** (PG) 4:30 p.m. 1h 38m

Wednesday January 28

**Top Five** (PG-13) 2 p.m. 1h 42m

**The Hobbit: The Battle Of The Five Armies** (PG-13) 4 p.m. 2h 24m

Friday January 30

**The Hobbit: The Battle Of The Five Armies** (PG-13) 7 p.m. 2h 24m

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# UCMJ changes for sexual assault victims

By DAVID VERGUN  
Army News Service

WASHINGTON — The fiscal year 2015 National Defense Authorization Act, signed into law last month, significantly changes the Uniform Code of Military Justice in cases pertaining to rape and sexual assault.

All of the UCMJ amendments contained in the NDAA pertain to investigating and prosecuting sexual assault crimes and victim care, said Lt. Col. John Kiel Jr., chief, Policy Branch, Criminal Law Division, Office of the Judge Advocate General.

A big change involves Article 32 preliminary hearings, he said. First, some background:

The purpose of an Article 32 investigation was at one time “to provide discovery to the defense,” he said. Then, the FY14 NDAA directed that the purpose of an Article 32 be “to determine whether probable cause exists to believe that an offense under the UCMJ has been committed and that the accused committed it.”

Article 32 hearings are now modeled after preliminary hearings in the federal criminal system, he said. The FY15 NDAA requires that the preliminary hearing be conducted by a preliminary hearing officer who is a judge advocate and that qualifying victims, as defined in the statute, have a right not to testify at the hearing should they so choose. This right applies to both military and civilian victims.

## SPECIAL VICTIMS’ COUNSEL

Over a year ago, the secretary of defense directed that each of the services create a special victims’ counsel program, whereby each victim of sexual assault would be entitled to free legal counsel to represent them during all phases of the investigation and courts-martial proceedings.

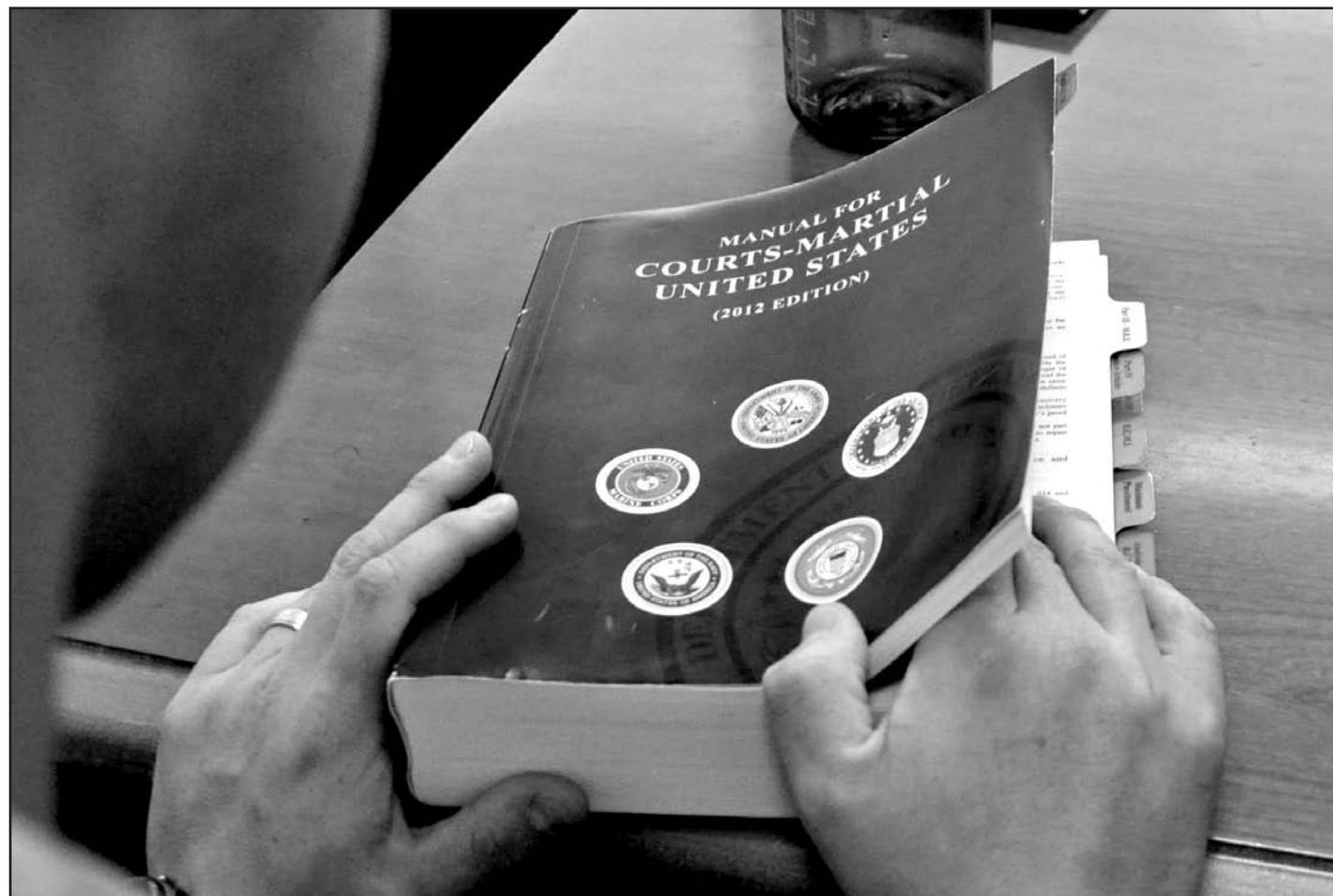
“By all accounts, the services and Congress are pleased with the success achieved by these programs thus far,” Kiel said.

The FY15 NDAA made three additional modifications.

First, Congress directed that the military rules of evidence be amended to reflect that wherever a victim has a right to be heard, the victim may exercise that right through his or her counsel, he said.

Second, Congress directed the service secretaries to publish procedures to ensure that special victims’ counsel receive adequate notice of the scheduling of hearings, trials, and other courts-martial proceedings.

Third, victims may now petition the service court of criminal appeals for a writ of mandamus in cases where the victim believes the military judge erred in a ruling pertaining to rape shield evidence under Military Rule of Evidence 412 or violating the psychotherapist-patient privilege under MRE 513. Writ of mandamus is an order



U.S. Air Force photo by STAFF SGT. NICHOLAS RAU

**Changes to the Manual for Courts-Martial regarding cases pertaining to rape and sexual assault have been brought about by the National Defense Authorization Act for fiscal year 2015.**

from a superior court to a subordinate government court to do or refrain from doing something.

