

THURSDAY, APRIL 28, 2016

THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C., COMMUNITY
WWW.FORTJACKSONLEADER.COM

GROUND ASSAULT

**SOLDIERS TAKE ON DEPUTIES
IN COMBATIVES TOURNAMENT**

P. 12

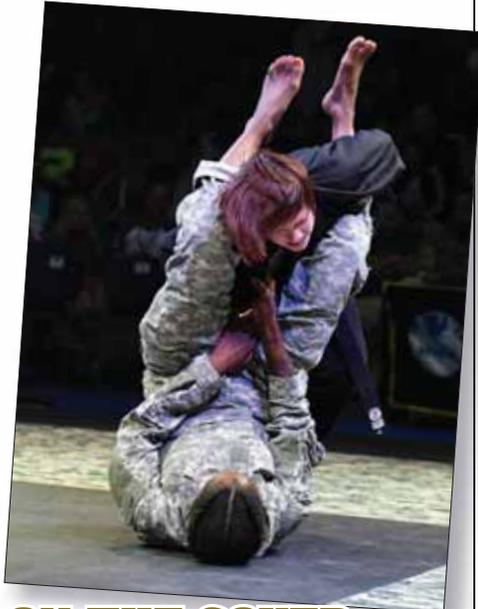
**FORMER OLYMPIC COACH SHARES
SKILLS WITH POST BOXING TEAM**

P. 3



SSI SOLDIER IS TRADOC'S INSTRUCTOR OF THE YEAR P.7

BIRTHDAY BASH TICKETS ON SALE FOR ARMY BALL P.4



ON THE COVER

Photo by EARL JONES/FMWR

A Fort Jackson Soldier and the Richland County sheriff's deputy grapple April 23 during a combatives tournament at the Solomon Center.

SEE PAGE 12

Community Calendar

SEND ALL SUBMISSIONS TO
FJLeader@gmail.com

Deadline for events to be included in the calendar or Happenings is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to accept an article for publication the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible. With any photo you submit, include IDs — rank, unit, and first and last names.

Questions? Call 751-7045.

TODAY

Army Community Service will be closed for training from 7:30-11 a.m. In-processing at 7:30 a.m. and the Overseas Brief at 10:30 a.m. will still be held in Room 222 of the Strom Thurmond Building. If you have an emergency and need immediate Army Emergency Relief financial assistance, call 751-5256 and leave a message.

FRIDAY

Child Abuse Prevention Month and Month of the Military Child Walk

1-3 p.m. beginning at Pierce Terrace Elementary School. For more information, contact 751-5256.

SSI SHARP Pledge Day

All day. SHARP specialists will set up around the command footprint to encourage individuals to pledge to take a stand against sexual harassment and sexual assault.

SATURDAY

National Prescription Take Back Day

10 a.m. until 2 p.m., Fort Jackson Exchange. Members of the Fort

Jackson Community can dispose of unused or expired prescription drugs.

WEDNESDAY

Paula Deen will be at the Exchange from 1-3 p.m. to sign copies of her new book, "Paula Deen Cuts the Fat."

MAY 5

National Day of Prayer

8 a.m., at the post flag pole. A time for prayer and reflection will be conducted at noon at the Fort Jackson Main Post Chapel, which will remain open all day for individuals to pray and reflect on their own. For more information contact Chaplain (Lt. Col.) Clyde Scott, Ft. Jackson Deputy Garrison Chaplain, at 751-3979.

Post Newcomer Orientation

8 a.m., NCO Club. The orientation is mandatory for all Soldiers arriving to Fort Jackson and will include attendance at Basic Combat Training graduation. All newly arriving civilian employees are invited to attend. Soldiers who bring their spouses will get a 3-day pass through their chain of command. A 50 percent off meal coupon will be provided to all attendees. Free childcare is

provided; however, children must be registered and orientation must be arranged ahead of time by contacting Parent Central Services at 751-4824 or 751-4865, or go to <https://webtrac.mwr.army.mil> to obtain a registration form. Additional information may be obtained by calling ACS at 751-1124, 751-9770, 751-5518 or 751-5256.

Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army or Camden Media Co. of the firms, products or services advertised.

All editorial content of the Fort Jackson Leader is prepared, edited, provided and approved by the Public Affairs Office of Fort Jackson.

The Fort Jackson Leader is published by Camden Media Co., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Jackson.

The civilian printer is responsible for commercial advertising.

For display advertising rates and information call 803-432-6157 or write Camden Media Company, P.O. Box 1137, Camden, S.C. 29020. For classified advertising information only: call 800-698-3514 or e-mail sbrnham@chronicle-independent.com or fax 803-432-7609.

For questions or concerns about subscriptions, call 803-432-6157. To submit articles, story ideas or announcements, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call 803-751-7045 or e-mail fjleader@gmail.com.

Commanding General Maj. Gen. Roger L. Cloutier Jr.
 Garrison Commander Col. James W. Ellerson Jr.
 Public Affairs Officer Michael B. Pond
 Garrison Public Affairs Officer Patrick Jones
 Command Information Officer Christopher Fletcher
 Editor Wallace McBride
 Staff Writer Robert Timmons
 Staff Writer Demetria Mosley

Website: www.fortjacksonleader.com
 Facebook: www.facebook.com/fortjackson
 Twitter: www.twitter.com/fortjacksonpao
 Instagram: www.instagram.com/fortjacksonpao



Photo by ROBERT TIMMONS

Hard work recognized

Maj. Gen. Roger Cloutier, Fort Jackson commander, hangs a medal around the neck of 1st Lt. Jason Huber, executive officer for Foxtrof Company, 1st Battalion, 13th Infantry Regiment for his contributions to the 2016 Fort Jackson Bataan Death March Team. Cloutier and Post Command Sgt. Maj. Lamont Christian, right, congratulated the team during an April 20 ceremony at Mabry Hall.



Charles Leverette, head coach for the World Class Athlete Program's Boxing Team runs a member of the Fort Jackson Boxing Team through exercises aimed at increasing endurance and hand speed during a training session at Vanguard Gym on post April 20. Leverette and others from the World Class Athlete Program's Boxing Team were at Jackson April 18-22 to help the post's team learn more boxing fundamentals. Photos by ROBERT TIMMONS

World-class training

Former Olympic coach shares skills with Fort Jackson fighters

By **ROBERT TIMMONS**
Fort Jackson Leader

The Army's World Class Athlete Program is the pinnacle of sports in the service. For members of the Fort Jackson boxing team, having the coach come to train them is an honor.

Charles Leverette, the head boxing coach for the WCAP team and an assistant coach for the 2012 U.S. Olympics boxing team, was on post April 18-22 with other members of his team to help Jackson's boxers improve their skills.

First Lt. Matthew Aycox, with the Fort Jackson's Office of the Staff Judge Advocate and member of the post boxing team found the experience immeasurable in helping the team improve.

