

THURSDAY, JULY 7, 2016

THE FORT JACKSON LEADER

PUBLISHED FOR THE FORT JACKSON/COLUMBIA, S.C., COMMUNITY



INDEPENDENCE DAY

ANNUAL TRADITION CONTINUES AT FORT JACKSON, P12-14

NYC COPS EXPERIENCE ARMY FITNESS TRAINING, P4

C.C. PINCKNEY RECOGNIZED FOR EXCELLENCE, P6



ON THE COVER

R&B singer Mya performs for Soldiers and Family members during Fort Jackson's Independence Day celebration at Hilton Field. **SEE PAGES 12-14.**

Photo by JENNIFER STRIDE



Fort Jackson, South Carolina 29207

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Community Calendar

SEND ALL SUBMISSIONS TO

FJLeader@gmail.com

Deadline for events to be included in the calendar or Happenings is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to accept an article for publication the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible. With any photo you submit, include IDs — rank, unit, and first and last names.

Questions? Call 751-7045.

TODAY

Captain's meeting for softball
 5 p.m., Hilton Field Softball Complex.

MONDAY

Intramural and Men's Softball League games begin

The first games of the season take place 6 p.m., 7 p.m. and 8 p.m. at the Hilton Field Softball Complex.

TUESDAY

Resume Writing and Interviewing Skills

9 a.m.–noon, Room 222, Strom Thurmond Building. Learn how to prepare your resume for corporate America. Presented by SC BlueCross BlueShield.

JULY 14

Support Military Spouses Job Fair
 9 a.m.–1 p.m., 730 Polo Park Road, Columbia. The job fair is open to all spouses, veterans and active-duty Service members. To register, visit www.supportmilitaryspouses.org.

JULY 16

Fort Jackson's Army 10 Miler
 5:30 a.m., beginning at the corner of Kershaw and Dixie streets. Register for the event in advance at the post's sports office, or register between 4:45-5:15 a.m. the day of the event. The run is open only to active duty Soldiers. This is a qualifying event that will be used to determine

the teams that will represent Fort Jackson in the Army 10 Miler in Washington, D.C. in October.

JULY 19

Steps to Federal Employment for Military Spouses

Steps to Federal Employment for Military Spouses, 9–11:30 a.m. Strom Thurmond Bldg., Room 222. Information on civil service and NAF employment. Targeted to military spouses, but open to all military and DOD ID card holders. To register call 803-751-9460/5452 or email sherry.r.major.civ@mail.mil.

JULY 21

Neighborhood Huddle

Noon, playground on McLeod Court for residents of Pierce Terrace 1-7. Housing residents are invited to meet the housing staff and Garrison leadership to discuss housing-related concerns.

JULY 23

Fort Jackson's Army 10 Miler

5:30 a.m., beginning at the corner of Kershaw and Dixie streets. Register for the event in advance at the post's sports office, or register between 4:45-5:15 a.m. the day of the event. The run is open only to active duty Soldiers. This is a qualifying event that will be used to determine the teams that will represent Fort Jackson in the Army 10 Miler in Washington, D.C. in October.



By Demetria Mosley



Photos by ROBERT TIMMONS

Capt. Alexi Zayas shows Dr. Patricia Neil from the Center of Naval Analyses what basic trainees in the Army receive at reception during a July 5 tour of the 120th Adjutant General Battalion (Reception). Neil and Leigh Rowland are visiting Fort Jackson as part of a study commissioned by the Marine

Integration Initiatives

Naval analysts note how Army training differs

By ROBERT TIMMONS
Fort Jackson Leader

Analysts from the Center of Naval Analyses arrived on post Tuesday to begin their study into how the U.S. Army, and Fort Jackson in particular, integrate genders into Basic Combat Training.

Dr. Patricia Neil and Leigh Rowland's first stop on their tour, which ends Friday, was the 120th Adjutant General Battalion where they learned how new trainees are processed into the Army before being shipped to their BCT companies.

Their visit was part of a study directed by the Marine Corps Commandant on how the sister services train female Service members. The two had previously visited Lackland Air Force Base, Texas and the Great Lakes Naval Station in Illinois before arriving here.

Neil, who served in the Navy, said, "Why you want to look at the Army in particular, like the Marine Corps, they are ground combat components. The Air Force and Navy have been able to integrate their operational forces to a greater extent compared to ground combat forces."

She added that when the Services are training up for combat missions, one of the things to understand is "how to train up to do physically demanding" jobs. Women "may be less physically able" to do these jobs because of their biology. However, Fort Jackson and the Army have done a great deal in training men and women together.



1st Sgt. Theresa Lee-Love discusses how basic training Soldiers wear different colored patches to indicate which unit they belong to.

See **NAVAL**: Page 15



Photo by DEMETRIA MOSLEY

Sgt. Michael Anderson, of the New York Police Department, demonstrates how he performs his squats while a classmate records him. Later the group critiqued his form on one of the screens in the workout room. Master Sgt. Jacob Barner of the U.S. Army Physical Readiness School at Fort Jackson said it's the school's first time using the technology in a course.

NYC cops experience Army fitness training

By DEMETRIA MOSLEY
Fort Jackson Leader

A pair of New York City police officers got a taste of Army physical training during a two-week course at the U.S. Army Physical Fitness School at Fort Jackson.