Regarding MRE 513, Kiel said the NDAA requires that the existing privilege between a psychotherapist and patient be expanded to include other licensed mental health professionals. It also requires that before any protected information may be released, a military judge conduct a closed hearing and apply a number of legal factors first before ordering the production or disclosure of any information.

In the FY14 NDAA, Congress required that commanders who have the discretion to dispose of offenses committed under the UCMJ can no longer consider the general military character of the accused in doing so. In this year’s NDAA, Congress went even further by prohibiting the consideration of general military character during the findings phase of courts-martial proceedings except for a limited number of enumerated offenses where that kind of character evidence would be relevant to the charged offense(s), Kiel said.

## CONVENING AUTHORITY

Congress also created a system in the FY14 NDAA whereby any decision not to refer a sexual assault offense to court-martial by a convening authority will be reviewed by a superior competent authority, he said. In the case where the convening authority and his or her staff judge advocate disagree about the referral decision,

the case will then be sent to the service secretary for review. In the case where both the convening authority and the staff judge advocate agree not to refer, the case will be reviewed by the next higher convening authority.

The FY15 NDAA created an additional review mechanism, Kiel said. It mandates that in any case where a convening authority decides not to refer a sex assault offense, the chief prosecutor of the service may request that the service secretary review it, and if such a request is made, the secretary must review it. The judge advocate general of each service may designate a chief prosecutor for purposes of this provision if such a position does not already exist within their respective service.

## CARE FOR VICTIMS

Two other changes in the FY15 NDAA apply to the treatment and care of victims of sex assault.

The first mandates that victims of sexual assault crimes be given an opportunity to express a preference as to whether their case is tried by the military or by the local prosecutor, Kiel said. If the victim chooses the latter, the convening authority must ensure that the local prosecutor is made aware of the victim’s preference, understanding that the preference is not binding on the prosecutor. The convening authority must inform the victim about the prosecutor’s decision to prosecute or not.

Second, he said, Congress recognized

that in the past, some victims of sexual assault may have been discharged from the service and given a discharge less than honorable. The FY15 NDAA directs that the service secretaries develop a confidential review process utilizing boards for the correction of military records to review the characterization of the discharge or separation of any Service members who want to challenge the characterization of their discharge on the grounds that it was adversely affected by the Service member being the victim of a sex-related offense.

Finally, there are some congressionally-appointed panels and a panel appointed by the secretary of Defense to study various aspects of sexual assault in the military and the military justice system in general, Kiel said.

“Those panels have and will continue to make recommendations in an effort to continue to improve our system. It is important to note that the military remains cognizant of that fact and continues to seek ways to improve itself,” he said.

“A number of the most significant reforms contained in the FY13, FY14 and FY15 NDAs originated in the Department of Defense,” Kiel continued. “Congress codified them later. The military will continue to seek ways to improve how it handles the investigation and prosecution of sexual assault crimes and how it cares for the victims of such crimes. It will also remain vigilant in protecting the constitutional rights of the accused as it does so.”

# Odierno outlines priorities for new SMA

By LISA FERDINANDO  
Army News Service

WASHINGTON — Chief of Staff of the Army Gen. Ray Odierno has outlined priorities for the incoming sergeant major of the Army.

The first priority, Odierno said, is to work on eliminating sexual assault in the Army, continuing the effort of Sgt. Maj. of the Army Raymond F. Chandler III.

“Everybody needs to be involved with that,” Odierno said. “NCOs can have a bigger difference in that than anything else we do, so I need the sergeant major of the Army to continue to help me lead in helping us to eradicate sexual assaults.”

Odierno made the comments Jan. 6 in a Google town hall together with Chandler, who is retiring at the end of this month.

Sgt. Maj. Daniel Dailey, until recently the senior enlisted adviser for U.S. Army Training and Doctrine Command, is to take the reins from Chandler.

Odierno said other priorities for the incoming enlisted leader are developing the non-commissioned officers of the future, and focusing on home station training and readiness.

Additionally, the new sergeant major of the Army must ensure Soldiers continue to understand the Army profession and what it means to be a professional.

It is critical the force understands the expectation of leaders and “the ethics and moral values that we value in the Army that makes us different than anybody else in society,” Odierno said.



U.S. Army photo by MAJ. EDWARD SHANK

Former TRADOC Command Sgt. Maj. Daniel Dailey is scheduled to become the 15th sergeant major of the Army Jan. 30. Gen. Ray Odierno, the Army's chief of staff, outlined his priorities for Dailey during a recent town hall.

## AER scholarship application period opens

### Army Emergency Relief

ALEXANDRIA, Va. — Army Emergency Relief, or AER, has announced the opening of its scholarship application period. Applications will be accepted through May 1.

AER supports both the Spouse Scholarship Program, as well as the Maj. Gen. James Ursano Scholarship Program for dependent children. Scholarship specifics and the applications are available at [www.aerhq.org](http://www.aerhq.org). The spouse scholarship can be used for full- or part-time students, whereas the Ursano scholarship is only for full-time students.

Last year, AER awarded more than 3,600 scholarships, totaling more than \$8.8 million to spouses and children of Soldiers.

“The entire scholarship process is online,” said Tammy LaCroix, manager for AER's scholarship programs. “Last year we found that the online process worked best for those who downloaded the step-by-step instructions and used them as a checklist.



“Applicants are able to create their own profile, submit their documentation online, and check their status,” LaCroix said. “This proved to be a huge time saver for both the applicants and the scholarship staff.”

The entire application package for the 2015-2016 school year must be submitted online by May 1. This includes the application as well as the supporting documents, which will be outlined for the applicant based on the information provided on the application.

Most applicants will need to provide transcripts (through the fall semester), the Student Aid Report from the Free Application for Federal Student Aid, or FAFSA, and the Soldier's Leave and Earnings Statement for active-duty Soldiers.

AER awards needs-based scholarships, based on the FAFSA and transcripts. The amount of the award varies based on the number of qualified applicants and scholarship funds available. Last year, the average award was \$2,600 for children and \$1,900 for spouses.