"I say this is an amazing thing. The training is second to none. Second to none," he said while trying to catch his breath after high-intensity circuit training. "I appreciate him taking the time to teach us the technical aspects of boxing; shar-

ing his knowledge. I think it's amazing and anyone who wants to box should take part in this."

It's a whole gamut of training activities," Aycox added. "We do speed training, we do cardio, we do strength training and we do the technical aspects of boxing so we are getting the full advantage of boxing."

The WCAP offers Soldiers the best training possible while also having established training centers around the country.

According to WCAP, 446 Army Soldiers have represented the United States at the summer and winter Olympic Games as athletes/coaches, earning 111 medals in a variety of sports from bobsled, track and field, boxing, wrestling, and shooting since 1948. After WCAP's inception in 1997, 55 Soldier-athletes have participated in the summer and winter Olympic Games winning Gold, Silver, and Bronze Olympic Medals.

See **BOXING:** Page 16



First Lt. Matthew Aycox, with Fort Jackson's Office of the Staff Judge Advocate, hits the heavy bag at Vanguard Gym while waiting for the World Class Athlete Program head boxing coach Charles Leverette to arrive.

Army to celebrate 241 years of service this summer

Fort Jackson will celebrate the Army's 241st birthday June 18 at the Columbia Metropolitan Convention Center.

Active and retired Service members and Army civilian employees who want to celebrate the Army's 241st birthday with an evening of dining, dancing and entertainment, should purchase their tickets as soon as possible.

There are a limited number of seats,

and tickets are sold on a first-come, first-served basis.

The ball is being hosted by the Association of the United States Army and will be held at the Columbia Metropolitan Convention Center, located at 1101 Lincoln St., in Columbia.

Tickets are available online at <https://armyball16-fortjacksonpalmettochapter.eventbrite.com>. Ticket prices are \$25 for

GS-7/E-7 and below and \$40 for GS-8/E-8 and above.

The Army Birthday Ball is a formal event, and attire for civilians is formal evening wear or black tie. Military uniform is the Army Service Uniform; Mess Dress/Dress Blues.

Childcare will be available at the Hood Street Child Development Center. Children must be registered with CYS in

order to take advantage of the program. Cost is \$20 per child; additional children from the same Family are \$18 per child. Children will be served dinner and have an Army Birthday party as well. Hours of operation for childcare will be from 4-11 p.m.

Registration with CYS must be submitted no later than May 27 for screening/approval.

Wanted: talented cyber operators

By DAVID VERGUN
Army News Service

Regarding cyber, "we are training in the dozens and our adversaries are training in the thousands," said Lt. Gen. Edward Cardon, referencing what he heard at a cyber briefing at Carnegie Mellon, one of the top cybersecurity universities in the world.

Cardon, commander, U.S. Army Cyber Command and Second Army, spoke at the Army Cyber Institute and Palo Alto Networks-sponsored Joint Service Academy Cyber Security Summit at the U.S. Military Academy, April 21.

Retired Army Chief of Staff Gen. Ray Odierno, senior advisor to the chairman and CEO of JPMorgan Chase, added his own concern about the need for more cyber operators: "I believe within the next five years there will be an attempt to conduct a devastating attack on our infrastructure somewhere in the United States."

Everyone agreed that given those concerns, talent management in cyber operations with regard to recruiting, placement and retention should be a very high priority.

Cardon said for now, retention is more of a problem than recruiting. He said he believes there are three things that motivate a cyber operator to stay: "Those who are passionate in this space, they want autonomy, purpose and mastery."

With regard to purpose, he said cyber operators want to know that what they're doing matters. "When you get the purpose aligned, it's magnificent. They want to be known for what they're doing, it's not just about money."

As to autonomy, they don't want to be overly supervised. "The Army is a hierarchical organization, so that's a challenge to work through," he noted.

Cyber offers training opportunities to get to higher mastery levels, Cardon said. Also, the Army sends Soldiers to other agencies or industry to work with them - and they really like that.

Along with mastery, they can work with some real cutting-edge technology, he added. "You can do some really neat things that you can't do on the outside."

As to compensation, there are a number of bonus programs, he said.

Odierno added that while compensation is important, cyber operators need job satisfaction and to know from their supervisors that their work is truly appreciated.

But even all of that doesn't always hold people in, Cardon admitted.

That's why the Army created a cyber branch and is in the process of developing an incentivizing track, along with the rest of the Department of Defense.



Photo by DEMETRIA MOSLEY

Vivian Duckett laughs with other members of the Victory Spouse Club at the April Luncheon. The theme was gardening and the spouses were encouraged to wear items relating to gardening such as big hats and overalls. Duckett has been a member of the club since 2013.

Join the club

Group helps connect military spouses

By DEMETRIA MOSLEY
Fort Jackson Leader

When the idea to form a club for military spouses of Fort Jackson sparked in its founders' minds three years ago, they had one goal: to establish a sense of camaraderie

By hosting club events and organizing community services projects, the Victory Spouses Club has built a space to bring together the spouses of Soldiers from different units across post with hopes of building long-lasting friendships.

"I would have never met some of these people, because our spouses do very different things and work in different areas on base," said Mary Cook, who's served as the club's president for 2015 to 2016 and was one of its four founders. "I still keep in touch with the people who no longer live

here."

One of the club's primary focuses is community service. In the past year they have collected socks for the Oliver Gospel Mission and other items for Angel's House, a transitional home for female veterans. They also offer scholarships to members, their Families and others in the Fort Jackson community.

Victory Spouses Club gets together every third Thursday of the month for a themed luncheon at the NCO Club. April's luncheon centered around gardening.

"I wish more spouses knew about this club," said Kimberly Holliday, a member since last year. "These women are really my friends. I love them all."

You can find out more about the organization but visiting their website at victoryspousesclub.org.



LIMITED TIME OFFER



¼ LB CHEESEBURGER, SMALL FRIES & 16 OZ FOUNTAIN DRINK FOR ONLY

\$5.00

AVAILABLE NOW AT THE STRIKE ZONE SNACK BAR

Inside Century Lanes Bowling Center
[4464 Gregg St. • (803) 751-4656]

May not be combined with any other offer.

BOP TILL YOU DROP!



AT THE CYS SERVICES AMERICAN GIRL SOCK HOP!

Sunday, May 29 (2:00 - 4:00 p.m.) in the Joe E Mann Ballroom

Bring your doll or favorite stuffed animal and enjoy 50's themed food, crafts, prizes, and more!

You must RSVP no later than Monday, May 25 by calling Beverly Metcalfe at 751-3053.



CHILDCARE AVAILABLE NOW!

Hood Street Child Development Center has part-day slots available for up to 25 hours of care per week for:

- » **Infants** (6 weeks - 12 months)
- » **Pre-toddler** (12 - 24 months)
- » **Preschool** (3 - 6 years)

For more information and to enroll please contact Parent Central Services at 751-4865.