Sgt. Michael Anderson and Officer Frances Caro of the NYPD joined about 30 other Army personnel June 20 in a Master Fitness Training Course. The course is designed to teach the fundamentals of coaching and training through experience.

Anderson and Caro, who are responsible for the training at the police academy, plan on using the information learned in the course with their recruits.

"Currently we don't use modifications in our exercises, but we're going to come up with ways to add it," said Anderson.

Caro, who specializes in training the recruits who are at risk of not graduating, said she really enjoyed learning more about the injury prevention.

Anderson and Caro's visit is part of a partnership with New York Fire Department and the New York Police Department. Last November, five firefighters trained in the course. Mas-

ter Sgt. Jacob Barner of USAPFS said this partnership was formed "To help each other grow."

During the course, participants used iPhones and iPads to record each other's form while exercising. Later they displayed them on the flat screens around the room for peer critiquing and educating. Barner said it's the school's first time utilizing the technology in a course.

"We don't have this fancy technology in the academy," said Anderson. "I really enjoyed using it."

Staff Sgt. John Wood of USAPFS said they teach the Master Fitness Training Course about every two weeks.

"I like teaching this course because we get to effect change for more than just the people in this course right now," said Wood. "We are helping units become better with this training."

“
We don't have this fancy technology in the academy.”

— Sgt. Michael Anderson
New York Police Department

”

Fort Jackson Movie Schedule

3319 Jackson Blvd.
Phone: 751-7488

FRIDAY

7 p.m. Teenage Mutant Ninja Turtles: Out of the Shadows (PG-13)

SATURDAY

1 p.m. TMNT: Out of the Shadows (PG-13)
5 p.m. X-Men: Apocalypse (PG-13)

SUNDAY

1 p.m. TMNT: Out of the Shadows (PG-13)
5 p.m. X-Men: Apocalypse (PG-13)

WEDNESDAY

1 p.m. TMNT: Out of the Shadows (PG-13)
5 p.m. X-Men: Apocalypse (PG-13)

TICKETS

Adult: \$5.50
Child (6 to 11): \$3

3-D TICKETS

Adult: \$7.50 Child (6 to 11): \$5

- Ticket sales open 30 minutes before each movie.
- Movie times and schedule subject to change without notice.

Fort Jackson Gate Operation Hours

GATE 1

- Open 5 a.m. to 6 p.m. Monday through Friday for inbound and outbound traffic.

GATE 2

- Open around the clock daily.

GATE 4

- Open 5 a.m. to 6 p.m. Monday through Friday for inbound and outbound traffic.

GATE 5

- Open 5-10 a.m. Monday through Friday for inbound and outbound traffic.
- Closed 10 a.m. to 4 p.m.
- Reopened 4-6 p.m. for outbound traffic only.
- Open 5 a.m. to 6 p.m. Saturday and Sunday.



LIMITED TIME OFFER!

Through Wednesday, July 13

Buy any combo and get a FREE order of jalapeño poppers or apple poppers

at The Strike Zone Snack Bar located inside Century Lanes Bowling Center.



(May not be combined with any other offer.)

4464 Gregg Street • (803) 751-4656

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



Join us for a special visit from Santa Claus at Palmetto Falls Water Park on Tuesday, July 26 (11 a.m. - 1 p.m.)

- DoD ID Cardholder Season Passes are only \$50 for a Family of 4! Additional Family members are only \$10 each.
- DoD ID Cardholder Single Memberships are \$20.
- DoD ID Cardholder memberships are available at Victory Travel. For info, call 751-5812.
- Non-Affiliated civilians can purchase Family season memberships for \$99 or a single membership for \$45.
- Non-Affiliated memberships can be purchased online at www.fortjacksonmwr.com.



FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



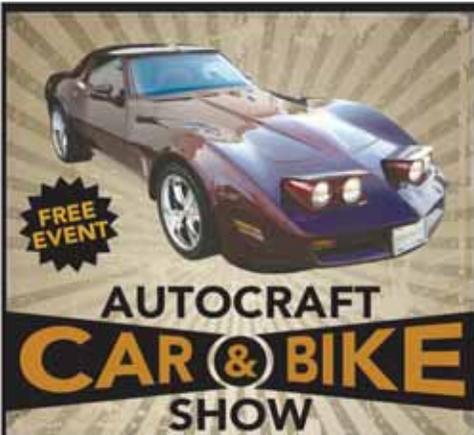
Deep Sea Fishing Trip
Saturday, July 23 (2:30 a.m. - 11 p.m.)
Departs from Marion Street Station.

Only \$120 per person.
Price includes transportation, boat ticket, fishing equipment, and bait.

Would you like the ultimate experience in Deep Sea Fishing? Join us for an entire day trip out to the Gulf Stream. Red snapper, trigger fish, flounder, amber jack, and spade fish are just a few of the types of fish you may haul in. No matter what your level of skill, the boat staff will work with you to ensure you have a memorable trip.

For more info, call 751-3484.