Army Emergency Relief is a private nonprofit organization dedicated to providing financial assistance to Soldiers, active and retired, and their families. Since its incorporation in 1942, AER has provided more than \$1.6 billion to more than 3.6 million Soldiers, families and retirees.

For more information, visit [www.aerhq.org](http://www.aerhq.org) or call Army Community Service at 751-5256.

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# Vet services extend beyond pets

By **ANDREW McINTYRE**  
Fort Jackson Leader

Army veterinarians and veterinary technicians work behind the scenes every day to make sure that the Army's canine and feline population receives proper care.

"I don't mind getting dirty, and I get a very rewarding feeling when I am able to help an innocent creature," said Sgt. Jeanie Hettler, non-commissioned officer in charge at the Fort Jackson Veterinary Clinic.

The clinic provides services to the military working dogs of Fort Jackson, Shaw Air Force Base and the Charlotte Transportation Security Administration. The clinic also caters to privately-owned pets of Service members.

Hettler said she decided to become a veterinary technician because of her passion for animals.

"Advanced Individual Training School is a two-year veterinary technician program crammed into 11 weeks," said Hettler. "The attrition rate is very high, and you have to be very dedicated and possess good study habits to do well."

Hettler said the course consists of classroom lecture and hands-on training with animals.

"At the end of the course you are given specific animal-related tasks that you must be able to perform in order to pass. Some examples include placing an intravenous catheter, setting up and reading stool and blood samples, anatomy recognition and multiple surgical assistance tasks," she said.

Capt. Alicia O'Toole, chief of the veterinary clinic, said the requirements for becoming a veterinarian are even more extensive.

"To become a veterinarian you must finish your college prerequisite courses, usually a bachelor's degree is preferred (and) then veterinary school is another four years. It's a medical professional school just like getting a medical doctorate. This program is the equivalent to a doctorate in osteopathy."

O'Toole said the Army is now requiring veterinarians to complete a one-year internship.

"The internship gives the new veterinarians an opportunity to become used to being a veterinarian on-site. It's something I think is really helping them prior to going on assignment," she said.

Hettler said the Fort Jackson Veterinarian Clinic sees about 20 pets per day.

"In the military we see dogs, cats and, in some cases, horses. I have worked on goats. I have also worked on rabbits, guinea pigs and animals for the child development centers on-post activities," O'Toole said.

O'Toole said in order to maintain the quality of care for the pets some changes have taken place.

"Recently, the Public Health Command has suspended all anesthetic procedures because we don't have the resources," O'Toole said. "The vet clinic use to do dental procedures, spays, neuters, but since the suspension we can no longer provide those services."

"We have also had a price increase to \$37 from \$25 (for examinations). That price is set by our headquarters in Texas," O'Toole said. "We are doing the best we can to keep the prices as low as we can, but if we do not raise them then we will have to close our doors. We are trying to maintain a great level of service for a usually low price, but we won't be able to compete with off-post agencies if we stay too low."

Although animal care is their top priority, O'Toole said the clinic has lesser known missions that require their attention.

"We are also involved in public health, for instance ra-



*Courtesy photo*

**Capt. Alicia O'Toole, chief of the Fort Jackson Veterinary Clinic, examines Tips, a 10-year-old dachshund, with the help of Pfc. Caitlin Mial, a veterinary technician, Tuesday.**

bies reporting," O'Toole said. "If someone is bitten by an animal we get the report and we examine the animal. We check its shot history to make sure that person is not a risk for contracting rabies, and if he or she is then we can make recommendations to the physician."

She said the clinic is also involved in the on-post food inspections process.

"Our food inspectors here inspect the Commissary, the

(dining facilities) — basically anywhere that stores food we are checking to make sure (the place is) doing it appropriately," O'Toole said. "Veterinarians, vet technicians and food inspectors are pretty crucial. We take our jobs pretty seriously."

For more information on the veterinary clinic services, call 751-5158.

*Andrew.R.McIntyre.civ@mail.mil*



Photo by Australian Army CHIEF WARRANT OFFICER 2 ANDREW HETHERINGTON

First Lt. Audrey Griffith points out an area of interest during a force protection drill to Spc. Heidi Gerke along the perimeter of Forward Operating Base Hadrian in Deh Rawud, Afghanistan, March 18, 2013. Both women were members of the 92nd Engineer Battalion from Fort Stewart, Ga.

# Women in service policy due in 2016

By **AMAANI LYLE**  
DOD News

WASHINGTON — Following the 2013 repeal of the Direct Ground Combat Definition and Assignment Rule, the secretary of defense is scheduled to announce final decisions to integrate remaining closed occupations and any approved exceptions to policy on or about Jan. 1, 2016.

Juliet Beyler, the Defense Department's director of Officer and Enlisted Personnel Management, reported "good progress" in the Women in Service Review, which validates all occupational standards to ensure they are operational, relevant and gender-neutral by September 2015.

"Throughout the course of the review of the regulations governing women in the military, we determined that the time had come to do away with the direct ground combat rule and open all positions to women instead," Beyler said.

The goal, she explained, is to expand opportunities to make sure that all Service members are eligible to serve in any capacity based on their abilities and qualifications, and to "remove those old gender-based barriers to service that no longer made sense."

## DELIBERATE, MEASURED APPROACH

When Chairman of the Joint Chiefs of Staff Gen. Martin Dempsey and former Defense Secretary Leon Panetta removed the direct combat ground rule in 2013, they realized the need for a deliberate and measured approach to ensure the smoothest transition, Beyler said.

The services, she said, have been conducting various studies in order to review, validate and complete their oc-

cupational standards by the fall of 2015. "We're on track and moving toward that goal," Beyler said.

Since rescission of the definition and rule, Beyler said, the DOD has notified Congress of the integration of about 71,000 positions previously closed to women. This development, she said, can positively affect the force by allowing people to serve based on their ability.

"Expanding opportunities to women, to include the 71,000 we've already opened since 2013," Beyler said, "(gives) a wider pool of qualified people so that commanders have greater flexibility ... and it'll strengthen the all-volunteer force."

More than 280,000 women have been deployed to Iraq and Afghanistan, including Beyler, who is a two-time combat veteran.

"I like to say that women have been serving in combat since the Revolutionary War, but the 280,000 that we've recently seen deployed have contributed in immeasurable ways," Beyler said.

She said there were various ways in which women were restricted from occupations under the direct ground combat rule, primarily preclusion from assignments to combat units below the brigade level.