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



EQUIPMENT RENTALS!

Marion Street Station is excited to announce we are now accepting reservations for all equipment 60 DAYS IN ADVANCE!

Items available for rent include:

- » 2 Jet Skis
- » 22 foot Pontoon boat with 115 hp motor
- » Bass boat with a 50 hp motor
- » Fish/Ski combo boat with a 90 hp motor
- » 15 foot inflatable slide
- » Snow cone machine
- » Popcorn machine

For reservations or inquires please stop by Marion Street Station at 4522 Marion Ave. or call (803) 751-3484

MOTHER'S DAY BRUNCH

Sunday, May 8 (10:30 a.m. to 2:30 p.m.)

At the NCO Club
5700 Lee Road • 782-2218

Featuring an assortment of delightful dishes and sweet desserts. Will include Omelet, Waffle Station, Carved meats, Seafood, our famous Southern Fried Chicken and so much more. Plus face painting by Sara Dippity.

Advance ticket prices:
Adults: \$16.95
Children (4 - 11): \$8.50

Door ticket prices:
Adults: \$18.95
Children (4 - 11): \$9.50
Children younger than 4 are free.

Reservations required.
Tickets available starting Monday, Apr 18.



MOTHER'S DAY BRUNCH

Sunday, May 8 (11:00 a.m. - 2:00 p.m.)

at the Fort Jackson Officers' Club
3630 Semmes Road • (803) 782-8761

Reservations are required by May 6.

Featuring waffles, omelet station, champagne and more.

Members:
» \$17.95
Non-Members:
» \$22.95
Children (4 - 11):
» \$6.95
Free for children younger than 4.



FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

NCO CLUB STABLE CALL

Friday, Apr 29 (4:30 p.m.) in the Liberty Lounge
5700 Lee Road, Fort Jackson, SC • 782-2218

Let us thank you for all you do! Bring your friends for some relaxation and complimentary finger foods (while supplies last). The bar will be open with great drink specials!

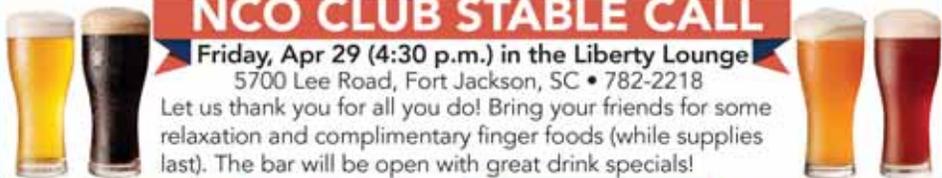




Photo by CAPT. CHAD NIXON

Capt. John Zaehring and 1st Lt. Christopher Smith, students assigned to the Adjutant General Captains Career Course, prepare to move a notionally wounded Soldier over a zip line while participating in a leadership exercise at the Teamwork Development Course.

Building tomorrow's leaders

Students face obstacles, gain skills in Captains Career Course

By **CAPT. CHAD NIXON**
369th Adjutant General Battalion

Officers assigned to the Adjutant General Captains Career Course, Class 002-16, participated in a leadership exercise April 25 at the Teamwork Development Course, here at Fort Jackson.

As part of the Lead and Organize block of instruction, students were placed in small groups and collectively faced six scenarios in which they were evaluated on leadership techniques.

"This training provides students the opportunity to lead and develop subordinates within their chain of command," said Maj. Eric Sutton, an instructor and team leader for Course 002-16. "Students can use the skills learned today when they continue on in their careers and lead troops in the future."

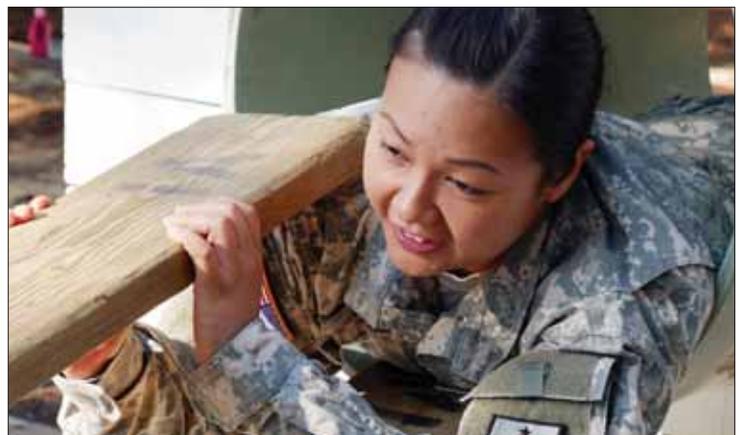
With each leadership obstacle, students are challenged by different scenarios and

provided only minimal materials to complete the task at hand.

"I am responsible for The Cliffhanger obstacle, and the mission is for teams to move an ammunition crate up a wall and over a simulated broken bridge, supplied with only an 8-foot board and section of rope," said 1st Lt. Omar Villa, a fellow student and Lane Observer Controller. "It was pleasing to see how well Soldiers can work as a team to complete the task and not question their assigned leadership."

At the end of the day students gathered to reflect on the course and discuss individual experiences.

"This was a great way for us to reach the halfway mark in the course," said Capt. Jeff Page, a student assigned to Class 002-16. "As officers we are expected to lead the way and this training was an excellent opportunity to gain experience and develop tools we can utilize in the future."



Capt. Vivian King, a student assigned to the Adjutant General Captains Career Course, passes a board through a tube to construct a bridge for fellow teammates to traverse while participating in a leadership exercise at the Teamwork Development Course.



Photo by ROBERT TIMMONS

Capt. Bethany G. Dumas, TRADOC's instructor of the year, helps 2nd Lt. Brian Abrams with filling out online forms April 26. Dumas, currently commanding the officer student company at the Soldier Support Institute, won the distinction partly by changing blocks of instruction from indoor PowerPoint presentations to outdoor sand tables when she instructed the Basic Officers Leaders Course.

She's 'Da-Man'

SSI Soldier is TRADOC's instructor of the year

By ROBERT TIMMONS
Fort Jackson Leader

The commander of the Soldier Support Institute's officer student company is a virtual rock star at the Adjutant General School on Fort Jackson.

Nicknamed "Da-Man" by one of her charges, Capt. Bethany G. Dumas is the kind of leader who takes time to get to know her students and help transition new officers into the Army and in turn being named TRADOC's instructor of the year.

"She is 'Da-Man,'" said 2nd Lt. Gary Henderson a student at the AG School and Bowie, Maryland native. "She knows herself and is a great help to students. She really takes time out to help."

While teaching the Basic Officer Leader Course, Dumas fundamentally changed the way portions of the course are instructed. She moved one portion of the mail handling course and moved it outside to sand tables instead of the "death by PowerPoint" of inside lectures.