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



FREE EVENT

AUTOCRAFT CAR & BIKE SHOW

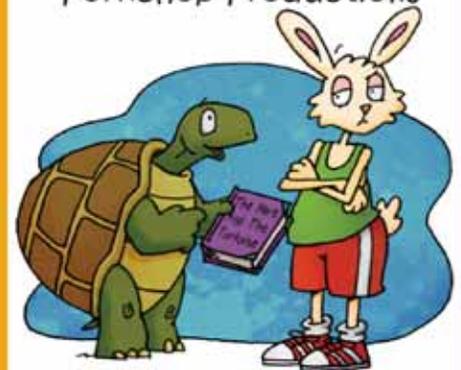
At Patriot's Park (next to Palmetto Falls)
Saturday, July 30 (10 a.m. - 2 p.m.)

Car and bike registration due by COB on Friday, July 29. For more info, contact Ken Fletcher at 751-5755 or Chuck Stoudemire at 751-0891.



FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

"The Tortoise and the Hare"
performed by:
Porkchop Productions



Join us at the Post Library
Friday, July 8 (10 a.m.)
Free event! Everyone is welcome!



Thomas Lee Hall Library
4679 Lee Road • (803) 751-5589

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS



Courtesy photo

Faculty and supporters of C.C. Pinckney Elementary School pose after accepting the 2016 Lt. Gen. Pete Taylor Partnership of Excellence Award by the Military Child Education Coalition in Washington, D.C. Command Sgt. Maj. Rod Celestaine accepted the award on behalf of Fort Jackson.

Pinckney partners up for 2nd award

By **ROBERT TIMMONS**
Fort Jackson Leader

Fort Jackson's award-winning C.C. Pinckney Elementary School has done it again.

At a ceremony in Washington, D.C., the school was named a recipient of the Lt. Gen. Pete Taylor Partnership of Excellence Award by the Military Child Education Coalition for the second year running June 28.

"This year CCP and Fort Jackson were recognized as an Exemplary Community Partnership," said Kerrie Ammons, the school's speech pathologist. This year's "second place is a big jump from last year's fourth place."

The honor is significant because it shows how much the school and the post value partnering towards better educational opportunities, she added.

According to the MCEC, the award encourages and applauds the outstanding partnerships formed between military installations and school districts that serve military children.

Pinckney won the award for their partnerships with Fort Jackson leadership, the CCP Parent Teacher Organization, statewide university programs, the 282nd Army Band, the Master Fitness School, Fort Jackson FIRST LEGO League, and other organizations across post.

An example of the partnership was the past school year's Science, Technology, Engineering and Mathematics initiative that brought together the various post agencies to help students learn more through hands-on learning and mentorship.

Lisa McKnight, a contractor with the Directorate of Public Works, said during a STEM event she loves to "teach the kids about recycling, but this generation is the one that is saving my generation from all of the messes we made." McKnight taught sixth grade classes the benefits of recycling while playing a small game of environmental bingo.

Along with school faculty and staff, one of Fort Jackson's senior enlisted Soldiers attended the event and accepted the award on behalf of the entire post.

"We were excited to have (Garrison) Command Sgt. Maj. (Rod) Celestaine attend the ceremony and accept the award on behalf of Fort Jackson," she said.

The Pete Taylor Partnership of Excellence Award first started in 2004 to honor former MCEC Chairman retired Lt. Gen. Pete Taylor's efforts to assist military children.

A MCEC press release stated "the award is designed to foster the sharing of lessons learned and to recognize the long-held belief of General Taylor that 'goodness starts at the local level.'"

... this generation is the one that is saving my generation from all of the messes we made.

— **Lisa McKnight**
Directorate of Public Works

WORSHIP SCHEDULE

ANGLICAN/LUTHERAN Sunday

8:30 a.m., Liturgical, Bayonet Chapel

CATHOLIC Sunday

■ 7 a.m., Confessions, Solomon Center
■ 8 a.m., IET Mass, Solomon Center
■ 10:30 a.m., Reconciliation (after Mass or by appointment), Main Post Chapel
■ 11 a.m., Mass, Main Post Chapel

Monday through Thursday, first Friday
11:30 a.m., Mass, Main Post Chapel

CHURCH OF CHRIST Sunday

11:30 a.m., Worship, Anderson Street Chapel

JEWISH Sunday

■ 9:15 a.m., Worship, Memorial Chapel
■ 10:15 a.m., Fellowship, Post Conference Room

LATTER-DAY SAINTS Sunday

9:30 a.m., Worship, Anderson Street Chapel

MUSLIM Sunday

8 a.m., Islamic studies, Main Post Chapel

Friday

12:45 a.m., Jumah services, Main Post Chapel

PAGAN Sunday

11 a.m., Pagan Circle Sacred Well Congregation worship and study, Magruder Chapel

PROTESTANT Sunday

■ 9 a.m., Service, McCrady Chapel (SCARNG), McCrady Training Center
■ 10 a.m., Hispanic service, Magruder Chapel
■ 9:30 a.m., Service, Main Post Chapel
■ 10 a.m., Worship, Daniel Circle Chapel
■ 10:45 a.m., Sunday School, Main Post Chapel

■ 11 a.m., Service, Memorial Chapel
■ 11 a.m., Chapel Next, Bayonet Chapel
■ 5 p.m., youth group, Chaplain Family Life Center

Wednesday

■ 7 p.m., Gospel Bible Study, Daniel Circle Chapel
■ 7 p.m., Protestant Men of the Chapel, Bible Study, Chaplain Family Life Center

Thursday

11:45 a.m., Fresh Encounter Bible study, Chaplain Family Life Center

ADDRESSES, PHONE NUMBERS

■ **Anderson Street Chapel**, 2335 Anderson St., 751-7032

■ **Bayonet Chapel**, 9476 Kemper St., 751-4101/4542

■ **Chaplain Family Life Center**, 751-4961

■ **Daniel Circle Chapel**, 3359 Daniel Circle, 751-1297/4478

■ **Education Center**, 4581 Scales Ave.