"But there were other restrictions, such as for physical requirements or positions associated with special operations or long-range reconnaissance," she added. "We are reviewing all of the occupational standards."

The services, she said, "are expending a good amount of their time on those 100-percent closed occupations."

## EXCEPTION TO POLICY

Historically, the department had opened positions by exception, but it now has acknowledged it would make

more sense to "flip the presumption," Beyler said, so that all positions will be open to women unless there's a reason that they should be closed.

Guidance to the services and to U.S. Special Operations Command includes a provision in which a military department secretary or service chief can request an exception to policy to keep a position closed, Beyler said.

"But any exception is going to have to be rigorously justified and will have to be based on the knowledge, skills and abilities required to perform the duties of the position," she said.

## TAILORING TRAINING, ACCESSION NEEDS

Regarding assignments, training and accessions, Beyler said those elements have been and will continue to be service responsibilities.

As defense secretary, Panetta directed each of the services and SOCOM to develop individual implementation plans tailored to their unique requirements, she said.

"As we have with the positions we've already opened and the ones that we'll continue to open throughout the next year and beyond," Beyler said, "each service will use the regular accession and training assignment pipelines and timelines that they've always used."

The process of opening more military occupations to women is about maintaining the all-volunteer force and readiness, Beyler said.

"More than 90 percent of our occupations are already open to women and 15 percent of our forces are women," she said. "By removing these antiquated gender-based barriers to service, it can only strengthen the all-volunteer force and allow people to serve based on their ability and their qualifications."



Photo by WALLACE McBRIDE

### DFAC awards

Maj. Gen. Bradley Becker, right, Fort Jackson's commanding general, and Post Command Sgt. Maj. William Hain, left, present awards for the best dining facility of fiscal year 2014 and for the Thanksgiving dining facility competitions. The dining facility for the 1st Battalion, 61st Infantry Regiment was named the best large category mess hall in fiscal year 2014. Other DFACs receiving awards are the Dual DFAC in Building 11500, which serves the 1st Battalion, 13th Infantry Regiment; the 369th Adjutant General Battalion DFAC; the 2nd Battalion, 13th Infantry Regiment DFAC; and the U.S. Army Drill Sergeant School DFAC.



Courtesy photo

### Infantry honor

Staff Sgt. Bradley Allen, a drill sergeant with Company C, 3rd Battalion, 34th Infantry Regiment, receives the Order of St. Maurice in a recent ceremony. The Order of St. Maurice is presented to infantrymen who demonstrate a lifetime of commitment to the Infantry. It is awarded by the National Infantry Association and named after the leader of the Roman Theban Legion in the third century.



*Courtesy photo*

## Happy New Year

The Soldier Support Institute hosted its New Year's Reception Saturday at the NCO Club. Pictured are, from left, SSI Command Sgt. Maj. Matthew Suggs, Lee Anna Suggs, Al Chamberlain, Mary Chamberlain, Lara Chamberlain, and SSI Commanding General Brig. Gen. Paul Chamberlain.

*Courtesy photo*

## Training shots

Soldiers with Company B, 1st Battalion, 61st Infantry Regiment practice their basic rifle marksmanship skills Jan. 7.



# Army to consolidate footprint in Europe

By C. TODD LOPEZ  
Army News Service

WASHINGTON — Although the big news coming out of the Pentagon was the closure of U.S. Air Force facilities at RAF Mildenhall, England, the Army will also consolidate or close several facilities in Europe.

The Department of Defense announced changes to the U.S. military presence in Europe during a Jan. 8 press conference at the Pentagon. The changes are the result of a two-year process, called the European Infrastructure Consolidation, to review U.S. force presence and facilities in Europe.

Changes recommended by the EIC will occur over the next several years and are expected to “produce savings that will enable us to maintain a robust force presence in Europe,” said Derek Chollet, the assistant secretary of defense for International Security Affairs.

Chollet said the changes would consolidate some existing support infrastructure, but would not affect operational ability, or the ability of the United States to support its partners in Europe.

In Germany, the Army’s Barton Barracks at U.S. Army Garrison Ansbach will be returned to the host nation. At USAG Rheinland-Pfalz, the Hoppstaedten Waterworks, the Pfeffelbach Waterworks, and the site at Husterhoeh Kaserne in Pirmasens will close. A portion of the Army-run Pulaski Barracks in Kaiserslautern will also shutter. The Weilimdorf Warehouse Site at USAG Stuttgart is also slated for closure, as is the Mainz-Kastel Station and the Amelia Earhart Hotel at USAG Wiesbaden. The Army will partially return to Germany the Artillery Kaserne, part of USAG Bavaria.

In Italy, about half of Camp Darby, near Livorno, will be returned to the host nation. Additionally, the Vicenza Health Center — an Army-run facility — will be converted to outpatient and specialty care only.

In Belgium, the Brussels Leased Site at U.S. Army Garrison BENELUX will close down, as will the Schin-



U.S. Army photo by STEPHEN BAACK

**The Army’s Barton Barracks at U.S. Army Garrison Ansbach in Germany will be returned to the host nation. The move was announced Jan. 8 during a Department of Defense briefing concerning the European Infrastructure Consolidation — a two-year review of U.S. force presence and facilities in Europe.**

nen Emma Mine Site in the Netherlands.

Recommendations for change, as part of EIC, were developed using a process similar to what the DOD has used in the past to develop recommendations for Base Realignment and Closure, said John Conger, the acting deputy under secretary of defense for Installations and Environment.

“We looked at capacity, requirements, military value, at cost, and at the diplomatic dynamics involved in each

action,” he said.

The announced changes in Europe will not happen immediately, and will likely happen alongside other changes not directly related to EIC, he said.

“These recommendations will be executed over the next several years,” Conger said. “That does not mean everything will remain static while these changes occur. There were consolidations made before EIC, and there will undoubtedly be future basing actions.”

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## LEADER DEADLINES

Article, announcement and photo submissions are due one week before publication. For example, an article for the Jan. 29 Leader must be submitted by Jan. 22.

Photos smaller than 1MB cannot be accepted.

Send your submissions to [FJLeader@gmail.com](mailto:FJLeader@gmail.com). For more information, call 751-7045.