"We set it up like a ROC, or rehearsal of concept drill," the seven-year officer said. "I laid it out and we walked through by phase line how mail is delivered from the United States to the hands of the deployed Soldier and all the organizations that would touch it."

It was this change in teaching style that got her noticed.

"I basically changed the way it was taught," she said. "I invited my director to attend the block of instruction and at the end he decided it would be good for me compete for instructor (of the year)."

She took home the best instructor honors for her division at the schoolhouse and at SSI before competing at the TRADOC level.

Dumas graduated from the University of Texas at Arlington in 2009 and joined the Army as an AG officer where she would be stationed with the 10th Mountain Division at Fort Drum, New York. She is scheduled to join the 82nd Airborne Division at Fort Bragg, North Carolina when her tour at Jackson ends.

She found being an instructor to be the most "rewarding" experience she has had in the Army.

"I am honored and humbled because I know there are many great instructors who work here with me and across the Army," she said about being the top instructor in the Army. "Overall I am very humbled and excited."

The example she sets for the students doesn't go unnoticed by the junior officers around her.

Even though he has only been in the Army six months, 2nd Lt. Brian Abrams, from Montville, Ohio, has noticed Dumas' professionalism and finds it a "relief" how much she is willing to offer advice to junior officers.

The highlight for the running enthusiast is "being able to shape the careers from the start point of brand new officers."

Instructors must be the best examples she said.

Instructors must be the standard bearers "from PT to treating people with fairness, respect and professionalism or just setting the standard in every way you can; because we are the first exposure to an Army officer for many of the brand new second lieutenants."

Day of Thanks

Events celebrate dedication, sacrifice of military spouses

Established in 1984, Military Spouse Appreciation Day is celebrated the Friday before Mother's Day. This year, that day falls on May 6.

Military Spouse Appreciation Day acknowledges the contributions and sacrifices that military wives and husbands make every day.

Military spouses are unsung heroes who play important support roles that positively impact America's service members, as well as their local communities. To pay tribute to these special women and men, Fort Jackson will be hosting a Cake Cutting Ceremony on May 6 in the Main Exchange Food Court Area from 11 a.m. - 1 p.m. Every 15 minutes drawing for giveaways will be held for military spouses.

Individuals are also encouraged to view the fashion show inside the Main Exchange store at 11:30 a.m.

Army Community Service and Family, Morale, Welfare and Recreation will be hosting a wide range of seminars from improving your professional image, health and wellness seminars, to saving money through couponing.

ACS will also have a day of fun games such as Jeopardy and Wheel of Fortune. FMWR programs will also be providing discounts to our military spouses through the month of May.

Army approves women as ground combat officers

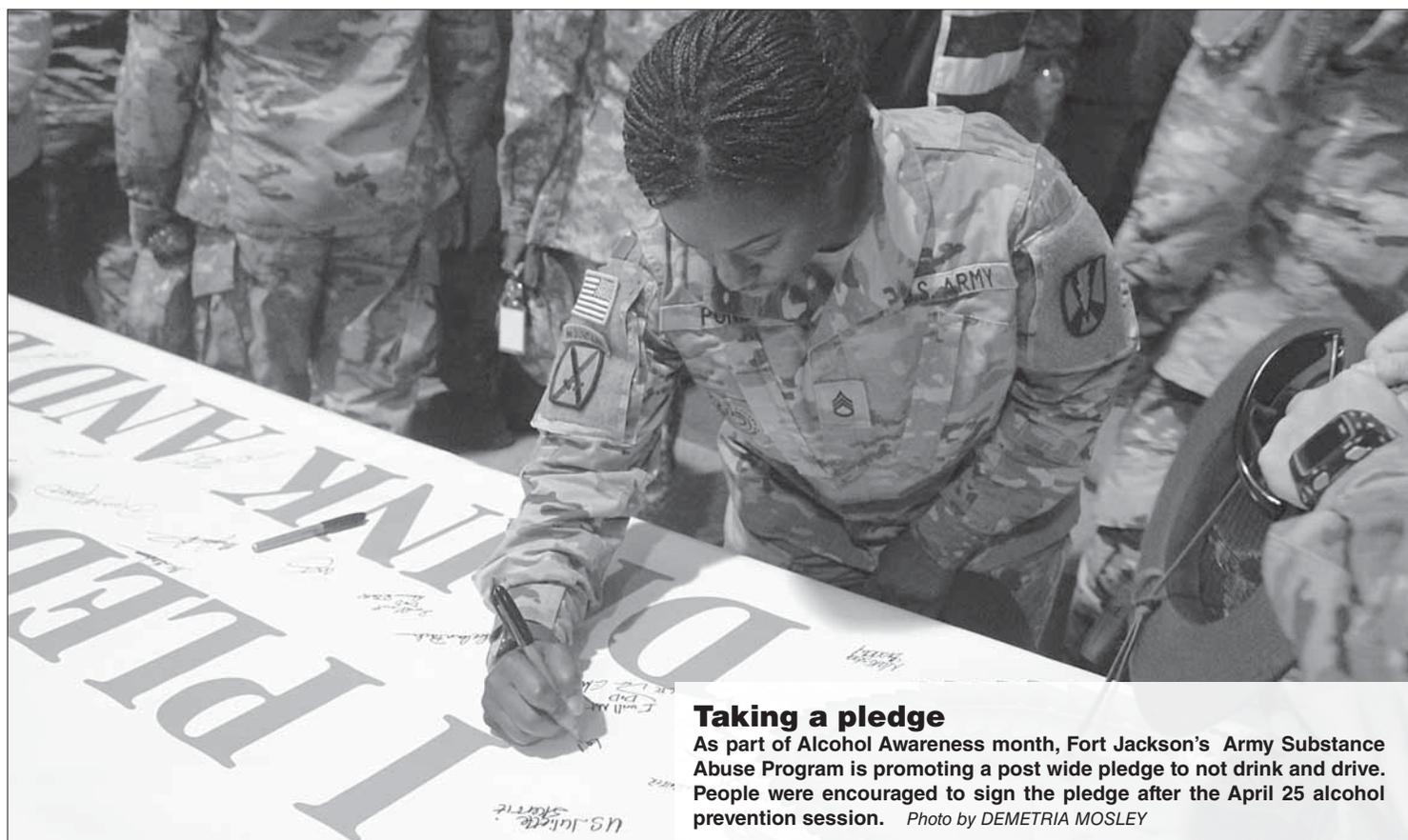
The Army approved requests from 22 women from the Army's three traditional officer accession programs – Officer Candidate School, Reserve Officers' Training Corps and the United States Military Academy – to enter as lieutenants into the infantry and armor branches. Thirteen will enter into the armor branch and nine will enter into the infantry branch in the coming weeks as commissioning and commencement ceremonies occur across the country.