■ **Fort Jackson Garrison Chaplain and Religious Support Office**, 4475 Gregg St., 751-3121/6318

■ **McCrady Chapel**, 3820 McCrady Road at McCrady Training Center, 751-7324

■ **Magruder Chapel**, 4360 Magruder Ave., 751-3883

■ **Main Post Chapel**, 4580 Scales Ave., 751-6469/6681

■ **Memorial Chapel**, 4470 Jackson Blvd., 751-7324

■ **Warrior Chapel (120th Adjutant General Battalion)**, 1895 Washington St., 751-5086/7427

MACH welcomes new commander

By NICK SPINELLI

Moncrief Army Community Hospital Public Affairs

Col. Eric S. Edwards assumed command of Moncrief Army Community Hospital in a ceremony held June 27 on the hospital lawn.

Outgoing commander Col. Traci E. Crawford – who will next serve as Deputy Commanding Officer for Brooke Army Medical Center located on Fort Sam Houston in San Antonio – said the transition was bittersweet for her.

“I’m excited for my next assignment, but it’s going to be hard to leave here,” she said. “You have all become my family and you will all be greatly missed.”

The ceremony was presided over by Brig. Gen. Ronald Place, Commander of Regional Health Command-Atlantic (Provisional). During his remarks, he praised Crawford’s accomplishments as commander of Moncrief.

“She has displayed a passion for delivering safe, quality care to this community because she is so aware of the importance of the mission of this installation ... The accomplishments of Moncrief under Colonel Crawford’s command illustrate that passion and focus are an unbeatable combination,” he said.

Place also recognized Col. Edwards, welcoming him to Moncrief and the RHC-A team.

“I have no doubt Moncrief will lead



Photo by NICK SPINELLI,

Col. Eric S. Edwards, Moncrief Army Community Hospital Commander, receives the guidon from Brig. Gen. Ronald Place, Regional Health Command-Atlantic (Provisional) commander, during a June 27 ceremony.

the MEDCOM on our journey toward optimal readiness under the command of Col. Edwards,” Place said. “I’m confident that your team will continue to give

our beneficiaries the health care they deserve.”

Closing the ceremony, Edwards kept his remarks brief, limiting them to ex-

pressing his gratitude to Place, Crawford, his family, and all the assembled guests.

“Thank you for this opportunity,” he said.

BRIEFS

Exchange expands layaway plan to include laptops, tablets

The Army & Air Force Exchange Service is helping military students head to the top of the class during the 2016-17 school year by extending its layaway program to include computers and tablets needed to succeed in the classroom.

Until Aug. 31, just in time for back-to-school season, Fort Jackson Exchange shoppers may use layaway to hold computers, notebooks, tablets and iPads — items that are not typically eligible for the program.

“Having up-to-date technology can be vital to succeeding in the classroom, and the Fort Jackson Exchange is making it easier for military families to manage expenses to get the tools students need to succeed,” said Fort Jackson Exchange Main Store Manager, Terry Veney.

“The extended layaway program helps parents and students stick to their back-to-school budgets.”

A \$3 service fee and a deposit of 15 percent are required to hold items on layaway. Items must be picked up by Aug. 31. Shoppers can visit customer service at the Fort Jackson Exchange for complete details.

TRICARE reminder: Protect Your Personal Information

Fraud against TRICARE beneficiaries is in the news.

Protecting your personal information is vital to your privacy, and prevents abuse of taxpayer funds. Be safe; don’t share your military ID or other personal or family information with an unknown person.

Fraudsters often target TRICARE beneficiaries, including active duty Service members. Examples include fake surveys used to collect personal information or offering gift cards to get your information, then billing TRICARE for services you didn’t need or never received.

If you think you are the victim of TRICARE related fraud, you can report it to the Defense Health Agency. You can also report cases where you think someone is trying to defraud TRICARE. For example, if your TRICARE explanation of benefits shows a bill for something you didn’t get, tell your TRICARE Regional Contractor.

TRICARE usually doesn’t contact you asking for personal information, such as your military ID number or Social Security number. Only provide that information to a trusted entity, like your doctor, a claims processor, or your TRICARE regional contractor. Be wary of an unknown person offering a gift or reward in exchange for providing a health service. They may be trying to get your information to commit fraud.



For more information about fraud, visit www.health.mil/fraud.

Fort Jackson Family Homes recognized for excellence

Fort Jackson Family Homes, managed by Balfour Beatty Communities, has earned an “A List” award recognizing the highest levels of service and satisfaction as a result of survey feedback provided by residents.