Visit the Leader online at [www.fortjacksonleader.com](http://www.fortjacksonleader.com)

## Calendar

**Tuesday**

### Victory Spouses' Club luncheon

11 a.m. to 1 p.m., NCO Club  
The theme is "white elephant." RSVP is required by noon today. For more information and to register, email [vscreervations@gmail.com](mailto:vscreervations@gmail.com).

**Thursday, Jan. 29**

### Math Night at the Commissary

5:30 to 7 p.m., Commissary  
Students of C.C. Pinckney Elementary School and their parents are invited to use the Commissary as a living classroom. Students will learn to use math and solve problems in an authentic learning environment.

**Monday, Feb. 2 and Tuesday, Feb. 3**

### Military clothing reclamation sale

8 a.m. to 3 p.m., 2570 Warehouse Row  
The cash sale is open to military of all ranks and military retirees. For more information, call 751-7213.

**Friday, Feb. 27**

### Victory Spouses' Club

#### Denim & Diamonds dinner

6 p.m., NCO Club  
The event is open to all members and their guests. For more information, email [vscreervations@gmail.com](mailto:vscreervations@gmail.com).

## Announcements

### GARDEN PLOTS RENEWAL

Community members who want to lease or renew a garden plot need to sign a new permit. Permits are valid for 12 months, beginning Feb. 1. Plots are issued first to permanent party Soldiers, then to retired military. Remaining plots will be available to civilian personnel. For more information, call Valerie Kinsley at 751-7126.

### WORKERS' COMPENSATION

As of Dec. 1, all worker's compensation questions, claims or issues are handled by the Fort Riley worker's compensation department. The hours of operation are 7 a.m. to 5 p.m., Central Standard Time. To contact the department, call 866-792-4620, fax 785-239-1489 or email [usarmy.riley.chra-hqs.mbx.abcc-ic-injury@mail.mil](mailto:usarmy.riley.chra-hqs.mbx.abcc-ic-injury@mail.mil).

### OFFICERS' CLUB CLOSURE

The Officers' Club is closed for roof repairs. It is tentatively scheduled to reopen

in March.

### CLAIMS OFFICE HOURS

The Fort Jackson Claims Office has new hours.

- Monday: walk-in claims assistance from 9 to 11 a.m. and 1 to 4 p.m.
- Tuesday: appointments only from 9 to 11 a.m. and 1 to 3 p.m.
- Wednesday: closed for claims adjudication.
- Thursday: appointments only from 9 to 11 a.m. and 1 to 3 p.m.
- Friday: walk-in claims assistance from 9 to 11 a.m. Closed in the afternoon for claims adjudication.

### IMMIGRATION HELP

An immigration outreach officer from the Charleston field office of U.S. Citizenship and Immigration Services will provide immigration assistance to Soldiers, family members, retirees and DOD civilians from 10 a.m. to noon, Friday at the Strom Thurmond Building, Room 222. For more information, call 751-1124.

### SJA HOURS

The Office of the Staff Judge Advocate, including the Legal Assistance Office, will be closed from 11:15 a.m. to 12:30 p.m. daily through Feb. 12 because of staffing shortages. Business hours are 9 to 11:15 a.m. and 12:30 to 4 p.m.

### EFMP FORMS ONLINE

Soldiers and family members may access instructions and form to enroll in the Exceptional Family Member Program online by visiting [www.moncrief.amedd.army.mil](http://www.moncrief.amedd.army.mil). Click on "Medical Services — Clinics" in the navigation menu. Click on the Exceptional Family Member Program link.

### CIF CLOSURE

The Central Issue Facility will be closed through Friday for its semi-annual inventory. Personnel scheduled to depart during that time period are requested to call CIF and schedule an out-processing appointment as soon as possible. CIF will accept emergencies only during that time period. CIF will reopen for normal business Tuesday. For more information or to schedule an appointment, call 751-6524/2870/2739.

### SPORTS SHORTS

- Intramural basketball league play starts 6 p.m., Tuesday at Coleman Gym.
- Power lifting meet, AAPL and APL sanctioned, 8 a.m. to 5 p.m., Saturday, Sol-

omon Center. Weigh-ins are scheduled for 6 p.m., Jan. 16. For more information, call 751-3486.

- Bataan Death March qualifier, 7:30 a.m., Jan. 24, Hilton Field Softball Complex. Open to all active-duty Soldiers.
- Boxing smoker, 5:30 p.m., Feb. 21, Solomon Center.

For more information, call the Sports Office at 751-3096.

### BIGGEST LOSER CHALLENGE

Family and Morale, Welfare and Recreation is hosting the 2015 Biggest Loser Challenge until March 6. The categories are fitness, weight loss and total lifestyle change. For more information, call 751-3700.

### SPOUSE OF THE YEAR

Military Spouse Magazine is accepting nominations for the Military Spouse of the Year Awards through Friday. For more information, visit <http://msoy.militaryspouse.com>.

### THRIFT SHOP NEWS

- Winter clothes will be accepted through Feb. 25.
- Consignors are eligible for the Thrift Shop's new layaway and credit program.
- The Golden Carriage Program provides free ball gowns for spouses of active-duty service members E5 and below.

### SCHOLARSHIP OPPORTUNITIES

- Applications for National Military Family Association military spouse scholarships are accepted through Jan. 31. For more information, visit [www.militaryfamily.org/our-programs/military-spouse-scholarships/](http://www.militaryfamily.org/our-programs/military-spouse-scholarships/).
- Applications for the 2015 Scholarships for Military Children Program will be accepted through Feb. 13. For more information, visit [www.militaryscholar.org](http://www.militaryscholar.org).
- Applications for Victory Spouses' Club scholarships will be accepted thorough March 1. Applicants must have a sponsor who was a member of the Victory Spouses' Club as of Dec. 16. For more information, visit <http://vscwebmaster.wix.com/victory> or email [VSCscholarship@gmail.com](mailto:VSCscholarship@gmail.com).
- Applications for the Army Engineer Spouses Club Army Engineer Memorial Awards and the Geraldine K. Morris Award scholarships are accepted through March 15. Scholarships are available to graduating high school seniors whose parent, sponsor or legal guardian is a member of the Army Engineer Spouses Club. For more information, visit [www.armyengineerspouses.com](http://www.armyengineerspouses.com)

[armyengineerspouses.com](http://armyengineerspouses.com) or email [scholarships@armyengineerspouses.com](mailto:scholarships@armyengineerspouses.com).