Commissioning serves as the first step in the process to become a qualified Army officer. After commissioning, women selected to serve in Infantry and Armor will conduct branch-specific initial training for several months at Fort Benning, Georgia. Once the branch-specific training is successfully completed, the officers will report to their first units of assignment qualified to assume duties as platoon leaders in armor or infantry units.

All 22 women must complete the remaining training requirements and standards before fully qualifying as infantry and armor officers.

The Army is also seeking applications from Army Competitive Category female officers from year groups 2014 and 2015 interested in a branch transfer into infantry or armor from their current duties. Those selected to serve are expected to be announced near the end of June.

For more information, contact Lt. Col. Jerry Pionk, Army G1 Public Affairs at 703-692-1281 or Jerome.l.pionk.mil@mail.mil.



Taking a pledge

As part of Alcohol Awareness month, Fort Jackson's Army Substance Abuse Program is promoting a post wide pledge to not drink and drive. People were encouraged to sign the pledge after the April 25 alcohol prevention session. Photo by DEMETRIA MOSLEY

'I BECAME A SOLDIER ...' 3RD BATTALION, 60TH INFANTRY REGIMENT

PVT. CHRISTOPHER E. GOMEZ, 21

Provo, Utah

"I joined the Army because I wanted to do something with my life that I could be proud of.

"The best part of basic training is being able to push myself physically and mentally.

"I am a 35N – Signal Intelligence Analyst. I wanted to learn skills that I could use throughout the rest of my life.

"My Family is proud of my decision, after they got over the initial surprise.

"I'm looking forward to being able to get out and see the world and to do something important."



PFC. LANCE A. JOHNSON, 24

Columbia, Missouri

"I joined the Army to become a better person and get a better start in life.

"Meeting new people from around the country and world is the best part of Basic Combat Training.

"I am a 42A – Human Resource Specialist. I picked it because I'm good at being well organized and working with people.

"My Family has 100 percent backed my decision to join the Army.

"Being here has helped me learn a lot more about myself and has made me a stronger person."



PVT. NATHANIEL VANCUREN, 21

Middleton, Idaho

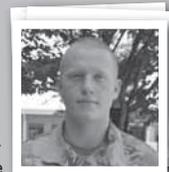
"I joined the Army to serve the greatest country in the world.

"The best part of basic training is the teamwork building, self-confidence, and it showed me how to be independent.

"My MOS is 92R – Parachute Rigger. I chose it because I wanted to be airborne.

"My Family is proud and supports me 100 percent.

"During basic training I overcame my fear of heights. I had some amazing and motivating drill sergeants that pushed me further than I thought my limits were, and to 'slay bodies.'"



PVT. CHRISTOPHER HIGGINS, 25

Phoenix

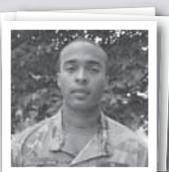
"I joined the Army to become a better person and begin a life for myself and future Family.

"The training and the drill sergeants are what is good about basic training.

"I am a 92W – Water Treatment Specialist. I chose this because I was a water technician and wanted to better my skills.

"My Family supports me 100 percent.

"This isn't for everyone, but it can be if they understand why they are here."



PVT. REBEKAH MCIE, 20

Willard, Ohio

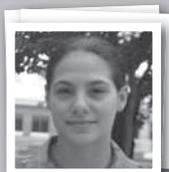
"I joined the Army to gain more discipline and to defend my country.

"The best thing about Basic Combat Training is using the things I've learned during training in field exercises.

"My military occupational specialty is Parachute Rigger (92R). I chose this MOS because I wanted a job that would be challenging and exciting.

"My Family is proud of my decision and stands by me, as well as our country.

"I look forward to my future as a Soldier and all of the challenges I will face along the way."



PVT. DAVID TRISDALE, 20

Belgrade, Montana

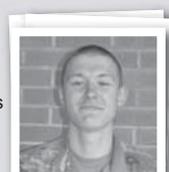
"I joined the Army to make a difference and follow in my father's footsteps.

"The best part of Basic Combat Training is getting to meet all sorts of people and go to new places.

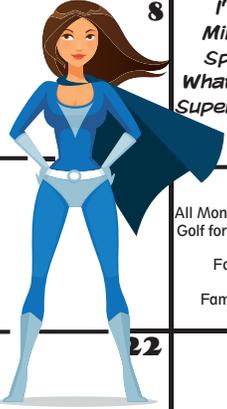
"I am a 91F – Weapons Repair Specialist. I chose it because I wanted to do something I've always loved to do.

"My Family congratulated me and thanked me for my service.

"I look forward to completing my training and meeting more people and possibly moving up in rank as far as I can go."



MILITARY SPOUSE APPRECIATION — MAY, 2016

SUN	MON	TUES	WED	THURS	FRI	SAT
1 All Month 50% off Golf for all military spouses Fort Jackson Golf Club Family & MWR 787-4437	2 Thank a Military Spouse 	3 ACS Create a Professional Image seminar* Learn how to sharpen your professional image 1 spouse will win free makeover Strom Thurmond Bldg Rm 222 10-11:30 am.	4 Military Spouses stop by ACS today & pick up a FREE copy of MilitarySpouse magazine Strom Thurmond Bldg, Rm 222	5 ACS Newcomers Orientation NCO Club 8 am Spouse attendees eligible for door prize	6 Spouse Appreciation Day Cake Cutting Ceremony Door Prizes Fashion Show 11 am - 1 pm Fort Jackson Post Main Exchange Food Court	7  Have you kissed your military spouse today?
8 	9 I'm a Military Spouse What's your Superpower?	10 ACS Supercharge You-Renew Mind, Body & Soul seminar* Strom Thurmond Bldg, Rm 222 10 am - 12 pm	11 All Month 50% off Golf for all military spouses Fort Jackson Golf Club Family & MWR 787-4437	12 Military Spouse Employment www.msejobs.org	13 Military Spouses Rock! Military Spouses Get 50% off Golf Fees all Month	14 Victory Bingo Military Spouses \$20 off Reg. Games 4:30 - 7:30 pm 12500 Huger St. 751-3411
16 All Month 50% off Golf for all military spouses Fort Jackson Golf Club Family & MWR 787-4437	17 ACS Coupon Craze seminar* Learn to double & triple coupon values. Bring coupons to swap. Strom Thurmond Bldg, Rm 222 10 am - 11 am	 18 www.sos.army.mil	19 Total Wellness Workout 10 am - 12 pm Solomon Ctr. Aerobics Rm Bring a towel	20 ACS Jeopardy* 10 am - 12 pm Test your ACS Knowledge! Strom Thurmond Bldg, Rm 222 Fun, snacks, laughter	21 Buddy Bingo Bring your spouse, friend, etc. & BOGO! Reg. Games 4:30 - 7:30 pm 751-3411	
22 Century Lanes Bowling & Food Special Offer 1-7 pm See May 28 for details 751-6138	23  Happy MEMORIAL DAY Honor the Brave USA	24 Family & MWR Military Spouse Clothing Swap Bring your gently used items to swap for "new." 1-4 pm. Community Center Fort Jackson Family Homes 520 Brown Ave	25 Spouse Education & Career Opportunities (SECO) www.militaryonesource.mil/education-and-employment	26 PROUD to be a military spouse it doesn't get EASIER you just get STRONGER	27 All Month 50% off Golf for all military spouses Fort Jackson Golf Club Family & MWR 787-4437	28 Century Lanes 50% off bowling for military spouses or couples. Includes game & shoe. Free 16 oz soft drink for spouses. 10% off all food orders. 12 -8 pm
FORT JACKSON HONORS OUR MILITARY SPOUSES All events are open to all military spouses of active duty, National Guard/Reserve, retirees and surviving spouses. *Call 803-751-5256 to register for Army Community Service (ACS) sponsored seminars.						