Military housing residents were asked to participate in the Army’s annual resident satisfaction survey, providing feedback about housing, amenities, and overall customer service. Residents graded Balfour Beatty Communities on aspects of the housing experience such as leasing policies, home features, appearance and condition, as well as the quality of maintenance services, response time and resident communication.

“Our goal is every resident’s 100 percent satisfaction with every aspect of our service,” said Balfour Beatty Communities senior vice president Anne-Marie Niklaus. “The annual resident survey is a critical program that helps us identify how we can deliver the 5-star living experience our residents deserve and expect.”

Niklaus said Fort Jackson Family Homes values the feedback offered by residents, which is used to improve quality of life on post.

“Our residents have a choice about where they live and we want them to feel confident choosing Balfour Beatty Communities,” she said.



Photo courtesy of Walter Reed Army Institute of Research

A researcher examines Vero cells for the Zika virus at the Walter Reed Army Institute of Research in Silver Spring, Md.

Army researchers testing Zika vaccine

By GARY SHEFTICK
Army News Service

Doctors at the Walter Reed Army Institute of Research who have developed a Zika vaccine that they've successfully tested on mice are now testing it on monkeys and hope to begin testing on humans later this year.

Their study, published June 28 in the journal *Nature*, demonstrated how mice developed immunity to the Zika virus after injection with a purified inactivated virus vaccine, called ZPIV.

The study also involved a second type of vaccine developed by research collaborators at Harvard Medical School. This DNA vaccine was tested at the Beth Israel Deaconess Medical Center, and the research involved scientists from all three organizations.

Findings indicated that single shots of either vaccine protected mice against Zika, but Col. Stephen Thomas said WRAIR researchers are focusing on ZPIV because it builds on a type of vaccine that has already been licensed.

"Walter Reed has been working on flavivirus vaccines for more than a century," said Thomas, an infectious disease physician who is the WRAIR lead for the Zika vaccine. The flavivirus family of diseases includes West Nile virus, dengue and yellow fever--and Maj. Walter Reed's research in the 1890s eventually helped eradicate yellow fever.

"We started to conceptualize the development of the Zika vaccine actually a couple of years ago," Thomas said. He explained that WRAIR researchers had spotted outbreaks of the disease that resembled dengue in Southeast

Asia and French Polynesia.

This past fall, however, they realized there could be a serious need for a Zika vaccine here in America.

"We very, very quickly started to conceive of animal studies," Thomas said.

While their published research focuses on mice, WRAIR "almost in parallel" began experimenting on primates, Thomas said. They believed rhesus monkeys could have reactions to the vaccine that might more closely correspond to human reactions.

While their non-human primate research is all but complete, Thomas said the results have not yet been finalized and cannot be released. The one thing he could say is "we remain optimistic."

The goal is to begin clinical studies with humans by the end of the calendar year, Thomas said.

But when will the vaccine be approved for distribution? "That's the 60-million-dollar question," Thomas said, adding that it usually takes a number of years to license a vaccine.

"I don't think we're looking at the normal timeline of almost up to a decade," he said.

"Hopefully that's not going to be the case here, because we're in the middle of an epidemic and an outbreak that's taking a significant toll on the affected countries."

Several service members were recently infected by Zika. "It's emerging as a DOD issue," Thomas said, adding that U.S. forces are deployed to areas in Southern Command that are "Zika-endemic."

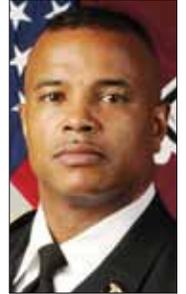
"Our institution's number one mission is to preserve and ensure operational readiness," he said about WRAIR.

MACH to hold assumption of responsibility ceremony

By NICK SPINELLI
Moncrief Army Community Hospital Public Affairs

Command Sgt. Maj. Antwone T. Jones will assume responsibility as Moncrief Army Community Hospital senior enlisted advisor in a ceremony to be held 8 a.m. July 12 on the hospital lawn.

Jones' previous assignments include Landstuhl Regional Medical Center, Kaiserslautern, Germany, a combat medic with 3rd Battalion, 7th Infantry in Fort Stewart, Georgia, and Winn Army Community Hospital, Fort Jackson, South Carolina; a drill sergeant with 2nd Battalion, 46th Infantry in Fort Knox, Kentucky; first sergeant at Headquarters and Headquarters Company, 1st Special Troops Battalion Fort Hood, Texas, Reynolds Army Community Hospital, Fort Sill, Oklahoma, Bravo Company Maintenance, 302nd Brigade Support Battalion, Camp Casey, Korea, and Headquarters and Headquarters Company, 232nd Medical Battalion,



JONES

Jones also served as sergeant major for the Department of Combat Medic Training, Fort Sam Houston, Texas. His most recent assignment was as the Regional DENCOM Command- Atlantic (P) sergeant major – the senior enlisted Soldier in the largest Dental Region in the Army, encompassing 11 DENTACs, 57 Clinics and all the states east of the Mississippi river. He has also completed two combat tours: Operation Iraqi Freedom 05-06 and Operation Iraqi Freedom 07-08, one tour to Kuwait and one short tour to Bosnia.

The previous command sergeant major, Command Sgt. Maj. Timothy Sloan, relinquished responsibility in March to accept an assignment as command sergeant major of Tripler Army Medical Center, Oahu, Hawaii.