- Applications for the Army Emergency Relief Spouse Scholarship program and the Maj. Gen. James Ursano Scholarship Program will be accepted through May 1. For more information, visit [www.aerhq.org](http://www.aerhq.org).

### AAFES NEWS

- AAFES is extending its return policy for items purchased from Nov. 1 to Dec. 24. Items may be returned or exchanged until Jan. 31.

### COMMISSARY NEWS

- The Defense Commissary Agency is re-introducing the Commissary Value Brand, which offers products in 33 categories, including soft drinks, frozen food, pet food and health and beauty care. For more information, visit [www.commissaries.com/shopping/value-brand.cfm](http://www.commissaries.com/shopping/value-brand.cfm).
- The Commissary rewards card allows shoppers to use digital coupons at any commissary. For more information, visit [www.commissaries.com/rwards\\_subscribe.cfm](http://www.commissaries.com/rwards_subscribe.cfm).

### IMMIGRATION EXAMS

The Department of Preventive Medicine provides a physical exam, tuberculosis screening, laboratory tests and required immunizations for TRICARE beneficiaries who need to complete an immigration exam for U.S. Citizenship and Immigration Services. For more information or to schedule an appointment, call 751-5251.

*Information is subject to change.*

*Visit the community calendar at <http://jackson.armylive.dodlive.mil/> for a full listing of calendar events.*

*Send your announcements to [fjleader@gmail.com](mailto:fjleader@gmail.com).*

*Announcements are due one week before the publication date.*

*For more information, call 751-7045.*

*Community announcements may be edited to comply with Leader style and Public Affairs regulations.*

## Off-post

### WWII COMMEMORATION

A ceremony to commemorate the 72nd anniversary of the first U.S. Army mass parachute drop during World War II is scheduled for 2 p.m., March 29 at the 82nd Airborne Division monument on U.S. Highway 1 between Elgin and Camden. Attendees are encouraged to bring seating.



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# What should I drink during winter workouts

By COL. JOANNA REAGAN  
U.S. Army Public Health Command

The temperatures have dropped, but don't use this as a reason to slow down on your winter health plan. Winter is a great time to join a gym, try a new class or get into a new winter sport.

Winter is also a time to prevent dehydration. It is important for warrior athletes to remember their sweat rate does not change just because the temperature drops. This is because sweat rate is determined by numerous factors, including fitness level, pace and acclimatization — not just ambient temperature. Warrior athletes are just as likely to become dehydrated during winter workouts as summer workouts.

The message to drink water is easy in the summer, but not so much in the winter. Dehydration can occur because warrior athletes feel less thirsty during winter workouts. Some may overdress for cold-weather exercise sessions by wearing too many layers of clothes. Also, athletes may convert to indoor workouts during the winter, and sweat more while inside.

Warrior athletes can check for dehydration by checking the color of their urine. If the urine looks like lemonade, this indicates proper hydration. If it is darker and looks like apple juice or pale ale, then more fluids are needed. In contrast, if the urine looks clear, this can indicate over

hydration and drinking too much.

Other symptoms of dehydration may include: drowsiness, headaches, dry skin, dizziness or nausea. Remember, don't rely on thirst as an indicator of hydration status. Usually people are already 3 percent dehydrated when they become thirsty.

So, what are the recommendations for healthy drinks? Water is the best choice. It's calorie-free, inexpensive and it's easy to find. It is the perfect choice to re-hydrate athletes and restore fluids lost during a workout. As a basic guide, an adequate intake of total water from fluids and foods is 12 cups a day for men ages 19-30 and nine cups a day for women of the same age based on the Dietary Reference Intake. For most people, about 80 percent of this water volume comes from beverages; the rest comes from food.

Sports beverages are designed to give athletes carbohydrates, electrolytes and fluid during high-intensity workouts that last longer than one hour. For other folks, they're just another source of sugar and calories. If your workout consists of moderate to heavy intensity for 45-60 minutes, a sports drink would be recommended. Examples would be activities during which you have minimal conversation, an increased sweat rate, heavy breathing and a high heart rate.

Try to avoid drinks that have added sugars for flavor such as sugar-sweetened soda, sweet tea or energy drinks. One bottle of regular 16-ounce soda has about 185 calories;

one 16-ounce bottle of sweet tea has 200 calories, and one 16-ounce energy drink has about 250 calories. Energy drinks have as much sugar as soft drinks. They contain caffeine to raise your blood pressure and additives whose long-term health effects are unknown. For these reasons, it's best to skip energy drinks. Over time, the extra calories add to weight gain and increased risk of Type 2 diabetes, heart disease and gout.

For some people who are accustomed to drinking flavored beverages, water can initially taste bland. One recommendation is to increase water consumption without losing flavor or increase daily water intake by trying infused water. Instead of purchasing expensive flavored waters in the grocery store, infused water can be made at home by adding sliced citrus fruits or zest (lemon, lime, orange, grapefruit) or crushed fresh mint. One could also add sliced fresh ginger, sliced cucumber or maybe crushed berries for flavor. Sparkling water with a splash of juice is another idea to increase fluids.

Other drinks to try in the winter are sugar-free apple cider or sugar-free hot chocolate. Coffee and tea, without added sweeteners, are healthy choices, too. Try carrying a water bottle throughout the day to sip at work or at home. Also, try eating foods high in water content such as oranges and grapefruit.

Winter is a great time to focus on your health. Remember, it is also a time to drink more fluids to stay hydrated and achieve your performance goals.



**The flu vaccine will still help protect you from the flu this year.**

**While some of the flu viruses spreading this season are different from what is in the vaccine, vaccination can still provide protection and might prevent severe illness.**

**Get your flu vaccine now.**

You can help slow the spread of germs that can cause many different illnesses.

1. Avoid close contact with people who are sick.
2. Stay home when you are sick.
3. Cover your mouth and nose with a tissue when coughing or sneezing.
4. Wash your hands often. If soap and water are not available, use an alcohol-based hand rub.
5. Avoid touching your eyes, nose, or mouth.
6. Clean and disinfect frequently touched surfaces at home, work, or school, especially when someone is ill.