Fight CLUB

Soldiers take on deputies in combatives tournament

Fort Jackson and the Richland County Sheriff's Department grappled with each other April 23 during a combatives tournament at the Solomon Center on post. The tournament, set up to provide entertainment for the Fort Jackson community, highlighted Army combatives which is similar to the Jiu-jitsu used by mixed martial artists worldwide. Maj. Gen. Roger Cloutier spoke briefly during the event while a local band Soulution provided music.

Photos by EARL JONES/FMWR



Photo by DEMETRIA MOSLEY
Carolyn Lewis, right, discusses her visualizations with Dr. Treva Anderson during Tuesday's Motivational Imagery Luncheon at the NCO Club. This forum was part of an ongoing MOMENTUM series by the Fort Jackson Professional Mentorship Network Female Forum.

Visualization

Women's mentoring forum explores motivational imagery

By DEMETRIA MOSLEY
Fort Jackson Leader

You have to believe it to see it! At least that's the case when it comes to using motivational imagery as a tool to bring your goals into fruition.

During Tuesday's Professional Mentorship Network's Female Forum meeting, women were asked to visualize their goals and use all of their senses to imagine it happening.

The forum was facilitated by Dr. Treva Anderson, the Lead Master Resilience Trainer at the Comprehensive Soldier and Family fitness training center. She said that she's been using motivational imagery before she actually knew what it was.

"I used to keep an image in my head of what I wanted my life to be when I was younger," said Anderson. "Everyday your goal should be playing in the back of your

head. You should think about how you will feel when you receive that goal," said Anderson.

This forum was part of an ongoing MOMENTUM series. Women built vision boards in January to help bring momentum to a goal they wanted to achieve. To create their vision board they had to use images or words that represents what they want to accomplish. Each forum is designed to help them get closer to the idea on this boards.

"I look at my vision board at least once a month to keep me focused," said Carolyn Lewis who works as an IT specialist on post. "I'm looking to keep building my skills and continue to put myself out there to meet new people."

Next month's forum will discuss using LinkedIn. For more information, contact Bessie Ferguson at 803-751-8187 or bessie.b.ferguson.civ@mail.mil.

“
I look at my vision board at least once a month to keep me focused.
— Carolyn Lewis
Fort Jackson IT specialist
”

CMYK

CMYK

27 WEB-100



Tales of valor

Medal of Honor recipient Don Jenkins shakes the hand of a lieutenant from 2nd Battalion, 39th Infantry Regiment after relaying a story about Jenkins' troubles with a lieutenant in Vietnam. Jenkins was awarded the nation's highest award for valor while serving with the 2-39th in Vietnam.



Photo by ROBERT TIMMONS

From trash to treasure

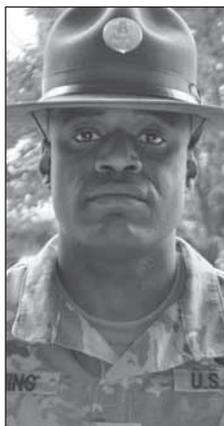
Beulah Ware, assistant manager for the post's recycling center, explains to children from Pierce Terrace Elementary School how the facility recycles different things such as cardboard, paper, aluminum and steel. The students visited the center Monday.

Saluting this BCT cycle's honorees

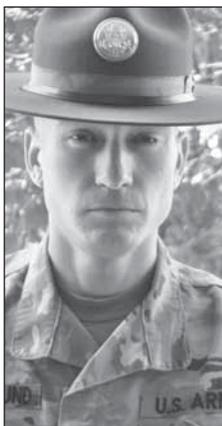
DRILL SERGEANTS OF THE CYCLE. Photos by OITHIP PICKERT, Public Affairs Office.



**Staff Sgt.
Jacob Sheets**
Alpha Company
3rd Battalion,
60th Infantry Regiment



**Staff Sgt.
Hilton Manning**
Bravo Company
3rd Battalion,
60th Infantry Regiment



**Staff Sgt.
Thomas Quicklund**
Charlie Company
3rd Battalion,
60th Infantry Regiment



**Staff Sgt.
Abdul Newsome**
Delta Company
3rd Battalion,
60th Infantry Regiment



**Staff Sgt.
Duart Poyser**
Foxtrot Company
3rd Battalion,
60th Infantry Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Stephen Schuey

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Justin Grubb

**HONOR GRADUATE
OF THE CYCLE**
Pfc. Alexander Uesugi

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Caleb Gould

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Quinton Knowles

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Jess Hankin

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Zane Watson

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Robert Retty

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Mitchell Stevens

**SOLDIER LEADER
OF THE CYCLE**
Spc. John Cullen



Find us on
Instagram
@FORT JACKSON PAO

ANNOUNCEMENTS

AER SCHOLARSHIPS

The application period for the Army Emergency Relief scholarship is open until May 1. AER supports the Spouse Scholarship Program – for full- or part-time students – and the Maj. Gen. James Ursano Scholarship Program for dependent children who are full-time students. Applicants must provide grade transcripts, the Student Aid Report from the Free Application for Federal Student Aid and a Soldier's Leave and Earnings Statement. AER awards needs-based scholarships of varying amounts. Information on both scholarships is available at www.aerhq.org or by contacting Angela Crosland at 751-5256.

MACH SICK CALL

The Moncrief Army Community Hospital sick call – in the Urgent Care Clinic/Integrated Medical Health Home waiting room – is for only permanent-party members on active duty whose primary-care managers are at the hospital or Moncrief Medical Home. Soldiers in training will be seen at McWethy Troop Medical Clinic. Sick call is for acute care only. Appointments for routine care will not be made during sick call hours. Patients may sign in from 5-7 a.m. Monday through Friday (excluding training/federal holidays), or call in

for appointment at 751-4464. The sick call appointment line will not schedule appointments after 7 a.m. Prospective patients must be signed in or call before 7 a.m. to schedule a same-day appointment. For other appointments, call 751-CARE (2273) between 7:30 a.m. and 4 p.m.