SOCIAL MEDIA DECEPTION

15% of social media users publically share their birthday.
17% post what high school they attended.
29% don't use strong passwords.*

Others can use YOUR PERSONAL INFORMATION to deceive you and seem trustworthy.

What are you sharing?
Where are you sharing it?
Who are you sharing it with?

YOUR PERSONAL INFORMATION: PROTECT IT FROM EXPLOITATION

Know the Risk
Raise your Shield

Maximize your social media privacy settings.
"Friend" only those you know and trust.

IMCOM hosts worldwide town hall meeting

By **JADE FULCE**
IMCOM Public Affairs

The U.S. Army Installation Management Command hosted a worldwide town hall with the Under Secretary of the Army Patrick Murphy via teleconference June 28.

More than 70 garrisons connected to the town hall and employees were able to stream it live online.

In his opening remarks, Lt. Gen. Kenneth Dahl, the IMCOM commanding general, said he asked Murphy to speak directly to the 58,000 civilians in the IMCOM workforce about transformations in the Army during an office call about a month ago.

"It was great for me to hear it," said Dahl. "But you really need to hear it and you need to hear it from your senior civilian leadership," he told the world-wide audience.

Wherever possible, IMCOM leaders invited Soldiers and civilians to gather in theaters and conference rooms to participate. Where that wasn't available, a live stream was provided so employees could watch from their desks.

"I want to talk to the Army Team," said Murphy. "The Army Team is 1.3 million strong with 1 million Soldiers and 300,000



U.S. Army IMCOM photo by TIM HIPPS

Entertainment Specialist Blair Ferrier controls the video feed Fort Sam Houston Theatre for the IMCOM town hall hosted by Under Secretary of the Army Patrick Murphy and IMCOM Commanding General Lt. Gen. Kenneth Dahl.

civilians. We are one team, one fight... My job is to fight for the Army."

Murphy emphasized the Army's number one priority is readiness, which meant being ready to fight tonight.

"We have to be ready to go," he said "That readiness is at an individual level, installation level, and Army as an institution.

We are all part of that readiness."

Murphy also said the Army has to do more with less. The Army has \$100 billion less than it did five years ago, so every dollar counts. He stressed everyone has to make sure we are not wasting that money.

Murphy also said that IMCOM is a true partner in what the Army is trying to do

and appreciates what we do for the Army Team.

Employees had an opportunity to ask questions and learn what the Army leadership is planning for the Army's future following his comments. The questions ranged from transformation, Soldier for Life, and public/private partnerships to telling the Army's story.

He encouraged everyone to follow him on social media and to connect with the American public through it.

"We have to do a better job of telling the Army story," said Murphy. "Every single one of us are a recruiting officer. We should be asking ourselves what we are doing to talk about the Army to our sons and daughters, our nieces and nephews."

Murphy also lauded Fort Jackson's social media efforts during the meeting.

IMCOM employee Alfreda Arnold thought that it was "a wonderful thing" that Murphy was able to take time out of his schedule and bring some light to the issues that are going on with the Army.

"It is nice to see that level of enthusiasm and that energy applied to leading the Army," said Melissa Sturgeon, IMCOM deputy director for operations. "That make us more excited to do our job and it was obvious that he values our command."

'I BECAME A SOLDIER ...' 3RD BATTALION, 39TH INFANTRY REGIMENT

PVT. BRANDON D. BURNS, 21

Sacramento, California

"I joined the Army to better myself and to help provide for my Family as best as I can, and to serve my country."

"What has been good is learning many new things and being able to challenge myself to adopt to a new lifestyle."

"I am a 91C – Utilities Equipment Repairer. I picked it because my father was a HVAC mechanic and I learned a lot from him. I very much enjoy it."



SPC. RUBIN RAJBHANDARI, 24

Nepal

I joined the Army because "being in the Army and wearing the Army green has always been my dream."

"Being able to see how much more we can do than we think is the best part of Basic Combat Training."

"I am a 15T – Blackhawk Helicopter Repairer. I always wanted to work on helicopters and I like tactical jobs."

"My Family members are proud of me for enlisting in the Army."



PFC. TALIA WILLIAMS, 22

Houston

I joined the Army because joining "the military has been a goal of mine."

"Learning to work with others from all over" is the best part of Basic Combat Training.

I am a "42A – Human Resources Specialist, because it is a job that can easily transition in and out of the military."

My Family is "proud" of my enlistment.



PFC. ERIC M. WENDEL, 23

Winston-Salem, North Carolina

I joined the Army "to serve my country and have a brotherhood."

"The drill sergeants all have many years of deployments and experience to draw from in their instruction."

"My military occupational specialty is 15U – CH-47 Chinook Helicopter Repairer. I chose my MOS because I want to be a crew chief and fly with the helicopter."

"My wife is very supportive and thinks it will be exciting. My mother is a little nervous, but it's not a big concern."



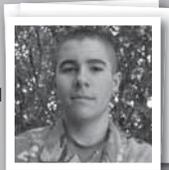
PVT. QUENTON M. GERALD, 18

San Jose, California

I joined the Army "to push myself to reach higher standards and to serve my country by becoming an Army Ranger."

"Learning discipline and the selfless service that comes with working as a team" is what has been good about basic training.