USAPHC  
pac.med@army.mil

Source: [http://www.cdc.gov/flu/pdf/fluerecources/rapidact/everyday\\_preventive.pdf](http://www.cdc.gov/flu/pdf/fluerecources/rapidact/everyday_preventive.pdf)

## FLU VACCINATIONS AT MACH

Patients who are enrolled at Moncrief Medical Home may receive influenza vaccines from 8 to 11:30 a.m. and 1 to 4:15 p.m., Mondays, Tuesdays, Wednesdays and Fridays; and from 9 a.m. to 4:15 p.m., Thursdays.

Influenza vaccines are also available at the Immunization Clinic on the sixth floor at MACH for beneficiaries 4 and older from 7:30 a.m. to 3:30 p.m., weekdays.

Children younger than 4 may receive their flu immunization at the Integrated Health Medical Home on the sixth floor at MACH.

## Health News

### OUTPATIENT PHARMACY HOURS

Effective immediately, Moncrief Army Community Hospital's Outpatient Pharmacy will open at 9 a.m., every third Thursday of the month. Regular opening hours are from 7:30 a.m. to 5:30 p.m., Monday through Friday and from 7:30 a.m. to noon, Saturday.

### E-PRESCRIBING COMING SOON

The Military Health System has deployed electronic prescribing in military pharmacies across its system of clinics and hospitals in the United States, Guam and Puerto Rico. This capability will allow civilian providers to send prescriptions electronically to military pharmacies, reducing the need for handwritten prescriptions.

Beneficiaries can ask their doctor to look for their local military pharmacies in the e-prescribing database/networks. Military hospitals and clinics will not be able to accept electronic prescriptions for controlled substances. Beneficiaries will still need a hand-written prescription for these medications.

### TRICARE CHANGE

TRICARE will no longer send beneficiaries certificates of creditable coverage when they lose TRICARE eligibility. These certificates are no longer needed when beneficiaries transition off TRICARE. Beneficiaries will instead receive notice that their TRICARE coverage is ending.

# Recurring meetings

## WEEKLY MEETINGS

- Alcoholics Anonymous open meeting.....Mondays, Wednesdays and Fridays, 9 a.m., 9810 Lee Road., 751-6597.
- Columbia Composite Squadron (Civil Air Patrol).....Mondays, 6:30 p.m., Owens Field, main conference room, *Tom.Alsup@gmail.com* or *www.scwg.cap.gov*.
- Family story time .....Fridays, 11-11:30 a.m., Post Library, 751-5589
- Helping Everyone Reach Optimum Strength.....Tuesdays, 5 to 6 p.m., Moncrief Army Community Hospital, seventh floor. Open to combat veterans and their family members.
- Play group.....Wednesdays, 10 to 11:30 a.m., Room 8, 5614 Hood St., for children 3 and younger, 751-9035/6325.
- Protestant Women of the Chapel.....Mondays, 7 to 8:30 p.m., and Tuesdays, 9 to 11:30 a.m., Main Post Chapel, *jackson@pwoc.org*.
- Range control briefing .....Mondays and Fridays, 1 p.m., Education Center, Room 302, 751-7171.
- Sergeant Audie Murphy Club Association study hall.....Thursdays, noon, NCO Academy conference room, *www.facebook.com/FJSAMCA*.
- Toastmasters International .....Wednesdays, 11:40 a.m. to 12:45 p.m., Main Post Chapel, 629-7696 or (910) 224-8307.
- Veterans of South Carolina .....Tuesdays, 9 a.m., Flying J truck stop at 5901 Fairfield Road, *VOsc@sc.rr.com*.
- Walking away stress.....Mondays and Fridays, 9 a.m., at the pecan orchard near the post office on Early Street, 751-6325.

## MONTHLY MEETINGS

- 92nd Buffalo Chapter 20 DAV .....Third Saturday of the month, except July and August, 11 a.m., DAV Headquarters 511 Violet St., West Columbia, 260-1067.
- Adjutant General's Corps Regimental Association,  
Carolina Chapter .....Second Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club, 751-3014.
- American Legion Post 182.....First Tuesday of the month, 6 p.m., Officers' Club, 351-2333.
- American Legion Post 195.....Fourth Thursday of the month, 7 p.m., 534 Wildwood Lane, Lugoff.
- American Legion Louis D. Simmons Post 215 .....Fourth Sunday of the month, 5 p.m., 2432 Chappelle St., 765-0175.
- American Legion Riders Motorcycle Group  
(ALR Chapter 195) .....Second Tuesday of the month, 7:30 p.m., American Legion Post 195,  
534 Wildwood Lane, Lugoff, 699-2598 or *alrpost195@gmail.com*.
- American Legion Riders Motorcycle Group .....Third Thursday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 360-3830.
- Better Opportunities for Single Soldiers.....First and third Wednesday of the month, 11:45 a.m. to 12:45 p.m., Single Soldier Complex, Building 2447, 751-1148.
- Better Opportunities for Single Soldiers  
Adopt-A-School program .....Second Wednesday of the month during the school year, 11:30 a.m. to 1 p.m., meeting at the Single Soldier Complex,  
Building 2447, for transportation to Forrest Heights Elementary School, 751-1148.
- Combat Vets Motorcycle Association .....Third Sunday of the month at noon, (774) 451-7504, email *armyaguair@yahoo.com* or visit *www.combatvet.org*.
- Disabled American Veterans Chapter and Auxiliary,  
Woodrow Wilson Chapter #4 .....Second Monday of the month (September through June), 6 p.m., 511 Violet St., West Columbia, 467-8355 or *gblake12@sc.rr.com*.
- Fleet Reserve Association Branch and Unit 202.....Third Tuesday of the month, 12:30 p.m., 2620 Lee Road, 647-0040 or *turner6516@gmail.com*.
- Fort Jackson Bass Club.....First Monday of the month, 7 p.m., Joe E. Mann Center, *www.jacksonanglers.com*.
- Fort Jackson Homeschoolers .....Second and fourth Tuesday of the month. For time and location, call 419-0760 or email *johnlazzi@yahoo.com*.
- Gold Star Wives, Palmetto Chapter .....Second Sunday of the month, 3 p.m., Moncrief Army Community Hospital, Third Floor conference room, 695-5345.
- Ladies Auxiliary Louis D. Simmons Post 215.....Fourth Sunday of the month, 3 p.m., 2432 Chappelle St., 765-0175.
- Ladies Auxiliary VFW Post 641.....Second Sunday of the month, 2 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Ladies Auxiliary VFW Post 4262.....Second Sunday of the month, 5 p.m., 5821 North Main St., 754-1614.
- MEDPROS training .....Third Friday of the month, 1-4 p.m., Moncrief Army Community Hospital, Room 9-83. Email *Erica.Aikens@amedd.army.mil*.
- Military Chaplains Association, South Carolina Chapter .Second Tuesday of the month, Noon, NCO Club, 751-7316 or email *sam.boone@us.army.mil*
- National Federation of Federal Employees .....Second Tuesday of the month, 11:30 a.m., 4405 Forney St., first floor, 751-2622.
- National Active and Retired Federal Employees  
Chapter 87 .....Second Friday of the month, 11:30 a.m., Seawell's, 1125 Rosewood Dr., *kathrynhensley@hotmail.com* or *gillentinelc803@aol.com*.
- Professional Mentorship Network.....Fourth Tuesday of the month, 11:30 a.m. to 1 p.m., NCO Club, 751-8187.
- Purple Heart #402 .....Fourth Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 351-2333.
- Retired Enlisted Association .....Third Friday of the month, 5:30 p.m., Moncrief Army Community Hospital, third floor, 740-2319 or email *jrogers11@sc.rr.com*.
- Seabees .....Second Monday of the month, 7 p.m., West Metro Chamber of Commerce and Visitors Center, 755-7792 or 755-0300.
- Sergeant Audie Murphy Club Association .....First Tuesday of the month, noon, NCO Club, *www.facebook.com/FJSAMCA*.
- Sergeants Major Association.....Last working Thursday of the month, 4:30 p.m., Magruder's Pub, 338-1904, *William.huffin@us.army.mil*.
- Society of American Military Engineers .....Fourth Thursday of the month, 11:30 a.m., 254-0518 or 765-0320.
- SWAMPFOX Warrant Officer Association .....First Thursday of the month, 11:30 a.m. to 12:45 p.m., Officers' Club, *johnny.myers@us.army.mil*.
- The Rocks Inc., James Webster Smith Chapter.....Third Tuesday of the month, 6 p.m., Post Conference Room.
- Veterans of Foreign Wars Gandy-Griffin Post 4262 .....Third Tuesday of the month, 7 p.m., 5821 North Main St., 754-1614 or 447-2320.
- Veterans of Foreign Wars Post 641.....Second Monday of the month, 7:30 p.m., 534 S. Beltline Blvd., 782-5943 or 782-0148.
- Veterans of South Carolina .....First Tuesday of the month, 7 p.m., Reflection Club House at 2 Cassia Ct., *VOsc@sc.rr.com*.
- Victory Riders Motorcycle Club.....First and third Thursday of the month, 5 p.m., Magruder's Pub. Email *sec@fvictoryriders.com*.
- Vietnam Veterans of America Chapter 303 .....Third Tuesday of the month, 7 p.m., American Legion Post 6, 200 Pickens St., 312-4895.
- Weight Loss Surgery Support Group .....Second and fourth Monday of the month, noon, Weight Management Center, 180 Laurel St.; Second Monday of the month,  
6:30 p.m., Palmetto Health Baptist Breast Health Center, 1501 Sumter St., ground level, Meeting Room 2.

To submit a recurring meeting, email the name of the group, when and where the meeting takes place and contact information to *fjleader@gmail.com*.



### Fort Jackson Leader

4 min. · Fort Jackson, SC

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# Worship Schedule

**PROTESTANT**

- Sunday
  - 9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
  - 9:30 a.m. Hispanic, Magruder Chapel
  - 9:30 a.m. Main Post Chapel
  - 10:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel
  - 10:45 a.m. Sunday school, Main Post Chapel
  - 11 a.m. Memorial Chapel
  - 11 a.m. Chapel Next, U.S. Army Chaplain Center and School, Fox/Poling Lab

**Protestant Bible Study**

- Monday
  - 7 p.m. Women's Bible study (PWOC), Main Post Chapel
  - 7 p.m. Men's Bible study (PMOC), Chaplain Family Life Center
- Tuesday
  - 9 to 11:30 a.m. Women's Bible study (PWOC), Main Post Chapel
- Wednesday
  - 6 p.m. Gospel prayer service, Daniel Circle Chapel
  - 7 p.m. Gospel Bible study, Daniel Circle Chapel
- Thursday
  - 11:45 a.m. to 12:30 p.m. Fresh encounter Bible study, Chaplain Family Life Center

**Protestant Youth of the Chapel**

- Saturday
  - 11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)
- Sunday
  - 5 to 6:30 p.m. Club Beyond youth group, Chaplain Family Life Center

**CATHOLIC**

- Monday through Thursday
  - 11:30 a.m. Mass, Main Post Chapel

- Sunday
  - 7:30 a.m. Confessions, Solomon Center
  - 8 a.m. IET Mass, Solomon Center
  - 9:30 a.m. CCD (September through May), Education Center
  - 9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
  - 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
  - 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
  - 11 a.m. Mass (Main Post Chapel)
  - 12:30 p.m. Catholic youth ministry, Main Post Chapel
- Wednesday
  - 7 p.m. Rosary, Main Post Chapel
  - 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

**ANGLICAN/LITURGICAL/EPISCOPAL**

- Sunday
  - 8 a.m. Anderson Street Chapel

**ISLAMIC**

- Sunday
  - 8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
  - 12:45 to 1:30 p.m. Jumah services, Main Post Chapel

**JEWISH**

- Sunday
  - 9:30 to 10:30 a.m. Worship service, Memorial Chapel
  - 10:30 to 11:30 a.m. Jewish book study, Post Conference Room

**CHURCH OF CHRIST**

- Sunday
  - 11:30 a.m. Anderson Street Chapel

**LATTER DAY SAINTS**

- Sunday
  - 9:30 to 11 a.m. Anderson Street Chapel
- Wednesday
  - 3 to 5 p.m. LDS family social, Anderson Street Chapel
- Wednesday
  - 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

**ADDRESSES, PHONE NUMBERS**

- Anderson Street Chapel**  
2335 Anderson St., 751-7032
- Bayonet Chapel**  
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**  
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**  
4581 Scales Ave.
- Chaplain Family Life Center**  
5460 Marion Ave. (to the side of the POV lot), 751-4961
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- Main Post Chapel**  
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**  
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- U.S. Army Chaplain Center and School**  
10100 Lee Road
- Warrior Chapel (120th AG Bn.)**  
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**  
4475 Gregg St., 751-3121/6318