24/7 TRICARE NURSE HELPLINE

TRICARE's Nurse Advice Line provides instant access to a team of registered nurses who can answer urgent and acute health-care questions, giving TRICARE beneficiaries assessments of their symptoms and suggesting what next steps to take. For toll-free assistance with urgent medical needs 24/7, call 1-800-TRICARE (874-2273) and press option 1.

PERSONAL VEHICLE SAFETY

Soldiers and Department of Defense civilians should be aware that some of their personal vehicles are subject to manufacturers' safety recalls. Vehicle owners may see whether their vehicles are subject to recall by visiting vinrcl.safercar.gov/vin/.

FOR FAMILIES

■ Army Community Service will offer citizenship classes from 6-7:30 p.m. Monday evenings, at the Sandhills Branch of the Richland County Library and 8:30-10 a.m. Fridays in Room 222 of the Strom Thurmond Building on post. Classes will prepare permanent legal residents for citi-

zenship. For information, call 751-5518.

■ The Foreign-Born Spouse Group is an opportunity for those from different cultures to meet and get to know one another, and to become more familiar with life in America. For information, call 751-1124/9770.

■ Those needing to brush up on their English may attend classes on English as a Second Language. Classes and materials are free to ID cardholders and DOD employees. For information, call 751-1124, or email Miranda.O.Broadus.civ@mail.mil.

■ The Hearts Apart support group aims to help Families who are separated from their Soldiers. For information, call 751-9770/1124.

■ On-post mothers are invited to "No Excuses, Mom" weekly exercise sessions. Those living in the Balfour Beatty communities meet at 8:30 a.m. Tuesdays at 520 Brown Ave. Residents of other communities meet at the SKIES building at 6100 Chesnut Road. Participants should provide their own water, towels and mats.

HOUSING NEWS

■ Hours for Balfour Beatty Community Center are 8:30 a.m. to 5:30 p.m. Monday through Friday, and 9 a.m. to 3 p.m. Saturday.

Fort Jackson Movie Schedule

3319 Jackson Blvd.
Phone: 751-7488

FRIDAY

10 Cloverfield Lane (R) 7 p.m.

SATURDAY

Zootopia (PG) 2 p.m.

Batman vs. Superman (PG-13) 5 p.m.

SUNDAY

Batman vs. Superman (PG-13) 2 p.m.

TICKETS

Adult: \$5.50

Child (6 to 11): \$3

3-D TICKETS

Adult: \$7.50

Child (6 to 11): \$5

● Ticket sales open 30 minutes before each movie.

● Movie times and schedule subject to change without notice.

WWW.SHOPMYEXCHANGE.COM



Boxing

Continued from Page 3

Leverette and his team were invited by Mike Garcia with the Directorate of Family, Morale, Welfare and Recreation to help the post's boxing team.

"He asked us to come train up some of the boxers they have down here on the post team," Leverette said. "These can be feeder programs for the World Class Athlete Program out at Fort Carson. I came out here to give some of my expertise in boxing down here."

Leverette praised the Fort Jackson team, as Spc. Rianna Rios, a WCAP boxer in the 125-pound weight class who helped him train the post team, led the team in stretching inside the ring.

"They are doing well. I am impressed," he said. "I pushed them a little bit with endurance and taught them some small fundamentals they need to work on and something to build on."

Some of the endurance exercises included a circuit of punching a heavy bag for speed and power, slamming heavy ropes, lifting and slamming down a medicine ball, rowing machines, and a versa climber.

"It's a very small group," he said as he watched five members of the Fort Jackson team conduct neck stretching exercises with their heads hanging over the ring's apron. "But where you got two or three is a crowd in boxing. I'm honored have been able to come down here and share a little bit of my knowledge."

First Lt. Matthew Aycox, with the post's Office of the Staff Judge Advocate, shadow boxes during training at Vanguard Gym April 20. Photo by ROBERT TIMMONS

Post commander says ‘thanks’ to his Helping Hands

By **ROBERT TIMMONS**
Fort Jackson Leader

Maj. Gen. Roger Cloutier recognized Fort Jackson volunteers April 19 at the 2nd Quarter Commanding General's Helping Hand award ceremony at the Joe E. Mann Center on post.

The Helping Hand awards were created to show the post's volunteers that their efforts were noticed by the command.

"I want to say thank you for all that you do," Cloutier, Fort Jackson's commander, said to the volunteers. He said the volunteers had given "more than 4,200 hours of volunteer service, not only to Fort Jackson, but the surrounding community."

"You can't measure the intangible impacts our volunteers have had on not only the installation, but the community at large."

"You guys are all representatives; you are the face of Fort Jackson," he said while praising the volunteers' efforts. "You are the face of the United States Army. You are the face of the United States military. Everywhere I go people talk about the great volunteers – the great people of Fort Jackson – who are out in the community doing great things."

The awards program occurs quarterly and recognizes how much energy the unpaid volunteers give to the community.

In January, Marilyn Bailey, Fort Jackson's volunteer coordinator, said recognizing volunteers is important because they "don't get paid" and because they just want to



Photo by ROBERT TIMMONS

Maj. Gen. Roger Cloutier, Fort Jackson commander, applauds a group of volunteers during the 2nd Quarter Commanding General's Helping Hand Award ceremony at the Joe E. Mann Center April 19. The Helping Hand program is designed to recognize Soldiers and civilians on Fort Jackson that volunteer with organizations on and off post.

give back to the community.

The recognition is well received by the volunteers.

Brandi Wright, a Family member, was recognized for her efforts to help the Fort Jackson Girl Scouts with all

their cookies.

"It feels pretty good to be acknowledged because it shows people actually see the effort that you put into doing things," she said.

WORSHIP SCHEDULE

ANGLICAN/LUTHERAN

Sunday
8:30 a.m., liturgical, Bayonet Chapel

CATHOLIC

Sunday
■ 7 a.m., Confessions, Solomon Center
■ 8 a.m., IET Mass, Solomon Center
■ 10:30 a.m., Reconciliation (after Mass or by appointment), Main Post Chapel
■ 11 a.m., Mass, Main Post Chapel

Monday through Thursday, first Friday
11:30 a.m., Mass, Main Post Chapel

CHURCH OF CHRIST

Sunday
11:30 a.m., worship, Anderson Street Chapel

JEWISH

Sunday
■ 9:15 a.m., worship, Memorial Chapel
■ 10:15 a.m., fellowship, Post Conference Room

LATTER-DAY SAINTS

Sunday
9:30 a.m., worship, Anderson Street Chapel

MUSLIM

Sunday

8 a.m., Islamic studies, Main Post Chapel

Friday
12:45 a.m., Jumah services, Main Post Chapel

PAGAN

Sunday
11 a.m., Pagan Circle Sacred Well Congregation worship and study, Magruder Chapel