I am a "13F – Fire Support Systems Specialist. I wanted a combat military occupational specialty. My recruiter was a 13F and he made it sound really cool."



PVT. WALLACE CARRILLO, 29

Cleveland

"I joined the Army because it was a goal of mine as long as I have been able to remember. I wanted to also be a great example to my son."

The best part of basic training has been "pushing myself to the limits physically and mentally."

I am a "92F – Petroleum Supply Specialist. I like being around machinery and thought it would be a great starting point for my military career."

"My Family is extremely proud" of my decision to enlist.



LIGHT THE SKY

FORT JACKSON CELEBRATES AMERICA'S INDEPENDENCE



Photo by JENNIFER STRIDE



Photo by JENNIFER STRIDE

The event was open to the public. People brought chairs and blankets to sit on the lawn to enjoy the celebration.



Photo by DEMETRIA MOSLEY

Above, every state of the nation was honored during the Torchlight Tattoo. A spotlight shined on each flag as a canon was fired. Right, drill sergeants watch helicopters during a fly over of Hilton Field.



Photo by JENNIFER STRIDE



Photo by DEMETRIA MOSLEY

Above, Walter Hemingway, lead singer of The Root Doctors, belts out a tune during the 4th of July celebration at Hilton Field. R&B singer Mya also performed during the concert. Left, The celebration ended with a display of fireworks lighting up the sky. Below, Soldiers in Basic Combat Training enjoy themselves during the event.



Photo by DEMETRIA MOSLEY

CMYK

CMYK

27 WEB-100

NEWS



Above, a cannon salute punctuates the Torchlight Tattoo ceremony during last weekend's Independence Day celebration at Hilton Field, honoring the 50 states and territories that make up the United States. This year's celebration also included live entertainment for Soldiers and Families, right, and fireworks, far right.



Photos by JENNIFER STRIDE

Naval

Continued from Page 3

During the first stop on their tour Capt. Alexi Zayas and 1st Sgt. Theresa Lee-Love from Delta Company, 120th AG BN, showed the team how female Soldiers are first processed into the Army, what the differences of the clothing issues are, differing medical procedures and how females are trained.

There are lots of facets that go into training women to become Soldiers – one being the way boots are broken in.

While watching Soldiers preparing for shipment to their respective companies, Neil discussed with Zayas, Lee-Love, 1st Lt. Jacob Huber and Sgt. 1st Class Joshua O’Crowley, a senior drill sergeant with F. Co., how Marines at Parris Island train recruits.

On the “Island,” recruits break in their boots by marching and walking, but because training is segregated, female Marines may get less chance to break in their boots because their marching is confined to a smaller area.

This lack of marching in boots can affect the bones and sinews of Service members causing injuries that can be lingering.

“The Army spends a lot of time making sure the Soldiers are stronger,” O’Crowley said. The ways the Army does this is by using stability drills from physical readiness training before the marches.

Neil and Rowland will observe and participate in PRT, witness training at Victory Forge and the confidence course, have lunch with battalion and brigade commanders and visit the U.S. Army Drill Sergeant Academy before they depart Friday.



Photo by ROBERT TIMMONS

1st Sgt. Theresa Lee-Love shows Dr. Patricia Neil how female OCP camouflaged uniforms differ than those issued to male Soldiers.

HONORS

Saluting this BCT cycle's honorees

DRILL SERGEANTS OF THE CYCLE. Photos by OITHIP PICKERT, Public Affairs Office.



**Staff Sgt.
Brandie Jackson**
Alpha Company
3rd Battalion, 39th Infantry
Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Lacey Lindley

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Daylen Cueto

HIGH BRM
Pvt. Elinora Thompson

HIGH APFT
Spc. Nairym Quintero



**Staff Sgt.
Johnathan Gosselin**
Bravo Company
3rd Battalion, 39th Infantry
Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Stefan Preda

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Kyle Brown

HIGH BRM
Pvt. Logan Francis

HIGH APFT
Pvt. Stefan Preda



**Staff Sgt.
Raul Talingo**
Charlie Company
3rd Battalion, 39th Infantry
Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Alexander Dennison

**SOLDIER LEADER
OF THE CYCLE**
Pfc. Wendal Michael

HIGH BRM
Pvt. Cantu Anthony

HIGH APFT
Pvt. Vega Luis



**Staff Sgt.
Garratt Grenier**
Delta Company
3rd Battalion, 39th Infantry
Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pfc. Daniel Reed

**SOLDIER LEADER
OF THE CYCLE**
Pvt. Ramon Torres

HIGH BRM
Pvt. Christopher Looney

HIGH APFT
Pvt. Kristin Pittman



**Staff Sgt.
John Skowrya**
Echo Company
3rd Battalion, 39th Infantry
Regiment

**HONOR GRADUATE
OF THE CYCLE**
Pvt. Travis Austin

**STUDENT LEADER
OF THE CYCLE**
Pfc. Teuita Williams

HIGH BRM
Pvt. Patrick Bunnell

HIGH APFT
Pfc. Nerey Jesabel



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Soldiers earn Olympic berths at trials

By **DAVID VERGUN**
Army News Service

Spc. Shadrack Kipchirchir and Spc. Leonard Korir qualified for the 2016 Olympic Games by finishing second and third respectively in the 10,000-meter men's finals at the U.S. Olympic Team Trials - Track & Field, held July 1, in Eugene, Oregon. Their times were 28:01.52 and 28:16.97.

Veteran runner Galen Rupp racked up his eighth 10K title with a time of 27:55.04.

The fourth-place runner, Scott Fauble, came in some distance behind Korir, at 28:45.53, so it was mainly a battle between the top three runners -- and only the top three were eligible to qualify for the Olympics.

Kipchirchir explained the race strategy he and teammate Korir used, noting that they ran the 10K on their own terms, not swayed by the pack that bunched out ahead for over half of the race.

Rather, he said, they ran at their own pace, using experience as their guide. Eventually, the herd out in front tired from expending their energy so early and by midway in the race, the two Soldiers separately began passing them one by one -- except for Rupp, who maintained his lead pretty much throughout.

Kipchirchir and Korir's coach, 2004

Olympian at Athens and Oregon Army National Guard Maj. Dan Browne, explained the importance of placing:

"Everyone dreams of competing in the Olympic games," he said. "The Olympic trials have a pressure about them that in some ways is even greater than the Olympic games because in order to medal at the Olympics, you've first got to become an Olympian and it's that status of being an Olympian that all these athletes are dreaming of. It's a huge test of mind, body and spirit. There's a lot of pressure out there."

Both Kipchirchir and Korir, along with Spc. Paul Chelimo, were scheduled to race in the 5,000-meter men's preliminary, July 4, and possibly move on to the finals, July 9, in Eugene. That gives them a chance to capture a second U.S. Olympic team spot.

Chelimo said he wishes his teammates well in the 5K. He said he has a slight advantage because he's had more rest since competing in the World Indoor 3K in March and Kipchirchir and Korir will have had just two days' rest before tackling the 5K.

Kipchirchir agreed with Chelimo that more rest would have been nice between the 10K and 5K races, particularly since the July 1 race was "brutal," with a stiff wind and temperatures in the upper 80s.

However, Kipchirchir said he and teammate Korir are still in their peak-zone, meaning their bodies and mind are primed for the 5K. They're especially motivated to repeat their performance, he said, after this win. "An opportunity like this comes just once in four years."

"The Army gave us a job to do and we're going to do it right and compete and fight hard in the 5K," he added.

A fourth Soldier, Staff Sgt. John Nunn, won the 20K race walk, June 30. Although his time of 1:25:36.10 was not fast enough for Olympic qualification, he placed in the 50K event in Santee, California, earlier this year, so his ticket too is punched for Rio.

Browne explained that it's not always enough to win the trials -- that an international standard time must be met by athletes in order to compete in the Olympic games. He noted that Nunn's stronger race is the 50-K anyway, so he should do well in that.

Other Soldiers who have shots at winning a place on the Olympic team are Spc. Marcus Maxey, who will compete in the 110-meter hurdles July 8, and Sgt. Hillary Bor, who competed in the 3,000-meter steeplechase, July 4.

Kipchirchir said he and Korir dedicated the 10K to Soldiers everywhere on the

Fourth of July weekend, marking their dedication and sacrifice, the race being a token of that.

"That's the best way we could honor them," he said. "We're fighting for them."

Browne explained what it takes to make a winning team. It's not unlike everyday missions that the Army accomplishes, he said. There's a long-term strategy leading up to taking the objective, or in this case, peaking.

An important part of peak-performance training is incorporating recovery phases into the hard training. Brutal workouts are only effective if the body can recover enough to adapt to it, he said.

"If you just break the body down continually and don't allow it to rebound, you don't become better," he said. The same principle applies to designing an effective physical fitness program for Soldiers everywhere, he said. Although there are basic physical fitness principles that are used in any effective training program, Browne's Soldiers get a dose of specialized training not usually found in Army fitness regimens.

Being a Soldier and a coach is the same as being a Soldier and working in any specialty, Browne said. "My mission just happens to be guiding Soldiers to medals at the Olympic games."



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AUGUST
13TH

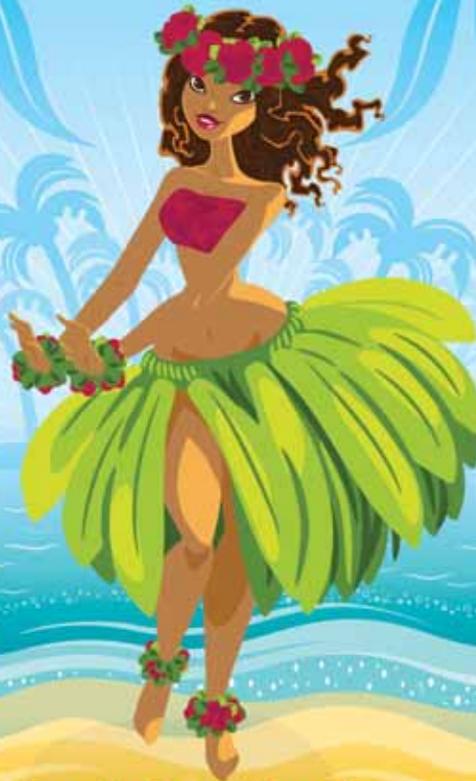
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