PROTESTANT

Sunday
■ 9 a.m., service, McCrady Chapel (SCARNG), McCrady Training Center
■ 9 a.m., Hispanic service, Magruder Chapel
■ 9:30 a.m., service, Main Post Chapel
■ 10 a.m., worship, Daniel Circle Chapel
■ 10:45 a.m., Sunday School, Main Post Chapel
■ 11 a.m., service, Memorial Chapel
■ 11 a.m., Chapel Next, Bayonet Chapel
■ 5 p.m., youth group, Chaplain Family Life Center

Tuesday
9 a.m., Protestant Women of the Chapel Bible study, Main Post Chapel

Wednesday
■ 7 p.m., gospel Bible study, Daniel

Circle Chapel

■ 7 p.m. Protestant Men of the Chapel, Bible Study, Chaplain Family Life Center

Thursday
11:45 a.m., Fresh Encounter Bible study, Chaplain Family Life Center

ADDRESSES, PHONE NUMBERS

Anderson Street Chapel, 2335 Anderson St., 751-7032

Bayonet Chapel, 9476 Kemper St., 751-4101/4542

Chaplain Family Life Center, 751-4961

Daniel Circle Chapel, 3359 Daniel Circle, 751-1297/4478

Education Center, 4581 Scales Ave.

Fort Jackson Garrison Chaplain and Religious Support Office, 4475 Gregg St., 751-3121/6318

McCrady Chapel, 3820 McCrady Road at McCrady Training Center, 751-7324

Magruder Chapel, 4360 Magruder Ave., 751-3883

Main Post Chapel, 4580 Scales Ave., 751-6469/6681

Memorial Chapel, 4470 Jackson Blvd., 751-7324

Warrior Chapel (120th Adjutant General Battalion), 1895 Washington St., 751-5086/7427

Fort Jackson Gate Operation Hours

GATE 1

Open 5 a.m. to 6 p.m.
Monday through Friday for inbound and outbound traffic.

GATE 2

Open around the clock daily.

GATE 4

Open 5 a.m. to 6 p.m.
Monday through Friday for inbound and outbound traffic.

GATE 5

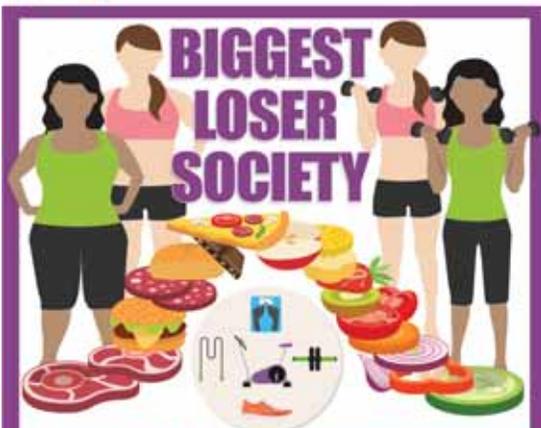
Open 5-10 a.m. Monday through Friday for inbound and outbound traffic.
Closed 10 a.m. to 4 p.m.
Reopened 4-6 p.m. for outbound traffic only.

Open 5 a.m. to 6 p.m. Saturday and Sunday.



FAMILY AND MORALE, WELFARE AND RECREATION PROGRAMS

WWW.FORTJACKSONMWR.COM



BIGGEST LOSER SOCIETY

JOIN THE SOCIETY. MAKE THE CHANGE

Stay connected to your program for your longevity! Your commitment to healthier living never ends why should your program?

The Biggest Loser Society brings continuous support and resources; key components for major lifelong results! You don't have to go it alone.

The Biggest Loser Society offers:

Exercise support

- » exercise prescriptions
- » exercise classes live and on demand
- » lectures covering phases on healthier living & more!

Nutritional support

- » healthy eating consultations
- » healthy field trips
- » healthy grocery shopping tips & more!

For more info, call at 751-3700.



FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



PALMETTO FALLS SEASON MEMBERSHIPS ON SALE NOW!

We're offering our **LOWEST PRICING EVER!**

**All DoD ID Cardholders: \$50 for a Family of 4!
Additional Family members \$10
Add your 5th Family Member Free Through June 7!**

Plus receive these added value coupons:

- » Free entry to Dog Day at the Water Park
- » Special Membership Appreciation Days
- » Three bring a friend passes
- » Coupon for a free pizza and four drinks (Offer good 2 - 4 pm; June 14 - July 31, 2016)
- » 4 Free Bowling Passes for Century Lanes Bowling Center
- » 4 Free Mini Golf Passes for Palmetto Greens
- » \$5 off any purchase at Retail Zone
- » Free Smoothie or iced coffee beverages from the 512 Trolley
- » \$5 off Outdoor Recreation Trip Registration
- » Free kayak or canoe rental from Marion Street Station
- » Every day at 6 p.m. show your season membership for a members only special at the Snack Bar.

Purchase before Tuesday, June 7 and get more than \$75.00 in added value coupons

Single Memberships for DoD ID Cardholders are \$20. Non-Affiliated civilians can purchase Family Season Memberships for \$99 (Single Memberships are \$45) online at www.fortjacksonmwr.com. Just scroll down to the blue area and click the Webtrac link. Some restrictions apply.

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



OUTDOOR ADVENTURE CLUB



Next Upcoming Event:

- » Biking at Harbison Park (Cost - \$10) Tuesday, May 3 (5:30 - 8:30 p.m.)
- » Hiking at Saluda Shoals (Cost - \$5) Tuesday, May 10 (5:30 - 8:30 p.m.)
- » Moonlight Canoeing at Weston Lake (Cost - \$7) Friday, June 3 (5:30 - 10:00 p.m.)

Sign up at Marion Street Station
[4522 Marion Ave. • (803)751-3484]

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



NATURAL BODYBUILDERS WANTED FOR COMPETITION

Get in the best shape ever, naturally! There is plenty of time to get ready for the 6th Annual Family and MWR Natural Bodybuilding, Physique & Figure Competition on June 25, 2016.

NEWLY ADDED BIKINI DIVISION!

For more information, call Pam Long at 751-3700.

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



Outdoor Recreation's COYOTE CHALLENGE

Saturday, May 14: 5 am. - 2 p.m.
At Alpine Lodge in Heise Pond

Join us for hunting, breakfast and an awards luncheon with chili and dessert.
» **Event Cost - \$10**

Please note: purchase of award luncheon ticket does not guarantee hunting access. Lunch registration deadline: May 9 at 2 p.m. at Marion Street Station. Hunters can sign out an area anytime starting on Friday, May 6 through the hunt on Saturday, May 14. Baiting is allowed, beginning Friday, May 6. Open to all Active Duty Soldiers and ID card eligible hunters. Fort Jackson and State permits are required.

» **For more information call 751-8707.**

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS